

Form 5500 Department of the Treasury Internal Revenue Service Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation	Annual Return/Report of Employee Benefit Plan This form is required to be filed for employee benefit plans under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA) and sections 6057(b) and 6058(a) of the Internal Revenue Code (the Code). ▶ Complete all entries in accordance with the instructions to the Form 5500.	OMB Nos. 1210-0110 1210-0089 2021 This Form is Open to Public Inspection
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Part I	Annual Report Identification Information
For calendar plan year 2021 or fiscal plan year beginning <u>01/01/2021</u> and ending <u>12/31/2021</u>	
A This return/report is for:	☐ a multiemployer plan ☐ a multiple-employer plan (Filers checking this box must attach a list of participating employer information in accordance with the form instructions.) ☒ a single-employer plan ☐ a DFE (specify) _____
B This return/report is:	☐ the first return/report ☐ the final return/report ☐ an amended return/report ☐ a short plan year return/report (less than 12 months)
C If the plan is a collectively-bargained plan, check here.	☐
D Check box if filing under:	☒ Form 5558 ☒ automatic extension ☐ the DFVC program ☐ special extension (enter description)
E If this is a retroactively adopted plan permitted by SECURE Act section 201, check here.	☐

Part II	Basic Plan Information—enter all requested information										
1a Name of plan <u>NATIONAL HEALTHCARE CORPORATION 401(K) PLAN</u>	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 80%;">1b Three-digit plan number (PN) ▶</td> <td style="width: 20%; text-align: center;"><u>003</u></td> </tr> <tr> <td colspan="2">1c Effective date of plan <u>01/01/1990</u></td> </tr> <tr> <td colspan="2">2b Employer Identification Number (EIN) <u>62-1294263</u></td> </tr> <tr> <td colspan="2">2c Plan Sponsor's telephone number <u>615-890-2020</u></td> </tr> <tr> <td colspan="2">2d Business code (see instructions) <u>623000</u></td> </tr> </table>	1b Three-digit plan number (PN) ▶	<u>003</u>	1c Effective date of plan <u>01/01/1990</u>		2b Employer Identification Number (EIN) <u>62-1294263</u>		2c Plan Sponsor's telephone number <u>615-890-2020</u>		2d Business code (see instructions) <u>623000</u>	
1b Three-digit plan number (PN) ▶	<u>003</u>										
1c Effective date of plan <u>01/01/1990</u>											
2b Employer Identification Number (EIN) <u>62-1294263</u>											
2c Plan Sponsor's telephone number <u>615-890-2020</u>											
2d Business code (see instructions) <u>623000</u>											
2a Plan sponsor's name (employer, if for a single-employer plan) Mailing address (include room, apt., suite no. and street, or P.O. Box) City or town, state or province, country, and ZIP or foreign postal code (if foreign, see instructions) <u>NATIONAL HEALTH CORPORATION</u> <u>100 E. VINE STREET</u> <u>MURFREESBORO, TN 37130</u>											

Caution: A penalty for the late or incomplete filing of this return/report will be assessed unless reasonable cause is established.

Under penalties of perjury and other penalties set forth in the instructions, I declare that I have examined this return/report, including accompanying schedules, statements and attachments, as well as the electronic version of this return/report, and to the best of my knowledge and belief, it is true, correct, and complete.

SIGN HERE	Filed with authorized/valid electronic signature.	10/17/2022	BRIAN KIDD
	Signature of plan administrator	Date	Enter name of individual signing as plan administrator
SIGN HERE			
	Signature of employer/plan sponsor	Date	Enter name of individual signing as employer or plan sponsor
SIGN HERE			
	Signature of DFE	Date	Enter name of individual signing as DFE

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Form 5500 (2021)
v. 210624

3a Plan administrator's name and address ☒ Same as Plan Sponsor		3b Administrator's EIN	
		3c Administrator's telephone number	
4 If the name and/or EIN of the plan sponsor or the plan name has changed since the last return/report filed for this plan, enter the plan sponsor's name, EIN, the plan name and the plan number from the last return/report: a Sponsor's name c Plan Name		4b EIN 4d PN	
5 Total number of participants at the beginning of the plan year		5	15177
6 Number of participants as of the end of the plan year unless otherwise stated (welfare plans complete only lines 6a(1) , 6a(2) , 6b , 6c , and 6d).			
a(1) Total number of active participants at the beginning of the plan year.....		6a(1)	13093
a(2) Total number of active participants at the end of the plan year		6a(2)	13153
b Retired or separated participants receiving benefits.....		6b	147
c Other retired or separated participants entitled to future benefits		6c	1913
d Subtotal. Add lines 6a(2) , 6b , and 6c		6d	15213
e Deceased participants whose beneficiaries are receiving or are entitled to receive benefits.		6e	16
f Total. Add lines 6d and 6e		6f	15229
g Number of participants with account balances as of the end of the plan year (only defined contribution plans complete this item)		6g	7269
h Number of participants who terminated employment during the plan year with accrued benefits that were less than 100% vested		6h	322
7 Enter the total number of employers obligated to contribute to the plan (only multiemployer plans complete this item).....		7	
8a If the plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Characteristics Codes in the instructions: 2E 2H 2J 2K 2T 3H			
b If the plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Characteristics Codes in the instructions:			
9a Plan funding arrangement (check all that apply) (1) ☐ Insurance (2) ☐ Code section 412(e)(3) insurance contracts (3) ☒ Trust (4) ☐ General assets of the sponsor		9b Plan benefit arrangement (check all that apply) (1) ☐ Insurance (2) ☐ Code section 412(e)(3) insurance contracts (3) ☒ Trust (4) ☐ General assets of the sponsor	
10 Check all applicable boxes in 10a and 10b to indicate which schedules are attached, and, where indicated, enter the number attached. (See instructions)			
a Pension Schedules (1) ☒ R (Retirement Plan Information) (2) ☐ MB (Multiemployer Defined Benefit Plan and Certain Money Purchase Plan Actuarial Information) - signed by the plan actuary (3) ☐ SB (Single-Employer Defined Benefit Plan Actuarial Information) - signed by the plan actuary		b General Schedules (1) ☒ H (Financial Information) (2) ☐ I (Financial Information – Small Plan) (3) ☐ <u>0</u> A (Insurance Information) (4) ☒ C (Service Provider Information) (5) ☒ D (DFE/Participating Plan Information) (6) ☐ G (Financial Transaction Schedules)	

Part III Form M-1 Compliance Information (to be completed by welfare benefit plans)

11a If the plan provides welfare benefits, was the plan subject to the Form M-1 filing requirements during the plan year? (See instructions and 29 CFR 2520.101-2.) ☐ Yes ☐ No

If "Yes" is checked, complete lines 11b and 11c.

11b Is the plan currently in compliance with the Form M-1 filing requirements? (See instructions and 29 CFR 2520.101-2.) ☐ Yes ☐ No

11c Enter the Receipt Confirmation Code for the 2021 Form M-1 annual report. If the plan was not required to file the 2021 Form M-1 annual report, enter the Receipt Confirmation Code for the most recent Form M-1 that was required to be filed under the Form M-1 filing requirements. (Failure to enter a valid Receipt Confirmation Code will subject the Form 5500 filing to rejection as incomplete.)

Receipt Confirmation Code _____

SCHEDULE C (Form 5500) Department of the Treasury Internal Revenue Service Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation	Service Provider Information This schedule is required to be filed under section 104 of the Employee Retirement Income Security Act of 1974 (ERISA). ▶ File as an attachment to Form 5500.	OMB No. 1210-0110
		2021
		This Form is Open to Public Inspection.

For calendar plan year 2021 or fiscal plan year beginning 01/01/2021 and ending 12/31/2021		
A Name of plan NATIONAL HEALTHCARE CORPORATION 401(K) PLAN	B Three-digit plan number (PN) ▶	003
C Plan sponsor's name as shown on line 2a of Form 5500 NATIONAL HEALTH CORPORATION	D Employer Identification Number (EIN) 62-1294263	

Part I	Service Provider Information (see instructions)
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You must complete this Part, in accordance with the instructions, to report the information required for **each person** who received, directly or indirectly, \$5,000 or more in total compensation (i.e., money or anything else of monetary value) in connection with services rendered to the plan or the person's position with the plan during the plan year. If a person received **only** eligible indirect compensation for which the plan received the required disclosures, you are required to answer line 1 but are not required to include that person when completing the remainder of this Part.

1 Information on Persons Receiving Only Eligible Indirect Compensation

- a** Check "Yes" or "No" to indicate whether you are excluding a person from the remainder of this Part because they received only eligible indirect compensation for which the plan received the required disclosures (see instructions for definitions and conditions)..... ☒ Yes ☐ No
- b** If you answered line 1a "Yes," enter the name and EIN or address of each person providing the required disclosures for the service providers who received only eligible indirect compensation. Complete as many entries as needed (see instructions).

(b) Enter name and EIN or address of person who provided you disclosures on eligible indirect compensation
THE TRUST COMPANY OF TENNESSEE
62-1291257

(b) Enter name and EIN or address of person who provided you disclosures on eligible indirect compensation

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2. Information on Other Service Providers Receiving Direct or Indirect Compensation. Except for those persons for whom you answered "Yes" to line 1a above, complete as many entries as needed to list each person receiving, directly or indirectly, \$5,000 or more in total compensation (i.e., money or anything else of value) in connection with services rendered to the plan or their position with the plan during the plan year. (See instructions).

(a) Enter name and EIN or address (see instructions)

THE TRUST COMPANY OF TENNESSEE

62-1291257

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
15 21 38 65 17 25 50 19 37 64	NONE	181498	Yes ☒ No ☐	Yes ☒ No ☐	0	Yes ☐ No ☒

(a) Enter name and EIN or address (see instructions)

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
			Yes ☐ No ☐	Yes ☐ No ☐		Yes ☐ No ☐

(a) Enter name and EIN or address (see instructions)

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
			Yes ☐ No ☐	Yes ☐ No ☐		Yes ☐ No ☐

2. Information on Other Service Providers Receiving Direct or Indirect Compensation. Except for those persons for whom you answered "Yes" to line 1a above, complete as many entries as needed to list each person receiving, directly or indirectly, \$5,000 or more in total compensation (i.e., money or anything else of value) in connection with services rendered to the plan or their position with the plan during the plan year. (See instructions).

(a) Enter name and EIN or address (see instructions)

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
			Yes ☐ No ☐	Yes ☐ No ☐		Yes ☐ No ☐

(a) Enter name and EIN or address (see instructions)

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
			Yes ☐ No ☐	Yes ☐ No ☐		Yes ☐ No ☐

(a) Enter name and EIN or address (see instructions)

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
			Yes ☐ No ☐	Yes ☐ No ☐		Yes ☐ No ☐

Part I Service Provider Information (continued)

3. If you reported on line 2 receipt of indirect compensation, other than eligible indirect compensation, by a service provider, and the service provider is a fiduciary or provides contract administrator, consulting, custodial, investment advisory, investment management, broker, or recordkeeping services, answer the following questions for (a) each source from whom the service provider received \$1,000 or more in indirect compensation and (b) each source for whom the service provider gave you a formula used to determine the indirect compensation instead of an amount or estimated amount of the indirect compensation. Complete as many entries as needed to report the required information for each source.

(a) Enter service provider name as it appears on line 2	(b) Service Codes (see instructions)	(c) Enter amount of indirect compensation
(d) Enter name and EIN (address) of source of indirect compensation	(e) Describe the indirect compensation, including any formula used to determine the service provider's eligibility for or the amount of the indirect compensation.	
(a) Enter service provider name as it appears on line 2	(b) Service Codes (see instructions)	(c) Enter amount of indirect compensation
(d) Enter name and EIN (address) of source of indirect compensation	(e) Describe the indirect compensation, including any formula used to determine the service provider's eligibility for or the amount of the indirect compensation.	
(a) Enter service provider name as it appears on line 2	(b) Service Codes (see instructions)	(c) Enter amount of indirect compensation
(d) Enter name and EIN (address) of source of indirect compensation	(e) Describe the indirect compensation, including any formula used to determine the service provider's eligibility for or the amount of the indirect compensation.	

Part II Service Providers Who Fail or Refuse to Provide Information

4 Provide, to the extent possible, the following information for each service provider who failed or refused to provide the information necessary to complete this Schedule.

(a) Enter name and EIN or address of service provider (see instructions)	(b) Nature of Service Code(s)	(c) Describe the information that the service provider failed or refused to provide
(a) Enter name and EIN or address of service provider (see instructions)	(b) Nature of Service Code(s)	(c) Describe the information that the service provider failed or refused to provide
(a) Enter name and EIN or address of service provider (see instructions)	(b) Nature of Service Code(s)	(c) Describe the information that the service provider failed or refused to provide
(a) Enter name and EIN or address of service provider (see instructions)	(b) Nature of Service Code(s)	(c) Describe the information that the service provider failed or refused to provide
(a) Enter name and EIN or address of service provider (see instructions)	(b) Nature of Service Code(s)	(c) Describe the information that the service provider failed or refused to provide
(a) Enter name and EIN or address of service provider (see instructions)	(b) Nature of Service Code(s)	(c) Describe the information that the service provider failed or refused to provide

Part III Termination Information on Accountants and Enrolled Actuaries (see instructions)
(complete as many entries as needed)

a Name:	b EIN:
c Position:	
d Address:	e Telephone:

Explanation:

a Name:	b EIN:
c Position:	
d Address:	e Telephone:

Explanation:

a Name:	b EIN:
c Position:	
d Address:	e Telephone:

Explanation:

a Name:	b EIN:
c Position:	
d Address:	e Telephone:

Explanation:

a Name:	b EIN:
c Position:	
d Address:	e Telephone:

Explanation:

SCHEDULE D (Form 5500) Department of the Treasury Internal Revenue Service Department of Labor Employee Benefits Security Administration		DFE/Participating Plan Information This schedule is required to be filed under section 104 of the Employee Retirement Income Security Act of 1974 (ERISA). ▶ File as an attachment to Form 5500.		OMB No. 1210-0110 2021 This Form is Open to Public Inspection.	
For calendar plan year 2021 or fiscal plan year beginning 01/01/2021 and ending 12/31/2021					
A Name of plan NATIONAL HEALTHCARE CORPORATION 401(K) PLAN				B Three-digit plan number (PN)	003
C Plan or DFE sponsor's name as shown on line 2a of Form 5500 NATIONAL HEALTH CORPORATION				D Employer Identification Number (EIN) 62-1294263	
Part I Information on interests in MTIAs, CCTs, PSAs, and 103-12 IEs (to be completed by plans and DFEs) (Complete as many entries as needed to report all interests in DFEs)					
a Name of MTIA, CCT, PSA, or 103-12 IE: FEDERATED CAPITAL PRESERVATION FUND					
b Name of sponsor of entity listed in (a): FEDERATED INVESTORS TRUST COMPANY					
c EIN-PN 22-2712853-001		d Entity code C	e Dollar value of interest in MTIA, CCT, PSA, or 103-12 IE at end of year (see instructions) 31598389		
a Name of MTIA, CCT, PSA, or 103-12 IE:					
b Name of sponsor of entity listed in (a):					
c EIN-PN		d Entity code	e Dollar value of interest in MTIA, CCT, PSA, or 103-12 IE at end of year (see instructions)		
a Name of MTIA, CCT, PSA, or 103-12 IE:					
b Name of sponsor of entity listed in (a):					
c EIN-PN		d Entity code	e Dollar value of interest in MTIA, CCT, PSA, or 103-12 IE at end of year (see instructions)		
a Name of MTIA, CCT, PSA, or 103-12 IE:					
b Name of sponsor of entity listed in (a):					
c EIN-PN		d Entity code	e Dollar value of interest in MTIA, CCT, PSA, or 103-12 IE at end of year (see instructions)		
a Name of MTIA, CCT, PSA, or 103-12 IE:					
b Name of sponsor of entity listed in (a):					
c EIN-PN		d Entity code	e Dollar value of interest in MTIA, CCT, PSA, or 103-12 IE at end of year (see instructions)		
a Name of MTIA, CCT, PSA, or 103-12 IE:					
b Name of sponsor of entity listed in (a):					
c EIN-PN		d Entity code	e Dollar value of interest in MTIA, CCT, PSA, or 103-12 IE at end of year (see instructions)		
a Name of MTIA, CCT, PSA, or 103-12 IE:					
b Name of sponsor of entity listed in (a):					
c EIN-PN		d Entity code	e Dollar value of interest in MTIA, CCT, PSA, or 103-12 IE at end of year (see instructions)		
a Name of MTIA, CCT, PSA, or 103-12 IE:					
b Name of sponsor of entity listed in (a):					
c EIN-PN		d Entity code	e Dollar value of interest in MTIA, CCT, PSA, or 103-12 IE at end of year (see instructions)		

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Schedule D (Form 5500) 2021 v. 201209

a Name of MTIA, CCT, PSA, or 103-12 IE:**b** Name of sponsor of entity listed in (a):**c** EIN-PN**d** Entity
code**e** Dollar value of interest in MTIA, CCT, PSA, or
103-12 IE at end of year (see instructions)**a** Name of MTIA, CCT, PSA, or 103-12 IE:**b** Name of sponsor of entity listed in (a):**c** EIN-PN**d** Entity
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103-12 IE at end of year (see instructions)**a** Name of MTIA, CCT, PSA, or 103-12 IE:**b** Name of sponsor of entity listed in (a):**c** EIN-PN**d** Entity
code**e** Dollar value of interest in MTIA, CCT, PSA, or
103-12 IE at end of year (see instructions)

Part II Information on Participating Plans (to be completed by DFEs)

(Complete as many entries as needed to report all participating plans)

a Plan name**b** Name of
plan sponsor**c** EIN-PN**a** Plan name**b** Name of
plan sponsor**c** EIN-PN**a** Plan name**b** Name of
plan sponsor**c** EIN-PN**a** Plan name**b** Name of
plan sponsor**c** EIN-PN**a** Plan name**b** Name of
plan sponsor**c** EIN-PN**a** Plan name**b** Name of
plan sponsor**c** EIN-PN**a** Plan name**b** Name of
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plan sponsor**c** EIN-PN**a** Plan name**b** Name of
plan sponsor**c** EIN-PN**a** Plan name**b** Name of
plan sponsor**c** EIN-PN**a** Plan name**b** Name of
plan sponsor**c** EIN-PN**a** Plan name**b** Name of
plan sponsor**c** EIN-PN

SCHEDULE H (Form 5500) Department of the Treasury Internal Revenue Service Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation	Financial Information This schedule is required to be filed under section 104 of the Employee Retirement Income Security Act of 1974 (ERISA), and section 6058(a) of the Internal Revenue Code (the Code). ► File as an attachment to Form 5500.	OMB No. 1210-0110 2021 This Form is Open to Public Inspection
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For calendar plan year 2021 or fiscal plan year beginning 01/01/2021 and ending 12/31/2021		
A Name of plan NATIONAL HEALTHCARE CORPORATION 401(K) PLAN	B Three-digit plan number (PN)	003
C Plan sponsor's name as shown on line 2a of Form 5500 NATIONAL HEALTH CORPORATION	D Employer Identification Number (EIN) 62-1294263	

Part I	Asset and Liability Statement
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1 Current value of plan assets and liabilities at the beginning and end of the plan year. Combine the value of plan assets held in more than one trust. Report the value of the plan's interest in a commingled fund containing the assets of more than one plan on a line-by-line basis unless the value is reportable on lines 1c(9) through 1c(14). Do not enter the value of that portion of an insurance contract which guarantees, during this plan year, to pay a specific dollar benefit at a future date. **Round off amounts to the nearest dollar.** MTIAs, CCTs, PSAs, and 103-12 IEs do not complete lines 1b(1), 1b(2), 1c(8), 1g, 1h, and 1i. CCTs, PSAs, and 103-12 IEs also do not complete lines 1d and 1e. See instructions.

Assets		(a) Beginning of Year	(b) End of Year
a Total noninterest-bearing cash.....	1a	3200	2043
b Receivables (less allowance for doubtful accounts):			
(1) Employer contributions	1b(1)	602149	591055
(2) Participant contributions.....	1b(2)	325	0
(3) Other	1b(3)	514572	555798
c General investments:			
(1) Interest-bearing cash (include money market accounts & certificates of deposit)	1c(1)	1727861	2523489
(2) U.S. Government securities	1c(2)	3443558	2547511
(3) Corporate debt instruments (other than employer securities):			
(A) Preferred	1c(3)(A)		
(B) All other	1c(3)(B)	1592660	828393
(4) Corporate stocks (other than employer securities):			
(A) Preferred	1c(4)(A)		
(B) Common	1c(4)(B)	56068436	56670589
(5) Partnership/joint venture interests	1c(5)		
(6) Real estate (other than employer real property)	1c(6)		
(7) Loans (other than to participants)	1c(7)		
(8) Participant loans	1c(8)	3908246	3784165
(9) Value of interest in common/collective trusts	1c(9)	29505110	31598389
(10) Value of interest in pooled separate accounts	1c(10)		
(11) Value of interest in master trust investment accounts	1c(11)		
(12) Value of interest in 103-12 investment entities	1c(12)		
(13) Value of interest in registered investment companies (e.g., mutual funds)	1c(13)	141511102	162448631
(14) Value of funds held in insurance company general account (unallocated contracts).....	1c(14)		
(15) Other.....	1c(15)		

		(a) Beginning of Year	(b) End of Year
1d Employer-related investments:			
(1) Employer securities.....	1d(1)		
(2) Employer real property.....	1d(2)		
e Buildings and other property used in plan operation	1e		
f Total assets (add all amounts in lines 1a through 1e)	1f	238877219	261550063

Liabilities

g Benefit claims payable	1g		
h Operating payables	1h		
i Acquisition indebtedness.....	1i		
j Other liabilities.....	1j		
k Total liabilities (add all amounts in lines 1g through 1j)	1k	0	0

Net Assets

l Net assets (subtract line 1k from line 1f).....	1l	238877219	261550063
--	-----------	-----------	-----------

Part II Income and Expense Statement

2 Plan income, expenses, and changes in net assets for the year. Include all income and expenses of the plan, including any trust(s) or separately maintained fund(s) and any payments/receipts to/from insurance carriers. Round off amounts to the nearest dollar. MTIAs, CCTs, PSAs, and 103-12 IEs do not complete lines 2a, 2b(1)(E), 2e, 2f, and 2g.

Income

		(a) Amount	(b) Total
a Contributions:			
(1) Received or receivable in cash from: (A) Employers	2a(1)(A)	2772470	
(B) Participants	2a(1)(B)	13156754	
(C) Others (including rollovers).....	2a(1)(C)	1951973	
(2) Noncash contributions.....	2a(2)		
(3) Total contributions. Add lines 2a(1)(A) , (B) , (C) , and line 2a(2)	2a(3)		17881197
b Earnings on investments:			
(1) Interest:			
(A) Interest-bearing cash (including money market accounts and certificates of deposit).....	2b(1)(A)	1175	
(B) U.S. Government securities	2b(1)(B)	72052	
(C) Corporate debt instruments	2b(1)(C)	22961	
(D) Loans (other than to participants)	2b(1)(D)		
(E) Participant loans.....	2b(1)(E)	157881	
(F) Other	2b(1)(F)	4188	
(G) Total interest. Add lines 2b(1)(A) through (F)	2b(1)(G)		258257
(2) Dividends: (A) Preferred stock.....	2b(2)(A)		
(B) Common stock	2b(2)(B)	1771032	
(C) Registered investment company shares (e.g. mutual funds).....	2b(2)(C)	13103579	
(D) Total dividends. Add lines 2b(2)(A) , (B) , and (C)	2b(2)(D)		14874611
(3) Rents	2b(3)		
(4) Net gain (loss) on sale of assets: (A) Aggregate proceeds	2b(4)(A)	4033847	
(B) Aggregate carrying amount (see instructions).....	2b(4)(B)	3983025	
(C) Subtract line 2b(4)(B) from line 2b(4)(A) and enter result	2b(4)(C)		50822
(5) Unrealized appreciation (depreciation) of assets: (A) Real estate	2b(5)(A)		
(B) Other	2b(5)(B)	1229526	
(C) Total unrealized appreciation of assets. Add lines 2b(5)(A) and (B)	2b(5)(C)		1229526

		(a) Amount	(b) Total
(6) Net investment gain (loss) from common/collective trusts.....	2b(6)		487489
(7) Net investment gain (loss) from pooled separate accounts.....	2b(7)		
(8) Net investment gain (loss) from master trust investment accounts.....	2b(8)		
(9) Net investment gain (loss) from 103-12 investment entities.....	2b(9)		
(10) Net investment gain (loss) from registered investment companies (e.g., mutual funds).....	2b(10)		10346597
c Other income.....	2c		
d Total income. Add all income amounts in column (b) and enter total.....	2d		45128499
Expenses			
e Benefit payment and payments to provide benefits:			
(1) Directly to participants or beneficiaries, including direct rollovers.....	2e(1)	21941184	
(2) To insurance carriers for the provision of benefits.....	2e(2)		
(3) Other.....	2e(3)		
(4) Total benefit payments. Add lines 2e(1) through (3).....	2e(4)		21941184
f Corrective distributions (see instructions).....	2f		325121
g Certain deemed distributions of participant loans (see instructions).....	2g		7852
h Interest expense.....	2h		
i Administrative expenses: (1) Professional fees.....	2i(1)		
(2) Contract administrator fees.....	2i(2)	181498	
(3) Investment advisory and management fees.....	2i(3)		
(4) Other.....	2i(4)		
(5) Total administrative expenses. Add lines 2i(1) through (4).....	2i(5)		181498
j Total expenses. Add all expense amounts in column (b) and enter total.....	2j		22455655
Net Income and Reconciliation			
k Net income (loss). Subtract line 2j from line 2d.....	2k		22672844
l Transfers of assets:			
(1) To this plan.....	2l(1)		
(2) From this plan.....	2l(2)		

Part III Accountant's Opinion

3 Complete lines 3a through 3c if the opinion of an independent qualified public accountant is attached to this Form 5500. Complete line 3d if an opinion is not attached.

a The attached opinion of an independent qualified public accountant for this plan is (see instructions):

(1) ☐ Unmodified (2) ☐ Qualified (3) ☒ Disclaimer (4) ☐ Adverse

b Check the appropriate box(es) to indicate whether the IQPA performed an ERISA section 103(a)(3)(C) audit. Check both boxes (1) and (2) if the audit was performed pursuant to both 29 CFR 2520.103-8 and 29 CFR 2520.103-12(d). Check box (3) if pursuant to neither.

(1) ☒ DOL Regulation 2520.103-8 (2) ☒ DOL Regulation 2520.103-12(d) (3) ☐ neither DOL Regulation 2520.103-8 nor DOL Regulation 2520.103-12(d).

c Enter the name and EIN of the accountant (or accounting firm) below:

(1) Name: **JOBE, HASTINGS & ASSOCIATES, CPAS**

(2) EIN: **62-1194004**

d The opinion of an independent qualified public accountant is **not attached** because:

(1) ☐ This form is filed for a CCT, PSA, or MTIA. (2) ☐ It will be attached to the next Form 5500 pursuant to 29 CFR 2520.104-50.

Part IV Compliance Questions

4 CCTs and PSAs do not complete Part IV. MTIAs, 103-12 IEs, and GIAs do not complete lines 4a, 4e, 4f, 4g, 4h, 4k, 4m, 4n, or 5. 103-12 IEs also do not complete lines 4j and 4l. MTIAs also do not complete line 4l.

During the plan year:

a Was there a failure to transmit to the plan any participant contributions within the time period described in 29 CFR 2510.3-102? Continue to answer "Yes" for any prior year failures until fully corrected. (See instructions and DOL's Voluntary Fiduciary Correction Program.).....

	Yes	No	Amount
4a		X	

	Yes	No	Amount
b Were any loans by the plan or fixed income obligations due the plan in default as of the close of the plan year or classified during the year as uncollectible? Disregard participant loans secured by participant's account balance. (Attach Schedule G (Form 5500) Part I if "Yes" is checked.)			
4b		X	
c Were any leases to which the plan was a party in default or classified during the year as uncollectible? (Attach Schedule G (Form 5500) Part II if "Yes" is checked.)			
4c		X	
d Were there any nonexempt transactions with any party-in-interest? (Do not include transactions reported on line 4a. Attach Schedule G (Form 5500) Part III if "Yes" is checked.)			
4d		X	
e Was this plan covered by a fidelity bond?	X		2615000
f Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesty?		X	
4f		X	
g Did the plan hold any assets whose current value was neither readily determinable on an established market nor set by an independent third party appraiser?			
4g		X	
h Did the plan receive any noncash contributions whose value was neither readily determinable on an established market nor set by an independent third party appraiser?			
4h		X	
i Did the plan have assets held for investment? (Attach schedule(s) of assets if "Yes" is checked, and see instructions for format requirements.)	X		
4i	X		
j Were any plan transactions or series of transactions in excess of 5% of the current value of plan assets? (Attach schedule of transactions if "Yes" is checked and see instructions for format requirements.)			
4j		X	
k Were all the plan assets either distributed to participants or beneficiaries, transferred to another plan, or brought under the control of the PBGC?			
4k		X	
l Has the plan failed to provide any benefit when due under the plan?			
4l		X	
m If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3.)			
4m		X	
n If 4m was answered "Yes," check the "Yes" box if you either provided the required notice or one of the exceptions to providing the notice applied under 29 CFR 2520.101-3.			
4n			

5a Has a resolution to terminate the plan been adopted during the plan year or any prior plan year? ☐ Yes ☒ No
If "Yes," enter the amount of any plan assets that reverted to the employer this year _____.

5b If, during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify the plan(s) to which assets or liabilities were transferred. (See instructions.)

5b(1) Name of plan(s)	5b(2) EIN(s)	5b(3) PN(s)

5c Was the plan a defined benefit plan covered under the PBGC insurance program at any time during this plan year? (See ERISA section 4021 and instructions.) ☐ Yes ☐ No ☐ Not determined
If "Yes" is checked, enter the My PAA confirmation number from the PBGC premium filing for this plan year _____.

SCHEDULE R (Form 5500) Department of the Treasury Internal Revenue Service Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation	Retirement Plan Information This schedule is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA) and section 6058(a) of the Internal Revenue Code (the Code). ► File as an attachment to Form 5500.	OMB No. 1210-0110 2021 This Form is Open to Public Inspection.
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For calendar plan year 2021 or fiscal plan year beginning 01/01/2021 and ending 12/31/2021

A Name of plan NATIONAL HEALTHCARE CORPORATION 401(K) PLAN	B Three-digit plan number (PN) ► 003
C Plan sponsor's name as shown on line 2a of Form 5500 NATIONAL HEALTH CORPORATION	D Employer Identification Number (EIN) 62-1294263

Part I	Distributions
--------	---------------

All references to distributions relate only to payments of benefits during the plan year.

1 Total value of distributions paid in property other than in cash or the forms of property specified in the instructions.....	1	0
2 Enter the EIN(s) of payor(s) who paid benefits on behalf of the plan to participants or beneficiaries during the year (if more than two, enter EINs of the two payors who paid the greatest dollar amounts of benefits): EIN(s): 46-2345389 Profit-sharing plans, ESOPs, and stock bonus plans, skip line 3.		
3 Number of participants (living or deceased) whose benefits were distributed in a single sum, during the plan year	3	

Part II	Funding Information (If the plan is not subject to the minimum funding requirements of section 412 of the Internal Revenue Code or ERISA section 302, skip this Part.)
---------	--

4 Is the plan administrator making an election under Code section 412(d)(2) or ERISA section 302(d)(2)? If the plan is a defined benefit plan, go to line 8.	☐ Yes ☐ No ☐ N/A
5 If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instructions and enter the date of the ruling letter granting the waiver. Date: Month _____ Day _____ Year _____ If you completed line 5, complete lines 3, 9, and 10 of Schedule MB and do not complete the remainder of this schedule.	
6 a Enter the minimum required contribution for this plan year (include any prior year accumulated funding deficiency not waived)	6a
b Enter the amount contributed by the employer to the plan for this plan year	6b
c Subtract the amount in line 6b from the amount in line 6a. Enter the result (enter a minus sign to the left of a negative amount).....	6c
If you completed line 6c, skip lines 8 and 9.	
7 Will the minimum funding amount reported on line 6c be met by the funding deadline?	☐ Yes ☐ No ☐ N/A
8 If a change in actuarial cost method was made for this plan year pursuant to a revenue procedure or other authority providing automatic approval for the change or a class ruling letter, does the plan sponsor or plan administrator agree with the change?	☐ Yes ☐ No ☐ N/A

Part III	Amendments
----------	------------

9 If this is a defined benefit pension plan, were any amendments adopted during this plan year that increased or decreased the value of benefits? If yes, check the appropriate box. If no, check the "No" box.....	☐ Increase ☐ Decrease ☐ Both ☐ No
--	--

Part IV	ESOPs (see instructions). If this is not a plan described under section 409(a) or 4975(e)(7) of the Internal Revenue Code, skip this Part.
---------	--

10 Were unallocated employer securities or proceeds from the sale of unallocated securities used to repay any exempt loan?	☐ Yes ☐ No
11 a Does the ESOP hold any preferred stock?	☐ Yes ☐ No
b If the ESOP has an outstanding exempt loan with the employer as lender, is such loan part of a "back-to-back" loan? (See instructions for definition of "back-to-back" loan.)	☐ Yes ☐ No
12 Does the ESOP hold any stock that is not readily tradable on an established securities market?	☐ Yes ☐ No

For Paperwork Reduction Act Notice, see the Instructions for Form 5500.

Schedule R (Form 5500) 2021
v. 201209

Part V Additional Information for Multiemployer Defined Benefit Pension Plans

13 Enter the following information for each employer that contributed more than 5% of total contributions to the plan during the plan year (measured in dollars). See instructions. *Complete as many entries as needed to report all applicable employers.*

a Name of contributing employer

b EIN

c Dollar amount contributed by employer

d Date collective bargaining agreement expires (If employer contributes under more than one collective bargaining agreement, check box ☐ and see instructions regarding required attachment. Otherwise, enter the applicable date.) Month _____ Day _____ Year _____

e Contribution rate information (If more than one rate applies, check this box ☐ and see instructions regarding required attachment. Otherwise, complete lines 13e(1) and 13e(2).)

(1) Contribution rate (in dollars and cents) _____

(2) Base unit measure: ☐ Hourly ☐ Weekly ☐ Unit of production ☐ Other (specify): _____

a Name of contributing employer

b EIN

c Dollar amount contributed by employer

d Date collective bargaining agreement expires (If employer contributes under more than one collective bargaining agreement, check box ☐ and see instructions regarding required attachment. Otherwise, enter the applicable date.) Month _____ Day _____ Year _____

e Contribution rate information (If more than one rate applies, check this box ☐ and see instructions regarding required attachment. Otherwise, complete lines 13e(1) and 13e(2).)

(1) Contribution rate (in dollars and cents) _____

(2) Base unit measure: ☐ Hourly ☐ Weekly ☐ Unit of production ☐ Other (specify): _____

a Name of contributing employer

b EIN

c Dollar amount contributed by employer

d Date collective bargaining agreement expires (If employer contributes under more than one collective bargaining agreement, check box ☐ and see instructions regarding required attachment. Otherwise, enter the applicable date.) Month _____ Day _____ Year _____

e Contribution rate information (If more than one rate applies, check this box ☐ and see instructions regarding required attachment. Otherwise, complete lines 13e(1) and 13e(2).)

(1) Contribution rate (in dollars and cents) _____

(2) Base unit measure: ☐ Hourly ☐ Weekly ☐ Unit of production ☐ Other (specify): _____

a Name of contributing employer

b EIN

c Dollar amount contributed by employer

d Date collective bargaining agreement expires (If employer contributes under more than one collective bargaining agreement, check box ☐ and see instructions regarding required attachment. Otherwise, enter the applicable date.) Month _____ Day _____ Year _____

e Contribution rate information (If more than one rate applies, check this box ☐ and see instructions regarding required attachment. Otherwise, complete lines 13e(1) and 13e(2).)

(1) Contribution rate (in dollars and cents) _____

(2) Base unit measure: ☐ Hourly ☐ Weekly ☐ Unit of production ☐ Other (specify): _____

a Name of contributing employer

b EIN

c Dollar amount contributed by employer

d Date collective bargaining agreement expires (If employer contributes under more than one collective bargaining agreement, check box ☐ and see instructions regarding required attachment. Otherwise, enter the applicable date.) Month _____ Day _____ Year _____

e Contribution rate information (If more than one rate applies, check this box ☐ and see instructions regarding required attachment. Otherwise, complete lines 13e(1) and 13e(2).)

(1) Contribution rate (in dollars and cents) _____

(2) Base unit measure: ☐ Hourly ☐ Weekly ☐ Unit of production ☐ Other (specify): _____

a Name of contributing employer

b EIN

c Dollar amount contributed by employer

d Date collective bargaining agreement expires (If employer contributes under more than one collective bargaining agreement, check box ☐ and see instructions regarding required attachment. Otherwise, enter the applicable date.) Month _____ Day _____ Year _____

e Contribution rate information (If more than one rate applies, check this box ☐ and see instructions regarding required attachment. Otherwise, complete lines 13e(1) and 13e(2).)

(1) Contribution rate (in dollars and cents) _____

(2) Base unit measure: ☐ Hourly ☐ Weekly ☐ Unit of production ☐ Other (specify): _____

- 14** Enter the number of deferred vested and retired participants (inactive participants), as of the beginning of the plan year, whose contributing employer is no longer making contributions to the plan for:

a The current plan year. Check the box to indicate the counting method used to determine the number of inactive participants: ☐ last contributing employer ☐ alternative ☐ reasonable approximation (see instructions for required attachment).....

14a

b The plan year immediately preceding the current plan year. ☐ Check the box if the number reported is a change from what was previously reported (see instructions for required attachment).....

14b

c The second preceding plan year. ☐ Check the box if the number reported is a change from what was previously reported (see instructions for required attachment).....

14c

- 15** Enter the ratio of the number of participants under the plan on whose behalf no employer had an obligation to make an employer contribution during the current plan year to:

a The corresponding number for the plan year immediately preceding the current plan year.....

15a

b The corresponding number for the second preceding plan year

15b

- 16** Information with respect to any employers who withdrew from the plan during the preceding plan year:

a Enter the number of employers who withdrew during the preceding plan year

16a

b If line 16a is greater than 0, enter the aggregate amount of withdrawal liability assessed or estimated to be assessed against such withdrawn employers.....

16b

- 17** If assets and liabilities from another plan have been transferred to or merged with this plan during the plan year, check box and see instructions regarding supplemental information to be included as an attachment..... ☐

Part VI Additional Information for Single-Employer and Multiemployer Defined Benefit Pension Plans

- 18** If any liabilities to participants or their beneficiaries under the plan as of the end of the plan year consist (in whole or in part) of liabilities to such participants and beneficiaries under two or more pension plans as of immediately before such plan year, check box and see instructions regarding supplemental information to be included as an attachment..... ☐

- 19** If the total number of participants is 1,000 or more, complete lines (a) through (c)

a Enter the percentage of plan assets held as:

Stock: _____% Investment-Grade Debt: _____% High-Yield Debt: _____% Real Estate: _____% Other: _____%

b Provide the average duration of the combined investment-grade and high-yield debt:

☐ 0-3 years ☐ 3-6 years ☐ 6-9 years ☐ 9-12 years ☐ 12-15 years ☐ 15-18 years ☐ 18-21 years ☐ 21 years or more

c What duration measure was used to calculate line 19(b)?

☐ Effective duration ☐ Macaulay duration ☐ Modified duration ☐ Other (specify): _____

- 20 PBGC missed contribution reporting requirements.** If this is a multiemployer plan or a single-employer plan that is not covered by PBGC, skip line 20.

a Is the amount of unpaid minimum required contributions for all years from Schedule SB (Form 5500) line 40 greater than zero? ☐ Yes ☐ No

b If line 20a is "Yes," has PBGC been notified as required by ERISA sections 4043(c)(5) and/or 303(k)(4)? Check the applicable box:

☐ Yes.

☐ No. Reporting was waived under 29 CFR 4043.25(c)(2) because contributions equal to or exceeding the unpaid minimum required contribution were made by the 30th day after the due date.

☐ No. The 30-day period referenced in 29 CFR 4043.25(c)(2) has not yet ended, and the sponsor intends to make a contribution equal to or exceeding the unpaid minimum required contribution by the 30th day after the due date.

☐ No. Other. Provide explanation _____

NATIONAL HEALTHCARE CORPORATION
401(K) PLAN

Financial Statements

December 31, 2021 and 2020

Together With Independent Auditor's Report

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JOBE, HASTINGS & ASSOCIATES

Certified Public Accountants

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INDEPENDENT AUDITOR'S REPORT

The Plan Administrator
National HealthCare Corporation 401(k) Plan
Murfreesboro, Tennessee

Scope and Nature of the ERISA Section 103(a)(3)(C) Audit

We have performed audits of the accompanying financial statements of National HealthCare Corporation 401(k) Plan, an employee benefit plan subject to the Employee Retirement Income Security Act of 1974 (ERISA), as permitted by ERISA Section 103(a)(3)(C) [ERISA Section 103(a)(3)(C) audit]. The financial statements comprise the statements of net assets available for benefits as of December 31, 2021 and 2020, and the related statement of changes in net assets available for benefits for the years ended December 31, 2021 and 2020, and the related notes to the financial statements.

Management, having determined it is permissible in the circumstances, has elected to have the audits of National HealthCare Corporation 401(k) Plan's financial statements performed in accordance with ERISA Section 103(a)(3)(C) pursuant to 29 CFR 2520.103-8 of the Department of Labor's Rules and Regulations for Reporting and Disclosure under ERISA. As permitted by ERISA Section 103(a)(3)(C), our audits need not extend to any statements or information related to assets held for investment of the plan (investment information) by a bank or similar institution or insurance carrier that is regulated, supervised, and subject to periodic examination by a state or federal agency, provided that the statements or information regarding assets so held are prepared and certified to by the bank or similar institution or insurance carrier in accordance with 29 CFR 2520.103-5 of the Department of Labor's Rules and Regulations for Reporting and Disclosure under ERISA (qualified institution).

Management has obtained certifications from a qualified institution as of December 31, 2021 and 2020, and for the years ended December 31, 2021 and 2020, stating that the certified investment information, as described in Note C to the financial statements, is complete and accurate.

Opinion

In our opinion, based on our audits and on the procedures performed as described in the Auditor's Responsibilities for the Audit of the Financial Statements section—

- the amounts and disclosures in the financial statements referred to above, other than those agreed to or derived from the certified investment information, are presented fairly, in all material respects, in accordance with accounting principles generally accepted in the United States of America.
- the information in the financial statements referred to above related to assets held by and certified to by a qualified institution agrees to, or is derived from, in all material respects, the information prepared and certified by an institution that management determined meets the requirements of ERISA Section 103(a)(3)(C).

Basis for Opinion

We conducted our audits in accordance with auditing standards generally accepted in the United States of America. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Statements section of our report. We are required to be independent of National HealthCare Corporation 401(k) Plan and to meet our other ethical responsibilities in accordance with the relevant ethical requirements relating to our audits. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our ERISA Section 103(a)(3)(C) audit opinion.

Responsibilities of Management for the Financial Statements

Management is responsible for the preparation and fair presentation of the financial statements in accordance with accounting principles generally accepted in the United States of America, and for the design, implementation, and maintenance of internal control relevant to the preparation and fair presentation of financial statements that are free from material misstatement, whether due to fraud or error. Management's election of the ERISA Section 103(a)(3)(C) audit does not affect management's responsibility for the financial statements.

In preparing the financial statements, management is required to evaluate whether there are conditions or events, considered in the aggregate, that raise substantial doubt about National HealthCare Corporation 401(k) Plan's ability to continue as a going concern for one year after the date the financial statements are available to be issued.

Management is also responsible for maintaining a current plan instrument, including all plan amendments; administering the plan; and determining that the plan's transactions that are presented and disclosed in the financial statements are in conformity with the plan's provisions, including maintaining sufficient records with respect to each of the participants, to determine the benefits due or which may become due to such participants.

Auditor's Responsibilities for the Audit of the Financial Statements

Except as described in the Scope and Nature of the ERISA Section 103(a)(3)(C) Audit section of our report, our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not absolute assurance and therefore is not a guarantee that an audit conducted in accordance with generally accepted auditing standards will always detect a material misstatement when it exists. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control. Misstatements are considered material if there is a substantial likelihood that, individually or in the aggregate, they would influence the judgment made by a reasonable user based on the financial statements.

In performing an audit in accordance with generally accepted auditing standards, we:

- Exercise professional judgment and maintain professional skepticism throughout the audit.
- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, and design and perform audit procedures responsive to those risks. Such procedures include examining, on a test basis, evidence regarding the amounts and disclosures in the financial statements.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of National HealthCare Corporation 401(k) Plan's internal control. Accordingly, no such opinion is expressed.
- Evaluate the appropriateness of accounting policies used and the reasonableness of significant accounting estimates made by management, as well as evaluate the overall presentation of the financial statements.
- Conclude whether, in our judgment, there are conditions or events, considered in the aggregate, that raise substantial doubt about National HealthCare Corporation 401(k) Plan's ability to continue as a going concern for a reasonable period of time.

Our audits did not extend to the certified investment information, except for obtaining and reading the certification, comparing the certified investment information with the related information presented and disclosed in the financial statements, and reading the disclosures relating to the certified investment information to assess whether they are in accordance with the presentation and disclosure requirements of accounting principles generally accepted in the United States of America.

Accordingly, the objective of an ERISA Section 103(a)(3)(C) audit is not to express an opinion about whether the financial statements as a whole are presented fairly, in all material respects, in accordance with accounting principles generally accepted in the United States of America.

We are required to communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit, significant audit findings, and certain internal control-related matters that we identified during the audit.

Supplemental Schedules Required by ERISA

The supplemental schedules of Schedules of Assets (Held at End of Year) and Assets (Acquired and Disposed of Within Year) are presented for purposes of additional analysis and are not a required part of the financial statements but are supplementary information required by the Department of Labor's Rules and Regulations for Reporting and Disclosure under ERISA. Such information is the responsibility of management and was derived from and relates directly to the underlying accounting and other records used to prepare the financial statements. The information included in the supplemental schedules, other than that agreed to or derived from the certified investment information, has been subjected to auditing procedures applied in the audits of the financial statements and certain additional procedures, including comparing and reconciling such information directly to the underlying accounting and other records used to prepare the financial statements or to the financial statements themselves, and other additional procedures in accordance with generally accepted auditing standards. For information included in the supplemental schedules that agreed to or is derived from the certified investment information, we compared such information to the related certified investment information.

In forming our opinion on the supplemental schedules, we evaluated whether the supplemental schedules, other than the information agreed to or derived from the certified investment information, including their form and content, are presented in conformity with the Department of Labor's Rules and Regulations for Reporting and Disclosure under ERISA.

In our opinion—

- the form and content of the supplemental schedules, other than the information in the supplemental schedules that agreed to or is derived from the certified investment information, are presented, in all material respects, in conformity with the Department of Labor's Rules and Regulations for Reporting and Disclosure under ERISA.
- the information in the supplemental schedules related to assets held by and certified to by a qualified institution agrees to, or is derived from, in all material respects, the information prepared and certified by an institution that management determined meets the requirements of ERISA Section 103(a)(3)(C).



Certified Public Accountants

Murfreesboro, Tennessee
October 14, 2022

NATIONAL HEALTHCARE CORPORATION 401(K) PLAN

Statements of Net Assets Available for Benefits

December 31, 2021 and 2020

		December 31,	
		2021	2020
Assets -			
Investments, at fair value		\$ 256,617,002	\$ 233,848,726
Cash		2,043	3,200
Receivables:			
Dividends and interest receivable		555,798	514,572
Employer contributions receivable		591,055	602,149
Participant contributions receivable		-	325
Notes receivable from participants		3,784,165	3,908,246
	TOTAL ASSETS	\$ 261,550,063	\$ 238,877,218
	NET ASSETS AVAILABLE FOR BENEFITS	\$ 261,550,063	\$ 238,877,218

See notes to financial statements.

NATIONAL HEALTHCARE CORPORATION 401(K) PLAN

Statements of Changes in Net Assets Available for Benefits

For the Years Ended December 31, 2021 and 2020

	Year Ended December 31,	
	2021	2020
Additions -		
Investment income -		
Interest and dividends (income on notes receivable from participants not broken out)	\$ 15,620,357	\$ 8,466,527
Net appreciation (depreciation) in fair value of investments	11,626,945	2,013,245
TOTAL INVESTMENT INCOME	\$ 27,247,302	\$ 10,479,772
Contributions -		
Participant contributions	\$ 13,156,754	\$ 13,222,272
Participant rollovers	1,951,973	1,174,617
Employer contributions	2,772,470	2,907,325
Total contributions	\$ 17,881,197	\$ 17,304,214
TOTAL ADDITIONS	\$ 45,128,499	\$ 27,783,986
Deductions -		
Benefits distributions	\$ 22,274,157	\$ 22,035,256
Trustee and other administrative fees	181,497	197,087
TOTAL DEDUCTIONS	\$ 22,455,654	\$ 22,232,343
Net increase in net assets available for benefits	\$ 22,672,845	\$ 5,551,643
Net assets available for benefits, beginning of year	238,877,218	233,325,575
Net assets available for benefits, end of year	\$ 261,550,063	\$ 238,877,218

See notes to financial statements.

NATIONAL HEALTHCARE CORPORATION 401(K) PLAN

Notes to Financial Statements

December 31, 2021 and 2020

NOTE A - DESCRIPTION OF PLAN

The following brief description of the National HealthCare Corporation 401(k) Plan (the Plan) provides only general information. Participants should refer to the Plan agreement for a more complete description of the Plan's provisions.

General

The Plan is a defined contribution plan that provides benefits for all eligible employees of National Health Corporation (National) who are utilized by National HealthCare Corporation (the Company or NHC) through an employee service contract. Employees are eligible to participate in the Plan after they reach age 18.

The Plan is subject to the provisions of the Employee Retirement Income Security Act of 1974 (ERISA), as amended.

Participant Contributions and Vesting

Participating employees can elect to contribute a portion of their annual earnings subject to certain Internal Revenue Code (Code) limitations as defined in the Plan agreement. Participant contributions plus related earnings are fully vested and are not subject to forfeiture. Participant contributions are reflected net of any refunds to participants necessary for the Plan to comply with its provisions or the provisions of ERISA.

Matching Contributions and Vesting

The Company makes quarterly matching contributions of 50% of each participant's contributions until each participant's contributions reach 2.5% of the participant's quarterly compensation. As of January 1, 2007, the matching contributions became participant directed subject to vesting provisions. Matching contributions and related earnings are not vested until the participant has completed three years of service, at which time the amount becomes fully vested. Matching contributions are made in NHC common stock, but become participant directed in future years based on vested service, in compliance with federal law.

Participant Accounts

Each participant's account is credited with the participant's contributions and allocations of (a) the Company's contributions and (b) Plan earnings (losses), and is charged with an allocation of administrative expenses. Allocations are based on participant earnings or account balances, as defined. The benefit to which a participant is entitled is the benefit that can be provided from the participant's vested account. Participant investment choices are primarily funds the Plan has created by pooling individual securities.

Benefit Distributions

Participants can withdraw their vested account balances in a lump sum payment or in installment payments at any time after the age of 59½ or upon retirement, death, disability, hardship or termination of employment. Payments will be made to a participant's beneficiary upon the participant's death.

Benefits are recorded when paid.

Forfeitures

Forfeited balances of terminated participants' nonvested accounts are used to pay any administrative expenses of the Plan, and then to reduce future Company contributions. During 2021 and 2020, \$185,635 and \$182,443, respectively, were forfeited by terminated participants, and used to reduce the Company's contributions.

Plan Termination

Although it has not expressed any intent to do so, the Company has the right under the Plan to discontinue its contributions at any time and to terminate the Plan subject to the provisions of ERISA. In the event of Plan termination, participants will become fully vested in their accounts.

The Plan Administrator will either authorize a lump sum distribution or continue the funding medium for the Plan and benefits will be distributed at the same time and in the same manner as if the Plan had not terminated.

NATIONAL HEALTHCARE CORPORATION 401(K) PLAN

Notes to Financial Statements (continued)

December 31, 2021 and 2020

NOTE A - DESCRIPTION OF PLAN (continued)

Notes Receivable from Participant

Participants may borrow from their fund accounts a minimum of \$1,000 up to the lesser of \$50,000 or 50% of their vested account balances. Note terms range from one to five years or a longer repayment period for the purchase of a primary residence. Notes are secured by the balance in the participant's account and bear interest at the prime rate as reported by the Wall Street Journal on the date of the note. The notes are secured by the balance in the participant's account and bear interest rates ranging from 3.25 - 5.50%. A participant may only have one note outstanding at any time. Principal and interest are paid ratably through payroll deductions.

Per the Plan agreement, a participant is given a 90-day grace period to make payments before the note is considered to be in default and is treated as a "deemed distribution" becoming taxable income to the participant. As of December 31, 2021 and 2020, there were notes totaling \$103,603 and \$111,320 that were considered to be in default. Deemed distributions of \$7,852 and \$14,049 have been reflected in the Statements of Changes in Net Assets Available for Benefits as benefit distributions in 2021 and 2020, respectively.

Administrative Expenses

Certain administrative fees are approximately \$21 annually per participant and are reported as an expense of the Plan. All other expenses of the Plan are paid directly by the Plan sponsor, National.

Diversification

Participants with three years of vested service may transfer current Company contributions that are made to the NHC common stock fund into other investment funds as soon as they are made beginning with the 2007 Plan year. In addition, participants may diversify past Company contributions without restriction.

NOTE B - SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

Basis of Accounting

The Plan's financial statements are prepared on the accrual basis of accounting.

Use of Estimates and Assumption

The preparation of the financial statements in conformity with accounting principles generally accepted in the United States of America requires management to make estimates and assumptions that affect the amounts reported in the financial statements and accompanying notes. Actual results could differ from those estimates.

Investment Valuation and Income Recognition

The Plan's investments are stated at fair value, except for the Federated Hermes Capital Preservation Fund. The Federated Capital Preservation Fund invests in fully benefit-responsive investment contracts. This fund is measured using the net asset value per share practical expedient. See further discussion regarding fair value measurement in Note E.

Purchases and sales of investments are recorded on a trade-date basis. Interest income is recorded on the accrual basis. Dividends are recorded on the dividend declaration date.

Risks and Uncertainties

The Plan invests in various investment securities. Investment securities are exposed to various risks such as interest rate, market, and credit risks. Due to the level of risk associated with certain investment securities it is at least reasonably possible that changes in the values of investment securities will occur in the near term and that such changes could materially affect participants' account balances and the amounts reported in the Statements of Net Assets Available for Benefits.

NATIONAL HEALTHCARE CORPORATION 401(K) PLAN

Notes to Financial Statements (continued)

December 31, 2021 and 2020

NOTE B - SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES (continued)

Notes Receivable from Participants

Notes receivable from participants represent participant notes that are recorded at their unpaid principal balance plus any accrued but unpaid interest. Interest income on notes receivable from participants is recorded when it is earned. Related fees are recorded as administrative expenses and are expensed when they are incurred. No allowance for credit losses has been recorded as of December 31, 2021 and 2020. If a participant ceases to make repayments on a note receivable and the Plan administrator deems the note receivable to be a distribution, the note receivable from participant balance is reduced and a benefit payment is recorded.

Date of Management's Review

Subsequent events were evaluated through October 14, 2022, which is the date the financial statements were available to be issued.

NOTE C - INFORMATION CERTIFIED BY THE PLAN'S TRUSTEE

The Plan administrator has elected the method of annual reporting compliance permitted by 29 CFR 2520.103-8 of the Department of Labor's Rules and Regulations for Reporting and Disclosure under ERISA. The Plan's independent auditors did not perform auditing procedures with respect to this information, except for comparing such information to the related information included in the financial statements and supplemental schedule. The trustee has certified that the following data included in the accompanying financial statements and supplemental schedule is complete and accurate.

	<u>December 31,</u> <u>2021</u>	<u>December 31,</u> <u>2020</u>
Money Market Funds	\$ 2,523,489	\$ 1,727,861
Corporate bonds	828,393	1,592,660
U.S. government securities	2,547,511	3,443,557
Mutual Funds	162,448,631	141,511,102
Federated Hermes Capital Preservation Fund	31,598,389	29,505,110
Common stock	56,670,589	56,068,436
Investments, at fair value	\$ 256,617,002	\$ 233,848,726
Notes receivable from participants	3,784,165	3,908,246
Total	<u>\$ 260,401,167</u>	<u>\$ 237,756,972</u>
	<u>Year Ended December 31,</u> <u>2021</u>	<u>2020</u>
Interest and dividends	\$ 15,620,357	\$ 8,466,527
Net appreciation(depreciation) in fair value of investments	11,626,945	2,013,245

NOTE D - NONPARTICIPANT DIRECTED INVESTMENTS

Information about the net assets and the significant components of the changes in net assets relating to the non-participant-directed portion of the NHC Stock Fund, in which certain shares of NHC common stock are held, is as follows:

	<u>December 31,</u> <u>2021</u>	<u>December 31,</u> <u>2020</u>
Net assets:		
Cash and money market	\$ 11,710	\$ 61,037
NHC common stock	34,177,353	33,062,351
Receivables	793,901	788,460
	<u>\$ 34,982,964</u>	<u>\$ 33,911,848</u>

NATIONAL HEALTHCARE CORPORATION 401(K) PLAN

Notes to Financial Statements (continued)

December 31, 2021 and 2020

NOTE D - NONPARTICIPANT DIRECTED INVESTMENTS (continued)

	Year Ended December 31,	
	2021	2020
Changes in net assets:		
Employer contributions	\$ 2,415,041	\$ 2,527,637
Interest and dividend income and net (depreciation)		
appreciation in fair value of investments	1,787,052	(8,898,299)
Benefit distribution to participants	(2,697,355)	(3,459,269)
Loan repayments (originations)	11,600	(4,231)
Investment election transfers*	(445,222)	(337,126)
Net increase (decrease) in net assets	<u>\$ 1,071,116</u>	<u>\$ (10,171,288)</u>

* Represents transfers out of nonparticipant-directed NHC common stock investments into the other plan investment options by vested participant.

NOTE E - FAIR VALUE MEASUREMENTS

The carrying amounts of cash approximate fair value due to their short-term nature.

The framework for measuring fair value provides a fair value hierarchy that prioritizes the inputs to valuation techniques used to measure fair value. The hierarchy gives the highest priority to unadjusted quoted prices in active markets for identical assets or liabilities (level 1) and the lowest priority to unobservable inputs (level 3). The three levels of the fair value hierarchy under FASB ASC 820 are described as follows:

Level 1 - Inputs to the valuation methodology are unadjusted quoted prices for identical assets or liabilities in active markets that the Plan has the ability to access.

Level 2 - Inputs to the valuation methodology include: quoted prices for similar assets or liabilities in active markets; quoted prices for identical or similar assets or liabilities in inactive markets; inputs other than quoted prices that are observable for the asset or liability; inputs that are derived principally from, or corroborated by, observable market data by correlation or other means. If the asset or liability has a specified (contractual) term, the level 2 input must be observable for substantially the full term of the asset or liability.

Level 3 - Inputs to the valuation methodology are unobservable and significant to the fair value measurement.

The asset or liability's fair value measurement level within the fair value hierarchy is based on the lowest level of input that is significant to the fair value measurement. Valuation techniques used need to maximize the use of observable inputs and minimize the use of unobservable inputs.

NATIONAL HEALTHCARE CORPORATION 401(K) PLAN

Notes to Financial Statements (continued)

December 31, 2021 and 2020

NOTE E - FAIR VALUE MEASUREMENTS (continued)

Description	Fair Value Measurement as of December 31, 2021			
	Level 1	Level 2	Level 3	Total
Equity funds	\$ 135,159,756			\$ 135,159,756
International equity funds	6,311,327			6,311,327
Global equity funds	2,207,065			2,207,065
Exchange traded fund - equity	192,423			192,423
Exchange traded fund - equity/foreign	200,090			200,090
Real estate investment trust	2,918,786			2,918,786
Money market funds	966,616	\$ 1,556,873		2,523,489
Bond funds		15,459,184		15,459,184
U.S. government securities		2,547,511		2,547,511
Corporate bonds		828,393		828,393
NHC common stock		56,670,589		56,670,589
Total investments	\$ 147,956,063	\$ 77,062,550	\$ -	\$ 225,018,613
Common collective trust measured at net asset value (a)				31,598,389
				\$ 256,617,002

Description	Fair Value Measurement as of December 31, 2020			
	Level 1	Level 2	Level 3	Total
Equity funds	\$ 118,833,975			\$ 118,833,975
International equity funds	5,856,935			5,856,935
Global equity funds	2,377,010			2,377,010
Exchange traded fund - equity	164,689			164,689
Exchange traded fund - equity/foreign	164,560			164,560
Real estate investment trust	1,992,055			1,992,055
Money market funds	853,250	\$ 874,611		1,727,861
Bond funds		12,121,878		12,121,878
U.S. government securities		3,443,557		3,443,557
Corporate bonds		1,592,660		1,592,660
NHC common stock		56,068,436		56,068,436
Total investments	\$ 130,242,474	\$ 74,101,142	\$ -	\$ 204,343,616
Common collective trust measured at net asset value (a)				29,505,110
				\$ 233,848,726

(a) In accordance with Subtopic 820-10, certain investments that were measured at fair value using the net asset value per share (or equivalent) practical expedient have not been classified in the fair value hierarchy. The fair value amounts represented in this table are intended to permit reconciliation of the fair value hierarchy to the line items presented in the statements of net assets available for benefits.

NATIONAL HEALTHCARE CORPORATION 401(K) PLAN

Notes to Financial Statements (continued)

December 31, 2021 and 2020

NOTE E - FAIR VALUE MEASUREMENTS (continued)

All of the Company's securities held by the Plan are priced exclusively by utilizing the services of an independent pricing source using observable market data. The fair value of investments is derived using quoted market prices of identical securities in active markets or industry standard valuation models using observable inputs such as reportable trades, benchmark yields, credit spreads, broker/dealer quotes, bids, offers, and other industry and economic events. The shares of mutual funds are valued at quoted market prices determined in an active market, which represent the net asset values of shares held by the Plan at year end.

The fair value of bond funds, corporate bonds, U.S. government securities, certain money market funds, and NHC common stock are considered Level 2 because of the low volume of trading that occurs or they are publicly traded individual fixed income securities. The fair values assigned to these securities are obtained in the same fashion as Level 1 securities.

The Federated Hermes Capital Preservation Fund (Fund) is a common/collective trust fund that is designed to deliver safety and stability by preserving principal and accumulating earnings. This Fund is primarily invested in guaranteed investment contracts, separate account guaranteed investment contracts, and synthetic guaranteed investment contracts. Participants may redeem units of the Fund for the purpose of funding a bona fide benefit payment, making a note receivable from participant, honoring an employee-directed transfer of the employee's interest in the plan to another investment election that is a noncompeting investment, or paying Trustee fees. Participants may make withdrawals from the Fund for other purposes generally only upon 12 months' advance written notice to the Trustee. All Participants of the Fund have a proportionate undivided interest in all assets of the Fund. Net investment income is distributed to Participants monthly and is reinvested to purchase additional units. The per unit net asset value of the common collective trust is determined each business day.

NOTE F - INCOME TAX STATUS

The Plan has received a determination letter from the Internal Revenue Service (IRS) dated April 11, 2016, stating that the Plan is qualified under Section 401(a) of the Code and therefore the related trust is exempt from taxation. Subsequent to this determination by the IRS, the Plan was amended. Once qualified, the Plan is required to operate in conformity with the Code to maintain its qualified status. The plan administrator believes the Plan is designed and is currently being operated in compliance with the applicable requirements of the Code and therefore believes the Plan, as amended, is qualified and the related trust is tax-exempt.

Accounting principles generally accepted in the United States require Plan management to evaluate uncertain tax positions taken by the Plan. The financial statement effects of a tax position are recognized when the position is more likely than not, based on the technical merits, to be sustained upon examination by the IRS. The Plan administrator has analyzed the tax positions taken by the Plan, and has concluded that as of December 31, 2021, there are no uncertain positions taken or expected to be taken. The Plan has recognized no interest or penalties related to uncertain tax positions. The Plan is subject to routine audits by taxing jurisdictions; however, there are currently no audits for any tax periods in progress. The Plan administrator believes it is no longer subject to income tax examinations for years prior to 2018.

NOTE G - RISKS AND UNCERTAINTIES RELATED TO THE PANDEMIC (COVID-19)

In March 2020, the World Health Organization classified a new strain of coronavirus outbreak as a pandemic (COVID-19). As a result of the outbreak, individuals, governments and financial markets have experienced unprecedented disruption and risk. The extent of the impact of COVID-19 on the Plan's financial performance for the year ended December 31, 2021 cannot be measured. Additionally, subsequent to year end the effects of COVID-19 are ongoing. Risks associated with the outbreak have been lessened with the release of vaccines.

NATIONAL HEALTHCARE CORPORATION 401(K) PLAN
EIN #62-1294263, PLAN #003
SCHEDULE H, LINE 4i SCHEDULE OF ASSETS (HELD AT END OF YEAR)
December 31, 2021

(A)	(B)	(C)	(D)	(E)
	IDENTITY OF ISSUE, BORROWER, LESSOR OR SIMILAR PARTY	DESCRIPTION OF INVESTMENT INCLUDING MATURITY DATE, RATE OF INTEREST, COLLATERAL, PAR, OR MATURITY VALUE	COST	CURRENT VALUE
	MONEY MARKET FUNDS			
	JPMorgan US Govt Mmkt Capital	\$2,523,489 Shares of Par Value Money Market Fund	\$ 2,523,489	\$ 2,523,489
	GOVERNMENT SECURITIES			
	FHLB	\$350,000 Gov Bond 0.50% 09/15/2026		\$ 346,411
	FHLB Bond	\$350,000 Gov Bond 0.50% 07/28/2026		346,090
	FHLMC	\$9,691 Gov Bond 3% 05/01/2027		10,128
	FHLMC	\$99,819 Gov Bond SER 3722 CU 3.50% 9/15/2025		103,413
	FHLMC	\$80,427 Gov Bond 3787-AY 3.50% 01/15/2026		83,817
	FHLMC	\$251,785 Gov Bond 5083 BA 2.50% 05/25/2032		255,714
	FHMLC	\$30,181 Gov Bond 4013 QU 1.50% 02/15/2027		30,521
	FHMLC	\$76,893 Gov Bond 4039-QA 2.50% 05/15/2027		79,105
	FHLMC	\$26,639 Gov Bond SER 4281 CL AD 2% 12/15/2028		26,962
	FHMLC	\$21,643 Gov Bond 4302-CL AB 1.75% 11/15/2029		21,786
	FHLMC	\$12,220 Gov Bond 4318 MA 3% 09/15/2039		12,228
	FHLMC	\$38,259 Gov Bond 5042 BC 3% 04/25/2037		38,387
	FHLMC	\$181,844 Gov Bond SER 2614 CL NZ 3.75% 5/15/2033		18,930
	FHLMC	\$20,038 Gov Bond 3.25% 04/15/2032		21,021
	FHLMC	\$134,608 Gov Bond 3577-B 4% 09/15/2024		138,417
	FHLMC	\$14,450 Gov Bond 3640-CE 2.75% 03/15/2025		14,590
	FNMA	\$33,922 Gov Bond SER 2013-028 CL 8-BC 1.25% 04/25/2028		33,997
	FNMA	\$132,197 Gov Bond 2013-23 ND 1.375% 03/25/2028		132,512
	FNMA	\$71,441 Gov Bond 2013-41 WD 2% 11/25/2042		72,257
	FNMA	\$48,228 Gov Bond 2013-073 CL 3-DC 07/25/2028		49,113
	FNMA	\$58,224 Gov Bond 2013-77 2% 07/25/2028		59,264
	FNMA	\$48,228 Gov Bond 2013-94GB 3% 02/25/2041		43,905
	FNMA	\$81,670 Gov Bond 2013-130 GA 2.50% 09/25/2033		83,290
	FNMA	\$30,880 Gov Bond SER 2015-041 CL 1-BC 3% 01/25/2034		31,591
	FNMA	\$73,864 Gov Bond 2017-62 AB 3% 08/25/2045		76,103
	FNMA	\$63,283 Gov Bond SER 2010-054 CL 4-EG 3% 06/25/2040		65,353
	GNMA	\$210,542 Gov Bond 2012-051 3.50% 04/16/2025		217,429
	Small Business Admin	\$2,254 Gov Bond 2002-20G1 5.66% 07/01/2022		2,271
	Small Business Admin	\$14,633 Gov Bond 2004-20I 4.99% 09/01/2024		15,002
	Small Business Admin	\$43,813 Gov Bond 2004-20K 4.88% 11/01/2024		45,456
	Small Business Admin	\$6,543 Gov Bond 2005-20K 5.36% 11/01/2025		6,888
	Small Business Admin	\$15,943 Gov Bond 4.07% 06/01/2023		16,222
	Small Business Admin	\$2,830 Gov Bond 4.64% 05/01/2023		2,896
	Small Business Admin	\$31,978 Gov Bond 4.95% 03/01/2025		32,815
	Small Business Admin	\$8,896 Gov Bond 5.13% 09/01/2023		9,068
	Small Business Admin	\$1,316 Gov Bond 5.24% 08/01/2023		1,354
	Small Business Admin	\$3,043 Gov Bond 2006-20B 5.350% 02/01/2026		3,205
				\$ 2,547,511
	CORPORATE AND MUNICIPAL BONDS			
	Citigroup Global Mkts Hldgs	\$225,000 Corp Bond vaiab 03/31/2027		\$ 223,278
	JPMorgan Chase & Co MTN	\$250,000 Corp Bond 2.00% 02/20/2024		253,700
	Wells Fargo Corp	\$350,000 Corp Bond var rate 05/17/2023		351,415
				\$ 828,393

NATIONAL HEALTHCARE CORPORATION 401(K) PLAN
EIN #62-1294263, PLAN #003
SCHEDULE H, LINE 4i SCHEDULE OF ASSETS (HELD AT END OF YEAR) (continued)
December 31, 2021

(A)	(B)	(C)	(D)	(E)
	IDENTITY OF ISSUE, BORROWER, LESSOR OR SIMILAR PARTY	DESCRIPTION OF INVESTMENT INCLUDING MATURITY DATE, RATE OF INTEREST, COLLATERAL, PAR, OR MATURITY VALUE	COST	CURRENT VALUE
	MUTUAL FUNDS			
	American Century Heritage Fd CI R6	218,290.01 shares of Registered Investment Co		\$ 6,424,275
	American Century Heritage Fd CI R6	72,047.354 shares of Registered Investment Co		2,120,354
	American Century Intl Opptys Fund Instl CI	59,880.022 shares of Registered Investment Co		728,740
	American Fds-Europacific Growth R6	34,096.472 shares of Registered Investment Co		2,207,065
	American Funds Growth Fd CL R-6	41,263.343 shares of Registered Investment Co		3,068,342
	American Funds New Economy R6	45,006.487 shares of Registered Investment Co		2,798,953
	Artisan Intl Small-Mid Cap Fund	69,070.225 shares of Registered Investment Co		1,434,589
	Buffalo Growth Fund	288,592.229 shares of Registered Investment Co		9,803,478
	Capital World Growth & Income Fund	81,087.076 shares of Registered Investment Co		5,160,382
	Columbia Acorn TR	575,596.27 shares of Registered Investment Co		9,693,041
	Columbia Select Small Cap Value Fd Instl 3	57,639.278 shares of Registered Investment Co		1,566,636
	Deutsche Croci Intl Fd - R6	20,818.29 shares of Registered Investment Co		1,037,583
	Deutsche X Trackers Europe Hedged Equity Fd	5,500 shares of Registered Investment Co		200,090
	Eaton Vance Mutual Funds Trust	292,041.488 shares of Registered Investment Co		2,321,730
	Federated Mdt Mid Cap Growth Fd CI R	47,868.898 shares of Registered Investment Co		2,111,976
	Federated Short-Term Income Fd	205,776.125 shares of Registered Investment Co		1,771,732
	Fenimore FAM Small Cap Fd Instl Shs	53,445.401 shares of Registered Investment Co		1,345,221
	Fidelity Advisor Biotechnology CI I	39,717.887 shares of Registered Investment Co		1,175,252
	Fidelity Advisor Large Cap Fd CI Z	222,462.126 shares of Registered Investment Co		8,896,260
	Fidelity Advisor Small Cap Growth - CI I	76,092.061 shares of Registered Investment Co		2,418,967
	Fidelity Equity Growth Fd CI Z	629,210.915 shares of Registered Investment Co		12,615,679
	Fidelity Equity Income Fd CI Z	182,414.867 shares of Registered Investment Co		6,136,436
	Franklin Low Duration Total Return Fd CI R6	423,668.965 shares of Registered Investment Co		4,046,039
	Franklin Small Cap Growth R6	84,855.08 shares of Registered Investment Co		2,252,054
	Goldman Sachs Emerging Markets	38,866.156 shares of Registered Investment Co		1,133,726
	Invesco Oppenheimer Mid Cap Growth Fd R6	207,727.409 shares of Registered Investment Co		7,598,669
	Invesco Oppenheimer Mid Cap Growth Fd R6	75,236.824 shares of Registered Investment Co		2,752,163
	Ivy Small Cap Growth Fund - Y	71,274.522 shares of Registered Investment Co		1,630,761
	JPMorgan Europe Dynamic Fd CL R6	28,805.092 shares of Registered Investment Co		910,817
	Kaufmann Large Cap Fd CL R6	68,480.544 shares of Registered Investment Co		2,431,744
	Lord Abbett Developing Growth R6	33,540.737 shares of Registered Investment Co		1,179,963
	Lord Abbett Growth Leaders R6	59,686.176 shares of Registered Investment Co		2,522,338
	Lord Abbett Intl Opportunities Fund	41,947.976 shares of Registered Investment Co		888,458
	Lord Abbett Invtr TR Short Duration Inc Fd	1,047,509.373 shares of Registered Investment Co		4,347,164
	Lord Abbett Micro Cap Growth Fd I	17,210.983 shares of Registered Investment Co		391,550
	Meridian Small Cap Growth Fd Inc	94,554.686 shares of Registered Investment Co		1,530,840
	MFS Ser TR IX Limited Maturity Fd CI R5	494,595.561 shares of Registered Investment Co		2,972,519
	Oakmark International Fund Instl CI	77,530.379 shares of Registered Investment Co		2,173,952
	Pimco Fds Stocksplus Intl Fd	284,563.716 shares of Registered Investment Co		2,558,228
	Royce Intl Premier Fd Instl CI	42,333.696 shares of Registered Investment Co		754,386
	Vanguard 500 Index Fd #540 Adm Shs	57,369.896 shares of Registered Investment Co		25,233,001
	Vanguard 500 Index Fd #540 Adm Shs	15,897.664 shares of Registered Investment Co		6,992,269
	Vanguard REIT Index Adm Fd #5123	17,768.222 shares of Registered Investment Co		2,918,786
	X-Trackers MSCI EAFE Hedged Equity Fd	4,900 shares of Registered Investment Co		192,423
				\$ 162,448,631
	COLLECTIVE TRUST/COMMON			
	Federated Hermes Capital Preservation Y shs	3,159,838.882 Shares Common Collective Trust Fund		\$ 31,598,389
	COMMON STOCK			
	National HealthCare Corp	331,075 shares of Common Stock		\$ 22,493,236
	National HealthCare Corp	503,052 shares of Common Stock	\$ 15,146,815	34,177,353
				\$ 56,670,589
	OTHER ASSETS			
*	Notes receivable from participants	Interest rate 3.25 - 5.50%		\$ 3,784,165
	TOTALS			
				\$ 260,401,167

Note: * Indicated a party-in-interest as defined by ERISA.
The cost of participant-directed investments is not required to be disclosed.

NATIONAL HEALTHCARE CORPORATION 401(K) PLAN
EIN #62-1294263, PLAN #003
SCHEDULE H, LINE 4i SCHEDULE OF ASSETS (ACQUIRED AND DISPOSED OF WITHIN YEAR)
December 31, 2021

(A)	(B)	(C)	(D)
IDENTITY OF ISSUE, BORROWER, LESSOR OR SIMILAR PARTY	DESCRIPTION OF INVESTMENT INCLUDING MATURITY DATE, RATE OF INTEREST, COLLATERAL PAR, OR MATURITY VALUE	COST OF ACQUISITIONS	PROCEEDS OF DISPOSITIONS
Notes receivable from participants	Notes receivable from participants, Interest Rate (3.25% - 5.50%)	\$ -0-	\$ -0-

NATIONAL HEALTHCARE CORPORATION 401(K) PLAN
EIN #62-1294263, PLAN #003
SCHEDULE H, LINE 4i SCHEDULE OF ASSETS (HELD AT END OF YEAR)
December 31, 2021

(A)	(B)	(C)	(D)	(E)
	IDENTITY OF ISSUE, BORROWER, LESSOR OR SIMILAR PARTY	DESCRIPTION OF INVESTMENT INCLUDING MATURITY DATE, RATE OF INTEREST, COLLATERAL, PAR, OR MATURITY VALUE	COST	CURRENT VALUE
	MONEY MARKET FUNDS			
	JPMorgan US Govt Mmkt Capital	\$2,523,489 Shares of Par Value Money Market Fund	\$ 2,523,489	\$ 2,523,489
	GOVERNMENT SECURITIES			
	FHLB	\$350,000 Gov Bond 0.50% 09/15/2026		\$ 346,411
	FHLB Bond	\$350,000 Gov Bond 0.50% 07/28/2026		346,090
	FHLMC	\$9,691 Gov Bond 3% 05/01/2027		10,128
	FHLMC	\$99,819 Gov Bond SER 3722 CU 3.50% 9/15/2025		103,413
	FHLMC	\$80,427 Gov Bond 3787-AY 3.50% 01/15/2026		83,817
	FHLMC	\$251,785 Gov Bond 5083 BA 2.50% 05/25/2032		255,714
	FHMLC	\$30,181 Gov Bond 4013 QU 1.50% 02/15/2027		30,521
	FHMLC	\$76,893 Gov Bond 4039-QA 2.50% 05/15/2027		79,105
	FHLMC	\$26,639 Gov Bond SER 4281 CL AD 2% 12/15/2028		26,962
	FHMLC	\$21,643 Gov Bond 4302-CL AB 1.75% 11/15/2029		21,786
	FHLMC	\$12,220 Gov Bond 4318 MA 3% 09/15/2039		12,228
	FHLMC	\$38,259 Gov Bond 5042 BC 3% 04/25/2037		38,387
	FHLMC	\$181,844 Gov Bond SER 2614 CL NZ 3.75% 5/15/2033		18,930
	FHLMC	\$20,038 Gov Bond 3.25% 04/15/2032		21,021
	FHLMC	\$134,608 Gov Bond 3577-B 4% 09/15/2024		138,417
	FHLMC	\$14,450 Gov Bond 3640-CE 2.75% 03/15/2025		14,590
	FNMA	\$33,922 Gov Bond SER 2013-028 CL 8-BC 1.25% 04/25/2028		33,997
	FNMA	\$132,197 Gov Bond 2013-23 ND 1.375% 03/25/2028		132,512
	FNMA	\$71,441 Gov Bond 2013-41 WD 2% 11/25/2042		72,257
	FNMA	\$48,228 Gov Bond 2013-073 CL 3-DC 07/25/2028		49,113
	FNMA	\$58,224 Gov Bond 2013-77 2% 07/25/2028		59,264
	FNMA	\$48,228 Gov Bond 2013-94GB 3% 02/25/2041		43,905
	FNMA	\$81,670 Gov Bond 2013-130 GA 2.50% 09/25/2033		83,290
	FNMA	\$30,880 Gov Bond SER 2015-041 CL 1-BC 3% 01/25/2034		31,591
	FNMA	\$73,864 Gov Bond 2017-62 AB 3% 08/25/2045		76,103
	FNMA	\$63,283 Gov Bond SER 2010-054 CL 4-EG 3% 06/25/2040		65,353
	GNMA	\$210,542 Gov Bond 2012-051 3.50% 04/16/2025		217,429
	Small Business Admin	\$2,254 Gov Bond 2002-20G1 5.66% 07/01/2022		2,271
	Small Business Admin	\$14,633 Gov Bond 2004-20I 4.99% 09/01/2024		15,002
	Small Business Admin	\$43,813 Gov Bond 2004-20K 4.88% 11/01/2024		45,456
	Small Business Admin	\$6,543 Gov Bond 2005-20K 5.36% 11/01/2025		6,888
	Small Business Admin	\$15,943 Gov Bond 4.07% 06/01/2023		16,222
	Small Business Admin	\$2,830 Gov Bond 4.64% 05/01/2023		2,896
	Small Business Admin	\$31,978 Gov Bond 4.95% 03/01/2025		32,815
	Small Business Admin	\$8,896 Gov Bond 5.13% 09/01/2023		9,068
	Small Business Admin	\$1,316 Gov Bond 5.24% 08/01/2023		1,354
	Small Business Admin	\$3,043 Gov Bond 2006-20B 5.350% 02/01/2026		3,205
				\$ 2,547,511
	CORPORATE AND MUNICIPAL BONDS			
	Citigroup Global Mkts Hldgs	\$225,000 Corp Bond vaiab 03/31/2027		\$ 223,278
	JPMorgan Chase & Co MTN	\$250,000 Corp Bond 2.00% 02/20/2024		253,700
	Wells Fargo Corp	\$350,000 Corp Bond var rate 05/17/2023		351,415
				\$ 828,393

NATIONAL HEALTHCARE CORPORATION 401(K) PLAN
EIN #62-1294263, PLAN #003
SCHEDULE H, LINE 4i SCHEDULE OF ASSETS (HELD AT END OF YEAR) (continued)
December 31, 2021

(A)	(B)	(C)	(D)	(E)
	IDENTITY OF ISSUE, BORROWER, LESSOR OR SIMILAR PARTY	DESCRIPTION OF INVESTMENT INCLUDING MATURITY DATE, RATE OF INTEREST, COLLATERAL, PAR, OR MATURITY VALUE	COST	CURRENT VALUE
	MUTUAL FUNDS			
	American Century Heritage Fd Cl R6	218,290.01 shares of Registered Investment Co		\$ 6,424,275
	American Century Heritage Fd Cl R6	72,047.354 shares of Registered Investment Co		2,120,354
	American Century Intl Opptys Fund Instl Cl	59,880.022 shares of Registered Investment Co		728,740
	American Fds-Europacific Growth R6	34,096.472 shares of Registered Investment Co		2,207,065
	American Funds Growth Fd CL R-6	41,263.343 shares of Registered Investment Co		3,068,342
	American Funds New Economy R6	45,006.487 shares of Registered Investment Co		2,798,953
	Artisan Intl Small-Mid Cap Fund	69,070.225 shares of Registered Investment Co		1,434,589
	Buffalo Growth Fund	288,592.229 shares of Registered Investment Co		9,803,478
	Capital World Growth & Income Fund	81,087.076 shares of Registered Investment Co		5,160,382
	Columbia Acorn TR	575,596.27 shares of Registered Investment Co		9,693,041
	Columbia Select Small Cap Value Fd Instl 3	57,639.278 shares of Registered Investment Co		1,566,636
	Deutsche Croci Intl Fd - R6	20,818.29 shares of Registered Investment Co		1,037,583
	Deutsche X Trackers Europe Hedged Equity Fd	5,500 shares of Registered Investment Co		200,090
	Eaton Vance Mutual Funds Trust	292,041.488 shares of Registered Investment Co		2,321,730
	Federated Mdt Mid Cap Growth Fd Cl R	47,868.898 shares of Registered Investment Co		2,111,976
	Federated Short-Term Income Fd	205,776.125 shares of Registered Investment Co		1,771,732
	Fenimore FAM Small Cap Fd Instl Shs	53,445.401 shares of Registered Investment Co		1,345,221
	Fidelity Advisor Biotechnology Cl I	39,717.887 shares of Registered Investment Co		1,175,252
	Fidelity Advisor Large Cap Fd Cl Z	222,462.126 shares of Registered Investment Co		8,896,260
	Fidelity Advisor Small Cap Growth - Cl I	76,092.061 shares of Registered Investment Co		2,418,967
	Fidelity Equity Growth Fd Cl Z	629,210.915 shares of Registered Investment Co		12,615,679
	Fidelity Equity Income Fd Cl Z	182,414.867 shares of Registered Investment Co		6,136,436
	Franklin Low Duration Total Return Fd Cl R6	423,668.965 shares of Registered Investment Co		4,046,039
	Franklin Small Cap Growth R6	84,855.08 shares of Registered Investment Co		2,252,054
	Goldman Sachs Emerging Markets	38,866.156 shares of Registered Investment Co		1,133,726
	Invesco Oppenheimer Mid Cap Growth Fd R6	207,727.409 shares of Registered Investment Co		7,598,669
	Invesco Oppenheimer Mid Cap Growth Fd R6	75,236.824 shares of Registered Investment Co		2,752,163
	Ivy Small Cap Growth Fund - Y	71,274.522 shares of Registered Investment Co		1,630,761
	JPMorgan Europe Dynamic Fd CL R6	28,805.092 shares of Registered Investment Co		910,817
	Kaufmann Large Cap Fd CL R6	68,480.544 shares of Registered Investment Co		2,431,744
	Lord Abbett Developing Growth R6	33,540.737 shares of Registered Investment Co		1,179,963
	Lord Abbett Growth Leaders R6	59,686.176 shares of Registered Investment Co		2,522,338
	Lord Abbett Intl Opportunities Fund	41,947.976 shares of Registered Investment Co		888,458
	Lord Abbett Invtr TR Short Duration Inc Fd	1,047,509.373 shares of Registered Investment Co		4,347,164
	Lord Abbett Micro Cap Growth Fd I	17,210.983 shares of Registered Investment Co		391,550
	Meridian Small Cap Growth Fd Inc	94,554.686 shares of Registered Investment Co		1,530,840
	MFS Ser TR IX Limited Maturity Fd Cl R5	494,595.561 shares of Registered Investment Co		2,972,519
	Oakmark International Fund Instl Cl	77,530.379 shares of Registered Investment Co		2,173,952
	Pimco Fds Stocksplus Intl Fd	284,563.716 shares of Registered Investment Co		2,558,228
	Royce Intl Premier Fd Instl Cl	42,333.696 shares of Registered Investment Co		754,386
	Vanguard 500 Index Fd #540 Adm Shs	57,369.896 shares of Registered Investment Co		25,233,001
	Vanguard 500 Index Fd #540 Adm Shs	15,897.664 shares of Registered Investment Co		6,992,269
	Vanguard REIT Index Adm Fd #5123	17,768.222 shares of Registered Investment Co		2,918,786
	X-Trackers MSCI EAFE Hedged Equity Fd	4,900 shares of Registered Investment Co		192,423
				\$ 162,448,631
	COLLECTIVE TRUST/COMMON			
	Federated Hermes Capital Preservation Y shs	3,159,838.882 Shares Common Collective Trust Fund		\$ 31,598,389
	COMMON STOCK			
	National HealthCare Corp	331,075 shares of Common Stock		\$ 22,493,236
	National HealthCare Corp	503,052 shares of Common Stock	\$ 15,146,815	34,177,353
				\$ 56,670,589
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NATIONAL HEALTHCARE CORPORATION 401(K) PLAN
EIN #62-1294263, PLAN #003
SCHEDULE H, LINE 4i SCHEDULE OF ASSETS (ACQUIRED AND DISPOSED OF WITHIN YEAR)
December 31, 2021

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