### Form 5500-SF

Department of the Treasury

Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation

Internal Revenue Service

# Short Form Annual Return/Report of Small Employee **Benefit Plan**

This form is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA), and sections 6057(b) and 6058(a) of the Internal Revenue Code (the Code).

▶ Complete all entries in accordance with the instructions to the Form 5500-SF.

OMB Nos. 1210-0110 1210-0089

2017

This Form is Open to Public Inspection

Parti	Ailliuai Neport	identification information	1			
For calendar	r plan year 2017 or fi	scal plan year beginning 01/01/	2018	and ending 03	/08/2018	
A This retu	rn/report is for:	x a single-employer plan		lan (not multiemployer) (F	_	
D Title and a	or from a set to	a one-participant plan	a foreign plan			
<b>B</b> This retur	n/report is	the first return/report	X the final return/report			
		an amended return/report	X a short plan year retur	rn/report (less than 12 mo	onths)	
C Check be	ox if filing under:	Form 5558	automatic extension	]	DFVC progra	m
		special extension (enter desc	ription)			
Part II	Basic Plan Info	ormation—enter all requested in	formation			
1a Name o	f plan				<b>1b</b> Three-digi	
HELPING HA	ND HOUSE 403(B) F	PLAN			plan numb	
				-	(PN) •	001
					1c Effective of	date of plan 01/01/2009
2a Plan sp	onsor's name (emplo	oyer, if for a single-employer plan)			<b>2b</b> Employer	Identification Number
Mailing	address (include roo	m, apt., suite no. and street, or P.0			(EIN)	91-1275046
HELPING HA		ce, country, and ZIP or foreign pos	tal code (if foreign, see inst	tructions)	<b>2c</b> Sponsor's	telephone number
HELPING HAI	ND HOUSE					53-848-6096
					2d Business	code (see instructions)
4321 2ND ST PUYALLUP, V						624200
TOTALLOT, V	17(30070					
3a Plan ad	ministrator's name a	nd address X Same as Plan Spo	nsor.		<b>3b</b> Administra	itor's EIN
				-	30 Administra	
					3C Administra	ator's telephone number
4 If the na	ame and/or EIN of the	e plan sponsor or the plan name h	as changed since the last r	return/report filed for	<b>4b</b> EIN	
this pla	n, enter the plan spo	onsor's name, EIN, the plan name				
a Sponso					4d PN	
C Plan Na	ame					
<b>5a</b> Total no	umber of participants	at the beginning of the plan year.			5a	2
		at the end of the plan year			5b	0
		account balances as of the end of		· ·	5c	0
<b>d(1)</b> Total	number of active pa	articipants at the beginning of the p	lan year		5d(1)	0
<b>d(2)</b> Tota	I number of active pa	articipants at the end of the plan ye	ar		5d(2)	0
		terminated employment during th			5e	0
Caution: A	penalty for the late	or incomplete filing of this retur	n/report will be assessed	l unless reasonable cau		
SB or Sched		ther penalties set forth in the instru nd signed by an enrolled actuary, plete.				
U.U	Filed with authorized	I/valid electronic signature.	04/06/2018	KEVIN M. BATES		
HERE	Signature of plan a	administrator	Date	Enter name of individu	ıal signing as pla	an administrator
SIGN						
HERE	Signature of emplo	over/plan sponsor	Date	Enter name of individu	ıal signing as en	nployer or plan sponsor

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	Were all of the plan's assets during the plan year invested in eligib		•					X Yes	No
b	Are you claiming a waiver of the annual examination and report of an independent qualified public accountant (IQPA) under 29 CFR 2520.104-46? (See instructions on waiver eligibility and conditions.)							X Yes	No
	If you answered "No" to either line 6a or line 6b, the plan cann								
С	If the plan is a defined benefit plan, is it covered under the PBGC ir	nsurance p	rogram (see ERISA se	ection 4	021)?		Yes No	Not deter	mined
	If "Yes" is checked, enter the My PAA confirmation number from the	e PBGC p	remium filing for this pl	lan yea	r			. (See instruc	tions.)
Pa	rt III Financial Information								
7	Plan Assets and Liabilities		(a) Beginning o	of Year			(b) End	of Year	
а	Total plan assets	. 7a		2141				0	
b	Total plan liabilities	. 7b		0				0	
С	Net plan assets (subtract line 7b from line 7a)	. 7c		2141				0	
8	Income, Expenses, and Transfers for this Plan Year		(a) Amoun	t			(b) 1	Γotal	
а	Contributions received or receivable from:	0=(4)		0					
	(1) Employers	8a(1)		0					
	(2) Participants	8a(2)		0					
	(3) Others (including rollovers)	8a(3)		614					
		. 8b		014				614	
	Total income (add lines 8a(1), 8a(2), 8a(3), and 8b)	. 8c						014	
	to provide benefits)	. 8d		2755					
<u>e</u>	Certain deemed and/or corrective distributions (see instructions)	. 8e		0					
f	Administrative service providers (salaries, fees, commissions)	. 8f		0					
g	Other expenses	. 8g		0					
h	Total expenses (add lines 8d, 8e, 8f, and 8g)	. 8h						2755	
i	Net income (loss) (subtract line 8h from line 8c)	. 8i						-2141	
j	Transfers to (from) the plan (see instructions)	· 8j		0					
Par	t IV Plan Characteristics								
9a	If the plan provides pension benefits, enter the applicable pension 2F 2G 2M 2T 3D	feature co	des from the List of Pla	an Cha	racteri	stic Co	odes in the inst	tructions:	
b	If the plan provides welfare benefits, enter the applicable welfare for	eature cod	es from the List of Plan	n Chara	acteris	tic Coc	des in the instr	uctions:	
Par	t V Compliance Questions								
10	During the plan year:				Yes	No		Amount	
а	Was there a failure to transmit to the plan any participant contributed described in 29 CFR 2510.3-102? (See instructions and DOL's V	oluntary F	iduciary Correction						
	Program)			10a		X			
	Were there any nonexempt transactions with any party-in-interest reported on line 10a.)			10b		Χ			
С	Was the plan covered by a fidelity bond?			10c	X			5000	00
d	Did the plan have a loss, whether or not reimbursed by the plan's by fraud or dishonesty?	•		10d		X			
е	Were any fees or commissions paid to any brokers, agents, or oth carrier, insurance service, or other organization that provides som the plan? (See instructions.)	ne or all of	the benefits under	10e		X			
f	Has the plan failed to provide any benefit when due under the pla	n?		10f		X			
g				10g		X			
h	If this is an individual account plan, was there a blackout period? 2520.101-3.)	•		10h		X			
i	If 10h was answered "Yes," check the box if you either provided the exceptions to providing the notice applied under 29 CFR 2520.10	he required	d notice or one of the	10i					

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Part '	VI Pension Funding Compliance				
11	Is this a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and complete Scho (Form 5500) and line 11a below)	edule S	В	Y	es No
11a	Enter the unpaid minimum required contributions for all years from Schedule SB (Form 5500) line 40	11a			
12	Is this a defined contribution plan subject to the minimum funding requirements of section 412 of the Code or section ERISA?	1 302 of		Y	es X No
а	If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instructions, and granting the waiver			of the letter Year	ruling
lf y	rou completed line 12a, complete lines 3, 9, and 10 of Schedule MB (Form 5500), and skip to line 13.				
b	Enter the minimum required contribution for this plan year	12b			
С	Enter the amount contributed by the employer to the plan for this plan year	12c			
d	Subtract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the left of a negative amount)	12d			
е	Will the minimum funding amount reported on line 12d be met by the funding deadline?		Yes	No	N/A
Part \	/II Plan Terminations and Transfers of Assets				
13a	Has a resolution to terminate the plan been adopted in any plan year?		X Yes	s No	)
	If "Yes," enter the amount of any plan assets that reverted to the employer this year	13a			(
b	Were all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brought under the control of the PBGC?			X Yes	No
С	If, during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify the plan(s) which assets or liabilities were transferred. (See instructions.)	to			
1	<b>3c(1)</b> Name of plan(s): 13c(2)	EIN(s)		13c(3)	PN(s)

## Form 5500-SF

Department of the Treasury Internal Revenue Service

Department of Lebor Employee Benefits Security Administration

Pension Benefit Guaranty Corporation

# Short Form Annual Return/Report of Small Employee Benefit Plan

This form is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA), and sections 6057(b) and 6058(a) of the Internal Revenue Code (the Code).

▶ Complete all entries in accordance with the instructions to the Form 5500-SF.

OMB Nos 1210-0110 1210-0089

2017

This Form is Open to Public Inspection

	rt Identification Information	1			
For calendar plan year 2017 o	r fiscal plan year beginning	01/01/2018	and ending	03/08/	2018
A This return/report is for:	a single-employer plan	a multiple-employer pl	an (not multiemployer) nployer information in a	,	
·	a one-participant plan	a foreign plan			,
B This return/report is	the first return/report	X the final return/report			
	an amended return/report	a short plan year return	n/report (less than 12 r	months)	
C Check box if filing under:	Form 5558	automatic extension		DFVC progr	ram
	special extension (enter desc				
Part II   Basic Plan In	formation—enter all requested in	formation			
1a Name of plan				1b Three-di	
Helping Hand House	403(b) Plan			plan nun	722
				1c Effective 01/01/	
	oloyer, if for a single-employer plan) oom, apt., suite no. and street, or P.C	D. Box)		1	r Identification Number -1275046
	nce, country, and ZIP or foreign post	al code (if foreign, see instr	ructions)		's telephone number
Helping Hand House				253-84	•
4321 2nd St SW				2d Business	code (see instructions)
1021 2110 00 077				624200	
Puyallup	WA 98373				
3a Plan administrator's name	and address X Same as Plan Spor	nsor		3b Administr	ator's EIN
	3.4				
				3c Administr	ator's telephone number
4 If the name and/or EIN of	the plan sponsor or the plan name ha	as changed since the last re	aturn/report filed for	4b EIN	
this plan, enter the plan sp a Sponsor's name	ponsor's name, EIN, the plan name a	ind the plan number from th	ne last return/report.		
C Plan Name				4d PN	
	ts at the beginning of the plan year				2
	ts at the end of the plan year			5b	0
complete this Item)	h account balances as of the end of	***************************************			0
d(1) Total number of active p	participants at the beginning of the plant	an year	1977; 1 92.7111.8011111111		0
	participants at the end of the plan yea			5d(2)	0
than 100% vested	no terminated employment during the	AN ENGLISHED AND ADDRESS OF THE PARTY OF THE		5e	0
Caution: A penalty for the late	e a Incomplete filing of this return	report will be assessed i	unless reasonable ca	use is establish	ed.
SB or Schedule Mil com leged belief, it is true, conject, and so	other penalties set forth in the instruc- and signed by an enrolled actuary, a	stions, I declare that I have it is well as the electronic vers	axamined this return/re ston of this return/repor	eport, including, i rt, and to the bes	applicable, a Schedule t of my knowledge and
SIGN X		x 4/1	KEVIN M. BATE	S	
HERE Signature of plan	administrator	Date /9208	Enter name of Individ	dual signing as pl	an administrator
SIGN		l l			
HERE Signature of emp	loyeliplan sponsor	Date	Enter name of individ	dual signing as e	nployer or plan sponsor
For Paperwork Reduction Act Not	ice, see the Instructions for Form 5500		12 31 114		Form 6500-SF (2017)

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	Were all of the plan's assets during the plan year invested in eligible. Are you claiming a waiver of the annual examination and report of under 29 CFR 2520.104-467 (See instructions on waiver eligibility if you answered "No" to either line 6a or line 6b, the plan cannot be a second to the plan be a second to the pl	an independ and condition	dent qualifled public accountant (IQPA)	X Yes No
C	If the plan is a defined benefit plan, is it covered under the PBGC in If "Yes" is checked, enter the My PAA confirmation number from the	nsurance pro	ogram (see ERISA section 4021)?	Yes No Not determined
Pa	rt III Financial Information			
7	Plan Assets and Liabilities		(a) Beginning of Year	(b) End of Year
a	Total plan assets	7a	2,141	0
b	Total plan liabilities	7b	0	0
C	Net plan assets (subtract line 7b from line 7a)	7c	2,141	0
8	Income, Expenses, and Transfers for this Plan Year		(a) Amount	(b) Total
a	Contributions received or receivable from: (1) Employers	8a(1)	0	
	(2) Participants	8a(2)	0	
	(3) Others (including rollovers)	8a(3)	0	
b	Other income (loss)	8b	614	
C	Total income (add lines 8a(1), 8a(2), 8a(3), and 8b)	8c		614
d	Benefits paid (including direct rollovers and insurance premiums to provide benefits)	8d	2,755	
е	Certain deemed and/or corrective distributions (see instructions)	8e	0	
f	Administrative service providers (salaries, fees, commissions)	81	0	
CI.	Other expenses	90	0	

0

2,755

-2,141

### Part IV | Plan Characteristics

8

h Total expenses (add lines 8d, 8e, 8f, and 8g) ...

Net income (loss) (subtract line 8h from line 8c) .

Transfers to (from) the plan (see instructions).....

g Other expenses......

9a If the plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Characteristic Codes In the instructions: 2F 2G 2M 2T 3D

8h

81

8

If the plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Characteristic Codes in the instructions:

#### Part V Compliance Questions

10	During the plan year:	During the plan year:		No	Amount
a	Was there a failure to transmit to the plan any participant contributions within the time period described in 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fiduciary Correction Program)	10a		х	
b	Were there any nonexempt transactions with any party-in-interest? (Do not include transactions reported on line 10a.)	10b		х	
С	Was the plan covered by a fidelity bond?	10c	х		50,000
d	Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesty?	10d		х	
е	Were any fees or commissions paid to any brokers, agents, or other persons by an insurance carrier, insurance service, or other organization that provides some or all of the benefits under the plan? (See instructions.)	10e		х	
f	Has the plan falled to provide any benefit when due under the plan?	10f		х	
g	Did the plan have any participant loans? (If "Yes," enter amount as of year-end.)	10g		х	
h	If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3.)	10h		х	
1	If 10h was answered "Yes," check the box if you either provided the required notice or one of the exceptions to providing the notice applied under 29 CFR 2520.101-3	101			

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11	is this a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and complete Sch		\$B		Yes	∏ No
	(Form 5500) and line 11a below)	1	* (\$17.001+0			
	Enter the unpaid minimum required contributions for all years from Schedule SB (Form 5500) line 40					
12	Is this a defined contribution plan subject to the minimum funding requirements of section 412 of the Code or section ERISA?  If "Yes," complete line 12a or lines 12b, 12c, 12d, and 12e below, as applicable.)				Yes	X N
a	If a walver of the minimum funding standard for a prior year is being amortized in this plan year, see instructions, and granting the walver	d enter Da		e of the le Yea		ing
If y	rou completed line 12a, complete lines 3, 9, and 10 of Schedule MB (Form 5500), and skip to line 13.					
b	Enter the minimum required contribution for this plan year	12b				
	Enter the amount contributed by the employer to the plan for this plan year	12c				
d	Subtract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the left of a negative amount)	12d				
ę	Will the minimum funding amount reported on line 12d be met by the funding deadline?		Yes	No	1	N/A
art 1	/II Plan Terminations and Transfers of Assets					
13a	Has a resolution to terminale the plan been adopted in any plan year?		X Ye	s []	No	
	If "Yes," enter the amount of any plan assets that reverted to the employer this year	13a				
b	Were all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brought under the control of the PBGC?			X Yes	No	0
С	If, during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify the plan(s) which assets or liabilities were transferred. (See instructions.)	) to				
1	3c(1) Name of plan(s): 13c(2)	EIN(s)		13c	(3) PN	(s)
				-		
	I			1		