## **Form 5500-SF**

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation Short Form Annual Return/Report of Small Employee Benefit Plan

This form is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA), and sections 6057(b) and 6058(a) of the Internal Revenue Code (the Code).

▶ Complete all entries in accordance with the instructions to the Form 5500-SF.

OMB Nos. 1210-0110 1210-0089

2018

This Form is Open to Public Inspection

Part I	Annual Repor	t Identification Information	1						
For calend	ar plan year 2018 or	fiscal plan year beginning 01/01/	2019	and ending 0	1/29/2019				
A This ref	turn/report is for:	X a single-employer plan		plan (not multiemployer) ( employer information in ac					
		a one-participant plan	a foreign plan						
<b>B</b> This retu	urn/report is	the first return/report	X the final return/report						
		an amended return/report	X a short plan year ret						
<b>C</b> Check	box if filing under:	Form 5558	automatic extension	า	am				
		special extension (enter desc	cription)						
Part II	Basic Plan Inf	ormation—enter all requested in	nformation						
1a Name	of plan	ICES, PC 401(K) PLAN TRUST			<b>1b</b> Three-dig plan num (PN) ▶	•			
					1c Effective	date of plan 01/01/1996			
2a Plan s	ponsor's name (emp	loyer, if for a single-employer plan)			<b>2b</b> Employer	Identification Number			
,	•	om, apt., suite no. and street, or P. nce, country, and ZIP or foreign pos	,	etructions)	(EIN)	11-3145579			
-	PHYSICIANS SERV		tar code (ii foreign, see in	structions)		s telephone number 16-747-4616			
					2d Business	code (see instructions)			
300 OLD CC SUITE 202	OUNTRY ROAD					621399			
MINEOLA, N	IY 11501								
3a Plan a	dministrator's name	and address 🛛 Same as Plan Spo	onsor.		<b>3b</b> Administra	ator's EIN			
					3c Administr	ator's telephone number			
					JC Administra	ator s telepriorie number			
		he plan sponsor or the plan name hoonsor's name, EIN, the plan name			4b EIN				
	or's name	oneer e name, En i, me plan name	and the plan number non	, the last return properti	4d PN				
C Plan N	lame								
<b>5a</b> Total	number of participan	ts at the beginning of the plan year			5a	28			
<b>b</b> Total	number of participan	ts at the end of the plan year			5b	0			
		h account balances as of the end of			5c	0			
	,	participants at the beginning of the p			5d(1)	0			
<b>d(2)</b> Tot	al number of active p	participants at the end of the plan ye	ear		5d(2)	0			
		no terminated employment during th	' '		5e	0			
Caution: A	A penalty for the lat	e or incomplete filing of this retu	n/report will be assesse	ed unless reasonable ca					
SB or Sche		other penalties set forth in the instruand signed by an enrolled actuary, mplete.							
SIGN	Filed with authorize	ed/valid electronic signature.	01/29/2019	ANTHONY VIOLA	HONY VIOLA				
HERE	Signature of plan	administrator	Date	Enter name of individ	ual signing as pl	an administrator			
SIGN									
HERE	Signature of emp	loyer/plan sponsor	Date	Enter name of individ	ual signing as er	mployer or plan sponsor			

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<b>b</b> Are	you old in ing a warver or the annual examination and report of t	an indenei	Were all of the plan's assets during the plan year invested in eligible assets? (See instructions.)						
und	under 29 CFR 2520.104-46? (See instructions on waiver eligibility and conditions.)								
-	If you answered "No" to either line 6a or line 6b, the plan cannot use Form 5500-SF and must instead use Form 5500.								
<b>c</b> If the plan is a defined benefit plan, is it covered under the PBGC insurance program (see ERISA section 4021)? ☐ Yes ☐ No ☐									
If "	Yes" is checked, enter the My PAA confirmation number from the	e PBGC p	remium filing for this pl	an yea	r			(See instructions.)	
Part II	II Financial Information								
<b>7</b> Pla	n Assets and Liabilities		(a) Beginning o	of Year			(b) End	of Year	
<b>a</b> Tot	al plan assets	7a	134	47056				0	
<b>b</b> Tot	al plan liabilities	7b							
C Net	t plan assets (subtract line 7b from line 7a)	7с	134	47056			0		
8 Inc	ome, Expenses, and Transfers for this Plan Year		(a) Amoun	t			(b) <sup>-</sup>	Total	
	ntributions received or receivable from: Employers	8a(1)							
(2)	Participants	8a(2)							
(3)	Others (including rollovers)	8a(3)							
<b>b</b> Oth	ner income (loss)	8b	3	31976					
<b>C</b> Tot	al income (add lines 8a(1), 8a(2), 8a(3), and 8b)	8c						31976	
	nefits paid (including direct rollovers and insurance premiums provide benefits)	8d	137	1379032					
<b>e</b> Cei	rtain deemed and/or corrective distributions (see instructions) $\dots$	8e							
<b>f</b> Adr	dministrative service providers (salaries, fees, commissions) 8f								
<b>g</b> Oth	Other expenses								
<b>h</b> Tot	Total expenses (add lines 8d, 8e, 8f, and 8g)							1379032	
	t income (loss) (subtract line 8h from line 8c)	8i						-1347056	
<b>j</b> Tra	Insfers to (from) the plan (see instructions)	8j							
Part I\	V Plan Characteristics								
	the plan provides pension benefits, enter the applicable pension A 2E 2J 2K 2F 2G 2R 3D	feature co	odes from the List of Pla	an Cha	racteri	stic Co	des in the ins	tructions:	
<b>b</b> If t	the plan provides welfare benefits, enter the applicable welfare fe	eature cod	des from the List of Plan	n Chara	acterist	tic Cod	es in the instr	ructions:	
Part V	Compliance Questions								
<b>10</b> D	uring the plan year:				Yes	No		Amount	
	as there a failure to transmit to the plan any participant contribu								
	described in 29 CFR 2510.3-102? (See instructions and DOL's V	,	,	10a		X			
	/ere there any nonexempt transactions with any party-in-interest			Tou					
	eported on line 10a.)			10b		X			
	Vas the plan covered by a fidelity bond?			10c	X			200000	
<b>d</b> D	d Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesty?					X			
	Vere any fees or commissions paid to any brokers, agents, or other arrier, insurance service, or other organization that provides som								
th	the plan? (See instructions.)					X			
	as the plan failed to provide any benefit when due under the plan			10f 10g		X			
						X			
25	h If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3.)								
	10h was answered "Yes," check the box if you either provided the xceptions to providing the notice applied under 29 CFR 2520.10	•		10i					

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Part	VI Pension Funding Compliance					
11	Is this a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and cor (Form 5500) and line 11a below)			В	. Y	es 🗌 No
11a	Enter the unpaid minimum required contributions for all years from Schedule SB (Form 5500) line 40		11a			
12	Is this a defined contribution plan subject to the minimum funding requirements of section 412 of the Cod ERISA?	e or section	n 302 of		. Y	es X No
	(If "Yes," complete line 12a or lines 12b, 12c, 12d, and 12e below, as applicable.)					
а	If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instrugranting the waiver		d enter t Day		of the letter Year _	ruling
lf :	ou completed line 12a, complete lines 3, 9, and 10 of Schedule MB (Form 5500), and skip to line 13					
b	Enter the minimum required contribution for this plan year		12b			
С	Enter the amount contributed by the employer to the plan for this plan year		12c			
d	Subtract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the left negative amount)	of a	12d			
е	Will the minimum funding amount reported on line 12d be met by the funding deadline?			Yes	No	N/A
Part '	VII Plan Terminations and Transfers of Assets					
13a	Has a resolution to terminate the plan been adopted in any plan year?			X Yes	. No	)
	If "Yes," enter the amount of any plan assets that reverted to the employer this year		13a			(
b	Were all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brought control of the PBGC?			X Yes	No	
С	If, during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify which assets or liabilities were transferred. (See instructions.)	the plan(s)	) to			
1	3c(1) Name of plan(s):	13c(2)	EIN(s)		13c(3)	PN(s)

## Form 5500-SF

Department of the Treasury tniernal Revenue Service

Department of Labor Employee Benefits Security Administration Pension Bensits Guaranty Corporation

## Short Form Annual Return/Report of Small Employee Benefit Plan

This form is required to be filed under sections 104 and 4085 of the Employee Refirement Income Security Act of 1974 (ERISA), and sections 6057(b) and 6058(a) of the Internal Revenue Code (the Code).

Complete all entries in accordance with the instructions to the Form 5500-8F.

OMB Nos. 1210-0110 1210-0089

2018

This Form is Open to Public Inspection

Part I	Annual Repor	rt Identification Information	accordance with the Ins	tructions to the Form 5	500-8F.					
For calend	dar plan year 2018 or	fiscal plan year beginning	01/01/2019	and ending	017	0.0/0.00				
	A This return/report is for:    A This return/report is for:									
		a one-participant plan	ccordance w	rith the form instructions.)						
B This re	turn/report is	the first return/report	the first return/report							
_		an amended return/report	X a short plan year retu	ım/report (less than 12 m	: months)					
C Check	box if filing under:	Form 5558	automatic extension		DFVC p	rogram				
David III	I David Bill 1 d	special extension (enter descr			_					
Part II	_ Basic Plan int	ormation—enter all requested inf	omation							
	ar proces	ns Services, PC 401(k	) Plan Trust		1b Three plan (PN)	number				
					1c Effective date of plan 01/01/1996					
2a Plan s Mailin	ponsor's name (emp	oyer, if for a single-employer plan) om, apt., suite no. and street, or P.O	Boyl		2b Empl	oyer Identification Number				
City o	r town, state or provir	ice, country, and ZIP or foreign posta	el code (if foreign, see ins	tructions)		11-3145579				
Made	omma Enysicia	ns Services, PC			516	sor's telephone number -747-4616				
300	Old Country te 202	Road			2d Business code (see instructions)					
Mine		NY 1150	9							
		1100	-		621399					
3a Plan administrator's name and address X Same as Plan Sponsor.						3b Administrator's EIN				
					3c Admi	nistrator's telephone number				
una p	ızın, enter the plan sp	ne plan sponsor or the plan name ha onsor's name, EIN, the plan name a	s changed since the last nd the plan number from	return/report filed for the last return/report.	4b EIN	<del>, , , , , , , , , , , , , , , , , , , </del>				
a Spons C Plan N	sor's name		•		4d PN					
5a Total	number of participant	s at the beginning of the plan year			5a	28				
b Total	number of participant	s at the end of the plan year		1	5b					
G Numb	er of participants with	account balances as of the end of t	he nien veer (ante defina	f contribution stone	5c	0				
d(1) Tot	al number of active p	articipants at the beginning of the pla	ın year		5d(1)					
d(2) Total number of active participants at the end of the plan year					5d(2)					
Number of participants who terminated employment during the plan year with accrued benefits that were less than 100% vested										
Under pen	alties of pertury and o	ther penalties set forth in the inclure	tions I decise that I have	unless reasonable cau		lished.				
	edule MB completed true, correct, and con		5 well as the electronic ve	raion of this return/report	, and to the	best of my knowledge and				
SIGN HERE		2	1/24/14	Anthony Viola						
	Signature of plan	administrator	Date	Enter name of individu	nal signing e	s plan administrator				
SIGN HERE			1/29/19	Anthony Viola						
	Signature of empl	oyer/plan sponsor	Date	Enter name of Individu	of Individual signing as employer or plan soonsor					

	Were all of the plan's assets during the plan year invested in eligible assets? (See instructions.)  Are you claiming a waiver of the annual examination and report of an independent qualified public accountant (IQPA) under 29 CFR 2520.104-46? (See instructions on waiver eligibility and conditions.)										
С	If the plan is a defined benefit plan, is it covered under the PBGC in If "Yes" is checked, enter the My PAA confirmation number from the	nsurance	orogram (see ERISA se	ection 4	021)?		Yes 🗌 No	Not determined . (See instructions.)			
Par	t III Financial Information										
7	Plan Assets and Liabilities		(a) Beginning	of Year			(b) End	d of Year			
а	Total plan assets	7a		347,				(			
b	Total plan liabilities	7b									
С	Net plan assets (subtract line 7b from line 7a)	7c	1,	347,	056			(			
8	Income, Expenses, and Transfers for this Plan Year	9-1-1	(a) Amoun	ıt			(b)	Total			
а	Contributions received or receivable from: (1) Employers	8a(1)	177.5								
	(2) Participants	8a(2)									
	(3) Others (including rollovers)	8a(3)			$\neg$						
b	Other income (loss)	8b		31,	976						
С	Total income (add lines 8a(1), 8a(2), 8a(3), and 8b)	8c						31,976			
	Benefits paid (including direct rollovers and insurance premiums to provide benefits)	8d	1,	379,	032		Halley				
е	Certain deemed and/or corrective distributions (see instructions)	8e					317				
f_	Administrative service providers (salaries, fees, commissions)	8f									
g	Other expenses	8g				H					
h	Total expenses (add lines 8d, 8e, 8f, and 8g)	8h					1,379,03				
i_	Net income (loss) (subtract line 8h from line 8c)	8i				-1,347,05					
j	Transfers to (from) the plan (see instructions)	8j		100							
Par	t IV Plan Characteristics										
9a	If the plan provides pension benefits, enter the applicable pension 2A 2E 2J 2K 2F 2G 2R 3D	feature co	odes from the List of Pl	an Cha	racteri	stic Cod	es in the ins	structions:			
b	If the plan provides welfare benefits, enter the applicable welfare for	eature cod	les from the List of Pla	n Chara	cteris	tic Code	s in the inst	ructions:			
Par	t V Compliance Questions										
10	During the plan year:				Yes	No		Amount			
а	Was there a failure to transmit to the plan any participant contribu described in 29 CFR 2510.3-102? (See instructions and DOL's V Program)	oluntary F	iduciary Correction	10a		х					
b	Were there any nonexempt transactions with any party-in-interest reported on line 10a.)	? (Do not	include transactions	10b		х					
C				10c	Х			200,000			
d	Did the plan have a loss, whether or not reimbursed by the plan's by fraud or dishonesty?	fidelity bo	nd, that was caused	10d		х		·			
е	Were any fees or commissions paid to any brokers, agents, or oth carrier, insurance service, or other organization that provides som the plan? (See instructions.)	ner persor ne or all of	s by an insurance the benefits under	10e		х					
f	Has the plan failed to provide any benefit when due under the pla	n?		10f		Х					
g	Did the plan have any participant loans? (If "Yes," enter amount a			10g		Х					
n	If this is an individual account plan, was there a blackout period? 2520.101-3.)			10h		х					
	If 10h was answered "Yes," check the box if you either provided the exceptions to providing the notice applied under 29 CFR 2520.10	ne require 1-3	d notice or one of the	10i							

	Form 5500-SF (2018) Page <b>3</b> -									
Part	VI	Pension Funding Compliance								
11	Is this a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and complete Schedule SB (Form 5500) and line 11a below)									
11a	11a Enter the unpaid minimum required contributions for all years from Schedule SB (Form 5500) line 40									
12										
		"Yes," complete line 12a or lines 12b, 12c, 12d, and 12e below, as applicable.)								
	gra	waiver of the minimum funding standard for a prior year is being amortized in this plan year, see in nting the waiver.	Month	d enter t Da		of the le		uling		
<u> f</u>	you	completed line 12a, complete lines 3, 9, and 10 of Schedule MB (Form 5500), and skip to line	13.							
b	Ente	er the minimum required contribution for this plan year		12b						
		er the amount contributed by the employer to the plan for this plan year		12c						
d 		otract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the pative amount)		12d						
е	Wil	I the minimum funding amount reported on line 12d be met by the funding deadline?			Yes	No		N/A		
Part	VII	Plan Terminations and Transfers of Assets								
13a	Has	s a resolution to terminate the plan been adopted in any plan year?			X Yes		No			
		Yes," enter the amount of any plan assets that reverted to the employer this year		13a				0		
b	<b>b</b> Were all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brought under the control of the PBGC?							No		
C	lf, c	during this plan year, any assets or liabilities were transferred from this plan to another plan(s), ider ich assets or liabilities were transferred.								
•	13c(1) Name of plan(s): 13c(2) EIN(s)							N(s)		