Form 5500-SF

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation

Short Form Annual Return/Report of Small Employee **Benefit Plan**

This form is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA), and sections 6057(b) and 6058(a) of the Internal Revenue Code (the Code).

▶ Complete all entries in accordance with the instructions to the Form 5500-SF.

OMB Nos. 1210-0110 1210-0089

2017

This Form is Open to Public Inspection

Parti	Annual Repor	t identification information								
For calenda	ar plan year 2017 or	fiscal plan year beginning 01/01/2	2017	and ending 12	/31/2017					
A This ret	A This return/report is for: a single-employer plan a multiple-employer plan (not multiemployer) (Filers checking this box must attach a list of participating employer information in accordance with the form instructions.)									
5		a one-participant plan								
B This retu	ırn/report is	X the first return/report	the final return/report							
		an amended return/report	a short plan year retu	rn/report (less than 12 mo	onths)					
C Check b	oox if filing under:	Form 5558	automatic extension	DFVC program	n					
		special extension (enter desc	ription)							
Part II	Basic Plan Inf	ormation—enter all requested in	formation							
1a Name	of plan				1b Three-digit					
THE ATHLE	TE EXPERIENCE, L	LC 401(K) PROFIT SHARING PLAI	N AND TRUST		plan numb	er				
					(PN) ▶	001				
					1c Effective d	ate of plan 01/01/2016				
2a Plan sp	oonsor's name (emp	loyer, if for a single-employer plan)			2b Employer I	dentification Number				
		om, apt., suite no. and street, or P.C				46-5579139				
-	town, state or provir TE EXPERIENCE, L	nce, country, and ZIP or foreign post LC	tal code (If foreign, see insi	tructions)		telephone number 6-641-7733				
MOVEMEND)			-		ode (see instructions)				
	ISON STREET									
SEATTLE, W						621340				
3a Plan ad	dministrator's name	and address X Same as Plan Spo	nsor.		3b Administration	tor's EIN				
					3c Administrat	tor's telephone number				
		he plan sponsor or the plan name honsor's name, EIN, the plan name a			4b EIN					
a Sponso		onsor s hame, Lift, the plan hame a	and the plan number nom	ine last return/report.	4d PN					
C Plan N										
5a Total r	number of participan	ts at the beginning of the plan year.			5a	1				
		ts at the end of the plan year			5b	2				
		h account balances as of the end of		-	5c	1				
•	•	participants at the beginning of the p			5d(1)	1				
d(2) Tota	al number of active p	participants at the end of the plan ye	ar		5d(2)	2				
		no terminated employment during the			5e	0				
Caution: A	penalty for the late	e or incomplete filing of this retur	n/report will be assessed	l unless reasonable cau	se is establishe	d.				
Under pena SB or Sche	alties of perjury and edule MB completed	other penalties set forth in the instru and signed by an enrolled actuary, a	ctions, I declare that I have	e examined this return/rep	ort, including, if	applicable, a Schedule				
	true, correct, and cor		06/05/0040	A A D ONL CLIAVA						
SIGN HERE		d/valid electronic signature.	06/25/2018	AARON SHAW						
	Signature of plan	administrator	Date	Enter name of individu	al signing as pla	n administrator				
SIGN										
HERE	Signature of emp	loyer/plan sponsor	Date	Enter name of individu	f individual signing as employer or plan spon					

Form 5500-SF 2017 Page **2**

 Were all of the plan's assets during the plan year invested in eligible assets? (See instructions.) Are you claiming a waiver of the annual examination and report of an independent qualified public accountant (IQPA) under 29 CFR 2520.104-46? (See instructions on waiver eligibility and conditions.) If you answered "No" to either line 6a or line 6b, the plan cannot use Form 5500-SF and must instead use Form 5500. If the plan is a defined benefit plan, is it covered under the PBGC insurance program (see ERISA section 4021)? Yes No If "Yes" is checked, enter the My PAA confirmation number from the PBGC premium filing for this plan year 								. X Yes	
Pa	rt III Financial Information								
7	Plan Assets and Liabilities		(a) Beginning	of Vear			(h) En	d of Year	
<u>′</u> а	Total plan assets	. 7a		10000			(b) Lii	31271	
	Total plan liabilities	7b		0		0			
	Net plan assets (subtract line 7b from line 7a)	. 7c		10000		312			
8	Income, Expenses, and Transfers for this Plan Year		(a) Amour	nt			(b)	Total	
a	Contributions received or receivable from:		(4) 7 11110 411	-			()		
	(1) Employers	. 8a(1)		3271					
	(2) Participants	. 8a(2)		18000					
	(3) Others (including rollovers)	. 8a(3)		0					
<u>b</u>	Other income (loss)	. 8b		0					
	Total income (add lines 8a(1), 8a(2), 8a(3), and 8b)	. 8c						21271	
d	Benefits paid (including direct rollovers and insurance premiums to provide benefits)	. 8d		0					
<u>e</u>	Certain deemed and/or corrective distributions (see instructions)	. 8e							
f	Administrative service providers (salaries, fees, commissions)	. 8f		0					
g	Other expenses	. 8g		0					
<u>h</u>	Total expenses (add lines 8d, 8e, 8f, and 8g)	. 8h					0		
<u>i</u>	Net income (loss) (subtract line 8h from line 8c)	. 8i						21271	
j	Transfers to (from) the plan (see instructions)	8j	0						
Pa	rt IV Plan Characteristics								
9a	If the plan provides pension benefits, enter the applicable pension 2E 2F 2G 2J 2K 3B 3D	feature co	odes from the List of Pl	an Cha	racteri	stic Co	odes in the in	structions:	
b	If the plan provides welfare benefits, enter the applicable welfare for	eature cod	les from the List of Pla	n Chara	acteris	tic Cod	des in the ins	tructions:	
Par	t V Compliance Questions								
10	During the plan year:				Yes	No		Amount	
a	Was there a failure to transmit to the plan any participant contribu described in 29 CFR 2510.3-102? (See instructions and DOL's V Program)	oluntary F	iduciary Correction	10a		X			
b	Were there any nonexempt transactions with any party-in-interest reported on line 10a.)			10b		X			
С	Was the plan covered by a fidelity bond?			10c		X			
d	Did the plan have a loss, whether or not reimbursed by the plan's by fraud or dishonesty?			10d		X			
е	Were any fees or commissions paid to any brokers, agents, or other persons by an insurance carrier, insurance service, or other organization that provides some or all of the benefits under the plan? (See instructions.)					X			
f	Has the plan failed to provide any benefit when due under the pla	ın?		10f		X			
9	Did the plan have any participant loans? (If "Yes," enter amount a	as of year-	end.)	10g		X			
h	If this is an individual account plan, was there a blackout period? 2520.101-3.)	•		10h		X			
i	If 10h was answered "Yes," check the box if you either provided the exceptions to providing the notice applied under 29 CFR 2520.10			10i					

Form 5500-SF 2017	Page 3- 1
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Part	VI Pension Funding Compliance									
11 Is this a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and complete Schedule SB (Form 5500) and line 11a below)										
11a	Enter the unpaid minimum required contributions for all years from Schedule SB (Form 5500) line 40	11a								
12	Is this a defined contribution plan subject to the minimum funding requirements of section 412 of the Code or section ERISA?	n 302 of		Ye	s X No					
а	a If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instructions, and enter the date of the letter ruling granting the waiver. Month Day Year									
lf y	you completed line 12a, complete lines 3, 9, and 10 of Schedule MB (Form 5500), and skip to line 13.									
b	Enter the minimum required contribution for this plan year	12b								
С	Enter the amount contributed by the employer to the plan for this plan year	12c								
d	Subtract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the left of a negative amount)	12d								
е	Will the minimum funding amount reported on line 12d be met by the funding deadline?		Yes	No	N/A					
Part '	VII Plan Terminations and Transfers of Assets									
13a	Has a resolution to terminate the plan been adopted in any plan year?		Yes	X No						
	If "Yes," enter the amount of any plan assets that reverted to the employer this year	13a								
b	Were all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brought under the control of the PBGC?			Yes X	No					
С	If, during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify the plan(s) which assets or liabilities were transferred. (See instructions.)) to								
1	3c(1) Name of plan(s): 13c(2)	EIN(s)		13c(3) F	PN(s)					

Form 5500-SF

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration

Pension Benefit Guaranty Corporation

Short Form Annual Return/Report of Small Employee Benefit Plan

This form is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA), and sections 6057(b) and 6058(a) of the Internal

Revenue Code (the Code). ▶ Complete all entries in accordance with the instructions to the Form 5500-SF. OMB Nos. 1210-0110 1210-0089

2017

This Form is Open to **Public Inspection**

Part I	Annual Report	Identification Information	1	d anding	12/31/2	2017
For calendar	plan year 2017 or f	iscal plan year beginning	01/01/201/	and ending		
▲ This retu	rn/report is for:	X a single-employer plan	a multiple-employer plants of participating em	an (not multiemployer) (aployer information in ac	cordance with the	ne form instructions.)
, Composition of the composition		a one-participant plan	a foreign plan			
B This return	n/report is	x the first return/report	the final return/report			
		an amended return/report	a short plan year retur	n/report (less than 12 m	onths)	
C Check be	ox if filing under:	Form 5558	automatic extension		DFVC progra	am
		special extension (enter des	cription)			
Part II	Basic Plan Inf	ormation—enter all requested	nformation		4h Thursdie	.14
1a Name o	of plan				1b Three-dig	
		nce, LLC 401(k) Prof:	it Sharing Plan a	nd Trust	(PN)	1001
ine Acni	ece Experie	100, 220 100(11,	-		1c Effective	date of plan
					01/01/	
0- 5		loyer, if for a single-employer plan)		2b Employe	r Identification Number
Mailing	address (include re	om ant suite no and street, or F	O. Box)		(EIN) 46	-5579139
City or	town, state or provi	nce, country, and ZIP or foreign po	stal code (if foreign, see ins	tructions)	2c Sponsor	's telephone number
The Ath	lete Experi	ence, LLC			206-64	1-7733
Movemen					2d Business	code (see instructions)
2818 E	Madison Str	eet			621340	
Seattle	:	WA 98112			1	
3a Plan ad	dministrator's name	and address X Same as Plan S	oonsor.		3b Administ	rator's EIN
4 If the r	name and/or EIN of	the plan sponsor or the plan name ponsor's name, EiN, the plan nam	has changed since the last e and the plan number from	return/report filed for the last return/report.	4b EIN	
	or's name	, ,	·		4d PN	
C Plan N						
					 	
5a Total	number of participa	nts at the beginning of the plan yea	ar		5a	
b Total r	number of participa	nts at the end of the plan year	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		5b	
c Numb	er of participants wi	th account balances as of the end	of the plan year (only define	d contribution plans	5c	
		participants at the beginning of the			5d(1)	
• •		participants at the end of the plan			5d(2)	
u(2) 100	ar number of active	tho terminated employment during	the plan year with accrued i	nenefits that were less		
than	100% vested				5e	
Under pena SB or Sche	A penalty for the la	te or incomplete filing of this red other penalties set forth in the ins d and signed by an enrolled actuar	tructions. I declare that I have	d unless reasonable c e examined this return/r	report, including,	if applicable, a Schedule
SIGN		-	6.25.18	Aaron Shaw		
HERE	Simple	n administrator	Date	Enter name of indiv	idual signing as	plan administrator
	Signature of pla	n auministrator	Date	Enter name or may	radar orgining as	p.c danimodator
SIGN HERE		· · · · · · · · · · · · · · · · · · ·				
HEKE	Signature of em	ployer/plan sponsor	Date	Enter name of indiv	idual signing as	employer or plan sponsor

	Form 5500-SF 2017	<u>.</u>	Page 2			_			
6a b	Were all of the plan's assets during the plan year invested in eligible assets? (See instructions.)								s No
	If you answered "No" to either line 6a or line 6b, the plan cann	ot use Fo	rm 5500-SF and must	instea	d use	Form	5500.		
С	If the plan is a defined benefit plan, is it covered under the PBGC in If "Yes" is checked, enter the My PAA confirmation number from the	surance p	rogram (see ERISA se	ction 40	21)? .		Yes No	니	ermined uctions.)
Pai	t III Financial Information								
7	Plan Assets and Liabilities		(a) Beginning o	f Year			(b) End	of Year	
а	Total plan assets	7a		10,0	000				31,271
	Total plan liabilities	7b			0				0
	Net plan assets (subtract line 7b from line 7a)	7с		10,0	000				31,271
8	Income, Expenses, and Transfers for this Plan Year		(a) Amount	t			(b) T	otal	
	Contributions received or receivable from: (1) Employers	8a(1)		3,2	271				
	(2) Participants	8a(2)		18,0	000				
	(3) Others (including rollovers)	8a(3)			0				
b	Other income (loss)	8b			0				
С	Total income (add lines 8a(1), 8a(2), 8a(3), and 8b)	8c							21,271
	Benefits paid (including direct rollovers and insurance premiums to provide benefits)	8d			0				
е	Certain deemed and/or corrective distributions (see instructions)	8e							
f	Administrative service providers (salaries, fees, commissions)	8f			0		····		
g	Other expenses	8g			0				
h	Total expenses (add lines 8d, 8e, 8f, and 8g)	8h				-			0
i	Net income (loss) (subtract line 8h from line 8c)	8i							21,271
j	Transfers to (from) the plan (see instructions)	8j			0				
Pa	rt IV Plan Characteristics								
9a	If the plan provides pension benefits, enter the applicable pension 2E 2F 2G 2J 2K 3B 3D	feature co	odes from the List of Pla	an Cha	racteris	stic Co	des in the inst	ructions:	
b	If the plan provides welfare benefits, enter the applicable welfare f	eature coo	les from the List of Pla	n Chara	cterist	ic Cod	es in the instr	uctions:	
Pai	t V Compliance Questions								
10	During the plan year:				Yes	No	,	Amount	
a	Was there a failure to transmit to the plan any participant contributes described in 29 CFR 2510.3-102? (See instructions and DOL's Norgram)	√oluntary F	iduciary Correction	10a		х			
k	Were there any nonexempt transactions with any party-in-interes reported on line 10a.)			10b		Х			
(Was the plan covered by a fidelity bond?			10c		Х			
C		fidelity bo	nd, that was caused	10d		х			
- E	Were any fees or commissions paid to any brokers, agents, or ot carrier, insurance service, or other organization that provides son the plan? (See instructions.)	her persor ne or all of	s by an insurance the benefits under	10e		х			
f	Has the plan failed to provide any benefit when due under the pla	an?		10f		x			

X

Х

10g

10h

g Did the plan have any participant loans? (If "Yes," enter amount as of year-end.)

h If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR

Form 5500-SF 2017			age 3 -						
Part	VI	Pension Funding Compliance							
11	11 Is this a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and complete Schedule SB (Form 5500) and line 11a below)								
11a	En	ter the unpaid minimum required contributions for all years from Schedule SB (Forr	n 5500) line 40)	11a				
12	ER	this a defined contribution plan subject to the minimum funding requirements of sec RISA?			n 302 of		_ Y	es X No	
а	If a	a waiver of the minimum funding standard for a prior year is being amortized in this parting the waiver.			d enter t		the lette Year	r ruling	
lf y	/ou	completed line 12a, complete lines 3, 9, and 10 of Schedule MB (Form 5500),	and skip to lir	ne 13.					
b	Ente	er the minimum required contribution for this plan year			12b				
С	Ente	er the amount contributed by the employer to the plan for this plan year	•••••		12c				
d		btract the amount in line 12c from the amount in line 12b. Enter the result (enter a n gative amount)			12d				
е	Wi	I the minimum funding amount reported on line 12d be met by the funding deadline	?			Yes	No	N/A	
art '	VII	Plan Terminations and Transfers of Assets							
13a	Ha	s a resolution to terminate the plan been adopted in any plan year?				Yes	ΧN	0	
	lf "	Yes," enter the amount of any plan assets that reverted to the employer this year			13a				
b		ere all the plan assets distributed to participants or beneficiaries, transferred to anot ntrol of the PBGC?		ought under the			Yes X	No	
С		during this plan year, any assets or liabilities were transferred from this plan to anot ich assets or liabilities were transferred. (See instructions.)	ther plan(s), ide	entify the plan(s)) to				

13c(2) EIN(s)

13c(3) PN(s)

13c(1) Name of plan(s):