Form 5500-SF

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation

Short Form Annual Return/Report of Small Employee **Benefit Plan**

This form is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA), and sections 6057(b) and 6058(a) of the Internal Revenue Code (the Code).

▶ Complete all entries in accordance with the instructions to the Form 5500-SF.

OMB Nos. 1210-0110 1210-0089

2017

This Form is Open to Public Inspection

Part I	Annual Repor	<u>t Identification Information</u>	1					
For calend	dar plan year 2017 or	fiscal plan year beginning 01/01/2	2017	and ending 12	2/31/2017			
A This re	eturn/report is for:	x a single-employer plan		plan (not multiemployer) (employer information in ac				
		a one-participant plan	a foreign plan					
B This ret	turn/report is	the first return/report	the final return/report					
		an amended return/report	a short plan year ret	urn/report (less than 12 m	onths)			
C Check	box if filing under:	Form 5558	automatic extension	า	DFVC progra	m		
		special extension (enter desc	ription)					
Part II	Basic Plan Inf	ormation—enter all requested in	formation					
1a Name	e of plan HEALTH SERVICES,	INC. 401(K) PLAN			1b Three-diging plan number (PN) ▶			
					1c Effective of	date of plan 07/01/1991		
		loyer, if for a single-employer plan) om, apt., suite no. and street, or P.C) Box)			Identification Number 91-0676305		
City o	`	nce, country, and ZIP or foreign pos	,	structions)		telephone number 60-424-7829		
					_	code (see instructions)		
P.O. BOX 14	406 RNON, WA 98273					446110		
WOONT VE	KNON, WA 90273							
3a Plan a	administrator's name	and address X Same as Plan Spo	nsor.		3b Administra	ator's EIN		
					3c Administra	ator's telephone number		
						·		
		he plan sponsor or the plan name h			4b EIN			
	olan, enter the plan sp sor's name	onsor's name, EIN, the plan name a	and the plan number from	the last return/report.	4d PN			
C Plan								
5a Total	number of participant	ts at the beginning of the plan year.			5a	23		
		ts at the end of the plan year			5b	12		
C Numb	per of participants with	n account balances as of the end of	the plan year (only define	ed contribution plans	5c	7		
	,	articipants at the beginning of the p			5d(1)	21		
` '		participants at the end of the plan ye	-		5d(2)	8		
		o terminated employment during the			5e	0		
Caution:	A penalty for the late	or incomplete filing of this retur	n/report will be assesse	ed unless reasonable car	use is establish	ed.		
Under per SB or Sch	nalties of perjury and o	other penalties set forth in the instru and signed by an enrolled actuary,	ctions, I declare that I have	ve examined this return/re	port, including, if	applicable, a Schedule		
SIGN	Filed with authorize	d/valid electronic signature.	03/01/2018	JERRY WILLINS				
HERE	Signature of plan	administrator	Date	Enter name of individ	lual signing as pla	an administrator		
SIGN								
HERE	Signature of emp	lover/plan sponsor	Date	Enter name of individ	lual signing as en	nplover or plan sponsor		

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	Were all of the plan's assets during the plan year invested in eligible assets? (See instructions.) Are you claiming a waiver of the annual examination and report of an independent qualified public accountant (IQPA) under 29 CFR 2520.104-46? (See instructions on waiver eligibility and conditions.)						X Yes No	
	If you answered "No" to either line 6a or line 6b, the plan cannot		,					N Tes ∐ NO
С	If the plan is a defined benefit plan, is it covered under the PBGC in					_	. —	Not determined
	If "Yes" is checked, enter the My PAA confirmation number from the		-					(See instructions.)
Pa	rt III Financial Information							
7	Plan Assets and Liabilities		(a) Beginning (of Year			(b) End	of Year
а	Total plan assets	7a		35627				545612
b	Total plan liabilities	7b						
С	Net plan assets (subtract line 7b from line 7a)	7с	7:	35627				545612
8	Income, Expenses, and Transfers for this Plan Year		(a) Amoun	ıt			(b) ·	Γotal
а	Contributions received or receivable from: (1) Employers	8a(1)						
	(2) Participants	8a(2)	2	20144				
	(3) Others (including rollovers)	8a(3)						
b	Other income (loss)	8b	11	14948				
	Total income (add lines 8a(1), 8a(2), 8a(3), and 8b)	8c						135092
d 	Benefits paid (including direct rollovers and insurance premiums to provide benefits)	8d	32	25107				
<u>e</u>	Certain deemed and/or corrective distributions (see instructions)	8e						
f	Administrative service providers (salaries, fees, commissions)	8f						
g	Other expenses	8g						
<u>h</u>	Total expenses (add lines 8d, 8e, 8f, and 8g)	8h						325107
<u></u>	Net income (loss) (subtract line 8h from line 8c)	8i						-190015
j	Transfers to (from) the plan (see instructions)	8j						
Pai	t IV Plan Characteristics							
9a	If the plan provides pension benefits, enter the applicable pension 2E 2H 2J 2K 2T 3D							
b	If the plan provides welfare benefits, enter the applicable welfare for	eature cod	es from the List of Pla	n Chara	acterist	ic Cod	des in the instr	uctions:
Par	t V Compliance Questions							
10	During the plan year:				Yes	No		Amount
а	Was there a failure to transmit to the plan any participant contribut described in 29 CFR 2510.3-102? (See instructions and DOL's V Program)	oluntary F	iduciary Correction	10a		X		
b	Were there any nonexempt transactions with any party-in-interest reported on line 10a.)	? (Do not	include transactions	10b		X		
С	Was the plan covered by a fidelity bond?			10c	Χ			150000
d	Did the plan have a loss, whether or not reimbursed by the plan's by fraud or dishonesty?	fidelity bo	nd, that was caused	10d		X		
е	Were any fees or commissions paid to any brokers, agents, or oth carrier, insurance service, or other organization that provides som the plan? (See instructions.)	e or all of	the benefits under	10e		X		
f	Has the plan failed to provide any benefit when due under the plan	n?n		10f		Χ		
g	Did the plan have any participant loans? (If "Yes," enter amount as	s of year-e	end.)	10g		Χ		
h	If this is an individual account plan, was there a blackout period? (2520.101-3.)			10h		X		
i	If 10h was answered "Yes," check the box if you either provided the exceptions to providing the notice applied under 29 CFR 2520.101			10i				

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Part	VI Pension Funding Compliance					
11 Is this a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and complete Schedule SB (Form 5500) and line 11a below)						
11a	Enter the unpaid minimum required contributions for all years from Schedule SB (Form 5500) line 40	11a				
12	Is this a defined contribution plan subject to the minimum funding requirements of section 412 of the Code or set ERISA?	ion 302	of		res X No	
а	If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instructions, granting the waiver		r the date ay	of the lette Year _	r ruling	
lf y	you completed line 12a, complete lines 3, 9, and 10 of Schedule MB (Form 5500), and skip to line 13.					
b	Enter the minimum required contribution for this plan year	12b				
С	Enter the amount contributed by the employer to the plan for this plan year	120	:			
d	Subtract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the left of a negative amount)	12d				
е	Will the minimum funding amount reported on line 12d be met by the funding deadline?		Yes	No	N/A	
Part '	VII Plan Terminations and Transfers of Assets					
13a	Has a resolution to terminate the plan been adopted in any plan year?		X Ye	s N	0	
	If "Yes," enter the amount of any plan assets that reverted to the employer this year	13а			(
b	Were all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brought under control of the PBGC?	ne		Yes	No	
С	If, during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify the pla which assets or liabilities were transferred. (See instructions.)	(s) to				
1	3c(1) Name of plan(s):	(2) EIN(s)	13c(3) PN(s)	

Form 5500-SF

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation

Short Form Annual Return/Report of Small Employee **Benefit Plan**

This form is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA), and sections 6057(b) and 6058(a) of the Internal Revenue Code (the Code).

▶ Complete all entries in accordance with the instructions to the Form 5500-SF.

OMB Nos. 1210-0110 1210-0089

2017

This Form is Open to Public Inspection

Part I		t Identification Informatio						
For calend	ar plan year 2017 or	fiscal plan year beginning	01/01/2017	and ending	12/31/			
A This ret	:urn/report is for:	□ a single-employer plan □	a multiple-employer pla list of participating em	n (not multiemployer) (ployer information in ac				
		a one-participant plan	a foreign plan					
B This retu	urn/report is	the first return/report	the final return/report					
		an amended return/report	a short plan year return	ı/report (less than 12 m	nonths)			
C Check	box if filing under:	П		. ,	_			
O CHECK	box it tilling drider.	Form 5558	automatic extension		☐ DFVC progr	am		
Don't II	Denie Dlen Inf	special extension (enter des						
Part II		ormation—enter all requested i	information		1h Thursd	-14		
1a Name	,	ICES, INC. 401(K) PLA	\N		1b Three-di plan nun			
TOPPHIND	HEADIN OBKV.	.CED, INC. 401(R) FEF	77/		(PN)			
					1c Effective 07/01/	•		
		loyer, if for a single-employer plan			2b Employe	r Identification Number		
		om, apt., suite no. and street, or P nce, country, and ZIP or foreign po		uctions)	(EIN) 91-0676305			
	HOLLAND HEALTH SERVICES, INC.			,	2c Sponsor's telephone number 360-424-7829			
	*** * * * * * *				2d Business code (see instructions)			
P.O. BC	OX 1406				446110	, , , , , , , , , , , , , , , , , , , ,		
MOUNT V	/ERNON	WA 98273						
		and address X Same as Plan Sp	onsor		3b Administ	rator's FIN		
		and address M came do nam op	0110011		OD / Karrinino	Tator 5 EIN		
					3c Administ	rator's telephone number		
4 If the	name and/or EIN of t	he plan sponsor or the plan name	has changed since the last re	turn/report filed for	4b EIN			
this p	lan, enter the plan sp	onsor's name, EIN, the plan name						
	or's name				4d PN			
C Plan N	vame							
5a Total	number of participan	ts at the beginning of the plan year	r		5a	23		
_		ts at the end of the plan year			. 5b	12		
		h account balances as of the end			5c	7		
		participants at the beginning of the				21		
` '	•	participants at the end of the plan y	•			8		
		no terminated employment during t			5e			
than Caution:	100% vested	e or incomplete filing of this retu	uniranort will be assessed	unlose roseonable es	0	hod		
Under pen	alties of perjury and	other penalties set forth in the instr	ructions, I declare that I have	examined this return/re	eport, including,	if applicable, a Schedule		
	edule MB completed true, correct, and co	and signed by an enrolled actuary molete.	, as well as the electronic ver	sion of this return/repo	rt, and to the be	st of my knowledge and		
SIGN		eren	3/1/2018	JERRY !	WILLI	U S		
HERE	Signature of plan	administrator	Date	Enter name of individ				
SIGN								
HERE	Signature of emp	loyer/plan sponsor	Date	Enter name of indivi	dual signing as	employer or plan sponsor		
For Paperw	ork Reduction Act No	tice, see the Instructions for Form 55	500-SF.			Form 5500-SF (2017)		

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 Were all of the plan's assets during the plan year invested in e Are you claiming a waiver of the annual examination and report under 29 CFR 2520.104-46? (See instructions on waiver eligible liftyou answered "No" to either line 6a or line 6b, the plan c If the plan is a defined benefit plan, is it covered under the PBG 	t of an independ ility and conditio annot use Forr	dent qualified public accountant ins.) in 5500-SF and must instead u	(IQPA) se Forr	
If "Yes" is checked, enter the My PAA confirmation number from	n the PBGC pre	emium filing for this plan year)? [Yes No Not determined See instructions.)
7 Plan Assets and Liabilities		(a) Beginning of Year		(b) End of Year
a Total plan assets		735,62	'	545,612
b Total plan liabilities			 	
C Net plan assets (subtract line 7b from line 7a)	7c	735,625	 	545,612
Income, Expenses, and Transfers for this Plan Year Contributions received or receivable from:		(a) Amount		(b) Total
(1) Employers	8a(1)			
(2) Participants		20,144		
(3) Others (including rollovers)				
b Other income (loss)		114,948		
c Total income (add lines 8a(1), 8a(2), 8a(3), and 8b)				135,092
d Benefits paid (including direct rollovers and insurance premiums to provide benefits)	3	325,107		1937032
e Certain deemed and/or corrective distributions (see instructions) 8e		TA T	
f Administrative service providers (salaries, fees, commissions)	8f			
g Other expenses	8g			
h Total expenses (add lines 8d, 8e, 8f, and 8g)	8h			325,107
i Net income (loss) (subtract line 8h from line 8c)	8i			-190,015
j Transfers to (from) the plan (see instructions)	8i			
Part IV Plan Characteristics				
9a If the plan provides pension benefits, enter the applicable pension 2E 2H 2J 2K 2T 3D	on feature code	s from the List of Plan Characte	ristic Co	odes in the instructions:
b If the plan provides welfare benefits, enter the applicable welfar	e feature codes	from the List of Plan Characteri	stic Coo	les in the instructions:
Part V Compliance Questions				
10 During the plan year:		Yes	No	Amount
a Was there a failure to transmit to the plan any participant contr described in 29 CFR 2510.3-102? (See instructions and DOI)				

Part	V Compliance Questions				
10	During the plan year:		Yes	No	Amount
а	Was there a failure to transmit to the plan any participant contributions within the time period described in 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fiduciary Correction Program)	10a		х	
b	Were there any nonexempt transactions with any party-in-interest? (Do not include transactions reported on line 10a.)	10b		Х	
С	Was the plan covered by a fidelity bond?	10c	Х		150,000
d	Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesty?	10d		Х	
е	Were any fees or commissions paid to any brokers, agents, or other persons by an insurance carrier, insurance service, or other organization that provides some or all of the benefits under the plan? (See instructions.)	10e		х	
f	Has the plan failed to provide any benefit when due under the plan?	10f		Х	
g	Did the plan have any participant loans? (If "Yes," enter amount as of year-end.)	10g		х	
h	If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3.)	10h		х	ten kestu.
i	If 10h was answered "Yes," check the box if you either provided the required notice or one of the exceptions to providing the notice applied under 29 CFR 2520.101-3	10i			

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Page	ა-	

				
Part VI Pension Funding Compliance				
11 Is this a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions (Form 5500) and line 11a below)	s and complete Sch	edule SB		Yes No
11a Enter the unpaid minimum required contributions for all years from Schedule SB (Form 5500) line	e 40	11a		
12 Is this a defined contribution plan subject to the minimum funding requirements of section 412 of ERISA? (If "Yes," complete line 12a or lines 12b, 12c, 12d, and 12e below, as applicable.)	f the Code or section	1 302 of		Yes 🛛 No
a If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, s granting the waiver.	see instructions, and	enter the Dav	date of the lette	er ruling
If you completed line 12a, complete lines 3, 9, and 10 of Schedule MB (Form 5500), and skip to	o line 13.		1001	
b Enter the minimum required contribution for this plan year		12b		
c Enter the amount contributed by the employer to the plan for this plan year		12c		
d Subtract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to negative amount)	to the left of a	12d		
e Will the minimum funding amount reported on line 12d be met by the funding deadline?		_ ∏ Y∈	es No	N/A
Part VII Plan Terminations and Transfers of Assets				
13a Has a resolution to terminate the plan been adopted in any plan year?		X	Yes N	0
If "Yes," enter the amount of any plan assets that reverted to the employer this year		13a		0
b Were all the plan assets distributed to participants or beneficiaries, transferred to another plan, or control of the PBGC?	r brought under the		Yes X	No
C If, during this plan year, any assets or liabilities were transferred from this plan to another plan(s), which assets or liabilities were transferred. (See instructions.)	, identify the plan(s)	to		
13c(1) Name of plan(s):	13c(2)	EIN(s)	13c(3) PN(s)
				<u> </u>
		-		
	j		1	
				-
16.				