## Form 5500-SF

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation

## Short Form Annual Return/Report of Small Employee Benefit Plan

This form is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA), and sections 6057(b) and 6058(a) of the Internal Revenue Code (the Code).

▶ Complete all entries in accordance with the instructions to the Form 5500-SF.

2046

2016

OMB Nos. 1210-0110

1210-0089

This Form is Open to Public Inspection

Part I	Annual Report	t Identification Information	1						
For calenda	ar plan year 2016 or f	iscal plan year beginning 01/01/	2016	and ending 1	2/31/2016				
A This ret	urn/report is for:	X a single-employer plan	a multiple-employer plan (not multiemployer) (Filers checking this box must attach a list of participating employer information in accordance with the form instructions.)						
71 11010	u, open ie ie	a one-participant plan	a foreign plan			,			
<b>B</b> This retu	ırn/report is	the first return/report	the final return/report						
an amended return/report a short plan year return/report (less than 12 months)									
C Check I	oox if filing under:	Form 5558  special extension (enter desc	automatic extensio	n	DFVC program				
Part II	Rasic Plan Info	ormation—enter all requested in	• ,						
1a Name	of plan	FIT SHARING PLAN	iomation		1b Three-digit plan number (PN)	001			
					1c Effective dat	e of plan I/01/2008			
Mailing	address (include roo	oyer, if for a single-employer plan) om, apt., suite no. and street, or P.0				entification Number 6-1594435			
•	town, state or provin HMAN CPA PC	ce, country, and ZIP or foreign pos	tal code (if foreign, see ir	nstructions)	<b>2c</b> Sponsor's telephone number 631-475-2750				
40.0.005.48	. A. V. (E.	40.0.00	- ^ > / - > / -		2d Business code (see instructions)				
10 S OCEAN PATCHOGU	E, NY 11772-3747	10 S OCE PATCHO	GUE, NY 11772-3747		54	11211			
3a Plan a	dministrator's name a	and address X Same as Plan Spo	nsor.		<b>3b</b> Administrato	r's EIN			
4 If the r	name and/or FIN of th	ne plan sponsor has changed since	the last return/report file	d for this plan, enter the	3c Administrato	's telephone number			
name	EIN, and the plan nu	imber from the last return/report.	and last return report me	a for this plan, enter the					
Sponsor's name  Total number of participants at the beginning of the plan year				4c PN 5a					
		s at the end of the plan year			5b				
C Number of participants with account balances as of the end of the plan year (only defined contribution plans complete this item)				5c					
d(1) Total number of active participants at the beginning of the plan year				5d(1)					
d(2) Total number of active participants at the end of the plan year				5d(2)					
than	100% vested	t terminated employment during the			5e				
Under pena SB or Sche	alties of perjury and o	or incomplete filing of this retur ther penalties set forth in the instru- and signed by an enrolled actuary, nolete.	ctions, I declare that I ha	ive examined this return/re	eport, including, if ap	plicable, a Schedule			
SIGN		I/valid electronic signature.	11/12/2018	STEVEN REHMAN					
HERE	Signature of plan	administrator	Date	Enter name of individ	dual signing as plan	administrator			
SIGN HERE									
		re of employer/plan sponsor  Date  Enter name of individual signing as employed by the property of the propert							
Preparer's name (including firm name, if applicable) and address (include room or suite number )  STEVEN REHMAN  STEVEN REHMAN CRA RC					Preparer's telephone number 631-475-2750				

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<b>6a</b> Were all of the plan's assets during the plan year invested in eligil	ble assets?	(See instructions.)						X Ye	es No
<b>b</b> Are you claiming a waiver of the annual examination and report of an independent qualified public accountant under 29 CFR 2520.104-46? (See instructions on waiver eligibility and conditions.)								X Ye	es 🗌 No
If you answered "No" to either line 6a or line 6b, the plan can		,						ш	
c If the plan is a defined benefit plan, is it covered under the PBGC i	insurance p	orogram (see ERISA se	ection 4	021)?		Yes	X No	Not de	termined
Part III Financial Information									
7 Plan Assets and Liabilities		(a) Beginning	of Year			(	(b) End	of Year	
a Total plan assets	7a		381343	3				40200	)9
<b>b</b> Total plan liabilities	7b								
C Net plan assets (subtract line 7b from line 7a)	7c		381343	3				40200	09
8 Income, Expenses, and Transfers for this Plan Year		(a) Amour	nt		(b) Total				
Contributions received or receivable from:     Contributions received or receivable from:	0-(4)		12411						
(1) Employers	8a(1)								
(2) Participants	8a(2)								
b Other income (loss)	8a(3) 8b		12279	)					
<b>c</b> Total income (add lines 8a(1), 8a(2), 8a(3), and 8b)	8c							2469	90
d Benefits paid (including direct rollovers and insurance premiums	00								
to provide benefits)	8d		4024						
<b>e</b> Certain deemed and/or corrective distributions (see instructions).	8e								
f Administrative service providers (salaries, fees, commissions)	8f								
<b>g</b> Other expenses	8g								
h Total expenses (add lines 8d, 8e, 8f, and 8g)	8h							402	
Net income (loss) (subtract line 8h from line 8c)	8i							2066	06
j Transfers to (from) the plan (see instructions)	8j								
Part IV Plan Characteristics									
<b>9a</b> If the plan provides pension benefits, enter the applicable pension 2E	n feature co	odes from the List of Pl	an Cha	racteri	stic Co	des in	the inst	ructions:	
<b>b</b> If the plan provides welfare benefits, enter the applicable welfare	feature cod	les from the List of Pla	n Char	acteris	tic Coc	les in t	he instr	uctions:	
Part V Compliance Questions									
10 During the plan year:				Yes	No	N/A		Amoun	t
a Was there a failure to transmit to the plan any participant contrib									
described in 29 CFR 2510.3-102? (See instructions and DOL's Program)			10a		X				
<b>b</b> Were there any nonexempt transactions with any party-in-interest	st? (Do not	include transactions			Х				
reported on line 10a.)			10b		X				
<ul><li>Was the plan covered by a fidelity bond?</li><li>Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused</li></ul>			10c						
by fraud or dishonesty?	<b>d</b> Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesty?				X				
Were any fees or commissions paid to any brokers, agents, or of carrier, insurance service, or other organization that provides sor									
the plan? (See instructions.)		10e		X					
f Has the plan failed to provide any benefit when due under the plan?			10f		X				
<b>g</b> Did the plan have any participant loans? (If "Yes," enter amount as of year-end.)			10g		X				
h If this is an individual account plan, was there a blackout period? 2520.101-3.)			10h		X				
i If 10h was answered "Yes," check the box if you either provided	the require	d notice or one of the							
exceptions to providing the notice applied under 29 CFR 2520.10	υI-3		10i	]					

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Part	VI P	ension Funding Compliance						
11		a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and of 5500) and line 11a below)					\	′es 🔀 No
11a	Enter	the unpaid minimum required contributions for all years from Schedule SB (Form 5500) line 40			11a			
12 Is this a defined contribution plan subject to the minimum funding requirements of section 412 of the Code or section ERISA?								′es 🔀 No
a	If a wa	es," complete line 12a or lines 12b, 12c, 12d, and 12e below, as applicable.) iver of the minimum funding standard for a prior year is being amortized in this plan year, see ins		ns, and	d enter t	the date	of the lette	r ruling
		ng the waiver			_ Day	<u>/</u>	Year _	
		mpleted line 12a, complete lines 3, 9, and 10 of Schedule MB (Form 5500), and skip to line			12b			
<u> </u>	Enter th	ne minimum required contribution for this plan year						
		ne amount contributed by the employer to the plan for this plan year			12c			
d		ct the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the ve amount)			12d			
<u>e</u>	Will th	e minimum funding amount reported on line 12d be met by the funding deadline?				Yes	No	N/A
Part	VII F	Plan Terminations and Transfers of Assets						
13a	Has a	resolution to terminate the plan been adopted in any plan year?				Ye	s X N	0
	If "Yes	," enter the amount of any plan assets that reverted to the employer this year			13a			
b		all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brough		er the		Yes X No		
С		ng this plan year, any assets or liabilities were transferred from this plan to another plan(s), ident assets or liabilities were transferred. (See instructions.)	ify the p	olan(s)	) to			
	1 <b>3c(1)</b> N	lame of plan(s):		13c(2)	EIN(s)		<b>13c(3)</b> PN(s)	
Part	VIII	Trust Information			1			
14a	Name o	f trust			14b <sup>-</sup>	Trust's I	EIN	
14c	Name o	of trustee or custodian					's or custod ne number	ian's
Par	t IX	IRS Compliance Questions						
15a	Is the p	olan a 401(k) plan? If "No," skip b		Yes			X No	
			gn-based "Prior year" ADP harbor test			ear" ADP		
				"Curre	ent year test	,,	N/A	
16a What testing method was used to satisfy the coverage requirements under section 410(b) for the plan year? Check all that apply:			entage Average N/A benefit test N/A					
<b>16b</b> Did the plan satisfy the coverage and nondiscrimination requirements of sections 410(b) and 401(a)(4) for the plan year by combining this plan with any other plan under the permissive aggregation rules?				No				
17a If the plan is a master and prototype plan (M&P) or volume submitter plan that received a favorable IRS opinion letter or advisory letter, enter the date of the letter/								
17b	If the p	lan is an individually-designed plan that received a favorable determination letter from the IRS, e/	nter the	date	of the m	nost rec	ent determi	nation
18	Were a	d Benefit Plan or Money Purchase Pension Plan Only: any distributions made during the plan year to an employee who attained age 62 and had not sep ?		from	Ye	s	No	
19	Was ar	ny plan participant a 5% owner who had attained at least age 70 ½ during the prior plan year?			Ye	s	No	