## Form 5500-SF

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation Short Form Annual Return/Report of Small Employee Benefit Plan

This form is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA), and sections 6057(b) and 6058(a) of the Internal Revenue Code (the Code).

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2016

OMB Nos. 1210-0110

1210-0089

This Form is Open to Public Inspection

 Complete all entries in accordance with the instructions to the Form 5500-SF. Annual Report Identification Information For calendar plan year 2016 or fiscal plan year beginning and ending X a single-employer plan a multiple-employer plan (not multiemployer) (Filers checking this box must attach a list of participating employer information in accordance with the form instructions.) **A** This return/report is for: a one-participant plan a foreign plan the final return/report B This return/report is the first return/report an amended return/report a short plan year return/report (less than 12 months) C Check box if filing under: DFVC program Form 5558 automatic extension special extension (enter description) Part II Basic Plan Information—enter all requested information 1a Name of plan 1b Three-digit SWIFT HR SOLUTIONS, INC. RETIREMENT TRUST plan number 001 (PN) • 1c Effective date of plan 09/01/2007 2a Plan sponsor's name (employer, if for a single-employer plan) **2b** Employer Identification Number Mailing address (include room, apt., suite no. and street, or P.O. Box) 20-0794048 (EIN) City or town, state or province, country, and ZIP or foreign postal code (if foreign, see instructions) Sponsor's telephone number SWIFT HR SOLUTIONS, INC. 206-999-0638 2d Business code (see instructions) 1100 BELLEVUE WAY NE STE 8-A # 501 561490 BELLEVUE, WA 98004-4280 **3a** Plan administrator's name and address |X| Same as Plan Sponsor. 3b Administrator's EIN 3c Administrator's telephone number If the name and/or EIN of the plan sponsor has changed since the last return/report filed for this plan, enter the 4b EIN name, EIN, and the plan number from the last return/report. a Sponsor's name 4c PN 5a 5a Total number of participants at the beginning of the plan year ...... 5b 0 **b** Total number of participants at the end of the plan year..... Number of participants with account balances as of the end of the plan year (only defined contribution plans 0 5c complete this item)..... 2 5d(1) d(1) Total number of active participants at the beginning of the plan year..... 5d(2) 0 d(2) Total number of active participants at the end of the plan year..... Number of participants that terminated employment during the plan year with accrued benefits that were less than 100% vested .....

Caution: A penalty for the late or incomplete filing of this return/report will be assessed unless reasonable cause is established.

Under penalties of perjury and other penalties set forth in the instructions, I declare that I have examined this return/report, including, if applicable, a Schedule SB or Schedule MB completed and signed by an enrolled actuary, as well as the electronic version of this return/report, and to the best of my knowledge and belief, it is true, correct, and complete.

belief, it is t	rue, correct, and complete.						
31314	Filed with authorized/valid electronic signature.	07/13/2020	SHANNON SWIFT				
HERE	Signature of plan administrator	Date	Enter name of individual signing as plan administrator				
SIGN							
HERE	Signature of employer/plan sponsor	Date	Enter name of individual signing as employer or plan sp				
Preparer's name (including firm name, if applicable) and address (include i		room or suite numbe	r)	Preparer's telephone number			

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under 29 CFR 2520, 104-467 (See instructions on waiver eligibility and conditions).    Yes   No   Not determined   Not dete		Were all of the plan's assets during the plan year invested in eligib		` ,						X Yes	No
C If the plan is a defined benefit plan, is it covered under the PBGC insurance program (see ERISA section 4021)?	b	Are you claiming a waiver of the annual examination and report of an independent qualified public accountant (IQPA) under 29 CFR 2520.104-46? (See instructions on waiver eligibility and conditions.)						X Yes No			No
Part III   Financial Information   (a) Beginning of Year   (b) End of Year   201959   0   0   0   0   0   0   0   0   0							_	-		-	
7 Plan Assets and Liabilities 7 Residual Control of Part 1 Plan Assets and Liabilities 7 Residual Control of Part 1 Plan Assets (a) Beginning of Year (b) End of Year 0 District plan assets (subtract line 7b from line 7a) 7c 201959 0 O	c	<u></u>	nsurance p	orogram (see ERISA se	ection 4	021)?		Yes	No	Not dete	rmined
a Total plan assets	Pa	rt III Financial Information		1							
D Total plan liabilities	_7_	Plan Assets and Liabilities		(a) Beginning	of Year		(b) End of Year			f Year	
C Net plan assats (subtract line 7b from line 7a)	<u>a</u>	Total plan assets	7a	:	201959	)	0				
8 Income, Expenses, and Transfers for this Plan Year a Contributions received or receivable from: (1) Employers. (2) Participants. (3) Others (including rollovers). 8a(1) 6208  (2) Participants. (3) Others (including rollovers). 8a(2) 25110  (3) Others (including rollovers). 8a(3) 0  5 Other income (add lines 8a(1), 8a(2), 8a(3), and 8b). 8c  53344  d Banefits paid (including direct rollovers and insurance premiums to provide benefits). 8c  6 Certain deemed ancfor corrective distributions (see instructions). 8d  0  6 Certain deemed ancfor corrective distributions (see instructions). 8e  0  6 Certain deemed ancfor corrective distributions (see instructions). 8e  116  9 Other expenses (add lines 8d, 8e, 8f, and 8g). 8h  116  9 Other expenses (add lines 8d, 8e, 8f, and 8g). 8h  116  1 Net income (loss) (subtract line 8h from line 8c). 8  1 Transfers to (from) the plan (see instructions). 8  1 Transfers to (from) the plan (see instructions). 8  1 Transfers to (from) the plan (see instructions). 8  1 Transfers to (from) the plan (see instructions). 8  1 Transfers to (from) the plan (see instructions). 8  1 Transfers to (from) the plan (see instructions). 8  1 Transfers to (from) the plan (see instructions). 8  1 Transfers to (from) the plan (see instructions). 8  1 Transfers to (from) the plan (see instructions). 8  1 Transfers to (from) the plan (see instructions). 8  1 Transfers to (from) the plan (see instructions). 8  1 Transfers to (from) the plan (see instructions). 8  1 Transfers to (from) the plan (see instructions). 8  1 Transfers to (from) the plan (see instructions). 8  1 Transfers to (from) the plan (see instructions). 9  1 If the plan provides welfare benefits, enter the applicable pension feature codes from the List of Plan Characteristic Codes in the instructions:  2  2	b	Total plan liabilities	7b								
a Contributions received or receivable from: (1) Employers (2) Participants	С	Net plan assets (subtract line 7b from line 7a)	7c		201959	)	0				
(2) Participants				(a) Amoun	ıt		(b) Total				
(2) Participants	а		0 (1)		6208						
(3) Others (including rollovers)											
b Other income (loss)  C Total income (add lines 8a(1), 8a(2), 8a(3), and 8b)											
C Total income (add lines 8a(1), 8a(2), 8a(3), and 8b)		, , , , , , , , , , , , , , , , , , , ,									
d Benefits paid (including direct rollovers and insurance premiums to provide benefits)		· · ·	8b		22020					50044	
to provide benefits)			8c				53344				
e Certain deemed and/or corrective distributions (see instructions).  f Administrative service providers (salaries, fees, commissions)	d		84		0						
f Administrative service providers (salaries, fees, commissions)		·									
g Other expenses (add lines 8d, 8e, 8f, and 8g)	f				-						
h Total expenses (add lines 8d, 8e, 8f, and 8g)	<u>'</u>				110						
i Net income (loss) (subtract line 8h from line 8c)		·						116			
Transfers to (from the plan (see instructions)											
Part IV Plan Characteristics  9a If the plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Characteristic Codes in the instructions:  b If the plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Characteristic Codes in the instructions:  Part V Compliance Questions  10 During the plan year:  a Was there a failure to transmit to the plan any participant contributions within the time period described in 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fiduciary Correction Program)  b Were there any nonexempt transactions with any party-in-interest? (Do not include transactions reported on line 10a.)	÷				055407						
9a		, , , , ,	8j	-255187							
b If the plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Characteristic Codes in the instructions:    Part V   Compliance Questions											
Part V Compliance Questions  10 During the plan year:  a Was there a failure to transmit to the plan any participant contributions within the time period described in 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fiduciary Correction Program)	9a 	If the plan provides pension benefits, enter the applicable pension 2E 2F 2G 2J 2K 2T 3D	feature co	odes from the List of Pl	an Cha	racteri	stic Co	odes in	the instru	ctions:	
10 During the plan year:  a Was there a failure to transmit to the plan any participant contributions within the time period described in 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fiduciary Correction Program)  b Were there any nonexempt transactions with any party-in-interest? (Do not include transactions reported on line 10a.)  c Was the plan covered by a fidelity bond?  d Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesty?  e Were any fees or commissions paid to any brokers, agents, or other persons by an insurance carrier, insurance service, or other organization that provides some or all of the benefits under the plan? (See instructions.)  f Has the plan failed to provide any benefit when due under the plan?  g Did the plan have any participant loans? (If "Yes," enter amount as of year-end.)  10	b	If the plan provides welfare benefits, enter the applicable welfare for	eature cod	des from the List of Pla	n Chara	acterist	tic Cod	des in t	he instruc	tions:	
10 During the plan year:  a Was there a failure to transmit to the plan any participant contributions within the time period described in 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fiduciary Correction Program)  b Were there any nonexempt transactions with any party-in-interest? (Do not include transactions reported on line 10a.)  c Was the plan covered by a fidelity bond?  d Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesty?  e Were any fees or commissions paid to any brokers, agents, or other persons by an insurance carrier, insurance service, or other organization that provides some or all of the benefits under the plan? (See instructions.)  f Has the plan failed to provide any benefit when due under the plan?  g Did the plan have any participant loans? (If "Yes," enter amount as of year-end.)  10	Par	t V Compliance Questions									
a Was there a failure to transmit to the plan any participant contributions within the time period described in 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fiduciary Correction Program).  b Were there any nonexempt transactions with any party-in-interest? (Do not include transactions reported on line 10a.)	10					Yes	No	N/A		Amount	
b Were there any nonexempt transactions with any party-in-interest? (Do not include transactions reported on line 10a.)	а	Was there a failure to transmit to the plan any participant contribu					X				
reported on line 10a.)		<u> </u>			10a						
d Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesty?		· · · · · · · · · · · · · · · · · · ·			10b		X				
by fraud or dishonesty?	С	Was the plan covered by a fidelity bond?			10c	X					20000
Were any fees or commissions paid to any brokers, agents, or other persons by an insurance carrier, insurance service, or other organization that provides some or all of the benefits under the plan? (See instructions.)      Has the plan failed to provide any benefit when due under the plan?      Did the plan have any participant loans? (If "Yes," enter amount as of year-end.)      If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3.)      If 10h was answered "Yes," check the box if you either provided the required notice or one of the	d			10d		Χ					
g Did the plan have any participant loans? (If "Yes," enter amount as of year-end.)	е	Were any fees or commissions paid to any brokers, agents, or other persons by an insurance carrier, insurance service, or other organization that provides some or all of the benefits under			10e		X				
h If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3.)	f	Has the plan failed to provide any benefit when due under the plan?			10f		X				
2520.101-3.)	g	Did the plan have any participant loans? (If "Yes," enter amount as of year-end.)					X				
	h	·			10h	X					
	i				10i	X					

Part	VI	Pension Funding Compliance							
11	Is this a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and complete Schedule SB (Form 5500) and line 11a below)								
	a Enter the unpaid minimum required contributions for all years from Schedule SB (Form 5500) line 40								
12		is a defined contribution plan subject to the minimum funding requirements of section 412 of the C				f		′es 🗶 No	
	(If "	SA?					1 5		
а		vaiver of the minimum funding standard for a prior year is being amortized in this plan year, see in ting the waiver		is, and	d enter t Day		of the lette Year _	r ruling	
lf	you c	ompleted line 12a, complete lines 3, 9, and 10 of Schedule MB (Form 5500), and skip to line	13.			ı			
b	Enter	the minimum required contribution for this plan year			12b				
С	Enter	the amount contributed by the employer to the plan for this plan year			12c				
	Subt	ract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the tive amount)	left of a		12d				
е	Will t	he minimum funding amount reported on line 12d be met by the funding deadline?				Yes	No	N/A	
Part	VII	Plan Terminations and Transfers of Assets							
13a	Has	a resolution to terminate the plan been adopted in any plan year?				Yes	s X N	0	
	If "Ye	es," enter the amount of any plan assets that reverted to the employer this year			13a				
b		e all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brou					X Yes	No	
С		uring this plan year, any assets or liabilities were transferred from this plan to another plan(s), iden h assets or liabilities were transferred. (See instructions.)	tify the p	olan(s)	to				
1	3c(1)	Name of plan(s):	1	13c(2)	EIN(s)		13c(3	<b>)</b> PN(s)	
WTIA 4	101(K)	PLAN	91-142	27013	3 00				
Part	VIII	Trust Information							
14a	Name	of trust			14b	Trust's E	EIN		
14c	14c Name of trustee or custodian				14d Trustee's or custodian's telephone number				
Part	t IX	IRS Compliance Questions							
15a	Is the	plan a 401(k) plan? If "No," skip b		Yes			No		
			Desig safe h	n-based arbor	arbor U test				
				"Curre	ent year est	"	N/A		
16a 		testing method was used to satisfy the coverage requirements under section 410(b) for the plan Check all that apply:		Ratio perce test	entage		verage enefit test	□ N/A	
<b>16b</b> Did the plan satisfy the coverage and nondiscrimination requirements of sections 410(b) and 401(a)(4) for the plan year by combining this plan with any other plan under the permissive aggregation rules?				Yes					
	the le								
	letter		enter the	date	of the m	nost rece	ent determi	nation	
18	18 Defined Benefit Plan or Money Purchase Pension Plan Only: Were any distributions made during the plan year to an employee who attained age 62 and had not separated from service?  Yes					s	☐ No		
19	Was	any plan participant a 5% owner who had attained at least age 70 $\%$ during the prior plan year?			Ye	s	No		