## Form 5500-SF

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration

Pension Benefit Guaranty Corporation

## Short Form Annual Return/Report of Small Employee **Benefit Plan**

This form is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA), and sections 6057(b) and 6058(a) of the Internal Revenue Code (the Code).

▶ Complete all entries in accordance with the instructions to the Form 5500-SF.

OMB Nos. 1210-0110 1210-0089

2018

This Form is Open to **Public Inspection** 

Part I	Annual Report	Identification Information								
For calend	ar plan year 2018 or fi	iscal plan year beginning 01/01/2	2018		and ending 12	2/31/2018				
A This ret	turn/report is for:	a single-employer plan a multiple-employer plan (not multiemployer) (Filers checking this box must attach a list of participating employer information in accordance with the form instructions.)								
<b>B</b> This return/report is		a one-participant plan	af	oreign plan						
D This rett	um/report is	the first return/report	the	final return/report						
		an amended return/report	a s	hort plan year return	/report (less than 12 m	onths)				
C Check	box if filing under:	Form 5558 special extension (enter descr		tomatic extension		DFVC prog	gram			
Part II	Pasia Blan Info	prmation—enter all requested inf								
1a Name		mation—enter all requested ini	iomalio	Of 1		<b>1b</b> Three-c	digit			
	ON FAMILY PRACTIC	CE PC				plan nu	-			
						(PN)	,	001		
						1c Effective date of plan				
						01/01/2011				
Mailing	g address (include roo	oyer, if for a single-employer plan) om, apt., suite no. and street, or P.O		(if four-instance on a in-atom	ti	<b>2b</b> Employer Identification Number (EIN) 20-3048765				
•	ON FAMILY PRACTIC	ce, country, and ZIP or foreign posta E	iai code	(ii loreign, see instru	uctions)	<b>2c</b> Sponsor's telephone number 585-746-7323				
LAUREL A. I	DALLMEYER					2d Business code (see instructions)				
28 SCOTLAN	ND RD BUA, NY 14424-1206	495 N. MA		NY 14424		621111				
CANANDAIC	30A, NT 14424-1200	CANANDA	AIGUA,	NT 14424						
3a Plan a	dministrator's name a	nd address X Same as Plan Spor	nsor.			<b>3b</b> Administrator's EIN				
		<u> </u>								
						3C Adminis	<b>3c</b> Administrator's telephone number			
		e plan sponsor or the plan name hansor's name, EIN, the plan name a				4b EIN				
	or's name	Tion o name, Env, the plan hame a	and the p	piair namber from th	o last retarn/report.	4d PN				
C Plan N	lame									
<b>F</b>						50				
_		at the beginning of the plan year				5a 5b		3		
b Total number of participants at the end of the plan year					5c	1				
complete this item)					5d(1)					
d(1) Total number of active participants at the beginning of the plan year					5d(1) 5d(2)	3				
<ul> <li>d(2) Total number of active participants at the end of the plan year</li> <li>e Number of participants who terminated employment during the plan year with accrued benefits that were less</li> </ul>							1			
than 100% vested						<b>5e</b> 0				
		or incomplete filing of this return						abla a Cabadula		
SB or Sche		ther penalties set forth in the instruc and signed by an enrolled actuary, a plete.								
SIGN		l/valid electronic signature.		07/31/2019	LAUREL DALLMEYE	R				
HERE	Signature of plan a	administrator		Date	Enter name of individ	nter name of individual signing as plan administrator				
SIGN	Filed with authorized	l/valid electronic signature		07/31/2019	LAUREL DALLMEYE	R				

Date

HERE

Enter name of individual signing as employer or plan sponsor

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	6a Were all of the plan's assets during the plan year invested in eligible assets? (See instructions.)								es No	
b	<b>b</b> Are you claiming a waiver of the annual examination and report of an independent qualified public accountant (IQPA) under 29 CFR 2520.104-46? (See instructions on waiver eligibility and conditions.)							X Y	es No	
	If you answered "No" to either line 6a or line 6b, the plan cannot use Form 5500-SF and must instead use Form 5500.									
<b>c</b> If the plan is a defined benefit plan, is it covered under the PBGC insurance program (see ERISA section 4021)? ☐ Yes ☐ No ☐									etermined	
If "Yes" is checked, enter the My PAA confirmation number from the PBGC premium filing for this plan year (									structions.)	
Pa	rt III Financial Information									
7	Plan Assets and Liabilities		(a) Beginning	of Year	,		nd of Year			
а	Total plan assets	7a	25	59412			. ,	1527		
	Total plan liabilities	7b		0			0			
С	Net plan assets (subtract line 7b from line 7a)	7c	2	59412		1527			.7	
8	Income, Expenses, and Transfers for this Plan Year		(a) Amoun	ıt		(b) Total				
а	Contributions received or receivable from:			0						
	(1) Employers	8a(1)	0							
	(2) Participants	8a(2)		0	-					
	,	) Others (including rollovers)			-					
	Other income (loss)	8b		9815		0045			_	
	Total income (add lines 8a(1), 8a(2), 8a(3), and 8b)	8c						981	5	
d	to provide benefits)	8d	20	66768	'68					
е	Certain deemed and/or corrective distributions (see instructions) $\dots$	8e		0						
f	Administrative service providers (salaries, fees, commissions)	8f		932						
g	Other expenses	ner expenses								
h	Total expenses (add lines 8d, 8e, 8f, and 8g)	8h				267700				
i	Net income (loss) (subtract line 8h from line 8c)	8i						-25788	5	
j	Transfers to (from) the plan (see instructions)	8j		0						
Pai	t IV Plan Characteristics									
9a										
b	If the plan provides welfare benefits, enter the applicable welfare for	eature cod	les from the List of Pla	n Chara	acterist	tic Cod	les in the in	structions:		
Par	t V Compliance Questions									
10	During the plan year:				Yes	No		Amount		
	Was there a failure to transmit to the plan any participant contribu	itions withi	n the time period					741104111		
	described in 29 CFR 2510.3-102? (See instructions and DOL's V Program)			10a		Χ				
b				IVa		^				
	reported on line 10a.)					X				
С	C Was the plan covered by a fidelity bond?					Χ				
d	<b>d</b> Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesty?			10d		X				
e	Were any fees or commissions paid to any brokers, agents, or other persons by an insurance carrier, insurance service, or other organization that provides some or all of the benefits under the plan? (See instructions.)			10e		X				
f	<b>f</b> Has the plan failed to provide any benefit when due under the plan?					X				
g	g Did the plan have any participant loans? (If "Yes," enter amount as of year-end.)					X				
h	h If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3.)					X				
i	i If 10h was answered "Yes," check the box if you either provided the required notice or one of the exceptions to providing the notice applied under 29 CFR 2520.101-3									

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Part	VI Pension Funding Compliance							
11	Is this a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and complete Sc (Form 5500) and line 11a below)	В	Yes 🛚 N	Ю				
11a	Enter the unpaid minimum required contributions for all years from Schedule SB (Form 5500) line 40	11a						
12	Is this a defined contribution plan subject to the minimum funding requirements of section 412 of the Code or section ERISA?		f	Yes 🛛 N	Ю			
	(If "Yes," complete line 12a or lines 12b, 12c, 12d, and 12e below, as applicable.)							
а	If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instructions, ar granting the waiver	d enter t Day						
lf y	ou completed line 12a, complete lines 3, 9, and 10 of Schedule MB (Form 5500), and skip to line 13.							
b	Enter the minimum required contribution for this plan year	12b						
С	Enter the amount contributed by the employer to the plan for this plan year	12c						
d	Subtract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the left of a negative amount)	12d						
е	Will the minimum funding amount reported on line 12d be met by the funding deadline?		Yes	No N/A				
Part VII Plan Terminations and Transfers of Assets								
13a	Has a resolution to terminate the plan been adopted in any plan year?		Yes X No					
	If "Yes," enter the amount of any plan assets that reverted to the employer this year	13a						
b	Were all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brought under the control of the PBGC?	) 	Yes X No					
<b>c</b> If, during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify the plan(s) to which assets or liabilities were transferred. (See instructions.)								
13c(1) Name of plan(s): 13c(2				EIN(s) <b>13c(3)</b> PN(s)				