Form 5500

Department of the Treasury
Internal Revenue Service

Department of Labor
Employee Benefits Security Administration

Pension Benefit Guaranty Corporation

Annual Return/Report of Employee Benefit Plan

This form is required to be filed for employee benefit plans under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA) and sections 6057(b) and 6058(a) of the Internal Revenue Code (the Code).

▶ **Complete all entries in accordance with the instructions to the Form 5500.**

OMB Nos. 1210-0110
1210-0089

2023

This Form is Open to Public Inspection

Part I Annual Report Identification Information

For calendar plan year 2023 or fiscal plan year beginning 01/01/2023 and ending 12/31/2023

A This return/report is for:
- [ ] a multiemployer plan
- [ ] a multiple-employer plan (Filers checking this box must provide participating employer information in accordance with the form instructions.)
- [X] a single-employer plan
- [ ] a DFE (specify) ____

B This return/report is:
- [ ] the first return/report
- [ ] the final return/report
- [ ] an amended return/report
- [ ] a short plan year return/report (less than 12 months)

C If the plan is a collectively-bargained plan, check here. . . . . ▶ [ ]

D Check box if filing under:
- [X] Form 5558
- [ ] automatic extension
- [ ] the DFVC program
- [X] special extension (enter description) IR-2024-253 AND NC-2024-08

E If this is a retroactively adopted plan permitted by SECURE Act section 201, check here. . . . . ▶ [ ]

Part II Basic Plan Information—enter all requested information

1a Name of plan
WILMINGTON HEALTH, PLLC RETIREMENT PLAN

1b Three-digit plan number (PN) ▶ 001

1c Effective date of plan 11/01/1984

2a Plan sponsor's name (employer, if for a single-employer plan)
Mailing address (include room, apt., suite no. and street, or P.O. Box)
City or town, state or province, country, and ZIP or foreign postal code (if foreign, see instructions)
WILMINGTON HEALTH, PLLC

1202 MEDICAL CENTER DRIVE
WILMINGTON, NC 28401

2b Employer Identification Number (EIN) 56-1980160

2c Plan Sponsor's telephone number 910-341-3480

2d Business code (see instructions) 621111

Caution: A penalty for the late or incomplete filing of this return/report will be assessed unless reasonable cause is established.

Under penalties of perjury and other penalties set forth in the instructions, I declare that I have examined this return/report, including accompanying schedules, statements and attachments, as well as the electronic version of this return/report, and to the best of my knowledge and belief, it is true, correct, and complete.

SIGN HERE	Filed with authorized/valid electronic signature.	11/05/2024	JEFF JAMES
	Signature of plan administrator	Date	Enter name of individual signing as plan administrator
SIGN HERE			
	Signature of employer/plan sponsor	Date	Enter name of individual signing as employer or plan sponsor
SIGN HERE			
	Signature of DFE	Date	Enter name of individual signing as DFE

3a Plan administrator's name and address [X] Same as Plan Sponsor

3b Administrator's EIN

3c Administrator's telephone number

4 If the name and/or EIN of the plan sponsor or the plan name has changed since the last return/report filed for this plan, enter the plan sponsor's name, EIN, the plan name and the plan number from the last return/report:

a Sponsor's name

4b EIN

c Plan Name

4d PN

5	Total number of participants at the beginning of the plan year	**5**	1356
6	Number of participants as of the end of the plan year unless otherwise stated (welfare plans complete only lines **6a(1), 6a(2), 6b, 6c,** and **6d**).		
a(1)	Total number of active participants at the beginning of the plan year	**6a(1)**	1079
a(2)	Total number of active participants at the end of the plan year	**6a(2)**	1161
b	Retired or separated participants receiving benefits	**6b**	2
c	Other retired or separated participants entitled to future benefits	**6c**	261
d	Subtotal. Add lines **6a(2)**, **6b**, and **6c**.	**6d**	1424
e	Deceased participants whose beneficiaries are receiving or are entitled to receive benefits.	**6e**	4
f	Total. Add lines **6d** and **6e**.	**6f**	1428
g(1)	Number of participants with account balances as of the beginning of the plan year (only defined contribution plans complete this item)	**6g(1)**	1257
g(2)	Number of participants with account balances as of the end of the plan year (only defined contribution plans complete this item)	**6g(2)**	1345
h	Number of participants who terminated employment during the plan year with accrued benefits that were less than 100% vested	**6h**	36
7	Enter the total number of employers obligated to contribute to the plan (only multiemployer plans complete this item)	**7**	

8a If the plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Characteristics Codes in the instructions:

2A 2E 2F 2G 2J 2K 2R 2S 2T 3D

b If the plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Characteristics Codes in the instructions:

9a Plan funding arrangement (check all that apply)

- **(1)** [X] Insurance
- **(2)** [ ] Code section 412(e)(3) insurance contracts
- **(3)** [X] Trust
- **(4)** [ ] General assets of the sponsor

9b Plan benefit arrangement (check all that apply)

- **(1)** [X] Insurance
- **(2)** [ ] Code section 412(e)(3) insurance contracts
- **(3)** [X] Trust
- **(4)** [ ] General assets of the sponsor

10 Check all applicable boxes in 10a and 10b to indicate which schedules are attached, and, where indicated, enter the number attached. (See instructions)

a Pension Schedules

- **(1)** [X] **R** (Retirement Plan Information)
- **(2)** [ ] **MB** (Multiemployer Defined Benefit Plan and Certain Money Purchase Plan Actuarial Information) - signed by the plan actuary
- **(3)** [ ] **SB** (Single-Employer Defined Benefit Plan Actuarial Information) - signed by the plan actuary
- **(4)** [ ] **DCG** (Individual Plan Information) – Number Attached _____
- **(5)** [ ] **MEP** (Multiple-Employer Retirement Plan Information)

b General Schedules

- **(1)** [X] **H** (Financial Information)
- **(2)** [ ] **I** (Financial Information – Small Plan)
- **(3)** [X] **A** (Insurance Information) – Number Attached 1
- **(4)** [X] **C** (Service Provider Information)
- **(5)** [ ] **D** (DFE/Participating Plan Information)
- **(6)** [ ] **G** (Financial Transaction Schedules)

Part III Form M-1 Compliance Information (to be completed by welfare benefit plans)

11a If the plan provides welfare benefits, was the plan subject to the Form M-1 filing requirements during the plan year? (See instructions and 29 CFR 2520.101-2.) ..... ☐ Yes ☐ No

If "Yes" is checked, complete lines 11b and 11c.

11b Is the plan currently in compliance with the Form M-1 filing requirements? (See instructions and 29 CFR 2520.101-2.) ..... ☐ Yes ☐ No

11c Enter the Receipt Confirmation Code for the 2023 Form M-1 annual report. If the plan was not required to file the 2023 Form M-1 annual report, enter the Receipt Confirmation Code for the most recent Form M-1 that was required to be filed under the Form M-1 filing requirements. (Failure to enter a valid Receipt Confirmation Code will subject the Form 5500 filing to rejection as incomplete.)

Receipt Confirmation Code_____

SCHEDULE A
(Form 5500)

Department of the Treasury
Internal Revenue Service

Department of Labor
Employee Benefits Security Administration

Pension Benefit Guaranty Corporation

Insurance Information

This schedule is required to be filed under section 104 of the Employee Retirement Income Security Act of 1974 (ERISA).

▶ **File as an attachment to Form 5500.**

▶ Insurance companies are required to provide the information pursuant to ERISA section 103(a)(2).

OMB No. 1210-0110

2023

This Form is Open to Public Inspection

For calendar plan year 2023 or fiscal plan year beginning 01/01/2023 and ending 12/31/2023

A Name of plan
WILMINGTON HEALTH, PLLC RETIREMENT PLAN

B Three-digit plan number (PN) ▶ 001

C Plan sponsor's name as shown on line 2a of Form 5500
WILMINGTON HEALTH, PLLC

D Employer Identification Number (EIN)
56-1980160

Part I **Information Concerning Insurance Contract Coverage, Fees, and Commissions** Provide information for each contract on a separate Schedule A. Individual contracts grouped as a unit in Parts II and III can be reported on a single Schedule A.

1 Coverage Information:

(a) Name of insurance carrier
NEW YORK LIFE INSURANCE COMPANY

(b) EIN	**(c)** NAIC code	**(d)** Contract or identification number	**(e)** Approximate number of persons covered at end of policy or contract year	Policy or contract year	
				(f) From	**(g)** To
13-5582869	66915	47913669	1	01/01/2023	12/31/2023

2 Insurance fee and commission information. Enter the total fees and total commissions paid. List in line 3 the agents, brokers, and other persons in descending order of the amount paid.

(a) Total amount of commissions paid	**(b)** Total amount of fees paid
0	0

3 Persons receiving commissions and fees. (Complete as many entries as needed to report all persons).

(a) Name and address of the agent, broker, or other person to whom commissions or fees were paid

(b) Amount of sales and base commissions paid	Fees and other commissions paid		**(e)** Organization code
	(c) Amount	**(d)** Purpose	

(a) Name and address of the agent, broker, or other person to whom commissions or fees were paid

(b) Amount of sales and base commissions paid	Fees and other commissions paid		**(e)** Organization code
	(c) Amount	**(d)** Purpose	

(a) Name and address of the agent, broker, or other person to whom commissions or fees were paid

(b) Amount of sales and base commissions paid	Fees and other commissions paid		**(e)** Organization code
	(c) Amount	**(d)** Purpose	

(a) Name and address of the agent, broker, or other person to whom commissions or fees were paid

(b) Amount of sales and base commissions paid	Fees and other commissions paid		**(e)** Organization code
	(c) Amount	**(d)** Purpose	

(a) Name and address of the agent, broker, or other person to whom commissions or fees were paid

(b) Amount of sales and base commissions paid	Fees and other commissions paid		**(e)** Organization code
	(c) Amount	**(d)** Purpose	

(a) Name and address of the agent, broker, or other person to whom commissions or fees were paid

(b) Amount of sales and base commissions paid	Fees and other commissions paid		**(e)** Organization code
	(c) Amount	**(d)** Purpose	

(a) Name and address of the agent, broker, or other person to whom commissions or fees were paid

(b) Amount of sales and base commissions paid	Fees and other commissions paid		**(e)** Organization code
	(c) Amount	**(d)** Purpose	

Part II Investment and Annuity Contract Information

Where individual contracts are provided, the entire group of such individual contracts with each carrier may be treated as a unit for purposes of this report.

4	Current value of plan's interest under this contract in the general account at year end	4	
5	Current value of plan's interest under this contract in separate accounts at year end	5	

6 Contracts With Allocated Funds:

a State the basis of premium rates ▶ PER CONTRACT

b	Premiums paid to carrier	6b	13921
c	Premiums due but unpaid at the end of the year	6c	
d	If the carrier, service, or other organization incurred any specific costs in connection with the acquisition or retention of the contract or policy, enter amount. Specify nature of costs ▶	6d	

e Type of contract: (1) [X] individual policies (2) [ ] group deferred annuity (3) [ ] other (specify) ▶

f If contract purchased, in whole or in part, to distribute benefits from a terminating plan, check here ▶ [ ]

7 Contracts With Unallocated Funds (Do not include portions of these contracts maintained in separate accounts)

a Type of contract: (1) [ ] deposit administration (2) [ ] immediate participation guarantee (3) [ ] guaranteed investment (4) [ ] other ▶

b	Balance at the end of the previous year			7b	
c	Additions: (1) Contributions deposited during the year	7c(1)			
	(2) Dividends and credits	7c(2)			
	(3) Interest credited during the year	7c(3)			
	(4) Transferred from separate account	7c(4)			
	(5) Other (specify below) ▶	7c(5)			
	(6) Total additions			7c(6)	
d	Total of balance and additions (add lines **7b** and **7c(6)**)			7d	
e	Deductions:				
	(1) Disbursed from fund to pay benefits or purchase annuities during year	7e(1)			
	(2) Administration charge made by carrier	7e(2)			
	(3) Transferred to separate account	7e(3)			
	(4) Other (specify below) ▶	7e(4)			
	(5) Total deductions			7e(5)	
f	Balance at the end of the current year (subtract line **7e(5)** from line **7d**)			7f	

Part III Welfare Benefit Contract Information

If more than one contract covers the same group of employees of the same employer(s) or members of the same employee organizations(s), the information may be combined for reporting purposes if such contracts are experience-rated as a unit. Where contracts cover individual employees, the entire group of such individual contracts with each carrier may be treated as a unit for purposes of this report.

8 Benefit and contract type (check all applicable boxes)

a ☐ Health (other than dental or vision) **b** ☐ Dental **c** ☐ Vision **d** ☐ Life insurance

e ☐ Temporary disability (accident and sickness) **f** ☐ Long-term disability **g** ☐ Supplemental unemployment **h** ☐ Prescription drug

i ☐ Stop loss (large deductible) **j** ☐ HMO contract **k** ☐ PPO contract **l** ☐ Indemnity contract

m ☐ Other (specify) ▶

9 Experience-rated contracts:				
a Premiums: (1) Amount received	**9a(1)**			
(2) Increase (decrease) in amount due but unpaid	**9a(2)**			
(3) Increase (decrease) in unearned premium reserve	**9a(3)**			
(4) Earned (**(1)** + **(2)** - **(3)**)			**9a(4)**	
b Benefit charges (1) Claims paid	**9b(1)**			
(2) Increase (decrease) in claim reserves	**9b(2)**			
(3) Incurred claims (add **(1)** and **(2)**)			**9b(3)**	
(4) Claims charged			**9b(4)**	
c Remainder of premium: (1) Retention charges (on an accrual basis) --				
(A) Commissions	**9c(1)(A)**			
(B) Administrative service or other fees	**9c(1)(B)**			
(C) Other specific acquisition costs	**9c(1)(C)**			
(D) Other expenses	**9c(1)(D)**			
(E) Taxes	**9c(1)(E)**			
(F) Charges for risks or other contingencies	**9c(1)(F)**			
(G) Other retention charges	**9c(1)(G)**			
(H) Total retention			**9c(1)(H)**	
(2) Dividends or retroactive rate refunds. (These amounts were ☐ paid in cash, or ☐ credited.)			**9c(2)**	
d Status of policyholder reserves at end of year: (1) Amount held to provide benefits after retirement			**9d(1)**	
(2) Claim reserves			**9d(2)**	
(3) Other reserves			**9d(3)**	
e Dividends or retroactive rate refunds due. (Do not include amount entered in line **9c(2)**.)			**9e**	
10 Nonexperience-rated contracts:				
a Total premiums or subscription charges paid to carrier			**10a**	
b If the carrier, service, or other organization incurred any specific costs in connection with the acquisition or retention of the contract or policy, other than reported in Part I, line 2 above, report amount.			**10b**	

Specify nature of costs.

Part IV Provision of Information

11 Did the insurance company fail to provide any information necessary to complete Schedule A? ☐ Yes ☐ No

12 If the answer to line 11 is "Yes," specify the information not provided. ▶

SCHEDULE C (Form 5500)	Service Provider Information	OMB No. 1210-0110
Department of the Treasury Internal Revenue Service Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation	This schedule is required to be filed under section 104 of the Employee Retirement Income Security Act of 1974 (ERISA). ▶ **File as an attachment to Form 5500.**	**2023** **This Form is Open to Public Inspection.**

For calendar plan year 2023 or fiscal plan year beginning 01/01/2023 and ending 12/31/2023

A Name of plan
WILMINGTON HEALTH, PLLC RETIREMENT PLAN

B Three-digit plan number (PN) ▶ 001

C Plan sponsor's name as shown on line 2a of Form 5500
WILMINGTON HEALTH, PLLC

D Employer Identification Number (EIN)
56-1980160

Part I Service Provider Information (see instructions)

You must complete this Part, in accordance with the instructions, to report the information required for **each person** who received, directly or indirectly, $5,000 or more in total compensation (i.e., money or anything else of monetary value) in connection with services rendered to the plan or the person's position with the plan during the plan year. If a person received **only** eligible indirect compensation for which the plan received the required disclosures, you are required to answer line 1 but are not required to include that person when completing the remainder of this Part.

1 Information on Persons Receiving Only Eligible Indirect Compensation

a Check "Yes" or "No" to indicate whether you are excluding a person from the remainder of this Part because they received only eligible indirect compensation for which the plan received the required disclosures (see instructions for definitions and conditions).. . . . . [X] Yes [ ] No

b If you answered line 1a "Yes," enter the name and EIN or address of each person providing the required disclosures for the service providers who received only eligible indirect compensation. Complete as many entries as needed (see instructions).

(b) Enter name and EIN or address of person who provided you disclosures on eligible indirect compensation

MATRIX FINANCIAL SOLUTIONS

20-1591048

(b) Enter name and EIN or address of person who provided you disclosures on eligible indirect compensation

MATRIX TRUST COMPANY

75-3182674

(b) Enter name and EIN or address of person who provided you disclosures on eligible indirect compensation

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(b) Enter name and EIN or address of person who provided you disclosures on eligible indirect compensation

2. Information on Other Service Providers Receiving Direct or Indirect Compensation. Except for those persons for whom you answered "Yes" to line 1a above, complete as many entries as needed to list each person receiving, directly or indirectly, $5,000 or more in total compensation (i.e., money or anything else of value) in connection with services rendered to the plan or their position with the plan during the plan year. (See instructions).

(a) Enter name and EIN or address (see instructions)

MERRILL LYNCH

PO BOX 2016
LAKEWOOD, NJ 08701

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
27 50	NONE	158335	Yes [ ] No [X]	Yes [ ] No [ ]		Yes [ ] No [ ]

(a) Enter name and EIN or address (see instructions)

MILLIMAN, INC.

91-0675641

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
15 17 36 38 50 59 64 70	NONE	98451	Yes [ ] No [X]	Yes [ ] No [ ]		Yes [ ] No [ ]

(a) Enter name and EIN or address (see instructions)

WELLS FARGO

420 MONTGOMERY STREET
SAN FRANCISCO, CA 94163

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
27 50	NON	49640	Yes [ ] No [X]	Yes [ ] No [ ]		Yes [ ] No [ ]

2. Information on Other Service Providers Receiving Direct or Indirect Compensation. Except for those persons for whom you answered "Yes" to line 1a above, complete as many entries as needed to list each person receiving, directly or indirectly, $5,000 or more in total compensation (i.e., money or anything else of value) in connection with services rendered to the plan or their position with the plan during the plan year. (See instructions).

(a) Enter name and EIN or address (see instructions)

MATRIX TRUST COMPANY

75-3182674

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
19 25 50 62	NONE	20091	Yes [X] No [ ]	Yes [X] No [ ]	0	Yes [ ] No [X]

(a) Enter name and EIN or address (see instructions)

RBC CAPITAL MARKETS

200 VESEY STREET, 9TH FLOOR
NEW YORK, NY 10281

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
27 50	NONE	16018	Yes [ ] No [X]	Yes [ ] No [ ]		Yes [ ] No [ ]

(a) Enter name and EIN or address (see instructions)

NEW YORK LIFE LIFE INSURANCE CO.

51 MADISON AVENUE
NEW YORK, NY 10010

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
23 53	NONE	13720	Yes [ ] No [X]	Yes [ ] No [ ]		Yes [ ] No [ ]

2. Information on Other Service Providers Receiving Direct or Indirect Compensation. Except for those persons for whom you answered "Yes" to line 1a above, complete as many entries as needed to list each person receiving, directly or indirectly, $5,000 or more in total compensation (i.e., money or anything else of value) in connection with services rendered to the plan or their position with the plan during the plan year. (See instructions).

(a) Enter name and EIN or address (see instructions)

CHARLES SCHWAB

94-3106735

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
27 50	NONE	12131	Yes [ ] No [X]	Yes [ ] No [ ]		Yes [ ] No [ ]

(a) Enter name and EIN or address (see instructions)

RAYMOND JAMES

800 CARILLON PARKWAY
ST. PETERSBURG, FL 33716

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
27 50	NONE	7910	Yes [ ] No [X]	Yes [ ] No [ ]		Yes [ ] No [ ]

(a) Enter name and EIN or address (see instructions)

TIM LOONEY INVESTEMENTS, LLC

2180 SR 434, SUITE 6140
LONGWOOD, FL 32779

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
27 50	NONE	5230	Yes [ ] No [X]	Yes [ ] No [ ]		Yes [ ] No [ ]

Part I Service Provider Information (continued)

3. If you reported on line 2 receipt of indirect compensation, other than eligible indirect compensation, by a service provider, and the service provider is a fiduciary or provides contract administrator, consulting, custodial, investment advisory, investment management, broker, or recordkeeping services, answer the following questions for (a) each source from whom the service provider received $1,000 or more in indirect compensation and (b) each source for whom the service provider gave you a formula used to determine the indirect compensation instead of an amount or estimated amount of the indirect compensation. Complete as many entries as needed to report the required information for each source.

(a) Enter service provider name as it appears on line 2	**(b)** Service Codes (see instructions)	**(c)** Enter amount of indirect compensation
(d) Enter name and EIN (address) of source of indirect compensation	**(e)** Describe the indirect compensation, including any formula used to determine the service provider's eligibility for or the amount of the indirect compensation.	

(a) Enter service provider name as it appears on line 2	**(b)** Service Codes (see instructions)	**(c)** Enter amount of indirect compensation
(d) Enter name and EIN (address) of source of indirect compensation	**(e)** Describe the indirect compensation, including any formula used to determine the service provider's eligibility for or the amount of the indirect compensation.	

(a) Enter service provider name as it appears on line 2	**(b)** Service Codes (see instructions)	**(c)** Enter amount of indirect compensation
(d) Enter name and EIN (address) of source of indirect compensation	**(e)** Describe the indirect compensation, including any formula used to determine the service provider's eligibility for or the amount of the indirect compensation.	

Part II Service Providers Who Fail or Refuse to Provide Information

4 Provide, to the extent possible, the following information for each service provider who failed or refused to provide the information necessary to complete this Schedule.

(a) Enter name and EIN or address of service provider (see instructions)	**(b)** Nature of Service Code(s)	**(c)** Describe the information that the service provider failed or refused to provide

(a) Enter name and EIN or address of service provider (see instructions)	**(b)** Nature of Service Code(s)	**(c)** Describe the information that the service provider failed or refused to provide

(a) Enter name and EIN or address of service provider (see instructions)	**(b)** Nature of Service Code(s)	**(c)** Describe the information that the service provider failed or refused to provide

(a) Enter name and EIN or address of service provider (see instructions)	**(b)** Nature of Service Code(s)	**(c)** Describe the information that the service provider failed or refused to provide

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(a) Enter name and EIN or address of service provider (see instructions)	**(b)** Nature of Service Code(s)	**(c)** Describe the information that the service provider failed or refused to provide

Part III Termination Information on Accountants and Enrolled Actuaries (see instructions)

(complete as many entries as needed)

a Name:	**b** EIN:
c Position:	
d Address:	**e** Telephone:

Explanation:

a Name:	**b** EIN:
c Position:	
d Address:	**e** Telephone:

Explanation:

a Name:	**b** EIN:
c Position:	
d Address:	**e** Telephone:

Explanation:

a Name:	**b** EIN:
c Position:	
d Address:	**e** Telephone:

Explanation:

a Name:	**b** EIN:
c Position:	
d Address:	**e** Telephone:

Explanation:

SCHEDULE H (Form 5500)

Department of the Treasury
Internal Revenue Service

Department of Labor
Employee Benefits Security Administration

Pension Benefit Guaranty Corporation

Financial Information

This schedule is required to be filed under section 104 of the Employee Retirement Income Security Act of 1974 (ERISA), and section 6058(a) of the Internal Revenue Code (the Code).

▶ **File as an attachment to Form 5500.**

OMB No. 1210-0110

2023

This Form is Open to Public Inspection

For calendar plan year 2023 or fiscal plan year beginning 01/01/2023 and ending 12/31/2023

A Name of plan
WILMINGTON HEALTH, PLLC RETIREMENT PLAN

B Three-digit plan number (PN) ▶ 001

C Plan sponsor's name as shown on line 2a of Form 5500
WILMINGTON HEALTH, PLLC

D Employer Identification Number (EIN)
56-1980160

Part I Asset and Liability Statement

1 Current value of plan assets and liabilities at the beginning and end of the plan year. Combine the value of plan assets held in more than one trust. Report the value of the plan's interest in a commingled fund containing the assets of more than one plan on a line-by-line basis unless the value is reportable on lines 1c(9) through 1c(14). Do not enter the value of that portion of an insurance contract which guarantees, during this plan year, to pay a specific dollar benefit at a future date. **Round off amounts to the nearest dollar.** MTIAs, CCTs, PSAs, and 103-12 IEs do not complete lines 1b(1), 1b(2), 1c(8), 1g, 1h, and 1i. CCTs, PSAs, and 103-12 IEs also do not complete lines 1d and 1e. See instructions.

Assets		(a) Beginning of Year	(b) End of Year
a Total noninterest-bearing cash	1a	64830	116725
b Receivables (less allowance for doubtful accounts):			
(1) Employer contributions	1b(1)	1891868	2150552
(2) Participant contributions	1b(2)	1644	
(3) Other	1b(3)		
c General investments:			
(1) Interest-bearing cash (include money market accounts & certificates of deposit)	1c(1)	4144757	7418405
(2) U.S. Government securities	1c(2)	369501	272790
(3) Corporate debt instruments (other than employer securities):			
(A) Preferred	1c(3)(A)	60771	40285
(B) All other	1c(3)(B)		
(4) Corporate stocks (other than employer securities):			
(A) Preferred	1c(4)(A)		25780
(B) Common	1c(4)(B)	5162137	6545575
(5) Partnership/joint venture interests	1c(5)	30312	0
(6) Real estate (other than employer real property)	1c(6)		
(7) Loans (other than to participants)	1c(7)		
(8) Participant loans	1c(8)	820901	735151
(9) Value of interest in common/collective trusts	1c(9)		
(10) Value of interest in pooled separate accounts	1c(10)		
(11) Value of interest in master trust investment accounts	1c(11)		
(12) Value of interest in 103-12 investment entities	1c(12)		
(13) Value of interest in registered investment companies (e.g., mutual funds)	1c(13)	100568109	124376431
(14) Value of funds held in insurance company general account (unallocated contracts)	1c(14)		
(15) Other	1c(15)		

			(a) Beginning of Year	(b) End of Year
1d	Employer-related investments:			
	(1) Employer securities	1d(1)		
	(2) Employer real property	1d(2)		
e	Buildings and other property used in plan operation	1e		
f	Total assets (add all amounts in lines 1a through 1e)	1f	113114830	141681694
	Liabilities			
g	Benefit claims payable	1g		
h	Operating payables	1h		
i	Acquisition indebtedness	1i		
j	Other liabilities	1j		
k	Total liabilities (add all amounts in lines 1g through1j)	1k	0	0
	Net Assets			
l	Net assets (subtract line 1k from line 1f)	1l	113114830	141681694

Part II Income and Expense Statement

2 Plan income, expenses, and changes in net assets for the year. Include all income and expenses of the plan, including any trust(s) or separately maintained fund(s) and any payments/receipts to/from insurance carriers. Round off amounts to the nearest dollar. MTIAs, CCTs, PSAs, and 103-12 IEs do not complete lines 2a, 2b(1)(E), 2e, 2f, and 2g.

			(a) Amount	(b) Total
	Income			
a	**Contributions:**			
	(1) Received or receivable in cash from: **(A)** Employers	2a(1)(A)	4321625	
	(B) Participants	2a(1)(B)	5185734	
	(C) Others (including rollovers)	2a(1)(C)	2795450	
	(2) Noncash contributions	2a(2)		
	(3) Total contributions. Add lines **2a(1)(A), (B), (C),** and line **2a(2)**	2a(3)		12302809
b	**Earnings on investments:**			
	(1) Interest:			
	(A) Interest-bearing cash (including money market accounts and certificates of deposit)	2b(1)(A)		
	(B) U.S. Government securities	2b(1)(B)		
	(C) Corporate debt instruments	2b(1)(C)		
	(D) Loans (other than to participants)	2b(1)(D)		
	(E) Participant loans	2b(1)(E)	51718	
	(F) Other	2b(1)(F)		
	(G) Total interest. Add lines **2b(1)(A)** through **(F)**	2b(1)(G)		51718
	(2) Dividends: **(A)** Preferred stock	2b(2)(A)		
	(B) Common stock	2b(2)(B)		
	(C) Registered investment company shares (e.g. mutual funds)	2b(2)(C)	3552209	
	(D) Total dividends. Add lines **2b(2)(A)**, **(B)**, and **(C)**	2b(2)(D)		3552209
	(3) Rents	2b(3)		
	(4) Net gain (loss) on sale of assets: **(A)** Aggregate proceeds	2b(4)(A)		
	(B) Aggregate carrying amount (see instructions)	2b(4)(B)		
	(C) Subtract line **2b(4)(B)** from line **2b(4)(A)** and enter result	2b(4)(C)		0
	(5) Unrealized appreciation (depreciation) of assets: **(A)** Real estate	2b(5)(A)		
	(B) Other	2b(5)(B)		
	(C) Total unrealized appreciation of assets. Add lines **2b(5)(A)** and **(B)**	2b(5)(C)		0

		(a) Amount	(b) Total
(6) Net investment gain (loss) from common/collective trusts	2b(6)		
(7) Net investment gain (loss) from pooled separate accounts	2b(7)		
(8) Net investment gain (loss) from master trust investment accounts	2b(8)		
(9) Net investment gain (loss) from 103-12 investment entities	2b(9)		
(10) Net investment gain (loss) from registered investment companies (e.g., mutual funds)	2b(10)		13852905
c Other income	2c		3664498
d Total income. Add all **income** amounts in column (b) and enter total	2d		33424139
Expenses			
e Benefit payment and payments to provide benefits:			
(1) Directly to participants or beneficiaries, including direct rollovers	2e(1)	4445452	
(2) To insurance carriers for the provision of benefits	2e(2)	13921	
(3) Other	2e(3)		
(4) Total benefit payments. Add lines **2e(1)** through **(3)**	2e(4)		4459373
f Corrective distributions (see instructions)	2f		
g Certain deemed distributions of participant loans (see instructions)	2g		
h Interest expense	2h		
i Administrative expenses:			
(1) Salaries and allowances	2i(1)		
(2) Contract administrator fees	2i(2)		
(3) Recordkeeping fees	2i(3)	98451	
(4) IQPA audit fees	2i(4)		
(5) Investment advisory and investment management fees	2i(5)	278753	
(6) Bank or trust company trustee/custodial fees	2i(6)	20091	
(7) Actuarial fees	2i(7)		
(8) Legal fees	2i(8)		
(9) Valuation/appraisal fees	2i(9)		
(10) Other trustee fees and expenses	2i(10)		
(11) Other expenses	2i(11)	607	
(12) Total administrative expenses. Add lines **2i(1)** through **(11)**	2i(12)		397902
j Total expenses. Add all **expense** amounts in column (b) and enter total	2j		4857275
Net Income and Reconciliation			
k Net income (loss). Subtract line **2j** from line **2d**	2k		28566864
l Transfers of assets:			
(1) To this plan	2l(1)		
(2) From this plan	2l(2)		

Part III Accountant's Opinion

3 Complete lines 3a through 3c if the opinion of an independent qualified public accountant is attached to this Form 5500. Complete line 3d if an opinion is not attached.

a The attached opinion of an independent qualified public accountant for this plan is (see instructions):

(1) [X] Unmodified **(2)** [ ] Qualified **(3)** [ ] Disclaimer **(4)** [ ] Adverse

b Check the appropriate box(es) to indicate whether the IQPA performed an ERISA section 103(a)(3)(C) audit. Check both boxes (1) and (2) if the audit was performed pursuant to both 29 CFR 2520.103-8 and 29 CFR 2520.103-12(d). Check box (3) if pursuant to neither.

(1) [X] DOL Regulation 2520.103-8 **(2)** [ ] DOL Regulation 2520.103-12(d) **(3)** [ ] neither DOL Regulation 2520.103-8 nor DOL Regulation 2520.103-12(d).

c Enter the name and EIN of the accountant (or accounting firm) below:

(1) Name: FORVIS MAZARS LLP **(2)** EIN: 44-0160260

d The opinion of an independent qualified public accountant is **not attached** as part of Schedule H because:

(1) [ ] This form is filed for a CCT, PSA, DCG or MTIA. **(2)** [ ] It will be attached to the next Form 5500 pursuant to 29 CFR 2520.104-50.

Part IV Compliance Questions

4 CCTs and PSAs do not complete Part IV. MTIAs, 103-12 IEs, and GIAs do not complete lines 4a, 4e, 4f, 4g, 4h, 4k, 4m, 4n, or 5. 103-12 IEs also do not complete lines 4j and 4l. MTIAs also do not complete line 4l. DCGs do not complete lines 4e, 4f, 4k, 4l, and 5, and DCGs generally complete the rest of Part IV collectively for all plans in the DCG, except as otherwise provided (see instructions).

During the plan year:

		Yes	No	Amount
a Was there a failure to transmit to the plan any participant contributions within the time period described in 29 CFR 2510.3-102? Continue to answer "Yes" for any prior year failures until fully corrected. (See instructions and DOL's Voluntary Fiduciary Correction Program.)	**4a**		X	
b Were any loans by the plan or fixed income obligations due the plan in default as of the close of the plan year or classified during the year as uncollectible? Disregard participant loans secured by participant's account balance. (Attach Schedule G (Form 5500) Part I if "Yes" is checked.)	**4b**		X	
c Were any leases to which the plan was a party in default or classified during the year as uncollectible? (Attach Schedule G (Form 5500) Part II if "Yes" is checked.)	**4c**		X	
d Were there any nonexempt transactions with any party-in-interest? (Do not include transactions reported on line 4a. Attach Schedule G (Form 5500) Part III if "Yes" is checked.)	**4d**		X	
e Was this plan covered by a fidelity bond?	**4e**	X		500000
f Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesty?	**4f**		X	
g Did the plan hold any assets whose current value was neither readily determinable on an established market nor set by an independent third party appraiser?	**4g**		X	
h Did the plan receive any noncash contributions whose value was neither readily determinable on an established market nor set by an independent third party appraiser?	**4h**		X	
i Did the plan have assets held for investment? (Attach schedule(s) of assets if "Yes" is checked, and see instructions for format requirements.)	**4i**	X		
j Were any plan transactions or series of transactions in excess of 5% of the current value of plan assets? (Attach schedule of transactions if "Yes" is checked and see instructions for format requirements.)	**4j**		X	
k Were all the plan assets either distributed to participants or beneficiaries, transferred to another plan, or brought under the control of the PBGC?	**4k**		X	
l Has the plan failed to provide any benefit when due under the plan?	**4l**		X	
m If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3.)	**4m**		X	
n If 4m was answered "Yes," check the "Yes" box if you either provided the required notice or one of the exceptions to providing the notice applied under 29 CFR 2520.101-3.	**4n**			

5a Has a resolution to terminate the plan been adopted during the plan year or any prior plan year? [ ] Yes [X] No

If "Yes," enter the amount of any plan assets that reverted to the employer this year _____.

5b If, during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify the plan(s) to which assets or liabilities were transferred. (See instructions.)

5b(1) Name of plan(s)	**5b(2)** EIN(s)	**5b(3)** PN(s)

5c Was the plan a defined benefit plan covered under the PBGC insurance program at any time during this plan year? (See ERISA section 4021 and instructions.) ..... ☐ Yes ☐ No ☐ Not determined

If "Yes" is checked, enter the My PAA confirmation number from the PBGC premium filing for this plan year _____.

SCHEDULE R (Form 5500)

Department of the Treasury
Internal Revenue Service

Department of Labor
Employee Benefits Security Administration

Pension Benefit Guaranty Corporation

Retirement Plan Information

This schedule is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA) and section 6058(a) of the Internal Revenue Code (the Code).

▶ **File as an attachment to Form 5500.**

OMB No. 1210-0110

2023

This Form is Open to Public Inspection.

For calendar plan year 2023 or fiscal plan year beginning 01/01/2023 and ending 12/31/2023

A Name of plan
WILMINGTON HEALTH, PLLC RETIREMENT PLAN

B Three-digit plan number (PN) ▶ 001

C Plan sponsor's name as shown on line 2a of Form 5500
WILMINGTON HEALTH, PLLC

D Employer Identification Number (EIN)
56-1980160

Part I Distributions

All references to distributions relate only to payments of benefits during the plan year.

1 Total value of distributions paid in property other than in cash or the forms of property specified in the instructions **1** 0

2 Enter the EIN(s) of payor(s) who paid benefits on behalf of the plan to participants or beneficiaries during the year (if more than two, enter EINs of the two payors who paid the greatest dollar amounts of benefits):

EIN(s): 75-3182674

Profit-sharing plans, ESOPs, and stock bonus plans, skip line 3.

3 Number of participants (living or deceased) whose benefits were distributed in a single sum, during the plan year **3**

Part II Funding Information (If the plan is not subject to the minimum funding requirements of section 412 of the Internal Revenue Code or ERISA section 302, skip this Part.)

4 Is the plan administrator making an election under Code section 412(d)(2) or ERISA section 302(d)(2)? ..... ☐ **Yes** ☐ **No** ☐ **N/A**

If the plan is a defined benefit plan, go to line 8.

5 If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instructions and enter the date of the ruling letter granting the waiver. **Date:** Month _____ Day _____ Year _____

If you completed line 5, complete lines 3, 9, and 10 of Schedule MB and do not complete the remainder of this schedule.

6 a Enter the minimum required contribution for this plan year (include any prior year accumulated funding deficiency not waived) **6a**

b Enter the amount contributed by the employer to the plan for this plan year **6b**

c Subtract the amount in line 6b from the amount in line 6a. Enter the result (enter a minus sign to the left of a negative amount) **6c**

If you completed line 6c, skip lines 8 and 9.

7 Will the minimum funding amount reported on line 6c be met by the funding deadline? ..... ☐ **Yes** ☐ **No** ☐ **N/A**

8 If a change in actuarial cost method was made for this plan year pursuant to a revenue procedure or other authority providing automatic approval for the change or a class ruling letter, does the plan sponsor or plan administrator agree with the change? ..... ☐ **Yes** ☐ **No** ☐ **N/A**

Part III Amendments

9 If this is a defined benefit pension plan, were any amendments adopted during this plan year that increased or decreased the value of benefits? If yes, check the appropriate box. If no, check the "No" box. ..... ☐ **Increase** ☐ **Decrease** ☐ **Both** ☐ **No**

Part IV ESOPs (see instructions). If this is not a plan described under section 409(a) or 4975(e)(7) of the Internal Revenue Code, skip this Part.

10 Were unallocated employer securities or proceeds from the sale of unallocated securities used to repay any exempt loan? ..... ☐ **Yes** ☐ **No**

11 a Does the ESOP hold any preferred stock? ..... ☐ **Yes** ☐ **No**

b If the ESOP has an outstanding exempt loan with the employer as lender, is such loan part of a "back-to-back" loan? (See instructions for definition of "back-to-back" loan.) ..... ☐ **Yes** ☐ **No**

12 Does the ESOP hold any stock that is not readily tradable on an established securities market? ..... ☐ **Yes** ☐ **No**

Part V Additional Information for Multiemployer Defined Benefit Pension Plans

13 Enter the following information for each employer that (1) contributed more than 5% of total contributions to the plan during the plan year or (2) was one of the top-ten highest contributors (measured in dollars). See instructions. *Complete as many entries as needed to report all applicable employers.*

a Name of contributing employer

b EIN **c** Dollar amount contributed by employer

d Date collective bargaining agreement expires *(If employer contributes under more than one collective bargaining agreement, check box* ☐ *and see instructions regarding required attachment. Otherwise, enter the applicable date.)* Month _____ Day _____ Year _____

e Contribution rate information *(If more than one rate applies, check this box* ☐ *and see instructions regarding required attachment. Otherwise, complete lines 13e(1) and 13e(2).)*
(1) Contribution rate (in dollars and cents) _____
(2) Base unit measure: ☐ Hourly ☐ Weekly ☐ Unit of production ☐ Other (specify):

---

a Name of contributing employer

b EIN **c** Dollar amount contributed by employer

d Date collective bargaining agreement expires *(If employer contributes under more than one collective bargaining agreement, check box* ☐ *and see instructions regarding required attachment. Otherwise, enter the applicable date.)* Month _____ Day _____ Year _____

e Contribution rate information *(If more than one rate applies, check this box* ☐ *and see instructions regarding required attachment. Otherwise, complete lines 13e(1) and 13e(2).)*
(1) Contribution rate (in dollars and cents) _____
(2) Base unit measure: ☐ Hourly ☐ Weekly ☐ Unit of production ☐ Other (specify): _____

---

a Name of contributing employer

b EIN **c** Dollar amount contributed by employer

d Date collective bargaining agreement expires *(If employer contributes under more than one collective bargaining agreement, check box* ☐ *and see instructions regarding required attachment. Otherwise, enter the applicable date.)* Month _____ Day _____ Year _____

e Contribution rate information *(If more than one rate applies, check this box* ☐ *and see instructions regarding required attachment. Otherwise, complete lines 13e(1) and 13e(2).)*
(1) Contribution rate (in dollars and cents) _____
(2) Base unit measure: ☐ Hourly ☐ Weekly ☐ Unit of production ☐ Other (specify): _____

---

a Name of contributing employer

b EIN **c** Dollar amount contributed by employer

d Date collective bargaining agreement expires *(If employer contributes under more than one collective bargaining agreement, check box* ☐ *and see instructions regarding required attachment. Otherwise, enter the applicable date.)* Month _____ Day _____ Year _____

e Contribution rate information *(If more than one rate applies, check this box* ☐ *and see instructions regarding required attachment. Otherwise, complete lines 13e(1) and 13e(2).)*
(1) Contribution rate (in dollars and cents) _____
(2) Base unit measure: ☐ Hourly ☐ Weekly ☐ Unit of production ☐ Other (specify): _____

---

a Name of contributing employer

b EIN **c** Dollar amount contributed by employer

d Date collective bargaining agreement expires *(If employer contributes under more than one collective bargaining agreement, check box* ☐ *and see instructions regarding required attachment. Otherwise, enter the applicable date.)* Month _____ Day _____ Year _____

e Contribution rate information *(If more than one rate applies, check this box* ☐ *and see instructions regarding required attachment. Otherwise, complete lines 13e(1) and 13e(2).)*
(1) Contribution rate (in dollars and cents) _____
(2) Base unit measure: ☐ Hourly ☐ Weekly ☐ Unit of production ☐ Other (specify): _____

---

a Name of contributing employer

b EIN **c** Dollar amount contributed by employer

d Date collective bargaining agreement expires *(If employer contributes under more than one collective bargaining agreement, check box* ☐ *and see instructions regarding required attachment. Otherwise, enter the applicable date.)* Month _____ Day _____ Year _____

e Contribution rate information *(If more than one rate applies, check this box* ☐ *and see instructions regarding required attachment. Otherwise, complete lines 13e(1) and 13e(2).)*
(1) Contribution rate (in dollars and cents) _____
(2) Base unit measure: ☐ Hourly ☐ Weekly ☐ Unit of production ☐ Other (specify): _____

14 Enter the number of deferred vested and retired participants (inactive participants), as of the beginning of the plan year, whose contributing employer is no longer making contributions to the plan for:

a The current plan year. Check the box to indicate the counting method used to determine the number of inactive participants: ☐ last contributing employer ☐ alternative ☐ reasonable approximation (see instructions for required attachment)	**14a**	
b The plan year immediately preceding the current plan year. ☐ Check the box if the number reported is a change from what was previously reported (see instructions for required attachment)	**14b**	
c The second preceding plan year. ☐ Check the box if the number reported is a change from what was previously reported (see instructions for required attachment)	**14c**	

15 Enter the ratio of the number of participants under the plan on whose behalf no employer had an obligation to make an employer contribution during the current plan year to:

a The corresponding number for the plan year immediately preceding the current plan year	**15a**	
b The corresponding number for the second preceding plan year	**15b**	

16 Information with respect to any employers who withdrew from the plan during the preceding plan year:

a Enter the number of employers who withdrew during the preceding plan year	**16a**	
b If line 16a is greater than 0, enter the aggregate amount of withdrawal liability assessed or estimated to be assessed against such withdrawn employers	**16b**	

17 If assets and liabilities from another plan have been transferred to or merged with this plan during the plan year, check box and see instructions regarding supplemental information to be included as an attachment ☐

Part VI Additional Information for Single-Employer and Multiemployer Defined Benefit Pension Plans

18 If any liabilities to participants or their beneficiaries under the plan as of the end of the plan year consist (in whole or in part) of liabilities to such participants and beneficiaries under two or more pension plans as of immediately before such plan year, check box and see instructions regarding supplemental information to be included as an attachment ☐

19 If the total number of participants is 1,000 or more, complete lines (a) and (b):

a Enter the percentage of plan assets held as:
Public Equity: _____% Private Equity: _____% Investment-Grade Debt and Interest Rate Hedging Assets: _____%
High-Yield Debt: _____% Real Assets: _____% Cash or Cash Equivalents: _____% Other: _____%

b Provide the average duration of the Investment-Grade Debt and Interest Rate Hedging Assets:
☐ 0-5 years ☐ 5-10 years ☐ 10-15 years ☐ 15 years or more

20 **PBGC missed contribution reporting requirements.** If this is a multiemployer plan or a single-employer plan that is not covered by PBGC, skip line 20.

a Is the amount of unpaid minimum required contributions for all years from Schedule SB (Form 5500) line 40 greater than zero? ☐ Yes ☐ No

b If line 20a is "Yes," has PBGC been notified as required by ERISA sections 4043(c)(5) and/or 303(k)(4)? Check the applicable box:

☐ Yes.

☐ No. Reporting was waived under 29 CFR 4043.25(c)(2) because contributions equal to or exceeding the unpaid minimum required contribution were made by the 30th day after the due date.

☐ No. The 30-day period referenced in 29 CFR 4043.25(c)(2) has not yet ended, and the sponsor intends to make a contribution equal to or exceeding the unpaid minimum required contribution by the 30th day after the due date.

☐ No. Other. Provide explanation._____

Part VII IRS Compliance Questions

21a Does the plan satisfy the coverage and nondiscrimination tests of Code sections 410(b) and 401(a)(4) by combining this plan with any other plans under the permissive aggregation rules? ☐ Yes ☒ No

21b If this is a Code section 401(k) plan, check all boxes that apply to indicate how the plan is intended to satisfy the nondiscrimination requirements for employee deferrals and employer matching contributions (as applicable) under Code sections 401(k)(3) and 401(m)(2).

☒ Design-based safe harbor method

☐ "Prior year" ADP test

☐ "Current year" ADP test

☐ N/A

22 If the plan sponsor is an adopter of a pre-approved plan that received a favorable IRS Opinion Letter, enter the date of the Opinion Letter ___/___/_____ (MM/DD/YYYY) and the Opinion Letter serial number_____.

Wilmington Health, PLLC Retirement Plan

EIN 56-1980160 PN 001

Independent Auditor's Report, Financial Statements, and Supplemental Schedule

December 31, 2023 and 2022

Contents

Independent Auditor's Report 1

Financial Statements

Statements of Net Assets Available for Benefits 4

Statement of Changes in Net Assets Available for Benefits 5

Notes to Financial Statements 6

Supplemental Schedule

Schedule of Assets (Held at End of Year) 12

Forvis Mazars, LLP
2501 Blue Ridge Road, Suite 500
Raleigh, NC 27607
P 919.876.4546 | F 919.876.8680
forvismazars.us

Independent Auditor's Report

Retirement Plan Committee
Wilmington Health, PLLC Retirement Plan
Wilmington, North Carolina

Scope and Nature of the ERISA Section 103(a)(3)(C) Audit

We have performed audits of the financial statements of Wilmington Health, PLLC Retirement Plan (the "Plan"), an employee benefit plan subject to the *Employee Retirement Income Security Act of 1974* (ERISA), as permitted by ERISA Section 103(a)(3)(C) (ERISA Section 103(a)(3)(C) audit). The financial statements comprise the statements of net assets available for benefits as of December 31, 2023 and 2022, and the related statement of changes in net assets available for benefits for the year ended December 31, 2023, and the related notes to the financial statements (the financial statements).

Management, having determined it is permissible in the circumstances, has elected to have the audits of the Plan's financial statements performed in accordance with ERISA Section 103(a)(3)(C) pursuant to 29 CFR 2520.103-8 of the Department of Labor's Rules and Regulations for Reporting and Disclosure under ERISA. As permitted by ERISA Section 103(a)(3)(C), our audits need not extend to any statements or information related to assets held for investment of the Plan (investment information) by a bank or similar institution or insurance carrier that is regulated, supervised, and subject to periodic examination by a state or federal agency, provided that the statements or information regarding assets so held are prepared and certified to by the bank or similar institution or insurance carrier in accordance with 29 CFR 2520.103-5 of the Department of Labor's Rules and Regulations for Reporting and Disclosure under ERISA (qualified institution).

Management has obtained certifications from a qualified institution as of December 31, 2023 and 2022, and for the year then ended December 31, 2023, stating that the certified investment information, as described in Note 4 to the financial statements, is complete and accurate.

Opinion

In our opinion, based on our audits and on the procedures performed as described in the Auditor's Responsibilities for the Audit of the Financial Statements section:

- The amounts and disclosures in the accompanying financial statements, other than those agreed to or derived from the certified investment information, are presented fairly, in all material respects, in accordance with accounting principles generally accepted in the United States of America.
- The information in the accompanying financial statements related to assets held by and certified to by a qualified institution agrees to, or is derived from, in all material respects, the information prepared and certified by an institution that management determined meets the requirements of ERISA Section 103(a)(3)(C).

Basis for Opinion

We conducted our audits in accordance with auditing standards generally accepted in the United States of America (GAAS). Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Statements section of our report. We are required to be independent of the Plan and to meet our other ethical responsibilities, in accordance with the relevant ethical requirements relating to our audit. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our ERISA Section 103(a)(3)(C) audit opinion.

Responsibilities of Management

Management is responsible for the preparation and fair presentation of the financial statements in accordance with accounting principles generally accepted in the United States of America, and for the design, implementation, and maintenance of internal control relevant to the preparation and fair presentation of financial statements that are free from material misstatement, whether due to fraud or error. Management's election of the ERISA Section 103(a)(3)(C) audit does not affect management's responsibility for the financial statements.

In preparing the financial statements, management is required to evaluate whether there are conditions or events, considered in the aggregate, that raise substantial doubt about the Plan's ability to continue as a going concern within one year after the date that these financial statements are available to be issued.

Management is also responsible for maintaining a current Plan instrument, including all Plan amendments, administering the Plan, and determining that the Plan's transactions that are presented and disclosed in the financial statements are in conformity with the Plan's provisions, including maintaining sufficient records with respect to each of the participants, to determine the benefits due or which may become due to such participants.

Auditor's Responsibilities for the Audit of the Financial Statements

Except as described in the Scope and Nature of the ERISA Section 103(a)(3)(C) Audit of our report, our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not absolute assurance and therefore is not a guarantee that an audit conducted in accordance with GAAS will always detect a material misstatement when it exists. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control. Misstatements are considered material if, there is a substantial likelihood that, individually or in the aggregate, they would influence the judgment made by a reasonable user based on the financial statements.

In performing an audit in accordance with GAAS, we:

- Exercise professional judgment and maintain professional skepticism throughout the audit.
- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, and design and perform audit procedures responsive to those risks. Such procedures include examining, on a test basis, evidence regarding the amounts and disclosures in the financial statements.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Plan's internal control. Accordingly, no such opinion is expressed.
- Evaluate the appropriateness of accounting policies used and the reasonableness of significant accounting estimates made by management, as well as evaluate the overall presentation of the financial statements.

- Conclude whether, in our judgment, there are conditions or events, considered in the aggregate, that raise substantial doubt about Plan's ability to continue as a going concern for a reasonable period of time.

Our audits did not extend to the certified investment information, except for obtaining and reading the certification, comparing the certified investment information with the related information presented and disclosed in the financial statements, and reading the disclosures relating to the certified investment information to assess whether they are in accordance with the presentation and disclosure requirements of accounting principles generally accepted in the United States of America.

Accordingly, the objective of an ERISA Section 103(a)(3)(C) audit is not to express an opinion about whether the financial statements as a whole are presented fairly, in all material respects, in accordance with accounting principles generally accepted in the United States of America.

We are required to communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit, significant audit findings, and certain internal control-related matters that we identified during the audit.

Other Matters - Supplemental Schedule Required by ERISA

The supplemental schedule of assets (held at end of the year) as of December 31, 2023 listed in the table of contents is presented for purposes of additional analysis and is not a required part of the financial statements but is supplementary information required by the Department of Labor's Rules and Regulations for Reporting and Disclosure under ERISA. Such information is the responsibility of management and was derived from and relates directly to the underlying accounting and other records used to prepare the financial statements. The information included in the supplemental schedule, other than that agreed to or derived from the certified investment information, has been subjected to auditing procedures applied in the audit of the financial statements and certain additional procedures, including comparing and reconciling such information directly to the underlying accounting and other records used to prepare the financial statements or to the financial statements themselves, and other additional procedures in accordance with GAAS. For information included in the supplemental schedule that agreed to or is derived from the certified investment information, we compared such information to the related certified investment information.

In forming our opinion on the supplemental schedule, we evaluated whether the supplemental schedule, other than the information agreed to or derived from the certified investment information, including its form and content, is presented in conformity with the Department of Labor's Rules and Regulations for Reporting and Disclosure under ERISA.

In our opinion:

- The form and content of the supplemental schedule, other than the information in the supplemental schedule that agreed to or is derived from the certified investment information, are presented, in all material respects, in conformity with the Department of Labor's Rules and Regulations for Reporting and Disclosure under ERISA.
- The information in the supplemental schedule related to assets held by and certified to by a qualified institution agrees to, or is derived from, in all material respects, the information prepared and certified by an institution that management determined meets the requirements of ERISA Section 103(a)(3)(C).

Forvis Mazars, LLP

Raleigh, North Carolina
November 5, 2024

Federal Employer Identification Number: 44-0160260

Wilmington Health, PLLC Retirement Plan
Statements of Net Assets Available for Benefits
December 31, 2023 and 2022

	2023	2022
ASSETS		
Cash	$ 116,725	$ 64,830
Investments		
Investments at fair value	138,679,266	110,335,587
Receivables		
Participant contributions	-	1,644
Employer contributions	2,150,552	1,891,868
Notes receivable from participants	735,151	820,901
	2,885,703	2,714,413
Net Assets Available for Benefits	$ 141,681,694	$ 113,114,830

Wilmington Health, PLLC Retirement Plan
Statement of Changes in Net Assets Available for Benefits
Year Ended December 31, 2023

Additions to Net Assets Attributed to	
Investment Income	
Net appreciation in fair value of investments	$ 17,517,403
Interest and dividends	3,552,209
Total investment income	21,069,612
Interest Income on Notes Receivable from Participants	51,718
Contributions	
Participant	5,185,734
Employer	4,321,625
Rollovers	2,795,450
Total contributions	12,302,809
Total Additions	33,424,139
Deductions from Net Assets Attributed to	
Benefits paid to participants	4,459,373
Administrative expenses	397,902
Total deductions	4,857,275
Net Change	28,566,864
Net Assets Available for Benefits, Beginning of Year	113,114,830
Net Assets Available for Benefits, End of Year	$ 141,681,694

Note 1. Description of Plan

The following description of the Wilmington Health, PLLC Retirement Plan (the "Plan") provides only general information. Participants should refer to the Plan document for a more complete description of the Plan's provisions.

General

The Plan is a defined contribution plan covering substantially all employees of Wilmington Health, PLLC (the "Company"). The Retirement Plan Committee of the Company controls and manages the operation and administration of the Plan. Matrix Trust Company ("Matrix") serves as the trustee of the Plan. The Plan is subject to the provisions of the Employee Retirement Income Security Act of 1974 ("ERISA").

Contributions

Each year, participants may contribute compensation, as defined in the Plan document, subject to certain Internal Revenue Code ("IRC") limitation. Participants who have attained age 50 before the end of the Plan year are eligible to make catch-up contributions. Covered employees are eligible to participate for purposes of salary deferrals on their date of hire and are automatically enrolled at 3% of eligible compensation as a pre-tax deferral. Covered employees are eligible to participate for purposes of safe harbor, matching, and profit-sharing contributions upon one year of service. Under current elections, the Company contributes a 3% safe harbor non-elective contribution of base compensation for all eligible participants, regardless of whether they decided to participate in the pre-tax savings portion of the Plan.

Company contributions are discretionary. In 2023 and 2022, the Company made discretionary profit-sharing contributions for all eligible participants where the contribution percentage of base compensation was dependent upon the employee group classification as determined by the Company in the amount of $2,150,552 and $1,891,868 respectively. Contributions are subject to certain limitations.

Investment Options

Participants direct the investment of their accounts into various investment options offered by the Plan. The Plan currently offers various money market funds, common stock, preferred stock, mutual funds, exchange-traded funds, bond funds and certificates of deposit. In addition, participants may utilize an individual self-directed brokerage option, through which participants are able to invest in a variety of securities including limited partnerships in accordance with the Plan document.

Participant Accounts

Each participant's account is credited with the participant's contributions, the Company's contributions, and allocations of Plan earnings. The account is charged with benefit payments, transaction fees, and allocations of administrative expenses and Plan losses. Allocations are based on participant earnings or account balances, as defined. The benefit to which a participant is entitled is the benefit that can be provided from the participant's vested account.

Vesting

Participants are immediately vested in their contributions and the Company's safe harbor contributions, plus actual earnings thereon. Vesting in the Company's discretionary profit-sharing contribution portion of their accounts plus actual earnings thereon is based on years of continuous service. Participants are vested in such contributions at 20% after two years of credited service and an additional 20% each year thereafter. A participant is 100 percent vested after six years of credited services.

Notes Receivable from Participants

Participants may borrow from their accounts a minimum of $1,000 up to a maximum equal to the lesser of 50% of their vested account balance or $50,000. The loans are secured by the balance in the participant's account and bear interest at rates which are commensurate with local prevailing rates as determined by the Plan administrator. At December 31, 2023, outstanding loans bore interest rates ranging from 4.25% to 10.50% and mature through 2028. Principal and interest are paid ratably through payroll deductions.

Payment of Benefits

On termination of service due to death, disability retirement, or for other reasons, a participant may elect to receive an amount equal to the value of the participant's vested interest in his or her account in a lump-sum amount, or various installments, as provided by the Plan. Amounts contributed on a before-tax basis may only be withdrawn upon demonstration of financial hardship, disability, or when a participant attains age 59 ½.

Forfeitures

At December 31, 2023 and 2022, forfeited non-vested accounts totaled approximately $110 and $10, respectively. These accounts may be used to reduce future Company contribution and administration expenses. During 2023, approximately $161,000 of forfeitures were used to reduce Company contributions.

Note 2. Summary of Significant Accounting Policies

Basis of Accounting

The financial statements of the Plan are prepared on the accrual basis of accounting in conformity with accounting principles generally accepted in the United States of America ("U.S. GAAP").

Estimates

The preparation of financial statements in conformity with U.S. GAAP requires management to make estimates and assumptions that affect certain reported amounts of assets, liabilities and changes therein, and disclosure of contingent assets and liabilities. Accordingly, actual results may differ from those estimates and assumptions.

Investment Valuation and Income Recognition

Investments are reported at fair value. Fair value is the price that would be received to sell an asset or paid to transfer a liability in an orderly transaction between market participants at the measurement date. Plan management determines the Plan's valuation policies utilizing information provided by the trustees. See Note 3 for discussion of fair value measurements.

Purchases and sales of securities are recorded on a trade-date basis. Interest income from notes receivable from participants is recorded on the accrual basis. Dividends are recorded on the ex-dividend date. Net appreciation (depreciation) includes the Plan's gains and losses on investments bought and sold as well as held during the year.

Notes Receivable from Participants

Notes receivable from participants are measured at their unpaid principal balance plus accrued but unpaid interest. Delinquent participant loans are recorded as distributions based on the Plan document.

Payment of Benefits

Benefits are recorded upon distribution.

Administrative Expenses

The Plan's administrative expenses are paid by either the Plan or the Company, as provided by the Plan document. Certain administrative functions are performed by employees of the Company. No such employee receives compensation from the Plan. Expenses relating to specific participant transactions (notes receivable and distributions) are charged directly to the participants account.

Subsequent Events

The Plan has evaluated subsequent events through November 5, 2024, the date the financial statements were available to be issued.

Note 3. Fair Value Measurements

Fair value, as defined under U.S. GAAP, is an exit price representing the price that would be received to sell an asset or paid to transfer a liability in an orderly transaction between market participants at the measurement date. U.S. GAAP establishes a three-tier fair value hierarchy which prioritizes the inputs used in measuring fair value. These tiers include:

Level 1 Observable inputs such as quoted prices in active markets.

Level 2 Inputs other than quoted prices in active markets that are either directly or indirectly observable.

Level 3 Unobservable inputs about which little or no market data exists, therefore requiring an entity to develop its own assumptions.

Assets and liabilities are classified in their entirety based on the lowest level of input that is significant to the fair value measurement. The Plan's assessment of the significance of a particular input to the fair value measurement requires judgment and may affect the valuation of fair value assets and liabilities and their placement within the fair value hierarchy levels.

There have been no changes in the methodologies used at December 31, 2023 and 2022. The following is a description of the valuation methodologies used for assets measured at fair value:

Money Market Funds
Money market funds are public investment vehicles for which quoted prices are available and these amounts are based on transacted values.

Common Stocks
Common stocks in the Plan are publicly traded investments and are valued daily at the closing price reported on the active market on which the individual securities are traded.

Preferred Stock
Preferred stock may have any combination of features not possessed by common stock including properties of both an equity and a debt instrument and is generally considered a hybrid instrument.

Mutual Funds
Mutual funds are publicly traded investments at the daily closing price and reported on the active market on which the funds are traded.

Exchange-Traded Funds
Exchange-traded funds are a type of investment fund and exchange-traded product, as they are traded on stock exchanges. Exchange-traded funds are similar in many ways to mutual funds, except that exchange-traded funds are bought and sold throughout the day on stock exchanges.

Bond Funds
These investments are valued using pricing models maximizing the use of observable inputs for similar securities. This includes basing the value on yields currently available on comparable securities of issuers with similar credit ratings. When quoted prices are not available for identical or similar bonds, those corporate bonds are valued under a discounted cash flow approach that maximizes observable inputs, such as current yields or similar instruments, but includes adjustments for certain risks that may not be observable, such as credit and liquidity risks.

Limited Partnerships
Valued at fair value based on the applicable ending capital balance indicated on the individual K-1 and valuation as provided by the investment manager. Disclosure of unobservable inputs to fair value measurement have not been included for the limited partnerships because quantitative unobservable inputs are not developed by the Plan when measuring fair value and have not been made available to the Plan by the third-party valuation consultant. These investments are classified within Level 3 of the valuation hierarchy.

Certificates Of Deposit
Valued at the closing price reported on the active market on which the individual securities are traded.

The following tables set forth by level within the fair value hierarchy the Plan's assets accounted for at fair value on a recurring basis as of December 31, 2023 and 2022.

	Assets at Fair Value as of December 31, 2023			
	Level 1	**Level 2**	**Level 3**	**Total**
Money market funds	$ 6,805,648	$ -	$ -	$ 6,805,648
Common stock	6,545,575	-	-	6,545,575
Preferred Stocks	25,780	-	-	25,780
Mutual funds	120,072,172	-	-	120,072,172
Exchange-traded funds	4,304,260	-	-	4,304,260
Bond funds	310,963	-	-	310,963
Certificates of deposit	614,868	-	-	614,868
Total	$138,679,266	$ -	$ -	$138,679,266

	Assets at Fair Value as of December 31, 2022			
	Level 1	**Level 2**	**Level 3**	**Total**
Money market funds	$ 3,618,968	$ -	$ -	$ 3,618,968
Common stock	5,162,137	-	-	5,162,137
Mutual funds	96,137,516	-	-	96,137,516
Exchange-traded funds	4,430,593	-	-	4,430,593
Bond funds	430,272	-	-	430,272
Limited partnerships	-	-	30,312	30,312
Certificates of deposit	525,789	-	-	525,789
Total	$110,305,275	$ -	$ 30,312	$110,335,587

The Plan assets include $116,725 and $64,830 in non-interest bearing cash that is not included in a level at December 31, 2023 and 2022, respectively.

The Plan recognizes transfers between the levels as of the actual date of the event or change in circumstances that caused the transfer. There were no gross transfers between the levels for the year ended December 31, 2023.

The following table illustrates the activity of Level 3 assets measured at fair value on a recurring basis from December 31, 2022 to December 31, 2023:

	Limited Partnerships
Fair Value at December 31, 2022	$ 30,312
Withdrawal	(30,224)
Realized gain/(loss)	(88)
Fair Value at December 31, 2023	$ -

Note 4. Unaudited Information Certified by Trustee

The accompanying financial statements include the following unaudited information as of December 31, 2023 and 2022 and for the year ended December 31, 2023 that was obtained from data prepared and certified to be complete and accurate by Matrix.

	2023	2022
Cash	$ 116,725	$ 64,830
Investments at fair value	$ 138,679,266	$ 110,335,587
Notes receivable	$ 735,151	
Net appreciation	$ 17,517,403	
Interest and dividend income	$ 3,552,209	
Interest income on notes	$ 51,718	

Note 5. Exempt Party-In-Interest Transactions

Certain Plan investments are managed by Matrix. Fees paid by the Plan for investment management services were included as a reduction of the return earned on each fund. Fees paid to Matrix by the Plan for administrative services were $397,902 for the year ended December 31, 2023. These transactions qualify as exempt party-in-interest transactions under ERISA.

Note 6. Plan Termination

Although it has not expressed any intent to do so, the Company has the right under the Plan to discontinue its contributions at any time and to terminate the Plan subject to the provisions of ERISA. In the event of Plan termination, participants will become 100% vested in their total account balance, including their portion of the Company's profit-sharing contributions.

Note 7. Tax Status

The Plan has not obtained a determination letter from the Internal Revenue Service (the "IRS") stating that the Plan was in compliance with the applicable requirements of the IRC. The Plan is relying on the IRS approval of the non-standardized prototype plan that it is utilizing. The IRS has determined and informed the document sponsor by a letter dated March 31, 2014 that the prototype plan document was designed in accordance with applicable requirements. The Plan has been amended since receiving the letter. However, the Plan administrator believes that the Plan is currently designed and being operated in compliance with the applicable requirements of the IRC. Therefore, the Plan administrator believes that the Plan was qualified and the related trust was tax-exempt as of the financial statement date.

U.S. GAAP requires the Plan administrator to evaluate tax positions taken by the Plan and recognize a tax liability (or asset) if the Plan has taken an uncertain position that more likely than not would not be sustained upon examination by the IRS. The Plan is subject to routine audits by taxing jurisdictions; however, there are currently no audits for any tax periods in progress.

Note 8. Risks and Uncertainties

The Plan invests in various investment securities. Investment securities, in general, are exposed to various risks, such as interest rate, credit, and overall market volatility. Due to the level of risk associated with certain investment securities, it is at least reasonably possible that changes in the values of investment securities will occur in the near term and that such changes could materially affect participants' account balances and the amounts reported in the statements of net assets available for benefits.

Supplemental Schedule

Wilmington Health, PLLC Retirement Plan
Schedule of Assets (Held at End of Year)
Schedule H, Line 4i
EIN: 56-1980160 **Plan: 001**
December 31, 2023

(a)	(b) Identity of Issue, Borrower, Lessor or Similar Party	(c) Description of Investment Including Maturity Date, Rate of Interest, Collateral Par or Maturity Value	(d) Cost **	(e) Current
	Money Market Funds			
	Allspring	Allspring Money Market Fund		$ 23,000
	Federated	Federated Hermes Prime Cash Oblig WS		5,709,353
	Federated	Federated Hermes Treasury Oblig IS		44,569
	Fidelity	Fidelity Government Cash		39,176
	Fidelity	Fidelity Money Market Funds Account		241,529
	RBC	Bank Deposit Program		73,250
	Vanguard	Vanguard Money Market Funds - Admiral Class		87,514
	Fidelity	Fidelity Cash Reserves		146,378
	Merrill Lynch	Merrill Lynch Cash Account		186
	Raymond James	Raymond James Cash Account		114,467
	Schwab	Schwab Cash Account		215,390
	Wells Fargo	Wells Fargo Bank Cash		110,836
				6,805,648
	Common Stock:			
	3m Co.	119 Shares Common Stock		13,009
	Abbott Laboratories	122 Shares Common Stock		13,429
	Abbvie Inc	120 Shares Common Stock		18,596
	Accenture PLC	490 Shares Common Stock		17,195
	Adobe Inc	460 Shares Common Stock		27,444
	Advanced Micro Devices	140 Shares Common Stock		206,374
	Aflac Inc	133 Shares Common Stock		10,973
	Air Products & Chemicals Inc	112 Shares Common Stock		30,936
	Alexandria Real Estate	700 Shares Common Stock		887
	Alphabet Inc CL A	676 Shares Common Stock		94,430
	Alphabet Inc CL C	465 Shares Common Stock		65,532
	Altria Group Inc	200 Shares Common Stock		80,680
	Amazon Com Inc	158 Shares Common Stock		240,065
	American Electric Power Co	143 Shares Common Stock		11,614
	American Express Co.	760 Shares Common Stock		14,238
	American Tower REIT Inc	570 Shares Common Stock		12,305
	Amgen Inc	430 Shares Common Stock		12,385
	Analog Devices Inc	184 Shares Common Stock		36,717
	Apple Inc	318 Shares Common Stock		613,507
	Arrow Financial Corp	180 Shares Common Stock		50,292
	Arthur J Gallagher	120 Shares Common Stock		2,699
	Autodesk Inc	540 Shares Common Stock		13,148
	Automatic Data Processing	460 Shares Common Stock		10,717
	Avalonbay Communities Inc.	700 Shares Common Stock		1,311
	Bank Of America Corp	304 Shares Common Stock		10,265
	Baxter Intl Inc	300 Shares Common Stock		1,160
	Becton Dickinson & Co	125 Shares Common Stock		30,562
	Berkshire Hathaway Inc Cl B	346 Shares Common Stock		123,404
	Best Buy Co	250 Shares Common Stock		1,957
	BlackRock 2001 Term Tr Inc	210 Shares Common Stock		17,048
	Blackstone Inc	389 Shares Common Stock		50,928
	Booking Holdings Inc	100 Shares Common Stock		35,472
	Bristol-Myers Squibb Co	125 Shares Common Stock		6,414
	Broadcom Ltd	180 Shares Common Stock		20,093
	Brookfield Asset Management Inc	412 Shares Common Stock		16,529
	Capital One Financial Corp Com	700 Shares Common Stock		918
	Cardinal Health Inc.	163 Shares Common Stock		16,430
	CarMax Inc	621 Shares Common Stock		47,656
	Caterpillar Inc	658 Shares Common Stock		194,634
	Cava Group Inc	250 Shares Common Stock		107,450
	Cencora Inc	815 Shares Common Stock		16,748
	Charles Schwab Corporation Portfolio Wilmi	967 Shares Common Stock		66,556

Wilmington Health, PLLC Retirement Plan
Schedule of Assets (Held at End of Year)
Schedule H, Line 4i
EIN: 56-1980160 **Plan: 001**
December 31, 2023

(a)	(b) Identity of Issue, Borrower, Lessor or Similar Party	(c) Description of Investment Including Maturity Date, Rate of Interest, Collateral Par or Maturity Value	(d) Cost **	(e) Current
	Check Point Software Techs Ltd	268 Shares Common Stock		40,948
	Chevron Corp	658 Shares Common Stock		98,261
	Chubb Ltd	640 Shares Common Stock		14,464
	Cigna Corp	130 Shares Common Stock		3,893
	Cisco Systems Inc	390 Shares Common Stock		19,703
	Citigroup Inc	259 Shares Common Stock		13,323
	Clorox Co.	760 Shares Common Stock		10,837
	CME Group Inc	200 Shares Common Stock		4,212
	Cms Energy Corp	360 Shares Common Stock		2,091
	Coca-Cola Company	259 Shares Common Stock		15,263
	Coherent Corp	307 Shares Common Stock		13,364
	Colgate-Palmolive	216 Shares Common Stock		17,217
	Comcast Corp Cl A	832 Shares Common Stock		36,492
	Conocophillips	171 Shares Common Stock		19,872
	Corning Inc	730 Shares Common Stock		2,223
	Costco Wholesale Corp-New	120 Shares Common Stock		7,921
	CVS Health Corp	769 Shares Common Stock		60,760
	Deere & Co.	900 Shares Common Stock		3,599
	Desktop Metal Inc	185 Shares Common Stock		13,894
	Diamond Hill Investment Grp	200 Shares Common Stock		3,312
	Disney Walt Co	141 Shares Common Stock		127,387
	Dominion Energy Inc	347 Shares Common Stock		16,309
	Domino's Pizza Inc	700 Shares Common Stock		28,856
	Dover Corp	340 Shares Common Stock		6,557
	Dow	223 Shares Common Stock		12,229
	Duke Energy Corp	135 Shares Common Stock		13,100
	Eaton Corp PLC	180 Shares Common Stock		4,335
	Ebay Inc	533 Shares Common Stock		23,274
	Ecolab Inc	304 Shares Common Stock		6,032
	Elevance Health Inc	765 Shares Common Stock		36,083
	Eli Lilly & Company	790 Shares Common Stock		46,051
	Emerson Electric Co	194 Shares Common Stock		18,882
	Eog Resources Inc	420 Shares Common Stock		5,080
	Estee Lauder Cos Cl A	400 Shares Common Stock		5,850
	Eversource Energy	650 Shares Common Stock		4,012
	Exxon-Mobil Corporation	149 Shares Common Stock		14,951
	Fidelity National Information	340 Shares Common Stock		20,424
	Fiserv Inc	570 Shares Common Stock		7,572
	Ford Motor Co New	124 Shares Common Stock		152,222
	Freeport-Mcmoran Inc	250 Shares Common Stock		10,643
	GE Healthcare Technologies Inc	200 Shares Common Stock		15,464
	General Dynamics Corp	104 Shares Common Stock		27,078
	General Mills	174 Shares Common Stock		11,334
	Gilead Sciences Inc	154 Shares Common Stock		12,476
	Goldman Sachs Group Inc	850 Shares Common Stock		32,790
	Grainger W W	800 Shares Common Stock		6,630
	Hartford Financial Services Group	300 Shares Common Stock		2,411
	Hermes Intl-Unsponsored ADR	500 Shares Common Stock		10,630
	Hershey Co	120 Shares Common Stock		2,237
	Home Bancshares Inc	125 Shares Common Stock		31,663
	Home Depot Incorporated	620 Shares Common Stock		21,486
	Honeywell International	150 Shares Common Stock		31,457
	Illinois Tool Works Inc.	169 Shares Common Stock		44,268
	Intl Business Machines Inc	180 Shares Common Stock		2,944
	IQVIA Holdings Inc	147 Shares Common Stock		34,013
	jackson Financial Inc CL A	385 Shares Common Stock		19,712
	Johnson & Johnson	246 Shares Common Stock		38,558
	JPMorgan Chase & Co	506 Shares Common Stock		86,141

Wilmington Health, PLLC Retirement Plan
Schedule of Assets (Held at End of Year)
Schedule H, Line 4i
EIN: 56-1980160 **Plan: 001**
December 31, 2023

(a)	(b) Identity of Issue, Borrower, Lessor or Similar Party	(c) Description of Investment Including Maturity Date, Rate of Interest, Collateral Par or Maturity Value	(d) Cost **	(e) Current
	Kenvue Inc	910 Shares Common Stock		1,959
	Kimberly Clark	970 Shares Common Stock		11,786
	L3Harris Technologies Inc Portfolio Wilmi	380 Shares Common Stock		8,004
	Linde PLC	129 Shares Common Stock		52,982
	Lockheed Martin Corp	104 Shares Common Stock		4,717
	Lowes Co Inc	940 Shares Common Stock		20,920
	Lvmh Moet Hennessy Adr	500 Shares Common Stock		8,123
	Markel Corp.	150 Shares Common Stock		21,299
	Marsh & Mclennan Inc.	700 Shares Common Stock		1,326
	Mastercard Inc A	195 Shares Common Stock		83,354
	Mcdonalds Corp	410 Shares Common Stock		12,157
	Mckesson Hboc Inc	133 Shares Common Stock		6,196
	Medtronic PLC	183 Shares Common Stock		15,076
	Merck & Company Inc	232 Shares Common Stock		25,293
	Meta Platforms Inc	121 Shares Common Stock		42,829
	Metlife Inc	470 Shares Common Stock		3,108
	Mettler Toledo Intl	500 Shares Common Stock		6,065
	Microchip Technology	900 Shares Common Stock		812
	Microsoft Corporation	107 Shares Common Stock		405,433
	Mondelez International Inc	343 Shares Common Stock		24,843
	Moody's Corp	700 Shares Common Stock		27,339
	Morgan Stanley	730 Shares Common Stock		6,807
	Newell Brands Inc	800 Shares Common Stock		6,944
	Nextera Energy Inc	605 Shares Common Stock		36,748
	Nike Inc.	188 Shares Common Stock		20,411
	NNN Reit Inc	300 Shares Common Stock		12,930
	Norfolk Southern Co.	680 Shares Common Stock		16,074
	Northrop Grumman Corp	900 Shares Common Stock		4,213
	Novartis Ag Sponsored Adr	223 Shares Common Stock		22,594
	Nvidia Corp	853 Shares Common Stock		422,625
	NXP Semiconductors Nv	240 Shares Common Stock		5,512
	O Reilly Automotive Inc	720 Shares Common Stock		68,406
	Old Dominion Freight Line	470 Shares Common Stock		19,051
	Omnicom Group	760 Shares Common Stock		6,577
	Oracle Corp	465 Shares Common Stock		49,108
	Organon & Co	100 Shares Common Stock		144
	Packaging Corp Amer	820 Shares Common Stock		13,359
	Palo Alto Networks Inc	300 Shares Common Stock		88,464
	Parker Hannifin Corp	700 Shares Common Stock		3,225
	Patterson Cos Inc	374 Shares Common Stock		10,640
	Paychex Inc	770 Shares Common Stock		9,171
	Pepsico Inc	277 Shares Common Stock		47,046
	Pfizer Incorporated	570 Shares Common Stock		1,641
	Philip Morris International	342 Shares Common Stock		32,235
	Phillips 66	196 Shares Common Stock		26,095
	Pnc Financial Svc Group	300 Shares Common Stock		4,646
	PPG Industries Inc	660 Shares Common Stock		9,870
	Procter & Gamble Co	151 Shares Common Stock		22,128
	Progressive Corp	150 Shares Common Stock		2,389
	Prologis Inc	210 Shares Common Stock		2,799
	Public Service Enterprise Group Inc.	350 Shares Common Stock		2,140
	Qualcomm	289 Shares Common Stock		41,799
	Republic Svcs Inc	170 Shares Common Stock		2,803
	RTX Group	118 Shares Common Stock		9,982
	S&P Global	190 Shares Common Stock		8,370
	Salesforce Inc	223 Shares Common Stock		58,680
	Sanofi - Aventis Sa Adr	317 Shares Common Stock		15,808
	Seagate Technology	260 Shares Common Stock		2,220
	Sherwin Williams	450 Shares Common Stock		14,036

Wilmington Health, PLLC Retirement Plan
Schedule of Assets (Held at End of Year)
Schedule H, Line 4i
EIN: 56-1980160 **Plan: 001**
December 31, 2023

(a)	(b) Identity of Issue, Borrower, Lessor or Similar Party	(c) Description of Investment Including Maturity Date, Rate of Interest, Collateral Par or Maturity Value	(d) Cost **	(e) Current
	Smucker J. M. Co. New	840 Shares Common Stock		10,616
	Southern Company	180 Shares Common Stock		12,622
	Stanley Black and Decker Inc	126 Shares Common Stock		12,361
	Starbucks Corp.	991 Shares Common Stock		95,230
	Super Micro Computer Inc	172 Shares Common Stock		48,893
	Sysco Corp	213 Shares Common Stock		15,577
	T Rowe Price & Assoc Inc	125 Shares Common Stock		13,461
	Taiwan Semiconductor-Sp ADR	258 Shares Common Stock		26,904
	Take Two Interactive	900 Shares Common Stock		14,486
	Target Corp	460 Shares Common Stock		6,551
	Teledyne Inc Portfolio Wilmi	125 Shares Common Stock		55,786
	Tesla Inc	180 Shares Common Stock		44,726
	Texas Instruments Inc	200 Shares Common Stock		3,409
	The Bank of New York Mellon Corp	227 Shares Common Stock		11,853
	Tjx Companies	480 Shares Common Stock		4,503
	Toronto Dominion Bank New	300 Shares Common Stock		19,386
	Unilever Plc Spon Adr New	722 Shares Common Stock		35,033
	Union Pacific Corp.	500 Shares Common Stock		1,228
	United Parcel Service	183 Shares Common Stock		28,773
	Unitedhealth Group Inc	742 Shares Common Stock		39,114
	US Bancorp - Del	122 Shares Common Stock		5,280
	Veeva Systems Inc-Class A	480 Shares Common Stock		9,241
	Ventas Inc	250 Shares Common Stock		1,246
	Verizon Communications	649 Shares Common Stock		24,467
	Virgin Galactic Holdings Inc	500 Shares Common Stock		12,252
	Visa Inc Class A Shares	149 Shares Common Stock		38,821
	Walmart Inc	256 Shares Common Stock		40,358
	Waste Management Inc	635 Shares Common Stock		113,867
	WEC Energy Group Inc	720 Shares Common Stock		6,060
	Wells Fargo & Co New	435 Shares Common Stock		21,439
	Xcel Energy Inc	470 Shares Common Stock		2,910
	Zoetis Inc	350 Shares Common Stock		69,080
	Zscaler Inc	150 Shares Common Stock		33,234
				6,545,575
	Preferred Stocks			
	Duke Energy Corp	275 Shares Preferred Stock		6,710
	Morgan Stanley	1000 Shares Preferred Stock		19,070
				25,780
	Mutual Funds			
	Allspring	Allspring Short-Term High Income		9,447
	Allspring	Allspring Special Mid Cap Value Fund R6		674,222
	Allspring	Allspring Special Small Cap Value Fund R6		1,531,055
	American Funds	American Century Ultra R6		11,679,160
	American Funds	American Dev Wld G&I-F2		79,265
	American Funds	American Funds 2020 Trgt Date Retire R6		3,546,708
	American Funds	American Funds 2025 Trgt Date Retire R6		2,746,971
	American Funds	American Funds 2030 Trgt Date Retire R6		6,783,928
	American Funds	American Funds 2035 Trgt Date Retire R6		7,251,070
	American Funds	American Funds 2040 Trgt Date Retire R6		5,176,825
	American Funds	American Funds 2045 Trgt Date Retire R6		5,079,262
	American Funds	American Funds 2050 Trgt Date Retire R6		4,711,960
	American Funds	American Funds 2055 Trgt Date Retire R6		1,883,528
	American Funds	American Funds 2060 Trgt Date Retire R6		505,976
	American Fund	American Funds 2065 Trgt Date Retire R6		56,792
	American Fund	American Funds AMCAP F2		568,532
	American Fund	American Funds American Balanced F2		255,831
	American Fund	American Funds Bond Fund of Amer F2		177,398
	American Fund	American Funds Europacific Growth F2		366,063

Wilmington Health, PLLC Retirement Plan
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December 31, 2023

(a)	(b) Identity of Issue, Borrower, Lessor or Similar Party	(c) Description of Investment Including Maturity Date, Rate of Interest, Collateral Par or Maturity Value	(d) Cost **	(e) Current
	American Fund	American Funds Europacific Growth F3 Portfolio Wilmi		160,651
	American Fund	American Funds Europacific Growth R6		3,857,228
	American Fund	American Funds Growth Fund of Amer F2		140,363
	American Fund	American Funds Intl Gr and Inc F2		73,927
	American Fund	American Funds New World F2		49,429
	American Fund	American Funds SMALLCAP World F2		92,072
	American Fund	American Funds Washington Mutual F2		703,009
	American Fund	Angel Oak Multi-Strategy Income Instl		17,566
	Angel Oak	Artisan International Value Instl		1,834,191
	Artisan	Baird Intermediate Bond Instl		127,423
	Baird	BlackRock Equity Dividend Instl		292,561
	BlackRock	BlackRock Multi-Asset Income Instl		321,595
	BlackRock	BlackRock Strategic Income Opps Instl		242,121
	BlackRock	BlackRock Systematic Multi-Strategy Insti		37,525
	Brown	Brown Cap Mgt Intl Sm Co-Ins		22,756
	Calamos	Calamos Market Neutral Income I		37,365
	Center Coast	Center Coast Brookfield Midstream Focus I		35,710
	Cohen	Cohen & Steers Real Estate - Z		1,753,289
	Columbia	Columbia Dividend Income Fund Instl 3		6,648,493
	Davis Funds	Davis NY Venture A		601,219
	Dodge & Cox	Dodge & Cox Income Cl I		147,241
	Dodge & Cox	Dodge & Cox International Stock Cl I		117,965
	DoubleLine	DoubleLine Low Duration Bond I		48,159
	DoubleLine	DoubleLine Total Return Bond I		6,066
	Fidelity	Fidelity Advisor® High Income Advtg I		39,952
	Fidelity	Fidelity 500 Index		773,771
	Franklin	Franklin Sm Mid Cap Gr Adv		78,767
	First	First Eagle Global I		59,050
	GS	GS GQG Part Intl Opp-Inst		167,471
	Guggenheim	Guggenheim Limited Duration Insti		47,281
	Guggenheim	Guggenheim Macro Opportunities		22,279
	Guggenheim	Guggenheim Total Return Bond Instl		102,617
	Invesco	Invesco Developing Markets Fund Y		144,250
	Invesco	Invesco Health Care A		24,454
	ISA	ISA Ocean First Bank		214,660
	ISA	ISA Toyota Financial		27,281
	Janus	Janus Henderson Balanced Fund N Shares		8,284,988
	JPMorgan	JPMorgan Emerging Markets Equity Fund Cl L		28,518
	JPMorgan	JPMorgan Hedged Equity 2-I		38,618
	JPMorgan	JPMorgan Large Cap Growth I Portfolio Wilmi		128,234
	JPMorgan	Jpmorgan Mid Cap Growth-R6		3,027,344
	Legg Mason	Legg Mason ClearBridge Small Cap Growth Fund IS		518,023
	MainGate	MainGate MLP I		21,349
	MainStay	MainStay MacKay High Yield Corp Bd I		36,958
	Metropolitan West	Metropolitan West Total Return Bd I		189,125
	Metropolitan West	Metropolitan West Total Return Bd Plan		1,380,349
	Metropolitan West	Metropolitan West Unconstrained Bd I		230,588
	MFS	MFS Conservative Allocation Fund I		1,281,334
	MFS	Mfs Growth Allocation R4		9,575,926
	MFS	MFS Intl Growth I		161,177
	MFS	MFS® Emerging Markets Debt I		112,688
	MFS	MFS® Intl Diversification I		57,285
	MFS	MFS® New Discovery Value I		84,985
	MFS	MFS® Value I		354,967
	PFG	PFG BR Target Allocation Equity Strategy R		7,231
	PFG	PFG Equity Index Focus-R		14,204
	PFG	PFG Invesco Equity Factor Rotation Strategy R		14,392

Wilmington Health, PLLC Retirement Plan
Schedule of Assets (Held at End of Year)
Schedule H, Line 4i
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December 31, 2023

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	PFG	PFG JP Morgan Tactical Aggressive Strategy R		27,762
	PFG	PFG MFS Aggressive Growth Strategy R		17,303
	PFG	PFG Sctr Eqty Bus Cycl-R		25,275
	PFS	PFS Af Growth Strategy-R		12,316
	PGIM	Short-Term Corporate Bond Z		32,246
	PIMCO	PIMCO Commodity Real Ret Strat Instl		72,119
	PIMCO	PIMCO Dynamic Bond Instl		234,829
	PIMCO	PIMCO High Yield Instl		61,416
	PIMCO	PIMCO Income Instl		2,518,881
	PIMCO	PIMCO Low Duration Income Instl		47,913
	Principal	Principal High Yield Inst		4,512
	Principal	Principal Real Estate Securities Inst		32,643
	Royce	Royce Small-Cap Special Equity Fund		57,795
	Russell	Russell Inv Emerging Markets S		34,484
	Schwab	Schwab Fundamental US Large Co Index IS		107,371
	T. Row Price	T. Rowe Price Blue Chip Growth		128,903
	T. Row Price	T. Rowe Price QM US Small-Cap Gr Eq I		715,256
	The Merger	The Merger Fund I		36,911
	Vanguard	Vanguard 500 Index Admiral		9,963,393
	Vanguard	Vanguard Inflation-Protected Secs Adm		14,391
	Vanguard	Vanguard Mid-Cap Growth Index Admiral Portfolio Wilmi		73,957
	Vanguard	Vanguard Mid-Cap Value Index Admiral		141,551
	Vanguard	Vanguard Mid Cap Index Admiral		4,646,768
	Vanguard	Vanguard Real Estate Index Admiral		31,861
	Vanguard	Vanguard Small Cap Growth Index Admiral		33,972
	Vanguard	Vanguard Small Cap Index Adm		2,839,276
	Vanguard	Vanguard Total Bond Market Index Adm		356,686
	Virtus	Virtus Newfleet Multi-Sector S/T Bd I		15,622
	Virtus	Virtus Vontobel Emerging Markets Opps I		18,533
	Wasatch	Wasatch Emerging Markets Select Instl		66,194
				120,072,172
	Exchange-Traded Funds			
	Aptus Collared Inc Opp ETF	8153 Shares ETF		270,353
	Aptus Defined Risk ETF	12334 Shares ETF		310,817
	Aptus Enhanced Yield ETF	9615 Shares ETF		227,536
	Energy Select Sector Spdr	974232 Shares ETF		81,680
	First Trust Dorsey Wright Mo	2841 Shares ETF		86,377
	Rising Div Achievers ETF	3087 Shares ETF		159,497
	First Trust Value Line Dividend Index Fund	971 Shares ETF		39,424
	Gabelli Dividend & Income Trust	2051 Shares ETF		44,374
	Horizon Kinetics Infl Benef	1401 Shares ETF		44,089
	Invesco Bulletshare 2028 Hyc	548 Shares ETF		11,890
	Invesco Bulletshares 2025 Co	430 Shares ETF		8,796
	Invesco Bulletshares 2025 Hi	515 Shares ETF		11,728
	Invesco Bulletshares 2026 Hi	506 Shares ETF		11,704
	Invesco Bulletshares 2027 Hi	525 Shares ETF		11,744
	Invesco Qqq Trust Series 1 Portfolio Wilmi	750 Shares ETF		30,714

Wilmington Health, PLLC Retirement Plan
Schedule of Assets (Held at End of Year)
Schedule H, Line 4i
EIN: 56-1980160 **Plan: 001**
December 31, 2023

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	Invesco Solar Etf	198 Shares ETF		10,573
	iShares 1-3 Year Treasury Bond	183 Shares ETF		15,028
	iShares 7-10 Year Treasury Bon	533 Shares ETF		51,391
	iShares Core S&P 500 ETF	880 Shares ETF		42,031
	iShares Gold Trust	360 Shares ETF		14,051
	Ishares Ibonds Dec 2024 Term	2585 Shares ETF		61,674
	iShares iBonds Dec 2025 Term	1675 Shares ETF		39,004
	Ishares MSCI Eafe ETF	1948 Shares ETF		146,834
	Ishares MSCI Eafe Min Vol Fa	539 Shares ETF		37,382
	Ishares MSCI USA Min Vol Fac	1112 Shares ETF		86,735
	iShares Preferred & Income Securities ETF	4000 Shares ETF		124,760
	iShares TIPS Bond ETF	724 Shares ETF		77,823
	JPMorgan Equity Premium Inco	1500 Shares ETF		82,470
	JPMorgan Ultra-Short Income	953 Shares ETF		47,869
	Nuveen Floating Rate Income	8709 Shares ETF		71,588
	Opus Small Cap Value ETF	4267 Shares ETF		143,247
	Pacer Us Cash Cows 100 Etf	1325 Shares ETF		68,887
	PIMCO Enhanced Short Maturity Active ETF	349 Shares ETF		34,827
	Schwab US Large Cap	3232 Shares ETF		182,285
	Schwab US Small Cap	495 Shares ETF		23,422
	SPDR Blackstone Senior Loan ETF	490 Shares ETF		20,586
	Spdr Bloomberg 1-3 Month T-B	838 Shares ETF		76,630
	SPDR NYSE Technology ETF	240 Shares ETF		39,395
	SPDR S&P 500 ETF Trust	900 Shares ETF		42,778
	Technology Select Sector Spdr	360 Shares ETF		69,462
	Vanguard Dividend Apprec ETF	1247 Shares ETF		212,525
	Vanguard Emerg Mkts Gov Bnd	368 Shares ETF		23,488
	Vanguard FTSE Developed Markets ETF	1089 Shares ETF		52,163
	Vanguard FTSE Emerging Market	2156 Shares ETF		88,612
	Vanguard FTSE European ETF	700 Shares ETF		45,136
	Vanguard Industrials ETF	268 Shares ETF		59,284
	Vanguard Mid-Cap Value Index	760 Shares ETF		110,208
	Vanguard Mid - Cap Growth Index	539 Shares ETF		118,348
	Vanguard Real Estate ETF	793 Shares ETF		70,069
	Vanguard Short-Term Tips Portfolio Wilmi	1494 Shares ETF		70,953
	Vanguard Short Term Bond ETF	925 Shares ETF		71,244
	Vanguard Small- Cap ETF	528 Shares ETF		112,785
	Vanguard Tot World Stk Index	1000 Shares ETF		102,880
	Vanguard Value ETF	1117 Shares ETF		167,028
	WisdomTree Floating Rate Treasure Fund	758 Shares ETF		38,082
				4,304,260
	Corporate Bonds			
	JPMorgan Chase Financial	$25,000 Bond, Due 5/9/24, Interest 12.050%		25,088
	JPMorgan Chase Financial	$15,000 Bond; Due 09/18/25; Interest 9.750%		14,952
				40,040
	US Treasury Notes			
	US Treasury	$99,128 Inflation Bond; Due 1/15/2026; Interest 0.625%		96,518
	US Treasury	$99,128 Note/Bond; Due 1/15/2026; Interest 4.250%		99,547
	US Treasury	$24,600 Note/Bond; Due12/31/2023; Interest 2.625%		25,001
	US Treasury	$50,000 Note/Bond; Due 2/15/24; Interest 2.750%		49,857
				270,923

Wilmington Health, PLLC Retirement Plan
Schedule of Assets (Held at End of Year)
Schedule H, Line 4i
EIN: 56-1980160 **Plan: 001**
December 31, 2023

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	Certificates of Deposit			
	Charles Schwab Bank SSB	Charles Schwab Bank SSB 5.150% Due 6/06/2024		199,904
	Charles Schwab Bank SSB	Charles Schwab Bank SSB 5.200% Due 6/06/2024		34,997
	Bank Of Baroda	Bank Of Baroda 5.500% Due 9/27/24		205,490
	JPMorgan Chase Bank Na	JPMorgan Chase Bank Na 5.700% Due 1/15/25		50,006
	Wells Fargo Bank Na	Wells Fargo 4.500% Due 10/21/24		124,471
				614,868
*	Notes receivable from participants	4.25% - 10.50%; maturing November 2028		735,151
				$ 139,414,417

* *Party in interest.*
** *Cost omitted for participant – directed investments.*

Wilmington Health, PLLC Retirement Plan
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Schedule H, Line 4i
EIN: 56-1980160 **Plan: 001**
December 31, 2023

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	Money Market Funds			
	Allspring	Allspring Money Market Fund		$ 23,000
	Federated	Federated Hermes Prime Cash Oblig WS		5,709,353
	Federated	Federated Hermes Treasury Oblig IS		44,569
	Fidelity	Fidelity Government Cash		39,176
	Fidelity	Fidelity Money Market Funds Account		241,529
	RBC	Bank Deposit Program		73,250
	Vanguard	Vanguard Money Market Funds - Admiral Class		87,514
	Fidelity	Fidelity Cash Reserves		146,378
	Merrill Lynch	Merrill Lynch Cash Account		186
	Raymond James	Raymond James Cash Account		114,467
	Schwab	Schwab Cash Account		215,390
	Wells Fargo	Wells Fargo Bank Cash		110,836
				6,805,648
	Common Stock:			
	3m Co.	119 Shares Common Stock		13,009
	Abbott Laboratories	122 Shares Common Stock		13,429
	Abbvie Inc	120 Shares Common Stock		18,596
	Accenture PLC	490 Shares Common Stock		17,195
	Adobe Inc	460 Shares Common Stock		27,444
	Advanced Micro Devices	140 Shares Common Stock		206,374
	Aflac Inc	133 Shares Common Stock		10,973
	Air Products & Chemicals Inc	112 Shares Common Stock		30,936
	Alexandria Real Estate	700 Shares Common Stock		887
	Alphabet Inc CL A	676 Shares Common Stock		94,430
	Alphabet Inc CL C	465 Shares Common Stock		65,532
	Altria Group Inc	200 Shares Common Stock		80,680
	Amazon Com Inc	158 Shares Common Stock		240,065
	American Electric Power Co	143 Shares Common Stock		11,614
	American Express Co.	760 Shares Common Stock		14,238
	American Tower REIT Inc	570 Shares Common Stock		12,305
	Amgen Inc	430 Shares Common Stock		12,385
	Analog Devices Inc	184 Shares Common Stock		36,717
	Apple Inc	318 Shares Common Stock		613,507
	Arrow Financial Corp	180 Shares Common Stock		50,292
	Arthur J Gallagher	120 Shares Common Stock		2,699
	Autodesk Inc	540 Shares Common Stock		13,148
	Automatic Data Processing	460 Shares Common Stock		10,717
	Avalonbay Communities Inc.	700 Shares Common Stock		1,311
	Bank Of America Corp	304 Shares Common Stock		10,265
	Baxter Intl Inc	300 Shares Common Stock		1,160
	Becton Dickinson & Co	125 Shares Common Stock		30,562
	Berkshire Hathaway Inc Cl B	346 Shares Common Stock		123,404
	Best Buy Co	250 Shares Common Stock		1,957
	BlackRock 2001 Term Tr Inc	210 Shares Common Stock		17,048
	Blackstone Inc	389 Shares Common Stock		50,928
	Booking Holdings Inc	100 Shares Common Stock		35,472
	Bristol-Myers Squibb Co	125 Shares Common Stock		6,414
	Broadcom Ltd	180 Shares Common Stock		20,093
	Brookfield Asset Management Inc	412 Shares Common Stock		16,529
	Capital One Financial Corp Com	700 Shares Common Stock		918
	Cardinal Health Inc.	163 Shares Common Stock		16,430
	CarMax Inc	621 Shares Common Stock		47,656
	Caterpillar Inc	658 Shares Common Stock		194,634
	Cava Group Inc	250 Shares Common Stock		107,450
	Cencora Inc	815 Shares Common Stock		16,748
	Charles Schwab Corporation Portfolio Wilmi	967 Shares Common Stock		66,556

Wilmington Health, PLLC Retirement Plan
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	Check Point Software Techs Ltd	268 Shares Common Stock		40,948
	Chevron Corp	658 Shares Common Stock		98,261
	Chubb Ltd	640 Shares Common Stock		14,464
	Cigna Corp	130 Shares Common Stock		3,893
	Cisco Systems Inc	390 Shares Common Stock		19,703
	Citigroup Inc	259 Shares Common Stock		13,323
	Clorox Co.	760 Shares Common Stock		10,837
	CME Group Inc	200 Shares Common Stock		4,212
	Cms Energy Corp	360 Shares Common Stock		2,091
	Coca-Cola Company	259 Shares Common Stock		15,263
	Coherent Corp	307 Shares Common Stock		13,364
	Colgate-Palmolive	216 Shares Common Stock		17,217
	Comcast Corp Cl A	832 Shares Common Stock		36,492
	Conocophillips	171 Shares Common Stock		19,872
	Corning Inc	730 Shares Common Stock		2,223
	Costco Wholesale Corp-New	120 Shares Common Stock		7,921
	CVS Health Corp	769 Shares Common Stock		60,760
	Deere & Co.	900 Shares Common Stock		3,599
	Desktop Metal Inc	185 Shares Common Stock		13,894
	Diamond Hill Investment Grp	200 Shares Common Stock		3,312
	Disney Walt Co	141 Shares Common Stock		127,387
	Dominion Energy Inc	347 Shares Common Stock		16,309
	Domino's Pizza Inc	700 Shares Common Stock		28,856
	Dover Corp	340 Shares Common Stock		6,557
	Dow	223 Shares Common Stock		12,229
	Duke Energy Corp	135 Shares Common Stock		13,100
	Eaton Corp PLC	180 Shares Common Stock		4,335
	Ebay Inc	533 Shares Common Stock		23,274
	Ecolab Inc	304 Shares Common Stock		6,032
	Elevance Health Inc	765 Shares Common Stock		36,083
	Eli Lilly & Company	790 Shares Common Stock		46,051
	Emerson Electric Co	194 Shares Common Stock		18,882
	Eog Resources Inc	420 Shares Common Stock		5,080
	Estee Lauder Cos Cl A	400 Shares Common Stock		5,850
	Eversource Energy	650 Shares Common Stock		4,012
	Exxon-Mobil Corporation	149 Shares Common Stock		14,951
	Fidelity National Information	340 Shares Common Stock		20,424
	Fiserv Inc	570 Shares Common Stock		7,572
	Ford Motor Co New	124 Shares Common Stock		152,222
	Freeport-Mcmoran Inc	250 Shares Common Stock		10,643
	GE Healthcare Technologies Inc	200 Shares Common Stock		15,464
	General Dynamics Corp	104 Shares Common Stock		27,078
	General Mills	174 Shares Common Stock		11,334
	Gilead Sciences Inc	154 Shares Common Stock		12,476
	Goldman Sachs Group Inc	850 Shares Common Stock		32,790
	Grainger W W	800 Shares Common Stock		6,630
	Hartford Financial Services Group	300 Shares Common Stock		2,411
	Hermes Intl-Unsponsored ADR	500 Shares Common Stock		10,630
	Hershey Co	120 Shares Common Stock		2,237
	Home Bancshares Inc	125 Shares Common Stock		31,663
	Home Depot Incorporated	620 Shares Common Stock		21,486
	Honeywell International	150 Shares Common Stock		31,457
	Illinois Tool Works Inc.	169 Shares Common Stock		44,268
	Intl Business Machines Inc	180 Shares Common Stock		2,944
	IQVIA Holdings Inc	147 Shares Common Stock		34,013
	jackson Financial Inc CL A	385 Shares Common Stock		19,712
	Johnson & Johnson	246 Shares Common Stock		38,558
	JPMorgan Chase & Co	506 Shares Common Stock		86,141

Wilmington Health, PLLC Retirement Plan
Schedule of Assets (Held at End of Year)
Schedule H, Line 4i
EIN: 56-1980160 **Plan: 001**
December 31, 2023

(a)	(b) Identity of Issue, Borrower, Lessor or Similar Party	(c) Description of Investment Including Maturity Date, Rate of Interest, Collateral Par or Maturity Value	(d) Cost **	(e) Current
	Kenvue Inc	910 Shares Common Stock		1,959
	Kimberly Clark	970 Shares Common Stock		11,786
	L3Harris Technologies Inc Portfolio Wilmi	380 Shares Common Stock		8,004
	Linde PLC	129 Shares Common Stock		52,982
	Lockheed Martin Corp	104 Shares Common Stock		4,717
	Lowes Co Inc	940 Shares Common Stock		20,920
	Lvmh Moet Hennessy Adr	500 Shares Common Stock		8,123
	Markel Corp.	150 Shares Common Stock		21,299
	Marsh & Mclennan Inc.	700 Shares Common Stock		1,326
	Mastercard Inc A	195 Shares Common Stock		83,354
	Mcdonalds Corp	410 Shares Common Stock		12,157
	Mckesson Hboc Inc	133 Shares Common Stock		6,196
	Medtronic PLC	183 Shares Common Stock		15,076
	Merck & Company Inc	232 Shares Common Stock		25,293
	Meta Platforms Inc	121 Shares Common Stock		42,829
	Metlife Inc	470 Shares Common Stock		3,108
	Mettler Toledo Intl	500 Shares Common Stock		6,065
	Microchip Technology	900 Shares Common Stock		812
	Microsoft Corporation	107 Shares Common Stock		405,433
	Mondelez International Inc	343 Shares Common Stock		24,843
	Moody's Corp	700 Shares Common Stock		27,339
	Morgan Stanley	730 Shares Common Stock		6,807
	Newell Brands Inc	800 Shares Common Stock		6,944
	Nextera Energy Inc	605 Shares Common Stock		36,748
	Nike Inc.	188 Shares Common Stock		20,411
	NNN Reit Inc	300 Shares Common Stock		12,930
	Norfolk Southern Co.	680 Shares Common Stock		16,074
	Northrop Grumman Corp	900 Shares Common Stock		4,213
	Novartis Ag Sponsored Adr	223 Shares Common Stock		22,594
	Nvidia Corp	853 Shares Common Stock		422,625
	NXP Semiconductors Nv	240 Shares Common Stock		5,512
	O Reilly Automotive Inc	720 Shares Common Stock		68,406
	Old Dominion Freight Line	470 Shares Common Stock		19,051
	Omnicom Group	760 Shares Common Stock		6,577
	Oracle Corp	465 Shares Common Stock		49,108
	Organon & Co	100 Shares Common Stock		144
	Packaging Corp Amer	820 Shares Common Stock		13,359
	Palo Alto Networks Inc	300 Shares Common Stock		88,464
	Parker Hannifin Corp	700 Shares Common Stock		3,225
	Patterson Cos Inc	374 Shares Common Stock		10,640
	Paychex Inc	770 Shares Common Stock		9,171
	Pepsico Inc	277 Shares Common Stock		47,046
	Pfizer Incorporated	570 Shares Common Stock		1,641
	Philip Morris International	342 Shares Common Stock		32,235
	Phillips 66	196 Shares Common Stock		26,095
	Pnc Financial Svc Group	300 Shares Common Stock		4,646
	PPG Industries Inc	660 Shares Common Stock		9,870
	Procter & Gamble Co	151 Shares Common Stock		22,128
	Progressive Corp	150 Shares Common Stock		2,389
	Prologis Inc	210 Shares Common Stock		2,799
	Public Service Enterprise Group Inc.	350 Shares Common Stock		2,140
	Qualcomm	289 Shares Common Stock		41,799
	Republic Svcs Inc	170 Shares Common Stock		2,803
	RTX Group	118 Shares Common Stock		9,982
	S&P Global	190 Shares Common Stock		8,370
	Salesforce Inc	223 Shares Common Stock		58,680
	Sanofi - Aventis Sa Adr	317 Shares Common Stock		15,808
	Seagate Technology	260 Shares Common Stock		2,220
	Sherwin Williams	450 Shares Common Stock		14,036

Wilmington Health, PLLC Retirement Plan
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	Smucker J. M. Co. New	840 Shares Common Stock		10,616
	Southern Company	180 Shares Common Stock		12,622
	Stanley Black and Decker Inc	126 Shares Common Stock		12,361
	Starbucks Corp.	991 Shares Common Stock		95,230
	Super Micro Computer Inc	172 Shares Common Stock		48,893
	Sysco Corp	213 Shares Common Stock		15,577
	T Rowe Price & Assoc Inc	125 Shares Common Stock		13,461
	Taiwan Semiconductor-Sp ADR	258 Shares Common Stock		26,904
	Take Two Interactive	900 Shares Common Stock		14,486
	Target Corp	460 Shares Common Stock		6,551
	Teledyne Inc Portfolio Wilmi	125 Shares Common Stock		55,786
	Tesla Inc	180 Shares Common Stock		44,726
	Texas Instruments Inc	200 Shares Common Stock		3,409
	The Bank of New York Mellon Corp	227 Shares Common Stock		11,853
	Tjx Companies	480 Shares Common Stock		4,503
	Toronto Dominion Bank New	300 Shares Common Stock		19,386
	Unilever Plc Spon Adr New	722 Shares Common Stock		35,033
	Union Pacific Corp.	500 Shares Common Stock		1,228
	United Parcel Service	183 Shares Common Stock		28,773
	Unitedhealth Group Inc	742 Shares Common Stock		39,114
	US Bancorp - Del	122 Shares Common Stock		5,280
	Veeva Systems Inc-Class A	480 Shares Common Stock		9,241
	Ventas Inc	250 Shares Common Stock		1,246
	Verizon Communications	649 Shares Common Stock		24,467
	Virgin Galactic Holdings Inc	500 Shares Common Stock		12,252
	Visa Inc Class A Shares	149 Shares Common Stock		38,821
	Walmart Inc	256 Shares Common Stock		40,358
	Waste Management Inc	635 Shares Common Stock		113,867
	WEC Energy Group Inc	720 Shares Common Stock		6,060
	Wells Fargo & Co New	435 Shares Common Stock		21,439
	Xcel Energy Inc	470 Shares Common Stock		2,910
	Zoetis Inc	350 Shares Common Stock		69,080
	Zscaler Inc	150 Shares Common Stock		33,234
				6,545,575
	Preferred Stocks			
	Duke Energy Corp	275 Shares Preferred Stock		6,710
	Morgan Stanley	1000 Shares Preferred Stock		19,070
				25,780
	Mutual Funds			
	Allspring	Allspring Short-Term High Income		9,447
	Allspring	Allspring Special Mid Cap Value Fund R6		674,222
	Allspring	Allspring Special Small Cap Value Fund R6		1,531,055
	American Funds	American Century Ultra R6		11,679,160
	American Funds	American Dev Wld G&I-F2		79,265
	American Funds	American Funds 2020 Trgt Date Retire R6		3,546,708
	American Funds	American Funds 2025 Trgt Date Retire R6		2,746,971
	American Funds	American Funds 2030 Trgt Date Retire R6		6,783,928
	American Funds	American Funds 2035 Trgt Date Retire R6		7,251,070
	American Funds	American Funds 2040 Trgt Date Retire R6		5,176,825
	American Funds	American Funds 2045 Trgt Date Retire R6		5,079,262
	American Funds	American Funds 2050 Trgt Date Retire R6		4,711,960
	American Funds	American Funds 2055 Trgt Date Retire R6		1,883,528
	American Funds	American Funds 2060 Trgt Date Retire R6		505,976
	American Fund	American Funds 2065 Trgt Date Retire R6		56,792
	American Fund	American Funds AMCAP F2		568,532
	American Fund	American Funds American Balanced F2		255,831
	American Fund	American Funds Bond Fund of Amer F2		177,398
	American Fund	American Funds Europacific Growth F2		366,063

Wilmington Health, PLLC Retirement Plan
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	American Fund	American Funds Europacific Growth F3 Portfolio Wilmi		160,651
	American Fund	American Funds Europacific Growth R6		3,857,228
	American Fund	American Funds Growth Fund of Amer F2		140,363
	American Fund	American Funds Intl Gr and Inc F2		73,927
	American Fund	American Funds New World F2		49,429
	American Fund	American Funds SMALLCAP World F2		92,072
	American Fund	American Funds Washington Mutual F2		703,009
	American Fund	Angel Oak Multi-Strategy Income Instl		17,566
	Angel Oak	Artisan International Value Instl		1,834,191
	Artisan	Baird Intermediate Bond Instl		127,423
	Baird	BlackRock Equity Dividend Instl		292,561
	BlackRock	BlackRock Multi-Asset Income Instl		321,595
	BlackRock	BlackRock Strategic Income Opps Instl		242,121
	BlackRock	BlackRock Systematic Multi-Strategy Insti		37,525
	Brown	Brown Cap Mgt Intl Sm Co-Ins		22,756
	Calamos	Calamos Market Neutral Income I		37,365
	Center Coast	Center Coast Brookfield Midstream Focus I		35,710
	Cohen	Cohen & Steers Real Estate - Z		1,753,289
	Columbia	Columbia Dividend Income Fund Instl 3		6,648,493
	Davis Funds	Davis NY Venture A		601,219
	Dodge & Cox	Dodge & Cox Income Cl I		147,241
	Dodge & Cox	Dodge & Cox International Stock Cl I		117,965
	DoubleLine	DoubleLine Low Duration Bond I		48,159
	DoubleLine	DoubleLine Total Return Bond I		6,066
	Fidelity	Fidelity Advisor® High Income Advtg I		39,952
	Fidelity	Fidelity 500 Index		773,771
	Franklin	Franklin Sm Mid Cap Gr Adv		78,767
	First	First Eagle Global I		59,050
	GS	GS GQG Part Intl Opp-Inst		167,471
	Guggenheim	Guggenheim Limited Duration Insti		47,281
	Guggenheim	Guggenheim Macro Opportunities		22,279
	Guggenheim	Guggenheim Total Return Bond Instl		102,617
	Invesco	Invesco Developing Markets Fund Y		144,250
	Invesco	Invesco Health Care A		24,454
	ISA	ISA Ocean First Bank		214,660
	ISA	ISA Toyota Financial		27,281
	Janus	Janus Henderson Balanced Fund N Shares		8,284,988
	JPMorgan	JPMorgan Emerging Markets Equity Fund Cl L		28,518
	JPMorgan	JPMorgan Hedged Equity 2-I		38,618
	JPMorgan	JPMorgan Large Cap Growth I Portfolio Wilmi		128,234
	JPMorgan	Jpmorgan Mid Cap Growth-R6		3,027,344
	Legg Mason	Legg Mason ClearBridge Small Cap Growth Fund IS		518,023
	MainGate	MainGate MLP I		21,349
	MainStay	MainStay MacKay High Yield Corp Bd I		36,958
	Metropolitan West	Metropolitan West Total Return Bd I		189,125
	Metropolitan West	Metropolitan West Total Return Bd Plan		1,380,349
	Metropolitan West	Metropolitan West Unconstrained Bd I		230,588
	MFS	MFS Conservative Allocation Fund I		1,281,334
	MFS	Mfs Growth Allocation R4		9,575,926
	MFS	MFS Intl Growth I		161,177
	MFS	MFS® Emerging Markets Debt I		112,688
	MFS	MFS® Intl Diversification I		57,285
	MFS	MFS® New Discovery Value I		84,985
	MFS	MFS® Value I		354,967
	PFG	PFG BR Target Allocation Equity Strategy R		7,231
	PFG	PFG Equity Index Focus-R		14,204
	PFG	PFG Invesco Equity Factor Rotation Strategy R		14,392

Wilmington Health, PLLC Retirement Plan
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	PFG	PFG JP Morgan Tactical Aggressive Strategy R		27,762
	PFG	PFG MFS Aggressive Growth Strategy R		17,303
	PFG	PFG Sctr Eqty Bus Cycl-R		25,275
	PFS	PFS Af Growth Strategy-R		12,316
	PGIM	Short-Term Corporate Bond Z		32,246
	PIMCO	PIMCO Commodity Real Ret Strat Instl		72,119
	PIMCO	PIMCO Dynamic Bond Instl		234,829
	PIMCO	PIMCO High Yield Instl		61,416
	PIMCO	PIMCO Income Instl		2,518,881
	PIMCO	PIMCO Low Duration Income Instl		47,913
	Principal	Principal High Yield Inst		4,512
	Principal	Principal Real Estate Securities Inst		32,643
	Royce	Royce Small-Cap Special Equity Fund		57,795
	Russell	Russell Inv Emerging Markets S		34,484
	Schwab	Schwab Fundamental US Large Co Index IS		107,371
	T. Row Price	T. Rowe Price Blue Chip Growth		128,903
	T. Row Price	T. Rowe Price QM US Small-Cap Gr Eq I		715,256
	The Merger	The Merger Fund I		36,911
	Vanguard	Vanguard 500 Index Admiral		9,963,393
	Vanguard	Vanguard Inflation-Protected Secs Adm		14,391
	Vanguard	Vanguard Mid-Cap Growth Index Admiral Portfolio Wilmi		73,957
	Vanguard	Vanguard Mid-Cap Value Index Admiral		141,551
	Vanguard	Vanguard Mid Cap Index Admiral		4,646,768
	Vanguard	Vanguard Real Estate Index Admiral		31,861
	Vanguard	Vanguard Small Cap Growth Index Admiral		33,972
	Vanguard	Vanguard Small Cap Index Adm		2,839,276
	Vanguard	Vanguard Total Bond Market Index Adm		356,686
	Virtus	Virtus Newfleet Multi-Sector S/T Bd I		15,622
	Virtus	Virtus Vontobel Emerging Markets Opps I		18,533
	Wasatch	Wasatch Emerging Markets Select Instl		66,194
				120,072,172
	Exchange-Traded Funds			
	Aptus Collared Inc Opp ETF	8153 Shares ETF		270,353
	Aptus Defined Risk ETF	12334 Shares ETF		310,817
	Aptus Enhanced Yield ETF	9615 Shares ETF		227,536
	Energy Select Sector Spdr	974232 Shares ETF		81,680
	First Trust Dorsey Wright Mo	2841 Shares ETF		86,377
	Rising Div Achievers ETF	3087 Shares ETF		159,497
	First Trust Value Line Dividend Index Fund	971 Shares ETF		39,424
	Gabelli Dividend & Income Trust	2051 Shares ETF		44,374
	Horizon Kinetics Infl Benef	1401 Shares ETF		44,089
	Invesco Bulletshare 2028 Hyc	548 Shares ETF		11,890
	Invesco Bulletshares 2025 Co	430 Shares ETF		8,796
	Invesco Bulletshares 2025 Hi	515 Shares ETF		11,728
	Invesco Bulletshares 2026 Hi	506 Shares ETF		11,704
	Invesco Bulletshares 2027 Hi	525 Shares ETF		11,744
	Invesco Qqq Trust Series 1 Portfolio Wilmi	750 Shares ETF		30,714

Wilmington Health, PLLC Retirement Plan
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December 31, 2023

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	Invesco Solar Etf	198 Shares ETF		10,573
	iShares 1-3 Year Treasury Bond	183 Shares ETF		15,028
	iShares 7-10 Year Treasury Bon	533 Shares ETF		51,391
	iShares Core S&P 500 ETF	880 Shares ETF		42,031
	iShares Gold Trust	360 Shares ETF		14,051
	Ishares Ibonds Dec 2024 Term	2585 Shares ETF		61,674
	iShares iBonds Dec 2025 Term	1675 Shares ETF		39,004
	Ishares MSCI Eafe ETF	1948 Shares ETF		146,834
	Ishares MSCI Eafe Min Vol Fa	539 Shares ETF		37,382
	Ishares MSCI USA Min Vol Fac	1112 Shares ETF		86,735
	iShares Preferred & Income Securities ETF	4000 Shares ETF		124,760
	iShares TIPS Bond ETF	724 Shares ETF		77,823
	JPMorgan Equity Premium Inco	1500 Shares ETF		82,470
	JPMorgan Ultra-Short Income	953 Shares ETF		47,869
	Nuveen Floating Rate Income	8709 Shares ETF		71,588
	Opus Small Cap Value ETF	4267 Shares ETF		143,247
	Pacer Us Cash Cows 100 Etf	1325 Shares ETF		68,887
	PIMCO Enhanced Short Maturity Active ETF	349 Shares ETF		34,827
	Schwab US Large Cap	3232 Shares ETF		182,285
	Schwab US Small Cap	495 Shares ETF		23,422
	SPDR Blackstone Senior Loan ETF	490 Shares ETF		20,586
	Spdr Bloomberg 1-3 Month T-B	838 Shares ETF		76,630
	SPDR NYSE Technology ETF	240 Shares ETF		39,395
	SPDR S&P 500 ETF Trust	900 Shares ETF		42,778
	Technology Select Sector Spdr	360 Shares ETF		69,462
	Vanguard Dividend Apprec ETF	1247 Shares ETF		212,525
	Vanguard Emerg Mkts Gov Bnd	368 Shares ETF		23,488
	Vanguard FTSE Developed Markets ETF	1089 Shares ETF		52,163
	Vanguard FTSE Emerging Market	2156 Shares ETF		88,612
	Vanguard FTSE European ETF	700 Shares ETF		45,136
	Vanguard Industrials ETF	268 Shares ETF		59,284
	Vanguard Mid-Cap Value Index	760 Shares ETF		110,208
	Vanguard Mid - Cap Growth Index	539 Shares ETF		118,348
	Vanguard Real Estate ETF	793 Shares ETF		70,069
	Vanguard Short-Term Tips Portfolio Wilmi	1494 Shares ETF		70,953
	Vanguard Short Term Bond ETF	925 Shares ETF		71,244
	Vanguard Small- Cap ETF	528 Shares ETF		112,785
	Vanguard Tot World Stk Index	1000 Shares ETF		102,880
	Vanguard Value ETF	1117 Shares ETF		167,028
	WisdomTree Floating Rate Treasure Fund	758 Shares ETF		38,082
				4,304,260
	Corporate Bonds			
	JPMorgan Chase Financial	$25,000 Bond, Due 5/9/24, Interest 12.050%		25,088
	JPMorgan Chase Financial	$15,000 Bond; Due 09/18/25; Interest 9.750%		14,952
				40,040
	US Treasury Notes			
	US Treasury	$99,128 Inflation Bond; Due 1/15/2026; Interest 0.625%		96,518
	US Treasury	$99,128 Note/Bond; Due 1/15/2026; Interest 4.250%		99,547
	US Treasury	$24,600 Note/Bond; Due12/31/2023; Interest 2.625%		25,001
	US Treasury	$50,000 Note/Bond; Due 2/15/24; Interest 2.750%		49,857
				270,923

Wilmington Health, PLLC Retirement Plan
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	Certificates of Deposit			
	Charles Schwab Bank SSB	Charles Schwab Bank SSB 5.150% Due 6/06/2024		199,904
	Charles Schwab Bank SSB	Charles Schwab Bank SSB 5.200% Due 6/06/2024		34,997
	Bank Of Baroda	Bank Of Baroda 5.500% Due 9/27/24		205,490
	JPMorgan Chase Bank Na	JPMorgan Chase Bank Na 5.700% Due 1/15/25		50,006
	Wells Fargo Bank Na	Wells Fargo 4.500% Due 10/21/24		124,471
				614,868
*	Notes receivable from participants	4.25% - 10.50%; maturing November 2028		735,151
				$ 139,414,417

* *Party in interest.*
** *Cost omitted for participant – directed investments.*

Form 5500

Department of the Treasury
Internal Revenue Service

Department of Labor
Employee Benefits Security Administration

Pension Benefit Guaranty Corporation

Annual Return/Report of Employee Benefit Plan

This form is required to be filed for employee benefit plans under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA) and sections 6057(b) and 6058(a) of the Internal Revenue Code (the Code).

▶ **Complete all entries in accordance with the instructions to the Form 5500.**

OMB Nos. 1210-0110
1210-0089

2023

This Form is Open to Public Inspection

Part I Annual Report Identification Information

For calendar plan year 2023 or fiscal plan year beginning 01/01/2023 and ending 12/31/2023

A This return/report is for:
- ☐ a multiemployer plan
- ☐ a multiple-employer plan (Filers checking this box must provide participating employer information in accordance with the form instructions.)
- ☒ a single-employer plan
- ☐ a DFE (specify) ___

B This return/report is:
- ☐ the first return/report
- ☐ the final return/report
- ☐ an amended return/report
- ☐ a short plan year return/report (less than 12 months)

C If the plan is a collectively-bargained plan, check here. ▶ ☐

D Check box if filing under:
- ☒ Form 5558
- ☐ automatic extension
- ☐ the DFVC program
- ☒ special extension (enter description) IR-2024-253 and NC-2024-08

E If this is a retroactively adopted plan permitted by SECURE Act section 201, check here. ▶ ☐

Part II Basic Plan Information—enter all requested information

1a Name of plan
Wilmington Health, PLLC Retirement Plan

1b Three-digit plan number (PN) ▶ 001

1c Effective date of plan 11/01/1984

2a Plan sponsor's name (employer, if for a single-employer plan)
Mailing address (include room, apt., suite no. and street, or P.O. Box)
City or town, state or province, country, and ZIP or foreign postal code (if foreign, see instructions)
Wilmington Health, PLLC

1202 Medical Center Drive

Wilmington NC 28401

2b Employer Identification Number (EIN) 56-1980160

2c Plan Sponsor's telephone number (910)341-3480

2d Business code (see instructions) 621111

Caution: A penalty for the late or incomplete filing of this return/report will be assessed unless reasonable cause is established.

Under penalties of perjury and other penalties set forth in the instructions, I declare that I have examined this return/report, including accompanying schedules, statements and attachments, as well as the electronic version of this return/report, and to the best of my knowledge and belief, it is true, correct, and complete.

SIGN HERE		11-6-2024	Jeff James
	Signature of plan administrator	Date	Enter name of individual signing as plan administrator
SIGN HERE			
	Signature of employer/plan sponsor	Date	Enter name of individual signing as employer or plan sponsor
SIGN HERE			
	Signature of DFE	Date	Enter name of individual signing as DFE