Form 5500-SF

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation Short Form Annual Return/Report of Small Employee Benefit Plan

This form is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA), and sections 6057(b) and 6058(a) of the Internal Revenue Code (the Code).

Complete all entries in accordance with the instructions to the Form 5500-SF.

OMB Nos. 1210-0110 1210-0089

2017

This Form is Open to Public Inspection

Part I	Annual Repor	t identification information	1						
For calend	lar plan year 2017 or	fiscal plan year beginning 01/01/2	2017		and ending 12	2/31/20)17		
A This re	turn/report is for:	X a single-employer plan			in (not multiemployer) (ployer information in ac		-		
		a one-participant plan	a fo	oreign plan	,			,	
B This return/report is the first return/report the final return/report									
an amended return/report a short plan year return/report (less than 12 months)									
C Check	box if filing under:	X Form 5558	aut	tomatic extension		DF	VC program		
		special extension (enter desc	ription)						
Part II	Basic Plan Inf	ormation—enter all requested in	nformatio	n					
1a Name						1b	Three-digit		
	•	, P.S. CASH BALANCE PLAN					plan number (PN)	003	
						1c	Effective date o	f plan 1/2016	
2a Plan s	sponsor's name (empl	loyer, if for a single-employer plan)				2b		fication Number	
Mailing	g address (include ro	om, apt., suite no. and street, or P.C nce, country, and ZIP or foreign post		/:f famaine and inste				127880	
	r town, state or provin E D. HAINES, D.D.S.,	uctions)	2c	Sponsor's telep					
	,		24	360-568	see instructions)				
810 AVENUI	E D		Zu						
	H, WA 98290-2385			6212	210				
						01			
3a Plan a	administrator's name a		30 /	Administrator's	EIN				
						3c /	Administrator's	telephone number	
4 If the	name and/or FIN of th	he plan sponsor or the plan name h	as chan	ned since the last re	turn/report filed for	4b	FIN		
this p	lan, enter the plan sp	onsor's name, EIN, the plan name a							
•	sor's name					4d	PN		
C Plan N	vame								
5a Total	number of participant	ts at the beginning of the plan year.				5a	l	8	
b Total	number of participant	ts at the end of the plan year				5b)	8	
		n account balances as of the end of			-	50	:		
d(1) Tot	tal number of active p	articipants at the beginning of the pl	lan year			5d(1)	8	
d(2) Total number of active participants at the end of the plan year							2)	8	
than	100% vested	o terminated employment during the				5e		0	
		or incomplete filing of this return							
SB or Sche		other penalties set forth in the instru and signed by an enrolled actuary, a nolete.							
SIGN		d/valid electronic signature.		04/05/2018	THEODORE HAINES				
HERE	Signature of plan	administrator		Date	Enter name of individ	ual sigi	ning as plan adr	ministrator	
SIGN									
0.0.1									
HERE	Signature of empl	loyer/plan sponsor		Date	Enter name of individ	ual sigr	ning as employe	er or plan sponsor	

Form 5500-SF 2017 Page **2**

b	Were all of the plan's assets during the plan year invested in eligible assets? (See instructions.) Are you claiming a waiver of the annual examination and report of an independent qualified public accountant (IQPA) under 29 CFR 2520.104-46? (See instructions on waiver eligibility and conditions.) If you answered "No" to either line 6a or line 6b, the plan cannot use Form 5500-SF and must instead use Form 5500. C If the plan is a defined benefit plan, is it covered under the PBGC insurance program (see ERISA section 4021)? Yes										
	If "Yes" is checked, enter the My PAA confirmation number from th							Not determined . (See instructions.)			
Pa	t III Financial Information										
7	Plan Assets and Liabilities		(a) Beginning (of Year			(b) End	of Year			
а	Total plan assets	. 7a	10	00000				513861			
b	Total plan liabilities	. 7b		0				0			
С	Net plan assets (subtract line 7b from line 7a)	7c	10	00000				513861			
8	Income, Expenses, and Transfers for this Plan Year		(a) Amoun	ıt			(b) -	Total			
а 	Contributions received or receivable from: (1) Employers	. 8a(1)	40	00000							
	(2) Participants	8a(2)		0							
	(3) Others (including rollovers)	. 8a(3)		0							
b	Other income (loss)	. 8b		13861	_						
	Total income (add lines 8a(1), 8a(2), 8a(3), and 8b)	. 8c						413861			
d	Benefits paid (including direct rollovers and insurance premiums to provide benefits)	. 8d		0							
е	Certain deemed and/or corrective distributions (see instructions)	. 8e		0							
f	Administrative service providers (salaries, fees, commissions)	. 8f		0							
g	ther expenses										
h	Total expenses (add lines 8d, 8e, 8f, and 8g)							0			
<u>i</u>	Net income (loss) (subtract line 8h from line 8c)							413861			
j	Transfers to (from) the plan (see instructions)	· 8j		0							
Pa	t IV Plan Characteristics										
9a	If the plan provides pension benefits, enter the applicable pension 1C 3H	feature co	des from the List of Pl	an Cha	racteri	stic Co	des in the ins	tructions:			
b	If the plan provides welfare benefits, enter the applicable welfare for	eature cod	es from the List of Pla	n Chara	acterist	tic Cod	les in the instr	uctions:			
Par	t V Compliance Questions										
10	During the plan year:				Yes	No		Amount			
а	Was there a failure to transmit to the plan any participant contribu described in 29 CFR 2510.3-102? (See instructions and DOL's V Program)	oluntary F	iduciary Correction	10a		X					
b	Were there any nonexempt transactions with any party-in-interest reported on line 10a.)	t? (Do not	include transactions	10b		Х					
С				10c	Х			400000			
d	Did the plan have a loss, whether or not reimbursed by the plan's by fraud or dishonesty?		10d		X		100000				
e	Were any fees or commissions paid to any brokers, agents, or oth carrier, insurance service, or other organization that provides som the plan? (See instructions.)	10e		X							
f	Has the plan failed to provide any benefit when due under the pla	in?		10f		X					
g				10g		Χ					
h	h If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3.)										
i	If 10h was answered "Yes," check the box if you either provided the exceptions to providing the notice applied under 29 CFR 2520.10			10i							

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Part	VI Pension Funding Compliance				
11	Is this a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and complete Sch (Form 5500) and line 11a below)		В	X	es No
11a	Enter the unpaid minimum required contributions for all years from Schedule SB (Form 5500) line 40	. 11a			0
12	Is this a defined contribution plan subject to the minimum funding requirements of section 412 of the Code or section ERISA?			Y	es X No
	(If "Yes," complete line 12a or lines 12b, 12c, 12d, and 12e below, as applicable.)				
а	If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instructions, an granting the waiver	d enter t Day		of the letter Year	ruling
lf y	you completed line 12a, complete lines 3, 9, and 10 of Schedule MB (Form 5500), and skip to line 13.				
b	Enter the minimum required contribution for this plan year	12b			
С	Enter the amount contributed by the employer to the plan for this plan year	12c			
d	Subtract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the left of a negative amount)	12d			
е	Will the minimum funding amount reported on line 12d be met by the funding deadline?		Yes	No	N/A
Part	VII Plan Terminations and Transfers of Assets				
13a	Has a resolution to terminate the plan been adopted in any plan year?		Yes	s X No)
	If "Yes," enter the amount of any plan assets that reverted to the employer this year	13a			
b	Were all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brought under the control of the PBGC?			Yes X	No
С	If, during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify the plan(s which assets or liabilities were transferred. (See instructions.)) to			
1	3c(1) Name of plan(s): 13c(2) EIN(s)		13c(3)	PN(s)

SCHEDULE SB (Form 5500)

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration

Pension Benefit Guaranty Corporation

Single-Employer Defined Benefit Plan **Actuarial Information**

This schedule is required to be filed under section 104 of the Employee Retirement Income Security Act of 1974 (ERISA) and section 6059 of the Internal Revenue Code (the Code).

2017

OMB No. 1210-0110

This Form is Open to Public Inspection

	File as an atta	achment to Form	5500 or 5	5500-SF.				
For calendar plan year 2017 or fiscal plan year	ear beginning 01/01/20)17		and ending	g 12/3	31/2017		
▶ Round off amounts to nearest dollar.								
▶ Caution: A penalty of \$1,000 will be ass	essed for late filing of this re	eport unless reasor	nable caus	se is established	d.			
A Name of plan				B Three-dig	git			
THEODORE D. HAINES, D.D.S., P.S. CA	ASH BALANCE PLAN			plan num	ber (PN) •	003	
C Plan sponsor's name as shown on line 2a	of Form 5500 or 5500 SE			D Employer	Idontific	ation Number (E	:INI)	
THEODORE D. HAINES, D.D.S., P.S.	1011011113300013300-31			D Employer	91-112			
					31-112	.7000		
E Type of plan: X Single Multiple-A	Multiple-B	F Prior year pla	an size: X	100 or fewer	101-	500 More th	an 500	
								-
Part I Basic Information	Manually 12 Days 20	1 Van 20)17					
_	Month 12 Day 3	1 Year <u>20</u>) 7					
2 Assets: a Market value					. 2a		1138	861
-					2b		1138	
b Actuarial value Funding target/participant count breake				lumber of		sted Funding	(3) Total Fun	
3 Funding target/participant count break	nwok		` '	ticipants	. ,	Target	Target	ung
a For retired participants and beneficia	aries receiving payment			0		0		0
b For terminated vested participants				0		0		0
C For active participants				9		103643		103643
d Total				9		103643	,	103643
4 If the plan is in at-risk status, check the]				
a Funding target disregarding prescrib	, , ,	` ,		1	4a			
b Funding target reflecting at-risk assu	·							
at-risk status for fewer than five cons					4b			
5 Effective interest rate					5		4	.85%
6 Target normal cost					6		3602	217
Statement by Enrolled Actuary								
To the best of my knowledge, the information supplied accordance with applicable law and regulations. In my	opinion, each other assumption is rea							
combination, offer my best estimate of anticipated exp	erience under the plan.							
SIGN								
HERE						08/10/201	8	
Signa	ature of actuary					Date		
DANIEL J. VAN MIEGHEM				_		17-02290		
Type or pr	rint name of actuary				Most r	ecent enrollmer	nt number	
PYRAMID PENSION SERVICES						805-845-16		
P.O. BOX 12605	Firm name			Te	lephone	number (includ	ing area code)	
SAN DIEGO, CA 91222								
Add	lress of the firm			_				

instructions

If the actuary has not fully reflected any regulation or ruling promulgated under the statute in completing this schedule, check the box and see

Page 2 -

P	art II	Begin	ning of Year	Carryov	er and Prefunding	g Ba	alances								
			-	-					(a) C	arryover baland	се	(b) F	Prefundir	ng bala	nce
7		•	. ,		able adjustments (line 1		•				0				0
8				•	nding requirement (line		•				0				0
9	Amount r	emaining	g (line 7 minus line	8)							0		0		
10	Interest o	n line 9 ເ	using prior year's	actual retu	rn of <u>0.00</u> %						0				0
11	Prior yea	r's exces	s contributions to	be added	to prefunding balance:										
	a Presen	t value o	f excess contribut	ions (line 3	38a from prior year)									1	469
b(1) Interest on the excess, if any, of line 38a over line 38b from prior year Schedule SB, using prior year's effective interest rate of4.88\%											0				
b(2) Interest on line 38b from prior year Schedule SB, using prior year's actual															
					ar to add to prefunding ba										0
														1	469
	d Portion	of (c) to	be added to pref	unding bala	ance			•							0
12	Other rec	luctions i	n balances due to	elections	or deemed elections						0				0
13	Balance a	at beginn	ing of current yea	r (line 9 +	line 10 + line 11d – line	12)					0				0
Р	art III	Fun	ding Percenta	ages											
14	Funding t	arget att	ainment percenta	ge									14	10	9.85%
15	Adjusted	funding t	target attainment	percentage)								15	10	9.87%
16					of determining whether						to reduc	e current	16	10	1.49%
17	If the curi	rent value	e of the assets of	the plan is	less than 70 percent of	the f	unding tar	get, e	enter suc	ch percentage			17		%
P	art IV	Con	tributions an	d Liquid	ity Shortfalls										
18	Contribut	ions mad	de to the plan for t	he plan ye	ar by employer(s) and e	emplo	yees:								
(1	(a) Date MM-DD-Y		(b) Amount p employer		(c) Amount paid by employees	′	(a) (MM-D	Date D-Y		(b) Amount employe		(0	Amoui emplo		by
0	3/22/2018			400000		0									
40				_			Totals >		18(b)		4000	00 18(c)			0
19		•	•		uctions for small plan w						·				
					num required contribution						19a				0
					usted to valuation date						19b				0
20				·	red contribution for curre	nt yea	ar adjusted	to va	aluation d	ate	19c			39	5819
20	-		itions and liquidity		e prior year?						[П	Yes	X No
			_		installments for the curr								□	Yes	╡
									unieny illa	aiiiiti!	 آ		Ц	162	No
	C If line 2	∠∪a is "Ye	es," see instructio	ns and con	nplete the following tabl Liquidity shortfall as o				nis plan v	vear					
		(1) 1st	t		(2) 2nd	, onc	Ji quarter	OI U		3rd			(4) 4th		
_		·			·	_		_		·	·				·

P	art V	Assumpti	ons Used to Dete	rmine	Funding Target an	d Targ	et Normal Cost						
21	Discount	rate:											
	a Segme	ent rates:	1st segment: 4.16%		2nd segment: 5.72%		3rd segment: 6.48 %			N/A, fu	ll yie	eld cui	ve used
	b Applica	able month (er	nter code)					21	b			4	
22	Weighted	l average retire	ement age					22	!			65	
23	Mortality	table(s) (see i	instructions)	Pres	cribed - combined	Presc	ribed - separate	Sub	stitute				
Pá	art VI	Miscellane	ous Items										
24		Ū	•		arial assumptions for the c	•	•				· 1	_	es X No
25													
25	Has a me	ethod change t	been made for the curre	ent plar	n year? If "Yes," see instru	actions re	garding required attach	ment.			·····-	Ye	
26	Is the pla	n required to p	provide a Schedule of A	ctive P	articipants? If "Yes," see	instructio	ns regarding required a	ittachr	nent			Ye	es X No
27					r applicable code and see			27	,				
P	art VII	Reconcilia	ation of Unpaid M	linimu	um Required Contri	bution	s For Prior Years						
28	Unpaid m	ninimum requir	red contributions for all	prior ye	ears			28	;				0
29					unpaid minimum required o			29)				0
30	Remainin	g amount of u	inpaid minimum require	ed contr	ributions (line 28 minus line	e 29)		30)				0
Pá	art VIII	Minimum	Required Contrib	ution	For Current Year								
31	Target no	ormal cost and	d excess assets (see in	structio	ns):								
	a Target i	normal cost (li	ne 6)					31	а			3	360217
	b Excess	assets, if app	licable, but not greater	than lir	ne 31a			311	b				10219
32	Amortiza	tion installmen	its:				Outstanding Bala	nce		Ir	stal	lment	
								()				0
							_						
33					er the date of the ruling lett) and the waived am			33	1				
34	Total fund	ding requireme	ent before reflecting car	rryover/	prefunding balances (lines	s 31a - 3	1b + 32a + 32b - 33)	34				3	349998
					Carryover balance)	Prefunding balan	ice		То	tal b	alanc	e
35			se to offset funding			0		0					0
36	Additiona	l cash require	ment (line 34 minus line	e 35)				36	;			3	349998
37	Contribut	ions allocated	toward minimum requi	red con	ntribution for current year a	djusted t	o valuation date (line	37				3	395819
38			s contributions for curre										
								38	а				45821
					efunding and funding stan			381	b				0
39					ar (excess, if any, of line 36			39)				0
40	Unpaid m	ninimum requir	ed contributions for all	years				40)				0
Pa	rt IX				Pension Relief Act of			5)	•				
41	If an elect	tion was made	to use PRA 2010 fund	ing relie	ef for this plan:								
	a Schedu	ıle elected							2	plus 7 yea	rs	1	5 years
	b Eligible	plan year(s) f	or which the election in	line 41	la was made				2008	2009	20	010	2011
42	Amount o	f acceleration	adjustment					42	:				
43	Excess in	stallment acce	eleration amount to be	carried	over to future plan years.			43					

Cash Balance Plan Plan Year: 12/31/2017

Plan Number: 003

EIN: 91-1127880

Statement of Actuarial Assumptions/Methods

Schedule SB, Part V

1. Funding Method As Prescribed in IRC Section 430

2. Interest Rates for Funding 4 Lookback Months Prior to End of Plan Year

		<u>Current</u>	<u>Average</u>	<u>For Minimum</u>
Years 0-5	Segment Rate 1	1.73%	4.62%	4.16%
Years 6-20	Segment Rate 2	3.78%	6.35%	5.72%
Years Over 20	Segment Rate 3	4.69%	7.20%	6.48%

3. Mortality for Funding

Pre-Retirement None

Post-Retirement Projection Based on Projection Scale AA

and the RP-2000 Static Combined Male and Static Combined Female Mortality Table

4. Interest Rates per Internal Revenue Code 12 Lookback Months Prior to End of Plan Year

 Years 0-5
 Segment Rate 1
 2.04%

 Years 6-20
 Segment Rate 2
 4.03%

 Years > 20
 Segment Rate 3
 4.82%

5. Mortality per Internal Revenue Code

Pre-Retirement None

Post-Retirement Applicable Mortality Table from Rev. Rul. 2006-67 - Unisex

6. Interest Rates for Plan Actuarial Equivalence

Pre-Retirement 5.00% Post-Retirement 5.00%

7. Mortality for Plan Actuarial Equivalence

Pre-Retirement None

Post-Retirement Applicable Table for Plan Year under IRC 417(e)

8. Assumptions for 410(b) and 401(a)(4) Testing and Compliance

Pre-Retirement Interest 8.50%
Post-Retirement Interest 8.50%
Pre-Retirement Mortality None

Post-Retirement Mortality 1971 Group Annuity Table - Male Rates

Testing Age Normal Retirement Age
Permissively Aggregated Plans Tested as Single Plan

Note: These Assumptions are Utilized to Determine Compliance and, in Order to Pass Testing Might be Changed for This Plan Year or any Other Plan Year

9. Benefit Form for Funding Lump Sum

Assumed Retirement Age Normal Retirement Age

11. Effective Interest Rate

 This Year
 4.85%

 Last Year
 4.89%

12. Actual Interest Rate

This Year 14.28% Last Year 0.00%

Form 5500-SF

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation

Short Form Annual Return/Report of Small Employee **Benefit Plan**

This form is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA), and sections 6057(b) and 6058(a) of the Internal Revenue Code (the Code).

▶ Complete all entries in accordance with the instructions to the Form 5500-SF.

OMB Nos. 1210-0110 1210-0089

2017

This Form is Open to Public Inspection

	rt Identification Information				
For calendar plan year 2017 or	fiscal plan year beginning	01/01/2017	and ending	12/31/2	
A This return/report is for:	X a single-employer plan	a multiple-employer pla list of participating em	an (not multiemployer) ployer information in a	(Filers checking th accordance with the	is box must attach a form instructions.)
	a one-participant plan	a foreign plan			
B This return/report is	the first return/report	the final return/report			
	an amended return/report	a short plan year return	/report (less than 12 n	nonths)	
C Check box if filing under:	▼ Form 5558	automatic extension		DFVC program	m
	special extension (enter desc	cription)			
Part II Basic Plan Inf	formation—enter all requested in	nformation			
1a Name of plan				1b Three-digit	Name of the Control o
Theodore D. Haines,	D.D.S., P.S. Cash Ba	lance Plan		plan numb (PN) ▶	61 003
				1c Effective d	ate of plan
				01/01/2	
2a Plan sponsor's name (emp	ployer, if for a single-employer plan)			2b Employer I	dentification Number
Mailing address (include ro	oom, apt., suite no. and street, or P.	O. Box)	tiana)	(EIN) 91-	1127880
Theodore D. Haines	nce, country, and ZIP or foreign pos	stal code (il foreign, see insti	actions)		telephone number
111000010 21 11011100	, 2.2.2., 2.2.			360-568	
810 Avenue D				621210	code (see instructions)
				021210	
Snohomish	WA 98290-238	35			
3a Plan administrator's name	and address X Same as Plan Spo	onsor.		3b Administra	tor's EIN
				3c Administra	tor's telephone number
4 If the name and/or EIN of t this plan, enter the plan sp	the plan sponsor or the plan name boonsor's name, EIN, the plan name	has changed since the last re and the plan number from th	eturn/report filed for ne last return/report.	4b EIN	
a Sponsor's name				4d PN	
C Plan Name					
				5a	8
•	its at the beginning of the plan year			5b	8
	its at the end of the plan year			"	
lete this items	th account balances as of the end o			5c	
d(1) Total number of active p	participants at the beginning of the p	plan year			8
	participants at the end of the plan y			5d(2)	8
than 100% vested	no terminated employment during the			5e	0
Linder penalties of perium and	e or incomplete filing of this retu other penalties set forth in the instru	uctions I declare that I have	examined this return/	report, including, if	applicable, a Schedule
SB or Schedule MB completed belief, it is true, correct, and correct.	and signed by an enrolled actuary,	as well as the electronic ver	sion of this return/repo	ort, and to the bes	t of my knowledge and
SIGN X D	IAN	C/K/1/X	THEODORE HAIN	NES	
HERE Signature of plan	administrator	Date	Enter name of indiv	idual signing as pl	an administrator
SIGN					
HERE Signature of emp	oloyer/plan sponsor	Date	Enter name of indiv	ridual signing as er	nployer or plan sponsor
	tice are the Instructions for Form FF	00.05			Form 5500-SF (2017)

	Form 5500-SF 2017		Page 2			_			
	Were all of the plan's assets during the plan year invested in eligible. Are you claiming a waiver of the annual examination and report of under 29 CFR 2520.104-46? (See instructions on waiver eligibility If you answered "No" to either line 6a or line 6b, the plan cannot be a second to the plan's assets during the plan year invested in eligible.	an indepe and cond	endent qualified public a	ccount	ant (IQ	PA)			es No
С	If the plan is a defined benefit plan, is it covered under the PBGC in If "Yes" is checked, enter the My PAA confirmation number from the plan is a defined benefit plan, is it covered under the PBGC in the plan is a defined benefit plan, is it covered under the PBGC in the plan is a defined benefit plan, is it covered under the PBGC in the plan is a defined benefit plan, is it covered under the PBGC in the plan is a defined benefit plan, is it covered under the PBGC in the plan is a defined benefit plan, is it covered under the PBGC in the plan is a defined benefit plan, is it covered under the PBGC in the plan is a defined benefit plan in the plan is a defined benefit plan in the plan is a defined benefit plan in the plan in th	nsurance	program (see ERISA se	ection 4	021)?		Yes X No		etermined structions.)
Pa	rt III Financial Information	,							
7	Plan Assets and Liabilities	20.00	(a) Beginning	of Year			(b) En	d of Year	
a	Total plan assets	. 7a		100,	000				513,861
b	Total plan liabilities	7b			0				С
С	Net plan assets (subtract line 7b from line 7a)	7c		100,	000				513,861
8	Income, Expenses, and Transfers for this Plan Year		(a) Amoun	t			(b)	Total	
a	Contributions received or receivable from: (1) Employers	8a(1)		400,	000				
	(2) Participants	8a(2)			0				
	(3) Others (including rollovers)	8a(3)			0				
b	Other income (loss)	. 8b		13,	861				
C	Total income (add lines 8a(1), 8a(2), 8a(3), and 8b)	. 8c							413,861
d	Benefits paid (including direct rollovers and insurance premiums to provide benefits)	. 8d	0						
е	Certain deemed and/or corrective distributions (see instructions)	. 8e			0				
f	Administrative service providers (salaries, fees, commissions)	. 8f			0				
g	Other expenses	. 8g			0				
h	Total expenses (add lines 8d, 8e, 8f, and 8g)	. 8h							(
i	Net income (loss) (subtract line 8h from line 8c)	. 8i				413,8			413,861
j	Transfers to (from) the plan (see instructions)	8i			0				
Pa	rt IV Plan Characteristics	<u> </u>	, I						
	If the plan provides pension benefits, enter the applicable pension 1C 3H	feature c	odes from the List of Pl	an Cha	racteri	stic Co	des in the in	structions:	
b	If the plan provides welfare benefits, enter the applicable welfare	feature co	des from the List of Pla	n Chara	acteris	tic Cod	es in the ins	tructions:	
Pai	t V Compliance Questions								
10	During the plan year:				Yes	No		Amount	
a	Was there a failure to transmit to the plan any participant contributes described in 29 CFR 2510.3-102? (See instructions and DOL's Program)	Voluntary	Fiduciary Correction	10a		х			
t	Were there any nonexempt transactions with any party-in-interes reported on line 10a.)	t? (Do no	t include transactions	10b		х			
C	Was the plan covered by a fidelity bond?		10c X					400,000	
	Did the plan have a loss, whether or not reimbursed by the plan's by fraud or dishonesty?	fidelity b	bond, that was caused X						
е		her perso	ns by an insurance			х			

the plan? (See instructions.)

f Has the plan failed to provide any benefit when due under the plan?

g Did the plan have any participant loans? (If "Yes," enter amount as of year-end.)

h If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR

2520.101-3.) If 10h was answered "Yes," check the box if you either provided the required notice or one of the

exceptions to providing the notice applied under 29 CFR 2520.101-3

X

Х

Х

Х

10e

10f

10g

10h

10i

Form	5500-SF	2017

Page 3-	
i age o	

Part	VI Pension Funding Compliance				,				
11	3		Yes	No No					
11a	Enter the unpaid minimum required contributions for all years from Schedule SB (Form 5500) line 40	112	1		0				
12 Is this a defined contribution plan subject to the minimum funding requirements of section 412 of the Code or section 302 of ERISA? (If "Yes," complete line 12a or lines 12b, 12c, 12d, and 12e below, as applicable.)									
а	If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instructions, an granting the waiver. Month	d ente	er tl Day	ne date	of the le Yea	lter ruli r	ng		
lf y	you completed line 12a, complete lines 3, 9, and 10 of Schedule MB (Form 5500), and skip to line 13.	·							
b	Enter the minimum required contribution for this plan year	12	b						
	Enter the amount contributed by the employer to the plan for this plan year	12	С						
d	Subtract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the left of a negative amount)	12	d						
e	Will the minimum funding amount reported on line 12d be met by the funding deadline?			Yes	∐ No	t	₩A		
Part '	VII Plan Terminations and Transfers of Assets								
	Has a resolution to terminate the plan been adopted in any plan year?			Yes	X	No			
	If "Yes," enter the amount of any plan assets that reverted to the employer this year	138	3						
b	Were all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brought under the control of the PBGC?	e 			Yes	X N)		
С	tf, during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify the plan(s) which assets or liabilities were transferred. (See instructions.)	s) to					A		
1	3c(1) Name of plan(s): 13c(2) EIN	(s)		13	c(3) PN	i(s)		
-									
	__								

SCHEDULE SB (Form 5500)

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration

Pension Benefit Guaranty Corporation

Single-Employer Defined Benefit Plan Actuarial Information

This schedule is required to be filed under section 104 of the Employee Retirement Income Security Act of 1974 (ERISA) and section 6059 of the Internal Revenue Code (the Code).

OMB No. 1210-0110

2017

This Form is Open to Public Inspection

File as an attachmen	nt to Form 5500 or	5500-SF.			
For calendar plan year 2017 or fiscal plan year beginning 01/01/20	017	and ending)	12/31/20	17
Round off amounts to nearest dollar.					
▶ Caution: A penalty of \$1,000 will be assessed for late filing of this report unli	ess reasonable ca	use is established			
A Name of plan THEODORE D. HAINES, D.D.S., P.S. Cash Balance	e Plan	B Three-dig	ES	•	003
C Plan sponsor's name as shown on line 2a of Form 5500 or 5500-SF Theodore D. Haines, D.D.S., P.S.		D Employer 91-112788		ation Number (E	IN)
	rior year plan size:	V 100 or four	101-6	500 More th	on F00
Part I Basic Information	noi year pian size.	A 100 of fewer	☐ 101-c	ooo wore tri	an 500
	Year 2017				
1 Enter the valuation date: Month 12 Day 31 2 Assets:	Year 2017				
a Market value			2a		113,861
b Actuarial value			2b		113,861
3 Funding target/participant count breakdown	(1)	Number of articipants	(2) Ves	ted Funding	(3) Total Funding Target
a For retired participants and beneficiaries receiving payment		0	-117	0	0
b For terminated vested participants		0		0	C
C For active participants		9	103,643		103,643
d Total		9	103,643		103,643
4 If the plan is in at-risk status, check the box and complete lines (a) and (b).		П			
a Funding target disregarding prescribed at-risk assumptions			4a		
b Funding target reflecting at-risk assumptions, but disregarding transition status for fewer than five consecutive years and disregarding loading fac	rule for plans that h	nave been in at-ris	sk a.		
5 Effective interest rate					4.85%
6 Target normal cost			6		360,217
Statement by Enrolled Actuary To the best of my knowledge, the information supplied in this schedule and accompanying schedules, saccordance with applicable law and regulations. In my opinion, each other assumption is reasonable (to combination, offer my bast estimate of anticipated experience under the plan. SIGN HERE	statements and attachme aking into account the ex	ents, if any, is complete perience of the plan an	and accura d reasonab	ate. Each prescribed ble expectations) and	such other assumptions, in
Signature of actuary			-,	Date	
Daniel J. Van Mieghem		6		1702290	
Type or print name of actuary		-	Most re	ecent enrollmen	t number
Pyramid Pension Services				305-845-16	
Firm name P.O. Box 12605		Tel	ephone	number (includi	ng area code)
San Diego CA 91222				2	
Address of the firm		_			
If the actuary has not fully reflected any regulation or ruling promulgated under the instructions	e statute in complet	ting this schedule	, check t	he box and see	

	Schedu	ıle SB (F	orm 5500) 2017			Pag	e ∠ 					
P	art II	Begir	ning of Year	Carryov	ver and Prefunding Ba	alances	/) ^		ı	(1. \		b -l - · ·
7		•	0 ,		able adjustments (line 13 fro		(a) C	arryover balance	0	(b) P	refundi	ng balance 0
8				-	nding requirement (line 35 fr				0			0
9	year)										0	
10												
11												
	a Presen	t value o	of excess contributi	ions (line 3	38a from prior year)							1,469
	b(1) Interest on the excess, if any, of line 38a over line 38b from prior year Schedule SB, using prior year's effective interest rate of 4.88%										0	
	` '		•	•	edule SB, using prior year's a	actual						
					ar to add to prefunding balance							1 460
					ance							1,469
12									0			0
					or deemed electionsline 10 + line 11d – line 12)	-			0			0
	Part III		ding Percenta		mic 10 · mic 11d - mic 12)							
											14	109.85%
					.						15	109.87%
16					of determining whether carry		-				16	101.49%
17	If the curi	ent valu	e of the assets of t	the plan is	less than 70 percent of the f	funding target	, enter suc	h percentage			17	%
P	Part IV	Con	tributions and	d Liquid	lity Shortfalls							
18					ar by employer(s) and employer							
(1	(a) Date MM-DD-YY		(b) Amount pa employer((c) Amount paid by employees	(a) Da (MM-DD-)		(b) Amount pai employer(s		(с		nt paid by oyees
0	3/22/2	018	i e	00,000	0	•						
							1.50				I	
						Totals ►	18(b)	40	0,000	18(c)		0
19	Discounte	ed emplo	yer contributions -	- see instr	ructions for small plan with a	valuation date	e after the	· · ·				
	_				num required contributions f			<u> </u>	9a			0
b Contributions made to avoid restrictions adjusted to valuation date							0					
c Contributions allocated toward minimum required contribution for current year adjusted to valuation date							395,819					
20											П	Yes X No
						Yes No						
	C If line 20a is "Yes," see instructions and complete the following table as applicable:											
			,		Liquidity shortfall as of end		this plan y	/ear				
		(1) 1s	t		(2) 2nd		(3)	3rd		((4) 4th	1
									<u> </u>			

F	art V	Assumpti	ons Used to Determi	ne Funding Target and Ta	rget Normal Cost						
21	Discount	rate:									
	a Segme	ent rates:	1st segment: 4 . 16 %	2nd segment: 5.72 %	3rd segment: 6.48%		N/A, full yield curve used				
	b Applicable month (enter code)					21b	4				
22	Weighted	average retire	22	65							
23	Mortality	table(s) (see	Substitut	te							
Pa	art VI	Miscellane	ous Items								
24	Has a change been made in the non-prescribed actuarial assumptions for the current plan year? If "Yes," see instructions regarding required attachment										
25	Has a me	thod change l	been made for the current p	lan year? If "Yes," see instructions	regarding required attacl	nment	Yes X No				
26	Is the pla	n required to p	provide a Schedule of Active	e Participants? If "Yes," see instruc	ctions regarding required a	attachment	Yes X No				
27		•	_	ter applicable code and see instru		27					
Р	art VII	Reconcilia	ation of Unpaid Minii	num Required Contribution	ons For Prior Years						
28	Unpaid m	inimum requir	red contributions for all prior	years		28	0				
29				d unpaid minimum required contrib		29	0				
30				ntributions (line 28 minus line 29).		30	0				
Pa	art VIII	Minimum	Required Contribution	on For Current Year							
31	Target no	ormal cost and	d excess assets (see instruc	tions):							
	a Target r	normal cost (li	ne 6)			31a	360,217				
	b Excess	assets, if app	olicable, but not greater than	line 31a		31b	10,219				
32	Amortizat	ion installmen	nts:		Outstanding Bala	ince	Installment				
	a Net sho	ortfall amortiza	ation installment			0	0				
33				nter the date of the ruling letter gra) and the waived amount		33					
34	Total fund	ding requireme	ent before reflecting carryov	er/prefunding balances (lines 31a	- 31b + 32a + 32b - 33)	34	349,998				
				Carryover balance	Prefunding balar	nce	Total balance				
35			se to offset funding		0	0	0				
36	Additiona	l cash require	ment (line 34 minus line 35)		1	36	349,998				
37				contribution for current year adjuste		37	395,819				
38	Present v	alue of excess	s contributions for current ye	ear (see instructions)							
a Total (excess, if any, of line 37 over line 36)							45,821				
b Portion included in line 38a attributable to use of prefunding and funding standard carryover balances							0				
39						39	0				
40 Unpaid minimum required contributions for all years							0				
Pa	Part IX Pension Funding Relief Under Pension Relief Act of 2010 (See Instructions)										
41	41 If an election was made to use PRA 2010 funding relief for this plan:										
							2 plus 7 years 15 years				
	b Eligible	plan year(s) f	200	08 2009 2010 2011							
42	Amount o	f acceleration	adjustment			42					
43	3 Excess installment acceleration amount to be carried over to future plan years										

Cash Balance Plan

Plan Number: 003 Effective Interest Rate: 4.85%

EIN: 91-1127880 Penalty Rate: n/a

2017 Schedule SB, Line 19 - Discounted Employer Contributions

Valuation Date: 12/31/2017

		Quarterly (Contributions Di	scounted to Valu	ation date	Additional	Total Discounted
Date	Contribution	04/15/2017	07/15/2017	10/15/2017	01/15/2018	Contribution	Contribution
03/22/2018	400.000.00	0.00	0.00	0.00	0.00	395.818.91	395.818.91

Total 395,818.91

Cash Balance Plan

Plan Number: 003

EIN: 91-1127880

2017 Schedule SB, Line 22 - Description of Weighted Average Retirement Age

Valuation Date: 12/31/2017

The age reported is the average of the assumed retirement ages for all active participants as of the valuation date rounded to the nearest whole age. For an active late retiree, the assumed age may be later than the Plan's normal retirement age. Each participant's rate of retirement is assumed to be 100% of their assumed retirement age.

Cash Balance Plan

Plan Number: 003

EIN: 91-1127880

Summary of Plan Provisions

Schedule SB, Part V

Plan Year: 12/31/2017

Plan Effective Date January 01, 2016
 Valuation Date December 31, 2017

3. Plan Year From January 01 to December 31

4. Eligibility All Employees not Excluded by Class are eligible to enter on the

January 01 or July 01 Coincident with or Next Following

the Completion of the Following Requirements:

12 Months of Service Attainment of Age 21

Union Employees and Non-Resident Aliens are Excluded.

5. Normal Retirement Age All Participants are Eligible to Retire on the Later of:

Attainment of Age 65

Completion of 5 Years of Participation

6. Normal Retirement Benefit A benefit based upon the Actuarial Equivalent of a Notional Account Balance at Normal Retirement with 5.0% Notional Interest credited to the following annual rate of contributions.

The Following Percent of Compensation limited as Indicated by the Dollar Amount

Group	% of Comp		\$ Amount
Group 1	112.00%	Maximum	\$300,000.00
Group 2	2.00%	Maximum	\$700.00
Group 3	100.00%	Maximum	\$36,000.00
Group 4	100.00%	Maximum	\$49,000.00
Group 5	0.00%	Maximum	\$0.00

7. Years Excluded Years Prior to a Participant's Entry Date are Excluded

8. Normal Form Of Benefit An Annuity Payable for the Life of the Participant

9. Termination BenefitsUpon Termination of Participation for a Reason other than Death, Disability or Retirement, a Participant is Entitled to a Portion of the Earned to Date

Actuarial Equivalent of the Accrued Benefit in Accordance with

the Following Vesting Schedule:

Credited	Vested				
Years	Percent				
1	0				
2	0				
3	100				
4	100				
5	100				
6	100				

Credited Years are Plan Years Excluding the Followiing:

Years with Less Than 1000 Hours

10. Death Benefit 100% of the Actuarial Equivalent of the Accrued Benefit Earned to the Date of Death