Form 5500-SF

Department of the Treasury Internal Revenue Service

Employee Benefits Security Administration Pension Benefit Guaranty Corporation

Department of Labor

Short Form Annual Return/Report of Small Employee **Benefit Plan**

This form is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA), and sections 6057(b) and 6058(a) of the Internal Revenue Code (the Code).

▶ Complete all entries in accordance with the instructions to the Form 5500-SF.

OMB Nos. 1210-0110 1210-0089

2018

This Form is Open to **Public Inspection**

Parti	Annual Repor	i identification information								
For calend	ar plan year 2018 or	fiscal plan year beginning 01/01/2	2018	and ending 12	/31/2018					
A This re	turn/report is for:	X a single-employer plan	a multiple-employer plan (not multiemployer) (Filers checking this box must attach a list of participating employer information in accordance with the form instructions.)							
D		a one-participant plan	a foreign plan							
B This ret	urn/report is	the first return/report	the final return/report							
		an amended return/report	a short plan year retu	rn/report (less than 12 mo	months)					
C Check	box if filing under:	Form 5558	automatic extension	[DFVC program	m				
		special extension (enter desc	ription)							
Part II	Basic Plan Inf	ormation—enter all requested in	formation							
1a Name		-			1b Three-digi	t				
	•	FIT SHARING PLAN			plan numb					
					(PN) ▶	001				
					1c Effective d	ate of plan				
					04/01/1974					
2a Plan s	ponsor's name (empl	oyer, if for a single-employer plan)			2b Employer I	dentification Number				
Mailin	g address (include roo	om, apt., suite no. and street, or P.0			(EIN) 11-2322731					
		ce, country, and ZIP or foreign pos	tal code (if foreign, see ins	tructions)	2c Sponsor's telephone number					
STANLEY KASOW DDS PC						718-899-0581				
					2d Business code (see instructions)					
77-01 30TH	AVENUE	77-01 30	TH AVENUE							
	IEIGHTS, NY 11370		N HEIGHTS, NY 11370		621210					
3a Plan a	idministrator's name a	and address 🛛 Same as Plan Spo	nsor.		3b Administrator's EIN					
				3c Administrator's telephone number						
4 If the	nama and/or EIN of th	ne plan sponsor or the plan name h	as changed since the last	roturn/roport filed for	4b EIN					
		onsor's name, EIN, the plan name a			4D EIN					
	sor's name	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,			4d PN					
C Plan N	Name									
5a Total number of participants at the beginning of the plan year					5a	5				
b Total number of participants at the end of the plan year					5b	5				
Number of participants with account balances as of the end of the plan year (only defined contribution plans complete this item)				·	5c	5				
d(1) Total number of active participants at the beginning of the plan year					5d(1)	5				
d(2) Total number of active participants at the end of the plan year					5d(2)	5				
Number of participants who terminated employment during the plan year with accrued benefits that were less than 100% vested					5e	0				
		or incomplete filing of this retur			se is establishe	2 d				
		other penalties set forth in the instru								
SB or Schedule MB completed and signed by an enrolled actuary, as well as the electronic version of this return/report, and to the best of my knowledge and										
belief, it is	true, correct, and con	nplete.		1						
SIGN HERE	Filed with authorized	d/valid electronic signature.	05/03/2019	STANLEY KASOW	TANLEY KASOW					
TILKE	Signature of plan	administrator	Date	Enter name of individual signing as plan administrator						
SIGN										
HERE	Signature of empl	oyer/plan sponsor	Date	Enter name of individu	lividual signing as employer or plan sponsor					

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	Were all of the plan's assets during the plan year invested in eligible assets? (See instructions.)									
С	If you answered "No" to either line 6a or line 6b, the plan cann If the plan is a defined benefit plan, is it covered under the PBGC in If "Yes" is checked, enter the My PAA confirmation number from th	ot use Fo nsurance p	rm 5500-SF and mus	t instea ection 4	ad use 021)?	Form	n 5500.] Yes			
Pai	t III Financial Information									
7	Plan Assets and Liabilities		(a) Beginning	of Year		(b) End of Year				
а	Total plan assets	7a		3148913			2817951			
b	Total plan liabilities	7b								
C	Net plan assets (subtract line 7b from line 7a)	7c	31	48913		2817951				
8	Income, Expenses, and Transfers for this Plan Year		(a) Amoun	(a) Amount			(b) Total			
a	Contributions received or receivable from: (1) Employers	8a(1)		0						
	(2) Participants	8a(2)								
	(3) Others (including rollovers)	8a(3)								
b	Other income (loss)	8b	-1:	36133						
	Total income (add lines 8a(1), 8a(2), 8a(3), and 8b)	8c				-136133				
	Benefits paid (including direct rollovers and insurance premiums to provide benefits)	8d	1	194829						
	Certain deemed and/or corrective distributions (see instructions)	8e								
f	Administrative service providers (salaries, fees, commissions)	8f								
<u>g</u>	Other expenses	8g								
	Total expenses (add lines 8d, 8e, 8f, and 8g)	8h				194829				
	Net income (loss) (subtract line 8h from line 8c)							-330962		
	Transfers to (from) the plan (see instructions)	8j								
_	t IV Plan Characteristics		1 (11 11 (17)	01		0	1 1 1 1			
9a 	If the plan provides pension benefits, enter the applicable pension 2E 3D									
b	If the plan provides welfare benefits, enter the applicable welfare for	eature cod	les from the List of Pla	n Chara	acteris	tic Co	des in the ins	tructions:		
Par	t V Compliance Questions									
10	During the plan year:				Yes	No		Amount		
а	Was there a failure to transmit to the plan any participant contributions within the time period described in 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fiduciary Correction Program)			10a		X				
b	Were there any nonexempt transactions with any party-in-interest? (Do not include transactions reported on line 10a.)			10b		X				
С	Was the plan covered by a fidelity bond?			10c	X			350000		
d	d Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesty?			10d		X				
е	Were any fees or commissions paid to any brokers, agents, or other persons by an insurance carrier, insurance service, or other organization that provides some or all of the benefits under the plan? (See instructions.)			10e		X				
f	f Has the plan failed to provide any benefit when due under the plan?					Χ				
g	g Did the plan have any participant loans? (If "Yes," enter amount as of year-end.)					X				
h	h If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3.)			10h		X				
i	If 10h was answered "Yes," check the box if you either provided the exceptions to providing the notice applied under 29 CFR 2520.10	•		10i						

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Part	VI Pension Funding Compliance					
11	Is this a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and complete Sc (Form 5500) and line 11a below)		В	Yes 🛚 N	Ю	
11a	Enter the unpaid minimum required contributions for all years from Schedule SB (Form 5500) line 40	11a				
12	Is this a defined contribution plan subject to the minimum funding requirements of section 412 of the Code or section ERISA?		f	Yes 🛛 N	Ю	
	(If "Yes," complete line 12a or lines 12b, 12c, 12d, and 12e below, as applicable.)					
а	If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instructions, ar granting the waiver	d enter t Day		of the letter ruling Year		
lf y	ou completed line 12a, complete lines 3, 9, and 10 of Schedule MB (Form 5500), and skip to line 13.					
b	Enter the minimum required contribution for this plan year	12b				
С	Enter the amount contributed by the employer to the plan for this plan year	12c				
d Subtract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the left of a negative amount)						
е	Will the minimum funding amount reported on line 12d be met by the funding deadline?		Yes	No N/A		
Part '	VII Plan Terminations and Transfers of Assets					
13a	Has a resolution to terminate the plan been adopted in any plan year?		Yes	s 🔀 No		
	If "Yes," enter the amount of any plan assets that reverted to the employer this year	13a				
b	Were all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brought under the control of the PBGC?) 		Yes X No		
С	If, during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify the plan(s) which assets or liabilities were transferred. (See instructions.)	s) to				
13c(1) Name of plan(s): 13c(2) 13c(3) PN(s)		