

Form 5500 Department of the Treasury Internal Revenue Service Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation	Annual Return/Report of Employee Benefit Plan This form is required to be filed for employee benefit plans under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA) and sections 6057(b) and 6058(a) of the Internal Revenue Code (the Code). ▶ Complete all entries in accordance with the instructions to the Form 5500.	OMB Nos. 1210-0110 1210-0089 2022 This Form is Open to Public Inspection
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Part I	Annual Report Identification Information
For calendar plan year 2022 or fiscal plan year beginning <u>01/01/2022</u> and ending <u>12/31/2022</u>	
A This return/report is for:	☐ a multiemployer plan ☐ a multiple-employer plan (Filers checking this box must attach a list of participating employer information in accordance with the form instructions.) ☒ a single-employer plan ☐ a DFE (specify) ____
B This return/report is:	☐ the first return/report ☐ the final return/report ☐ an amended return/report ☐ a short plan year return/report (less than 12 months)
C If the plan is a collectively-bargained plan, check here.	▶ ☒
D Check box if filing under:	☒ Form 5558 ☐ automatic extension ☐ the DFVC program ☐ special extension (enter description)
E If this is a retroactively adopted plan permitted by SECURE Act section 201, check here.	▶ ☐

Part II	Basic Plan Information —enter all requested information		
1a Name of plan	<u>H&S FAMILY OF BAKERIES UNION 401(K) PLAN</u>		
1b Three-digit plan number (PN) ▶	<u>005</u>		
1c Effective date of plan	<u>04/22/2021</u>		
2a Plan sponsor's name (employer, if for a single-employer plan) Mailing address (include room, apt., suite no. and street, or P.O. Box) City or town, state or province, country, and ZIP or foreign postal code (if foreign, see instructions)	<u>H&S BAKERY, INC.</u> <u>601 SOUTH CAROLINE STREET</u> <u>BALTIMORE, MD 21231</u>		
2b Employer Identification Number (EIN)	<u>52-0748852</u>		
2c Plan Sponsor's telephone number	<u>410-276-7254</u>		
2d Business code (see instructions)	<u>311800</u>		

Caution: A penalty for the late or incomplete filing of this return/report will be assessed unless reasonable cause is established.

Under penalties of perjury and other penalties set forth in the instructions, I declare that I have examined this return/report, including accompanying schedules, statements and attachments, as well as the electronic version of this return/report, and to the best of my knowledge and belief, it is true, correct, and complete.

SIGN HERE	Filed with authorized/valid electronic signature.	10/13/2023	ERIC HIEMSTRA
	Signature of plan administrator	Date	Enter name of individual signing as plan administrator
SIGN HERE			
	Signature of employer/plan sponsor	Date	Enter name of individual signing as employer or plan sponsor
SIGN HERE			
	Signature of DFE	Date	Enter name of individual signing as DFE

For Paperwork Reduction Act Notice, see the Instructions for Form 5500.

Form 5500 (2022)
v. 220413

3a Plan administrator's name and address ☒ Same as Plan Sponsor		3b Administrator's EIN	
4 If the name and/or EIN of the plan sponsor or the plan name has changed since the last return/report filed for this plan, enter the plan sponsor's name, EIN, the plan name and the plan number from the last return/report: a Sponsor's name c Plan Name		3c Administrator's telephone number 4b EIN 4d PN	
5 Total number of participants at the beginning of the plan year		5	1118
6 Number of participants as of the end of the plan year unless otherwise stated (welfare plans complete only lines 6a(1) , 6a(2) , 6b , 6c , and 6d).			
a(1) Total number of active participants at the beginning of the plan year		6a(1)	987
a(2) Total number of active participants at the end of the plan year		6a(2)	914
b Retired or separated participants receiving benefits		6b	0
c Other retired or separated participants entitled to future benefits.....		6c	69
d Subtotal. Add lines 6a(2) , 6b , and 6c		6d	983
e Deceased participants whose beneficiaries are receiving or are entitled to receive benefits.		6e	0
f Total. Add lines 6d and 6e		6f	983
g Number of participants with account balances as of the end of the plan year (only defined contribution plans complete this item).....		6g	510
h Number of participants who terminated employment during the plan year with accrued benefits that were less than 100% vested.....		6h	21
7 Enter the total number of employers obligated to contribute to the plan (only multiemployer plans complete this item)		7	
8a If the plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Characteristics Codes in the instructions: 2E 2J 2K 2F 2G 3D 3H 2T			
b If the plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Characteristics Codes in the instructions:			
9a Plan funding arrangement (check all that apply) (1) ☐ Insurance (2) ☐ Code section 412(e)(3) insurance contracts (3) ☒ Trust (4) ☐ General assets of the sponsor		9b Plan benefit arrangement (check all that apply) (1) ☐ Insurance (2) ☐ Code section 412(e)(3) insurance contracts (3) ☒ Trust (4) ☐ General assets of the sponsor	
10 Check all applicable boxes in 10a and 10b to indicate which schedules are attached, and, where indicated, enter the number attached. (See instructions)			
a Pension Schedules (1) ☒ R (Retirement Plan Information) (2) ☐ MB (Multiemployer Defined Benefit Plan and Certain Money Purchase Plan Actuarial Information) - signed by the plan actuary (3) ☐ SB (Single-Employer Defined Benefit Plan Actuarial Information) - signed by the plan actuary		b General Schedules (1) ☒ H (Financial Information) (2) ☐ I (Financial Information – Small Plan) (3) ☐ 0 A (Insurance Information) (4) ☒ C (Service Provider Information) (5) ☐ D (DFE/Participating Plan Information) (6) ☐ G (Financial Transaction Schedules)	

Part III Form M-1 Compliance Information (to be completed by welfare benefit plans)

11a If the plan provides welfare benefits, was the plan subject to the Form M-1 filing requirements during the plan year? (See instructions and 29 CFR 2520.101-2.) ☐ Yes ☐ No

If "Yes" is checked, complete lines 11b and 11c.

11b Is the plan currently in compliance with the Form M-1 filing requirements? (See instructions and 29 CFR 2520.101-2.) ☐ Yes ☐ No

11c Enter the Receipt Confirmation Code for the 2022 Form M-1 annual report. If the plan was not required to file the 2022 Form M-1 annual report, enter the Receipt Confirmation Code for the most recent Form M-1 that was required to be filed under the Form M-1 filing requirements. (Failure to enter a valid Receipt Confirmation Code will subject the Form 5500 filing to rejection as incomplete.)

Receipt Confirmation Code _____

SCHEDULE C (Form 5500) Department of the Treasury Internal Revenue Service Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation	Service Provider Information This schedule is required to be filed under section 104 of the Employee Retirement Income Security Act of 1974 (ERISA). ▶ File as an attachment to Form 5500.	OMB No. 1210-0110
		2022
		This Form is Open to Public Inspection.

For calendar plan year 2022 or fiscal plan year beginning 01/01/2022 and ending 12/31/2022		
A Name of plan H&S FAMILY OF BAKERIES UNION 401(K) PLAN	B Three-digit plan number (PN) ▶	005
C Plan sponsor's name as shown on line 2a of Form 5500 H&S BAKERY, INC.	D Employer Identification Number (EIN) 52-0748852	

Part I	Service Provider Information (see instructions)
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You must complete this Part, in accordance with the instructions, to report the information required for **each person** who received, directly or indirectly, \$5,000 or more in total compensation (i.e., money or anything else of monetary value) in connection with services rendered to the plan or the person's position with the plan during the plan year. If a person received **only** eligible indirect compensation for which the plan received the required disclosures, you are required to answer line 1 but are not required to include that person when completing the remainder of this Part.

1 Information on Persons Receiving Only Eligible Indirect Compensation

- a Check "Yes" or "No" to indicate whether you are excluding a person from the remainder of this Part because they received only eligible indirect compensation for which the plan received the required disclosures (see instructions for definitions and conditions)..... ☒ Yes ☐ No
- b If you answered line 1a "Yes," enter the name and EIN or address of each person providing the required disclosures for the service providers who received only eligible indirect compensation. Complete as many entries as needed (see instructions).

(b) Enter name and EIN or address of person who provided you disclosures on eligible indirect compensation	
NWPS	300 E. JOPPA RD., STE 601 TOWSON, MD 21286
91-2090931	
(b) Enter name and EIN or address of person who provided you disclosures on eligible indirect compensation	
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2. Information on Other Service Providers Receiving Direct or Indirect Compensation. Except for those persons for whom you answered "Yes" to line 1a above, complete as many entries as needed to list each person receiving, directly or indirectly, \$5,000 or more in total compensation (i.e., money or anything else of value) in connection with services rendered to the plan or their position with the plan during the plan year. (See instructions).

(a) Enter name and EIN or address (see instructions)

NWPS

300 E. JOPPA RD., STE 601
TOWSON, MD 21286

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
15 64 37 50	N/A	53299	Yes ☐ No ☒	Yes ☐ No ☐		Yes ☐ No ☐

(a) Enter name and EIN or address (see instructions)

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
			Yes ☐ No ☐	Yes ☐ No ☐		Yes ☐ No ☐

(a) Enter name and EIN or address (see instructions)

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
			Yes ☐ No ☐	Yes ☐ No ☐		Yes ☐ No ☐

Part I Service Provider Information (continued)

3. If you reported on line 2 receipt of indirect compensation, other than eligible indirect compensation, by a service provider, and the service provider is a fiduciary or provides contract administrator, consulting, custodial, investment advisory, investment management, broker, or recordkeeping services, answer the following questions for (a) each source from whom the service provider received \$1,000 or more in indirect compensation and (b) each source for whom the service provider gave you a formula used to determine the indirect compensation instead of an amount or estimated amount of the indirect compensation. Complete as many entries as needed to report the required information for each source.

(a) Enter service provider name as it appears on line 2	(b) Service Codes (see instructions)	(c) Enter amount of indirect compensation
(d) Enter name and EIN (address) of source of indirect compensation	(e) Describe the indirect compensation, including any formula used to determine the service provider's eligibility for or the amount of the indirect compensation.	
(a) Enter service provider name as it appears on line 2	(b) Service Codes (see instructions)	(c) Enter amount of indirect compensation
(d) Enter name and EIN (address) of source of indirect compensation	(e) Describe the indirect compensation, including any formula used to determine the service provider's eligibility for or the amount of the indirect compensation.	
(a) Enter service provider name as it appears on line 2	(b) Service Codes (see instructions)	(c) Enter amount of indirect compensation
(d) Enter name and EIN (address) of source of indirect compensation	(e) Describe the indirect compensation, including any formula used to determine the service provider's eligibility for or the amount of the indirect compensation.	

Part II Service Providers Who Fail or Refuse to Provide Information

4 Provide, to the extent possible, the following information for each service provider who failed or refused to provide the information necessary to complete this Schedule.

(a) Enter name and EIN or address of service provider (see instructions)	(b) Nature of Service Code(s)	(c) Describe the information that the service provider failed or refused to provide
(a) Enter name and EIN or address of service provider (see instructions)	(b) Nature of Service Code(s)	(c) Describe the information that the service provider failed or refused to provide
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(a) Enter name and EIN or address of service provider (see instructions)	(b) Nature of Service Code(s)	(c) Describe the information that the service provider failed or refused to provide
(a) Enter name and EIN or address of service provider (see instructions)	(b) Nature of Service Code(s)	(c) Describe the information that the service provider failed or refused to provide

Part III Termination Information on Accountants and Enrolled Actuaries (see instructions)
(complete as many entries as needed)

a Name:	b EIN:
c Position:	
d Address:	e Telephone:

Explanation:

a Name:	b EIN:
c Position:	
d Address:	e Telephone:

Explanation:

a Name:	b EIN:
c Position:	
d Address:	e Telephone:

Explanation:

a Name:	b EIN:
c Position:	
d Address:	e Telephone:

Explanation:

a Name:	b EIN:
c Position:	
d Address:	e Telephone:

Explanation:

SCHEDULE H (Form 5500) Department of the Treasury Internal Revenue Service Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation	Financial Information This schedule is required to be filed under section 104 of the Employee Retirement Income Security Act of 1974 (ERISA), and section 6058(a) of the Internal Revenue Code (the Code). ► File as an attachment to Form 5500.	OMB No. 1210-0110 2022 This Form is Open to Public Inspection
For calendar plan year 2022 or fiscal plan year beginning <u>01/01/2022</u> and ending <u>12/31/2022</u>		
A Name of plan <u>H&S FAMILY OF BAKERIES UNION 401(K) PLAN</u>		B Three-digit plan number (PN) <u>005</u>
C Plan sponsor's name as shown on line 2a of Form 5500 <u>H&S BAKERY, INC.</u>		D Employer Identification Number (EIN) <u>52-0748852</u>

Part I Asset and Liability Statement			
1 Current value of plan assets and liabilities at the beginning and end of the plan year. Combine the value of plan assets held in more than one trust. Report the value of the plan's interest in a commingled fund containing the assets of more than one plan on a line-by-line basis unless the value is reportable on lines 1c(9) through 1c(14). Do not enter the value of that portion of an insurance contract which guarantees, during this plan year, to pay a specific dollar benefit at a future date. Round off amounts to the nearest dollar. MTIAs, CCTs, PSAs, and 103-12 IEs do not complete lines 1b(1), 1b(2), 1c(8), 1g, 1h, and 1i. CCTs, PSAs, and 103-12 IEs also do not complete lines 1d and 1e. See instructions.			
Assets		(a) Beginning of Year	(b) End of Year
a Total noninterest-bearing cash.....	1a	2340	32155
b Receivables (less allowance for doubtful accounts):			
(1) Employer contributions.....	1b(1)	11088	7383
(2) Participant contributions.....	1b(2)	1144	454
(3) Other.....	1b(3)	2091	13709
c General investments:			
(1) Interest-bearing cash (include money market accounts & certificates of deposit).....	1c(1)	3041076	3131825
(2) U.S. Government securities	1c(2)		
(3) Corporate debt instruments (other than employer securities):			
(A) Preferred	1c(3)(A)		
(B) All other	1c(3)(B)		
(4) Corporate stocks (other than employer securities):			
(A) Preferred	1c(4)(A)		
(B) Common.....	1c(4)(B)		
(5) Partnership/joint venture interests	1c(5)		
(6) Real estate (other than employer real property)	1c(6)		
(7) Loans (other than to participants).....	1c(7)		
(8) Participant loans.....	1c(8)	779036	785168
(9) Value of interest in common/collective trusts.....	1c(9)		
(10) Value of interest in pooled separate accounts	1c(10)		
(11) Value of interest in master trust investment accounts.....	1c(11)		
(12) Value of interest in 103-12 investment entities	1c(12)		
(13) Value of interest in registered investment companies (e.g., mutual funds).....	1c(13)	11845358	9118931
(14) Value of funds held in insurance company general account (unallocated contracts).....	1c(14)		
(15) Other	1c(15)		

1d Employer-related investments:		(a) Beginning of Year	(b) End of Year
(1) Employer securities	1d(1)		
(2) Employer real property	1d(2)		
e Buildings and other property used in plan operation	1e		
f Total assets (add all amounts in lines 1a through 1e)	1f	15682133	13089625

Liabilities

g Benefit claims payable	1g		
h Operating payables	1h		
i Acquisition indebtedness	1i		
j Other liabilities	1j		
k Total liabilities (add all amounts in lines 1g through 1j)	1k	0	0

Net Assets

l Net assets (subtract line 1k from line 1f)	1l	15682133	13089625
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Part II Income and Expense Statement

2 Plan income, expenses, and changes in net assets for the year. Include all income and expenses of the plan, including any trust(s) or separately maintained fund(s) and any payments/receipts to/from insurance carriers. Round off amounts to the nearest dollar. MTIAs, CCTs, PSAs, and 103-12 IEs do not complete lines 2a, 2b(1)(E), 2e, 2f, and 2g.

Income

		(a) Amount	(b) Total
a Contributions:			
(1) Received or receivable in cash from: (A) Employers	2a(1)(A)	424030	
(B) Participants	2a(1)(B)	974219	
(C) Others (including rollovers)	2a(1)(C)		
(2) Noncash contributions	2a(2)		
(3) Total contributions. Add lines 2a(1)(A) , (B) , (C) , and line 2a(2)	2a(3)		1398249
b Earnings on investments:			
(1) Interest:			
(A) Interest-bearing cash (including money market accounts and certificates of deposit)	2b(1)(A)		
(B) U.S. Government securities	2b(1)(B)		
(C) Corporate debt instruments	2b(1)(C)		
(D) Loans (other than to participants)	2b(1)(D)		
(E) Participant loans	2b(1)(E)	44700	
(F) Other	2b(1)(F)		
(G) Total interest. Add lines 2b(1)(A) through (F)	2b(1)(G)		44700
(2) Dividends: (A) Preferred stock	2b(2)(A)		
(B) Common stock	2b(2)(B)		
(C) Registered investment company shares (e.g. mutual funds)	2b(2)(C)	351653	
(D) Total dividends. Add lines 2b(2)(A) , (B) , and (C)	2b(2)(D)		351653
(3) Rents	2b(3)		
(4) Net gain (loss) on sale of assets: (A) Aggregate proceeds	2b(4)(A)		
(B) Aggregate carrying amount (see instructions)	2b(4)(B)		
(C) Subtract line 2b(4)(B) from line 2b(4)(A) and enter result	2b(4)(C)		0
(5) Unrealized appreciation (depreciation) of assets: (A) Real estate	2b(5)(A)		
(B) Other	2b(5)(B)		
(C) Total unrealized appreciation of assets. Add lines 2b(5)(A) and (B)	2b(5)(C)		0

		(a) Amount	(b) Total
(6) Net investment gain (loss) from common/collective trusts	2b(6)		
(7) Net investment gain (loss) from pooled separate accounts	2b(7)		
(8) Net investment gain (loss) from master trust investment accounts	2b(8)		
(9) Net investment gain (loss) from 103-12 investment entities.....	2b(9)		
(10) Net investment gain (loss) from registered investment companies (e.g., mutual funds)	2b(10)		-2641763
c Other income	2c		340
d Total income. Add all income amounts in column (b) and enter total	2d		-846821
Expenses			
e Benefit payment and payments to provide benefits:			
(1) Directly to participants or beneficiaries, including direct rollovers	2e(1)	1530580	
(2) To insurance carriers for the provision of benefits	2e(2)		
(3) Other	2e(3)		
(4) Total benefit payments. Add lines 2e(1) through (3)	2e(4)		1530580
f Corrective distributions (see instructions)	2f		
g Certain deemed distributions of participant loans (see instructions)	2g		110589
h Interest expense	2h		
i Administrative expenses: (1) Professional fees	2i(1)	66127	
(2) Contract administrator fees	2i(2)		
(3) Investment advisory and management fees	2i(3)		
(4) Other	2i(4)		
(5) Total administrative expenses. Add lines 2i(1) through (4)	2i(5)		66127
j Total expenses. Add all expense amounts in column (b) and enter total	2j		1707296
Net Income and Reconciliation			
k Net income (loss). Subtract line 2j from line 2d	2k		-2554117
l Transfers of assets:			
(1) To this plan	2l(1)		29053
(2) From this plan	2l(2)		67444

Part III Accountant's Opinion

3 Complete lines 3a through 3c if the opinion of an independent qualified public accountant is attached to this Form 5500. Complete line 3d if an opinion is not attached.

a The attached opinion of an independent qualified public accountant for this plan is (see instructions):

(1) ☒ Unmodified (2) ☐ Qualified (3) ☐ Disclaimer (4) ☐ Adverse

b Check the appropriate box(es) to indicate whether the IQPA performed an ERISA section 103(a)(3)(C) audit. Check both boxes (1) and (2) if the audit was performed pursuant to both 29 CFR 2520.103-8 and 29 CFR 2520.103-12(d). Check box (3) if pursuant to neither.

(1) ☒ DOL Regulation 2520.103-8 (2) ☐ DOL Regulation 2520.103-12(d) (3) ☐ neither DOL Regulation 2520.103-8 nor DOL Regulation 2520.103-12(d).

c Enter the name and EIN of the accountant (or accounting firm) below:

(1) Name: **MACALPINE, CARLL & CO. LLC**

(2) EIN: **23-3025433**

d The opinion of an independent qualified public accountant is **not attached** because:

(1) ☐ This form is filed for a CCT, PSA, or MTIA. (2) ☐ It will be attached to the next Form 5500 pursuant to 29 CFR 2520.104-50.

Part IV Compliance Questions

4 CCTs and PSAs do not complete Part IV. MTIAs, 103-12 IEs, and GIAs do not complete lines 4a, 4e, 4f, 4g, 4h, 4k, 4m, 4n, or 5. 103-12 IEs also do not complete lines 4j and 4l. MTIAs also do not complete line 4l.

During the plan year:

a Was there a failure to transmit to the plan any participant contributions within the time period described in 29 CFR 2510.3-102? Continue to answer "Yes" for any prior year failures until fully corrected. (See instructions and DOL's Voluntary Fiduciary Correction Program.)

	Yes	No	Amount
4a		X	

	Yes	No	Amount
b Were any loans by the plan or fixed income obligations due the plan in default as of the close of the plan year or classified during the year as uncollectible? Disregard participant loans secured by participant's account balance. (Attach Schedule G (Form 5500) Part I if "Yes" is checked.)			
4b		X	
c Were any leases to which the plan was a party in default or classified during the year as uncollectible? (Attach Schedule G (Form 5500) Part II if "Yes" is checked.)			
4c		X	
d Were there any nonexempt transactions with any party-in-interest? (Do not include transactions reported on line 4a. Attach Schedule G (Form 5500) Part III if "Yes" is checked.)			
4d		X	
e Was this plan covered by a fidelity bond?	X		2000000
f Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesty?		X	
4f		X	
g Did the plan hold any assets whose current value was neither readily determinable on an established market nor set by an independent third party appraiser?			
4g		X	
h Did the plan receive any noncash contributions whose value was neither readily determinable on an established market nor set by an independent third party appraiser?			
4h		X	
i Did the plan have assets held for investment? (Attach schedule(s) of assets if "Yes" is checked, and see instructions for format requirements.)	X		
4i	X		
j Were any plan transactions or series of transactions in excess of 5% of the current value of plan assets? (Attach schedule of transactions if "Yes" is checked and see instructions for format requirements.)			
4j		X	
k Were all the plan assets either distributed to participants or beneficiaries, transferred to another plan, or brought under the control of the PBGC?			
4k		X	
l Has the plan failed to provide any benefit when due under the plan?			
4l		X	
m If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3.)			
4m		X	
n If 4m was answered "Yes," check the "Yes" box if you either provided the required notice or one of the exceptions to providing the notice applied under 29 CFR 2520.101-3.			
4n			

5a Has a resolution to terminate the plan been adopted during the plan year or any prior plan year? ☐ Yes ☒ No
If "Yes," enter the amount of any plan assets that reverted to the employer this year _____.

5b If, during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify the plan(s) to which assets or liabilities were transferred. (See instructions.)

5b(1) Name of plan(s)	5b(2) EIN(s)	5b(3) PN(s)
H&S FAMILY OF BAKERIES 401(K) PLAN	52-0748852	004

5c Was the plan a defined benefit plan covered under the PBGC insurance program at any time during this plan year? (See ERISA section 4021 and instructions.) ☐ Yes ☐ No ☐ Not determined
If "Yes" is checked, enter the My PAA confirmation number from the PBGC premium filing for this plan year _____.

SCHEDULE R (Form 5500) Department of the Treasury Internal Revenue Service Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation	Retirement Plan Information This schedule is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA) and section 6058(a) of the Internal Revenue Code (the Code). ► File as an attachment to Form 5500.	OMB No. 1210-0110 2022 This Form is Open to Public Inspection.
For calendar plan year 2022 or fiscal plan year beginning 01/01/2022 and ending 12/31/2022		
A Name of plan H&S FAMILY OF BAKERIES UNION 401(K) PLAN		B Three-digit plan number (PN) ► 005
C Plan sponsor's name as shown on line 2a of Form 5500 H&S BAKERY, INC.		D Employer Identification Number (EIN) 52-0748852
Part I Distributions		
All references to distributions relate only to payments of benefits during the plan year.		
1 Total value of distributions paid in property other than in cash or the forms of property specified in the instructions.....		1 0
2 Enter the EIN(s) of payor(s) who paid benefits on behalf of the plan to participants or beneficiaries during the year (if more than two, enter EINs of the two payors who paid the greatest dollar amounts of benefits): EIN(s): 75-3182674		
Profit-sharing plans, ESOPs, and stock bonus plans, skip line 3.		
3 Number of participants (living or deceased) whose benefits were distributed in a single sum, during the plan year.....		3
Part II Funding Information (If the plan is not subject to the minimum funding requirements of section 412 of the Internal Revenue Code or ERISA section 302, skip this Part.)		
4 Is the plan administrator making an election under Code section 412(d)(2) or ERISA section 302(d)(2)? ☐ Yes ☐ No ☐ N/A If the plan is a defined benefit plan, go to line 8.		
5 If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instructions and enter the date of the ruling letter granting the waiver. Date: Month _____ Day _____ Year _____ If you completed line 5, complete lines 3, 9, and 10 of Schedule MB and do not complete the remainder of this schedule.		
6 a Enter the minimum required contribution for this plan year (include any prior year accumulated funding deficiency not waived).....		6a
b Enter the amount contributed by the employer to the plan for this plan year.....		6b
c Subtract the amount in line 6b from the amount in line 6a. Enter the result (enter a minus sign to the left of a negative amount).....		6c
If you completed line 6c, skip lines 8 and 9.		
7 Will the minimum funding amount reported on line 6c be met by the funding deadline? ☐ Yes ☐ No ☐ N/A		
8 If a change in actuarial cost method was made for this plan year pursuant to a revenue procedure or other authority providing automatic approval for the change or a class ruling letter, does the plan sponsor or plan administrator agree with the change? ☐ Yes ☐ No ☐ N/A		
Part III Amendments		
9 If this is a defined benefit pension plan, were any amendments adopted during this plan year that increased or decreased the value of benefits? If yes, check the appropriate box. If no, check the "No" box..... ☐ Increase ☐ Decrease ☐ Both ☐ No		
Part IV ESOPs (see instructions). If this is not a plan described under section 409(a) or 4975(e)(7) of the Internal Revenue Code, skip this Part.		
10 Were unallocated employer securities or proceeds from the sale of unallocated securities used to repay any exempt loan?.....		☐ Yes ☐ No
11 a Does the ESOP hold any preferred stock?.....		☐ Yes ☐ No
b If the ESOP has an outstanding exempt loan with the employer as lender, is such loan part of a "back-to-back" loan? (See instructions for definition of "back-to-back" loan.).....		☐ Yes ☐ No
12 Does the ESOP hold any stock that is not readily tradable on an established securities market?.....		☐ Yes ☐ No
For Paperwork Reduction Act Notice, see the Instructions for Form 5500.		Schedule R (Form 5500) 2022 v. 220413

Part V Additional Information for Multiemployer Defined Benefit Pension Plans

13 Enter the following information for each employer that (1) contributed more than 5% of total contributions to the plan during the plan year or (2) was one of the top-ten highest contributors (measured in dollars). See instructions. *Complete as many entries as needed to report all applicable employers.*

a Name of contributing employer

b EIN

c Dollar amount contributed by employer

d Date collective bargaining agreement expires (If employer contributes under more than one collective bargaining agreement, check box ☐ and see instructions regarding required attachment. Otherwise, enter the applicable date.) Month _____ Day _____ Year _____

e Contribution rate information (If more than one rate applies, check this box ☐ and see instructions regarding required attachment. Otherwise, complete lines 13e(1) and 13e(2).)

(1) Contribution rate (in dollars and cents) _____

(2) Base unit measure: ☐ Hourly ☐ Weekly ☐ Unit of production ☐ Other (specify): _____

a Name of contributing employer

b EIN

c Dollar amount contributed by employer

d Date collective bargaining agreement expires (If employer contributes under more than one collective bargaining agreement, check box ☐ and see instructions regarding required attachment. Otherwise, enter the applicable date.) Month _____ Day _____ Year _____

e Contribution rate information (If more than one rate applies, check this box ☐ and see instructions regarding required attachment. Otherwise, complete lines 13e(1) and 13e(2).)

(1) Contribution rate (in dollars and cents) _____

(2) Base unit measure: ☐ Hourly ☐ Weekly ☐ Unit of production ☐ Other (specify): _____

a Name of contributing employer

b EIN

c Dollar amount contributed by employer

d Date collective bargaining agreement expires (If employer contributes under more than one collective bargaining agreement, check box ☐ and see instructions regarding required attachment. Otherwise, enter the applicable date.) Month _____ Day _____ Year _____

e Contribution rate information (If more than one rate applies, check this box ☐ and see instructions regarding required attachment. Otherwise, complete lines 13e(1) and 13e(2).)

(1) Contribution rate (in dollars and cents) _____

(2) Base unit measure: ☐ Hourly ☐ Weekly ☐ Unit of production ☐ Other (specify): _____

a Name of contributing employer

b EIN

c Dollar amount contributed by employer

d Date collective bargaining agreement expires (If employer contributes under more than one collective bargaining agreement, check box ☐ and see instructions regarding required attachment. Otherwise, enter the applicable date.) Month _____ Day _____ Year _____

e Contribution rate information (If more than one rate applies, check this box ☐ and see instructions regarding required attachment. Otherwise, complete lines 13e(1) and 13e(2).)

(1) Contribution rate (in dollars and cents) _____

(2) Base unit measure: ☐ Hourly ☐ Weekly ☐ Unit of production ☐ Other (specify): _____

a Name of contributing employer

b EIN

c Dollar amount contributed by employer

d Date collective bargaining agreement expires (If employer contributes under more than one collective bargaining agreement, check box ☐ and see instructions regarding required attachment. Otherwise, enter the applicable date.) Month _____ Day _____ Year _____

e Contribution rate information (If more than one rate applies, check this box ☐ and see instructions regarding required attachment. Otherwise, complete lines 13e(1) and 13e(2).)

(1) Contribution rate (in dollars and cents) _____

(2) Base unit measure: ☐ Hourly ☐ Weekly ☐ Unit of production ☐ Other (specify): _____

a Name of contributing employer

b EIN

c Dollar amount contributed by employer

d Date collective bargaining agreement expires (If employer contributes under more than one collective bargaining agreement, check box ☐ and see instructions regarding required attachment. Otherwise, enter the applicable date.) Month _____ Day _____ Year _____

e Contribution rate information (If more than one rate applies, check this box ☐ and see instructions regarding required attachment. Otherwise, complete lines 13e(1) and 13e(2).)

(1) Contribution rate (in dollars and cents) _____

(2) Base unit measure: ☐ Hourly ☐ Weekly ☐ Unit of production ☐ Other (specify): _____

14	Enter the number of deferred vested and retired participants (inactive participants), as of the beginning of the plan year, whose contributing employer is no longer making contributions to the plan for:		
	a The current plan year. Check the box to indicate the counting method used to determine the number of inactive participants: ☐ last contributing employer ☐ alternative ☐ reasonable approximation (see instructions for required attachment).....	14a	
	b The plan year immediately preceding the current plan year. ☐ Check the box if the number reported is a change from what was previously reported (see instructions for required attachment)	14b	
	c The second preceding plan year. ☐ Check the box if the number reported is a change from what was previously reported (see instructions for required attachment)	14c	
15	Enter the ratio of the number of participants under the plan on whose behalf no employer had an obligation to make an employer contribution during the current plan year to:		
	a The corresponding number for the plan year immediately preceding the current plan year.....	15a	
	b The corresponding number for the second preceding plan year.....	15b	
16	Information with respect to any employers who withdrew from the plan during the preceding plan year:		
	a Enter the number of employers who withdrew during the preceding plan year	16a	
	b If line 16a is greater than 0, enter the aggregate amount of withdrawal liability assessed or estimated to be assessed against such withdrawn employers.....	16b	
17	If assets and liabilities from another plan have been transferred to or merged with this plan during the plan year, check box and see instructions regarding supplemental information to be included as an attachment ☐		

Part VI	Additional Information for Single-Employer and Multiemployer Defined Benefit Pension Plans
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18	If any liabilities to participants or their beneficiaries under the plan as of the end of the plan year consist (in whole or in part) of liabilities to such participants and beneficiaries under two or more pension plans as of immediately before such plan year, check box and see instructions regarding supplemental information to be included as an attachment ☐
19	If the total number of participants is 1,000 or more, complete lines (a) through (c) a Enter the percentage of plan assets held as: Stock: _____% Investment-Grade Debt: _____% High-Yield Debt: _____% Real Estate: _____% Other: _____% b Provide the average duration of the combined investment-grade and high-yield debt: ☐ 0-3 years ☐ 3-6 years ☐ 6-9 years ☐ 9-12 years ☐ 12-15 years ☐ 15-18 years ☐ 18-21 years ☐ 21 years or more c What duration measure was used to calculate line 19(b)? ☐ Effective duration ☐ Macaulay duration ☐ Modified duration ☐ Other (specify): _____
20	PBGC missed contribution reporting requirements. If this is a multiemployer plan or a single-employer plan that is not covered by PBGC, skip line 20. a Is the amount of unpaid minimum required contributions for all years from Schedule SB (Form 5500) line 40 greater than zero? ☐ Yes ☐ No b If line 20a is "Yes," has PBGC been notified as required by ERISA sections 4043(c)(5) and/or 303(k)(4)? Check the applicable box: ☐ Yes. ☐ No. Reporting was waived under 29 CFR 4043.25(c)(2) because contributions equal to or exceeding the unpaid minimum required contribution were made by the 30th day after the due date. ☐ No. The 30-day period referenced in 29 CFR 4043.25(c)(2) has not yet ended, and the sponsor intends to make a contribution equal to or exceeding the unpaid minimum required contribution by the 30th day after the due date. ☐ No. Other. Provide explanation _____

H & S FAMILY OF BAKERIES
UNION 401(K) PLAN

FINANCIAL REPORT

DECEMBER 31, 2022

MACALPINE CARLL & COMPANY LLC

CERTIFIED PUBLIC ACCOUNTANTS

The Washington, Suite 1180
530 Walnut Street
Philadelphia, Pennsylvania 19106-3645

Charles Adams, CPA
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INDEPENDENT AUDITOR'S REPORT

To the Administrative Committee of
the H & S Family of Bakeries Union 401(k) Plan

Scope and Nature of the ERISA Section 103(a)(3)(C) Audit

We have performed audits of the accompanying financial statements of H & S Family of Bakeries Union 401(k) Plan, an employee benefit plan subject to the Employee Retirement Income Security Act of 1974 (ERISA), as permitted by ERISA Section 103(a)(3)(C). The financial statements comprise the statements of net assets available for benefits as of December 31, 2022 and 2021, and the related statements of changes in net assets available for benefits for the year ended December 31, 2022 and the eight months ended December 31, 2021, and the related notes to the financial statements.

Management, having determined it is permissible in the circumstances, has elected to have the audits of H & S Family of Bakeries Union 401(k) Plan's financial statements performed in accordance with ERISA Section 103(a)(3)(C) pursuant to 29 CFR 2520.103-8 of the Department of Labor's Rules and Regulations for Reporting and Disclosure under ERISA. As permitted by ERISA Section 103(a)(3)(C), our audits need not extend to any statements or information related to assets held for investment of the plan (investment information) by a bank or similar institution or insurance carrier that is regulated, supervised, and subject to periodic examination by a state or federal agency, provided that the statements or information regarding assets so held are prepared and certified to by the bank or similar institution or insurance carrier in accordance with 29 CFR 2520.103-5 of the Department of Labor's Rules and Regulations for Reporting and Disclosure under ERISA (qualified institution).

Management has obtained a certification from a qualified institution as of and for the year ended December 31, 2022 and the eight months ended December 31, 2021, stating that the certified investment information, as described in Note 4 to the financial statements, is complete and accurate.

Opinion

In our opinion, based on our audits and on the procedures performed as described in the Auditor's Responsibilities for the Audit of the Financial Statements section-

- the amounts and disclosures in the financial statements referred to above, other than those agreed to or derived from the certified investment information, are presented fairly, in all material respects, in accordance with accounting principles generally accepted in the United States of America.
- the information in the financial statements referred to above related to assets held by and certified to by a qualified institution agrees to, or is derived from, in all material respects, the information prepared and certified by an institution that management determined meets the requirements of ERISA Section 103(a)(3)(C).

Basis for Opinion

We conducted our audits in accordance with auditing standards generally accepted in the United States of America (GAAS). Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Statements section of our report. We are required to be independent of H & S Family of Bakeries Union 401(k) Plan and to meet our other ethical responsibilities in accordance with the relevant ethical requirements relating to our audits. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our ERISA Section 103(a)(3)(C) audit opinion.

Responsibilities of Management for the Financial Statements

Management is responsible for the preparation and fair presentation of the financial statements in accordance with accounting principles generally accepted in the United States of America, and for the design, implementation, and maintenance of internal control relevant to the preparation and fair presentation of financial statements that are free from material misstatement, whether due to fraud or error. Management's election of the ERISA Section 103(a)(3)(C) audit does not affect management's responsibility for the financial statements.

In preparing the financial statements, management is required to evaluate whether there are conditions or events, considered in the aggregate, that raise substantial doubt about H & S Family of Bakeries Union 401(k) Plan's ability to continue as a going concern for one year after the date the financial statements are available to be issued.

Management is also responsible for maintaining a current plan instrument, including all plan amendments; administering the plan; and determining that the plan's transactions that are presented and disclosed in the financial statements are in conformity with the plan's provisions, including maintaining sufficient records with respect to each of the participants, to determine the benefits due or which may become due to such participants.

Auditor's Responsibilities for the Audit of the Financial Statements

Except as described in the Scope and Nature of the ERISA Section 103(a)(3)(C) Audit section of our report, our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not absolute assurance and therefore is not a guarantee that an audit conducted in accordance with GAAS will always detect a material misstatement when it exists. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control. Misstatements are considered material if there is a substantial likelihood that, individually or in the aggregate, they would influence the judgment made by a reasonable user based on the financial statements.

In performing an audit in accordance with GAAS, we:

- Exercise professional judgment and maintain professional skepticism throughout the audit.
- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, and design and perform audit procedures responsive to those risks. Such procedures include examining, on a test basis, evidence regarding the amounts and disclosures in the financial statements.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion of the effectiveness of H & S Family of Bakeries Union 401(k) Plan's internal control. Accordingly, no such opinion is expressed.
- Evaluate the appropriateness of accounting policies used and the reasonableness of significant accounting estimates made by management, as well as evaluate the overall presentation of the financial statements.
- Conclude whether, in our judgment, there are conditions or events, considered in the aggregate, that raise substantial doubt about H & S Family of Bakeries Union 401(k) Plan's ability to continue as a going concern for a reasonable period of time.

Our audits did not extend to the certified investment information, except for obtaining and reading the certification, comparing the certified investment information with the related information presented and disclosed in the financial statements, and reading the disclosures relating to the certified investment information to assess whether they are in accordance with the presentation and disclosure requirements of accounting principles generally accepted in the United States of America.

Accordingly, the objective of an ERISA Section 103(a)(3)(C) audit is not to express an opinion about whether the financial statements as a whole are presented fairly, in all material respects, in accordance with accounting principles generally accepted in the United States of America.

We are required to communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit, significant audit findings, and certain internal control-related matters that we identified during the audit.

Supplemental Schedule Required by ERISA

The supplemental schedule of assets (held at end of year) as of December 31, 2022 is presented for purposes of additional analysis and is not a required part of the financial statements but is supplementary information required by the Department of Labor's Rules and Regulations for Reporting and Disclosure under ERISA. Such information is the responsibility of management and was derived from and relates directly to the underlying accounting and other records used to prepare the financial statements. The information included in the supplemental schedule, other than that agreed to or derived from the certified investment information, has been subjected to auditing procedures applied in the audit of the financial statements and certain additional procedures, including comparing and reconciling such information directly to the underlying accounting and other records used to prepare the financial statements or to the financial statements themselves, and other additional procedures in accordance with GAAS. For information included in the supplemental schedules that agreed to or is derived from the certified investment information, we compared such information to the related certified investment information.

In forming our opinion on the supplemental schedule, we evaluated whether the supplemental schedule, other than the information agreed to or derived from the certified investment information, including their form and content, are presented in conformity with the Department of Labor's Rules and Regulations for Reporting and Disclosure under ERISA.

In our opinion-

- the form and content of the supplemental schedule, other than the information in the supplemental schedule that agree to or is derived from the certified investment information, is presented, in all material respects in conformity with the Department of Labor's Rules and Regulations for Reporting and Disclosure under ERISA.
- the information in the supplemental schedule related to assets held by and certified to by a qualified institution agrees to or is derived from, in all material respects, the information prepared and certified by an institution that management determined meets the requirements of ERISA Section 103(a)(3)(C).

Modulpine Co. LLC + Co. LLC

October 12, 2023

H & S FAMILY OF BAKERIES UNION 401(K) PLAN
STATEMENTS OF NET ASSETS AVAILABLE FOR BENEFITS
December 31, 2022 and 2021

	<u>2 0 2 2</u>	<u>2 0 2 1</u>
ASSETS		
Investments, at fair value:		
Shares of registered investment companies (Note 4)	<u>\$12,250,756</u>	<u>\$14,886,434</u>
Receivables:		
Employer contributions	\$ 7,383	\$ 11,088
Participants contributions	454	1,144
Notes receivable from participants	785,168	779,036
Dividends receivable	13,709	2,091
	<u>\$ 806,714</u>	<u>\$ 793,359</u>
Cash and cash equivalents	<u>\$ 32,155</u>	<u>\$ 2,340</u>
<i>Total assets</i>	<u><i>\$13,089,625</i></u>	<u><i>\$15,682,133</i></u>
LIABILITIES		
Accrued expenses	\$ -	\$ -
<i>Total liabilities</i>	<u>\$ -</u>	<u>\$ -</u>
NET ASSETS AVAILABLE FOR BENEFITS	<u>\$13,089,625</u>	<u>\$15,682,133</u>

See Notes to Financial Statements.

H & S FAMILY OF BAKERIES UNION 401(K) PLAN

STATEMENTS OF CHANGES IN NET ASSETS AVAILABLE FOR BENEFITS Year Ended December 31, 2022 and Eight Months Ended December 31, 2021

	<u>2 0 2 2</u>	<u>2 0 2 1</u>
ADDITIONS		
Additions to net assets attributed to:		
Investment income:		
Net (depreciation) in fair value of investments (Note 4)	\$ (2,641,763)	\$ (61,138)
Dividends	351,653	884,272
Other income	340	79
Total investment (loss) income	<u>\$(2,289,770)</u>	<u>\$ 823,213</u>
Interest income on notes receivable from participants	<u>\$ 44,700</u>	<u>\$ 30,387</u>
Contributions:		
Participants	\$ 974,219	\$ 707,894
Employer	424,030	232,429
Transfers in (Note 10)	29,053	78,303
	<u>\$ 1,427,302</u>	<u>\$ 1,018,626</u>
Total (reductions) additions	<u>\$ (817,768)</u>	<u>\$ 1,872,226</u>
DEDUCTIONS		
Deductions from net assets attributed to:		
Benefits paid to participants	\$ 1,530,580	\$ 1,327,876
Deemed distributions (default)	110,589	46,894
Administrative expenses	66,127	33,456
Transfers out (Note 10)	<u>67,444</u>	<u>91,772</u>
Total deductions	<u>\$ 1,774,740</u>	<u>\$ 1,499,998</u>
Net (decrease) increase	<u>\$(2,592,508)</u>	<u>\$ 372,228</u>
TRANSFERS TO THE PLAN AT MERGER		
Cash transferred in	\$ -	\$14,541,409
Loans transferred in	<u>-</u>	<u>768,496</u>
Total transfers in	<u>\$ -</u>	<u>\$15,309,905</u>
NET ASSETS AVAILABLE FOR BENEFITS		
Beginning of year	<u>\$15,682,133</u>	<u>\$ -</u>
End of year	<u>\$13,089,625</u>	<u>\$15,682,133</u>

See Notes to Financial Statements.

H & S FAMILY OF BAKERIES UNION 401(K) PLAN

NOTES TO FINANCIAL STATEMENTS

Note 1. Description of Plan

The name of this Plan is H & S Family of Bakeries Union 401(k) Plan (the Plan).

The Plan became effective on April 19, 2021.

Plan Merger

On April 19, 2021, the H & S Family of Bakeries Union 401(k) Plan was formed and funded through the merger of nine separate 401(k) plans. These nine plans transferred in a total of \$14,541,409 of cash and \$768,496 of participant loans. The total transferred in of \$15,309,905 was derived from the following plans:

- H & S Bakery, Inc. 401(k) Plan & Trust for Union Employees
- Schmidt Baking Teamsters Local 992 Transport Drivers 401(k) Plan
- Bakers Express of Maryland, Inc. 401(k) Retirement Plan
- Automatic Rolls of New England 401(k) Plan and Trust
- Mid-Atlantic Union Members of Local 68 401(k) Plan and Trust
- Fullerton Union Employees Plan Local 68
- Loaders & Drivers Local 68 401(k) Plan
- Automatic Rolls of New Jersey 401(k) Plan and Trust
- Automatic Rolls of Baltimore 401(k) Plan and Trust

The following description of the Plan provides only general information. Participants should refer to the Plan agreement for a more complete description of the Plan's provisions.

- A. GENERAL. The Plan is a defined contribution plan covering certain union employees of H & S Bakery, Inc., Schmidt Baking Company, Inc., Bakers Express of Maryland, Inc., Mid-Atlantic Baking Company, LLC, and Northeast Foods, Inc. (sponsors) who are at least 21 years of age with one year of service (to include a minimum of 1,000 hours). The Plan is subject to the provisions of the Employee Retirement Income Security Act of 1974 (ERISA). The Board of Trustees oversees governance of the Plan. The Plan's investment Committee determines the appropriateness of the Plan's investment offerings, monitors investment performance, and reports to the Plan's Board of Trustees.

NOTES TO FINANCIAL STATEMENTS

Note 1. Description of Plan (Continued)

- B. CONTRIBUTIONS. Each year, participants may contribute up to 100% of their compensation up to IRS imposed total annual dollar limitations. Contributions may also be designated as Roth deferrals. Participants direct the investment of their contributions into various investment options offered by the Plan. The Plan currently offers thirty mutual funds and one money market fund as investment options for participants. The sponsors may make discretionary matching contributions equal to a uniform percentage of salary deferrals (fifty percent of the first five percent of a participant's salary deferral). Other employer non-elective, qualified matching, and qualified non-elective contributions are allowed under the Plan. Contributions are subject to certain limitations.
- C. PARTICIPANT ACCOUNTS. Each participant's account is credited with the participant's contribution and allocations of the Company's matching contribution, Plan earnings (losses), and charged with an allocation of administrative expenses paid by the plan. Allocations are based on participant earnings or account balances, as defined. The benefit to which a participant is entitled is the benefit that can be provided from the participant's vested account.
- D. VESTING. Participants are vested immediately in their salary deferral and rollover contributions plus actual earnings thereon. Vesting in the Company's contribution portion of their accounts is based on years of continuous service. A participant is 100% vested after six years of credited services, as follows:

<u>Years of Service</u>	<u>% Vested</u>
0-1	0%
2	20%
3	40%
4	60%
5	80%
6 or more	100%

NOTES TO FINANCIAL STATEMENTS

Note 1. Description of Plan (Continued)

- E. PAYMENT OF BENEFITS. On termination of service due to death, disability or retirement, the Plan provides that a participant will receive a lump sum distribution in an amount equal to the value of the participant's vested interest in his or her account as soon as administratively feasible following the date on which a distribution is requested or is payable. In addition, in-service hardship withdrawals from a participant's salary deferral and rollover account are allowed. For termination of service due to other reasons, payment will be made at the participant's election as soon as administratively feasible. If the vested balance is less than \$5,000, an involuntary distribution will be processed as follows: If the vested account balance is between \$1,000 and \$5,000, a direct rollover will be made of the vested account balance into an Individual Retirement Account or Annuity; if the amount is under \$1,000 and no rollover instructions have been provided, the participant will receive a check representing the vested account balance less any applicable withheld taxes.
- F. NOTES RECEIVABLE FROM PARTICIPANTS. Participants may borrow from their fund accounts a minimum of \$1,000 up to a maximum equal to the lesser of \$50,000 or 50% of their vested account balance. The notes are secured by the balance in the participant's account and bear interest at rates ranging from 5.25% to 9.50%, which are commensurate with local prevailing rates as determined by the Plan administrator. Principal and interest is paid ratably through payroll deductions. The notes generally must be repaid in five years unless the proceeds are used for the purchase of a primary residence. A note is considered in default if any scheduled payment remains unpaid for 90 days.
- G. FORFEITED ACCOUNTS. At December 31, 2022 and 2021, the balance of forfeited nonvested accounts totaled \$7,871 and \$19,218, respectively. Forfeited nonvested contributions will be used first to restore participant forfeitures; then to offset plan expenses; then to reduce the Company match; then to reduce any other employer contribution. During 2022 and 2021, \$32,634 and \$-0- of forfeited contributions were used for payment of plan expenses. Total forfeitures added to the forfeiture account were \$21,209 of forfeitures and \$78 of investment earnings and \$7,406 of forfeitures and \$-0- of investment earnings in 2022 and 2021, respectively. Total forfeitures transferred to the forfeiture account were \$-0- and \$11,812 in 2022 and 2021, respectively.

NOTES TO FINANCIAL STATEMENTS

Note 1. Description of Plan (Continued)

H. UNALLOCATED ASSETS. At December 31, 2022 and 2021, the Plan had \$195 and \$2,552, respectively, in a fee recapture account which is funded by the Plan's third-party administrator, Northwest Plan Services, Inc. During 2022 and 2021, \$1 and \$-0-, respectively, in revenue sharing was deposited into the account. During 2022 and 2021, \$2,932 and \$18,649, respectively, of the Plan expenses were paid from the account. During 2022 and 2021, \$574 and \$21,201, respectively, was transferred to the account. The fee recapture account will be used first to pay Plan expenses. Any amounts in excess of Plan expenses will be available to be reallocated to Plan participants, at the direction of the Plan sponsor.

Note 2. Significant Accounting Policies

Date of Management's Review

Subsequent events were evaluated through October 12, 2023, the date the financial statements were available to be issued.

Basis of Accounting

The accompanying financial statements are prepared on the accrual basis accounting.

Valuation of Investments and Income Recognition

Investments are reported at fair value. Fair value is the price that would be received to sell an asset or paid to transfer a liability in an orderly transaction between market participants at the measurement date. The Investment Committee determines the Plan's valuation policies. See Note 5 for disclosure of fair value measurements. Purchases and sales of securities are recorded on a trade-date basis. Interest income is recorded on the accrual basis. Dividends are recorded on the ex-dividend date. Net appreciation includes the Plan's gains and losses on investments bought and sold as well as held during the year.

Net investment returns reflect certain fees paid by the investment funds to their affiliated investment advisors, transfer agents, and others as further described in each fund prospectus or their published documents. These fees are deducted prior to allocation of the Plan's investment earnings activity and thus are not separately identifiable as an expense.

NOTES TO FINANCIAL STATEMENTS

Note 2. Significant Accounting Policies (Continued)

Payment of Benefits

Benefits are recorded when paid.

Notes Receivable from Participants

Notes receivable are reported at their unpaid principal balance plus any accrued interest. Delinquent participant notes are reclassified as distributions based on the terms of the Plan document.

Use of Estimates

The preparation of financial statements in accordance with accounting principles generally accepted in the United States of America requires the plan administrator to make estimates and assumptions that affect certain reported amounts of assets and liabilities and changes therein, and disclosures of contingent assets and liabilities. Accordingly, actual results may differ from those estimates.

Note 3. Plan Termination

The sponsors have the right under the Plan to discontinue their contributions at any time and to terminate the Plan subject to the provisions of ERISA. In the event of Plan termination, participants would become 100% vested in their accounts.

Note 4. Information Prepared and Certified by Trustee

All investment information disclosed in the accompanying financial statements and schedule including investments held at December 31, 2022, and net appreciation (depreciation) in fair value of investments and interest and dividend income for the year ended December 31, 2022 and the eight months ended December 31, 2021, was derived from information supplied to the Plan administrator and certified as complete and accurate by the trustee, Matrix Trust Company in accordance with Section 2520.103-5 of the Department of Labor Rules and Regulations for Reporting and Disclosure under the Employee Retirement Income Security Act of 1974.

NOTES TO FINANCIAL STATEMENTS

Note 4. Information Prepared and Certified by Trustee (Continued)

	<u>2 0 2 2</u>	<u>2 0 2 1</u>
<u>Investments, at fair value:</u>		
Alger Spectra Fund		
55,033 shares (*)	\$ 850,257	
56,975 shares (*)		\$ 1,481,929
American Funds 2010 Target Date Retirement Fund		
777 shares	\$ 8,414	
435 shares		\$ 5,381
American Funds 2015 Target Date Retirement Fund		
378 shares	\$ 4,266	
270 shares		\$ 3,537
American Funds 2020 Target Date Retirement Fund		
2,347 shares	\$ 28,681	
1,722 shares		\$ 24,659
American Funds 2025 Target Date Retirement Fund		
1,124 shares	\$ 15,207	
375 shares		\$ 6,059
American Funds 2030 Target Date Retirement Fund		
2,193 shares	\$ 31,989	
1,150 shares		\$ 20,546
American Funds 2035 Target Date Retirement Fund		
3,255 shares	\$ 50,586	
1,851 shares		\$ 36,323
American Funds 2040 Target Date Retirement Fund		
4,321 shares	\$ 69,174	
2,563 shares		\$ 53,122
American Funds 2045 Target Date Retirement Fund		
4,422 shares	\$ 72,123	
2,903 shares		\$ 61,950

NOTES TO FINANCIAL STATEMENTS

Note 4. Information Prepared and Certified by Trustee (Continued)

	<u>2 0 2 2</u>	<u>2 0 2 1</u>
<u>Investments, at fair value:</u> (Continued)		
American Funds 2050 Target Date Retirement Fund		
3,712 shares	\$ 59,136	
2,243 shares		\$ 47,295
American Funds 2055 Target Date Retirement Fund		
1,432 shares	\$ 28,590	
564 shares		\$ 14,987
American Funds 2060 Target Date Retirement Fund		
432 shares	\$ 5,823	
0 shares		\$ -
American Funds 2065 Target Date Retirement Fund		
37 shares	\$ 482	
172 shares		\$ 2,901
American Funds American Balanced Fund		
76,581 shares (*)	\$ 2,203,241	
78,351 shares (*)		\$ 2,623,207
American Funds Growth Fund of America		
32,728 shares (*)	\$ 1,620,386	
35,349 shares (*)		\$ 2,628,541
American Funds Small Cap World Fund		
386 shares	\$ 22,452	
615 shares		\$ 51,095
American Funds US Government Money Market Fund		
3,131,825 shares (*)	\$ 3,131,825	
3,041,076 shares (*)		\$ 3,041,076
Artisan Developing World Fund		
64 shares	\$ 838	
1,462 shares		\$ 32,462

NOTES TO FINANCIAL STATEMENTS

Note 4. Information Prepared and Certified by Trustee (Continued)

	<u>2 0 2 2</u>	<u>2 0 2 1</u>
<u>Investments, at fair value:</u> (Continued)		
Clearbridge International Growth Fund		
8,371 shares	\$ 452,143	
8,235 shares		\$ 568,819
Columbia Dividend Income Fund		
46,054 shares (*)	\$ 1,358,584	
47,601 shares (*)		\$ 1,533,709
Columbia Select Mid Cap Value Fund		
11,715 shares	\$ 139,414	
11,982 shares		\$ 167,631
Invesco Floating Rate ESG Fund		
5,639 shares	\$ 37,442	
5,750 shares		\$ 41,860
Lord Abbett Short Duration Income Fund		
6,184 shares	\$ 23,685	
6,059 shares		\$ 25,144
Metropolitan West Total Return Bond Fund		
33,440 shares	\$ 302,301	
31,860 shares		\$ 347,594
Principal Real Estate Securities Fund		
2,187 shares	\$ 55,149	
0 shares		\$ -
Templeton Foreign Fund		
32,558 shares	\$ 218,789	
36,203 shares		\$ 255,233
Touchstone Mid Cap Growth Fund		
14,329 shares	\$ 421,410	
15,798 shares		\$ 641,541

NOTES TO FINANCIAL STATEMENTS

Note 4. Information Prepared and Certified by Trustee (Continued)

	<u>2 0 2 2</u>	<u>2 0 2 1</u>
<u>Investments, at fair value: (Continued)</u>		
Undiscovered Managers Behavioral Value Fund		
3,773 shares	\$ 285,899	
2,941 shares		\$ 245,490
Vanguard 500 Index Fund		
190 shares	\$ 67,443	
100 shares		\$ 44,035
Vanguard Small Cap Growth Index Fund		
1,167 shares	\$ 82,315	
861 shares		\$ 85,217
Vanguard Total Bond Market Index Fund		
63,577 shares	\$ 602,712	
71,054 shares (*)		\$ 795,091

(*) Investments that represent 5% or more of the Plan's net assets as of the year end.

	<u>2 0 2 2</u>	<u>2 0 2 1</u>
<u>Cash and Cash Equivalents</u>	\$ 32,155	\$ 2,340

During 2022 and 2021, the Plan's mutual fund investments (including gains and losses on investments bought and sold, as well as held during the year) (depreciated) appreciated in value as follows:

	<u>2 0 2 2</u>	<u>2 0 2 1</u>
Realized	\$ (316,003)	\$ 30,384
Unrealized	(2,325,760)	(91,522)
	<u><u>\$ (2,641,763)</u></u>	<u><u>\$ (61,138)</u></u>

NOTES TO FINANCIAL STATEMENTS

Note 5. Fair Value Measurements

The Plan's investments are reported at fair value in the accompanying statement of net assets available for benefits. The methods used to measure fair value may produce an amount that may not be indicative of net realizable value or reflective of future fair values. Furthermore, although the Plan believes its valuation methods are appropriate and consistent with other market participants, the use of different methodologies or assumptions to measure the fair value of certain financial instruments could result in a different fair value at the reporting date.

The fair value measurement accounting literature establishes a fair value hierarchy that prioritizes the inputs to valuation techniques used to measure fair value. This hierarchy consists of three broad levels: Level 1 inputs consist of unadjusted quoted prices in active markets for identical assets and have the highest priority. Level 2 inputs consist of observable inputs other than quoted prices for identical assets (Level 1). Level 3 inputs are unobservable and have the lowest priority. The Plan uses appropriate valuation techniques based on the available inputs to measure the fair value of its investments. When available, the Plan measures fair value using Level 1 inputs because they generally provide the most reliable evidence of fair value. There are no Plan assets requiring the use of Level 2 or Level 3 inputs for the periods presented.

Level 1 Fair Value Measurements

The fair value of mutual funds is based on quoted net asset values of the shares as reported by the fund. The mutual funds held by the Plan are open-end mutual funds registered with the U.S. Securities and Exchange Commission. The funds must publish their daily net asset value and transact at that price. The mutual funds held by the Plan are considered to be actively traded.

The following table sets forth by level, within the fair value hierarchy, the Plan's assets at fair value as of December 31, 2022 and 2021:

	<u>December 31, 2022</u>	
	<u>Level 1</u>	<u>Total</u>
Mutual funds	<u>\$12,250,756</u>	<u>\$12,250,756</u>
	<u>December 31, 2021</u>	
	<u>Level 1</u>	<u>Total</u>
Mutual funds	<u>\$14,886,434</u>	<u>\$14,886,434</u>

NOTES TO FINANCIAL STATEMENTS

Note 6. Tax Status

On June 30, 2020, the Company received preapproval from the Internal Revenue Service that the Plan and related trust are designed in accordance with applicable sections of the Internal Revenue Code (IRC). Although the Plan has been amended and restated since receiving the determination letter, the Plan administrator and the Plan's tax counsel believe that the Plan is currently designed and being operated in compliance with the applicable requirements of the IRC, and therefore, believe that the plan is qualified and the related trust is tax-exempt.

U.S. Generally Accepted Accounting Principles require plan management to evaluate tax positions taken by the Plan and recognize a tax liability (or asset) if the plan has taken an uncertain position that more likely than not would not be sustained upon examination by the IRS. The plan is subject to routine audits by taxing jurisdictions; however, there are currently no audits for any tax periods in progress. The Plan administrator believes it is no longer subject to income tax examinations for the years prior to 2019.

Note 7. Investment and Administrative Expenses

Fees paid by the Plan Sponsor for administrative costs for the Plan for the year ended December 31, 2022 and the eight months ended December 31, 2021 were \$24,221 and \$31,983, respectively. These transactions qualify as party-in-interest transactions.

Note 8. Risks and Uncertainties

The Plan provides various investment options to its participants. Investment securities are exposed to various risks such as interest rate, market, and credit risks. Due to the level of risk associated with certain investment securities, it is at least reasonably possible that changes in the values of investment securities will occur in the near term and that such changes could materially affect the participants' account balances and the amounts reported in the statement of net assets available for benefits.

NOTES TO FINANCIAL STATEMENTS

Note 9. Reconciliation of Financial Statements to Schedule H of Form 5500

The following is a reconciliation of net assets available for benefits per the financial statements to Schedule H of the Form 5500:

	<u>2 0 2 2</u>	<u>2 0 2 1</u>
Net assets available for benefits per the financial statements	<u><u>\$13,089,625</u></u>	<u><u>\$15,682,133</u></u>
Net assets available for benefits per Schedule H to Form 5500	<u><u>\$13,089,625</u></u>	<u><u>\$15,682,133</u></u>
Cash per financial statements	<u><u>\$ 32,155</u></u>	<u><u>\$ 2,340</u></u>
Cash per Schedule H to Form 5500	<u><u>\$ 32,155</u></u>	<u><u>\$ 2,340</u></u>
Accrued expenses per financial statements	<u><u>\$ -</u></u>	<u><u>\$ -</u></u>
Accrued expenses per Schedule H to Form 5500	<u><u>\$ -</u></u>	<u><u>\$ -</u></u>

Note 10. Transfers

Transfers in and transfers out shown on the statements of changes in net assets available for benefits relate to balances received from or sent to related company Plans. The merger of the plans caused the large transfer in of plan assets (See Note 1). Participants occasionally change employment among related employers and their account balances are transferred to the new employer's plan.

H & S FAMILY OF BAKERIES UNION 401(K) PLAN**SPONSOR EIN: 52-0748852****PLAN NUMBER: 002****SCHEDULE H, LINE 4i - SCHEDULE OF ASSETS (HELD AT END OF YEAR)
AT DECEMBER 31, 2022**

<u>(a)</u>	<u>(b)</u> <u>Identity of Issue</u>	<u>(c)</u> <u>Description</u> <u>of</u> <u>Investment</u>	<u>(e)</u> <u>Current</u> <u>Value</u>
	Alger Spectra Fund	55,033 shares	\$ 850,257
	American Funds 2010 Target Date Retirement Fund	777 shares	\$ 8,414
	American Funds 2015 Target Date Retirement Fund	378 shares	\$ 4,266
	American Funds 2020 Target Date Retirement Fund	2,347 shares	\$ 28,681
	American Funds 2025 Target Date Retirement Fund	1,124 shares	\$ 15,207
	American Funds 2030 Target Date Retirement Fund	2,193 shares	\$ 31,989
	American Funds 2035 Target Date Retirement Fund	3,255 shares	\$ 50,586
	American Funds 2040 Target Date Retirement Fund	4,321 shares	\$ 69,174
	American Funds 2045 Target Date Retirement Fund	4,422 shares	\$ 72,123
	American Funds 2050 Target Date Retirement Fund	3,712 shares	\$ 59,136
	American Funds 2055 Target Date Retirement Fund	1,432 shares	\$ 28,590
	American Funds 2060 Target Date Retirement Fund	432 shares	\$ 5,823
	American Funds 2065 Target Date Retirement Fund	37 shares	\$ 482
	American Funds American Balanced Fund	76,581 shares	\$2,203,241

H & S FAMILY OF BAKERIES UNION 401(K) PLAN

SPONSOR EIN: 52-0748852

PLAN NUMBER: 002

**SCHEDULE H, LINE 4i - SCHEDULE OF ASSETS (HELD AT END OF YEAR)
AT DECEMBER 31, 2022
(Continued)**

<u>(a)</u>	<u>(b)</u> <u>Identity of Issue</u>	<u>(c)</u> <u>Description of Investment</u>	<u>(e)</u> <u>Current Value</u>
	American Funds Growth Fund of America	32,728 shares	\$1,620,386
	American Funds Small Cap World Fund	386 shares	\$ 22,452
	American Funds US Government Money Market Fund	3,131,825 shares	\$3,131,825
	Artisan Developing World Fund	64 shares	\$ 838
	Clearbridge International Growth Fund	8,371 shares	\$ 452,143
	Columbia Dividend Income Fund	46,054 shares	\$1,358,584
	Columbia Select Mid Cap Value Fund	11,715 shares	\$ 139,414
	Invesco Floating Rate ESG Fund	5,639 shares	\$ 37,442
	Lord Abbett Short Duration Income Fund	6,184 shares	\$ 23,685
	Metropolitan West Total Return Bond Fund	33,440 shares	\$ 302,301
	Principal Real Estate Securities Fund	2,187 shares	\$ 55,149
	Templeton Foreign Fund	32,558 shares	\$ 218,789
	Touchstone Mid Cap Growth Fund	14,329 shares	\$ 421,410
	Undiscovered Managers Behavioral Value Fund	3,773 shares	\$ 285,899
	Vanguard 500 Index Fund	190 shares	\$ 67,443
	Vanguard Small Cap Growth Index Fund	1,167 shares	\$ 82,315

H & S FAMILY OF BAKERIES UNION 401(K) PLAN

SPONSOR EIN: 52-0748852

PLAN NUMBER: 002

SCHEDULE H, LINE 4i - SCHEDULE OF ASSETS (HELD AT END OF YEAR)
AT DECEMBER 31, 2022
(Continued)

<u>(a)</u>	<u>(b)</u> <u>Identity of Issue</u>	<u>(c)</u> <u>Description</u> <u>of</u> <u>Investment</u>	<u>(e)</u> <u>Current</u> <u>Value</u>
	Vanguard Total Bond Market Index Fund	63,577 shares	\$ 602,712
*	Notes receivable from participants	5.25-9.50%	\$ 785,168

NOTE: An * in column (a) signifies a known party-in-interest to the Plan for the indicated investment.

Column (d) - Cost has been omitted due to the participant-directed nature of this plan.

The information in this schedule has been derived from information certified as to its completeness and accuracy by Matrix Trust Company, a qualified institution.