Form 5500

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration

Pension Benefit Guaranty Corporation

Annual Return/Report of Employee Benefit Plan

This form is required to be filed for employee benefit plans under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA) and sections 6057(b) and 6058(a) of the Internal Revenue Code (the Code).

➤ Complete all entries in accordance with the instructions to the Form 5500.

OMB Nos. 1210-0110 1210-0089

2018

This Form is Open to Public Inspection

						inspection			
Part I	Annual Report Id	lentification Informati	ion						
For calend	For calendar plan year 2018 or fiscal plan year beginning 01/01/2018 and ending 12/31/2018								
A This return/report is for:		a multiemployer plan	[a multiple-employer plan (Filers checking this box must attach a list of participating employer information in accordance with the form instructions.)					
B This return/report is:		x a single-employer plan	a single-employer plan a DFE (specify)						
		the first return/report		the final return/report					
		an amended return/rep	ort	a short plan year return/report (less than 12 months)					
C If the plan is a collectively-bargained plan, check here									
D Check b	oox if filing under:	X Form 5558		automatic extension	th	e DFVC program			
		special extension (enter	description)						
Part II	Basic Plan Inform	nation—enter all requeste	d information				•		
1a Name of plan AMERISTAR MEATS HEALTH AND WELFARE PROGRAM					1b	Three-digit plan number (PN) ▶	501		
					1c	Effective date of pla 01/01/1997	an		
Mailing City or	ponsor's name (employe g address (include room, town, state or province,	2b Employer Identification Number (EIN) 01-0737828							
AMERISTA	R MEATS, INC.				2c	Plan Sponsor's tele number 509-535-2014	•		
		210 S MCKINNON RD SPOKANE VALLEY, WA 99212-0742		2d	2d Business code (see instructions) 311900				
Caution: A penalty for the late or incomplete filing of this return/report will be assessed unless reasonable cause is established.									

Under penalties of perjury and other penalties set forth in the instructions, I declare that I have examined this return/report, including accompanying schedules, statements and attachments, as well as the electronic version of this return/report, and to the best of my knowledge and belief, it is true, correct, and complete.

SIGN HERE	Filed with authorized/valid electronic signature. Signature of plan administrator	08/29/2019 Date	JAMES KELLER Enter name of individual signing as plan administrator
SIGN HERE	Filed with authorized/valid electronic signature.	08/29/2019	JAMES KELLER
SIGN HERE	Signature of employer/plan sponsor Signature of DFE	Date	Enter name of individual signing as employer or plan sponsor Enter name of individual signing as DFE

For Paperwork Reduction Act Notice, see the Instructions for Form 5500.

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Page 2 Form 5500 (2018) **3a** Plan administrator's name and address X Same as Plan Sponsor 3b Administrator's EIN **3c** Administrator's telephone number If the name and/or EIN of the plan sponsor or the plan name has changed since the last return/report filed for this plan, 4b EIN enter the plan sponsor's name, EIN, the plan name and the plan number from the last return/report: 4d PN Sponsor's name Plan Name Total number of participants at the beginning of the plan year 171 5 Number of participants as of the end of the plan year unless otherwise stated (welfare plans complete only lines 6a(1), 6a(2), 6b, 6c, and 6d). 170 a(1) Total number of active participants at the beginning of the plan year 6a(1)0 a(2) Total number of active participants at the end of the plan year 6a(2)0 Retired or separated participants receiving benefits.... 6b Other retired or separated participants entitled to future benefits...... 6c 0 6d Subtotal. Add lines 6a(2), 6b, and 6c..... Deceased participants whose beneficiaries are receiving or are entitled to receive benefits. 6e Total. Add lines 6d and 6e. 6f Number of participants with account balances as of the end of the plan year (only defined contribution plans 6g complete this item) Number of participants who terminated employment during the plan year with accrued benefits that were less than 100% vested 6h Enter the total number of employers obligated to contribute to the plan (only multiemployer plans complete this item)...... If the plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Characteristics Codes in the instructions: **b** If the plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Characteristics Codes in the instructions: 4B 4D 4E Plan funding arrangement (check all that apply) 9h Plan benefit arrangement (check all that apply) (1) Insurance (1) Insurance (2) Code section 412(e)(3) insurance contracts (2) Code section 412(e)(3) insurance contracts (3) Trust (3) Trust (4) General assets of the sponsor (4) General assets of the sponsor Check all applicable boxes in 10a and 10b to indicate which schedules are attached, and, where indicated, enter the number attached. (See instructions)

b General Schedules

H (Financial Information)

A (Insurance Information)

I (Financial Information – Small Plan)

C (Service Provider Information)D (DFE/Participating Plan Information)

G (Financial Transaction Schedules)

(1)

(2)

(3)

(4)

(5)

(6)

a Pension Schedules

actuary

(1)

(2)

(3)

R (Retirement Plan Information)

MB (Multiemployer Defined Benefit Plan and Certain Money

Purchase Plan Actuarial Information) - signed by the plan

SB (Single-Employer Defined Benefit Plan Actuarial

Information) - signed by the plan actuary

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Receipt Confirmation Code_