Form 5500-SF		Short Form Annual Return/Report of Small Employee Benefit Plan					OMB Nos. 1210-0110 1210-0089		
Internal Revenue Service Department of Labor		Income Security Act of 1974	This form is required to be filed under sections 104 and 4065 of the Employee R Income Security Act of 1974 (ERISA), and sections 6057(b) and 6058(a) of the						
Employee Benefits Security Administration       Revenue Code (the Code).         Pension Benefit Guaranty Corporation       Complete all entries in accordance with the instructions to the Form 5500-4						Public Inspection			
Part I	Annual Report	t Identification Information							
For calend	dar plan year 2018 or f	fiscal plan year beginning 01/01/2	018	and ending 12/	31/2018				
A This re	eturn/report is for:	X a single-employer plan ☐ a one-participant plan	<ul> <li>a multiple-employer plan (not multiemployer) (Filers checking this box must attach a list of participating employer information in accordance with the form instructions.)</li> <li>a foreign plan</li> </ul>						
<b>B</b> This re	turn/report is	the first return/report	the final return/report						
_		an amended return/report	port a short plan year return/report (less than 12 months)						
C Check	box if filing under:	X Form 5558	automatic extension	DFVC p	'C program				
		special extension (enter descri							
Part II		ormation—enter all requested info	ormation		16 Thur				
1a Name FAMILY HE	e of plan EALTH CENTER INC.	401(K) PLAN			1b Three plan	e-aigit number			
				-	(PN)	tive date of	001 plan		
						01/01			
Mailir	ng address (include roo	oyer, if for a single-employer plan) om, apt., suite no. and street, or P.O ce, country, and ZIP or foreign posta		tructions)	2b Employer Identification Number (EIN) 64-0732896				
-	EALTH CENTER, INC.				2c Sponsor's telephone number 601-425-3033				
117 SOUTH	H 11TH AVE				2d Business code (see instructions) 621111				
LAUREL, M	<b>IS</b> 39440					02111	1		
3a Plana	administrator's name a	and address 🛛 Same as Plan Spon	isor.		3b Admi	nistrator's E	IN		
					3c Admi	nistrator's te	elephone number		
4 If the name and/or EIN of the plan sponsor or the plan name has changed since the last return/report filed for					4b EIN				
<b>a</b> Spon	isor's name	onsor's name, EIN, the plan name a	nd the plan number from		<b>4d</b> PN				
C Plan	Name								
5a Total	I number of participant	s at the beginning of the plan year			5a		119		
		s at the end of the plan year			5b		125		
C Number of participants with account balances as of the end of the plan year (only defined contribution plans complete this item)					5c		116		
d(1) Total number of active participants at the beginning of the plan year					5d(1)				
d(2) Total number of active participants at the end of the plan year					5d(2)	83			
Number of participants who terminated employment during the plan year with accrued benefits that were less than 100% vested					5e		1		
Under per SB or Sch	nalties of perjury and o	e or incomplete filing of this return other penalties set forth in the instruct and signed by an enrolled actuary, a	tions, I declare that I have	e examined this return/rep	ort, includi	ng, if applica			
SIGN		Filed with authorized/valid electronic signature.     07/29/2019     RASHAD ALI							
HERE	Signature of plan	administrator	Date	Enter name of individu	al signing a	as plan adm	inistrator		
SIGN									
HERE		oyer/plan sponsor	Date	Enter name of individu	e of individual signing as employer or plan sponsor				
For Paperv	work Reduction Act Noti	ice, see the Instructions for Form 5500	-5F.			Fo	orm 5500-SF (2018) v.171027		

6a	Were a	Il of the plan's assets during the plan year invested in eligible assets? (See instructions.)	X Yes 🗌 No
b	under 2	claiming a waiver of the annual examination and report of an independent qualified public accountant (IQPA) 9 CFR 2520.104-46? (See instructions on waiver eligibility and conditions.)	X Yes 🗌 No
	lf you a	nswered "No" to either line 6a or line 6b, the plan cannot use Form 5500-SF and must instead use Form 5500.	
С	If the pla	an is a defined benefit plan, is it covered under the PBGC insurance program (see ERISA section 4021)? Yes No	Not determined
	lf "Yes"	is checked, enter the My PAA confirmation number from the PBGC premium filing for this plan year	. (See instructions.)
Pa	rt III	Financial Information	

7	Plan Assets and Liabilities		(a) Paginning of Yaar			(b) End of Yoor			
<u></u>		70	(a) Beginning of Year 1239398			(b) End of Year 1251657			
	Total plan assets	7a 7b	120	55550			1201007		
			123	20208		1251657			
	Net plan assets (subtract line 7b from line 7a)			1239398					
8	Income, Expenses, and Transfers for this Plan Year Contributions received or receivable from:		(a) Amount		-		(b) Total		
a	(1) Employers	8a(1)	95808						
	(2) Participants	8a(2)	96494						
	(3) Others (including rollovers)	8a(3)	0						
b	Other income (loss)	8b	-7	77169					
С	Total income (add lines 8a(1), 8a(2), 8a(3), and 8b)	8c					115133		
d	Benefits paid (including direct rollovers and insurance premiums to provide benefits)	8d	Ş	96326					
е	Certain deemed and/or corrective distributions (see instructions)	8e		2287					
f	Administrative service providers (salaries, fees, commissions)	8f		4261					
g	Other expenses	8g							
h	Total expenses (add lines 8d, 8e, 8f, and 8g)	8h					102874		
i	Net income (loss) (subtract line 8h from line 8c)	8i					12259		
j	Transfers to (from) the plan (see instructions)	8j		0					
Pa	rt IV Plan Characteristics	J		-					
9a       If the plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Characteristic Codes in the instructions:         2E       2F       2G       2J       2T       3D         b       If the plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Characteristic Codes in the instructions:         Part V       Compliance Questions									
10					Yes	No	Amount		
<u>10</u>	During the plan year: Was there a failure to transmit to the plan any participant contribu	tions with	n the time period		162	NU	Amount		
ŭ	described in 29 CFR 2510.3-102? (See instructions and DOL's V Program)	oluntary F	iduciary Correction	10a		х			
b	<b>b</b> Were there any nonexempt transactions with any party-in-interest? (Do not include transactions reported on line 10a.)			10b		Х			
C	Was the plan covered by a fidelity bond?			10c	X		1000000		
d	Did the plan have a loss, whether or not reimbursed by the plan's by fraud or dishonesty?	•		10d		Х			
e	Were any fees or commissions paid to any brokers, agents, or other persons by an insurance carrier, insurance service, or other organization that provides some or all of the benefits under the plan? (See instructions.)			10e		X			
f	f Has the plan failed to provide any benefit when due under the plan?					Х			
g	Did the plan have any participant loans? (If "Yes," enter amount as of year-end.)			10g	X		100037		
h	If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3.)			10h		Х			
i	If 10h was answered "Yes," check the box if you either provided the exceptions to providing the notice applied under 29 CFR 2520.10			10i					

Page **3-** 1

Part	VI	Pension Funding Compliance						
11		nis a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and rm 5500) and line 11a below)			B		Yes	X No
11a	Ent	er the unpaid minimum required contributions for all years from Schedule SB (Form 5500) line 40		11a				
12	ERI	his a defined contribution plan subject to the minimum funding requirements of section 412 of the C SA? "Yes," complete line 12a or lines 12b, 12c, 12d, and 12e below, as applicable.)		n 302 o	f 	[	Yes	X No
а	a If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instructions, and enter the date of the letter ruling granting the waiver							
lf	you o	completed line 12a, complete lines 3, 9, and 10 of Schedule MB (Form 5500), and skip to line	13.		-			
b	Ente	r the minimum required contribution for this plan year		12b				
С	Ente	r the amount contributed by the employer to the plan for this plan year		12c				
d		tract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the ative amount)		12d				
е	Will	the minimum funding amount reported on line 12d be met by the funding deadline?			Yes	No		N/A
Part	VII	Plan Terminations and Transfers of Assets						
13a	Has	a resolution to terminate the plan been adopted in any plan year?			Ye	s X	No	
	lf "Y	es," enter the amount of any plan assets that reverted to the employer this year		13a				
b	Were all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brought under th control of the PBGC?				🗌 Yes 🛛 No			
С		luring this plan year, any assets or liabilities were transferred from this plan to another plan(s), ident ch assets or liabilities were transferred. (See instructions.)	tify the plan(s)	to				
1	3c(1	<b>3c(1)</b> Name of plan(s): 13c(2) E				EIN(s) 13c(3		