Form 5500	-	t of Employee Benefit Plan		OMB Nos. 12	10-0110 10-0089	
Department of the Treasury Internal Revenue Service	This form is required to be filed for employee benefit plans under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA) and sections 6057(b) and 6058(a) of the Internal Revenue Code (the Code).		2018			
Department of Labor Employee Benefits Security Administration		ntries in accordance with ons to the Form 5500.				
Pension Benefit Guaranty Corporation				Form is Open to Pu Inspection	ıblic	
	entification Information					
For calendar plan year 2018 or fisca	I plan year beginning 10/01/2018	and ending 09/30/20	019			
A This return/report is for:	a multiemployer plan	a multiple-employer plan (Filers checking t participating employer information in accor			ns.)	
	X a single-employer plan	a DFE (specify)				
B This return/report is:	the first return/report	the final return/report				
	an amended return/report a short plan year return/report (less than 12 r			2 months)		
C If the plan is a collectively-bargain	— ned plan, check here			• 🗆		
	7 Form 5558	_	the DFVC program			
D Check box if filing under:		automatic extension		e DEVC program		
	special extension (enter description)					
	ation—enter all requested information	1				
1a Name of plan SCHARMACH ENTERPRISES, INC	C. DBA BMW NORTHWEST HEALTH (CARE & VISION CARE BENEFITS PLAN	1b	Three-digit plan number (PN) ►	502	
			1c	Effective date of pla 10/01/2005	an	
2a Plan sponsor's name (employer, if for a single-employer plan) Mailing address (include room, apt., suite no. and street, or P.O. Box) City or town, state or province, country, and ZIP or foreign postal code (if foreign, see instructions)				2b Employer Identification Number (EIN) 91-0956779		
SCHARMACH ENTERPRISES, INC			2c	Plan Sponsor's tele	phone	
BMW NORTHWEST				number 253-926-9766		
4011 20TH ST E 4011 20TH ST E TACOMA, WA 98424-1819 TACOMA, WA 98424-1819			2d Business code (see instructions) 441110			

Caution: A penalty for the late or incomplete filing of this return/report will be assessed unless reasonable cause is established.

Under penalties of perjury and other penalties set forth in the instructions, I declare that I have examined this return/report, including accompanying schedules, statements and attachments, as well as the electronic version of this return/report, and to the best of my knowledge and belief, it is true, correct, and complete.

SIGN HERE	Filed with authorized/valid electronic signature.	07/13/2020	ROBIN GOWIN
HERE	Signature of plan administrator	Date	Enter name of individual signing as plan administrator
SIGN HERE	Filed with authorized/valid electronic signature.	07/13/2020	ROBIN GOWIN
HERE	Signature of employer/plan sponsor	Date	Enter name of individual signing as employer or plan sponsor
SIGN HERE			
HERE	Signature of DFE	Date	Enter name of individual signing as DFE

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	Form 5500 (2018) Page 2		
3a	Plan administrator's name and address 🛛 Same as Plan Sponsor	3b Ad	lministrator's EIN
			ministrator's telephone mber
4		46 51	
4	If the name and/or EIN of the plan sponsor or the plan name has changed since the last return/report filed for this plan, enter the plan sponsor's name, EIN, the plan name and the plan number from the last return/report:	4b EI	IN
a c	Sponsor's name Plan Name	4d PN	N
5	Total number of participants at the beginning of the plan year	5	182
6	Number of participants as of the end of the plan year unless otherwise stated (welfare plans complete only lines 6a(1) , 6a(2) , 6b , 6c , and 6d).		1
a(1) Total number of active participants at the beginning of the plan year	. 6a(1)	182
a(2) Total number of active participants at the end of the plan year	. 6a(2)	189
b	Retired or separated participants receiving benefits	6b	1
С	Other retired or separated participants entitled to future benefits	6c	
d	Subtotal. Add lines 6a(2) , 6b , and 6c	6d	190
е	Deceased participants whose beneficiaries are receiving or are entitled to receive benefits.	. 6e	
f	Total. Add lines 6d and 6e	6f	190
g	Number of participants with account balances as of the end of the plan year (only defined contribution plans complete this item)	6g	
h	Number of participants who terminated employment during the plan year with accrued benefits that were less than 100% vested	6h	
7	Enter the total number of employers obligated to contribute to the plan (only multiemployer plans complete this item)	7	

8a If the plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Characteristics Codes in the instructions:

b If the plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Characteristics Codes in the instructions:

4A 4D 4E

9a	Plan fur	nding	arrangement (check all that apply)	9b	Plan b	enefit	arra	ngement (check all that apply)
	(1)	Х	Insurance		(1)	X	In	surance
	(2)		Code section 412(e)(3) insurance contracts		(2)		Co	ode section 412(e)(3) insurance contracts
	(3)		Trust		(3)		Tr	ust
	(4)	Х	General assets of the sponsor		(4)	X	G	eneral assets of the sponsor
10	10 Check all applicable boxes in 10a and 10b to indicate which schedules are attached, and, where indicated, enter the number attached. (See instructions)							
a Pension Schedules						ral Sc	hedu	lles
	(1)		R (Retirement Plan Information)		(1)			H (Financial Information)
	(2)		MB (Multiemployer Defined Benefit Plan and Certain Money		(2)			I (Financial Information – Small Plan)
	(2)		Purchase Plan Actuarial Information) - signed by the plan		(3)	×	_1	A (Insurance Information)
			actuary		(4)	X		C (Service Provider Information)
(3)	(3)	Π	SB (Single-Employer Defined Benefit Plan Actuarial Information) - signed by the plan actuary		(5)			D (DFE/Participating Plan Information)
					(6)			G (Financial Transaction Schedules)

Page 3

Part III Form M-1 Compliance Information (to be completed by welfare benefit plans)				
11a If the plan provides welfare benefits, was the plan subject to the Form M-1 filing requirements during the plan year? (See instructions and 29 CFR 2520.101-2.) Yes No				
If "Yes" is checked, complete lines 11b and 11c.				
11b Is the plan currently in compliance with the Form M-1 filing requirements? (See instructions and 29 CFR 2520.101-2.)				
11c Enter the Receipt Confirmation Code for the 2018 Form M-1 annual report. If the plan was not required to file the 2018 Form M-1 annual report, enter th Receipt Confirmation Code for the most recent Form M-1 that was required to be filed under the Form M-1 filing requirements. (Failure to enter a valid Receipt Confirmation Code will subject the Form 5500 filing to rejection as incomplete.)	9			

Receipt Confirmation Code_____

SCHEDULE A Insurai (Form 5500)			e Information	rmationo			OMB No. 1210-0110	
Department of the Treas Internal Revenue Serv	sury		ed to be filed under section 104 of the ncome Security Act of 1974 (ERISA). 2018			2018		
Department of Labo Employee Benefits Security Ad			n attachment to Form 5500.				2010	
Pension Benefit Guaranty Corporation Insurance companies			are required to provide the information This Form is Op			m is Open to Public Inspection		
For calendar plan year 20	18 or fiscal plar	year beginning 10/01/2018		and er	nding 09/3	30/2019		
A Name of plan SCHARMACH ENTERPF CARE BENEFITS PLAN	RISES, INC. DB	A BMW NORTHWEST HEALTH	CARE & VISION		e-digit 1 number (P	N) 🕨	502	
C Plan sponsor's name a SCHARMACH ENTERPR		2a of Form 5500			oyer Identific 0956779	cation Number ((EIN)	
		ning Insurance Contract Individual contracts grouped as						
(a) Name of insurance ca COMPANION LIFE COLU								
	(c) NAIC	(d) Contract or	(e) Approximate number of persons covered at end of policy or contract year		er of Policy or co		ontract year	
(b) EIN	code	identification number			(f)	From	(g) To	
57-0523959	77828	IIS 3350-18	189		10/01/201	8	09/30/2019	
2 Insurance fee and com descending order of the		tion. Enter the total fees and tota	l commissions paid. L	ist in line 3	the agents,	brokers, and o	ther persons in	
(a) Total	amount of comr			(b) T	otal amount	of fees paid		
		34703						
3 Persons receiving com	missions and fe	ees. (Complete as many entries a	as needed to report all	persons).				
FLEXIBLE BENEFITS CO		nd address of the agent, broker, o		m commise	sions or fees	were paid		
	RPORATION	PO BOX TACOM	A, WA 98401					
(b) Amount of sales a			ees and other commissions paid				-	
commissions pa		(c) Amount		(d) Purpos	е		(e) Organization code	
34703							3	
	(a) Name a	nd address of the agent, broker, o	or other person to who	m commiss	sions or fees	s were paid		
(b) Amount of sales a	nd base	Fees	s and other commissio	ns paid				
commissions paid		(c) Amount		(d) Purpos	е		(e) Organization code	

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(a) Name and address of the agent, broker, or other person to whom commissions or fees were paid

	Fees and other commissions paid			
(b) Amount of sales and base commissions paid	(c) Amount	(d) Purpose	Organization code	

(a) Name and address of the agent, broker, or other person to whom commissions or fees were paid

	Fees and other commissions paid			
(b) Amount of sales and base commissions paid	(c) Amount	(d) Purpose	Organization code	

(a) Name and address of the agent, broker, or other person to whom commissions or fees were paid

	Fees and other commissions paid		
(b) Amount of sales and base commissions paid	(c) Amount	(d) Purpose	Organization code

(a) Name and address of the agent, broker, or other person to whom commissions or fees were paid

	Fees and other commissions paid			
(b) Amount of sales and base commissions paid	(c) Amount	(d) Purpose	Organization code	

(a) Name and address of the agent, broker, or other person to whom commissions or fees were paid

	Fees and other commissions paid			
(b) Amount of sales and base commissions paid	(c) Amount	(d) Purpose	Organization code	
			1	

		Schedule A (Form 5500) 2018	Page	3		
F	Part	II Investment and Annuity Contract Information Where individual contracts are provided, the entire group of such indivithis report.	idual contra	acts with each carrier	-	unit for purposes of
		ent value of plan's interest under this contract in the general account at year				
		ent value of plan's interest under this contract in separate accounts at year e	nd		5	
6	Con	tracts With Allocated Funds:				
	а	State the basis of premium rates				
	b	Premiums paid to carrier			6b	
	с	Premiums due but unpaid at the end of the year			6c	
	d	If the carrier, service, or other organization incurred any specific costs in con- retention of the contract or policy, enter amount.			6d	
		Specify nature of costs				
	е	Type of contract: (1) individual policies (2) group deferred	d annuitv			
	-	(3) ☐ other (specify) ►				
	f	If contract nurchased in whole or in part to distribute herefits from a termin	oting plan			
7	t	If contract purchased, in whole or in part, to distribute benefits from a termin				
7		tracts With Unallocated Funds (Do not include portions of these contracts ma				
	а	Type of contract: (1) deposit administration (2) immedia		alion guarantee		
		(3) guaranteed investment (4) other ►				
	b	Balance at the end of the previous year			7b	
	С	Additions: (1) Contributions deposited during the year				
		(2) Dividends and credits				
		(3) Interest credited during the year				
		(4) Transferred from separate account				
		(5) Other (specify below)	. 7c(5)	L		
		•				
		(6)Total additions			7c(6)	
	d	Total of balance and additions (add lines 7b and 7c(6)).				
		Deductions:				
		(1) Disbursed from fund to pay benefits or purchase annuities during year	7e(1)			
		(2) Administration charge made by carrier	. 7e(2)			
		(3) Transferred to separate account.	. 7e(3)			
		(4) Other (specify below)	7e(4)			
		, ,				
		(5) Total deductions				
	f	Balance at the end of the current year (subtract line 7e(5) from line 7d)			7f	

Ρ	art I	II Welfare Benefit Contract Informa	ation				
		If more than one contract covers the same of the information may be combined for report employees, the entire group of such individu	ing purposes if such contra	acts are exp	erience-rated as a unit	t. Where co	ontracts cover individual
8	Bene	efit and contract type (check all applicable boxes)			······		
-	аſ	Health (other than dental or vision)	b Dental	с	Vision		d Life insurance
					1	nlovmont	
	e _	Temporary disability (accident and sickness)	f Long-term disability		Supplemental unem	pioyment	h Prescription drug
	i >	Stop loss (large deductible)	j HMO contract	k	PPO contract		Indemnity contract
	m	Other (specify)					
9	Expe	rience-rated contracts:					
	a F	Premiums: (1) Amount received		9a(1)			
		(2) Increase (decrease) in amount due but unpaid	l	9a(2)			_
		(3) Increase (decrease) in unearned premium res	erve	9a(3)		T	
		(4) Earned ((1) + (2) - (3))	E CONTRACTOR OF CONTRACTOR OFO			9a(4)	
		Benefit charges (1) Claims paid		9b(1)			_
		(2) Increase (decrease) in claim reserves		9b(2)		1	
		(3) Incurred claims (add (1) and (2))				9b(3)	
		(4) Claims charged				9b(4)	
	С	Remainder of premium: (1) Retention charges (or		<u> </u>			_
		(A) Commissions		9c(1)(A)			_
		(B) Administrative service or other fees		9c(1)(B)			_
		(C) Other specific acquisition costs		9c(1)(C)			-
		(D) Other expenses	-	9c(1)(D)			-
		(E) Taxes	-	9c(1)(E) 9c(1)(F)			-
		(F) Charges for risks or other contingencies		9c(1)(G)			-
		(G) Other retention charges				9c(1)(H)	
		(2) Dividends or retroactive rate refunds. (These	_				
	d						
	d	Status of policyholder reserves at end of year: (1)	•			9d(1)	
		(2) Claim reserves				9d(2)	
	~	(3) Other reserves				9d(3) 9e	
10		Dividends or retroactive rate refunds due. (Do no nexperience-rated contracts:	or include amount entered	in line 90(2)	.)	96	
10			arrier			10a	106640
	-	Total premiums or subscription charges paid to c				IVa	196649
		If the carrier, service, or other organization incurr retention of the contract or policy, other than repo- cify nature of costs.				. 10b	

Pa	art IV Provision of Information			
11	Did the insurance company fail to provide any information necessary to complete Schedule A?	Yes	X No	
12	If the answer to line 11 is "Yes," specify the information not provided. 🕨			

SCHEDULE C	Service Provider Information			OMB No. 1210-0110	
(Form 5500) Department of the Treasury Internal Revenue Service This schedule is required to be filed under section 104 of the Employee Retirement Income Security Act of 1974 (ERISA).				2019	
				2018	
Department of Labor Employee Benefits Security Administration	File as an attachment to Form	n 5500.	This	Form is Open to Public Inspection.	
Pension Benefit Guaranty Corporation For calendar plan year 2018 or fiscal pla	an year beginning 10/01/2018	and ending 09/3	30/2019		
Name of plan	10/01/2010	B Three-digit	0/2013		
-	DBA BMW NORTHWEST HEALTH CARE & VISION	plan number (PN)	•	502	
Plan sponsor's name as shown on lin SCHARMACH ENTERPRISES, INC	ne 2a of Form 5500	D Employer Identificati 91-0956779	on Number	(EIN)	
Part I Service Provider Inf	ormation (see instructions)				
Information on Persons Real Check "Yes" or "No" to indicate wheth indirect compensation for which the p If you answered line 1a "Yes," enter	include that person when completing the remainder of ceiving Only Eligible Indirect Compensat her you are excluding a person from the remainder of the lan received the required disclosures (see instructions the name and EIN or address of each person providin instion. Complete as many entries as needed (see ins	ion his Part because they recein for definitions and condition g the required disclosures	ns)	Yes 🛛 No	
	me and EIN or address of person who provided you dis	,	t compensi	ation	
(D) Enter har	ne and EIN or address of person who provided you dis	closures on eligible indirec	t compensations	ation	
(b) Enter nar	me and EIN or address of person who provided you dis	closures on eligible indirec	t compensa	ation	
(b) Enter po	ne and EIN or address of person who provided you dis			- 11	

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(b) Enter name and EIN or address of person who provided you disclosures on eligible indirect compensation

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(b) Enter name and EIN or address of person who provided you disclosures on eligible indirect compensation

(b) Enter name and EIN or address of person who provided you disclosures on eligible indirect compensation

Page **3 -** 1

2. Information on Other Service Providers Receiving Direct or Indirect Compensation. Except for those persons for whom you answered "Yes" to line 1a above, complete as many entries as needed to list each person receiving, directly or indirectly, \$5,000 or more in total compensation (i.e., money or anything else of value) in connection with services rendered to the plan or their position with the plan during the plan year. (See instructions).

(a) Enter name and EIN or address (see instructions)

AMERICAN HEALTH HOLDING

31-1367946

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0		(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0		
49	NONE	11164	Yes 🗌 No 🔀	Yes 🗌 No 🔀		Yes 🗌 No 🗙	
(a) Enter name and EIN or address (see instructions)							

FIRST CHOICE HEALTH

91-1272766

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest		(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0	formula instead of an amount or estimated amount?
49	NONE	11082	Yes 🗌 No 🛛	Yes 🗌 No 🛛		Yes 🗌 No 🛛

(a) Enter name and EIN or address (see instructions)

TRUSTEED PLANS SERVICE CORPORATION

PO BOX 1894 TACOMA, WA 98401

91-0780588

(b)	(c)	(d)	(e)	(f)	(g)	(h)
Service Code(s)	Relationship to employer, employee organization, or person known to be a party-in-interest	by the plan. If none,	Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0	
13	NONE	60335	Yes 🗌 No 🔀	Yes 🗌 No 🔀		Yes 🗌 No 🗙

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2. Information on Other Service Providers Receiving Direct or Indirect Compensation. Except for those persons for whom you answered "Yes" to line 1a above, complete as many entries as needed to list each person receiving, directly or indirectly, \$5,000 or more in total compensation (i.e., money or anything else of value) in connection with services rendered to the plan or their position with the plan during the plan year. (See instructions).

(a) Enter name and EIN or address (see instructions)

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	by the plan. If none,	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0	(h) Did the service provider give you a formula instead of an amount or estimated amount?			
Yes No Yes No Yes						Yes 🗌 No 🗌			
	(a) Enter name and EIN or address (see instructions)								

(b) Service Code(s)	(C) Relationship to employer, employee organization, or person known to be a party-in-interest	by the plan. If none,	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0			
Yes No Yes No						Yes 🗌 No 🗍		
	(a) Enter name and EIN or address (see instructions)							

(b)	(c)	(d)	(e)	(f)	(g)	(h)
Service Code(s)	Relationship to employer, employee	Enter direct compensation paid by the plan. If none,	Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element	formula instead of an amount or estimated amount?
			Yes No	Yes No	(f). If none, enter -0	Yes No

Part I	t I Service Provider Information (continued)						
or provide questions provider o	ported on line 2 receipt of indirect compensation, other than eligible indirect compensation, other than eligible indirect compensation advisory, investment met for (a) each source from whom the service provider received \$1,000 or more in in gave you a formula used to determine the indirect compensation instead of an amore is a needed to report the required information for each source.	anagement, broker, or recordkeeping idirect compensation and (b) each sou	services, answer the following urce for whom the service				
	(a) Enter service provider name as it appears on line 2	(b) Service Codes (see instructions)	(C) Enter amount of indirect compensation				
	(d) Enter name and EIN (address) of source of indirect compensation	formula used to determine	ompensation, including any the service provider's eligibility ne indirect compensation.				
	(a) Enter service provider name as it appears on line 2	(b) Service Codes (see instructions)	(C) Enter amount of indirect compensation				
	(d) Enter name and EIN (address) of source of indirect compensation	formula used to determine	ompensation, including any the service provider's eligibility ne indirect compensation.				
	(a) Enter service provider name as it appears on line 2	(b) Service Codes (see instructions)	(C) Enter amount of indirect compensation				
	(d) Enter name and EIN (address) of source of indirect compensation	formula used to determine	ompensation, including any the service provider's eligibility ne indirect compensation.				

Pa	Part II Service Providers Who Fail or Refuse to Provide Information					
4	Provide, to the extent possible, the following information for eac this Schedule.	h service provide	r who failed or refused to provide the information necessary to complete			
	(a) Enter name and EIN or address of service provider (see instructions)	(b) Nature of Service Code(s)	(C) Describe the information that the service provider failed or refused to provide			
	(a) Enter name and EIN or address of service provider (see	(b) Nature of	(C) Describe the information that the service provider failed or refused to			
	instructions)	Service Code(s)	provide			
	(a) Enter name and EIN or address of service provider (see instructions)	(b) Nature of Service Code(s)	(C) Describe the information that the service provider failed or refused to provide			
	 (a) Enter name and EIN or address of service provider (see instructions) 	(b) Nature of Service Code(s)	(C) Describe the information that the service provider failed or refused to provide			
	(a) Enter name and EIN or address of service provider (see instructions)	(b) Nature of Service Code(s)	(C) Describe the information that the service provider failed or refused to provide			
	(a) Enter name and EIN or address of service provider (see instructions)	(b) Nature of Service Code(s)	(C) Describe the information that the service provider failed or refused to provide			

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~	Hamo.	
С	Position:	
d	Address:	e Telephone:

Explanation: