Form 5500	Annual Return/Report of Employee Benefit Plan		OMB Nos. 1210-0110 1210-0089		
Department of the Treasury	This form is required to be filed for employee benefit plans under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA) and				
Internal Revenue Service Department of Labor		a) of the Internal Revenue Code (the Code).	2018		
Employee Benefits Security Administration	Complete all entries in accordance with the instructions to the Form 5500.				
Pension Benefit Guaranty Corporation			This Form is Open to Public Inspection		
	ntification Information				
For calendar plan year 2018 or fiscal		and ending 12/31/20			
A This return/report is for:	a multiemployer plan	a multiple-employer plan (Filers checking t participating employer information in accor			
	🗙 a single-employer plan	a DFE (specify)			
<b>B</b> This return/report is:	the first return/report	the final return/report			
	an amended return/report	a short plan year return/report (less than 1	12 months)		
<b>C</b> If the plan is a collectively-bargain	ned plan, check here				
D Check box if filing under:	Form 5558	automatic extension	the DFVC program		
	special extension (enter descriptio	on)			
Part II Basic Plan Informa	ation—enter all requested informat	tion			
<b>1a</b> Name of plan FINANCE AND RESOURCE MANA	GEMENT CONSULTANTS, INC. 40	01(K) PLAN AND TRUST	<b>1b</b> Three-digit plan number (PN) → 001		
			1c Effective date of plan 06/21/2002		
2a Plan sponsor's name (employer, Mailing address (include room, a	if for a single-employer plan) pt., suite no. and street, or P.O. Box	x)	2b Employer Identification Number (EIN)		
City or town, state or province, c	ountry, and ZIP or foreign postal coo		32-0024080		
FINANCE & RESOURCE MANAGEM	IENT CONSULTANTS, INC.		2c Plan Sponsor's telephone number 360-738-3868		
1200 CHUCKANUT CREST LANE1200 CHUCKANUT CREST LANEBELLINGHAM, WA 98229BELLINGHAM, WA 98229		<b>2d</b> Business code (see instructions) 541600			
	ncomplete filing of this return/rep	ort will be assessed unless reasonable cause i	s established.		

Under penalties of perjury and other penalties set forth in the instructions, I declare that I have examined this return/report, including accompanying schedules, statements and attachments, as well as the electronic version of this return/report, and to the best of my knowledge and belief, it is true, correct, and complete.

SIGN HERE	Filed with authorized/valid electronic signature.	06/20/2019	DAVID NELSON	
	Signature of plan administrator	Date	Enter name of individual signing as plan administrator	
SIGN HERE				
HERE	Signature of employer/plan sponsor	Date	Enter name of individual signing as employer or plan sponsor	
SIGN HERE				
HERE	Signature of DFE	Date	Enter name of individual signing as DFE	

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	Form 5500 (2018) Page <b>2</b>		
3a	Plan administrator's name and address 🛛 Same as Plan Sponsor	<b>3b</b> Administrator's E	EIN
		<b>3c</b> Administrator's to number	elephone
4	If the name and/or FIN of the plan approach of the plan name has shared sizes the last return/report	filed for this plan, <b>4b</b> EIN	
4	If the name and/or EIN of the plan sponsor or the plan name has changed since the last return/report enter the plan sponsor's name, EIN, the plan name and the plan number from the last return/report:		
a c	Sponsor's name Plan Name	<b>4d</b> PN	
5	Total number of participants at the beginning of the plan year	5	3
6	Number of participants as of the end of the plan year unless otherwise stated (welfare plans complete <b>6a(2)</b> , <b>6b</b> , <b>6c</b> , and <b>6d</b> ).	only lines 6a(1),	
a(	1) Total number of active participants at the beginning of the plan year	<u>6a(1)</u>	3
a(	2) Total number of active participants at the end of the plan year		3
b	Retired or separated participants receiving benefits	6b	
С	Other retired or separated participants entitled to future benefits	<u>6c</u>	
d	Subtotal. Add lines 6a(2), 6b, and 6c	<u>6d</u>	3
е	Deceased participants whose beneficiaries are receiving or are entitled to receive benefits.	<u>6e</u>	
f	Total. Add lines <b>6d</b> and <b>6e</b>	<u>6f</u>	3
g	Number of participants with account balances as of the end of the plan year (only defined contribution complete this item)		3
h	Number of participants who terminated employment during the plan year with accrued benefits that we less than 100% vested		
7	Enter the total number of employers obligated to contribute to the plan (only multiemployer plans com	plete this item) 7	

8a If the plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Characteristics Codes in the instructions:
 2E 2J

**b** If the plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Characteristics Codes in the instructions:

9a	Plan fu	nding	arrangement (check all that apply)	9b	Plan ber	nefit	arrangement (check all that apply)
	(1)	Π	Insurance		(1)		Insurance
	(2)		Code section 412(e)(3) insurance contracts		(2)		Code section 412(e)(3) insurance contracts
	(3)	X	Trust		(3)	X	Trust
	(4)		General assets of the sponsor		(4)		General assets of the sponsor
10	10 Check all applicable boxes in 10a and 10b to indicate which schedules are attached, and, where indicated, enter the number attached. (See instructions					e indicated, enter the number attached. (See instructions)	
а	Pensio	n Scl	nedules	b	Genera	l Scl	hedules
	(1)		R (Retirement Plan Information)		(1)		H (Financial Information)
	(2)		<b>MB</b> (Multiemployer Defined Benefit Plan and Certain Money Purchase Plan Actuarial Information) - signed by the plan		(2)	X	I (Financial Information – Small Plan)
	(2)				(3)	X	<u> </u>
			actuary		(4)		C (Service Provider Information)
	(3)	$\square$	SB (Single-Employer Defined Benefit Plan Actuarial		(5)		D (DFE/Participating Plan Information)
			Information) - signed by the plan actuary		(6)		<b>G</b> (Financial Transaction Schedules)

Page 3

Part III Form M-1 Compliance Information (to be completed by welfare benefit plans)				
<b>11a</b> If the plan provides welfare benefits, was the plan subject to the Form M-1 filing requirements during the plan year? (See instructions and 29 CFR 2520.101-2.)         2520.101-2.)       Yes         No				
If "Yes" is checked, complete lines 11b and 11c.				
11b Is the plan currently in compliance with the Form M-1 filing requirements? (See instructions and 29 CFR 2520.101-2.)				
11c Enter the Receipt Confirmation Code for the 2018 Form M-1 annual report. If the plan was not required to file the 2018 Form M-1 annual report, enter th Receipt Confirmation Code for the most recent Form M-1 that was required to be filed under the Form M-1 filing requirements. (Failure to enter a valid Receipt Confirmation Code will subject the Form 5500 filing to rejection as incomplete.)	9			

Receipt Confirmation Code\_\_\_\_\_

SCHEDULE		Insuran	ce Informatio	on		OM	IB No. 1210-0110	
(Form 5500 Department of the Treas		This schedule is require	d to be filed under sec	tion 104 of th	e		<u> </u>	
Internal Revenue Serv	ice	Employee Retirement In					2018	
Department of Labor File as an File as an			attachment to Form 5	5500.				
Pension Benefit Guaranty Corporation Insurance companies pursuant to			are required to provide ERISA section 103(a)(		lion	This For	m is Open to Public Inspection	
For calendar plan year 2018 or fiscal plan year beginning 01/01/2018				and er	iding 12/3	31/2018		
A Name of plan FINANCE AND RESOUR TRUST	CE MANAGEM	IENT CONSULTANTS, INC. 40	1(K) PLAN AND		e-digit number (P	N) 🕨	001	
C Plan sponsor's name a FINANCE & RESOURCE					oyer Identific 0024080	cation Number (	(EIN)	
		ning Insurance Contrac . Individual contracts grouped a						
1 Coverage Information:								
(a) Name of insurance ca THE LINCOLN NATIONAL		NCE COMPANY						
	(c) NAIC	(d) Contract or				Policy or co	Policy or contract year	
<b>(b)</b> EIN	code	identification number	persons covered policy or contra		(f)	From	<b>(g)</b> To	
35-0472300	65676	R00997		2 0		8	12/31/2018	
2 Insurance fee and com descending order of the		ation. Enter the total fees and tot	tal commissions paid.	List in line 3	the agents,	brokers, and o	ther persons in	
(a) Total a	amount of comr	missions paid		<b>(b)</b> To	otal amount	of fees paid		
		0					0	
3 Persons receiving com	missions and fe	ees. (Complete as many entries	as needed to report a	ll persons).				
	<b>(a)</b> Name a	nd address of the agent, broker,	, or other person to wh	om commiss	ions or fees	were paid		
DAVID H. GREENSPAHN			OODLEY ROAD ETKA, IL 60093					
(b) Amount of sales ar	nd base	Fe	es and other commissi	ons paid				
commissions pa		(c) Amount		(d) Purpos	е		(e) Organization code	
0							3	
	(a) Name a	nd address of the agent, broker.	, or other person to wh	om commiss	ions or fees	were paid		
	(2)		,					
(b) Amount of sales or	nd base	Fee	es and other commissi	ons paid				
(b) Amount of sales and base commissions paid (c) Amount (d) Purpose				(e) Organization code				

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## (a) Name and address of the agent, broker, or other person to whom commissions or fees were paid

	Fees and other commissions paid			
(b) Amount of sales and base commissions paid	(c) Amount	(d) Purpose	Organization code	

(a) Name and address of the agent, broker, or other person to whom commissions or fees were paid

	Fees and other commissions paid			
(b) Amount of sales and base commissions paid	(c) Amount	(d) Purpose	Organization code	

(a) Name and address of the agent, broker, or other person to whom commissions or fees were paid

	Fees and other commissions paid			
(b) Amount of sales and base commissions paid	(c) Amount	(d) Purpose	Organization code	

(a) Name and address of the agent, broker, or other person to whom commissions or fees were paid

	Fees and other commissions paid			
(b) Amount of sales and base commissions paid	(c) Amount	(d) Purpose	Organization code	

(a) Name and address of the agent, broker, or other person to whom commissions or fees were paid

	Fees and other commissions paid			
(b) Amount of sales and base commissions paid	(c) Amount	(d) Purpose	Organization code	
			1	

		Schedule A (Form 5500) 2018	Page <b>3</b>		
	Part	Where individual contracts are provided, the entire group of such individual this report.		-	a unit for purposes of
		ent value of plan's interest under this contract in the general account at year			
5	Curr	ent value of plan's interest under this contract in separate accounts at year e	nd	5	
6	Con	tracts With Allocated Funds:			
	а	State the basis of premium rates			
				· · · · · · ·	
	b	Premiums paid to carrier			
	С	Premiums due but unpaid at the end of the year			
	d	If the carrier, service, or other organization incurred any specific costs in corretention of the contract or policy, enter amount.			
		Specify nature of costs			
	е	Type of contract:       (1)       individual policies       (2)       group deferred         (3)       other (specify)       •	d annuity		
	f	If contract purchased, in whole or in part, to distribute benefits from a termir	ating plan, check here	▶ □	
7	Con	tracts With Unallocated Funds (Do not include portions of these contracts ma	intained in separate acc	counts)	
	а	Type of contract: (1) deposit administration (2) immedia	ate participation guarant	ee	
		(3) guaranteed investment (4) dther			
	b	Balance at the end of the previous year			
	C	Additions: (1) Contributions deposited during the year	- (1)		
	Ŭ	(2) Dividends and credits	- (0)		
		(3) Interest credited during the year	- (1)		
		(4) Transferred from separate account	- (1)		
		(5) Other (specify below)	- (-)		
		•			
				- (2)	
	-	(6)Total additions		<u>7c(6)</u>	(
	d	Total of balance and additions (add lines 7b and 7c(6)).		7d	
	е	Deductions:			
		(1) Disbursed from fund to pay benefits or purchase annuities during year	7e(1)		
		(2) Administration charge made by carrier	. 7e(2)		
		(3) Transferred to separate account	. 7e(3)		
		(4) Other (specify below)	. 7e(4)		
		•			
		(5) Total deductions			(
	f	Balance at the end of the current year (subtract line <b>7e(5)</b> from line <b>7d</b> )			
	-	,		1	

If more than one contract covers the same group of employees of the same employer(s) or members of the same employees, or members of the same employees, the information may be combined for reporting purposes if such contracts are experience-rated as a unit. Where come employees, the entire group of such individual contracts with each carrier may be treated as a unit for purposes of this         8       Benefit and contract type (check all applicable boxes)       a       C       Vision       C         a       Health (other than dental or vision)       b       Dental       C       Vision       C         e       Temporary disability (accident and sickness)       f       Long-term disability       g       Supplemental unemployment       h         i       Stop loss (large deductible)       j       HMO contract       k       PPO contract       I         9       Experience-rated contracts:       a       Premiums: (1) Amount received.       9a(1)       9a(2)       9a(3)         (2) Increase (decrease) in amount due but unpaid.       9a(3)       9a(3)       9a(4)       9a(4)         b       Benefit charges (1) Claims paid.       9b(1)       9b(2)       9b(2)       9b(2)	ntracts cover individual
a Health (other than dental or vision) b   Dental C   Vision C   e Temporary disability (accident and sickness)   f Long-term disability   g Supplemental unemployment   h j   HMO contract k   PPO contract   m Other (specify)      9 Experience-rated contracts:   a Premiums: (1) Amount received	
a       Health (other than dental or vision)       b       Dental       c       Vision       c         e       Temporary disability (accident and sickness)       f       Long-term disability       g       Supplemental unemployment       h         i       Stop loss (large deductible)       j       HMO contract       k       PPO contract       h         m       Other (specify)       ▶       Premiums: (1) Amount received.       9a(1)       9a(2)       9a(2)       9a(3)       9a(3)       9a(4)       9a(4)         b       Benefit charges (1) Claims paid       9a(1)       9a(1)       9a(4)       9a(4)	
e       Temporary disability (accident and sickness)       f       Long-term disability       g       Supplemental unemployment       h         i       Stop loss (large deductible)       j       HMO contract       k       PPO contract       I         m       Other (specify)       > </th <th><b>d</b> 🗙 Life insurance</th>	<b>d</b> 🗙 Life insurance
i       Stop loss (large deductible)       j       HMO contract       k       PPO contract         m       Other (specify)       >         9       Experience-rated contracts:       a         a       Premiums: (1) Amount received	<b>h</b> Prescription drug
m □ Other (specify)         9 Experience-rated contracts:         a Premiums: (1) Amount received	
9 Experience-rated contracts:         a Premiums: (1) Amount received	I Indemnity contract
a       Premiums: (1) Amount received	
(2) Increase (decrease) in amount due but unpaid	
(3) Increase (decrease) in unearned premium reserve       9a(3)         (4) Earned ((1) + (2) - (3))       9a(4)         b Benefit charges (1) Claims paid       9b(1)	
(4) Earned ((1) + (2) - (3))	_
b Benefit charges (1) Claims paid	
(2) Increase (decrease) in claim reserves	-
(3) Incurred claims (add (1) and (2))	
(4) Claims charged	
C Remainder of premium: (1) Retention charges (on an accrual basis)	-
(A) Commissions	-
(B) Administrative service or other fees	-
(C) Other specific acquisition costs	-
(D) Other expenses	-
(E) Taxes	-
	-
(G) Other retention charges	
d Status of policyholder reserves at end of year: (1) Amount held to provide benefits after retirement	
(2) Claim reserves	
(3) Other reserves	
e Dividends or retroactive rate refunds due. (Do not include amount entered in line 9c(2).)	
	16400
	16400
<ul> <li>b If the carrier, service, or other organization incurred any specific costs in connection with the acquisition or retention of the contract or policy, other than reported in Part I, line 2 above, report amount</li></ul>	

Pa	art IV Provision of Information			
11	Did the insurance company fail to provide any information necessary to complete Schedule A?	Yes	X No	
12	If the answer to line 11 is "Yes," specify the information not provided. 🕨			

					• •				OMB No. 1210-0110	
	SCHEDULE I	Financial Information—Small Plan								
	(Form 5500)	This schedule is required to be filed under section 104 of the Employee						2018		
	Department of the Treasury Internal Revenue Service	Retirement Income Security A	Act of 19	74 (ERISA)	, and sectio					
	Department of Labor Employee Benefits Security Administration			e Code (the	,			This Form is Open to Public Inspection		
	Pension Benefit Guaranty Corporation File as an attachment to Form 5500.									
-	calendar plan year 2018 or fiscal p	lan year beginning 01/01/2018				and endir	ig 12/3	1/20 <i>°</i>	18	
	Name of plan NCE AND RESOURCE MANAGEI ST	MENT CONSULTANTS, INC. 40	01(K) PL	AN AND		e-digit number (	PN)	►	001	
	Plan sponsor's name as shown on I				-	oyer Iden 2-002408	tification	Num	per (EIN)	
							•			
	nplete Schedule I if the plan coverec all plan under the 80-120 participant							nplete	e Schedule I if you are filing as a	
Ра	rt I Small Plan Financial	Information								
ass ben	bort below the current value of asse ets held in more than one trust. Do efit at a future date. Include all inco urance carriers. <b>Round off amount</b>	not enter the value of the portion me and expenses of the plan inc	n of an i	nsurance co	ontract that	guarante	es during	this	plan year to pay a specific dollar	
1	Plan Assets and Liabilities:			(a	ı) Beginning	of Year			(b) End of Year	
а	Total plan assets		1a			1042616			1019292	
b	Total plan liabilities		1b							
<u> </u>	Net plan assets (subtract line 1b f	,	1c			1042616		1019292		
2 Income, Expenses, and Transfers for this Plan Year:				(a) Amount					(b) Total	
а	Contributions received or receivab									
	(1) Employers					62999				
	() (		. ,			30160				
b	(3) Others (including rollovers) Noncash contributions		2a(3) 2b							
c	Other income		20 20			-108179				
d	Total income (add lines 2a(1), 2a(		2d			100110			-15020	
e	Benefits paid (including direct rollo		 2e							
f	Corrective distributions (see instru	,	 2f							
g	Certain deemed distributions of pa (see instructions)	articipant loans	2g							
h		salaries, fees, and	2h			8304				
i	Other expenses		2i							
j	Total expenses (add lines 2e, 2f, 2	2g, 2h, and 2i)	2j						8304	
k	Net income (loss) (subtract line 2j	from line 2d)	2k						-23324	
I	Transfers to (from) the plan (see in	nstructions)	21							
3	Specific Assets: If the plan held as remaining in the plan as of the end of line-by-line basis unless the trust me	f the plan year. Allocate the value of	of the pla	an's interest i	n a comming	ies, check gled trust o <b>Yes</b>	"Yes" an containing <b>No</b>	id ente g the a	assets of more than one plan on a	
а	Partnership/joint venture interests				3a	162	NO X		Amount	
a b	Employer real property									
_							X			
C L	Real estate (other than employer	,					X			
d	Employer securities						X			
e f	Participant loans						X			
т ~	Loans (other than to participants)						X			
g Fr	Tangible personal property				3g		Х		Schedule I (Form 5500) 2018	

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Pa	art II Compliance Questions						
4	During the plan year:		Yes	No		Amount	
а	Was there a failure to transmit to the plan any participant contributions within the time period described in 29 CFR 2510.3-102? Continue to answer "Yes" for any prior year failures until fully corrected. (See instructions and DOL's Voluntary Fiduciary Correction Program.)	4a		X			
b	Were any loans by the plan or fixed income obligations due the plan in default as of the close of plan year or classified during the year as uncollectible? Disregard participant loans secured by the participant's account balance.	4b		X			
С	Were any leases to which the plan was a party in default or classified during the year as uncollectible?	4c		X			
d	Were there any nonexempt transactions with any party-in-interest? (Do not include transactions reported on line 4a.)	4d		Х			
е	Was the plan covered by a fidelity bond?	4e		X			
f	Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesty?	4f		X			
g	Did the plan hold any assets whose current value was neither readily determinable on an established market nor set by an independent third party appraiser?	4g		X			
h	Did the plan receive any noncash contributions whose value was neither readily determinable on an established market nor set by an independent third party appraiser?	4h		X			
i	Did the plan at any time hold 20% or more of its assets in any single security, debt, mortgage, parcel of real estate, or partnership/joint venture interest?	4i		Х			
j	Were all the plan assets either distributed to participants or beneficiaries, transferred to another plan, or brought under the control of the PBGC?	4j		X			
k	Are you claiming a waiver of the annual examination and report of an independent qualified public accountant (IQPA) under 29 CFR 2520.104-46? If "No," attach an IQPA's report or 2520.104-50 statement. (See instructions on waiver eligibility and conditions.)	4k	X				
I	Has the plan failed to provide any benefit when due under the plan?	41		X			
m	If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3.)	4m		X			
n	If 4m was answered "Yes," check the "Yes" box if you either provided the required notice or one of the exceptions to providing the notice applied under 29 CFR 2520.101-3	4n		X			
5a	Has a resolution to terminate the plan been adopted during the plan year or any prior plan year If "Yes," enter the amount of any plan assets that reverted to the employer this year	r?	. 🗌 Ye	s 🗙 No	)	-	
	If, during this plan year, any assets or liabilities were transferred from this plan to another plan(a transferred. (See instructions.)	s), ide	entify the	e plan(s)	) to v		
	5b(1) Name of plan(s)					5b(2) EIN(s)	5b(3) PN(s)

5c If the plan is a defined benefit plan, is it covered under the PBGC insurance program (See ERISA section 4021.)?	Not determined.
If "Yes" is checked, enter the My PAA confirmation number from the PBGC premium filing for this plan year	(See instructions.)

Form 5500	Annual Return/Report of Employee Benefit		O	AB Nos. 1210 - 0110 1210 - 0089
Department of the Treasury Internal Revenue Service Department of Labor	This form is required to be filed for employee benefit plans under and 4065 of the Employee Retirement Income Security Act of 197 sections 6057(b) and 6058(a) of the Internal Revenue Code (the section of the section	2018		
Employee Benefits Security Administration	Complete all entries in accordance with		·	
Pension Benefit Guaranty Corporation	the instructions to the Form 5500.			is Open to spection
	rt Identification Information			
For calendar plan year 2018	or fiscal plan year beginning $01/01/2018$ and endir	1 <u>g 12/3</u>	1/2018	
A This return/report is for:	a multiemployer plan in a multiple-employer plan (F			
	participating employer info	rmation in accord	ance with the f	orm instr.)
<b>D</b>	X a single-employer plan a DFE (specify)	<b></b>		
<b>B</b> This return/report is:	the first return/report the final return/report			
<b>C</b> If the plan is a collectively-ba	an amended return/report da short plan year return/report a short plan, check here	port (less than 12)		
<b>D</b> Check box if filing under:	Form 5558	the DFVC pr		
Direct box in hing dilder.	special extension (enter description)		ogram	
Part II Basic Plan In	formation - enter all requested information			
1a Name of plan		1b Three-digit	t	
	URCE MANAGEMENT CONSULTANTS, INC.	plan numb	ber (PN) 🕨 🕨	001
401(K) PLAN AND	TRUST	1c Effective c 06/21	late of plan $/2002$	
2a Plan sponsor's name (employe Mailing address (include room.	r, if for a single-employer plan) apt., suite no. and street, or P.O. Box)	2b Employer 32-00	Identification N 24080	lumber (EIN)
	country, and ZIP or foreign postal code (if foreign, see instructions)		sor's telephon	e number
	CE MANAGEMENT CONSULTANTS, INC.	360-738-	3868	
		2d Business 54160	code (see instr 0	uctions)
1200 CHUCKANUT C	REST LANE			
BELLINGHAM	WA 98229			
Caution: A penalty for the late	or incomplete filing of this return/report will be assessed unless re	asonable cause i	s established.	·
	es set forth in the instructions, I declare that I have examined this return/report, including acco t, and to the best of my knowledge and belief, it is true, correct, and complete.	mpanying schedules, st	atements and attach	ments, as well

SIGN	and an arrive	7/15/19	DAVID NELSON
	Signature of plan administrator	Date	Enter name of individual signing as plan administrator
SIGN HERE			
	Signature of employer/plan sponsor	Date	Enter name of individual signing as employer or plan sponsor
SIGN HERE			
	Signature of DFE	Date	Enter name of individual signing as DFE

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Form 5500 (2018) v. 171027

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	Form 5500 (2018) Page	2		·
3a	Plan administrator's name and address 🛛 Same as Plan Sponsor 3	<b>b</b> Adminis	trator's	EIN
	З	<b>c</b> Adminis	trator's	telephone number
4	If the name and/or EIN of the plan sponsor or the plan name has changed since the last return/report	iled for this	plan,	4b EIN
	enter the plan sponsor's name, EIN, the plan name and the plan number from the last return/report: Sponsor's name Plan Name			4d PN
5	Total number of participants at the beginning of the plan year		5	3
6	Number of participants as of the end of the plan year unless otherwise stated (welfare plans complete 6a(1), 6a(2), 6b, 6c, and 6d).	only lines		
а	(1) Total number of active participants at the beginning of the plan year		6a(1)	3
а	(2) Total number of active participants at the end of the plan year		6a(2)	3
b	Retired or separated participants receiving benefits		6b	
С	Other retired or separated participants entitled to future benefits		<u>6c</u>	
d	Subtotal. Add lines 6a(2), 6b, and 6c		6d	3
е	Deceased participants whose beneficiaries are receiving or are entitled to receive benefits		<u>6e</u>	
f	Total. Add lines 6d and 6e		6f	3
g	Number of participants with account balances as of the end of the plan year (only defined contribution	•		
	complete this item)		<u>6</u> g	3
h	Number of participants who terminated employment during the plan year with accrued benefits that w less than 100% vested		6h	
7	Enter the total number of employers obligated to contribute to the plan (only multiemployer plans com		-,	
82	this item)	Characteria	7	

8a If the plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Characteristics Codes in the instructions:
 2E 2J

**b** If the plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Characteristics Codes in the instructions:

9a	9a Plan <u>fu</u> nding arrangement (check all that apply)				nefit arrangen	nent (check all that apply)		
	(1)	Insurance	(1)	Ш	Insurance			
	(2)	Code section 412(e)(3) insurance contracts	(2)	Ш	Code sectio	n 412(e)(3) insurance contracts		
	(3) 🛛	Trust	(3)	X	Trust			
	(4)	General assets of the sponsor	(4)		General assets of the sponsor			
10	10 Check all applicable boxes in 10a and 10b to indicate which schedules are attached, and, where indicated, enter the number attached. (See instructions)							
а	a Pension Schedules			b General Schedules				
	(1)	R (Retirement Plan Information)	(1)		н	(Financial Information)		
	(2)	MB (Multiemployer Defined Benefit Plan and Certain Money	(2)	XX	1	(Financial Information - Small Plan)		
		Purchase Plan Actuarial Information) - signed by the plan	(3)	X	<u>    1    A</u>	(Insurance Information)		
	_	actuary	(4)		С	(Service Provider Information)		
	(3)	SB (Single-Employer Defined Benefit Plan Actuarial	(5)		D	(DFE/Participating Plan Information)		

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## Service Provider Affidavit

I certify that I have been specifically authorized in writing by the plan administrator/employer, as applicable, to enter my EFAST2 PIN on this return/report in order to electronically submit this return/report. I further certify that: (1) I will retain a copy of the administrator's/employer's specific written authorization in my records; (2) I have attached to this electronic filing, in addition to any other required schedules or attachments, a true and correct PDF copy of the first two pages of the completed Form 5500 or Form 5500-SF return/report bearing the manual signature of the plan administrator/employer under penalty of perjury; (3) I advised the plan administrator/employer that by selecting this electronic signature option the PDF image of that manual signature will be included with the rest of the return/report posted by the Department of Labor (DOL) on the Internet for public disclosure; and (4) I will communicate to the plan administrator/employer any inquiries and information that I receive from EFAST2, DOL, IRS or PBGC regarding this arthual-return/report.

06/20/2019 KEITH A. CARLSON

Signature of service provider (optional)

Date

Enter name of individual signing as service provider