Form 5500

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration

Annual Return/Report of Employee Benefit Plan

This form is required to be filed for employee benefit plans under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA) and sections 6057(b) and 6058(a) of the Internal Revenue Code (the Code).

➤ Complete all entries in accordance with the instructions to the Form 5500.

OMB Nos. 1210-0110 1210-0089

2018

	Administration	the manach	ons to the rollings	00.				
Pension Benefit Guaranty Corporation					This Form is Open to Public Inspection			
Part I		ntification Information						
For caler	dar plan year 2018 or fiscal	plan year beginning 05/01/2018		and ending 04/30/2	019			
A This r	eturn/report is for:	a multiemployer plan		loyer plan (Filers checking t			ns.)	
x a single-employer plan a DFE (specify)							,	
B This r	eturn/report is:	the first return/report	the final return/	report report				
		an amended return/report	a short plan ye	ar return/report (less than 1	2 months))		
C If the	plan is a collectively-bargain	ed plan, check here				•		
D Check	k box if filing under:	Form 5558	automatic exten	sion	the	e DFVC program		
		special extension (enter description)						
Part II	Basic Plan Informa	ation—enter all requested information	n					
1a Nam	•	PORATION EMPLOYEES' PENSION	PLAN		1b	Three-digit plan number (PN) ▶	002	
					1c	Effective date of pl 07/01/1985	an	
Mailing address (include room, apt., suite no. and street, or P.O. Box) Number (E							Employer Identification Number (EIN) 91-0332400	
NATIONA	L FROZEN FOODS CORPO	DRATION			2c Plan Sponsor's telephone number 206-322-8900			
P.O. BOX SEATTLE	9366 i, WA 98109		RVIEW AVENUE EAST E, WA 98109			Business code (se instructions) 311400	е	
Caution: A penalty for the late or incomplete filing of this return/report will be assessed unless reasonable cause is established.								
Under penalties of perjury and other penalties set forth in the instructions, I declare that I have examined this return/report, including accompanying schedules, statements and attachments, as well as the electronic version of this return/report, and to the best of my knowledge and belief, it is true, correct, and complete.								
SIGN HERE	Filed with authorized/valid el	lectronic signature.	01/22/2020	DANIEL CLEMENTS				
	Signature of plan adminis	strator	Date	Enter name of individual s	signing as	plan administrator		
SIGN								
HERE	Signature of employer/pla	an sponsor	Date	Enter name of individual s	signing as	employer or plan sp	onsor	
					_			

Date

For Paperwork Reduction Act Notice, see the Instructions for Form 5500.

SIGN HERE

Signature of DFE

Form 5500 (2018) v. 171027

Enter name of individual signing as DFE

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3a	Plan administrator's name and address X Same as Plan Sponsor		3b Administrator's EIN			
		3c Administrator's telephone number				
4	If the name and/or EIN of the plan sponsor or the plan name has changed sir enter the plan sponsor's name, EIN, the plan name and the plan number from			4b EIN		
а	Sponsor's name	ii tiic last icta	пписроп.	4d PN		
С	Plan Name					
5	Total number of participants at the beginning of the plan year			5	582	
6	Number of participants as of the end of the plan year unless otherwise stated 6a(2) , 6b , 6c , and 6d).	welfare plar	ns complete only lines 6a(1),			
а(1) Total number of active participants at the beginning of the plan year			6a(1)	232	
a(2) Total number of active participants at the end of the plan year			6a(2)	203	
b	Retired or separated participants receiving benefits			. 6b	141	
С	Other retired or separated participants entitled to future benefits			. 6c	229	
d	Subtotal. Add lines 6a(2), 6b, and 6c.			. 6d	573	
е	Deceased participants whose beneficiaries are receiving or are entitled to rec	ceive benefits		. 6e	0	
f	Total. Add lines 6d and 6e .			. 6f	573	
g	Number of participants with account balances as of the end of the plan year (complete this item)			. 6g		
h	Number of participants who terminated employment during the plan year with			3		
7	less than 100% vested				0	
7	Enter the total number of employers obligated to contribute to the plan (only r				uational	
oa	If the plan provides pension benefits, enter the applicable pension feature co	des from the i	LIST OF PIAN CHARACTERISTICS COO	es in the mstr	actions.	
D	If the plan provides welfare benefits, enter the applicable welfare feature code	es from the Li	ist of Plan Characteristics Code	s in the instruc	ctions:	
9a	Plan funding arrangement (check all that apply)		enefit arrangement (check all th	at apply)		
	(1) Insurance (2) Code section 412(e)(3) insurance contracts	(1) (2)	Insurance Code section 412(e)(3)	insurance cor	ntracts	
	(3) X Trust	(3)	X Trust	modrance cor	iliaois	
	(4) General assets of the sponsor	(4)	General assets of the s	ponsor		
10	Check all applicable boxes in 10a and 10b to indicate which schedules are at	ttached, and,	where indicated, enter the num	ber attached.	(See instructions)	
а	Pension Schedules	b Gener	al Schedules			
	(1) X R (Retirement Plan Information)	(1)	H (Financial Infor	mation)		
		(2)	I (Financial Inforr	nation – Smal	l Plan)	
	(2) MB (Multiemployer Defined Benefit Plan and Certain Money	(3)	A (Insurance Info		,	
	Purchase Plan Actuarial Information) - signed by the plan actuary	(4)	C (Service Provide	,)	
			` ` `		,	
	(3) SB (Single-Employer Defined Benefit Plan Actuarial	(5)	D (DFE/Participat	•	ŕ	
	Information) - signed by the plan actuary	(6)	☐ G (Financial Tran	saction Sched	uies)	

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Receipt Confirmation Code_

SCHEDULE SB (Form 5500)

Department of the Treasury Internal Revenue Service Department of Labor

Employee Benefits Security Administration

Pension Benefit Guaranty Corporation

Single-Employer Defined Benefit Plan Actuarial Information

This schedule is required to be filed under section 104 of the Employee Retirement Income Security Act of 1974 (ERISA) and section 6059 of the Internal Revenue Code (the Code).

File as an attachment to Form 5500 or 5500-SF.

OMB No. 1210-0110

2018

This Form is Open to Public Inspection

Fo	or calendar plan year 2018 or fiscal plan year beginning 05/01/2018		and endin	g 04/3	30/2019			
	Round off amounts to nearest dollar. Caution: A penalty of \$1,000 will be assessed for late filing of this report unless	rosconablo	causa is astablished	4				
	Name of plan NATIONAL FROZEN FOODS CORPORATION EMPLOYEES' PENSION PLAN	reasonable	B Three-dig					
С	Plan sponsor's name as shown on line 2a of Form 5500 or 5500-SF NATIONAL FROZEN FOODS CORPORATION		D Employer Identification Number (EIN) 91-0332400					
E	Type of plan: ☐ Single ☐ Multiple-A ☐ Multiple-B	e: 100 or fewer	101-	500 X More th	an 500			
	Part I Basic Information		Ш		<u>L</u>			
1		Year 2018						
2	Assets:							
	a Market value			. 2a		31968712		
	b Actuarial value			2b		31968712		
3	Funding target/participant count breakdown		(1) Number of participants	. ,	sted Funding Target	(3) Total Funding Target		
	a For retired participants and beneficiaries receiving payment		129		9911479	9911479		
	b For terminated vested participants		221		5505422			
	C For active participants		232	18080861 180				
	d Total		582		33498632			
4	If the plan is in at-risk status, check the box and complete lines (a) and (b)							
	a Funding target disregarding prescribed at-risk assumptions			4a				
	b Funding target reflecting at-risk assumptions, but disregarding transition rule at-risk status for fewer than five consecutive years and disregarding loading			4b				
5	Effective interest rate			5				
6	Target normal cost							
Sta	atement by Enrolled Actuary To the best of my knowledge, the information supplied in this schedule and accompanying schedules, state accordance with applicable law and regulations. In my opinion, each other assumption is reasonable (takin combination, offer my best estimate of anticipated experience under the plan. SIGN							
	HERE				01/15/202	0		
	Signature of actuary				Date			
	ROBERT V. ANTHONY		17-04924					
	Type or print name of actuary			Most	recent enrollmer	nt number		
	NORTHWEST PLAN SERVICES				425-742-01	77		
	Firm name 15130 MAIN STREET, SUITE 300 MILL CREEK, WA 98012		Те	lephone	number (includ	ing area code)		
	Address of the firm							
If th	ne actuary has not fully reflected any regulation or ruling promulgated under the st	tatute in com	pleting this schedule	e, check	the box and see	e [

Pa	art II	Begin	ning of Year	Carryov	er and Prefunding	Bala	ances						_
	•			-				(a) Carryover balance (b) Prefunding balance			g balance		
7		•	•		able adjustments (line 13					0			3598907
8				•	nding requirement (line 35					0			1400419
9	Amount r	emaining	g (line 7 minus line	: 8)						0			2198488
10	Interest of	on line 9 เ	using prior year's	actual retu	rn of <u>7.28</u> %					0			160050
11	Prior yea	r's exces	s contributions to	be added	to prefunding balance:								
a Present value of excess contributions (line 38a from prior year)										0			
b(1) Interest on the excess, if any, of line 38a over line 38b from prior year Schedule SB, using prior year's effective interest rate of6.00_%										0			
				-	edule SB, using prior year								0
					ar to add to prefunding bala								0
	d Portion	n of (c) to	be added to prefu	unding bala	ance								0
12	Other red	ductions i	n halances due to	elections	or deemed elections					0			538595
					line 10 + line 11d – line 12					0			1819943
	art III		ding Percenta			,	I				ı		
												14	90.00%
)							15	90.00%
	Prior yea	r's fundir	ng percentage for	ourposes o	of determining whether ca	irryove	er/prefundi	ing balanc	es may be used			16	90.00%
17	year's funding requirement									%			
Р	art IV	Con	tributions an	d Liquid	ity Shortfalls							•	
18					ar by employer(s) and em	ploye							
(1)	(a) Date MM-DD-Y)		(b) Amount p employer		(c) Amount paid by employees		(a) Da (MM-DD-		(b) Amount employe		y (c) Amount paid by employees		
		,	- 1 - 2	/	1 1/2			,		(-)			
												1	
							otals ▶	18(b)			0 18(c)		0
19					uctions for small plan with								
	_				num required contribution				· ·	19a			0
				-	usted to valuation date				F	19b 19c			0
20			itions and liquidity		red contribution for current	year a	adjusted to	valuation	Jale	190			0
20	-				e prior year?							X	Yes No
	b If line	20a is "Y	es," were required	quarterly	installments for the currer	nt yea	r made in	a timely m	anner?			X	Yes No
	C If line	20a is "Y	es," see instructio	ns and con	nplete the following table	as ap	plicable:			j			
					Liquidity shortfall as of	end of	f quarter o		*				
		(1) 1s			(2) 2nd			(3)	3rd			(4) 4th	
			0		0				0				0

P	Part V Assumptions Used to Determine	Funding Target and Targ	et Normal Cost				
21	Discount rate:						
	a Segment rates: 1st segment: 3.92%	2nd segment: 5.52%	3rd segment: 6.29 %		N/A, full yield curve used		
	b Applicable month (enter code)			21b	0		
22	Weighted average retirement age			22	62		
23	Mortality table(s) (see instructions) Prior regulation			l - separa	te Substitute		
	Current regulat	tion: Prescribed - comb	ined X Prescribed	l - senara	te Substitute		
		Tresonised domis	T TOSTIDO	- осрага			
	art VI Miscellaneous Items						
24	Has a change been made in the non-prescribed actua attachment						
25	Has a method change been made for the current plan	year? If "Yes," see instructions re	egarding required attach	ment	Yes X No		
26	Is the plan required to provide a Schedule of Active Pa	articipants? If "Yes," see instruction	ons regarding required a	ttachmen	tX Yes No		
27	If the plan is subject to alternative funding rules, enter attachment	• •	ons regarding	27			
P	art VII Reconciliation of Unpaid Minimu	m Required Contribution	s For Prior Years	<u> </u>			
28	Unpaid minimum required contributions for all prior year	ars		28	0		
29	Discounted employer contributions allocated toward ur (line 19a)		' '	29	0		
30	Remaining amount of unpaid minimum required contri	butions (line 28 minus line 29)		30	0		
Pa	art VIII Minimum Required Contribution	For Current Year					
31	Target normal cost and excess assets (see instruction	ns):					
	a Target normal cost (line 6)			31a	776497		
	b Excess assets, if applicable, but not greater than line	e 31a		31b	0		
32	Amortization installments:		Outstanding Balar	nce	Installment		
	a Net shortfall amortization installment		33	349863	808667		
	b Waiver amortization installment			0	0		
33	If a waiver has been approved for this plan year, enter (Month Day Year	the date of the ruling letter granti) and the waived amount		33			
34	Total funding requirement before reflecting carryover/p	orefunding balances (lines 31a - 3	1b + 32a + 32b - 33)	34	1585164		
		Carryover balance	Prefunding balan	ice	Total balance		
35	Balances elected for use to offset funding requirement	0	158	35164	1585164		
36	Additional cash requirement (line 34 minus line 35)			36	0		
37	Contributions allocated toward minimum required cont	, ,	`	37	0		
38	Present value of excess contributions for current year	(see instructions)		<u> </u>			
	a Total (excess, if any, of line 37 over line 36)			38a	0		
	b Portion included in line 38a attributable to use of pre	efunding and funding standard car	ryover balances	38b	0		
39	Unpaid minimum required contribution for current year	(excess, if any, of line 36 over lin	e 37)	39	0		
40	Unpaid minimum required contributions for all years			40	0		
Pa	rt IX Pension Funding Relief Under P	ension Relief Act of 2010	(See Instructions)			
41	If an election was made to use PRA 2010 funding relie	f for this plan:					
	a Schedule elected				2 plus 7 years 15 years		
	b Eligible plan year(s) for which the election in line 41a	a was made			08		

SCHEDULE C (Form 5500)

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration

Pension Benefit Guaranty Corporation

Service Provider Information

This schedule is required to be filed under section 104 of the Employee Retirement Income Security Act of 1974 (ERISA).

File as an attachment to Form 5500.

OMB No. 1210-0110

2018

This Form is Open to Public Inspection.

For calendar plan year 2018 or fiscal plan year beginning 05/01/2018	and ending 04/30/2019
A Name of plan	B Three-digit
NATIONAL FROZEN FOODS CORPORATION EMPLOYEES' PENSION PLAN	plan number (PN)
	plan number (1 14)
C Plan sponsor's name as shown on line 2a of Form 5500	D Employer Identification Number (EIN)
NATIONAL FROZEN FOODS CORPORATION	91-0332400
WHOME TROZERT GODG GORT GRATION	91-0332400
Part I Compies Describer Information (assignments)	
Part I Service Provider Information (see instructions)	
You must complete this Part, in accordance with the instructions, to report the information required or more in total compensation (i.e., money or anything else of monetary value) in connection plan during the plan year. If a person received only eligible indirect compensation for which the answer line 1 but are not required to include that person when completing the remainder of the	with services rendered to the plan or the person's position with the he plan received the required disclosures, you are required to
4 Information on Demons Booking Only Eligible Indirect Common acti	
1 Information on Persons Receiving Only Eligible Indirect Compensation	
a Check "Yes" or "No" to indicate whether you are excluding a person from the remainder of this	
indirect compensation for which the plan received the required disclosures (see instructions for	or definitions and conditions)
h If we have the second the secon	the considerate the decrease from the consideration of the consideration
b If you answered line 1a "Yes," enter the name and EIN or address of each person providing received only eligible indirect compensation. Complete as many entries as needed (see instru-	
(b) Enter name and EIN or address of person who provided you disc	osures on eligible indirect compensation
(b) Enter name and EIN or address of person who provided you disc	osures on eligible indirect compensation
/L) =	
(b) Enter name and EIN or address of person who provided you disc	osures on eligible indirect compensation
(b) Fatarana and Fill	and the state of t
(b) Enter name and EIN or address of person who provided you disc	osures on eligible indirect compensation

Schedule C (Form 5500) 2018	Page 2- 1
(b) Enter name and EIN or address of person w	no provided you disclosures on eligible indirect compensation
(b) Enter name and EIN or address of person w	no provided you disclosures on eligible indirect compensation
(b) Enter name and EIN or address of person w	no provided you disclosures on eligible indirect compensation
(b) Enter name and EIN or address of person w	no provided you disclosures on eligible indirect compensation
(b) Enter name and EIN or address of person w	no provided you disclosures on eligible indirect compensation
(b) Enter name and EIN or address of person w	no provided you disclosures on eligible indirect compensation
(b) Enter name and EIN or address of person w	no provided you disclosures on eligible indirect compensation
(b) Enter name and EIN or address of person w	ho provided you disclosures on eligible indirect compensation

Page	3	-	1	

answered	"Yes" to line 1a above	e, complete as many	entries as needed to list ea	r Indirect Compensation ich person receiving, directly or ne plan or their position with the	indirectly, \$5,000 or more in t	total compensation
			(a) Enter name and EIN or	r address (see instructions)		
CHARLES	SCHWAB					
42-155800	9					
(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0	(h) Did the service provider give you a formula instead of an amount or estimated amount?
18	NONE	5676	Yes No X	Yes No No		Yes No
		(a) Enter name and EIN or	address (see instructions)	I	
		,	- ,			
(b) Service Code(s)	Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0	(h) Did the service provider give you a formula instead of an amount or estimated amount?
			Yes No	Yes No		Yes No
		(a) Enter name and EIN or	address (see instructions)		
(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0	(h) Did the service provider give you a formula instead of an amount or estimated amount?
			Yes No	Yes No		Yes No

answered	"Yes" to line 1a above	e, complete as many	entries as needed to list ea	r Indirect Compensation the person receiving, directly or the plan or their position with the	indirectly, \$5,000 or more in t	otal compensation
(1.6., 111011	ey or arrything else or	·		r address (see instructions)	plan during the plan year. (Si	ee manuchons).
(b) Service Code(s)	Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0	(h) Did the service provider give you a formula instead of an amount or estimated amount?
			Yes No No	Yes No		Yes No
		(a) Enter name and EIN or	address (see instructions)		
(b) Service Code(s)	Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0	(h) Did the service provider give you a formula instead of an amount or estimated amount?
			Yes No	Yes No		Yes No
		(a) Enter name and EIN or	address (see instructions)		
(b) Service Code(s)	Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0	(h) Did the service provider give you a formula instead of an amount or estimated amount?
			Yes No	Yes No		Yes No

Page	4	-	I
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Part I Service Provider Information (continued)

3. If you reported on line 2 receipt of indirect compensation, other than eligible indirect compen or provides contract administrator, consulting, custodial, investment advisory, investment may questions for (a) each source from whom the service provider received \$1,000 or more in indirect provider gave you a formula used to determine the indirect compensation instead of an amount many entries as needed to report the required information for each source.	nagement, broker, or recordkeepin lirect compensation and (b) each s	g services, answer the following ource for whom the service
(a) Enter service provider name as it appears on line 2	(b) Service Codes	(c) Enter amount of indirect
	(see instructions)	compensation
(d) Enter name and EIN (address) of source of indirect compensation	formula used to determine	compensation, including any ethe service provider's eligibility the indirect compensation.
(a) Enter service provider name as it appears on line 2	(b) Service Codes	(c) Enter amount of indirect
	(see instructions)	compensation
(d) Enter name and EIN (address) of source of indirect compensation	formula used to determine	compensation, including any ethe service provider's eligibility the indirect compensation.
(a) Enter service provider name as it appears on line 2	(b) Service Codes (see instructions)	(c) Enter amount of indirect compensation
	(See IIISH UCHONS)	соттрепоацоп
(d) Enter name and EIN (address) of source of indirect compensation	formula used to determine	compensation, including any ethe service provider's eligibility the indirect compensation.

D	art II Service Providers Who Fail or Refuse to	Dravida Infa-	mation
4			
4	this Schedule.	ach service provide	r who failed or refused to provide the information necessary to complete
	(a) Enter name and EIN or address of service provider (see instructions)	(b) Nature of Service Code(s)	(C) Describe the information that the service provider failed or refused to provide
	(a) Enter name and EIN or address of service provider (see instructions)	(b) Nature of Service Code(s)	(C) Describe the information that the service provider failed or refused to provide
	(a) Enter name and EIN or address of service provider (see instructions)	(b) Nature of Service Code(s)	(C) Describe the information that the service provider failed or refused to provide
	(a) Enter name and EIN or address of service provider (see instructions)	(b) Nature of Service Code(s)	(c) Describe the information that the service provider failed or refused to provide
	(a) Enter name and EIN or address of service provider (see instructions)	(b) Nature of Service Code(s)	(C) Describe the information that the service provider failed or refused to provide
	(a) Enter name and EIN or address of service provider (see instructions)	(b) Nature of Service Code(s)	(c) Describe the information that the service provider failed or refused to provide

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Pa	art III	Termination Information on Accountants and Enrolled Act	uaries (see instructions)		
_	Nome	(complete as many entries as needed)	b EIN:		
<u>a</u>	Name:		D EIN:		
d	Position Address		e Telephone:		
u	Addres	55.	e reiepriorie.		
Ex	planation	າ:			
а	Name:		b EIN:		
С	Positio				
d	Addres		e Telephone:		
			·		
Ex	planation	n:			
а	Name:		b EIN:		
С	Positio				
d	Addres	SS:	e Telephone:		
	planation	2.			
LX	φιαιταιτοι	i.			
а	Name:		b EIN:		
C	Positio		U LIIV.		
d	Addres		e Telephone:		
-	, taarot		• receptions.		
Ex	planation	n:			
а	Name:		b EIN:		
С	Positio	n:			
d	Addres	SS:	e Telephone:		
Ex	planation	n:			

SCHEDULE H (Form 5500)

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration

Financial Information

This schedule is required to be filed under section 104 of the Employee Retirement Income Security Act of 1974 (ERISA), and section 6058(a) of the Internal Revenue Code (the Code).

File as an attachment to Form 5500.

OMB No. 1210-0110

2018

This Form is Open to Public

Pension Benefit Guaranty Corporation					inspectio	n
For calendar plan year 2018 or fiscal pl	an year beginning 05/01/2018	and endi	ng 04/30/2	2019		
A Name of plan NATIONAL FROZEN FOODS CORPO	RATION EMPLOYEES' PENSION PLAN	В	Three-di	git nber (PN)	•	002
C Plan sponsor's name as shown on line 2a of Form 5500 NATIONAL FROZEN FOODS CORPORATION		D	, ,	Identificatio 332400	n Number (E	EIN)
Dort I Accet and Lightlity	. totomont		•		•	

Part I | Asset and Liability Statement

Current value of plan assets and liabilities at the beginning and end of the plan year. Combine the value of plan assets held in more than one trust. Report the value of the plan's interest in a commingled fund containing the assets of more than one plan on a line-by-line basis unless the value is reportable on lines 1c(9) through 1c(14). Do not enter the value of that portion of an insurance contract which guarantees, during this plan year, to pay a specific dollar benefit at a future date. Round off amounts to the nearest dollar. MTIAs, CCTs, PSAs, and 103-12 IEs do not complete lines 1b(1), 1b(2), 1c(8), 1g, 1h, and 1i. CCTs, PSAs, and 103-12 IEs also do not complete lines 1d and 1e. See instructions.

Assets		(a) Beginning of Year	(b) End of Year
a Total noninterest-bearing cash	1a	7451	3643
b Receivables (less allowance for doubtful accounts):			
(1) Employer contributions	1b(1)		
(2) Participant contributions	1b(2)		
(3) Other	1b(3)		
C General investments:			
(1) Interest-bearing cash (include money market accounts & certificates of deposit)	1c(1)	253513	176189
(2) U.S. Government securities	1c(2)		
(3) Corporate debt instruments (other than employer securities):			
(A) Preferred	1c(3)(A)		
(B) All other	1c(3)(B)		
(4) Corporate stocks (other than employer securities):			
(A) Preferred	1c(4)(A)		
(B) Common	1c(4)(B)	1409429	1695007
(5) Partnership/joint venture interests	1c(5)	5755281	4451217
(6) Real estate (other than employer real property)	1c(6)		
(7) Loans (other than to participants)	1c(7)		
(8) Participant loans	1c(8)		
(9) Value of interest in common/collective trusts	1c(9)		
(10) Value of interest in pooled separate accounts	1c(10)		
(11) Value of interest in master trust investment accounts	1c(11)		
(12) Value of interest in 103-12 investment entities	1c(12)		
(13) Value of interest in registered investment companies (e.g., mutual funds)	1c(13)	24543038	25290105
(14) Value of funds held in insurance company general account (unallocated contracts)	1c(14)		
(15) Other	1c(15)		

1d	Employer-related investments:		(a) Beginning of Year	(b) End of Year
	(1) Employer securities	1d(1)		
	(2) Employer real property	1d(2)		
е	Buildings and other property used in plan operation	1e		
f	Total assets (add all amounts in lines 1a through 1e)	1f	31968712	31616161
	Liabilities			
g	Benefit claims payable	1g		
h	Operating payables	1h		
i	Acquisition indebtedness	1i		
j	Other liabilities	1j		
k	Total liabilities (add all amounts in lines 1g through1j)	1k	0	0
	Net Assets			
I	Net assets (subtract line 1k from line 1f)	11	31968712	31616161

Part II Income and Expense Statement

2 Plan income, expenses, and changes in net assets for the year. Include all income and expenses of the plan, including any trust(s) or separately maintained fund(s) and any payments/receipts to/from insurance carriers. Round off amounts to the nearest dollar. MTIAs, CCTs, PSAs, and 103-12 IEs do not complete lines 2a, 2b(1)(E), 2e, 2f, and 2g.

	Income		(a) Amount	(b) Total
а	Contributions:			
	(1) Received or receivable in cash from: (A) Employers	2a(1)(A)		
	(B) Participants	2a(1)(B)		
	(C) Others (including rollovers)	2a(1)(C)		
	(2) Noncash contributions	2a(2)		
	(3) Total contributions. Add lines 2a(1)(A), (B), (C), and line 2a(2)	2a(3)		0
b	Earnings on investments:			
	(1) Interest:			
	(A) Interest-bearing cash (including money market accounts and certificates of deposit)	2b(1)(A)	1197	
	(B) U.S. Government securities	2b(1)(B)		
	(C) Corporate debt instruments	2b(1)(C)		
	(D) Loans (other than to participants)	2b(1)(D)		
	(E) Participant loans	2b(1)(E)		
	(F) Other	2b(1)(F)		
	(G) Total interest. Add lines 2b(1)(A) through (F)	2b(1)(G)		1197
	(2) Dividends: (A) Preferred stock	2b(2)(A)		
	(B) Common stock	2b(2)(B)	1252640	
	(C) Registered investment company shares (e.g. mutual funds)	2b(2)(C)		
	(D) Total dividends. Add lines 2b(2)(A), (B), and (C)	2b(2)(D)		1252640
	(3) Rents	2b(3)		
	(4) Net gain (loss) on sale of assets: (A) Aggregate proceeds	2b(4)(A)	6977266	
	(B) Aggregate carrying amount (see instructions)	2b(4)(B)	6920030	
	(C) Subtract line 2b(4)(B) from line 2b(4)(A) and enter result	2b(4)(C)		57236
	(5) Unrealized appreciation (depreciation) of assets: (A) Real estate	2b(5)(A)		
	(B) Other	2b(5)(B)	-565112	
	(C) Total unrealized appreciation of assets. Add lines 2b(5)(A) and (B)	2b(5)(C)		-565112

			(a	a) Am	ount		(b) Total
	(6) Net investment gain (loss) from common/collective trusts	2b(6)						
	(7) Net investment gain (loss) from pooled separate accounts	2b(7)						
	(8) Net investment gain (loss) from master trust investment accounts	2b(8)						
	(9) Net investment gain (loss) from 103-12 investment entities	2b(9)						
	(10) Net investment gain (loss) from registered investment	2b(10)						
_	companies (e.g., mutual funds)	·						
	Other income							13604
a	Total income. Add all income amounts in column (b) and enter total	2d						759565
	Expenses							
е	Benefit payment and payments to provide benefits:		Γ					
	(1) Directly to participants or beneficiaries, including direct rollovers	2e(1)			110	6441		
	(2) To insurance carriers for the provision of benefits	2e(2)						
	(3) Other	2e(3)						
	(4) Total benefit payments. Add lines 2e(1) through (3)	2e(4)						1106441
f	Corrective distributions (see instructions)	2f						
g								
h	Interest expense	2h						
i	Administrative expenses: (1) Professional fees	2i(1)						
	(2) Contract administrator fees	2i(2)					-	
	(3) Investment advisory and management fees	2i(3)				5675		
	(4) Other	2i(4)				3073		
		2i(5)						E67E
i	(5) Total administrative expenses. Add lines 2i(1) through (4)	2j						5675 1112116
J	Net Income and Reconciliation	,						1112110
l,		2k						252554
ı	Net income (loss). Subtract line 2j from line 2d Transfers of assets:							-352551
•		21(1)						
	(1) To this plan	21(2)						
	(2) From this plan	. 21(2)						
Pa	art III Accountant's Opinion							
	Complete lines 3a through 3c if the opinion of an independent qualified public attached.	accountant	is attached to	o this	Form 5	500. Coi	mplete line 3d	if an opinion is not
а	The attached opinion of an independent qualified public accountant for this pla	ın is (see ins	structions):					
	(1) Unqualified (2) Qualified (3) Disclaimer (4)	Adverse						
b	Did the accountant perform a limited scope audit pursuant to 29 CFR 2520.10	3-8 and/or 1	03-12(d)?				X Yes	No
С	Enter the name and EIN of the accountant (or accounting firm) below:						-	_
	(1) Name: EIDE BAILLY		(2) EIN:	: 45-0	250958			
d	The opinion of an independent qualified public accountant is not attached beau (1) This form is filed for a CCT, PSA, or MTIA. (2) It will be attached		next Form 55	500 pı	ırsuant	to 29 CF	FR 2520.104-5	50.
Pa	art IV Compliance Questions							
4	CCTs and PSAs do not complete Part IV. MTIAs, 103-12 IEs, and GIAs do 103-12 IEs also do not complete lines 4j and 4l. MTIAs also do not complete		e lines 4a, 46	e, 4f,	4g, 4h, 4	4k, 4m,	4n, or 5.	
	During the plan year:				Yes	No	A	mount
а	Was there a failure to transmit to the plan any participant contributions withi							
	period described in 29 CFR 2510.3-102? Continue to answer "Yes" for any fully corrected. (See instructions and DOL's Voluntary Fiduciary Correction			4a		X		
b	Were any loans by the plan or fixed income obligations due the plan in defau							
	close of the plan year or classified during the year as uncollectible? Disrega secured by participant's account balance. (Attach Schedule G (Form 5500) checked.)	Part I if "Yes		4b		X		

Schedule H (Form 5500) 2018	Page 4 -	1
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			Yes	No	Amou	ınt
С	Were any leases to which the plan was a party in default or classified during the year as uncollectible? (Attach Schedule G (Form 5500) Part II if "Yes" is checked.)	4c		X		
d	Were there any nonexempt transactions with any party-in-interest? (Do not include transactions reported on line 4a. Attach Schedule G (Form 5500) Part III if "Yes" is checked.)	4d		X		
е	Was this plan covered by a fidelity bond?	4e	X			500000
f	Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesty?	4f		X		
g	Did the plan hold any assets whose current value was neither readily determinable on an established market nor set by an independent third party appraiser?	4g		X		
h	Did the plan receive any noncash contributions whose value was neither readily determinable on an established market nor set by an independent third party appraiser?	4h		X		
i	Did the plan have assets held for investment? (Attach schedule(s) of assets if "Yes" is checked, and see instructions for format requirements.)	4i	X			
j	Were any plan transactions or series of transactions in excess of 5% of the current value of plan assets? (Attach schedule of transactions if "Yes" is checked, and see instructions for format requirements.)	4j		X		
k	Were all the plan assets either distributed to participants or beneficiaries, transferred to another plan, or brought under the control of the PBGC?	4k		X		
ı	Has the plan failed to provide any benefit when due under the plan?	41		X		
m	If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3.)	4m				
n	If 4m was answered "Yes," check the "Yes" box if you either provided the required notice or one of the exceptions to providing the notice applied under 29 CFR 2520.101-3	4n				
5a	Has a resolution to terminate the plan been adopted during the plan year or any prior plan year?	s X	No			
5b	If, during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identransferred. (See instructions.)	ntify t	he plan	(s) to w	hich assets or liabili	ties were
	5b(1) Name of plan(s)				5b(2) EIN(s)	5b(3) PN(s)
	f the plan is a defined benefit plan, is it covered under the PBGC insurance program (See ERISA section for "Yes" is checked, enter the My PAA confirmation number from the PBGC premium filing for this plan yet.					ot determined instructions.)

SCHEDULE R (Form 5500)

Department of the Treasury Internal Revenue Service

Employee Benefits Security Administration

Department of Labor

Retirement Plan Information

This schedule is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA) and section 6058(a) of the Internal Revenue Code (the Code).

File as an attachment to Form 5500.

OMB No. 1210-0110

2018

This Form is Open to Public Inspection.

	Pension Ber	efit Guaranty Corporation					
For	calendar	olan year 2018 or fiscal plan year beginning 05/01/2018 and er	nding	04/30/2	2019		
	Name of plant	an ROZEN FOODS CORPORATION EMPLOYEES' PENSION PLAN	В	Three-digit plan numbe (PN)	er •	002	
		or's name as shown on line 2a of Form 5500 ROZEN FOODS CORPORATION		Employer Id 91-0332400		ition Number (El	N)
F	Part I	Distributions					
		s to distributions relate only to payments of benefits during the plan year.					
1		ue of distributions paid in property other than in cash or the forms of property specified in the		1			0
2		EIN(s) of payor(s) who paid benefits on behalf of the plan to participants or beneficiaries duri tho paid the greatest dollar amounts of benefits):	ing the	year (if mor	e than	two, enter EINs	of the two
	EIN(s):	33-6032427 42-1558009					
	Profit-sh	naring plans, ESOPs, and stock bonus plans, skip line 3.					
3		of participants (living or deceased) whose benefits were distributed in a single sum, during the		3			0
P	art II	Funding Information (If the plan is not subject to the minimum funding requirements ERISA section 302, skip this Part.)	of sec	ction 412 of t	he Inte	rnal Revenue C	ode or
4	Is the plai	n administrator making an election under Code section 412(d)(2) or ERISA section 302(d)(2)?			Yes	× No	N/A
	If the pla	an is a defined benefit plan, go to line 8.					
5		er of the minimum funding standard for a prior year is being amortized in this r, see instructions and enter the date of the ruling letter granting the waiver. Date: Month	h	Da	у	Year _	
	If you co	empleted line 5, complete lines 3, 9, and 10 of Schedule MB and do not complete the ren	mainde	er o <u>f this sc</u>	hedule	9.	
6	a Ente	r the minimum required contribution for this plan year (include any prior year accumulated fund	ding	6a			
	defic	iency not waived)					
	b Ente	r the amount contributed by the employer to the plan for this plan year		6b			
		ract the amount in line 6b from the amount in line 6a. Enter the result or a minus sign to the left of a negative amount)		6c			
	If you co	ompleted line 6c, skip lines 8 and 9.			· <u> </u>		
7	Will the m	inimum funding amount reported on line 6c be met by the funding deadline?			Yes	No	N/A
8	authority	ge in actuarial cost method was made for this plan year pursuant to a revenue procedure or of providing automatic approval for the change or a class ruling letter, does the plan sponsor or rator agree with the change?	plan		Yes	☐ No	× N/A
Р	art III	Amendments					
9	If this is	a defined benefit pension plan, were any amendments adopted during this plan		<u> </u>			
	year that	increased or decreased the value of benefits? If yes, check the appropriate o, check the "No" box	ase	Decre	ease	Both	× No
P	art IV	ESOPs (see instructions). If this is not a plan described under section 409(a) or 4975(e)(7	7) of th	ne Internal R	evenue	e Code, skip this	Part.
10	Were u	nallocated employer securities or proceeds from the sale of unallocated securities used to repa	ay any	exempt loa	n?	Yes	No
11	a Doe	es the ESOP hold any preferred stock?				Yes	No
	b If th	e ESOP has an outstanding exempt loan with the employer as lender, is such loan part of a "b	back-to	o-back" loan	?	 □ Yes	
12		e instructions for definition of "back-to-back" loan.) ESOP hold any stock that is not readily tradable on an established securities market?				П.,	No

Pa	rt V	Additional Information for Multiemployer Defined Benefit Pension Plans						
		er the following information for each employer that contributed more than 5% of total contributions to the plan during the plan year (measured in						
		ollars). See instructions. Complete as many entries as needed to report all applicable employers.						
	а	Name of contributing employer						
	b	EIN C Dollar amount contributed by employer						
	d	Date collective bargaining agreement expires (If employer contributes under more than one collective bargaining agreement, check box and see instructions regarding required attachment. Otherwise, enter the applicable date.) Month Day Year						
	е	Contribution rate information (If more than one rate applies, check this box and see instructions regarding required attachment. Otherwise, complete lines 13e(1) and 13e(2).) (1) Contribution rate (in dollars and cents) (2) Base unit measure: Hourly Weekly Unit of production Other (specify):						
	а	Name of contributing employer						
	b	EIN C Dollar amount contributed by employer						
	d	Date collective bargaining agreement expires (If employer contributes under more than one collective bargaining agreement, check box and see instructions regarding required attachment. Otherwise, enter the applicable date.) Month Day Year						
	е	Contribution rate information (If more than one rate applies, check this box and see instructions regarding required attachment. Otherwise, complete lines 13e(1) and 13e(2).) (1) Contribution rate (in dollars and cents) (2) Base unit measure: Hourly Weekly Unit of production Other (specify):						
	a	Name of contributing employer						
	b	EIN C Dollar amount contributed by employer						
	d	Date collective bargaining agreement expires (If employer contributes under more than one collective bargaining agreement, check box and see instructions regarding required attachment. Otherwise, enter the applicable date.) Month Day Year						
	е	Contribution rate information (If more than one rate applies, check this box and see instructions regarding required attachment. Otherwise, complete lines 13e(1) and 13e(2).) (1) Contribution rate (in dollars and cents) (2) Base unit measure: Hourly Weekly Unit of production Other (specify):						
	_	Name of contribution ampleyor						
	a b	Name of contributing employer EIN C Dollar amount contributed by employer						
	d	Date collective bargaining agreement expires (If employer contributes under more than one collective bargaining agreement, check box and see instructions regarding required attachment. Otherwise, enter the applicable date.) Month Day Year Year						
	e	Contribution rate information (If more than one rate applies, check this box and see instructions regarding required attachment. Otherwise, complete lines 13e(1) and 13e(2).) (1) Contribution rate (in dollars and cents) (2) Base unit measure: Hourly Weekly Unit of production Other (specify):						
	а	Name of contributing employer						
	b	EIN C Dollar amount contributed by employer						
	d	Date collective bargaining agreement expires (If employer contributes under more than one collective bargaining agreement, check box and see instructions regarding required attachment. Otherwise, enter the applicable date.) Month Day Year						
	е	Contribution rate information (If more than one rate applies, check this box and see instructions regarding required attachment. Otherwise, complete lines 13e(1) and 13e(2).) (1) Contribution rate (in dollars and cents)						
	а	Name of contributing employer						
	b	EIN C Dollar amount contributed by employer						
	d	Date collective bargaining agreement expires (If employer contributes under more than one collective bargaining agreement, check box and see instructions regarding required attachment. Otherwise, enter the applicable date.) Month Day Year						
	е	Contribution rate information (If more than one rate applies, check this box and see instructions regarding required attachment. Otherwise, complete lines 13e(1) and 13e(2).) (1) Contribution rate (in dollars and cents) (2) Base unit measure: Hourly Weekly Unit of production Other (specify):						

Pad	е	3

14	Enter the number of participants on whose behalf no contributions were made by an employer as an employer of the participant for:						
	a The current year	14a					
	b The plan year immediately preceding the current plan year	14b					
	C The second preceding plan year	14c					
15							
	a The corresponding number for the plan year immediately preceding the current plan year	15a					
	b The corresponding number for the second preceding plan year	15b					
16	Information with respect to any employers who withdrew from the plan during the preceding plan year:						
	a Enter the number of employers who withdrew during the preceding plan year.	16a					
	a Enter the number of employers who withdrew during the preceding plan year	100					
	b If line 16a is greater than 0, enter the aggregate amount of withdrawal liability assessed or estimated to be assessed against such withdrawn employers	16b					
17	If assets and liabilities from another plan have been transferred to or merged with this plan during the plan year, c supplemental information to be included as an attachment.						
P	art VI Additional Information for Single-Employer and Multiemployer Defined Benef	it Pens	ion Plans				
18	If any liabilities to participants or their beneficiaries under the plan as of the end of the plan year consist (in whole and beneficiaries under two or more pension plans as of immediately before such plan year, check box and see ir information to be included as an attachment	or in par	t) of liabilities to such participants				
19	9 If the total number of participants is 1,000 or more, complete lines (a) through (c) a Enter the percentage of plan assets held as: Stock:						



Financial Statements April 30, 2019 and 2018

National Frozen Foods Corporation Employees' Pension Plan



National Frozen Foods Corporation Employees' Pension Plan Table of Contents April 30, 2019 and 2018

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Independent Auditor's Report

To the Administrative Committee National Frozen Foods Corporation Employees' Pension Plan Seattle, Washington

Report on the Financial Statements

We were engaged to audit the accompanying financial statements of National Frozen Foods Corporation Employees' Pension Plan (the Plan), which comprise the statements of net assets available for benefits and of accumulated plan benefits as of April 30, 2019 and 2018, the related statements of changes in net assets available for benefits and of changes in accumulated plan benefits for the year ended April 30, 2019, and the related notes to the financial statements.

Management's Responsibility for the Financial Statements

Plan management is responsible for the preparation and fair presentation of these financial statements in accordance with accounting principles generally accepted in the United States of America; this includes the design, implementation, and maintenance of internal control relevant to the preparation and fair presentation of financial statements that are free from material misstatement, whether due to fraud or error.

Auditor's Responsibility

Our responsibility is to express an opinion on these financial statements based on conducting the audit in accordance with auditing standards generally accepted in the United States of America. Because of the matter described in the *Basis for Disclaimer of Opinion* paragraph, however, we are not able to obtain sufficient appropriate audit evidence to provide a basis for an audit opinion.

Basis for Disclaimer of Opinion

As permitted by 29 CFR 2520.103-8 of the Department of Labor's Rules and Regulations for Reporting and Disclosure under the Employee Retirement Income Security Act of 1974 (the ERISA), the Plan administrator instructed us not to perform, and we did not perform, any auditing procedures with respect to the information summarized in Note 7, which was certified by Charles Schwab Bank, the trustee of the Plan, except for comparing the information with the related information included in the financial statements. We have been informed by the Plan Administrator that the trustee holds the Plan's investment assets and executes investment transactions. The Plan Administrator has obtained a certification from Charles Schwab Bank as of April 30, 2019 and 2018, and for the year ended April 30, 2019, that the information provided to the Plan Administrator by Charles Schwab Bank is complete and accurate.

Disclaimer of Opinion

Because of the significance of the matter described in the *Basis for Disclaimer of Opinion* paragraph, we have not been able to obtain sufficient appropriate audit evidence to provide a basis for an audit opinion. Accordingly, we do not express an opinion on these financial statements.

Other Matter – Supplementary Information

sde Sailly LLP

The supplemental schedule H, line 4i-schedule of assets held at end of year as of April 30, 2019, is required by the Department of Labor's Rules and Regulations for Reporting and Disclosure under the Employee Retirement Income Security Act of 1974 and is presented for the purpose of additional analysis and is not a required part of the financial statements. Because of the significance of the matter described in the *Basis for Disclaimer of Opinion* paragraph, we do not express an opinion on the supplemental schedule.

Report on Form and Content in Compliance with DOL Rules and Regulations

The form and content of the information included in the financial statements and supplemental schedule, other than that derived from the information certified by the trustee, have been audited by us in accordance with auditing standards generally accepted in the United States of America and, in our opinion, are presented in compliance with the Department of Labor's Rules and Regulations for Reporting and Disclosure under the ERISA.

Boise, Idaho

January 6, 2020

Statements of Net Assets Available for Benefits April 30, 2019 and 2018

Assets	2019	2018
Investments, at fair value	\$ 31,612,518	\$ 31,961,261
Cash - non interest bearing	3,643_	7,451
Net Assets Available for Benefits	\$ 31,616,161	\$ 31,968,712

Statement of Changes in Net Assets Available for Benefits Year Ended April 30, 2019

Additions Investment Income Interest and dividends Net depreciation in fair value of investments Other income	\$ 1,253,837 (507,876) 13,604
Total additions	759,565
Deductions Benefits paid to participants Administrative expenses Total deductions	1,106,441 5,675 1,112,116
Net Decrease	(352,551)
Net Assets Available for Benefits Beginning of Year	31,968,712
End of Year	\$ 31,616,161

Statements of Accumulated Plan Benefits April 30, 2019 and 2018

	2019	2018
Actuarial Present Value of Accumulated Plan Benefits Vested benefits		
Participants currently receiving payments	\$ 13,098,393	\$ 10,800,433
Other participants	31,637,395	31,117,913
	44,735,788	41,918,346
Nonvested benefits	1,323	1,192
Total actuarial present value of accumulated plan benefits	\$ 44,737,111	\$ 41,919,538

Statement of Changes in Accumulated Plan Benefits Year Ended April 30, 2019

Actuarial Present Value of Accumulated Plan Benefits, Beginning of Year	\$ 41,919,538
Increase (decrease) during the year attributable to Benefits accumulated and actuarial gains Change in actuarial assumptions (discount rate) Change in actuarial assumptions (mortality) Change in discount period Benefits paid	999,857 1,422,394 (143,325) 1,645,088 (1,106,441)
Net increase	2,817,573_
Actuarial Present Value of Accumulated Plan Benefits, End of Year	\$ 44,737,111

Note 1 - Description of Plan

The following brief description of the National Frozen Foods Corporation Employees' Pension Plan (the Plan) is provided for general information purposes only. Participants should refer to the Plan document for a more complete description of the Plan's provisions.

General

National Frozen Foods Corporation (the Company) is the Plan Sponsor.

The Plan, which is subject to the provisions of the Employee Retirement Income Security Act of 1974 (the ERISA), is a noncontributory defined benefit pension plan. The Company initiated a partial freeze of the Plan starting May 1, 2009, meaning that there is generally no new enrollment allowed into the Plan unless required by the terms of the Plan or the terms of a collective bargaining agreement. Pension benefits continued accruing after the partial freeze date.

The Plan is administered by the Investment Committee (the Committee). The Committee has overall responsibility for the operation and administration of the Plan. The Committee determines the appropriateness of the Plan's investment offerings and monitors investment performance.

Pension Benefits

Each employee, hired prior to the partial freeze date (unless required by the terms of a collective bargaining agreement), is eligible for annual pension benefits after reaching normal retirement age (the later of age 62 or the fifth anniversary in the Plan) and completing one year of service during which 500 hours of service have been credited, as defined by the Plan. Participants who are at least 55 may be eligible for early benefit payments adjusted by a factor, as defined by the Plan. Employees may elect to receive the value of their accumulated plan benefits as a lump sum distribution upon retirement or termination, providing the lump sum value is under \$10,000 or the benefits were accrued through April 30, 1993, or they may elect to receive their benefits as an annuity payable monthly upon retirement.

Death and Disability Benefits

In the event of a death of a participant prior to retirement, the beneficiary will receive a death benefit equal to the value of the employee's accumulated pension benefits. Active employees who become totally disabled receive annual disability benefits that are equal to the normal retirement benefits they have accumulated as of the time they become disabled. Disability benefits are paid until normal retirement age at which time disabled participants begin receiving normal retirement benefits computed as though they had been employed to normal retirement age with their annual compensation remaining the same as at the time they became disabled.

Vesting

The percentage of the benefit an employee is eligible to receive before retirement is based on years of credited service as follows:

Participant's	Non-Forfeitable
Years of Service	Percentage
Less than 5	0%
5 or more	100%

Plan Termination

Although it has not expressed any intentions to do so, the Company has the right under the Plan to discontinue its contributions at any time and to terminate the Plan subject to the provisions set forth in the ERISA.

Note 2 - Significant Accounting Policies

Basis of Accounting

The financial statements of the Plan are prepared on the accrual basis of accounting.

Use of Estimates

The preparation of the financial statements in conformity with accounting principles generally accepted in the United States of America requires management to make estimates and assumptions that affect the reported amounts of assets, liabilities, and changes therein, disclosures of contingent assets and liabilities, and the actuarial present value of accumulated plan benefits at the date of the financial statements. Accordingly, actual results may differ from those estimates.

Investment Valuation and Income Recognition

Investments are reported at fair value. Fair value is the price that would be received to sell an asset or paid to transfer a liability in an orderly transaction between market participants at the measurement date. See Note 6 for discussion of fair value measurements.

Purchases and sales of securities are recorded on a trade-date basis. Interest income is recorded on the accrual basis. Dividends are recorded on the ex-dividend date. Net depreciation includes the Plan's gains and losses on investments bought and sold as well as those held during the year.

The classification of investment earnings reported in the statement of changes in net assets available for benefits may differ from the classification of earnings on Form 5500 due to different reporting requirements on Form 5500.

Payments of Benefits

Benefit payments to participants are recorded upon distribution.

Expenses

The Plan's expenses are paid by either the Plan or the Company, as provided by the Plan document. Expenses that are paid directly by the Company are excluded from these financial statements. Certain expenses incurred in connection with the general administration of the Plan that are paid by the Plan are recorded as deductions in the accompanying statement of changes in net assets available for benefits. In addition, certain investment related expenses are included in net depreciation of fair value of investments presented in the accompanying statement of changes in net assets available for benefits.

Subsequent Events

The Plan Sponsor has evaluated subsequent events through January 6, 2020, the date which the financial statements were available to be issued.

Note 3 - Actuarial Present Value of Accumulated Plan Benefits

Accumulated plan benefits are those future periodic payments, including lump sum distributions that are attributable under the Plan's provisions to the service employees have rendered. Accumulated plan benefits include benefits expected to be paid to (a) retired or terminated employees or their beneficiaries, (b) beneficiaries of employees who have died, and (c) present employees or their beneficiaries. Benefits under the Plan are accumulated based on specific rates and hours of service completed subsequent to April 30, 1993, the effective date the regular plan and seasonal plan were merged and the Plan was restated entirely, plus cumulative benefits earned as of April 30, 1993. This cumulative benefit is based on employees' annual compensation during the two years of credited service prior to April 30, 1993, using the highest calendar year compensation of that two-year period. The accumulated plan benefits for active employees will equal the accumulation, with interest, of the annual benefit accruals as of the benefit information date. Benefits payable under all circumstances (retirement, death, disability, and termination of employment) are included to the extent they are deemed attributable to employee service rendered to the valuation date.

The actuarial present value of accumulated plan benefits is determined by an independent actuary and is that amount which results from applying actuarial assumptions to adjust the accumulated plan benefits to reflect the time value of money (through discounts for interest) and the probability of payment (by means of decrements such as for death, disability, withdrawal, or retirement) between the valuation date and the expected date of payment.

The following is a summary of the more significant actuarial assumptions underlying the actuarial computations as of April 30, 2019 and 2018:

Life expectancy of participants RP-2014 Combined Mortality Table

Retirement age Age 62, or the fifth anniversary of the date a Participant

commences participation in the Plan, whichever is later

Discount rate 3.75% - 2019; 3.97% - 2018

Expense of administration Paid by Plan Sponsor

The foregoing actuarial assumptions are based on the presumption that the Plan will continue. Were the Plan to terminate, different actuarial assumptions and other factors might be applicable in determining the actuarial present value of accumulated plan benefits.

The computations of the actuarial present value of accumulated Plan benefits were made as of May 1, 2019, and 2018. Had the valuations been performed as of April 30, there would be no material differences.

Note 4 - Funding Policy

The Plan's funding policy is for the Company to make annual contributions to the Plan in amounts that are estimated amounts necessary to fund the benefits provided, as determined by the Plan actuary, in an amount that will meet or exceed the annual ERISA minimum funding requirement. To the extent that these requirements are fully covered by assets in the trust, the Company may elect not to make any contributions in a particular year. The Plan met the minimum funding requirements of the ERISA for the year ended April 30, 2019.

Note 5 - Plan Termination

In the event the Plan terminates, the net assets of the Plan will be allocated as prescribed by the ERISA and its related regulations, generally to provide the following benefits in the order indicated:

- 1. Annuity benefits that former employees or their beneficiaries have received for at least three years, or that employees eligible to retire for that three-year period would have been receiving if they had retired with benefits in the normal form of annuity under the Plan. The priority amount is limited to the lowest benefit that was payable (or would have been payable) during those three years. The amount is further limited to the lowest benefit that would be payable under the Plan provisions in effect at any time during the five years preceding the Plan termination.
- 2. Other vested benefits insured by the Pension Benefit Guaranty Corporation ("PBGC") (a U.S. governmental agency) up to the applicable limitations.
- 3. All other vested benefits not insured by the PBGC.
- 4. All non-vested benefits.

Certain benefits under the Plan are insured by the PBGC if the Plan terminates. Generally, the PBGC guarantees most vested normal age retirement benefits, early retirement benefits, and certain disability and survivors' pensions. However, the PBGC does not guarantee all types of benefits under the Plan and the amount of benefit protection is subject to certain limitations. Vested benefits under the Plan are guaranteed at the level in effect at the date of the Plan's termination.

Whether all participants receive their benefits, should the Plan terminate at some future time will depend on the sufficiency, at that time, of the Plan's net assets to provide for accumulated benefit obligations, and may also depend on the financial condition of the Plan sponsor and the level of benefits guaranteed by the PBGC.

Note 6 - Fair Value Measurements

The framework for measuring fair value provides a fair value hierarchy that prioritizes the inputs to valuation techniques used to measure fair value. The hierarchy gives the highest priority to unadjusted quoted prices in active markets for identical assets or liabilities (Level 1) and the lowest priority to unobservable inputs (Level 3). The three levels of the fair value hierarchy under the FASB ASC 820 are described as follows:

- Level 1 Inputs to the valuation methodology are unadjusted quoted prices for identical assets or liabilities in active markets that the Plan has the ability to access.
- Level 2 Inputs to the valuation methodology include:
 - Quoted prices for similar assets or liabilities in active markets;
 - Quoted prices for identical or similar assets or liabilities in inactive markets;
 - Inputs other than quoted prices that are observable for the asset or liability;
 - Inputs that are derived principally from or corroborated by observable market data by correlation or other means.

National Frozen Foods Corporation Employees' Pension Plan Notes to Financial Statements

April 30, 2019 and 2018

If the asset or liability has a specified (contractual) term, the Level 2 input must be observable for substantially the full term of the asset or liability.

Level 3 - Inputs to the valuation methodology are unobservable and significant to the fair value measurement.

The asset's or liability's fair value measurement level within the fair value hierarchy is based on the lowest level of any input that is significant to the fair value measurement. Valuation techniques used need to maximize the use of observable inputs and minimize the use of unobservable inputs.

The following is a description of the valuation methodologies used for assets measured at fair value. There have been no changes in the methodologies used at April 30, 2019 and 2018.

Mutual funds (including money market mutual funds) – Valued at the daily closing price as reported by the fund. Mutual funds held by the Plan are open-ended mutual funds that are registered with the Securities and Exchange Commission. These funds are required to publish their daily net asset value (NAV) and to transact at that price. The mutual funds held by the plan are deemed to be actively traded.

<u>Money market deposit accounts</u> – Valued at carrying value, which approximates fair value, based on the amount of net contributions plus any investment earnings allocated to the account.

<u>Common stocks</u> – Valued at the closing price reported on the active market on which the individual securities are traded.

<u>Hedge funds</u> – Valued at fair value based on the NAV of the fund as reported by the general partners to the trustee. Fair values in this category have been calculated using the practical expedient provided by the fund managers. NAV is based upon the fair value of the underlying investments using pricing models maximizing the use of observable inputs.

The Investment Committee determines the Plan's valuation policies utilizing information provided by the investment advisers, custodians, and other third parties.

The methods described above may produce a fair value calculation that may not be indicative of net realizable value or reflective of future fair values. Furthermore, while the Plan believes its valuation methods are appropriate and consistent with other market participants, the use of different methodologies or assumptions to determine the fair value of certain financial instruments could result in a different fair value measurement at the reporting date.

The following tables set forth by level, within the fair value hierarchy, the Plan's assets at fair value as of April 30, 2019 and 2018.

	2019					
	Level 1		Level 2		Level 3	Total
Money Market Deposit Account Money Market Mutual Funds Common Stocks Mutual Funds	\$ - 22,737 1,695,007 25,290,105	\$	153,452 - - -	\$	- - -	\$ 153,452 22,737 1,695,007 25,290,105
Investments in the fair value hierarchy	\$ 27,007,849	\$	153,452	\$	_	27,161,301
Investments at net asset value (a)						4,451,217
Total investments at fair value						\$ 31,612,518
	2018					
	Level 1		Level 2		Level 3	Total
Money Market Deposit Account Money Market Mutual Funds Common Stocks Mutual Funds	\$ - 34,325 1,409,429 24,543,038	\$	219,188 - - -	\$	- - -	\$ 219,188 34,325 1,409,429 24,543,038
Investments in the fair value hierarchy	\$ 25,986,792	\$	219,188	\$	_	26,205,980
Investments at net asset value (a)						5,755,281
Total investments at fair value						\$ 31,961,261

(a) In accordance with Subtopic 820-10, certain investments that were measured at net asset value per share (or its equivalent) have not been classified in the fair value hierarchy. The fair value amounts presented in this table are intended to permit reconciliation of the fair value hierarchy to the line items presented in the statement of net assets available for benefits.

Gains and losses (realized and unrealized) included in changes in net assets for the period are reported in net depreciation in fair value of investments in the statement of changes in net assets available for benefits.

Transfers Between Levels

For the years ended April 30, 2019 and 2018, there were no significant transfers between Levels 1 and 2 and no transfers in or out of Level 3.

The following table summarizes investments for which fair value is measured using the net asset value per share practical expedient as of April 30, 2019 and 2018.

	Fair Value April 30, 2019	Fair Value April 30, 2018	Unfunded Commitments	Redemption Frequency	Redemption Notice Period
Hedge Funds					
Berens Global Value Fund (Qp), Lp	\$ -	\$ 1,480,317	\$ -	Annual	90 day
Castine Offshore Fd Ltd Cl A Srs 1	839,557	873,836	-	Quarterly	45 day
Castine Offshre Fd Ltd C-A Srs-02/19	300,900	-	-	Quarterly	45 day
Concourse Cap Prtnrs Ofs Fd Ltd A-12	_	189,750	-	Monthly	30 day
Concourse Cap Prtnrs Ofs Fd Ltd A-20	_	86,330	-	Monthly	30 day
Concourse Cap Prtnrs Ofs Fd Ltd A-7	_	275,802	=	Monthly	30 day
Mudrick Distressed Opp FD B2/2014-07	-	810,124		Annual	90 day
Mudrick Distressed Opp FD B2/2015-01	-	542,946		Annual	90 day
Mudrick Distressed Opp FD B2/2015-10	-	195,928	=	Annual	90 day
Mudrick Dist Opp Fd Ofs B2 Initial	1,267,527	-		Annual	90 day
Rimrock Structured Prod Cl B Sr I	837,694	816,892	-	Annual	120 day
Rimrock Structured Prod Cl B/Jan2019	755,695	-	-	Annual	120 day
Trf Feeder Fund (Cayman), Lp	449,844	483,356		Quarterly	45 day
	\$ 4,451,217	\$ 5,755,281	\$ -		

Note 7 - Information Certified by the Plan Trustee

The Plan administrator has elected the method of compliance permitted by the Department of Labor's Rules and Regulations for Reporting and Disclosure under the ERISA. Accordingly, as permitted under such election, the plan administrator instructed the plan's independent auditors not to perform any auditing procedures with respect to the information certified as complete and accurate by Charles Schwab Bank, the trustee, except for comparing such information certified by the trustee with information included in the plan's financial statements and supplemental schedule H, line 4i-schedule of assets held at end of year.

Charles Schwab Bank has certified its statement of accounts as of April 30, 2019 and 2018 and for the year ended April 30, 2019. The statement of accounts includes beginning and ending balances of investments held and detail of all transactions during the period, including investment earnings.

Note 8 - Tax Status

The Internal Revenue Service (IRS) has determined and informed the Company by a letter dated August 1, 2017, that the Plan was designed in accordance with the applicable regulations of the Internal Revenue Code (IRC). Subsequent to this issuance of the determination letter, the Plan was amended. However, the Company and Plan management believe that the Plan is currently designed and operated in compliance with the applicable requirements of the IRC, and the Plan and related trust continue to be tax-exempt.

Accounting principles generally accepted in the United States of America require plan management to evaluate tax positions taken by the Plan and recognize a tax liability (or asset) if the Plan has taken an uncertain position that more likely than not would not be sustained upon examination by the Internal Revenue Service. The Plan is subject to routine audits by taxing jurisdictions; however, there are currently no audits for any tax periods in progress.

Note 9 - Related Party and Party-in-Interest Transactions

Certain Plan investments are managed by Charles Schwab Bank, the trustee as defined by the Plan. As described in Note 2, the Plan paid certain expenses related to Plan operations and investment activity to various service providers. These transactions are exempt party-in-interest transactions under the ERISA.

Note 10 - Risks and Uncertainties

The Plan invests in various investment securities. Investment securities are exposed to various risks such as interest rate, market, and credit risks. Due to the level of risk associated with certain investment securities, it is at least reasonably possible that changes in the values of investment securities will occur in the near term and that such changes could materially affect the amounts reported in the statements of net assets available for benefits.

Plan contributions are made and the actuarial present value of accumulated plan benefits are reported based on certain assumptions pertaining to interest rates, inflation rates, and employee demographics, all of which are subject to change. Due to uncertainties inherent in the estimations and assumptions process, it is at least reasonably possible that changes in these estimates and assumptions in the near term would be material to the financial statements.



Supplementary Information April 30, 2019

National Frozen Foods Corporation Employees' Pension Plan

Schedule H, Line 4i – Schedule of Assets Held at End of Year April 30, 2019

(a)	(b) Identity of Issue, Borrower, Lessor or Similar Party	(c) Description of Investment, Including Maturity Date, Rate of Interest, Collateral, Par, or Maturity Value	(d) Cost	(e) Current value
* Sc Al Al Al Al Bl Bl Ec Fa Illi In M No Pa Sc Sp Sq	Lessor or Similar Party hwab Bank Sweep for EE Benefit Plan hwab Government Money Fund dobe Systems Inc libaba Group HLDG A lign Technology Inc phabet Inc mazon Com Inc litodesk urlington Stores Inc excom Inc liwards Lifesciences Cp licebook Inc Class A lumina Inc tuitive Surgical lastercard Inc licrosoft Corp lividia Corp livypal Hldgs Inc lesforce Com licrosoft	or Maturity Value MM Deposit Account MM Mutual Fund Common Stock	\$ 153,452 22,737 22,095 33,962 10,389 53,447 12,914 55,770 50,311 24,265 29,254 9,432 36,274 51,886 17,278 82,885 36,627 31,459 24,334 26,048 44,131 13,247 25,373	\$ 153,452 22,737 69,420 34,887 34,741 92,701 123,297 73,957 57,260 20,461 48,595 47,383 55,848 51,063 115,933 112,708 39,639 72,511 31,775 115,580 88,784 42,792 35,536
Ul	ansunion ta Salon Cosm & Frag	Common Stock Common Stock	18,475 25,781	28,208 55,488
Ve	eeva Systems Inc2 ertex Pharmaceuticals sa Inc CL A	Common Stock Common Stock Common Stock	27,937 19,171 20,014	69,376 21,123 113,786
	orkday Inc	Common Stock	15,621	42,155

Schedule H, Line 4i – Schedule of Assets Held at End of Year April 30, 2019

(a) (b)	(c) Description of Investment, Including Maturity Date, Rate of Interest,	(d)	(e)
Identity of Issue, Borrower,	Collateral, Par,	0 .	Current
Lessor or Similar Party	or Maturity Value	Cost	value
Castine Offshore Fd Ltd Cl A Srs 1	Hedge Fund	648,033	839,557
Castine Offshore Fd Ltd Cl A Srs 2	Hedge Fund	300,000	300,900
Mudrick Dist Opp Fd OFS B2 Initial	Hedge Fund	1,171,783	1,267,527
Rimrock Structured Prod Cl B Sr I	Hedge Fund	784,307	837,694
Rimrock Structured Prod Cl B/Jan2019	Hedge Fund	750,000	755,695
Trf Feeder Fund (Cayman), Lp	Hedge Fund	486,677	449,844
Amg Timessquare Mid Cap Gwth Fd Inst	Mutual Fund	679,105	774,557
Artisan International Value Fund	Mutual Fund	1,661,007	2,078,403
Artisan Midcap Value Fund	Mutual Fund	1,078,958	1,034,821
Artisan Small Cap Investor Fund	Mutual Fund	530,150	699,715
Becker Value Equity Fund Inst	Mutual Fund	2,040,467	2,343,784
Brandywineglobal Blbl Uncnd Bd Fd I	Mutual Fund	1,464,020	1,369,446
Carillon Reams Uncond Nd Fd Cl I	Mutual Fund	1,607,029	1,627,617
Dodge & Cox Income Fd2	Mutual Fund	1,278,684	1,284,154
Grandeur Peak Emrg M	Mutual Fund	1,000,637	1,078,373
Jo Hambro Intl Select Fund Cl I	Mutual Fund	2,230,877	2,432,673
Metropolitan West Total Return I	Mutual Fund	1,914,344	1,916,379
Pimco All Asset Fund Instl	Mutual Fund	1,211,739	1,145,405
Pimco Global Unhedged Fd Instl Cl	Mutual Fund	1,234,089	1,195,497
Seafarer Overseas Growth & Inc Fd	Mutual Fund	1,110,860	1,145,389
Silk Invest New Horizons Frontier Inc	Mutual Fund	879,334	792,201
Vanguard Health Care Fd Admiral Shs	Mutual Fund	1,305,907	1,093,044
Vanguard Short Term Bd Index Fd Adm	Mutual Fund	1,969,854	1,973,879
Westwood Smallcap Fd I	Mutual Fund	658,324	949,307
Whg Income Oppty Fd Instl	Mutual Fund	295,001	355,461
Total assets held at end of year		\$ 29,285,755	\$ 31,612,518

^{*} Party-in-interest as defined by the ERISA

ACTIVE PARTICIPANTS AS OF MAY 1, 2018

Distribution of Considered Hours

	L	ess than 2	YEARS OF	VESTING SERVICE 2 - 4	5	- 9
AGE	NUMBER	HOURS	NUMBER	HOURS	NUMBER	HOURS
Less than 25	0	0.00	0	0.00	0	0.00
25 to 29	0	0.00	0	0.00	1	2,299.00
30 to 34	0	0.00	0	0.00	7	11,367.00
35 to 39	0	0.00	0	0.00	3	4,716.00
40 to 44	1	0.00	0	0.00	3	1,366.00
45 to 49	0	0.00	0	0.00	1	756.00
50 to 54	0	0.00	0	0.00	2	1,786.00
55 to 59	1	0.00	0	0.00	1	0.00
60 to 64	0	0.00	0	0.00	7	9,751.00
65 and over	0	0.00	0	0.00	3	1,506.00
TOTALS	2	0.00	0	0.00	28	33,547.00
			YEARS OF	VESTING SERVICE		
		10 - 14		15 - 19	20	- 24
AGE	NUMBER	HOURS	NUMBER	HOURS	NUMBER	HOURS
Less than 25	0	0.00	0	0.00	0	0.00
25 to 29	1	2,456.00	0	0.00	0	0.00
30 to 34	6	10,648.00	0	0.00	0	0.00
35 to 39	11	19,797.00	6	14,519.00	2	5,168.00
40 to 44	5	8,476.00	3	7,338.00	7	15,110.00
45 to 49	6	7,637.00	6	13,579.00	9	14,174.00
50 to 54	7	6,971.00	7	13,045.00	11	24,938.00
55 to 59	13	19,882.00	10	16,935.00	12	25,683.00
60 to 64	9	12,955.00	8	14,408.00	4	8,952.00
65 and over	13	14,164.00	6	7,424.00	4	6,399.00
TOTALS	71	102,986.00	46	87,248.00	49	100,424.00
			YEARS OF	VESTING SERVICE		
	Mor	re than 24		All Years		
AGE	NUMBER	HOURS	NUMBER	HOURS		
Less than 25	0	0.00	0	0.00	AVER	AGES
25 to 29	0	0.00	2	4,755.00		
30 to 34	0	0.00	13	22,015.00	AGE:	52.74
3 5 to 3 9	0	0.00	22	44,200.00	HOURS:	1,657.79
40 to 44	0	0.00	19	32,290.00	SERVICE:	
45 to 49	2	4,577.00	24	40,723.00	VESTING:	17.660
50 to 54	10	19,015.00	37	65,755.00		
55 to 59	11	16,580.00	48	79,080.00		
60 to 64	11	17,829.00	39	63,895.00		
65 and over	2	2,402.00	28	31,895.00		

232

384,608.00

60,403.00

36

TOTALS

ACTUARIAL ASSUMPTIONS May 1, 2018

The funding method used for this valuation is the "Unit Credit" funding method as required by the Pension Protection Act of 2006. For purposes of Exhibit 9, Pension Expense Under ASC 715, the "Projected Unit Credit" funding method was used. The requirements set forth in this report have as their basis the following valuation assumptions.

1) INTEREST RATE

Interest rate assumptions employed in this valuation are summarized below:

Liability Measured	Rates	Date Adopted
Minimum Funding (Exhibits 1 through 7)	3.92%/5.52%/6.29%	May 1, 2018
Minimum Funding Effective Rate	5.81%	May 1, 2018
ASC 960 (Exhibit 8)	3.97%	May 1, 2018
PBGC Premium (Appendix G) and Maximum	2.00%/3.68%/4.44%	May 1, 2018
Deductible Contribution (Exhibit 7)		

The *Minimum Funding Effective Rate* is used to discount receivable contributions for determining the Market Value of Assets for both Funding and PBGC Premium purposes. It is determined as the single rate that is be used to calculate the same liability amount as the required three segment rates used for funding purposes. The *ASC 960 Discount Rate* of 3.97% is the single rate that is equivalent to discounting the expected benefit payment stream for expected future payments using the annual spot rates from the April 2018 Citigroup Pension Discount Curve.

2) MORTALITY

For Funding and PBGC premium purposes, the sex-distinct RP-2014 (Combined) Mortality Table projected using the MP-2016 projection scale was used to estimate participant mortality rates (adopted on May 1, 2018). For Pension Disclosure (ASC 960) purposes, the sex-distinct RP-2014 (Blue Collar) Mortality Table (adopted on May 1, 2017) projected for all future years using the MP-2017 projection scale was used to estimate participant mortality rates (adopted on May 1, 2018).

3) TERMINATIONS

Voluntary termination rates were developed based on actual plan experience from 1987 through 1992 (adopted May 1, 1993):

<u>Age</u>	Number Terminating Per 1,000 Covered
20	300
25	225

ACTUARIAL ASSUMPTIONS May 1, 2018

3) TERMINATIONS (Continued)

<u>Age</u>	Number Terminating Per 1,000 Covered
30	160
35	115
40	85
45	75
50	65
55	55
60	45

4) EXPENSES

Non-Investment expenses paid by the Trust Fund are not taken into account since the employer pays these expenses directly. However, investment expenses are assumed to be paid out of trust assets (adopted May 1, 1993).

5) VALUATION OF ASSETS

Plan assets are valued at fair market value (adopted May 1, 2008). Prior to May 1, 2008, plan assets were valued using a 3 year smoothing method (adopted May 1, 2001). Prior to May 1, 2001 plan assets were valued at fair market value (adopted prior to May 1, 1993).

6) <u>RETIREMENT AGE</u>

Participants are assumed to retire at their normal retirement age, age 62. Participants who are older than their normal retirement age are assumed to retire immediately (adopted prior to May 1, 1993).

CHANGES SINCE THE PRIOR YEAR AND REASONS FOR CHANGE

All actuarial assumptions described above are the same as used in the prior year's report, except for the Funding and PBGC Premium interest rate assumptions, which are mandated changes by law. The projection of mortality in the RP-2000 Combined Mortality Table was updated from 2017 to 2018 to incorporate improvements in life expectancy into liability results. Also, for Funding and PBGC Premium purposes, the mortality table was updated from the RP-2000 Mortality Table to the RP-2014 Mortality Table using the MP-2016 scale to incorporate improvements in life expectancy into liability results as required by law.

Finally, the ASC 960 Discount Rate was changed from 3.83% to 3.97% to reflect the expected benefit payment stream using the April 2018 Citigroup Pension Discount Curve spot rates.

SCHEDULE SB (Form 5500)

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration

Pension Benefit Guaranty Corporation

Single-Employer Defined Benefit Plan **Actuarial Information**

This schedule is required to be filed under section 104 of the Employee Retirement Income Security Act of 1974 (ERISA) and section 6059 of the Internal Revenue Code (the Code).

2018

OMB No. 1210-0110

This Form is Open to Public Inspection

Pension Benefit Guaranty Corporation	▶ File as an attac	chment to Form 5	500 or 5	500-SF.			
For calendar plan year 2018 or fiscal plan	n year beginning 05/0	1/2018		and endir	g	04/30/20	019
Round off amounts to nearest dollar	ar.						
Caution: A penalty of \$1,000 will be a	assessed for late filing of this repo	ort unless reasona	ble caus	e is establishe	d.		
A Name of plan NATIONAL FROZEN FOODS C	CORPORATION EMPLOYEE	S' PENSION		B Three-di plan nun	-) •	002
C Plan sponsor's name as shown on line						ation Number (E	EIN)
NATIONAL FROZEN FOODS C	CORPORATION	1		91-033	2400		
E Type of plan: X Single Multiple-A	A Multiple-B	F Prior year plan	size:	100 or fewer	101-	500 X More th	an 500
Part I Basic Information							
1 Enter the valuation date:	Month 05 Day 0	1 Year 20	018				
2 Assets:							
a Market value					. 2a		31,968,712
b Actuarial value					2b		31,968,712
3 Funding target/participant count brea	akdown			imber of cipants		sted Funding Target	(3) Total Funding Target
a For retired participants and benefit	ciaries receiving payment			129		9,911,479	9,911,479
b For terminated vested participants	S			221		5,505,422	5,505,422
c For active participants				232	18	3,080,861	18,081,731
d Total				582	33	3,497,762	33,498,632
4 If the plan is in at-risk status, check t	the box and complete lines (a) an	nd (b)					
a Funding target disregarding presci	ribed at-risk assumptions				4a		
b Funding target reflecting at-risk as at-risk status for fewer than five co					4b		
5 Effective interest rate					5		5.81%
6 Target normal cost					6		776,497
Statement by Enrolled Actuary To the best of my knowledge, the information suppli accordance with applicable law and regulations. In a combination, offer my best estimate of anticipated experience of anticipated experience.	my opinion, each other assumption is reason						
SIGN POW /	Antom)		-		01/15/202	20
· ·	nature of actuary					Date	
ROBERT V. ANTHONY						1704924	·
Type or Northwest Plan Services	print name of actuary					ecent enrollmen 425-742-01	
	Firm name			Te	ephone	number (includir	ng area code)
15130 MAIN STREET, SUITE 3	300						
MILL CREEK WA 980	012 ddress of the firm						
If the actuary has not fully reflected any reginstructions	ulation or ruling promulgated und	ler the statute in co	ompleting	this schedule	, check t	he box and see	

Pesting the principal principal principal part applicable adjustments (fine 13 from prior year) 0 3,598,90	Р	art II	Begi	nning of Year	r Carryo	ver and Prefunding E	Balances								
Section elected for use to offset prior year's funding requirement (line 35 from prior year's section elected for use to offset prior year's actual return of 7.29% 0 2,198,48			Dog.	ming or roa	ouyo	vor and i rotationing i	Janamooo	(a)	Carryover balar	nce	(b) l	Prefund	ling ba	land	ce
year)	7		•			, ,	*			(3,5	98	, 90
A wound remaining (line 7 minus line 8)	8				•								1 /	0.0	\ 11
10 Interest on line 9 using prior year's actual return of 7.2.8%	9														
11 Prior year's excess contributions to be added to prefunding belance: a Present value of excess contributions (line 38s from prior year). b(1) Interest on the excess, 1 and, of line 38s over the 38b from prior year Schedule 38, using prior year's effective interest rate of 6.0%. b(2) Interest on the excess, 1 and, of line 38s over the 38b from prior year Schedule 38, using prior year's effective interest rate of 6.0%. b(2) Interest on line 38b from prior year's children and the second of 1 and 1	_			- -							1			_	
b(1) interest on the access, if any, of ine 38s over line 38s from pior year's Schedule SB, using prior year's effective interest rate of 6 .0 % which is shown in the 38s from pior year's effective interest rate of 6 .0 % which is shown in the 38s from pior year's actual return. 10 C Total available at beginning of current pian year to add to prefunding balance. 11 Evention of (c) to be added to prefunding balance. 12 Other reductions in balances due to effections or deemed efections. 13 Balance at beginning of current year (line 9 + line 10 + line 11d - line 12)															
Schedule SB, using prior year's effective interest rate of 6 . 0.0%		a Prese	nt value	of excess contribu	ıtions (line	38a from prior year)									
b(2) Interest on line 38h from prior year Schedule SB, using prior year's actual returns the control of (c) to be added to prefunding balance. d Portion of (c) to be added to prefunding balance. d Portion of (c) to be added to prefunding balance. d Portion of (c) to be added to prefunding balance. d Portion of (c) to be added to prefunding balance. d Portion of (c) to be added to prefunding balance. d Portion of (c) to be added to prefunding balance. d Portion of (c) to be added to prefunding balance. D Salance at beginning of current year (line 94 line 10 line 11d line 12)															
d Portion of (c) to be added to prefunding balance. 2 Other reductions in balances due to elections or deemed elections. 3 Balance at beginning of current year (line 9 + line 10 + line 11d - line 12). 3 Part III Funding Percentages 14 Funding target attainment percentage 15 Agusted funding target attainment percentage. 16 Prior year's funding percentage for purposes of determining whether carryover/prefunding balances may be used to reduce current year's funding percentage for purposes of determining whether carryover/prefunding balances may be used to reduce current year's funding percentage for purposes of determining whether carryover/prefunding balances may be used to reduce current year's funding percentage for purposes of determining whether carryover/prefunding balances may be used to reduce current year's funding percentage for purposes of determining whether carryover/prefunding balances may be used to reduce current year otherwise year's funding to the plan is less than 70 percent of the funding target, enter such percentage. 17 If the current value of the assets of the plan is less than 70 percent of the funding target, enter such percentage. 18 Contributions and to the plan for the plan year by employers (a) and employers. (a) Date (b) Amount paid by (c) Amount paid by (d) Amount paid by (e) Amount pa		• •			-										
12 Other reductions in balances due to elections or deemed elections		c Total a	vailable a	at beginning of cur	ent plan ye	ar to add to prefunding balan	ce								(
Part IV Contributions and Liquidity Shortfalls Contributions made to the plan for the plan year by employer(s) Contributions allocated toward unpaid minimum required contributions for small plan with a valuation date Society of Contributions and care the toward unpaid minimum required contributions allocated toward unpaid minimum required contributions for small plan with a valuation date. 19c Contributions allocated toward unpaid minimum required contributions for current year adjusted to valuation date. 19c Contributions and complete the following plan as applicable: 19c Contributions and complete the following plan as applicable: 19c Contributions made to avoid restrictions adjusted to valuation date. 19c Contributions and complete the following table as applicable: 19c Contributions and complete the following table as applicable: 19c Contributions and complete the following table as applicable: 19c Contributions and complete the following table as applicable: 19c Contributions and complete the following table as applicable: 19c Contributions and complete the following table as applicable: 19c Contributions and complete the following table as applicable: 19c Contributions and complete the following table as applicable: 19c Contributions and complete the following table as applicable: 19c Contributions and complete the following table as applicable: 19c Contributions and complete the following table as applicable: 19c Contributions and complete the following table as applicable: 19c Contributions and complete the following table as applicable: 19c Contributions and complete the following table as applicable: 19c Contributions and complete the following table as applicable: 19c Contributions and complete the following table as applicable: 19c Contributions and complete the following table as applicable: 19c Contributions and contributions and complete the following table as applicable: 19c Contributions and c		d Portio	n of (c) to	o be added to pre	funding bal	ance									(
Part III Funding Percentages 14 Funding target attainment percentage	12	Other red	ductions	in balances due t	o elections	or deemed elections				C			5	38	,595
14 Funding target attainment percentage 15 90.00% 15 Adjusted funding target attainment percentage. 15 90.00% 16 Prior year's funding percentage for purposes of determining whether carryover/prefunding balances may be used to reduce current year's funding requirement. 16 90.00% 17 If the current value of the assets of the plan is less than 70 percent of the funding target, enter such percentage. 17 % Part IV Contributions and Liquidity Shortfalls 18 Contributions made to the plan for the plan year by employer(s) and employees: (a) Date (b) Amount paid by employer(s) (c) Amount paid by employer(s) (e) Amount paid by employer(s	13	Balance	at begini	ning of current ye	ar (line 9 +	line 10 + line 11d – line 12)				C			1,8	19	,943
15 Adjusted funding target attainment percentage	P	art III	Fun	iding Percent	ages										
16 Prior year's funding percentage for purposes of determining whether carryover/prefunding balances may be used to reduce current year's funding requirement	14	Funding	target at	tainment percenta	nge							14	90	0.0	00%
year's funding requirement												15	9(0.0	00%
Part IV Contributions and Liquidity Shortfalls 18 Contributions made to the plan for the plan year by employer(s) and employees: (a) Date (MM-DD-YYYY) (b) Amount paid by employer(s) (c) Amount paid by employer(s) (mM-DD-YYYYY) (d) Amount paid by employer(s) (e) Amount paid by employer(s) (f) Amount paid by employer(s) (g) Amount paid by em	16											16	90).(00%
18 Contributions made to the plan for the plan year by employer(s) and employees: (a) Date (b) Amount paid by employer(s) (c) Amount paid by (d) Date (MM-DD-YYYY) employer(s) (e) Amount paid by employees (MM-DD-YYYY) employer(s) (e) Amount paid by employees (MM-DD-YYYY) employer(s) 19 Discounted employer contributions – see instructions for small plan with a valuation date after the beginning of the year: a Contributions allocated toward unpaid minimum required contributions from prior years	17	If the cur	rent valu	e of the assets of	the plan is	less than 70 percent of the	funding targe	et, enter su	ch percentage.	•••••		17			%
(a) Date (b) Amount paid by employers (c) Amount paid by employers (b) Amount paid by employers (c) Amount paid by employers (c) Amount paid by employers (d) Amo	P	art IV	Con	itributions an	d Liquid	ity Shortfalls									
(MM-DD-YYYY) employer(s) employees (MM-DD-YYYY) employer(s) employees MM-DD-YYYY) employer(s) employees (MM-DD-YYYY) employer(s) employees	18						·		,						
Discounted employer contributions – see instructions for small plan with a valuation date after the beginning of the year: a Contributions allocated toward unpaid minimum required contributions from prior years	(N										(c			l by	
Discounted employer contributions – see instructions for small plan with a valuation date after the beginning of the year: a Contributions allocated toward unpaid minimum required contributions from prior years															
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Discounted employer contributions – see instructions for small plan with a valuation date after the beginning of the year: a Contributions allocated toward unpaid minimum required contributions from prior years															
Discounted employer contributions – see instructions for small plan with a valuation date after the beginning of the year: a Contributions allocated toward unpaid minimum required contributions from prior years															
Discounted employer contributions – see instructions for small plan with a valuation date after the beginning of the year: a Contributions allocated toward unpaid minimum required contributions from prior years															
Discounted employer contributions – see instructions for small plan with a valuation date after the beginning of the year: a Contributions allocated toward unpaid minimum required contributions from prior years															
Discounted employer contributions – see instructions for small plan with a valuation date after the beginning of the year: a Contributions allocated toward unpaid minimum required contributions from prior years											4				
Discounted employer contributions – see instructions for small plan with a valuation date after the beginning of the year: a Contributions allocated toward unpaid minimum required contributions from prior years															
Discounted employer contributions – see instructions for small plan with a valuation date after the beginning of the year: a Contributions allocated toward unpaid minimum required contributions from prior years															
Discounted employer contributions – see instructions for small plan with a valuation date after the beginning of the year: a Contributions allocated toward unpaid minimum required contributions from prior years															
Discounted employer contributions – see instructions for small plan with a valuation date after the beginning of the year: a Contributions allocated toward unpaid minimum required contributions from prior years															
Discounted employer contributions – see instructions for small plan with a valuation date after the beginning of the year: a Contributions allocated toward unpaid minimum required contributions from prior years							Tatala N	40(h)			0 40(a)			_	
a Contributions allocated toward unpaid minimum required contributions from prior years	40	D: .									0 18(C)			_	
b Contributions made to avoid restrictions adjusted to valuation date			-			·								_	
C Contributions allocated toward minimum required contribution for current year adjusted to valuation date		_			•	•									
Quarterly contributions and liquidity shortfalls: a Did the plan have a "funding shortfall" for the prior year?					-										_
b If line 20a is "Yes," were required quarterly installments for the current year made in a timely manner? Yes No c If line 20a is "Yes," see instructions and complete the following table as applicable: Liquidity shortfall as of end of quarter of this plan year (1) 1st (2) 2nd (3) 3rd (4) 4th						od dominibation for damont yo	ar adjusted to	Valdation a		100					
C If line 20a is "Yes," see instructions and complete the following table as applicable: Liquidity shortfall as of end of quarter of this plan year (1) 1st (2) 2nd (3) 3rd (4) 4th		a Did the	plan ha	ve a "funding sho	rtfall" for the	e prior year?						\X	Yes		No
Liquidity shortfall as of end of quarter of this plan year (1) 1st (2) 2nd (3) 3rd (4) 4th		b If line 2	20a is "Ye	es," were required	l quarterly i	nstallments for the current	year made in	a timely m	anner?			X	Yes		No
(1) 1st (2) 2nd (3) 3rd (4) 4th		c If line 2	20a is "Ye	es," see instructio	ns and com	plete the following table as	applicable:								
							d of quarter o								
			(1) 1st			(2) 2nd	0	(3)	3rd	0	(4	1) 4th			

		ions Used to Determin	e Funding Target and Tar	get Normal Cost		
21	Discount rate: a Segment rates:	1st segment: 3.92 %	2nd segment: 5 . 5 2 %	3rd segment:		N/A, full yield curve used
	b Applicable month (e				21b	
22	<u></u>				22	62
	Mortality table(s) (see				d - separat	te Substitute
		Current regul	ation: Prescribed - comb	ined X Prescribe	d - senarai	te
Pa	art VI Miscellane			<u> </u>	и оориги	Goodinato
_			arial assumptions for the current p	an year? If "Yes " see i	nstructions	s regarding required
	_	•		-		
25	Has a method change	been made for the current pla	n year? If "Yes," see instructions r	egarding required attach	ment	Yes X No
26	Is the plan required to	provide a Schedule of Active I	Participants? If "Yes," see instruction	ons regarding required a	ittachment	X Yes
27		-	r applicable code and see instructi		27	_
P			um Required Contribution			
28			ears		28	
29	Discounted employer of	contributions allocated toward	unpaid minimum required contribut	ions from prior years	29	(
30	· · · · · · · · · · · · · · · · · · ·		ributions (line 28 minus line 29)		30	
		Required Contribution				
		d excess assets (see instruction				
-					31a	776,497
			ne 31a		31b	0
32	Amortization installmen		<u></u>	Outstanding Bala		Installment
	a Net shortfall amortiza	ation installment		3,34	9,863	808,667
	b Waiver amortization	installment			0	0
33			er the date of the ruling letter granti) and the waived amount		33	
34	Total funding requireme	ent before reflecting carryover	/prefunding balances (lines 31a - 3	1b + 32a + 32b - 33)	34	1,585,164
			Carryover balance	Prefunding balan	се	Total balance
35	Balances elected for us requirement	se to offset funding	0	1,58	5,164	1,585,164
36	Additional cash require	ment (line 34 minus line 35)			36	0
37		•	tribution for current year adjusted		37	0
38	Present value of excess	s contributions for current yea	(see instructions)	11		
	a Total (excess, if any,	of line 37 over line 36)			38a	0
	b Portion included in lin	ne 38a attributable to use of pr	efunding and funding standard car	yover balances	38b	0
39	Unpaid minimum requir	red contribution for current year	r (excess, if any, of line 36 over lin	e 37)	39	0
40					40	0
Par	t IX Pension I	Funding Relief Under I	Pension Relief Act of 2010	(See Instructions)	
41	If an election was made	to use PRA 2010 funding reli	ef for this plan:			
	a Schedule elected					2 plus 7 years
	b Eligible plan year(s) f	or which the election in line 41	a was made		200	8 2009 2010 2011

Plan: 002 2018

Schedule SB, Line 22 - Description of Weighted Average Retirement Age

All participants are assumed to retire at the Plan's Normal Retirement Age of 62.

SUMMARY OF PLAN May 1, 2018

1) EFFECTIVE DATE OF PLAN

The plan was originally effective on July 1, 1985. It was amended on May 1, 1993 to enact the merger of the Seasonal Plan with the Regular Plan and the change in benefit formula that occurred. Subsequent changes include benefit increases as bargained from time to time and the inclusion of Moses Lake and Albany hourly employees as of May 1, 1997. Effective May1, 2009, non-union hourly employees of Moses Lake and Albany hired after April 30, 2009 are not eligible for the Plan. Effective May1, 2010, hourly employees of Chehalis hired after April 30, 2010 are not eligible for the Plan. Effective November 1, 2010, participants rehired after October 31, 2010 are not eligible for the Plan.

2) FUNDING

The plan is funded by employer contributions to a trust fund.

3) EMPLOYEES INCLUDED

The plan covers union employees at Chehalis hired before May 1, 2010 and hourly employees at Moses Lake and Albany, hired before May 1, 2009, who complete at least 500 hours of service in a plan year. Participants rehired after October 31, 2010 are not eligible for the Plan. Employees who meet the eligibility requirements enter the plan on the May 1 or November 1 following the date on which they complete 12 months of service and meet the 500-hour requirement. The Burlington plant closed in late 2001.

4) <u>PLAN YEAR</u>

The plan year is the 12-month period from May 1 to April 30.

5) EMPLOYER CONTRIBUTIONS

The employer contributes amounts sufficient to maintain the trust at an adequate level.

6) EMPLOYEE CONTRIBUTIONS

Participants in the plan are neither required nor allowed to make any contributions.

7) YEAR OF SERVICE

For vesting purposes, a year of service is credited for each plan year in which an employee completes 500 hours of service. Prior to May 1, 1993, a year of vesting service was earned each plan year in which an employee had 137.5 hours of service.

SUMMARY OF PLAN May 1, 2018

8) RETIREMENT DATE

The normal retirement date for any participant shall be the first day of the month coincident with or next following the attainment of age 62 but not earlier than the fifth anniversary of participation. An early retirement date is permitted provided the participant has attained age 55 and completed five years of vesting service.

9) <u>RETIREMENT BENEFIT</u>

The monthly normal retirement benefit is payable as a single life annuity and is equal to a participant's accrued benefit as of April 30, 1993 plus the accumulation of annual accruals, which are the product of: (1) a participant's hours (not to exceed 2,080) for the plan year; (2) a rate based upon accumulated vesting service as of the beginning of the plan year (.02 for service less than 20 years and .0265 otherwise); and (3) a specified rate based upon the participant's hours for each plan year as follows:

	Less Than 1,000 Hours	1,000 or More Hours
5/1/93 - 4/30/95	\$ 0.11	\$ 1.05
5/1/95 - 4/30/96	\$ 0.15	\$ 1.10
5/1/96 - 4/30/97	\$ 0.15	\$ 1.15
5/1/97 - 4/30/98	\$ 0.15	\$ 1.20
5/1/98 - 4/30/99	\$ 0.20	\$ 1.30
5/1/99 - 4/30/00	\$ 0.25	\$ 1.40
5/1/00 - Future	\$ 0.30	\$ 1.50

10) ACCRUED BENEFIT

A participant's accrued benefit is equal to the normal retirement benefit earned to date and is payable at the normal retirement date. The early retirement benefit is equal to the accrued benefit times a percentage given in the following table:

<u>Age</u>	<u>Percentage</u>	<u>Age</u>	<u>Percentage</u>
62	100.0	58	71.2
61	92.8	57	64.0
60	85.6	56	59.2
59	78.4	55	54.4

SUMMARY OF PLAN May 1, 2018

11) <u>RETIREMENT BENEFIT OPTIONS</u>

The following forms of payment are available to retirees:

- a) Life annuity.
- b) 10-Year Certain & Life annuity.
- c) Joint and survivor annuity with continuation of 50%, 66-2/3%, or 100%.
- d) Lump Sum (with limitations).

12) DEATH BENEFIT

If death occurs prior to the commencement of benefit payments, a participant's spouse is entitled to receive the Actuarial Equivalent of the participant's accrued benefit, or to elect the optional Joint and Survivor Annuity form of coverage.

13) <u>DISABILITY BENEFIT</u>

A participant who becomes totally and permanently disabled shall be able to receive the actuarial equivalent of the accrued benefit.

14) <u>VESTED BENEFIT</u>

If the terminating participant has completed five or more years of Vesting Service, the participant is fully vested in the accrued benefit. For termination prior to May 1, 1993, participants vested in their benefits according to the following: 0% until 20% after 2 years of service, increasing by 20% per year, until 100% vested after 6 years of service.

Upon the attainment of normal retirement age, death, or disability, a participant will become fully vested in his or her accrued benefit. (Burlington employees who met the requirements of the stay package are also fully vested.)

Schedule H, Line 4i – Schedule of Assets Held at End of Year April 30, 2019

(a)	(b) Identity of Issue, Borrower, Lessor or Similar Party	(c) Description of Investment, Including Maturity Date, Rate of Interest, Collateral, Par, or Maturity Value	(d) Cost	(e) Current value
* Sc Al Al Al Al Bl Bl Ec Fa Illi In M No Pa Sc Sp Sq	Lessor or Similar Party hwab Bank Sweep for EE Benefit Plan hwab Government Money Fund dobe Systems Inc libaba Group HLDG A lign Technology Inc phabet Inc mazon Com Inc litodesk urlington Stores Inc excom Inc liwards Lifesciences Cp licebook Inc Class A lumina Inc tuitive Surgical lastercard Inc licrosoft Corp lividia Corp livypal Hldgs Inc lesforce Com licrosoft	or Maturity Value MM Deposit Account MM Mutual Fund Common Stock	\$ 153,452 22,737 22,095 33,962 10,389 53,447 12,914 55,770 50,311 24,265 29,254 9,432 36,274 51,886 17,278 82,885 36,627 31,459 24,334 26,048 44,131 13,247 25,373	\$ 153,452 22,737 69,420 34,887 34,741 92,701 123,297 73,957 57,260 20,461 48,595 47,383 55,848 51,063 115,933 112,708 39,639 72,511 31,775 115,580 88,784 42,792 35,536
Ul	ansunion ta Salon Cosm & Frag	Common Stock Common Stock	18,475 25,781	28,208 55,488
Ve	eeva Systems Inc2 ertex Pharmaceuticals sa Inc CL A	Common Stock Common Stock Common Stock	27,937 19,171 20,014	69,376 21,123 113,786
	orkday Inc	Common Stock	15,621	42,155

Schedule H, Line 4i – Schedule of Assets Held at End of Year April 30, 2019

(a) (b)		(c) Description of Investment, Including Maturity Date, Rate of Interest,	(d)	(e)
Identity of Issue, Borrower,		Collateral, Par,	0 .	Current
Lessor or Similar Party		or Maturity Value	Cost	value
Castine Offshore Fd Ltd Cl A Srs 1		Hedge Fund	648,033	839,557
Castine Offshore Fd Ltd Cl A Srs 2		Hedge Fund	300,000	300,900
Mudrick Dist Opp Fd OFS B2 Initial		Hedge Fund	1,171,783	1,267,527
Rimrock Structured Prod Cl B Sr I		Hedge Fund	784,307	837,694
Rimrock Structured Prod Cl B/Jan2019		Hedge Fund	750,000	755,695
Trf Feeder Fund (Cayman), Lp		Hedge Fund	486,677	449,844
Amg Timessquare Mid Cap Gwth Fd Inst		Mutual Fund	679,105	774,557
Artisan I	nternational Value Fund	Mutual Fund	1,661,007	2,078,403
Artisan Midcap Value Fund		Mutual Fund	1,078,958	1,034,821
Artisan Small Cap Investor Fund		Mutual Fund	530,150	699,715
	/alue Equity Fund Inst	Mutual Fund	2,040,467	2,343,784
Brandyv	vineglobal Blbl Uncnd Bd Fd I	Mutual Fund	1,464,020	1,369,446
Carillon Reams Uncond Nd Fd Cl I		Mutual Fund	1,607,029	1,627,617
Dodge & Cox Income Fd [□]		Mutual Fund	1,278,684	1,284,154
Grandeur Peak Emrg M		Mutual Fund	1,000,637	1,078,373
Jo Hamb	oro Intl Select Fund Cl I	Mutual Fund	2,230,877	2,432,673
Metropo	olitan West Total Return I	Mutual Fund	1,914,344	1,916,379
Pimco A	ll Asset Fund Instl	Mutual Fund	1,211,739	1,145,405
Pimco G	ilobal Unhedged Fd Instl Cl	Mutual Fund	1,234,089	1,195,497
Seafarei	Overseas Growth & Inc Fd	Mutual Fund	1,110,860	1,145,389
Silk Inve	st New Horizons Frontier Inc	Mutual Fund	879,334	792,201
Vanguard Health Care Fd Admiral Shs		Mutual Fund	1,305,907	1,093,044
Vanguard Short Term Bd Index Fd Adm		Mutual Fund	1,969,854	1,973,879
Westwood Smallcap Fd I		Mutual Fund	658,324	949,307
Whg Inc	ome Oppty Fd Instl	Mutual Fund	295,001	355,461
Т	otal assets held at end of year	\$ 29,285,755	\$ 31,612,518	

^{*} Party-in-interest as defined by the ERISA

EXHIBIT 5

NATIONAL FROZEN FOODS CORPORATION EMPLOYEES' PENSION PLAN

AMORTIZATION CHARGES FOR MINIMUM <u>REQUIRED CONTRIBUTION</u> as of May 1, 2018

Charge	Date Established	Original Balance	Remaining Balance	Remaining Years To Fund	 Annual Payment
Shortfall	5/1/2013	\$ 1,612,146	\$ 527,959	2	\$ 269,054
Shortfall	5/1/2014	(1,359,123)	(656,966)	3	(227,461)
Shortfall	5/1/2015	1,244,246	782,022	4	206,922
Shortfall	5/1/2016	3,396,048	2,601,713	5	561,107
Shortfall	5/1/2017	(848,912)	(752,927)	6	(139,401)
Shortfall	5/1/2018	848,062	848,062	7	 138,446
Net Amount			\$ 3,349,863		\$ 808,667