## Form 5500-SF

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation

Short Form Annual Return/Report of Small Employee **Benefit Plan** 

This form is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA), and sections 6057(b) and 6058(a) of the Internal Revenue Code (the Code).

▶ Complete all entries in accordance with the instructions to the Form 5500-SF.

OMB Nos. 1210-0110 1210-0089

2017

This Form is Open to Public Inspection

Part I	Annual Report	t Identification Information							
For calenda	ar plan year 2017 or f	iscal plan year beginning 01/01/2	2017	and ending 1	2/31/2017				
A This return/report is for:    X   a single-employer plan									
		a one-participant plan	a foreign plan						
<b>B</b> This retu	urn/report is	the first return/report	the final return/report						
		an amended return/report	a short plan year ret	a short plan year return/report (less than 12 months)					
C Check	oox if filing under:	X Form 5558	automatic extension	n	DFVC progra	am			
		special extension (enter descr	ription)						
Part II	Basic Plan Info	ormation—enter all requested in	formation						
1a Name POLAR BAY	of plan FOODS INC 401(K	()			1b Three-dig plan numl (PN) ▶				
					1c Effective	date of plan 01/01/2016			
		oyer, if for a single-employer plan)			<b>2b</b> Employer	Identification Number			
	,	om, apt., suite no. and street, or P.C ce, country, and ZIP or foreign post	,	structions)	(EIN) 26-1482306				
•	FOODS INC.	, ,,	, ,	,	2c Sponsor's telephone number 425-823-0600				
					2d Business	code (see instructions)			
1750 112TH BELLEVUE,	AVE NE SUITE C236 WA 98004	3			424990				
3a Plan a	dministrator's name a	ınd address 🛛 Same as Plan Spor	nsor.		<b>3b</b> Administra	ator's EIN			
					3c Administra	ator's telephone number			
						·			
4 If the r	name and/or FIN of th	ne plan sponsor or the plan name ha	as changed since the las	t return/report filed for	<b>4b</b> EIN				
this pl	an, enter the plan spo	onsor's name, EIN, the plan name a							
<ul><li>a Sponsor's name</li><li>c Plan Name</li></ul>									
Cilalin	iame								
<b>5a</b> Total r	number of participants	s at the beginning of the plan year			5a	5			
<b>b</b> Total number of participants at the end of the plan year					5b	5			
		account balances as of the end of			5c	1			
d(1) Total number of active participants at the beginning of the plan year			5d(1)	5					
<ul><li>d(2) Total number of active participants at the end of the plan year</li><li>e Number of participants who terminated employment during the plan year with accrued benefits that were less</li></ul>			5d(2)	5					
		o terminated employment during the			5e	0			
Caution: A	penalty for the late	or incomplete filing of this return	n/report will be assesse	ed unless reasonable ca					
SB or Sche		ther penalties set forth in the instruction and signed by an enrolled actuary, and lete.							
SIGN		d/valid electronic signature.	08/01/2018	LISA LU					
HERE	Signature of plan	administrator	Date	Enter name of individ	ndividual signing as plan administrator				
SIGN									
HERE	Signature of emplo	over/plan sponsor	Date	Enter name of individ	f individual signing as employer or plan sponsor				

Form 5500-SF 2017 Page **2** 

If you answered "No" to either line & aor line 8b, the plan cannot use Form 5500-SF and must instead use Form 5500.  If I're's' is checked, enter the My PAA confirmation number from the PBGC premium filing for this plan year		Were all of the plan's assets during the plan year invested in eligible assets? (See instructions.)  Are you claiming a waiver of the annual examination and report of an independent qualified public accountant (IQPA) under 29 CFR 2520.104-46? (See instructions on waiver eligibility and conditions.)							es No	
Part III   Financial Information   Financial Information	_	If you answered "No" to either line 6a or line 6b, the plan cannot use Form 5500-SF and must instead use Form 5500.								
Part III   Financial Information   Financial Informati	C	·		• ,		,			ш	
7 Plan Assets and Liabilities			ю г воо р	remain ming for this p	nan you	'			(000 iii)	truotiono.)
a Total plan assets	Pa -					<u> </u>				
b Total plan liabilities	7									
C Net plan assets (subtract line 7b from line 7a)	<del></del>				11808		28855			
8 income, Expenses, and Transfers for this Plan Year a Contributions received or receivable from: (1) Employers 8a(1) 3520 (2) Participants. 8a(2) 8800 (3) Others (including rollovers). 8a(3) 8b 4727  C Total income (add lines 8a(1), 8a(2), 8a(3), and 8b). 8b 4727  C Total income (add lines 8a(1), 8a(2), 8a(3), and 8b). 8c 17047  d Benefits paid (including direct rollovers and insurance premiums to provide benefits). 8d 9  E Certain deemed and/or corrective distributions (see instructions). 8d 9  G Other expenses. 8d 9  In Total expenses (add lines 8d, 8e, 8f, and 8g). 8h 0  I Net income (loss) (subtract line 8h from line 8c). 8g 1  Part IV Plan Characteristics  9a If the plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Characteristic Codes in the instructions:  2b 2F 2G 2J 2K 2T 3D  If the plan provides verlare benefits, enter the applicable verliare feature codes from the List of Plan Characteristic Codes in the instructions:  2b If the plan provides verlare benefits, enter the applicable welflare feature codes from the List of Plan Characteristic Codes in the instructions:  2c 2F 2G 2J 2K 2T 3D  D Uring the plan provides verlare benefits, enter the applicable welflare feature codes from the List of Plan Characteristic Codes in the instructions:  2b Were there any nonexempt transactions with any participant contributions within the time period described in 29 CFR 25f10.3-102? (See instructions and DOL's Voluntary Fictuciary Correction Program).  4b Were there any nonexempt transactions with any party-in-interest? (Do not include transactions in part and of shonesty?  4c Was the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesty?  5c Was the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesty? one or other organization that provides some or all othe benefits under the plan?  6c Was the plan railed to provide any benefit when due under the plan?		·	·						2005	5
a Contributions received or receivable from: (1) Employers. (2) Participants. (3) Others (including rollovers). (3) Others (including rollovers). (4) Bad(2) Bad(3) (5) Other income (loss). (6) Other income (loss). (7) Other income (loss). (8) Bb 4727 (8) Other income (loss). (8) Bb 4727 (9) Other income (loss) (loss). (8) Bb 4727 (9) Other income (loss) (loss). (9) Other income (loss) (loss). (10) Other income (loss) (loss). (11) Other expenses (loss). (12) Other expenses. (13) Other expenses. (14) Other expenses. (15) Other expenses. (16) Other expenses. (17) Other expenses. (18) Other expenses. (18) Other expenses. (18) Other expenses. (18) Other expenses. (19) Other expenses. (10) Other expenses			. /c			<del></del>				3
(2) Participants		·		(a) Amour	ıτ			(D)	) i otai	
(3) Others (including rollovers)			. 8a(1)		3520					
b Other income (loss)		(2) Participants	. 8a(2)		8800					
C Total income (add lines 8a(1), 8a(2), 8a(3), and 8b)		(3) Others (including rollovers)	. 8a(3)							
d Benefits paid (including direct rollovers and insurance premiums to provide benefits).  8d  e Certain deemed and/or corrective distributions (see instructions)	b	Other income (loss)	. 8b		4727					
e Certain deemed and/or corrective distributions (see instructions) 8e  f Administrative service providers (salaries, fees, commissions) 8f  g Other expenses	<u> </u>	Total income (add lines 8a(1), 8a(2), 8a(3), and 8b)	. 8c						1704	7
f Administrative service providers (salaries, fees, commissions)	d		. 8d							
g Other expenses	<u>e</u>	Certain deemed and/or corrective distributions (see instructions)	. 8e			$\rightarrow$				
h Total expenses (add lines 8d, 8e, 8f, and 8g)	f	Administrative service providers (salaries, fees, commissions)	. 8f			_				
i Net income (loss) (subtract line 8h from line 8c)		·								
Transfers to (from) the plan (see instructions)	<u>h</u>	Total expenses (add lines 8d, 8e, 8f, and 8g)								0
Part IV Plan Characteristics  9a If the plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Characteristic Codes in the instructions:  2E 2F 2G 2J 2K 2T 3D  b If the plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Characteristic Codes in the instructions:  Part V Compliance Questions  10 During the plan year:  a Was there a failure to transmit to the plan any participant contributions within the time period described in 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fiduciary Correction Program)  b Were there any nonexempt transactions with any party-in-interest? (Do not include transactions reported on line 10a.)  c Was the plan covered by a fidelity bond?  d Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesty?  e Were any fees or commissions paid to any brokers, agents, or other persons by an insurance carrier, insurance service, or other organization that provides some or all of the benefits under the plan? (See instructions).  10e X  f Has the plan failed to provide any benefit when due under the plan?  9 Did the plan have any participant loans? (If "Yes," enter amount as of year-end.)  10g X  11h (Toh was answered "Yes," check the box if you either provided the required notice or one of the	<u> </u>		. 8i						1704	7
If the plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Characteristic Codes in the instructions:   2E 2F 2G 2J 2K 2T 3D			· 8j							
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10 During the plan year:  a Was there a failure to transmit to the plan any participant contributions within the time period described in 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fiduciary Correction Program)	b	If the plan provides welfare benefits, enter the applicable welfare for	eature cod	des from the List of Pla	n Chara	acteris	tic Co	des in the ins	tructions:	
a Was there a failure to transmit to the plan any participant contributions within the time period described in 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fiduciary Correction Program)	Par	t V Compliance Questions								
described in 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fiduciary Correction Program)	10	During the plan year:				Yes	No		Amount	
reported on line 10a.)	а	described in 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fiduciary Correction			10a		X			
d Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesty?  e Were any fees or commissions paid to any brokers, agents, or other persons by an insurance carrier, insurance service, or other organization that provides some or all of the benefits under the plan? (See instructions.)  f Has the plan failed to provide any benefit when due under the plan?  g Did the plan have any participant loans? (If "Yes," enter amount as of year-end.)  h If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3.)  10h  X  If 10h was answered "Yes," check the box if you either provided the required notice or one of the	b	· · · · · · · · · · · · · · · · · · ·			10b		X			
d Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesty?	С	Was the plan covered by a fidelity bond?			10c	X				2000
carrier, insurance service, or other organization that provides some or all of the benefits under the plan? (See instructions.)  f Has the plan failed to provide any benefit when due under the plan?	d	d Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused			10d		X			
g Did the plan have any participant loans? (If "Yes," enter amount as of year-end.)	е	Were any fees or commissions paid to any brokers, agents, or other persons by an insurance carrier, insurance service, or other organization that provides some or all of the benefits under			10e		X			
h If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3.)	f	f Has the plan failed to provide any benefit when due under the plan?					X			
2520.101-3.)	g	g Did the plan have any participant loans? (If "Yes," enter amount as of year-end.)			10g		X			
	h				10h		X			
· · · · · · · · · · · · · · · · · · ·	i				10i					

Form 5500-SF 2017	Page <b>3-</b> 1
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Part	VI Pension Funding Compliance					
11						
11a	Enter the unpaid minimum required contributions for all years from Schedule SB (Form 5500) line 40	11a				
12 Is this a defined contribution plan subject to the minimum funding requirements of section 412 of the Code or section 302 of ERISA?  (If "Yes," complete line 12a or lines 12b, 12c, 12d, and 12e below, as applicable.)						
<b>a</b> If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instructions, and enter the date of the letter ruling granting the waiver						
lf y	you completed line 12a, complete lines 3, 9, and 10 of Schedule MB (Form 5500), and skip to line 13.					
b	Enter the minimum required contribution for this plan year	12b				
С	Enter the amount contributed by the employer to the plan for this plan year	12c				
d	Subtract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the left of a negative amount)	12d				
е	Will the minimum funding amount reported on line 12d be met by the funding deadline?		Yes	No N/A		
Part '	VII Plan Terminations and Transfers of Assets					
13a	Has a resolution to terminate the plan been adopted in any plan year?		Yes	X No		
	If "Yes," enter the amount of any plan assets that reverted to the employer this year	13a				
b	Were all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brought under the control of the PBGC?			Yes X No		
<b>c</b> If, during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify the plan(s) to which assets or liabilities were transferred. (See instructions.)						
1	<b>3c(1)</b> Name of plan(s): 13c(2)	EIN(s)		<b>13c(3)</b> PN(s)		