Form 5500-SF

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration

Pension Benefit Guaranty Corporation

Short Form Annual Return/Report of Small Employee **Benefit Plan**

This form is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA), and sections 6057(b) and 6058(a) of the Internal Revenue Code (the Code).

▶ Complete all entries in accordance with the instructions to the Form 5500-SF.

OMB Nos. 1210-0110 1210-0089

2018

This Form is Open to Public Inspection

Part I	Annual Report	t Identification Information	l			
For calenda	ar plan year 2018 or	fiscal plan year beginning 01/01/2	2019	and ending 03	3/15/2019	
A This ret	urn/report is for:	X a single-employer plan		plan (not multiemployer) (employer information in ac	_	
		a one-participant plan	a foreign plan			
B This retu	urn/report is	the first return/report	X the final return/report	t		
		an amended return/report	X a short plan year retu	urn/report (less than 12 m	onths)	
C Check b	oox if filing under:	Form 5558	automatic extension	1	DFVC progra	am
		special extension (enter descri	ription)			
Part II	Basic Plan Info	ormation—enter all requested in	formation			
1a Name DOUGLASS	•	THETICS & ORTHOTICS, INC. 4011	K PROFIT SHARING PLA	AN	1b Three-dig plan numl (PN) ▶	
					1c Effective	date of plan 03/01/2003
		loyer, if for a single-employer plan)			2b Employer	Identification Number
		om, apt., suite no. and street, or P.C nce, country, and ZIP or foreign post		structions)	(EIN)	91-1705254
		THETICS & ORTHOTICS INC.	,	,		s telephone number 06-363-7790
					2d Business	code (see instructions)
10740 MERII SEATLE, WA	DIAN AVE N SUITE (A 98133	G2				621340
3a Plan a	dministrator's name a	and address 🛛 Same as Plan Spoi	nsor.		3b Administra	ator's EIN
					3c Administra	ator's telephone number
4 If the r	name and/or EIN of the	he plan sponsor or the plan name ha	as changed since the last	t return/report filed for	4b EIN	
this pl	an, enter the plan sp	onsor's name, EIN, the plan name a			4d PN	
C Plan N	or's name lame				4u PN	
		ts at the beginning of the plan year			5a	4
		ts at the end of the plan year			5b	0
		n account balances as of the end of			5c	0
d(1) Tota	al number of active p	articipants at the beginning of the pl	lan year		5d(1)	1
		participants at the end of the plan year			5d(2)	0
than '	100% vested	o terminated employment during the			5e	0
Caution: A	penalty for the late	or incomplete filing of this return	n/report will be assesse	d unless reasonable cau		
SB or Sche		other penalties set forth in the instruction and signed by an enrolled actuary, a notete				
SIGN		d/valid electronic signature.	09/30/2019	KIRK DOUGLAS		
HERE	Signature of plan	administrator	Date	Enter name of individ	ual signing as pl	an administrator
SIGN	Filed with authorize	d/valid electronic signature.	09/30/2019	KIRK DOUGLAS		
HERE	Signature of empl	lover/plan sponsor	Date	Enter name of individ	ual signing as er	nplover or plan sponsor

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	Were all of the plan's assets during the plan year invested in eligib Are you claiming a waiver of the annual examination and report of under 29 CFR 2520.104-46? (See instructions on waiver eligibility	an indepe	ndent qualified public a	account	ant (IC	QPA)		X Yes	No No
С	If you answered "No" to either line 6a or line 6b, the plan cann If the plan is a defined benefit plan, is it covered under the PBGC in If "Yes" is checked, enter the My PAA confirmation number from the	n ot use Fo nsurance p	orm 5500-SF and mus program (see ERISA se	t instea ection 4	ad use 021)?	Form	n 5500 .] Yes ☐ No	Not deter	
Pa	rt III Financial Information		_						
7	Plan Assets and Liabilities		(a) Beginning (of Year			(b) End	of Year	
а	Total plan assets	7a	10	79518				0	
<u>b</u>	Total plan liabilities	7b						0	
<u>C</u>	Net plan assets (subtract line 7b from line 7a)	7c	10	79518				0	
8	Income, Expenses, and Transfers for this Plan Year		(a) Amoun	ıt			(b) ·	Γotal	
a	Contributions received or receivable from: (1) Employers	8a(1)							
	(2) Participants	8a(2)							
	(3) Others (including rollovers)	8a(3)							
<u>b</u>	Other income (loss)	8b		81719					
	Total income (add lines 8a(1), 8a(2), 8a(3), and 8b)	8c						81719	
d	Benefits paid (including direct rollovers and insurance premiums to provide benefits)	8d	110	61097	_				
е	Certain deemed and/or corrective distributions (see instructions) \dots	8e							
<u>f</u>	Administrative service providers (salaries, fees, commissions)	8f		140					
<u>g</u>	Other expenses	8g							
<u>h</u>	Total expenses (add lines 8d, 8e, 8f, and 8g)	8h						1161237	
<u> </u>	Net income (loss) (subtract line 8h from line 8c)	8i						-1079518	
	Transfers to (from) the plan (see instructions)	8j							
	rt IV Plan Characteristics								
9a 	If the plan provides pension benefits, enter the applicable pension 2E 2F 2G 2J 2K 2T 3D	feature co	odes from the List of Pla	an Cha	racteri	stic Co	odes in the ins	tructions:	
b	If the plan provides welfare benefits, enter the applicable welfare for	eature cod	des from the List of Pla	n Chara	acteris	tic Cod	des in the instr	ructions:	
Par	t V Compliance Questions								
10	During the plan year:				Yes	No		Amount	
а	Was there a failure to transmit to the plan any participant contribu described in 29 CFR 2510.3-102? (See instructions and DOL's V Program)	oluntary F	Fiduciary Correction	10a		X			
b	Were there any nonexempt transactions with any party-in-interest reported on line 10a.)	t? (Do not	include transactions	10b		Х			
С	Was the plan covered by a fidelity bond?			10c		X			
d	Did the plan have a loss, whether or not reimbursed by the plan's by fraud or dishonesty?	fidelity bo	nd, that was caused	10d		Х			
е	Were any fees or commissions paid to any brokers, agents, or oth carrier, insurance service, or other organization that provides som the plan? (See instructions.)	ne or all of	the benefits under	10e		X			
f	Has the plan failed to provide any benefit when due under the pla	n?		10f		X			
g	Did the plan have any participant loans? (If "Yes," enter amount a	s of year-	end.)	10g		X			
h	If this is an individual account plan, was there a blackout period? 2520.101-3.)	•		10h		X			
i	If 10h was answered "Yes," check the box if you either provided the exceptions to providing the notice applied under 29 CFR 2520.10	•		10i					

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Part	VI Pension Funding Compliance			
11	Is this a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and complete (Form 5500) and line 11a below)		SB	Yes 🛚 No
11a	Enter the unpaid minimum required contributions for all years from Schedule SB (Form 5500) line 40	11a		
12	Is this a defined contribution plan subject to the minimum funding requirements of section 412 of the Code or se ERISA?		of	Yes X No
	(If "Yes," complete line 12a or lines 12b, 12c, 12d, and 12e below, as applicable.)			
а	If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instructions, granting the waiver	and enter Da		of the letter ruling Year
lf y	ou completed line 12a, complete lines 3, 9, and 10 of Schedule MB (Form 5500), and skip to line 13.			
b	Enter the minimum required contribution for this plan year	12b		
С	Enter the amount contributed by the employer to the plan for this plan year	12c		
d	Subtract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the left of a negative amount)	12d		
е	Will the minimum funding amount reported on line 12d be met by the funding deadline?		Yes	□ No □ N/A
Part '	VII Plan Terminations and Transfers of Assets			
13a	Has a resolution to terminate the plan been adopted in any plan year?		X Ye	s No
	If "Yes," enter the amount of any plan assets that reverted to the employer this year	13a		(
b	Were all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brought under control of the PBGC?	the		X Yes No
С	If, during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify the plan which assets or liabilities were transferred. (See instructions.)	n(s) to		
1	3c(1) Name of plan(s):	(2) EIN(s)		13c(3) PN(s)

Form 5500-SF

Department of the Treasury Internal Revenue Service

Employee Benefits Security Administration Pension Benefit Guaranty Corporation

Department of Labor

Short Form Annual Return/Report of Small Employee **Benefit Plan**

This form is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA), and section 6057(b) and 6058(a) of the Internal Revenue Code (the Code).

► Complete all entries in accordance with the instructions to the Form 5500-SF.

OMB Nos. 1210-0110 1210-0089

2018

This Form is Open to Public Inspection

	art I Annual Repor	t Identification Information				
For	calendar plan year 2018 or f	iscal plan year beginning	01/01/2019	and ending	03/15/201	
Α	This return/report is for:	x a single-employer plan	a multiple-employer p a list of participating e a foreign plan	an (not multiemployer) (F mployer information in ac	ilers checking this cordance with the	s box must attach e form instructions.)
ь	This seturn/report is:	a one-participant plan the first return/report	x the final return/report			
В	This return/report is:				-4b>	
		an amended return/report	x a short plan year retui	n/report (less than 12 mo	ntns)	
С	Check box if filing under:	Form 5558	automatic extension		DFVC pr	ogram
10000						
		formation enter all requested	information	T	1b Three-digit	<u> </u>
Та	Name of plan Douglass Certified	d Prosthetics & Orthotic	s, Inc. 401k Profi	t Sharing	plan numbe (PN) ▶	
	Plan				1c Effective da 03/01/20	
2a	Mailing Address (include ro City or town, state or proving	oloyer, if for a single-employer plan) boom, apt., suite no. and street, or P.o. nce, country, and ZIP or foreign pos I Prosthetics & Orthotic	tal code (if foreign, see inst	ructions)	(EIN) 91	dentification Number -1705254 delephone number 63-7790
	10740 Meridian Ave	e N Suite G2			2d Business c 621340	ode (see instructions)
20	US Seatle WA 98133	and address X Same as Plan Sp	onsor		3b Administrat	tor's EIN
-						tor's telephone number
4	If the name and/or EIN of t this plan, enter the plan sp	the plan sponsor or the plan name h onsor's name, EIN, the plan name a	as changed since the last re and the plan number from the	eturn/report filed for le last return/report.	4b EIN	
c	Sponsor's name Plan Name				4d PN	
F	Total number of participan	ts at the beginning of the plan year			5a	4
		ts at the end of the plan year		1	5b	0
c	Number of participants wit	h account balances as of the end of	the plan year (only defined		5c	0
d		articipants at the beginning of the pl			5d(1)	1
d	(2) Total number of active p	articipants at the end of the plan year	ar		5d(2)	0
е	Number of participants wh	o terminated employment during the	e plan year with accrued be		5e	0
_					se is establishe	d
U	Inder penalties of periury and	te or incomplete filing of this return other penalties set forth in the instruction of end signed by an enrolled actuary, properte.	uctions. I declare that I have	e examined this return/rep	ort, including, if a	applicable, a Schedule
	CICN // b	tarkan	9/30/19	Kirk Downle	355	
160	HERE Signature of plan a	dministrator	Date	Enter name of individua	l signing as plan	administrator
	Signature of plan at		9/2/10	11		
	SIGN /wh	rylan	7/30/19	Kirk Dugles		aver as alon second
23	HERE Signature of employ	yef <i>l</i> plan sponsor	Date '	Enter name of individua	i signing as empl	oyer or plan sponsor

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6a	Were all of the plan's assets during the plan year invested in eligible	assets? (See instructions.)	•••••	•••••	••••••		х	Yes No
b	b Are you claiming a waiver of the annual examination and report of an independent qualified public accountant (IQPA)								
	under 29 CFR 2520.104-46? (See instructions on waiver eligibility and conditions.) If you answered "No" to either line 6a or line 6b, the plan cannot use Form 5500-SF and must instead use Form 5500.						х	YesNo	
•	If the plan is a defined benefit plan, is it covered under the PBGC ins							По П	Not determined
C	If "Yes" is checked, enter the My PAA confirmation number from the					_			
	The second continuation number from the	PBGC pre	emium ming for this year					(See II	nstructions.)
Pa	rt III Financial Information								
7	Plan Assets and Liabilities		(a) Beginning of	f Yea	r			(b) End of Yea	ar
a	Total plan assets	7a	1,07	9,5	18				0
b	Total plan liabilities	7b							0
С	Net plan assets (subtract line 7b from line 7a)	7c	1,07	9,5	18				0
8	Income, Expenses, and Transfers for this Plan Year		(a) Amount			_		(b) Total	
а	Contributions received or receivable from: (1) Employers	8a(1)							
	(2) Participants	8a(2)							
	(3) Others (including rollovers)	8a(3)							
b	Other income (loss)	8b	8	31,7	19				
С	Total income (add lines 8a(1), 8a(2), 8a(3), and 8b)	8c							81,719
d	Benefits paid (including direct rollovers and insurance premiums to provide benefits)	8d	1,16	1,0	97				
е	Certain deemed and/or corrective distributions (see instructions)	8e							
f	Administrative service providers (salaries, fees, commissions)	8f		1	40				
g	Other expenses	8g							
h	Total expenses (add lines 8d, 8e, 8f, and 8g)	8h						1,1	161,237
i	Net income (loss) (subtract line 8h from line 8c)	8i						(1,0	79,518)
j	Transfers to (from) the plan (see instructions)	8j							
Pa	rt IV Plan Characteristics								
9a	If the plan provides pension benefits, enter the applicable pension fe	ature code	es from the List of Plan Ch	aract	eristic	Code	s in the	e instructions:	
	2E 2F 2G 2J 2K 2T 3D								
b	If the plan provides welfare benefits, enter the applicable welfare fea	ture code:	s from the List of Plan Cha	racte	ristic (Codes	in the	instructions:	
Pa	art V Compliance Questions								
10	During the plan year:				Yes	No	N/A	Amo	unt
а									
	described in 29 CFR 2510.3-102? (See instructions and DOL's Vo	luntary Fid	duciary Correction						
	Program)			10a		х			
b	Were there any nonexempt transactions with any party-in-interest? reported on line 10a.)			10b		х			
				10c		х			
d	Did the plan have a loss, whether or not reimbursed by the plan's to by fraud or dishonesty?	-		10d		х			
е		er persons e or all of t	s by an insurance the benefits under	10e		x			
f	Has the plan failed to provide any benefit when due under the plan	າ?	••••••	10f		х			
9	Did the plan have any participant loans? (If "Yes," enter amount as	s of year e	nd.)	10g		х			
h	If this is an individual account plan, was there a blackout period? (2520.101-3.)			10h		x			
i	If 10h was answered "Yes," check the box if you either provided the exceptions to providing the notice applied under 29 CFR 2520.101			10i					

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Part	: VI	Pension Funding Compliance						
11	Is this a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and complete Schedule SB (Form 5500 and line 11a below)						s X	No
11a	Enter th	ne unpaid minimum required contributions for all years from Schedule SB (Form 5500) line 40	•••••	11a				
12 Is this a defined contribution plan subject to the minimum funding requirements of section 412 of the Code or section 302 of ERISA? (If "Yes," complete line 12a or lines 12b, 12c, 12d, and 12e below, as applicable.)							s X	No
,	grantin		Month	d enter t		f the lette _ Year _	er rulin	9
lf y	ou com	pleted line 12a, complete lines 3, 9, and 10 of Schedule MB (Form 5500), and skip to line	13.					
b	Enter th	ne minimum required contribution for this plan year.	••••••	12b				
С	c Enter the amount contributed by the employer to the plan for the plan year							
d Subtract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the left of a negative amount)								
e Will the minimum funding amount reported on line 12d be met by the funding deadline?					Yes 🗌	No [N/A	
Part	VII	Plan Terminations and Transfers of Assets						
13a	Has a r	esolution to terminate the plan been adopted in any plan year?	•••••	x	Yes		lo	
	If "Yes,	" enter the amount of any plan assets that reverted to the employer this year	••••••	13a				0
b		Il the plan assets distributed to participants or beneficiaries, transferred to another plan, or bround the PBGC?	J		X Y	es	No	
С	,	g this plan year, any assets or liabilities were transferred from this plan to another plan(s), ider issets or liabilities were transferred. (See instructions.)	ntify the plan(s) to				
13	3 c(1) Na	me of plan(s):	13c(2) El	N(s)		13c(3) PN(s)	