## Form 5500-SF

Department of the Treasury

Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation

Internal Revenue Service

## **Short Form Annual Return/Report of Small Employee Benefit Plan**

This form is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA), and sections 6057(b) and 6058(a) of the Internal

▶ Complete all entries in accordance with the instructions to the Form 5500-SF.

Revenue Code (the Code).

2017

OMB Nos. 1210-0110

1210-0089

This Form is Open to **Public Inspection** 

| Part I  |                                     | t Identification Information  |  |                               |  |                  |  |  |
|---|-------------------------------------|---|--|-------------------------------|--|------------------|--|--|
| For calend  | ar plan year 2017 or f              | iscal plan year beginning 01/01/201   | 17   | and ending 1                  | 2/31/2017  |                  |  |  |
| A This return/report is for:  |                                     |   |  |                               | nployer) (Filers checking this box must attach a tition in accordance with the form instructions.) |                  |  |  |
| <b>B</b> This reti  | urn/report is                       | a one-participant plan  | a foreign plan   |                               |  |                  |  |  |
|   |                                     |   | the final return/report  a short plan year return/report (less than 12 months) |                               |  |                  |  |  |
| C Observe   | box if filing under:                |   | <b>_</b>   | Treport (less than 12 in      | _  |                  |  |  |
| C Check   | box ii iiiing under.                | X Form 5558 special extension (enter descript                                     | automatic extension DFVC program   |                               |  |                  |  |  |
| Part II   | Rasic Plan Info                     | ormation—enter all requested information  | *  |                               |  |                  |  |  |
| 1a Name   |                                     | Jillation—enter an requested infor  | manon  |                               | <b>1b</b> Three-digit  |                  |  |  |
|   | IESS 401K PS PLAN                   |   |  |                               | plan number  |                  |  |  |
|   |                                     |   |  |                               | (PN) <b>•</b>  | 001              |  |  |
|   |                                     |   |  |                               | 1c Effective date of plan 01/01/2017   |                  |  |  |
| 2a Plan sponsor's name (employer, if for a single-employer plan) Mailing address (include room, apt., suite no. and street, or P.O. Box)  |                                     |   |  |                               | <b>2b</b> Employer Identification Number (EIN) 27-0701457  |                  |  |  |
| WORKFITNI   |                                     | ce, country, and ZIP or foreign postal  | code (ir foreign, see instr  | uctions)                      | <b>2c</b> Sponsor's telephone number 917-607-4939  |                  |  |  |
|   |                                     |   |  |                               | 2d Business code (see instructions)  |                  |  |  |
| 636 BROADWAY SUITE 204<br>NEW YORK, NY 10012  |                                     |   |  | 713900                        |  |                  |  |  |
| 3a Plan administrator's name and address X Same as Plan Sponsor.  |                                     |   |  | <b>3b</b> Administrator's EIN |  |                  |  |  |
|   |                                     |   |  |                               | <b>3c</b> Administrator's  | telephone number |  |  |
| this pl   | an, enter the plan spo<br>or's name | ne plan sponsor or the plan name has onsor's name, EIN, the plan name and         |  |                               | 4b EIN 4d PN   |                  |  |  |
|   |                                     |   |  |                               |  |                  |  |  |
| 5a Total number of participants at the beginning of the plan year   |                                     |   |  | 5a                            |  |                  |  |  |
|   |                                     | s at the end of the plan year   |  |                               | 5b   | 22               |  |  |
| C Number of participants with account balances as of the end of the plan year (only defined contribution plans complete this item)  |                                     |   |  | 5c                            | 5  |                  |  |  |
| d(1) Total number of active participants at the beginning of the plan year  |                                     |   |  |                               | 5d(1)  | 24               |  |  |
| <b>d(2)</b> Total number of active participants at the end of the plan year.  |                                     |   |  |                               | 5d(2)  | 22               |  |  |
| Number of participants who terminated employment during the plan year with accrued benefits that were less than 100% vested  Caution: A penalty for the late or incomplete filing of this return/report will be assessed unless reasonable caus |                                     |   |  |                               | 5e   | 0                |  |  |
|   |                                     | or incomplete filing of this return/rether penalties set forth in the instruction |  |                               |  | cable a Schedule |  |  |
| SB or Sche  |                                     | and signed by an enrolled actuary, as   |  |                               |  |                  |  |  |
| SIGN Filed with authorized/valid electronic signature. 05/28/2019 JUSTINE GONZALEZ  |                                     |   |  |                               | 7  |                  |  |  |
| HERE  | Signature of plan                   | administrator   | Date   | Enter name of individ         | lual signing as plan ad  | ministrator      |  |  |
| SIGN  |                                     |   |  |                               |  |                  |  |  |

Date

Signature of employer/plan sponsor

**HERE** 

Enter name of individual signing as employer or plan sponsor

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|          | Were all of the plan's assets during the plan year invested in eligible assets? (See instructions.)  Are you claiming a waiver of the annual examination and report of an independent qualified public accountant (IQPA) under 29 CFR 2520.104-46? (See instructions on waiver eligibility and conditions.) |             |                              |            |       |           | _                |               |   |
|----------|---|-------------|------------------------------|------------|-------|-----------|------------------|---------------|---|
| •        | If you answered "No" to either line 6a or line 6b, the plan cannot use Form 5500-SF and must instead use Form 5500.  If the plan is a defined benefit plan, is it covered under the PBGC insurance program (see ERISA section 4021)? Yes No Not determined  |             |                              |            |       |           |                  |               |   |
| C        | •   |             | • ,                          |            | ,     | <u> </u>  |                  |               |   |
|          | If "Yes" is checked, enter the My PAA confirmation number from the  | e PBGC p    | remium filing for this p     | ian yea    |       |           |                  | (See instru   | ictions.)                               |
| Pa       | t III Financial Information   |             |                              |            |       |           |                  |               |   |
| 7        | Plan Assets and Liabilities   |             | (a) Beginning                | of Year    |       |           | (b) Er           | nd of Year    |   |
| a        | Total plan assets   | 7a          | ,,, , <b>,</b>               |            |       | 4985      |                  |               |   |
| b        | Total plan liabilities  |             |                              |            |       |           |                  |               |   |
|          | Net plan assets (subtract line 7b from line 7a)   | 7c          |                              | 0          |       | 4985      |                  |               |   |
|          | Income, Expenses, and Transfers for this Plan Year  |             | (a) Amour                    |            |       | (b) Total |                  |               |   |
|          | Contributions received or receivable from:  |             | (a) Ailloui                  |            |       | (b) Total |                  |               |   |
|          | (1) Employers   | 8a(1)       |                              |            |       |           |                  |               |   |
|          | (2) Participants  | 8a(2)       |                              | 4918       | 918   |           |                  |               |   |
|          | (3) Others (including rollovers)  | 8a(3)       |                              |            |       |           |                  |               |   |
| b        | Other income (loss)   | 8b          |                              | 192        |       |           |                  |               |   |
|          | Total income (add lines 8a(1), 8a(2), 8a(3), and 8b)  |             |                              |            |       | 5110      |                  |               |   |
|          | Benefits paid (including direct rollovers and insurance premiums  | - 55        |                              |            |       |           |                  |               |   |
|          | to provide benefits)  | 8d          |                              |            |       |           |                  |               |   |
| <u>e</u> | Certain deemed and/or corrective distributions (see instructions)   | 8e          |                              |            |       |           |                  |               |   |
| f        | Administrative service providers (salaries, fees, commissions)  | 8f          |                              | 125        |       |           |                  |               |   |
| g        | Other expenses  | 8g          |                              |            |       |           |                  |               |   |
| h        | Total expenses (add lines 8d, 8e, 8f, and 8g)   | 8h          |                              |            |       |           | 125              |               |   |
| ī        | Net income (loss) (subtract line 8h from line 8c)   | 8i          |                              |            |       |           | 4985             |               |   |
| i        | Transfers to (from) the plan (see instructions)   | 8i          |                              |            |       |           |                  |               |   |
| Par      |   | , oj        | L                            |            |       |           |                  |               |   |
|          | Part IV Plan Characteristics  9a If the plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Characteristic Codes in the instructions:  |             |                              |            |       |           |                  |               |   |
| Ju       | 2E 2F 2G 2J 2K 2T 3D  | 1001010 00  | 1000 110111 1110 2101 01 1 1 | arr Oria   | aoton | 0110 01   | 0000 111 1110 11 | ioti dotiono. |   |
| b        |   |             |                              |            |       |           |                  |               |   |
|          |   |             |                              |            |       |           |                  |               |   |
| Par      | t V Compliance Questions  |             |                              |            |       |           |                  |               |   |
| 10       | During the plan year:   |             |                              |            | Yes   | No        |                  | Amount        |   |
| а        | Was there a failure to transmit to the plan any participant contribu  |             |                              |            |       |           |                  |               |   |
|          | described in 29 CFR 2510.3-102? (See instructions and DOL's V<br>Program)   | •           | •                            | 10a        |       | X         |                  |               |   |
| h        | Were there any nonexempt transactions with any party-in-interest  |             |                              | IVa        |       | ^         |                  |               |   |
|          | reported on line 10a.)  |             |                              | 10b        |       | X         |                  |               |   |
| С        |   |             |                              | 10c        | X     |           |                  | 1(            | 000                                     |
| d        | Did the plan have a loss, whether or not reimbursed by the plan's   | fidelity ho | nd that was caused           |            |       |           |                  |               | ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,, |
|          | by fraud or dishonesty?   |             |                              | 10d        |       | X         |                  |               |   |
| е        | Were any fees or commissions paid to any brokers, agents, or oth  |             |                              |            |       |           |                  |               |   |
|          | carrier, insurance service, or other organization that provides som   |             |                              | 100        |       | X         |                  |               |   |
|          | the plan? (See instructions.)   |             |                              | 10e<br>10f |       |           |                  |               |   |
|          | f Has the plan failed to provide any benefit when due under the plan?   |             |                              |            |       | X         |                  |               |   |
| <u>_</u> | g Did the plan have any participant loans? (If "Yes," enter amount as of year-end.)   |             |                              |            | Χ     |           |                  |               | 919                                     |
| h        | h If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3.)   |             |                              | 10h        |       | X         |                  |               |   |
| i        | If 10h was answered "Yes," check the box if you either provided the   |             |                              |            |       |           |                  |               |   |
|          | exceptions to providing the notice applied under 29 CFR 2520.10   |             |                              | 10i        |       | <u> </u>  |                  |               |   |

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|-------------------|------------------|
|-------------------|------------------|

| Part  | VI Pension Funding Compliance   |          |     |                     |  |  |
|---|---|----------|-----|---------------------|--|--|
| 11  |   |          |     |                     |  |  |
| 11a   | Enter the unpaid minimum required contributions for all years from Schedule SB (Form 5500) line 40  | 11a      |     |                     |  |  |
| 12  |   | Yes X No |     |                     |  |  |
| <b>a</b> If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instructions, and enter the date of the letter ruling granting the waiverMonth Day Year     |   |          |     |                     |  |  |
| lf y  | you completed line 12a, complete lines 3, 9, and 10 of Schedule MB (Form 5500), and skip to line 13.  |          |     |                     |  |  |
| b   | Enter the minimum required contribution for this plan year  | 12b      |     |                     |  |  |
| С   | Enter the amount contributed by the employer to the plan for this plan year   | 12c      |     |                     |  |  |
| d   | Subtract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the left of a negative amount)           | 12d      |     |                     |  |  |
| е   | Will the minimum funding amount reported on line 12d be met by the funding deadline?  |          | Yes | No N/A              |  |  |
| Part '  | VII Plan Terminations and Transfers of Assets   |          |     |                     |  |  |
| 13a   | Has a resolution to terminate the plan been adopted in any plan year?   |          | Yes | X No                |  |  |
|   | If "Yes," enter the amount of any plan assets that reverted to the employer this year   | 13a      |     |                     |  |  |
| b   | Were all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brought under the control of the PBGC? |          |     | Yes X No            |  |  |
| <b>c</b> If, during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify the plan(s) to which assets or liabilities were transferred. (See instructions.) |   |          |     |                     |  |  |
| 1   | <b>3c(1)</b> Name of plan(s): 13c(2)  | EIN(s)   |     | <b>13c(3)</b> PN(s) |  |  |
|   |   |          |     |                     |  |  |