

Form 5500

Annual Return/Report of Employee Benefit Plan

OMB Nos. 1210-0110 1210-0089

2024

This Form is Open to Public Inspection

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration

Pension Benefit Guaranty Corporation

This form is required to be filed for employee benefit plans under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA) and sections 6057(b) and 6058(a) of the Internal Revenue Code (the Code).

Complete all entries in accordance with the instructions to the Form 5500.

Part I Annual Report Identification Information

For calendar plan year 2024 or fiscal plan year beginning 01/01/2024 and ending 12/31/2024

- A This return/report is for: [X] a multiemployer plan [] a multiple-employer plan (Filers checking this box must provide participating employer information in accordance with the form instructions.) [] a single-employer plan [] a DFE (specify) ____
B This return/report is: [] the first return/report [] the final return/report [] an amended return/report [] a short plan year return/report (less than 12 months)
C If the plan is a collectively-bargained plan, check here. [X]
D Check box if filing under: [X] Form 5558 [] automatic extension [] the DFVC program [] special extension (enter description)
E If this is a retroactively adopted plan permitted by SECURE Act section 201, check here. []

Part II Basic Plan Information—enter all requested information

1a Name of plan SEAFARERS HEALTH AND BENEFITS PLAN
1b Three-digit plan number (PN) 501
1c Effective date of plan 07/01/1950
2a Plan sponsor's name (employer, if for a single-employer plan) Mailing address (include room, apt., suite no. and street, or P.O. Box) City or town, state or province, country, and ZIP or foreign postal code (if foreign, see instructions) BOARD OF TRUSTEES SEAFARERS HEALTH AND BENEFITS PLAN 5201 CAPITAL GATEWAY DRIVE CAMP SPRINGS, MD 20746
2b Employer Identification Number (EIN) 13-5557534
2c Plan Sponsor's telephone number 301-899-0675
2d Business code (see instructions) 483000

Caution: A penalty for the late or incomplete filing of this return/report will be assessed unless reasonable cause is established.

Under penalties of perjury and other penalties set forth in the instructions, I declare that I have examined this return/report, including accompanying schedules, statements and attachments, as well as the electronic version of this return/report, and to the best of my knowledge and belief, it is true, correct, and complete.

Table with 4 columns: SIGN HERE, Signature of plan administrator, Date, Enter name of individual signing as plan administrator. Includes entries for THOMAS ORZECOWSKI and ANTHONY NACCARATO.

For Paperwork Reduction Act Notice, see the Instructions for Form 5500.

Form 5500 (2024) v. 240311

3a Plan administrator's name and address <input checked="" type="checkbox"/> Same as Plan Sponsor	3b Administrator's EIN	
	3c Administrator's telephone number	
4 If the name and/or EIN of the plan sponsor or the plan name has changed since the last return/report filed for this plan, enter the plan sponsor's name, EIN, the plan name and the plan number from the last return/report: a Sponsor's name c Plan Name	4b EIN	
	4d PN	
5 Total number of participants at the beginning of the plan year	5	8845
6 Number of participants as of the end of the plan year unless otherwise stated (welfare plans complete only lines 6a(1) , 6a(2) , 6b , 6c , and 6d). a(1) Total number of active participants at the beginning of the plan year a(2) Total number of active participants at the end of the plan year b Retired or separated participants receiving benefits..... c Other retired or separated participants entitled to future benefits d Subtotal. Add lines 6a(2) , 6b , and 6c e Deceased participants whose beneficiaries are receiving or are entitled to receive benefits. f Total. Add lines 6d and 6e g(1) Number of participants with account balances as of the beginning of the plan year (only defined contribution plans complete this item) g(2) Number of participants with account balances as of the end of the plan year (only defined contribution plans complete this item) h Number of participants who terminated employment during the plan year with accrued benefits that were less than 100% vested.....	6a(1)	7473
	6a(2)	7645
	6b	1374
	6c	
	6d	9019
	6e	
	6f	
	6g(1)	
6g(2)		
6h		
7 Enter the total number of employers obligated to contribute to the plan (only multiemployer plans complete this item)	7	86

8a If the plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Characteristics Codes in the instructions:

b If the plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Characteristics Codes in the instructions:
4A 4D 4E 4F 4K 4L 4Q

9a Plan funding arrangement (check all that apply)	9b Plan benefit arrangement (check all that apply)
(1) <input type="checkbox"/> Insurance	(1) <input type="checkbox"/> Insurance
(2) <input type="checkbox"/> Code section 412(e)(3) insurance contracts	(2) <input type="checkbox"/> Code section 412(e)(3) insurance contracts
(3) <input checked="" type="checkbox"/> Trust	(3) <input checked="" type="checkbox"/> Trust
(4) <input type="checkbox"/> General assets of the sponsor	(4) <input type="checkbox"/> General assets of the sponsor

10 Check all applicable boxes in 10a and 10b to indicate which schedules are attached, and, where indicated, enter the number attached. (See instructions)

a Pension Schedules	b General Schedules
(1) <input type="checkbox"/> R (Retirement Plan Information)	(1) <input checked="" type="checkbox"/> H (Financial Information)
(2) <input type="checkbox"/> MB (Multiemployer Defined Benefit Plan and Certain Money Purchase Plan Actuarial Information) - signed by the plan actuary	(2) <input type="checkbox"/> I (Financial Information – Small Plan)
(3) <input type="checkbox"/> SB (Single-Employer Defined Benefit Plan Actuarial Information) - signed by the plan actuary	(3) <input type="checkbox"/> A (Insurance Information) – Number Attached _____
(4) <input type="checkbox"/> DCG (Individual Plan Information) – Number Attached _____	(4) <input checked="" type="checkbox"/> C (Service Provider Information)
(5) <input type="checkbox"/> MEP (Multiple-Employer Retirement Plan Information)	(5) <input type="checkbox"/> D (DFE/Participating Plan Information)
	(6) <input type="checkbox"/> G (Financial Transaction Schedules)

Part III Form M-1 Compliance Information (to be completed by welfare benefit plans)

11a If the plan provides welfare benefits, was the plan subject to the Form M-1 filing requirements during the plan year? (See instructions and 29 CFR 2520.101-2.) Yes No

If "Yes" is checked, complete lines 11b and 11c.

11b Is the plan currently in compliance with the Form M-1 filing requirements? (See instructions and 29 CFR 2520.101-2.) Yes No

11c Enter the Receipt Confirmation Code for the 2024 Form M-1 annual report. If the plan was not required to file the 2024 Form M-1 annual report, enter the Receipt Confirmation Code for the most recent Form M-1 that was required to be filed under the Form M-1 filing requirements. (Failure to enter a valid Receipt Confirmation Code will subject the Form 5500 filing to rejection as incomplete.)

Receipt Confirmation Code _____

SCHEDULE C (Form 5500) <small>Department of the Treasury Internal Revenue Service</small> <small>Department of Labor Employee Benefits Security Administration</small> <small>Pension Benefit Guaranty Corporation</small>	Service Provider Information This schedule is required to be filed under section 104 of the Employee Retirement Income Security Act of 1974 (ERISA). ▶ File as an attachment to Form 5500.	<small>OMB No. 1210-0110</small> 2024 This Form is Open to Public Inspection.
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For calendar plan year 2024 or fiscal plan year beginning **01/01/2024** and ending **12/31/2024**

A Name of plan SEAFARERS HEALTH AND BENEFITS PLAN	B Three-digit plan number (PN) ▶	501
C Plan sponsor's name as shown on line 2a of Form 5500 BOARD OF TRUSTEES SEAFARERS HEALTH AND BENEFITS PLAN	D Employer Identification Number (EIN) 13-5557534	

Part I Service Provider Information (see instructions)

You must complete this Part, in accordance with the instructions, to report the information required for **each person** who received, directly or indirectly, \$5,000 or more in total compensation (i.e., money or anything else of monetary value) in connection with services rendered to the plan or the person's position with the plan during the plan year. If a person received **only** eligible indirect compensation for which the plan received the required disclosures, you are required to answer line 1 but are not required to include that person when completing the remainder of this Part.

1 Information on Persons Receiving Only Eligible Indirect Compensation

a Check "Yes" or "No" to indicate whether you are excluding a person from the remainder of this Part because they received only eligible indirect compensation for which the plan received the required disclosures (see instructions for definitions and conditions)..... Yes No

b If you answered line 1a "Yes," enter the name and EIN or address of each person providing the required disclosures for the service providers who received only eligible indirect compensation. Complete as many entries as needed (see instructions).

(b) Enter name and EIN or address of person who provided you disclosures on eligible indirect compensation

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2. Information on Other Service Providers Receiving Direct or Indirect Compensation. Except for those persons for whom you answered "Yes" to line 1a above, complete as many entries as needed to list each person receiving, directly or indirectly, \$5,000 or more in total compensation (i.e., money or anything else of value) in connection with services rendered to the plan or their position with the plan during the plan year. (See instructions).

(a) Enter name and EIN or address (see instructions)

SEAFARERS VACATION PLAN

13-5602047

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
15 50 64		3828581	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

(a) Enter name and EIN or address (see instructions)

SEAFARERS INTL UNION AGLIW

11-1690171

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
15 50 64		3551069	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

(a) Enter name and EIN or address (see instructions)

ASB CAPITAL MANAGEMENT LLC

80-0618452

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
28		1032702	Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>	Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>	0	Yes <input type="checkbox"/> No <input type="checkbox"/>

2. Information on Other Service Providers Receiving Direct or Indirect Compensation. Except for those persons for whom you answered "Yes" to line 1a above, complete as many entries as needed to list each person receiving, directly or indirectly, \$5,000 or more in total compensation (i.e., money or anything else of value) in connection with services rendered to the plan or their position with the plan during the plan year. (See instructions).

(a) Enter name and EIN or address (see instructions)

LUNDEBERG MD SEAMANSHIP SCHOOL, INC

45353 ST GEORGES AVE
PINEY POINT, MD 20674

11-2206183

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
50 49		382710	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

(a) Enter name and EIN or address (see instructions)

AMWINS RX

866 NORTH MAIN STREET EXTENSION
WALLINGFORD, CT 06492

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
50		204846	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

(a) Enter name and EIN or address (see instructions)

WEAVER AND TIDWELL, LLP

75-0786316

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
10 50		139116	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

2. Information on Other Service Providers Receiving Direct or Indirect Compensation. Except for those persons for whom you answered "Yes" to line 1a above, complete as many entries as needed to list each person receiving, directly or indirectly, \$5,000 or more in total compensation (i.e., money or anything else of value) in connection with services rendered to the plan or their position with the plan during the plan year. (See instructions).

(a) Enter name and EIN or address (see instructions)

PLEXIS HEALTHCARE SYSTEMS, INC

93-1216851

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
50		128126	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

(a) Enter name and EIN or address (see instructions)

HEALTH PORTAL SOLUTIONS

11550 WEST IH 10, SUITE 220
SAN ANTONIO, TX 78230

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
49 50		113946	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

(a) Enter name and EIN or address (see instructions)

SANDRA L. GUY

5201 CAPITAL GATEWAY DR
CAMP SPRINGS, MD 20746

13-5557534

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
30 50		110267	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

2. Information on Other Service Providers Receiving Direct or Indirect Compensation. Except for those persons for whom you answered "Yes" to line 1a above, complete as many entries as needed to list each person receiving, directly or indirectly, \$5,000 or more in total compensation (i.e., money or anything else of value) in connection with services rendered to the plan or their position with the plan during the plan year. (See instructions).

(a) Enter name and EIN or address (see instructions)

CATHERINE S. FENWICK

5201 CAPITAL GATEWAY DR
CAMP SPRINGS, MD 20746

13-5557534

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
30 50		99251	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

(a) Enter name and EIN or address (see instructions)

LISA R. WILLIAMS

5201 CAPITAL GATEWAY DR
CAMP SPRINGS, MD 20746

13-5557534

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
30 50		96888	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

(a) Enter name and EIN or address (see instructions)

KERRIE E. THOMPSON

5201 CAPITAL GATEWAY DR
CAMP SPRINGS, MD 20746

13-5557534

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
30 50		85719	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

2. Information on Other Service Providers Receiving Direct or Indirect Compensation. Except for those persons for whom you answered "Yes" to line 1a above, complete as many entries as needed to list each person receiving, directly or indirectly, \$5,000 or more in total compensation (i.e., money or anything else of value) in connection with services rendered to the plan or their position with the plan during the plan year. (See instructions).

(a) Enter name and EIN or address (see instructions)

DEBORAH K. KARR

5201 CAPITAL GATEWAY DR
CAMP SPRINGS, MD 20746

13-5557534

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
30 50		81089	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

(a) Enter name and EIN or address (see instructions)

FRANCISCO TORRES

5201 CAPITAL GATEWAY DR
CAMP SPRINGS, MD 20746

13-5557534

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
30 50		77043	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

(a) Enter name and EIN or address (see instructions)

OPTUM RX, INC.

33-0441200

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
12 50 62		70633	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

2. Information on Other Service Providers Receiving Direct or Indirect Compensation. Except for those persons for whom you answered "Yes" to line 1a above, complete as many entries as needed to list each person receiving, directly or indirectly, \$5,000 or more in total compensation (i.e., money or anything else of value) in connection with services rendered to the plan or their position with the plan during the plan year. (See instructions).

(a) Enter name and EIN or address (see instructions)

MCS LIFE INSURANCE

PO BOX 193310
SAN JUAN, PR 94107

66-0520918

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
30 50		69928	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

(a) Enter name and EIN or address (see instructions)

AGNES D. WOODLAND

5201 CAPITAL GATEWAY DR
CAMP SPRINGS, MD 20746

13-5557534

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30		68671	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

(a) Enter name and EIN or address (see instructions)

REBECCA D. HOWE

5201 CAPITAL GATEWAY DR
CAMP SPRINGS, MD 20746

13-5557534

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30 50		67078	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

2. Information on Other Service Providers Receiving Direct or Indirect Compensation. Except for those persons for whom you answered "Yes" to line 1a above, complete as many entries as needed to list each person receiving, directly or indirectly, \$5,000 or more in total compensation (i.e., money or anything else of value) in connection with services rendered to the plan or their position with the plan during the plan year. (See instructions).

(a) Enter name and EIN or address (see instructions)

TUSHIMA N. FRENZEN

5201 CAPITAL GATEWAY DR
CAMP SPRINGS, MD 20746

13-5557534

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
30 50		65977	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

(a) Enter name and EIN or address (see instructions)

MINETTE S. CLARKE

5201 CAPITAL GATEWAY DR
CAMP SPRINGS, MD 20746

13-5557534

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
30 50		65563	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

(a) Enter name and EIN or address (see instructions)

ANN M. MCNEAL

5201 CAPITAL GATEWAY DR
CAMP SPRINGS, MD 20746

13-5557534

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
		64789	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

2. Information on Other Service Providers Receiving Direct or Indirect Compensation. Except for those persons for whom you answered "Yes" to line 1a above, complete as many entries as needed to list each person receiving, directly or indirectly, \$5,000 or more in total compensation (i.e., money or anything else of value) in connection with services rendered to the plan or their position with the plan during the plan year. (See instructions).

(a) Enter name and EIN or address (see instructions)

PAQUITA L. BROOKS

5201 CAPITAL GATEWAY DR
CAMP SPRINGS, MD 20746

13-5557534

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
30 50		57391	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

(a) Enter name and EIN or address (see instructions)

KIMBERLY A. GREENWELL

5201 CAPITAL GATEWAY DR
CAMP SPRINGS, MD 20746

13-5557534

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
30 50		55431	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

(a) Enter name and EIN or address (see instructions)

PAMELA J. EVANS

5201 CAPITAL GATEWAY DR
CAMP SPRINGS, MD 20746

13-5557534

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
30 50		55188	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

2. Information on Other Service Providers Receiving Direct or Indirect Compensation. Except for those persons for whom you answered "Yes" to line 1a above, complete as many entries as needed to list each person receiving, directly or indirectly, \$5,000 or more in total compensation (i.e., money or anything else of value) in connection with services rendered to the plan or their position with the plan during the plan year. (See instructions).

(a) Enter name and EIN or address (see instructions)

SHARON A. THOMPSON

5201 CAPITAL GATEWAY DR
CAMP SPRINGS, MD 20746

13-5557534

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
30 50		52866	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

(a) Enter name and EIN or address (see instructions)

CHRIS H. LEEMAN

5201 CAPITAL GATEWAY DR
CAMP SPRINGS, MD 20746

13-5557534

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
30 50		52181	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

(a) Enter name and EIN or address (see instructions)

MARY B. BROWNE

5201 CAPITAL GATEWAY DR
CAMP SPRINGS, MD 20746

13-5557534

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
30 50		51687	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

2. Information on Other Service Providers Receiving Direct or Indirect Compensation. Except for those persons for whom you answered "Yes" to line 1a above, complete as many entries as needed to list each person receiving, directly or indirectly, \$5,000 or more in total compensation (i.e., money or anything else of value) in connection with services rendered to the plan or their position with the plan during the plan year. (See instructions).

(a) Enter name and EIN or address (see instructions)

SHELBY F. MONTGOMERY

5201 CAPITAL GATEWAY DR
CAMP SPRINGS, MD 20746

13-5557534

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
30 50		51344	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

(a) Enter name and EIN or address (see instructions)

CAROL A. STROHMEYER

5201 CAPITAL GATEWAY DR
CAMP SPRINGS, MD 20746

13-5557534

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
50		51140	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

(a) Enter name and EIN or address (see instructions)

JENELL E. GANDY

5201 CAPITAL GATEWAY DR
CAMP SPRINGS, MD 20746

13-5557534

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
30 50		49904	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

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(a) Enter name and EIN or address (see instructions)

BASIL CASTROVINCI ASSOCIATES INC

13-2831500

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
		49677	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

(a) Enter name and EIN or address (see instructions)

SHAWN S. WERFEL

5201 CAPITAL GATEWAY DR
CAMP SPRINGS, MD 20746

13-5557534

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
30 50		44674	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

(a) Enter name and EIN or address (see instructions)

MACHELLE A. TERRY-COURTNEY

5201 CAPITAL GATEWAY DR
CAMP SPRINGS, MD 20746

13-5557534

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
30 50		43319	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

2. Information on Other Service Providers Receiving Direct or Indirect Compensation. Except for those persons for whom you answered "Yes" to line 1a above, complete as many entries as needed to list each person receiving, directly or indirectly, \$5,000 or more in total compensation (i.e., money or anything else of value) in connection with services rendered to the plan or their position with the plan during the plan year. (See instructions).

(a) Enter name and EIN or address (see instructions)

ERICA M. ESCOBAR

5201 CAPITAL GATEWAY DRR
CAMP SPRINGS, MD 20746

13-5557534

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
30 50		43070	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

(a) Enter name and EIN or address (see instructions)

WANDA LEE LOHEED

5201 CAPITAL GATEWAY DR
CAMP SPRINGS, MD 20746

13-5557534

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
30 50		43009	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

(a) Enter name and EIN or address (see instructions)

JOHN G. WHITT

5201 CAPITAL GATEWAY DR
CAMP SPRINGS, MD 20746

13-5557534

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
30 50		42781	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

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(a) Enter name and EIN or address (see instructions)

SYDNEY A. TOLBERT

5201 CAPITAL GATEWAY DR
CAMP SPRINGS, MD 20746

13-5557534

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
30 50		41731	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

(a) Enter name and EIN or address (see instructions)

CHRISTINE J. DAVIS

5201 CAPITAL GATEWAY DR
CAMP SPRINGS, MD 20746

13-5557534

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
30 50		41498	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

(a) Enter name and EIN or address (see instructions)

KATLYN L. GAGNON

5201 CAPITAL GATEWAY DR
CAMP SPRINGS, MD 20746

13-5557534

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
30 50		40799	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

2. Information on Other Service Providers Receiving Direct or Indirect Compensation. Except for those persons for whom you answered "Yes" to line 1a above, complete as many entries as needed to list each person receiving, directly or indirectly, \$5,000 or more in total compensation (i.e., money or anything else of value) in connection with services rendered to the plan or their position with the plan during the plan year. (See instructions).

(a) Enter name and EIN or address (see instructions)

MARY C. WILLS

5201 CAPITAL GATEWAY DR
CAMP SPRINGS, MD 20746

13-5557534

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
30 50		39513	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

(a) Enter name and EIN or address (see instructions)

MARY E. BOGGS

5201 CAPITAL GATEWAY DR
CAMP SPRINGS, MD 20746

13-5557534

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
30 50		39338	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

(a) Enter name and EIN or address (see instructions)

MADISON A. DAVIS

5201 CAPITAL GATEWAY DR
CAMP SPRINGS, MD 20746

13-5557534

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
30 50		38898	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

2. Information on Other Service Providers Receiving Direct or Indirect Compensation. Except for those persons for whom you answered "Yes" to line 1a above, complete as many entries as needed to list each person receiving, directly or indirectly, \$5,000 or more in total compensation (i.e., money or anything else of value) in connection with services rendered to the plan or their position with the plan during the plan year. (See instructions).

(a) Enter name and EIN or address (see instructions)

BRITTANY R. STROHMEYER

5201 CAPITAL GATEWAY DR
CAMP SPRINGS, MD 20746

13-5557534

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
		38767	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

(a) Enter name and EIN or address (see instructions)

ROCHELLE R. BLACKISTON

5201 CAPITAL GATEWAY DR
CAMP SPRINGS, MD 20746

13-5557534

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
30 50		38492	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

(a) Enter name and EIN or address (see instructions)

JESSICA F. EVERSBERG

5201 CAPITAL GATEWAY DR
CAMP SPRINGS, MD 20746

13-5557534

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
30 50		37397	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

2. Information on Other Service Providers Receiving Direct or Indirect Compensation. Except for those persons for whom you answered "Yes" to line 1a above, complete as many entries as needed to list each person receiving, directly or indirectly, \$5,000 or more in total compensation (i.e., money or anything else of value) in connection with services rendered to the plan or their position with the plan during the plan year. (See instructions).

(a) Enter name and EIN or address (see instructions)

SHANISE D. DAMES

5201 CAPITAL GATEWAY DR
CAMP SPRINGS, MD 20746

13-5557534

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
30 50		36802	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

(a) Enter name and EIN or address (see instructions)

KIRSTEN A. EVERSBERG

5201 CAPITAL GATEWAY DR
CAMP SPRINGS, MD 20746

13-5557534

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
30 50		36267	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

(a) Enter name and EIN or address (see instructions)

KIA L. GILLIARD WILLIAMS

5201 CAPITAL GATEWAY DR
CAMP SPRINGS, MD 20746

13-5557534

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
30 50		36096	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

2. Information on Other Service Providers Receiving Direct or Indirect Compensation. Except for those persons for whom you answered "Yes" to line 1a above, complete as many entries as needed to list each person receiving, directly or indirectly, \$5,000 or more in total compensation (i.e., money or anything else of value) in connection with services rendered to the plan or their position with the plan during the plan year. (See instructions).

(a) Enter name and EIN or address (see instructions)

TYSHEENA M. BRISCOE

5201 CAPITAL GATEWAY DR
CAMP SPRINGS, MD 20746

13-5557534

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
30 50		35711	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

(a) Enter name and EIN or address (see instructions)

ASHLYN N. NICHOLS

5201 CAPITAL GATEWAY DR
CAMP SPRINGS, MD 20746

13-5557534

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
30 50		35372	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

(a) Enter name and EIN or address (see instructions)

ANNA J. BUCKLER

5201 CAPITAL GATEWAY DR
CAMP SPRINGS, MD 20746

13-5557534

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
30 50		35253	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

2. Information on Other Service Providers Receiving Direct or Indirect Compensation. Except for those persons for whom you answered "Yes" to line 1a above, complete as many entries as needed to list each person receiving, directly or indirectly, \$5,000 or more in total compensation (i.e., money or anything else of value) in connection with services rendered to the plan or their position with the plan during the plan year. (See instructions).

(a) Enter name and EIN or address (see instructions)

ZELIS HEALTHCARE

58-2167964

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
12		33820	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

(a) Enter name and EIN or address (see instructions)

VIRGINIA TREVETHAN

5201 CAPITAL GATEWAY DR
CAMP SPRINGS, MD 20746

13-5557534

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
30 50		33374	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

(a) Enter name and EIN or address (see instructions)

COMERICA BANK

42-1741646

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
19 50 62 72		24993	Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>	Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>	0	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>

2. Information on Other Service Providers Receiving Direct or Indirect Compensation. Except for those persons for whom you answered "Yes" to line 1a above, complete as many entries as needed to list each person receiving, directly or indirectly, \$5,000 or more in total compensation (i.e., money or anything else of value) in connection with services rendered to the plan or their position with the plan during the plan year. (See instructions).

(a) Enter name and EIN or address (see instructions)

MARTIN OPPENHIEMER

400 CLAFLIN AVE
MAMARONECK, NY 10543

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
50 70		20000	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

(a) Enter name and EIN or address (see instructions)

NGL GROUP LLC

11-2334873

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
53		0	Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	18050	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>

(a) Enter name and EIN or address (see instructions)

DR. MICHAEL SZKOTNICKI

13-5557534

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
16 50		15600	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>

Part I Service Provider Information (continued)

3. If you reported on line 2 receipt of indirect compensation, other than eligible indirect compensation, by a service provider, and the service provider is a fiduciary or provides contract administrator, consulting, custodial, investment advisory, investment management, broker, or recordkeeping services, answer the following questions for (a) each source from whom the service provider received \$1,000 or more in indirect compensation and (b) each source for whom the service provider gave you a formula used to determine the indirect compensation instead of an amount or estimated amount of the indirect compensation. Complete as many entries as needed to report the required information for each source.

(a) Enter service provider name as it appears on line 2	(b) Service Codes (see instructions)	(c) Enter amount of indirect compensation
NGL GROUP LLC	53	2999
(d) Enter name and EIN (address) of source of indirect compensation	(e) Describe the indirect compensation, including any formula used to determine the service provider's eligibility for or the amount of the indirect compensation.	
ULLICO INSURANCE COMPANY 8403 COLESVILLE RD SILVER SPRING, MD 20910	COMMISSIONS PAID BY INSURANCE CARRIER TO NGL GROUP	
(a) Enter service provider name as it appears on line 2	(b) Service Codes (see instructions)	(c) Enter amount of indirect compensation
NGL GROUP LLC	53	7757
(d) Enter name and EIN (address) of source of indirect compensation	(e) Describe the indirect compensation, including any formula used to determine the service provider's eligibility for or the amount of the indirect compensation.	
FEDERAL INSURANCE 15 MOUNTAINVIEW ROAD WARREN, NJ 07059	COMMISSIONS PAID BY INSURANCE CARRIER TO NGL GROUP	
(a) Enter service provider name as it appears on line 2	(b) Service Codes (see instructions)	(c) Enter amount of indirect compensation
NGL GROUP LLC	53	3504
(d) Enter name and EIN (address) of source of indirect compensation	(e) Describe the indirect compensation, including any formula used to determine the service provider's eligibility for or the amount of the indirect compensation.	
BERKSHIRE HATHAWAY INC. 3555 FARNAM STREET OMAHA, NE 68131	COMMISSIONS PAID BY INSURANCE CARRIER TO NGL GROUP	

Part I Service Provider Information (continued)

3. If you reported on line 2 receipt of indirect compensation, other than eligible indirect compensation, by a service provider, and the service provider is a fiduciary or provides contract administrator, consulting, custodial, investment advisory, investment management, broker, or recordkeeping services, answer the following questions for (a) each source from whom the service provider received \$1,000 or more in indirect compensation and (b) each source for whom the service provider gave you a formula used to determine the indirect compensation instead of an amount or estimated amount of the indirect compensation. Complete as many entries as needed to report the required information for each source.

(a) Enter service provider name as it appears on line 2	(b) Service Codes (see instructions)	(c) Enter amount of indirect compensation
NGL GROUP LLC	53	2382
(d) Enter name and EIN (address) of source of indirect compensation		(e) Describe the indirect compensation, including any formula used to determine the service provider's eligibility for or the amount of the indirect compensation.
SENECA INSURANCE CO INC 160 WATER STREET 16TH FLOOR NEW YORK, NY 10038		COMMISSIONS PAID BY INSURANCE CARRIER TO NGL GROUP
(a) Enter service provider name as it appears on line 2	(b) Service Codes (see instructions)	(c) Enter amount of indirect compensation
NGL GROUP LLC	53	1030
(d) Enter name and EIN (address) of source of indirect compensation		(e) Describe the indirect compensation, including any formula used to determine the service provider's eligibility for or the amount of the indirect compensation.
LLOYDS INS. 280 PARK AVENUE EAST TOWER, 25TH FL NEW YORK, NY 10017		COMMISSIONS PAID BY INSURANCE CARRIER TO NGL GROUP
(a) Enter service provider name as it appears on line 2	(b) Service Codes (see instructions)	(c) Enter amount of indirect compensation
(d) Enter name and EIN (address) of source of indirect compensation		(e) Describe the indirect compensation, including any formula used to determine the service provider's eligibility for or the amount of the indirect compensation.

Part II Service Providers Who Fail or Refuse to Provide Information

4 Provide, to the extent possible, the following information for each service provider who failed or refused to provide the information necessary to complete this Schedule.

(a) Enter name and EIN or address of service provider (see instructions)	(b) Nature of Service Code(s)	(c) Describe the information that the service provider failed or refused to provide

(a) Enter name and EIN or address of service provider (see instructions)	(b) Nature of Service Code(s)	(c) Describe the information that the service provider failed or refused to provide

(a) Enter name and EIN or address of service provider (see instructions)	(b) Nature of Service Code(s)	(c) Describe the information that the service provider failed or refused to provide

(a) Enter name and EIN or address of service provider (see instructions)	(b) Nature of Service Code(s)	(c) Describe the information that the service provider failed or refused to provide

(a) Enter name and EIN or address of service provider (see instructions)	(b) Nature of Service Code(s)	(c) Describe the information that the service provider failed or refused to provide

(a) Enter name and EIN or address of service provider (see instructions)	(b) Nature of Service Code(s)	(c) Describe the information that the service provider failed or refused to provide

Part III Termination Information on Accountants and Enrolled Actuaries (see instructions)
(complete as many entries as needed)

a Name:	b EIN:
c Position:	
d Address:	e Telephone:

Explanation:

a Name:	b EIN:
c Position:	
d Address:	e Telephone:

Explanation:

a Name:	b EIN:
c Position:	
d Address:	e Telephone:

Explanation:

a Name:	b EIN:
c Position:	
d Address:	e Telephone:

Explanation:

a Name:	b EIN:
c Position:	
d Address:	e Telephone:

Explanation:

SCHEDULE H (Form 5500) <small>Department of the Treasury Internal Revenue Service</small> <small>Department of Labor Employee Benefits Security Administration</small> <small>Pension Benefit Guaranty Corporation</small>	Financial Information This schedule is required to be filed under section 104 of the Employee Retirement Income Security Act of 1974 (ERISA), and section 6058(a) of the Internal Revenue Code (the Code). ▶ File as an attachment to Form 5500.	<small>OMB No. 1210-0110</small> 2024 This Form is Open to Public Inspection
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For calendar plan year 2024 or fiscal plan year beginning 01/01/2024 and ending 12/31/2024	
A Name of plan SEAFARERS HEALTH AND BENEFITS PLAN	B Three-digit plan number (PN) ▶ 501
C Plan sponsor's name as shown on line 2a of Form 5500 BOARD OF TRUSTEES SEAFARERS HEALTH AND BENEFITS PLAN	D Employer Identification Number (EIN) 13-5557534

Part I	Asset and Liability Statement
---------------	--------------------------------------

1 Current value of plan assets and liabilities at the beginning and end of the plan year. Combine the value of plan assets held in more than one trust. Report the value of the plan's interest in a commingled fund containing the assets of more than one plan on a line-by-line basis unless the value is reportable on lines 1c(9) through 1c(14). Do not enter the value of that portion of an insurance contract which guarantees, during this plan year, to pay a specific dollar benefit at a future date. **Round off amounts to the nearest dollar.** MTIAs, CCTs, PSAs, and 103-12 IEs do not complete lines 1b(1), 1b(2), 1c(8), 1g, 1h, and 1i. CCTs, PSAs, and 103-12 IEs also do not complete lines 1d and 1e. See instructions.

		(a) Beginning of Year	(b) End of Year
Assets			
a Total noninterest-bearing cash	1a	4838496	39146127
b Receivables (less allowance for doubtful accounts):			
(1) Employer contributions	1b(1)	10030072	11389654
(2) Participant contributions	1b(2)		
(3) Other	1b(3)	4670556	7928844
c General investments:			
(1) Interest-bearing cash (include money market accounts & certificates of deposit)	1c(1)	1501305	1502506
(2) U.S. Government securities	1c(2)	65610040	81712678
(3) Corporate debt instruments (other than employer securities):			
(A) Preferred	1c(3)(A)	178391114	208224975
(B) All other	1c(3)(B)		
(4) Corporate stocks (other than employer securities):			
(A) Preferred	1c(4)(A)		
(B) Common	1c(4)(B)	74501757	82991544
(5) Partnership/joint venture interests	1c(5)		
(6) Real estate (other than employer real property)	1c(6)		
(7) Loans (other than to participants)	1c(7)		
(8) Participant loans	1c(8)		
(9) Value of interest in common/collective trusts	1c(9)		
(10) Value of interest in pooled separate accounts	1c(10)		
(11) Value of interest in master trust investment accounts	1c(11)		
(12) Value of interest in 103-12 investment entities	1c(12)		
(13) Value of interest in registered investment companies (e.g., mutual funds)	1c(13)	40010283	27613485
(14) Value of funds held in insurance company general account (unallocated contracts).....	1c(14)		
(15) Other.....	1c(15)	42628977	32163647

1d Employer-related investments:		(a) Beginning of Year	(b) End of Year
(1) Employer securities.....	1d(1)		
(2) Employer real property.....	1d(2)		
e Buildings and other property used in plan operation.....	1e	309108	308350
f Total assets (add all amounts in lines 1a through 1e).....	1f	422491708	492981810
Liabilities			
g Benefit claims payable.....	1g	10328468	10637973
h Operating payables.....	1h	2354814	5027476
i Acquisition indebtedness.....	1i		
j Other liabilities.....	1j		
k Total liabilities (add all amounts in lines 1g through 1j).....	1k	12683282	15665449
Net Assets			
l Net assets (subtract line 1k from line 1f).....	1l	409808426	477316361

Part II Income and Expense Statement

2 Plan income, expenses, and changes in net assets for the year. Include all income and expenses of the plan, including any trust(s) or separately maintained fund(s) and any payments/receipts to/from insurance carriers. Round off amounts to the nearest dollar. MTIAs, CCTs, PSAs, and 103-12 IEs do not complete lines 2a, 2b(1)(E), 2e, 2f, and 2g.

Income		(a) Amount	(b) Total
a Contributions:			
(1) Received or receivable in cash from: (A) Employers.....	2a(1)(A)	136581075	
(B) Participants.....	2a(1)(B)	363900	
(C) Others (including rollovers).....	2a(1)(C)		
(2) Noncash contributions.....	2a(2)		
(3) Total contributions. Add lines 2a(1)(A) , (B) , (C) , and line 2a(2)	2a(3)		136944975
b Earnings on investments:			
(1) Interest:			
(A) Interest-bearing cash (including money market accounts and certificates of deposit).....	2b(1)(A)	423513	
(B) U.S. Government securities.....	2b(1)(B)	2443895	
(C) Corporate debt instruments.....	2b(1)(C)	7952134	
(D) Loans (other than to participants).....	2b(1)(D)		
(E) Participant loans.....	2b(1)(E)		
(F) Other.....	2b(1)(F)		
(G) Total interest. Add lines 2b(1)(A) through (F)	2b(1)(G)		10819542
(2) Dividends:			
(A) Preferred stock.....	2b(2)(A)		
(B) Common stock.....	2b(2)(B)	1752769	
(C) Registered investment company shares (e.g. mutual funds).....	2b(2)(C)	297717	
(D) Total dividends. Add lines 2b(2)(A) , (B) , and (C)	2b(2)(D)		2050486
(3) Rents.....	2b(3)		
(4) Net gain (loss) on sale of assets:			
(A) Aggregate proceeds.....	2b(4)(A)	333543191	
(B) Aggregate carrying amount (see instructions).....	2b(4)(B)	325904569	
(C) Subtract line 2b(4)(B) from line 2b(4)(A) and enter result.....	2b(4)(C)		7638622
(5) Unrealized appreciation (depreciation) of assets:			
(A) Real estate.....	2b(5)(A)		
(B) Other.....	2b(5)(B)	4653261	
(C) Total unrealized appreciation of assets. Add lines 2b(5)(A) and (B)	2b(5)(C)		

		(a) Amount	(b) Total
(6) Net investment gain (loss) from common/collective trusts	2b(6)		
(7) Net investment gain (loss) from pooled separate accounts	2b(7)		
(8) Net investment gain (loss) from master trust investment accounts	2b(8)		
(9) Net investment gain (loss) from 103-12 investment entities	2b(9)		
(10) Net investment gain (loss) from registered investment companies (e.g., mutual funds)	2b(10)		3474879
c Other income	2c		3157810
d Total income. Add all income amounts in column (b) and enter total	2d		168739575

Expenses

e Benefit payment and payments to provide benefits:			
(1) Directly to participants or beneficiaries, including direct rollovers	2e(1)	84160549	
(2) To insurance carriers for the provision of benefits	2e(2)		
(3) Other	2e(3)		
(4) Total benefit payments. Add lines 2e(1) through (3)	2e(4)		84160549
f Corrective distributions (see instructions)	2f		
g Certain deemed distributions of participant loans (see instructions)	2g		
h Interest expense	2h		
i Administrative expenses:			
(1) Salaries and allowances	2i(1)	2821506	
(2) Contract administrator fees	2i(2)		
(3) Recordkeeping fees	2i(3)		
(4) IQPA audit fees	2i(4)	139116	
(5) Investment advisory and investment management fees	2i(5)	1100727	
(6) Bank or trust company trustee/custodial fees	2i(6)	144887	
(7) Actuarial fees	2i(7)	71316	
(8) Legal fees	2i(8)		
(9) Valuation/appraisal fees	2i(9)		
(10) Other trustee fees and expenses	2i(10)	55478	
(11) Other expenses	2i(11)	12738061	
(12) Total administrative expenses. Add lines 2i(1) through (11)	2i(12)		17071091
j Total expenses. Add all expense amounts in column (b) and enter total	2j		101231640

Net Income and Reconciliation

k Net income (loss). Subtract line 2j from line 2d	2k		67507935
l Transfers of assets:			
(1) To this plan	2l(1)		
(2) From this plan	2l(2)		

Part III Accountant's Opinion

3 Complete lines 3a through 3c if the opinion of an independent qualified public accountant is attached to this Form 5500. Complete line 3d if an opinion is not attached.

a The attached opinion of an independent qualified public accountant for this plan is (see instructions):

(1) Unmodified (2) Qualified (3) Disclaimer (4) Adverse

b Check the appropriate box(es) to indicate whether the IQPA performed an ERISA section 103(a)(3)(C) audit. Check both boxes (1) and (2) if the audit was performed pursuant to both 29 CFR 2520.103-8 and 29 CFR 2520.103-12(d). Check box (3) if pursuant to neither.

(1) DOL Regulation 2520.103-8 (2) DOL Regulation 2520.103-12(d) (3) neither DOL Regulation 2520.103-8 nor DOL Regulation 2520.103-12(d).

c Enter the name and EIN of the accountant (or accounting firm) below:

(1) Name: **WEAVER AND TIDWELL, LLP**

(2) EIN: **75-0786316**

d The opinion of an independent qualified public accountant is **not attached** as part of Schedule H because:

(1) This form is filed for a CCT, PSA, DCG or MTIA. (2) It will be attached to the next Form 5500 pursuant to 29 CFR 2520.104-50.

Part IV Compliance Questions

4 CCTs and PSAs do not complete Part IV. MTIAs, 103-12 IEs, and GIAs do not complete lines 4a, 4e, 4f, 4g, 4h, 4k, 4m, 4n, or 5. 103-12 IEs also do not complete lines 4j and 4l. MTIAs also do not complete line 4l. DCGs do not complete lines 4e, 4f, 4k, 4l, and 5, and DCGs generally complete the rest of Part IV collectively for all plans in the DCG, except as otherwise provided (see instructions).

During the plan year:

	Yes	No	Amount
a Was there a failure to transmit to the plan any participant contributions within the time period described in 29 CFR 2510.3-102? Continue to answer "Yes" for any prior year failures until fully corrected. (See instructions and DOL's Voluntary Fiduciary Correction Program.)		X	
b Were any loans by the plan or fixed income obligations due the plan in default as of the close of the plan year or classified during the year as uncollectible? Disregard participant loans secured by participant's account balance. (Attach Schedule G (Form 5500) Part I if "Yes" is checked.)		X	
c Were any leases to which the plan was a party in default or classified during the year as uncollectible? (Attach Schedule G (Form 5500) Part II if "Yes" is checked.)		X	
d Were there any nonexempt transactions with any party-in-interest? (Do not include transactions reported on line 4a. Attach Schedule G (Form 5500) Part III if "Yes" is checked.)		X	
e Was this plan covered by a fidelity bond?	X		500000
f Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesty?		X	
g Did the plan hold any assets whose current value was neither readily determinable on an established market nor set by an independent third party appraiser?		X	
h Did the plan receive any noncash contributions whose value was neither readily determinable on an established market nor set by an independent third party appraiser?		X	
i Did the plan have assets held for investment? (Attach schedule(s) of assets if "Yes" is checked, and see instructions for format requirements.)	X		
j Were any plan transactions or series of transactions in excess of 5% of the current value of plan assets? (Attach schedule of transactions if "Yes" is checked and see instructions for format requirements.)	X		
k Were all the plan assets either distributed to participants or beneficiaries, transferred to another plan, or brought under the control of the PBGC?		X	
l Has the plan failed to provide any benefit when due under the plan?		X	
m If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3.)			
n If 4m was answered "Yes," check the "Yes" box if you either provided the required notice or one of the exceptions to providing the notice applied under 29 CFR 2520.101-3.			

5a Has a resolution to terminate the plan been adopted during the plan year or any prior plan year? Yes No
If "Yes," enter the amount of any plan assets that reverted to the employer this year _____.

5b If, during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify the plan(s) to which assets or liabilities were transferred. (See instructions.)

5b(1) Name of plan(s)	5b(2) EIN(s)	5b(3) PN(s)

5c Was the plan a defined benefit plan covered under the PBGC insurance program at any time during this plan year? (See ERISA section 4021 and instructions.) Yes No Not determined

If "Yes" is checked, enter the My PAA confirmation number from the PBGC premium filing for this plan year _____.

Seafarers Health and Benefits Plan

Financial Report

December 31, 2024



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ERISA-Required Supplementary Information

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All other schedules required by the Department of Labor's Rules and Regulations for Reporting and Disclosure under the Employee Retirement Income Security Act of 1974 are omitted because of the absence of the conditions under which they would apply.

Independent Auditor's Report

To the Board of Trustees
Seafarers Health and Benefits Plan

Opinion

We have audited the financial statements of Seafarers Health and Benefits Plan (the Plan), an employee benefit plan subject to the Employee Retirement Income Security Act of 1974 (ERISA), which comprise the statements of net assets available for benefits and benefit obligations as of December 31, 2024 and 2023, and the related statements of changes in net assets available for benefits and changes in benefit obligations for the years then ended, and the related notes to the financial statements.

In our opinion, the accompanying financial statements present fairly, in all material respects, information regarding the Plan's net assets available for benefits and benefit obligations of the Plan as of December 31, 2024 and 2023, and the changes in net assets available for benefits and changes in benefit obligations for the years then ended, in accordance with accounting principles generally accepted in the United States of America (US GAAP).

Basis for Opinion

We conducted our audits in accordance with auditing standards generally accepted in the United States of America (US GAAS). Our responsibilities under those standards are further described in the *Auditor's Responsibilities for the Audit of the Financial Statements* section of our report. We are required to be independent of the Plan and to meet our other ethical responsibilities, in accordance with the relevant ethical requirements relating to our audits. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

Responsibilities of Management for the Financial Statements

Management is responsible for the preparation and fair presentation of the financial statements in accordance with US GAAP, and for the design, implementation, and maintenance of internal control relevant to the preparation and fair presentation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, management is required to evaluate whether there are conditions or events, considered in the aggregate, that raise substantial doubt about the Plan's ability to continue as a going concern for one year after the date the financial statements are issued or are available to be issued.

Management is also responsible for maintaining a current plan instrument, including all plan amendments, administering the Plan, and determining that the Plan's transactions that are presented and disclosed in the financial statements are in conformity with the Plan's provisions, including maintaining sufficient records with respect to each of the participants, to determine the benefits due or which may become due to such participants.

Auditor's Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not absolute assurance and therefore is not a guarantee that an audit conducted in accordance with US GAAS will always detect a material misstatement when it exists. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control. Misstatements are considered material if there is a substantial likelihood that, individually or in the aggregate, they would influence the judgment made by a reasonable user based on the financial statements.

In performing an audit in accordance with US GAAS, we:

- Exercise professional judgment and maintain professional skepticism throughout the audit.
- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, and design and perform audit procedures responsive to those risks. Such procedures include examining, on a test basis, evidence regarding the amounts and disclosures in the financial statements.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Plan's internal control. Accordingly, no such opinion is expressed.
- Evaluate the appropriateness of accounting policies used and the reasonableness of significant accounting estimates made by management, as well as evaluate the overall presentation of the financial statements.
- Conclude whether, in our judgment, there are conditions or events, considered in the aggregate, that raise substantial doubt about the Plan's ability to continue as a going concern for a reasonable period of time.

We are required to communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit, significant audit findings, and certain internal control-related matters that we identified during the audit.

Supplementary Schedules Required by ERISA

Our audits were conducted for the purpose of forming an opinion on the financial statements as a whole. The supplementary information listed in the table of contents as of and for the years ended December 31, 2024 and 2023 is presented for purposes of additional analysis and is not a required part of the financial statements, but certain supplementary information is required by the Department of Labor's (DOL) Rules and Regulations for Reporting and Disclosure under ERISA. Such information is the responsibility of management and was derived from and relates directly to the underlying accounting and other records used to prepare the financial statements. The information has been subjected to the auditing procedures applied in the audits of the financial statements and certain additional procedures, including comparing and reconciling such information directly to the underlying accounting and other records used to prepare the financial statements or to the financial statements themselves, and other additional procedures in accordance with US GAAS.

In forming our opinion on the supplementary information, we evaluated whether the supplementary information, including their form and content, are presented in conformity with the DOL's Rules and Regulations for Reporting and Disclosure under ERISA.

In our opinion, the information in the accompanying supplementary information is fairly stated, in all material respects, in relation to the financial statements as a whole, and the form and content are presented in conformity with the DOL's Rules and Regulations for Reporting and Disclosure under ERISA.

Weaver and Tidwell, L.L.P.

WEAVER AND TIDWELL, L.L.P.

Bethesda, Maryland
October 13, 2025

Seafarers Health and Benefits Plan
Statements of Net Assets Available for Benefits
December 31, 2024 and 2023

	2024	2023
ASSETS		
Investments, at fair value		
U.S. government and government agencies	\$ 81,712,678	\$ 65,610,040
Corporate obligations	208,224,975	178,391,114
State and municipal obligations	32,163,647	42,628,977
Stocks	82,991,544	74,501,757
Registered investment company	27,613,485	40,010,283
Interest-bearing cash	1,502,506	1,501,305
Total investments	434,208,835	402,643,476
Receivables		
Employers' contributions, net of allowance for doubtful accounts of \$397,234 in 2024 and 2023	11,389,654	10,030,072
Interest and dividends receivable	2,790,007	2,503,754
Loan program, net of allowance for doubtful accounts of \$838,945 in 2024 and 2023	69,458	44,282
Prescription drug rebates	4,142,312	1,635,407
Other receivables, net of allowance for doubtful accounts of \$1,610,684 in 2024 and 2023	682,477	359,393
Total receivables	19,073,908	14,572,908
Cash	39,146,127	4,838,496
Net property assets	308,350	309,108
Prepaid expenses	244,590	127,720
Total assets	492,981,810	422,491,708
LIABILITIES		
Due to broker	692,747	-
Due to related plans and organizations	972,887	834,873
Accounts payable and accrued expenses	3,361,842	1,519,941
Total liabilities	5,027,476	2,354,814
NET ASSETS AVAILABLE FOR BENEFITS	\$ 487,954,334	\$ 420,136,894

The Notes to Financial Statements are an integral part of these statements.

Seafarers Health and Benefits Plan
Statements of Changes in Net Assets Available for Benefits
Years Ended December 31, 2024 and 2023

	2024	2023
ADDITIONS		
Investment income		
Net appreciation in fair value of investments	\$ 15,766,762	\$ 26,361,973
Interest and dividends	12,870,028	8,951,607
Other investment income	3,157,810	2,920,476
	31,794,600	38,234,056
Less: investment expense	1,100,727	943,866
Net investment income	30,693,873	37,290,190
Contributions income		
Employers'	136,581,075	128,145,151
Pensioners'	363,900	417,800
Total contributions income	136,944,975	128,562,951
Total additions	167,638,848	165,853,141
DEDUCTIONS		
Payments for benefits		
Eligibles and dependents' benefits	79,846,127	78,782,256
Retired participants' benefits	4,664,531	6,205,267
Less: Medicare Part D rebates	(659,614)	(453,702)
Total payments for benefits	83,851,044	84,533,821
Administrative expenses	15,945,257	14,456,922
Provision for receivables deemed doubtful of collection	25,107	166,690
Total deductions	99,821,408	99,157,433
Net increase	67,817,440	66,695,708
NET ASSETS AVAILABLE FOR BENEFITS, beginning of year	420,136,894	353,441,186
NET ASSETS AVAILABLE FOR BENEFITS, end of year	\$ 487,954,334	\$ 420,136,894

The Notes to Financial Statements are an integral part of these statements.

Seafarers Health and Benefits Plan

Statements of Benefit Obligations Years Ended December 31, 2024 and 2023

	2024	2023
AMOUNTS CURRENTLY PAYABLE TO OR FOR PARTICIPANTS, beneficiaries and dependents		
Health claims payable	\$ 3,878,428	\$ 3,816,708
OTHER OBLIGATIONS FOR CURRENT BENEFIT COVERAGE, at present value of estimated amounts		
Claims incurred but not reported	6,759,545	6,511,760
Accumulated eligibility credits	47,958,177	46,469,790
	54,717,722	52,981,550
Total obligations other than postretirement benefit obligations	58,596,150	56,798,258
POSTRETIREMENT BENEFIT OBLIGATIONS		
Current retirees	63,964,751	71,598,242
Other participants fully eligible for benefits	26,990,952	45,514,134
Other participants not fully eligible for benefits	92,986,239	95,663,528
Total postretirement benefit obligations	183,941,942	212,775,904
TOTAL BENEFIT OBLIGATIONS	\$ 242,538,092	\$ 269,574,162

The Notes to Financial Statements are an integral part of these statements.

Seafarers Health and Benefits Plan
Statements of Changes in Benefit Obligations
Years Ended December 31, 2024 and 2023

	2024	2023
AMOUNTS CURRENTLY PAYABLE TO OR FOR PARTICIPANTS, beneficiaries and dependents		
Balance at beginning of year	\$ 3,816,708	\$ 3,243,392
Claims reported and approved for payment	83,912,764	85,107,137
Claims paid	(83,851,044)	(84,533,821)
	3,878,428	3,816,708
 OTHER OBLIGATIONS FOR CURRENT BENEFIT COVERAGE, at present value of estimated amounts		
Balance at beginning of year	52,981,550	45,050,660
Net change during the year	1,736,172	7,930,890
	54,717,722	52,981,550
 POSTRETIREMENT BENEFIT OBLIGATIONS		
Balance at beginning of year	212,775,904	168,327,333
Increase (decrease) during the year attributable to		
Benefits earned, amendments and other changes	(45,323,507)	43,619,969
Interest	10,638,795	9,258,003
Changes in actuarial assumptions	5,850,750	(8,429,401)
	183,941,942	212,775,904
 TOTAL BENEFIT OBLIGATIONS AT END OF YEAR	\$ 242,538,092	\$ 269,574,162

The Notes to Financial Statements are an integral part of these statements.

Seafarers Health and Benefits Plan

Notes to Financial Statements

Note 1. Description of Plan

The following brief description of the Seafarers Health and Benefits Plan (the Plan) provides only general information. Participants should refer to the Plan Regulations for a more complete description of the Plan's provisions.

General

The Plan is a multiemployer benefit plan, established under the provisions of an Agreement and Declaration of Trust, dated July 1, 1950, as amended, between the Seafarers International Union of North America - Atlantic, Gulf, Lakes and Inland Waters (the Union) and the signatory employers. The Plan is subject to the provisions of the Employee Retirement Income Security Act of 1974 (ERISA).

Benefits

The Plan provides certain health and welfare benefits to eligible employees and pensioners and their dependents.

Participation

To be eligible for benefits, an employee must have worked at least 125 days for a signatory company during the previous calendar year and must have worked at least one day within the past six calendar months immediately preceding the date upon which his claim for benefits shall accrue. Effective March 1, 2014, the Plan was amended to include two six-month eligibility periods during the year. In order to maintain eligibility for benefits, the employee must have at least sixty days of covered employment in the six-month eligibility period immediately preceding the date in which the claim accrues. A dependent of an employee becomes eligible at the same time as the employee and remains eligible as long as the employee remains eligible.

Third-Party Administrators

The Trust utilizes third-party administrators for the administration of certain of the Plan's health and welfare benefits under the terms of the applicable administrative service agreement. However, the responsibility for payment of benefits is retained by the Plan and Trust.

Contributions and Funding

Funds to provide benefits are contributed by the signatory employers under the terms of collective bargaining agreements between the Union and the employers.

Pursuant to the regulations of the Plan, contributions are payable to the Seafarers Health and Benefits Plan. The Trustees may allocate to other Seafarers plans such portion of the contributions they deem necessary to prudently achieve the objectives of the plans.

Reallocations to the Seafarers Harry Lundeberg School of Seamanship were \$762,530 in 2023. There was no reallocation in 2024.

Note 2. Summary of Significant Accounting Policies

Basis of Accounting

The financial statements of the Plan are prepared using the accrual basis of accounting.

Seafarers Health and Benefits Plan

Notes to Financial Statements

Use of Estimates

The preparation of financial statements in accordance with accounting principles generally accepted in the United States of America (US GAAP) requires management to make estimates and assumptions that affect the reported amounts of assets, liabilities, benefit obligations and changes therein, claims incurred but not reported, claims payable, and disclosure of contingent assets and liabilities as of the date of the financial statements. Actual results could differ from those estimates. The actuarial present value of benefit obligations is reported based on certain assumptions pertaining to interest rates, health care inflation rates and employee demographics, all of which are subject to change. Due to uncertainties inherent in the estimations and assumptions process, it is at least reasonably possible that changes in these estimates and assumptions in the near term would be material to the financial statements.

Investment Valuation and Income Recognition

The Plan's investments are stated at fair value. Fair value is the price that would be received to sell an asset or paid to transfer a liability in an orderly transaction between market participants at the measurement date. See Note 5 for discussion of fair value measurements.

Purchases and sales of securities are recorded on a trade-date basis. Interest income is recorded on the accrual basis. Dividends are recorded on the ex-dividend date. Net appreciation includes the Plan's gains and losses on investments bought and sold as well as held during the year. Other investment income includes include from municipal bonds and securities litigations.

Cash

The Plan considers all non-interest bearing cash deposits to be cash.

Payment of Benefits

Benefits are recorded when paid.

Administrative Expenses

All administrative fees are paid by the Plan. Certain expenses incurred in connection with the general administration of the Plan that are paid by the Plan are recorded as deductions in the accompanying statements of changes in net assets available for benefits. In addition, certain investment related expenses are included in net appreciation of fair value of investments presented in the accompanying statements of changes in net assets available for benefits.

Employers' Contributions and Related Receivables

Contributions receivables are reported at their outstanding balances net of an estimated reserve for doubtful accounts and are primarily composed of balances due from employers. The Plan estimates doubtful accounts based on historical bad debts, factors related to specific employers' or groups of participants' ability to pay, and current economic trends and conditions. As of December 31, 2024 and 2023, the allowance for doubtful accounts was \$397,234, for each year. Changes in the allowance for doubtful accounts are recorded in administrative expenses in the statements of changes in net assets available for benefits.

Loan and Other Receivables

The Plan advances loans and other receivables to participants as part of its ordinary operations. Allowances are determined by management when these loans or other receivables are deemed to be doubtful of collection.

Seafarers Health and Benefits Plan

Notes to Financial Statements

Depreciation and Amortization

Depreciation is computed on the straight-line method over the estimated useful lives of the assets. Furniture, fixtures, equipment and software, and automobiles are depreciated over 5 to 10 years. Leasehold improvements are amortized over the remaining term of the lease or estimated useful lives, ranging from 10 to 20 years.

Medicare Part D Reimbursements

The Plan recorded Medicare Part D reimbursements that were received under the Medicare Prescription Drug Improvement and Modernization Act of 2003. The accumulated plan benefit obligation and changes in the benefit obligation reflect an adjustment for the subsidy.

Lease Accounting

The Plan evaluated its leases and determined that all the leases are cancelable operating leases, in which both parties have the option to terminate the lease after 30 days. Therefore, the leases are classified as short-term leases and do not require the recognition of a right of use asset and lease liability.

Management's Review of Subsequent Events

The Plan has evaluated subsequent events and transactions through October 13, 2025, the date that the financial statements were available to be issued.

Note 3. Postretirement and Postemployment Benefit Obligations

The postretirement benefit obligation represents the actuarial present value of those estimated future benefits that are attributed to employee service rendered to December 31st. Postretirement benefits include future benefits expected to be paid to or for (1) currently retired or terminated employees and their beneficiaries and dependents, and (2) active employees and their beneficiaries and dependents after retirement from service with the participating employers. Prior to an active employee's full eligibility date, the postretirement benefit obligation is the portion of the expected postretirement benefit obligation that is attributed to that employee's service in the industry rendered to the valuation date.

The actuarial present value of the expected postretirement benefit obligation is determined by an actuary and is the amount that results from applying actuarial assumptions to historical claims-cost data to estimate future annual incurred claims costs per participant and to adjust such estimates for the time value of money (through discounts for interest) and the probability of payment (by means of decrements such as those for death, disability, withdrawal or retirement) between the valuation date and the expected date of payment.

Seafarers Health and Benefits Plan

Notes to Financial Statements

The following were other significant actuarial assumptions used in the valuations as of December 31, 2024 and 2023:

Mortality:	Pri-2012 BC/MP-2021
Investment return:	5.5%*
Health care cost trend rates:	7.50% decreasing to 5.00% over 5 years*
Retirement age:	64*
Number of dependents per active:	1.25
Accumulated eligibility months:	6
General inflation:	2.25%
Medicare retirees cost as a % of non-medicare retirees:	22.75%
Medical claims lag days:	18
Prescription claims lag-days:	7
IBNR lag-days:	40
Administration:	\$14,039,832
Administration as a percent of expenses:	2024 15.79% 2023 14.42%

*The discount rate was changed from 5.00% to 5.50% to reflect the FTSE Above Median discount curve as of December 31, 2024. The health care cost trend rates were changed from 6.50% decreasing to 5.00% over 3 years to 7.50% decreasing to 5.00% over 5 years to better reflect future anticipated experience. The assumed retirement age was changed from 65 to 64 to better reflect future anticipated experience.

The foregoing actuarial assumptions are based on the presumption that the Plan will continue. Were the Plan to terminate, different actuarial assumptions and other factors might be applicable in determining the actuarial present value of the postretirement benefit obligation.

The weighted-average health care cost-trend rate assumption has a significant effect on the amounts reported in the accompanying financial statements. If the assumed rates increased by one percentage point in each year, it would increase the obligation as of December 31, 2024 **and 2023**, by \$37,670,000 and \$47,049,000 respectively.

Note 4. Claims Incurred but not Reported

Plan obligations at December 31 for health claims payable, health claims incurred by active participants but not reported at that date, for accumulated eligibility of participants, and for future disability payments to members considered disabled at December 31 are estimated by the Plan's actuary in accordance with accepted actuarial principles. Health claims incurred by retired participants but not reported at year end are included in the postretirement benefit obligation.

Seafarers Health and Benefits Plan

Notes to Financial Statements

Note 5. Fair Value Measurements

Financial Accounting Standards Board (FASB) Accounting Standards Codification (ASC) 820, *Fair Value Measurement*, provides the framework for measuring fair value. That framework provides a fair value hierarchy that prioritizes the inputs to valuation techniques used to measure fair value. The hierarchy gives the highest priority to unadjusted quoted prices in active markets for identical assets or liabilities (Level 1) and the lowest priority to unobservable inputs (Level 3). The three levels of the fair value hierarchy under FASB ASC 820 are described as follows:

- Level 1 Inputs to the valuation methodology are unadjusted quoted prices for identical assets or liabilities in active markets that the Plan has the ability to access.
- Level 2 Inputs to the valuation methodology include:
- Quoted prices for similar assets or liabilities in active markets;
 - Quoted prices for identical or similar assets or liabilities in inactive markets;
 - Inputs other than quoted prices that are observable for the asset or liability; and
 - Inputs that are derived principally from or corroborated by observable market data by correlation or other means.

If the asset or liability has a specified (contractual) term, the Level 2 input must be observable for substantially the full term of the asset or liability.

- Level 3 Unobservable inputs that are supported by little or no market activity and that are a significant component of the fair value of the assets or liabilities.

Inputs to the valuation methodology are unobservable and significant to the fair value measurement.

The asset or liability's fair value measurement level within the fair value hierarchy is based on the lowest level of any input that is significant to the fair value measurement. Valuation techniques used need to maximize the use of observable inputs and minimize the use of unobservable inputs.

Following is a description of the valuation methodologies used for assets measured at fair value. There have been no changes in the methodologies used at December 31, 2024 and 2023.

U.S. government and government agencies: Valued using pricing models maximizing the use of observable inputs for similar securities.

Corporate obligations: Valued using pricing models maximizing the use of observable inputs for similar securities. This includes basing value on yields currently available on comparable securities of issuers with similar credit ratings. When quoted prices are not available for identical or similar bonds, the bond is valued under a discounted cash flows approach that maximizes observable inputs, such as current yields of similar instruments, but includes adjustments from certain risks that may not be observable, such as credit and liquidity risks or a broker quote if available.

Stocks: Valued using quoted market prices in active markets.

Seafarers Health and Benefits Plan

Notes to Financial Statements

Registered investment companies: These include mutual funds and exchange-traded funds. Valued at the daily closing price as reported by the fund. Mutual funds held by the Plan are open-end mutual funds that are registered with the Securities and Exchange Commission. These funds are required to publish their daily net asset value (NAV) and to transact at that price. The mutual funds held by the Plan are deemed to be actively traded.

State and Municipal bonds: Valued using recently executed transactions, market price quotations and pricing models that factor in, where applicable, interest rates bond or credit default swap spreads and volatility.

Interest-bearing cash: Held primarily in short-term money market funds, which are valued at cost, which approximates fair value.

The following tables set forth, by level, within the fair value hierarchy, the Plan's investments at fair value as of December 31, 2024 and 2023:

	2024	2023
Level 1:		
Interest-bearing cash	\$ 1,502,506	\$ 1,501,305
U.S. government and government agencies	80,314,270	65,557,880
Stocks	82,991,544	74,501,757
Registered investment companies	27,613,485	40,010,283
	192,421,805	181,571,225
Level 2:		
U.S. government and government agencies	1,398,408	52,160
State and municipal obligations	32,163,647	42,628,977
Corporate obligations	208,224,975	178,391,114
	241,787,030	221,072,251
Investments at fair value	\$ 434,208,835	\$ 402,643,476

Note 6. Property and Equipment

	2024	2023
Cemetery plots	\$ 63,953	\$ 63,953
Furniture, fixtures, equipment and software	2,201,850	2,132,659
Leasehold improvements	1,146,206	1,163,978
Automobiles	66,423	66,423
	3,478,432	3,427,013
Less accumulated depreciation and amortization	3,170,082	3,117,905
Net property assets	\$ 308,350	\$ 309,108

Depreciation and amortization expense was \$52,176 and \$46,431 for the years ended December 31, 2024 and 2023, respectively.

Seafarers Health and Benefits Plan

Notes to Financial Statements

Note 7. Tax Status

The Trust established under the Plan to hold the Plan's assets is qualified pursuant to Section 501(c)(9) of the Internal Revenue Code, and, accordingly, the Trust's net investment income is exempt from federal income taxes. The Trust has obtained a favorable tax determination letter from the Internal Revenue Service (IRS). The plan administrator and the Plan's co-counsel believe that the Trust, as amended, continues to qualify and to operate as designed.

US GAAP requires Plan management to evaluate tax positions taken by the Plan and recognize a tax liability (or asset) if the Plan has taken an uncertain position that more likely than not would not be sustained upon examination by the IRS. Employee benefit plans are subject to routine audits by taxing jurisdictions, however there are currently no audits for any tax periods in progress for the Plan.

Note 8. Plan Termination

In the event of termination of the Trust Agreement, the Trustees will pay those benefits still due and actually accrued and all unpaid expenses, and will carry out the provisions of the Plan, except with respect to the collection of future contributions. Employees' eligibility shall continue; benefits then in effect shall be frozen and shall be paid out until, in the judgment of the Trustees, the available Plan is deemed too small to warrant continuation, in which case the remaining assets shall be disposed of pursuant to a plan unanimously adopted and made operative in accordance with applicable law.

Note 9. Related-Party and Party-in-Interest Transactions

The Plan is related to a family of jointly-administered, collectively-bargained employee benefit plans affiliated with the Union, through one or more of its divisions, regions or other jurisdictions. Since these plans coexist in the same premises, utilizing mutual resources, equipment and personnel to effectuate cost-savings and to minimize duplication of efforts, interfund relationships have been established on a continuing basis as approved by each organization's respective Board of Trustees.

The expenses charged by these related organizations were \$7,004,495 and \$6,572,328 for the years ended December 31, 2024 and 2023, respectively.

The Plan has cancellable leases for office space from several related affiliates of the Plan. The lease expense charged by these related organizations were \$ 1,464,040 and \$1,467,709, for the years ended December 31, 2024 and 2023, respectively.

Certain Plan investments are managed by Comerica Bank and Trust, the custodian of the Plan. As described in Note 2, the Plan paid certain expenses related to plan operations and investment activity and various service providers, including fees paid to an actuary. These transactions are party-in-interest transactions under ERISA.

Note 10. Risks and Uncertainties

The Plan invests in various investment securities. Investment securities are exposed to various risks such as interest rate, market, and credit risks. Market risks include global events, which could impact the value of investment securities, such as a pandemic or international conflict. Due to the level of risk associated with certain investment securities, it is at least reasonably possible that changes in the values of investment securities will occur in the near term and that such change could materially affect the amounts reported in the consolidated statements of net assets available for benefits.

Seafarers Health and Benefits Plan

Notes to Financial Statements

Plan contributions are determined and the actuarial present value of accumulated plan benefits are reported based on certain assumptions pertaining to interest rates, inflation rates and employee demographics, all of which are subject to change. Due to uncertainties inherent in the estimation and assumptions process, it is at least reasonably possible that changes in these estimates and assumptions in the near term would be material to the consolidated financial statements.

Note 11. Concentrations of Credit Risk

Financial instruments that subject the Plan to concentrations of credit risk include cash and employer contributions. While the Plan attempts to limit any financial exposure by maintaining accounts at several banks, its deposit balances may, at times, exceed federally insured limits. The Plan has not experienced any losses on such accounts.

During 2024 and 2023, contributions from three employers comprised approximately 23% and 47%, respectively, of the total contributions made to the Plan. As of December 31, 2024 and 2023, contributions receivable from two employers comprised approximately 28% and 39%, respectively, of the total contributions owed to the Plan.

Note 12. Reconciliation of Financial Statements to Form 5500

The following is a reconciliation of net assets available for benefits per the financial statements at December 31, 2024 and 2023 to the Form 5500:

	2024	2023
Net assets available for benefits	\$ 487,954,334	\$ 420,136,894
Less benefit obligations currently payable	(3,878,428)	(3,816,708)
Claims incurred but not reported	(6,759,545)	(6,511,760)
Net assets available for benefits per Form 5500	\$ 477,316,361	\$ 409,808,426

The following is a reconciliation of benefits paid to participants per the financial statements for the years ended December 31, 2024 and 2023 to Form 5500:

	2024	2023
Benefits paid to participants	\$ 83,851,044	\$ 84,533,821
Benefit claims currently payable at December 31, 2023 and 2022	(3,816,708)	(3,243,392)
Claims incurred but not reported at December 31, 2023 and 2022	(6,511,760)	(5,679,493)
Benefit claims currently payable at December 31, 2024 and 2023	3,878,428	3,816,708
Claims incurred but not reported at December 31, 2024 and 2023	6,759,545	6,511,760
Benefit payments per Form 5500	\$ 84,160,549	\$ 85,939,404

Supplementary Information

Seafarers Health and Benefits Plan
Schedule H, Line 4i – Schedule of Assets (Held at End of Year)
Plan #501 / EIN: 13-5557534
December 31, 2024

(a)	(b)	(c)				(d)	(e)
		Description of investment					
Identity of issue, borrower, lessor or similar party	Description	Collateral	Maturity date	Rate of interest	Par/maturity value or shares	Cost	Current value
U.S. government and government agencies:							
United States Treas Nts	Note	N/A	10/31/2031	4.000%	24,518,000	\$ 24,239,967	\$ 23,998,464
United States Treas Nts	Note	N/A	11/15/2034	4.000%	600,000	586,172	584,364
United States Treas Nts	Note	N/A	11/15/2027	4.000%	2,245,000	2,229,696	2,235,100
United States Treas Nts	Note	N/A	11/30/2031	4.000%	2,000,000	1,996,914	1,957,300
United States Treas Nts	Note	N/A	11/30/2029	4.000%	400,000	397,750	395,456
United States Treas Nts	Note	N/A	12/15/2027	4.000%	600,000	596,250	595,386
United States Treas Nts	Note	N/A	12/31/2031	5.000%	3,740,000	3,751,395	3,743,104
Us Treasury Note	Note	N/A	8/15/2034	4.000%	941,000	920,994	889,753
Us Treasury Note	Note	N/A	9/30/2031	4.000%	28,830,000	28,825,328	27,395,996
Us Treasury Note	Note	N/A	9/30/2029	4.000%	13,905,000	13,855,458	13,379,252
Us Treasury Note	Note	N/A	10/31/2029	4.000%	5,200,000	5,173,016	5,140,095
Federal Home Ln Mtg Corp Gold	Mortgage backed security	N/A	10/1/2035	6.000%	1,539	1,588	1,560
Federal Home Ln Mtg Corp Group	Mortgage backed security	N/A	8/1/2034	5.000%	744	734	733
Federal Home Ln Mtg Corp Group	Mortgage backed security	N/A	3/1/2036	6.000%	13	14	13
Federal Home Ln Mtg Corp Group	Mortgage backed security	N/A	6/1/2035	6.000%	358	373	366
Federal Home Ln Mtg Corp Group	Mortgage backed security	N/A	9/1/2037	7.000%	877	912	904
Federal Home Ln Mtg Corp Group	Mortgage backed security	N/A	9/1/2037	6.000%	1,933	2,021	2,006
Federal Home Ln Mtg Corp Group	Mortgage backed security	N/A	7/1/2032	6.000%	1,182	1,077	1,209
Federal Natl Mtg Assn Pool	Mortgage backed security	N/A	8/1/2035	5.000%	4,152	4,219	4,117
Federal Natl Mtg Assn Pool	Mortgage backed security	N/A	1/1/2036	4.000%	94	97	98
Federal Natl Mtg Assn Pool Nbr	Mortgage backed security	N/A	7/1/2033	7.000%	830	827	830
Federal Natl Mtg Assn Pool Nbr	Mortgage backed security	N/A	9/1/2036	7.000%	3,227	3,347	3,293
Federal Natl Mtg Assn Pool Nbr	Mortgage backed security	N/A	10/1/2037	7.000%	6,258	6,519	6,446
Federal Natl Mtg Assn Pool Nbr	Mortgage backed security	N/A	12/1/2037	6.000%	1,692	1,760	1,744
Federal Natl Mtg Assn Var Pool	Mortgage backed security	N/A	9/1/2035	4.000%	135	133	135
Fnma Pool Nbr	Mortgage backed security	N/A	8/1/2027	7.000%	41	41	42
Government Natl Mtg Assn Pool	Mortgage backed security	N/A	6/20/2034	5.000%	1,170	1,172	1,137
Government Natl Mtg Assn Pool	Mortgage backed security	N/A	1/20/2035	5.000%	1,831	1,834	1,780
Government Natl Mtg Assn Pool	Mortgage backed security	N/A	3/15/2034	6.000%	6,123	6,189	6,111
Chase Issuance Trust	Note	N/A	9/15/2028	5.000%	1,350,000	1,370,879	1,365,884
Total U.S. Government and government agencies						83,976,676	81,712,678
Corporate obligations:							
Aep Tex Inc	Bond	N/A	5/15/2032	4.700%	620,000	605,473	593,197
At&T Inc	Bond	N/A	2/1/2028	1.650%	850,000	756,925	772,922
Abbott Labs	Bond	N/A	1/30/2028	1.150%	450,000	401,148	407,489
Abbvie Inc	Bond	N/A	3/15/2027	4.800%	300,000	299,577	301,719
Abbvie Inc	Bond	N/A	3/15/2031	4.950%	250,000	249,740	249,950
Abbvie Inc	Bond	N/A	3/15/2034	5.050%	350,000	348,898	345,793
Agilent Technologies Inc	Bond	N/A	9/9/2034	4.750%	1,100,000	1,096,018	1,044,461
Agree Lp	Bond	N/A	6/15/2028	2.000%	400,000	346,860	362,248
Agree Lp	Bond	N/A	6/15/2034	5.630%	475,000	469,428	476,382
Air Lease Corporation	Bond	N/A	7/1/2025	3.380%	75,000	72,593	74,417
Air Lease Corporation	Bond	N/A	8/15/2026	1.880%	450,000	413,915	428,940
Air Lease Corporation	Bond	N/A	6/25/2026	5.300%	500,000	497,895	503,190
Air Products & Chemical Inc	Bond	N/A	5/15/2030	2.050%	430,000	375,721	373,210
Allstate Corp	Bond	N/A	12/15/2026	3.280%	250,000	241,080	244,250
Allstate Corp	Bond	N/A	3/30/2033	5.250%	200,000	204,202	199,628
Allstate Corp	Bond	N/A	6/24/2029	5.050%	500,000	498,950	502,275
Ally Finl Inc	Bond	N/A	6/9/2027	4.750%	385,000	371,510	382,374
Ally Finl Inc	Bond	N/A	11/15/2027	7.100%	340,000	353,379	358,850
Alphabet Inc	Bond	N/A	8/15/2026	2.000%	260,000	245,536	250,299
Altria Group Inc	Bond	N/A	2/14/2026	4.400%	260,000	257,569	258,729
Altria Group Inc	Bond	N/A	5/6/2030	3.400%	400,000	364,872	366,976
Altria Group Inc	Bond	N/A	11/1/2028	6.200%	300,000	314,625	311,805
Amazon Com Inc	Bond	N/A	6/3/2027	1.200%	325,000	293,140	301,298
Amazon Com Inc	Bond	N/A	5/12/2028	1.650%	430,000	387,086	391,588
Amazon Com Inc	Bond	N/A	12/1/2025	4.600%	200,000	200,522	200,234
Ameren Corp	Bond	N/A	3/15/2028	1.750%	350,000	309,204	316,645
Ameren Corp	Bond	N/A	1/15/2029	5.000%	540,000	542,419	540,832
American Elec Pwr Inc	Bond	N/A	3/1/2033	5.630%	500,000	520,895	505,105
American Elec Pwr Inc	Bond	N/A	1/15/2029	5.200%	300,000	304,041	302,262
American Express Co	Bond	N/A	11/4/2026	1.650%	655,000	601,906	620,599
American Express Co	Bond	N/A	3/4/2027	2.550%	435,000	407,517	416,456
American Express Co	Bond	N/A	5/3/2029	4.050%	280,000	277,138	273,356
American Express Co	Bond	N/A	5/1/2026	0.000%	400,000	398,828	400,100
American Express Co	Bond	N/A	10/30/2026	0.000%	500,000	509,775	506,190

Seafarers Health and Benefits Plan

Schedule H, Line 4i – Schedule of Assets (Held at End of Year) - Continued

Plan #501 / EIN: 13-5557534

December 31, 2024

(a)	(b)	(c) Description of investment				(d)	(e)
Identity of issue, borrower, lessor or similar party	Description	Collateral	Maturity date	Rate of interest	Par/maturity value or shares	Cost	Current value
Corporate obligations - continued:							
American Express Co	Bond	N/A	10/30/2031	0.000%	250,000	271,118	267,220
American Honda Fin Corp Med Term	Bond	N/A	9/9/2026	1.300%	600,000	551,262	567,144
American Honda Fin Corp Med Term	Bond	N/A	4/17/2030	4.600%	125,000	124,803	122,864
American Tower	Bond	N/A	9/15/2025	1.300%	200,000	187,126	195,244
American Tower	Bond	N/A	9/15/2026	1.450%	300,000	273,324	283,614
American Tower	Bond	N/A	3/15/2033	5.650%	375,000	389,696	379,815
American Tower	Bond	N/A	7/15/2028	5.250%	395,000	401,194	397,441
American Tower	Bond	N/A	11/15/2028	5.800%	250,000	259,705	256,648
Amphenol Corp Cl A	Bond	N/A	4/5/2027	5.050%	650,000	654,146	655,649
Elevance Health Inc	Bond	N/A	3/1/2028	4.100%	310,000	305,455	302,948
Aon Corporation / Aon Global Hol	Bond	N/A	5/28/2027	2.850%	685,000	647,092	654,887
Aon Corporation / Aon Global Hol	Bond	N/A	2/28/2033	5.350%	325,000	333,304	323,560
Aon North America Inc	Bond	N/A	3/1/2027	5.130%	415,000	414,191	417,843
Apple Inc	Bond	N/A	8/20/2025	0.550%	150,000	141,057	146,439
Apple Inc	Bond	N/A	5/10/2028	4.000%	425,000	424,010	418,931
Applied Matls Inc	Bond	N/A	6/1/2030	1.750%	250,000	212,625	213,688
Assured Guaranty Ltd	Bond	N/A	6/15/2031	3.150%	820,000	726,832	723,970
Astrazeneca Finance Llc	Bond	N/A	5/28/2026	1.200%	210,000	194,319	200,735
Astrazeneca Finance Llc	Bond	N/A	5/28/2028	1.750%	250,000	223,683	226,835
Astrazeneca Finance Llc	Bond	N/A	3/3/2030	4.900%	730,000	751,433	732,949
Astrazeneca Finance Llc	Bond	N/A	2/26/2027	4.800%	250,000	249,580	251,465
Atmos Energy Corp	Bond	N/A	6/15/2027	3.000%	350,000	333,456	336,998
Automatic Data Processing	Bond	N/A	9/1/2030	1.250%	200,000	166,470	166,114
Autozone Inc	Bond	N/A	2/1/2028	4.500%	450,000	446,891	445,928
Autozone Inc	Bond	N/A	2/1/2033	4.750%	450,000	442,922	431,739
Autozone Inc	Bond	N/A	11/1/2028	6.250%	350,000	371,882	366,160
Autozone Inc	Bond	N/A	7/15/2029	5.100%	400,000	399,564	402,328
Avalonbay Communities	Bond	N/A	12/1/2028	1.900%	720,000	635,897	643,320
Avalonbay Cmnty Inc Medium	Bond	N/A	5/11/2026	2.950%	200,000	191,876	195,296
Avalonbay Cmnty Inc Medium	Bond	N/A	3/1/2030	2.300%	330,000	287,767	290,377
B A T Cap Corp	Bond	N/A	2/20/2031	5.830%	240,000	240,000	245,342
B A T Cap Corp	Bond	N/A	2/20/2034	6.000%	500,000	497,185	513,695
Bk Of America Corp	Bond	N/A	7/23/2031	1.900%	500,000	409,030	420,660
Bk Of America Corp	Bond	N/A	3/11/2032	0.000%	185,000	156,201	159,479
Bk Of America Corp	Bond	N/A	6/14/2029	2.090%	200,000	176,264	181,514
Bk Of America Corp	Bond	N/A	4/2/2026	3.380%	650,000	632,164	647,485
Bk Of America Corp	Bond	N/A	4/27/2033	4.570%	530,000	505,185	503,670
Bk Of America Corp	Bond	N/A	11/10/2028	6.200%	450,000	469,413	465,890
Bk Of America Corp	Bond	N/A	8/15/2035	0.000%	500,000	500,000	486,660
Bank New York Mellon Corp Medium	Bond	N/A	4/24/2025	1.600%	430,000	412,684	425,833
Bank New York Mellon Corp Medium	Bond	N/A	1/28/2026	0.750%	210,000	193,475	201,734
Bank New York Mellon Corp Medium	Bond	N/A	7/24/2026	0.000%	370,000	366,067	369,016
Bank New York Mellon Corp Medium	Bond	N/A	7/21/2028	0.000%	500,000	500,000	502,020
Becton Dickinson & Co	Bond	N/A	2/13/2028	4.690%	175,000	175,746	174,137
Becton Dickinson & Co	Bond	N/A	6/7/2029	5.080%	400,000	400,000	402,572
Best Buy Inc	Bond	N/A	10/1/2028	4.450%	1,100,000	1,092,641	1,082,224
Blackrock Funding	Bond	N/A	1/8/2035	4.900%	250,000	248,998	244,943
Boardwalk Pipelines Lp	Bond	N/A	2/15/2031	3.400%	400,000	357,440	357,352
Boeing Co	Bond	N/A	5/1/2029	6.300%	250,000	250,000	259,143
Boeing Co	Bond	N/A	5/1/2031	6.390%	500,000	500,000	522,760
Boston Properties Inc	Bond	N/A	4/1/2032	2.550%	425,000	338,330	344,072
Boston Properties Inc	Bond	N/A	12/1/2027	6.750%	400,000	418,820	417,108
Bp Cap Markets America	Bond	N/A	2/11/2026	3.410%	395,000	385,690	390,157
Bp Cap Markets America	Bond	N/A	1/12/2032	2.720%	150,000	130,688	128,355
Bp Cap Markets America	Bond	N/A	4/10/2034	4.990%	455,000	454,900	442,528
Bp Cap Markets America	Bond	N/A	4/10/2029	4.700%	250,000	249,950	248,603
Bristol Myers Squibb Co	Bond	N/A	2/20/2026	4.950%	300,000	299,844	301,473
Bristol Myers Squibb Co	Bond	N/A	2/22/2034	5.200%	500,000	499,885	499,375
Brixmor Oper Partnership Lp	Bond	N/A	4/1/2028	2.250%	460,000	408,480	420,334
Brixmor Oper Partnership Lp	Bond	N/A	2/15/2034	5.500%	175,000	174,678	173,294
Broadcom Inc	Bond	N/A	7/12/2029	5.050%	425,000	424,443	426,615
Broadcom Inc	Bond	N/A	7/12/2027	5.050%	225,000	224,962	227,084
Broadcom Inc	Bond	N/A	2/15/2028	4.150%	465,000	464,326	457,179
Broadcom Inc	Bond	N/A	2/15/2030	4.350%	200,000	199,648	194,598
Brown Forman Corp	Bond	N/A	4/15/2033	4.750%	700,000	713,678	682,703
The Cigna Group	Bond	N/A	3/15/2033	5.400%	850,000	884,425	848,717
Cna Finl Corp	Bond	N/A	6/15/2033	5.500%	800,000	824,888	807,096
Cna Finl Corp	Bond	N/A	2/15/2034	5.130%	250,000	246,823	245,360

Seafarers Health and Benefits Plan

Schedule H, Line 4i – Schedule of Assets (Held at End of Year) - Continued

Plan #501 / EIN: 13-5557534

December 31, 2024

(a)	(b)	(c)				(d)	(e)
		Description of investment					
Identity of issue, borrower, lessor or similar party	Description	Collateral	Maturity date	Rate of interest	Par/maturity value or shares	Cost	Current value
Corporate obligations - continued:							
Cvs Health Corp	Bond	N/A	6/1/2026	2.880%	285,000	272,181	276,758
Cvs Health Corp	Bond	N/A	8/21/2027	1.300%	550,000	488,483	498,355
Cvs Health Corp	Bond	N/A	8/21/2030	1.750%	225,000	185,864	183,155
Cvs Health Corp	Bond	N/A	2/21/2030	5.130%	200,000	203,102	195,790
Camden Ppty Tr	Bond	N/A	7/1/2029	3.150%	260,000	239,520	241,498
Camden Ppty Tr	Bond	N/A	5/15/2030	2.800%	270,000	241,442	242,312
Camden Ppty Tr	Bond	N/A	11/3/2026	5.850%	325,000	334,718	331,510
The Campbells Company	Bond	N/A	3/23/2035	4.750%	900,000	896,634	848,655
Capital One Finl Corp Glbl Flt	Bond	N/A	7/28/2026	3.750%	320,000	306,451	314,051
Capital One Finl Corp Glbl Flt	Bond	N/A	11/2/2027	1.880%	450,000	404,762	425,219
Capital One Finl Corp Glbl Flt	Bond	N/A	3/3/2026	2.640%	475,000	455,140	472,981
Capital One Finl Corp Glbl Flt	Bond	N/A	5/10/2028	4.930%	400,000	393,116	398,712
Capital One Finl Corp Glbl Flt	Bond	N/A	6/8/2034	0.000%	300,000	308,760	311,484
Capital One Finl Corp Glbl Flt	Bond	N/A	10/30/2031	0.000%	500,000	549,445	552,055
Cardinal Health Inc	Bond	N/A	2/15/2029	5.130%	500,000	499,615	501,065
Cardinal Health Inc	Bond	N/A	2/15/2034	5.450%	500,000	499,660	498,110
Cardinal Health Inc	Bond	N/A	11/15/2029	5.000%	500,000	499,830	496,885
Caterpillar Finl Svcs Mtns Be Vr	Bond	N/A	9/14/2026	1.150%	600,000	550,896	567,852
Caterpillar Finl Svcs Mtns	Bond	N/A	1/8/2027	4.500%	165,000	164,822	165,340
Caterpillar Finl Svcs Mtns	Bond	N/A	2/27/2029	4.850%	670,000	669,089	673,558
Caterpillar Finl Svcs Mtns	Bond	N/A	5/14/2027	5.000%	250,000	249,725	252,545
Caterpillar Finl Svcs Mtns	Bond	N/A	10/16/2026	4.450%	500,000	499,610	500,150
Caterpillar Finl Svcs Mtns	Bond	N/A	10/15/2027	4.400%	300,000	299,850	298,824
Centerpoint Energy Inc	Bond	N/A	6/1/2026	1.450%	130,000	119,688	124,168
Centerpoint Energy Inc	Bond	N/A	6/1/2031	2.650%	440,000	375,153	378,048
Charter Comm Opt Llc/Cap	Bond	N/A	7/23/2025	4.910%	32,000	31,746	31,962
Charter Comm Opt Llc/Cap	Bond	N/A	2/1/2034	6.650%	385,000	405,975	396,281
Chevron U.S.A. Inc.	Bond	N/A	8/12/2027	1.020%	275,000	244,503	251,655
Cisco Sys Inc	Bond	N/A	2/26/2034	5.050%	700,000	699,293	697,473
Citigroup Inc	Bond	N/A	9/29/2027	4.450%	100,000	97,701	98,645
Citigroup Inc	Bond	N/A	1/12/2026	3.700%	50,000	48,793	49,501
Citigroup Inc	Bond	N/A	3/9/2026	4.600%	100,000	98,713	99,728
Citigroup Inc	Bond	N/A	5/1/2026	3.400%	175,000	168,865	171,983
Citigroup Inc	Bond	N/A	6/3/2031	2.570%	250,000	213,555	217,890
Citigroup Inc	Bond	N/A	6/9/2027	1.460%	325,000	297,421	309,446
Citibank N A	Bond	N/A	12/4/2026	5.490%	250,000	254,500	253,740
Citibank N A	Bond	N/A	4/30/2026	5.440%	250,000	250,000	252,245
Citibank N A	Bond	N/A	8/6/2029	4.840%	500,000	500,000	497,865
Citigroup Inc	Bond	N/A	1/25/2026	2.010%	250,000	240,228	249,445
Citigroup Inc	Bond	N/A	9/19/2030	0.000%	300,000	300,000	291,510
Citizens Finl Group Inc	Bond	N/A	1/23/2030	0.000%	430,000	430,000	436,334
Clorox	Bond	N/A	5/1/2029	4.400%	375,000	371,220	369,131
Coca Cola Bottling Co Cons	Bond	N/A	6/1/2029	5.250%	425,000	424,333	430,920
Coca Cola Co	Bond	N/A	6/1/2027	1.450%	600,000	548,202	560,160
Comcast Corp	Bond	N/A	1/15/2027	2.350%	150,000	140,811	143,397
Comcast Corp	Bond	N/A	2/15/2031	1.500%	350,000	286,836	284,872
Comcast Corp	Bond	N/A	2/15/2033	4.650%	375,000	377,258	362,209
Conocophillips Co	Bond	N/A	9/15/2033	5.050%	800,000	821,912	789,344
Conservation Fund / Sustainable	Bond	N/A	12/15/2029	3.470%	385,000	339,597	353,726
Constellation	Bond	N/A	11/15/2025	4.400%	235,000	232,255	234,455
Constellation	Bond	N/A	11/15/2028	4.650%	300,000	300,438	296,682
Constellation	Bond	N/A	2/2/2026	5.000%	500,000	498,185	499,410
Constellation	Bond	N/A	1/15/2029	4.800%	175,000	174,806	173,948
Consumers Energy	Bond	N/A	1/15/2030	4.700%	250,000	249,438	248,260
Costco Wholesale	Bond	N/A	6/20/2027	1.380%	325,000	294,882	302,120
Crown Castle Inc.	Bond	N/A	7/15/2026	1.050%	800,000	721,752	755,872
Cubesmart L P	Bond	N/A	2/15/2031	2.000%	300,000	244,692	248,949
Cubesmart L P	Bond	N/A	12/15/2028	2.250%	90,000	79,471	80,955
Cummins	Bond	N/A	9/1/2025	0.750%	375,000	351,566	365,561
Dte Energy Co	Bond	N/A	10/1/2026	2.850%	300,000	283,563	290,640
Dte Energy Co	Bond	N/A	6/1/2028	4.880%	350,000	353,035	348,775
Dte Energy Co	Bond	N/A	3/1/2029	5.100%	700,000	698,474	701,617
Dte Energy Co	Bond	N/A	7/1/2027	4.950%	100,000	99,881	100,375
Dte Elec Co	Bond	N/A	3/1/2032	3.000%	375,000	332,179	329,370
Dte Elec Co	Bond	N/A	12/1/2026	4.850%	400,000	399,936	403,124
Deere John Cap Corp	Bond	N/A	3/7/2029	3.450%	310,000	297,157	294,950
Deere John Cap Corp	Bond	N/A	1/15/2026	0.700%	275,000	254,887	264,523
Deere John Cap Corp	Bond	N/A	3/6/2028	1.500%	345,000	307,888	313,502

Seafarers Health and Benefits Plan

Schedule H, Line 4i – Schedule of Assets (Held at End of Year) - Continued

Plan #501 / EIN: 13-5557534

December 31, 2024

(a)	(b)	(c)				(d)	(e)
		Description of investment					
Identity of issue, borrower, lessor or similar party	Description	Collateral	Maturity date	Rate of interest	Par/maturity value or shares	Cost	Current value
Corporate obligations - continued:							
Deere John Cap Corp	Bond	N/A	10/13/2026	1.300%	500,000	459,890	473,175
Deere John Cap Corp	Bond	N/A	9/8/2025	5.300%	475,000	481,132	477,389
Deere John Cap Corp	Bond	N/A	1/16/2029	4.500%	400,000	399,248	396,380
Deere John Cap Corp	Bond	N/A	6/11/2029	4.850%	500,000	499,190	501,840
Devon Energy	Bond	N/A	9/15/2034	5.200%	515,000	514,621	488,874
Diamondback Energy Inc	Bond	N/A	4/18/2027	5.200%	800,000	799,648	807,672
Discover Finl Svcs	Bond	N/A	11/29/2032	6.700%	640,000	670,426	682,099
Discover Finl Svcs	Bond	N/A	11/2/2034	0.000%	400,000	444,992	457,144
Dollar Gen Corp	Bond	N/A	4/3/2030	3.500%	195,000	179,538	178,946
Dollar Gen Corp	Bond	N/A	11/1/2027	4.630%	660,000	655,631	655,809
Dominion Energy Inc Perp Gbl - C	Bond	N/A	8/15/2026	2.850%	375,000	353,269	364,024
Dowdupont Inc	Bond	N/A	11/15/2025	4.490%	535,000	531,057	533,663
Eidp, Inc.	Bond	N/A	7/15/2025	1.700%	200,000	189,690	196,834
Duke Energy Corp	Bond	N/A	9/15/2025	0.900%	200,000	186,618	194,584
Duke Energy Corp	Bond	N/A	12/8/2027	5.000%	250,000	252,718	251,783
Duke Energy Corp	Bond	N/A	9/15/2033	5.750%	800,000	846,256	820,200
Duke Energy Carolinas Llc	Bond	N/A	12/1/2026	2.950%	300,000	289,587	291,306
Duke Energy Ohio Inc	Bond	N/A	6/1/2030	2.130%	150,000	127,590	129,731
Duke Energy Progress Llc	Bond	N/A	9/1/2028	3.700%	250,000	242,633	240,830
Erp Oper Ltd Partnership	Bond	N/A	8/1/2027	3.250%	1,000,000	965,020	963,050
Erp Oper Ltd Partnership	Bond	N/A	7/1/2029	3.000%	330,000	303,775	304,544
Eastman Chemical	Bond	N/A	8/1/2029	5.000%	600,000	598,272	598,110
Energy Transfer Partners L P	Bond	N/A	1/15/2026	4.750%	200,000	198,692	199,718
Energy Transfer Partners L P	Bond	N/A	4/15/2027	4.200%	175,000	170,011	172,669
Energy Transfer, L.P.	Bond	N/A	2/15/2028	5.550%	690,000	703,869	700,474
Energy Transfer, L.P.	Bond	N/A	5/15/2034	5.550%	400,000	398,640	397,952
Entergy	Bond	N/A	9/15/2025	0.900%	250,000	232,465	243,120
Entergy Tex Inc	Bond	N/A	3/15/2031	1.750%	250,000	204,753	206,023
Enterprise Prods Oper Llc	Bond	N/A	1/11/2027	4.600%	210,000	209,784	210,053
Enterprise Prods Oper Llc	Bond	N/A	1/31/2034	4.850%	600,000	598,230	580,356
Essex Portfolio L P	Bond	N/A	3/1/2028	1.700%	335,000	293,105	302,904
Essex Portfolio L P	Bond	N/A	4/1/2034	5.500%	100,000	102,871	100,042
Estee Lauder Cos Inc	Bond	N/A	5/15/2028	4.380%	200,000	199,314	197,466
Eversource Energy	Bond	N/A	8/15/2025	0.800%	375,000	349,365	365,471
Eversource Energy	Bond	N/A	3/1/2027	2.900%	250,000	236,670	239,970
Eversource Energy	Bond	N/A	7/1/2027	4.600%	340,000	337,236	337,654
Eversource Energy	Bond	N/A	5/15/2026	4.750%	225,000	223,803	224,818
Exelon Corp	Bond	N/A	3/15/2027	2.750%	500,000	470,880	478,770
Exelon Corp	Bond	N/A	3/15/2028	5.150%	100,000	101,644	100,583
Extra Space Storage L P	Bond	N/A	4/1/2028	5.700%	250,000	256,223	255,215
Extra Space Storage L P	Bond	N/A	10/15/2030	2.200%	700,000	582,239	595,595
Extra Space Storage L P	Bond	N/A	10/15/2031	2.400%	500,000	412,485	415,455
Fmc Corp - New	Bond	N/A	10/1/2026	3.200%	350,000	331,093	339,563
Fmc Corp - New	Bond	N/A	5/18/2026	5.150%	500,000	499,465	500,540
F N B Corp Pa	Bond	N/A	8/25/2025	5.150%	275,000	272,902	274,417
Facebook Inc	Bond	N/A	5/15/2028	4.600%	500,000	507,295	500,640
Facebook Inc	Bond	N/A	5/15/2030	4.800%	550,000	563,123	554,576
Federal Rlty Invt Tr	Bond	N/A	6/1/2030	3.500%	500,000	452,880	458,640
Federal Rlty Invt Tr	Bond	N/A	2/15/2026	1.250%	400,000	369,168	383,980
Fifth Third Bancorp	Bond	N/A	11/1/2027	1.710%	400,000	359,872	377,676
Fifth Third Bancorp	Bond	N/A	7/28/2030	4.770%	325,000	317,405	318,412
First Md Cap I	Bond	N/A	1/15/2027	5.830%	200,000	182,000	194,824
Fiserv Inc	Bond	N/A	3/15/2031	5.350%	650,000	648,895	660,725
Florida Pwr & Lt Co Sr Gbl Fl	Bond	N/A	4/1/2033	5.100%	620,000	639,821	615,976
Florida Pwr & Lt Co Sr Gbl Fl	Bond	N/A	5/15/2026	4.450%	400,000	400,344	400,024
Florida Pwr & Lt Co Sr Gbl Fl	Bond	N/A	6/15/2029	5.150%	500,000	499,155	506,275
Ford Motor Credit Co	Bond	N/A	3/5/2027	5.800%	800,000	799,024	807,544
Ford Motor Credit Co	Bond	N/A	3/5/2031	6.050%	200,000	199,458	199,572
Gatx Corp	Bond	N/A	6/30/2030	4.000%	620,000	578,020	586,923
Gatx Corp	Bond	N/A	6/1/2031	1.900%	300,000	238,386	243,915
Haleon Us Capital Llc	Bond	N/A	3/24/2027	3.380%	500,000	481,080	485,370
Haleon Us Capital Llc	Bond	N/A	3/24/2029	3.380%	250,000	236,438	235,085
General Mills Inc	Bond	N/A	1/30/2030	4.880%	555,000	552,453	551,265
General Mills Inc	Bond	N/A	1/30/2035	5.250%	550,000	547,162	542,284
General Motors Co	Bond	N/A	10/1/2027	6.800%	600,000	636,036	626,634
General Mtrs Finl Co Inc	Bond	N/A	1/8/2026	1.250%	260,000	240,557	250,487
General Mtrs Finl Co Inc	Bond	N/A	4/10/2028	2.400%	350,000	314,013	321,573
General Mtrs Finl Co Inc	Bond	N/A	2/26/2027	2.350%	370,000	340,592	350,594

Seafarers Health and Benefits Plan

Schedule H, Line 4i – Schedule of Assets (Held at End of Year) - Continued

Plan #501 / EIN: 13-5557534

December 31, 2024

(a)	(b)	(c) Description of investment				(d)	(e)
Identity of issue, borrower, lessor or similar party	Description	Collateral	Maturity date	Rate of interest	Par/maturity value or shares	Cost	Current value
Corporate obligations - continued:							
General Mtrs Finl Co Inc	Bond	N/A	4/6/2030	5.850%	275,000	283,594	280,866
General Mtrs Finl Co Inc	Bond	N/A	2/8/2031	5.750%	420,000	418,853	425,531
Georgia Pwr Co	Bond	N/A	5/16/2028	4.650%	200,000	201,528	199,156
Georgia Pwr Co	Bond	N/A	2/23/2027	5.000%	400,000	400,000	403,076
Goldman Sachs Group Inc	Bond	N/A	2/7/2030	2.600%	250,000	219,685	221,448
Goldman Sachs Group Inc	Bond	N/A	2/12/2026	0.860%	500,000	474,100	497,535
Goldman Sachs Group Inc	Bond	N/A	3/9/2027	1.430%	350,000	322,732	336,007
Goldman Sachs Group Inc	Bond	N/A	9/10/2027	1.540%	500,000	453,510	472,785
Goldman Sachs Group Inc	Bond	N/A	6/15/2027	4.390%	250,000	246,025	248,510
Hca Inc	Bond	N/A	3/15/2029	3.380%	500,000	461,335	464,080
Hca Inc	Bond	N/A	4/1/2031	5.450%	720,000	723,932	718,553
Hp Inc	Bond	N/A	4/15/2029	4.000%	550,000	533,269	527,241
Hewlett Packard Enterprise Co	Bond	N/A	9/25/2027	4.400%	450,000	449,789	445,280
Hewlett Packard Enterprise Co	Bond	N/A	10/15/2034	5.000%	300,000	297,234	288,351
Home Depot Inc	Bond	N/A	3/15/2031	1.380%	290,000	236,930	234,848
Home Depot Inc	Bond	N/A	4/15/2029	4.900%	500,000	513,715	504,425
Honeywell	Bond	N/A	6/1/2025	1.350%	300,000	286,395	296,094
Honeywell	Bond	N/A	7/30/2027	4.650%	150,000	149,996	150,546
Hormel Foods Corp	Bond	N/A	6/3/2028	1.700%	415,000	373,351	375,928
Hubbell Inc	Bond	N/A	3/1/2026	3.350%	740,000	716,749	727,908
Humana Inc	Bond	N/A	2/3/2027	1.350%	200,000	180,374	185,944
Humana Inc	Bond	N/A	12/1/2028	5.750%	475,000	496,503	483,754
Huntington Bancshares Inc	Bond	N/A	8/21/2029	0.000%	225,000	232,004	232,288
Huntington Bancshares Inc	Bond	N/A	1/15/2031	0.000%	400,000	400,000	400,316
Ingersoll Rand Inc	Bond	N/A	6/15/2029	5.180%	1,000,000	999,930	1,009,880
Ibm Corp	Bond	N/A	2/6/2026	4.500%	500,000	498,745	499,630
Interpublic Group	Bond	N/A	6/15/2033	5.380%	700,000	710,927	693,875
Intuit Inc	Bond	N/A	7/15/2027	1.350%	440,000	396,563	405,922
Jpmorgan Chase & Co	Bond	N/A	1/29/2027	3.960%	400,000	390,732	396,892
Jpmorgan Chase & Co	Bond	N/A	11/19/2026	1.050%	375,000	347,261	362,981
Jpmorgan Chase & Co	Bond	N/A	2/4/2027	1.040%	350,000	321,671	336,259
Jpmorgan Chase & Co	Bond	N/A	4/22/2027	1.580%	210,000	193,792	201,648
Jpmorgan Chase & Co	Bond	N/A	9/22/2027	1.470%	400,000	362,404	378,384
Jpmorgan Chase & Co	Bond	N/A	11/8/2032	2.550%	100,000	83,438	84,352
Jpmorgan Chase & Co	Bond	N/A	4/26/2026	4.080%	400,000	393,492	398,960
Jpmorgan Chase & Co	Bond	N/A	1/23/2028	0.000%	500,000	500,000	501,855
Jpmorgan Chase & Co	Bond	N/A	4/22/2028	0.000%	450,000	450,000	457,646
Jpmorgan Chase & Co	Bond	N/A	7/22/2030	0.000%	500,000	500,000	497,840
Jeffries Financial Group Inc	Bond	N/A	10/15/2031	2.630%	300,000	248,496	253,107
Johns Hopkins Univ	Bond	N/A	7/1/2032	4.710%	100,000	102,134	97,744
Johnson & Johnson	Bond	N/A	6/1/2031	4.900%	750,000	749,325	754,733
Kla-Tencor Corp	Bond	N/A	7/15/2032	4.650%	400,000	408,592	391,388
Kellanova	Bond	N/A	4/1/2026	3.250%	300,000	290,751	295,071
Keurig Dr Pepper Inc	Bond	N/A	4/15/2029	3.950%	295,000	287,593	282,958
Keurig Dr Pepper Inc	Bond	N/A	3/15/2029	5.050%	715,000	713,019	717,159
Keycorp	Bond	N/A	10/29/2025	4.150%	375,000	365,636	372,690
Keycorp	Bond	N/A	3/6/2035	0.000%	285,000	284,994	296,631
Key Bank Na	Bond	N/A	11/15/2027	5.850%	500,000	499,635	512,435
Kimco	Bond	N/A	4/1/2032	3.200%	475,000	413,307	416,836
Kimco Realty Corp Sr	Bond	N/A	3/1/2035	4.850%	300,000	299,445	285,705
Kinder Morgan Inc Del	Bond	N/A	2/15/2031	2.000%	350,000	290,532	292,968
Kinder Morgan Inc Del	Bond	N/A	2/1/2033	4.800%	350,000	336,830	332,588
Kinder Morgan Inc Del	Bond	N/A	8/1/2029	5.100%	375,000	374,411	374,948
Kroger Co	Bond	N/A	5/1/2030	2.200%	415,000	355,153	359,963
Kroger Co	Bond	N/A	1/15/2031	1.700%	225,000	181,845	185,369
Legg Mason Inc	Bond	N/A	3/15/2026	4.750%	750,000	747,315	749,910
Lexington Rlty Tr	Bond	N/A	10/1/2031	2.380%	390,000	313,123	317,074
Lilly Eli & Co	Bond	N/A	2/27/2033	4.700%	825,000	845,988	808,591
Lockheed Martin	Bond	N/A	6/15/2030	1.850%	350,000	299,999	299,999
Lockheed Martin	Bond	N/A	12/15/2031	4.700%	500,000	499,700	492,105
Lowes Companies Inc	Bond	N/A	4/15/2026	2.500%	350,000	333,284	340,974
Lowes Companies Inc	Bond	N/A	4/1/2027	3.350%	250,000	240,798	242,815
Mfrs & Traders Tr Co Bk Nt Progr	Bond	N/A	11/21/2025	5.400%	750,000	744,953	752,228
Mfrs & Traders Tr Co Bk Nt Progr	Bond	N/A	1/27/2028	4.700%	500,000	485,740	495,000
Mplx Lp	Bond	N/A	3/1/2026	1.750%	400,000	374,172	386,192
Mplx Lp	Bond	N/A	6/1/2034	5.500%	670,000	661,813	660,332
Marsh & McLennan	Bond	N/A	3/15/2034	5.150%	500,000	499,235	497,495
Marsh & McLennan	Bond	N/A	3/15/2030	4.650%	400,000	399,140	395,060

Seafarers Health and Benefits Plan

Schedule H, Line 4i – Schedule of Assets (Held at End of Year) - Continued

Plan #501 / EIN: 13-5557534

December 31, 2024

(a)	(b)	(c)				(d)	(e)
		Description of investment					
Identity of issue, borrower, lessor or similar party	Description	Collateral	Maturity date	Rate of interest	Par/maturity value or shares	Cost	Current value
Corporate obligations - continued:							
Marriott Intl Inc New Cl A	Bond	N/A	9/15/2026	5.450%	150,000	152,592	151,913
Marriott Intl Inc New Cl A	Bond	N/A	10/15/2028	5.550%	500,000	515,635	510,850
Masco Corp	Bond	N/A	2/15/2031	2.000%	365,000	299,953	304,611
Mastercard Inc	Bond	N/A	6/1/2029	2.950%	100,000	94,126	93,306
Mastercard Inc	Bond	N/A	3/9/2028	4.880%	500,000	515,365	505,685
Mc Cormick & Co	Bond	N/A	2/15/2026	0.900%	250,000	230,150	239,458
Mcdonalds Corp	Bond	N/A	5/26/2025	3.380%	250,000	244,750	248,658
Mcdonalds Corp	Bond	N/A	5/17/2029	5.000%	385,000	383,552	387,641
Mckesson Corp	Bond	N/A	12/3/2025	0.900%	485,000	449,658	468,883
Merck & Co Inc	Bond	N/A	2/24/2026	0.750%	500,000	463,480	479,460
Merck & Co Inc	Bond	N/A	12/10/2028	1.900%	350,000	314,983	315,788
Merck & Co Inc	Bond	N/A	5/17/2030	4.300%	300,000	299,958	294,420
Metlife Inc	Bond	N/A	12/15/2034	5.300%	450,000	448,128	448,263
Micron Technology Inc	Bond	N/A	9/15/2033	5.880%	300,000	312,024	307,701
Micron Technology Inc	Bond	N/A	1/15/2031	5.300%	250,000	249,825	249,750
Mid-America Apts L P	Bond	N/A	2/15/2031	1.700%	250,000	202,698	205,840
Morgan Stanley Bk N A Salt Lake	Bond	N/A	1/14/2028	0.000%	250,000	250,000	250,360
Morgan Stanley Bk N A Salt Lake	Bond	N/A	7/14/2028	0.000%	500,000	500,000	501,625
Morgan Stanley	Bond	N/A	12/10/2026	0.990%	325,000	299,007	313,411
Morgan Stanley	Bond	N/A	7/22/2028	3.590%	100,000	95,464	96,430
Morgan Stanley Fr	Bond	N/A	7/20/2027	1.510%	350,000	319,694	332,623
Morgan Stanley Fr	Bond	N/A	2/18/2026	2.630%	400,000	387,128	398,828
Morgan Stanley Fr	Bond	N/A	7/17/2026	4.680%	425,000	420,920	424,545
Morgan Stanley Fr	Bond	N/A	11/1/2029	0.000%	425,000	450,411	443,921
Morgan Stanley Fr	Bond	N/A	4/18/2030	0.000%	325,000	325,000	330,837
Morgan Stanley	Bond	N/A	5/4/2027	1.590%	400,000	368,556	383,412
National Rural Utils Coop Fin Vr	Bond	N/A	6/15/2025	3.450%	270,000	264,371	268,456
National Rural Utils Coop Fin Vr	Bond	N/A	3/15/2028	4.800%	450,000	455,130	450,788
National Rural Utils Coop Fin Vr	Bond	N/A	11/13/2026	5.600%	750,000	769,620	762,375
National Rural Utils Coop Fin Vr	Bond	N/A	2/7/2029	4.850%	450,000	449,861	450,234
National Rural Utils Coop Fin Vr	Bond	N/A	2/7/2031	5.000%	430,000	428,869	432,258
Newmont Mng Corp	Bond	N/A	10/1/2030	2.250%	80,000	69,048	69,092
Nextera Energy Cap Hldgs Inc	Bond	N/A	5/1/2027	3.550%	120,000	115,561	116,942
Nextera Energy Cap Hldgs Inc	Bond	N/A	6/1/2030	2.250%	325,000	278,015	280,995
Nextera Energy Cap Hldgs Inc	Bond	N/A	6/15/2028	1.900%	425,000	377,137	384,736
Nextera Energy Cap Hldgs Inc	Bond	N/A	1/15/2027	1.880%	325,000	298,890	307,089
Nisource Inc	Bond	N/A	8/15/2025	0.950%	150,000	140,259	146,303
Nisource Inc	Bond	N/A	3/30/2028	5.250%	450,000	458,829	453,897
Norfolk Southern Corp	Bond	N/A	8/1/2025	3.650%	290,000	284,003	288,127
Norfolk Southern Corp	Bond	N/A	8/1/2030	5.050%	500,000	511,910	505,110
Northern Trust Corp	Bond	N/A	5/1/2030	1.950%	535,000	459,726	461,946
Northrop Grumman Corp	Bond	N/A	2/1/2029	4.600%	200,000	199,806	198,352
Nucor Corp	Bond	N/A	5/1/2028	3.950%	250,000	244,130	242,783
Nucor Corp	Bond	N/A	4/1/2032	3.130%	365,000	327,770	319,641
Nvidia Corp	Bond	N/A	6/15/2028	1.550%	200,000	179,078	181,616
O Reilly Automotive Inc New	Bond	N/A	6/15/2032	4.700%	350,000	346,224	338,114
O Reilly Automotive Inc New	Bond	N/A	8/19/2034	5.000%	475,000	473,965	460,660
Occidental	Bond	N/A	8/1/2029	5.200%	700,000	699,748	694,505
Oncor Elec Delivery Co Llc	Bond	N/A	11/15/2033	5.650%	500,000	499,130	512,690
Oracle Corporation	Bond	N/A	9/27/2029	4.200%	450,000	449,559	434,687
Otis Worldwide Corp	Bond	N/A	11/19/2031	5.130%	240,000	239,986	240,101
Pnc Finl Svcs Group Inc	Bond	N/A	4/23/2032	2.310%	300,000	250,917	252,243
Pnc Finl Svcs Group Inc	Bond	N/A	12/2/2028	5.350%	850,000	859,869	862,062
Pnc Finl Svcs Group Inc	Bond	N/A	1/26/2027	24.050%	500,000	496,065	499,320
Pnc Finl Svcs Group Inc	Bond	N/A	1/21/2028	5.300%	500,000	500,000	504,290
Pnc Finl Svcs Group Inc	Bond	N/A	7/23/2027	0.000%	250,000	250,000	251,208
Ppl Cap Fdg Inc	Bond	N/A	5/15/2026	3.100%	400,000	383,368	390,740
Paccar Finl Corp Medium Term Sr	Bond	N/A	3/30/2026	4.450%	450,000	449,177	449,667
Paccar Finl Corp Medium Term Sr	Bond	N/A	11/9/2026	5.200%	300,000	306,399	304,101
Paccar Finl Corp Medium Term Sr	Bond	N/A	1/31/2029	4.600%	385,000	384,372	384,045
Paccar Finl Corp Medium Term Sr	Bond	N/A	8/6/2027	4.450%	300,000	299,601	299,721
Paccar Finl Corp Medium Term Sr	Bond	N/A	9/26/2029	4.000%	250,000	249,485	241,803
Pacificorp	Bond	N/A	2/15/2031	5.300%	450,000	449,222	453,960
Paypal Hldgs Inc	Bond	N/A	6/1/2025	1.650%	370,000	353,132	365,186
Peacehealth	Bond	N/A	11/15/2025	1.380%	360,000	334,386	348,833
Pepsico Inc	Bond	N/A	11/10/2026	5.130%	500,000	510,570	506,235
Pfizer Inc	Bond	N/A	12/15/2026	3.000%	200,000	192,972	194,584
Pfizer Inc	Bond	N/A	3/15/2029	3.450%	250,000	240,878	238,315

Seafarers Health and Benefits Plan

Schedule H, Line 4i – Schedule of Assets (Held at End of Year) - Continued

Plan #501 / EIN: 13-5557534

December 31, 2024

(a)	(b)	(c)				(d)	(e)
		Description of investment					
Identity of issue, borrower, lessor or similar party	Description	Collateral	Maturity date	Rate of interest	Par/maturity value or shares	Cost	Current value
Corporate obligations - continued:							
Philip Morris Intl Inc	Bond	N/A	8/15/2029	3.380%	250,000	234,433	234,563
Philip Morris Intl Inc	Bond	N/A	5/1/2026	0.880%	500,000	458,060	475,775
Philip Morris Intl Inc	Bond	N/A	11/17/2027	5.130%	135,000	137,406	136,624
Philip Morris Intl Inc	Bond	N/A	11/17/2029	5.630%	250,000	262,153	257,505
Philip Morris Intl Inc	Bond	N/A	2/15/2030	5.130%	675,000	686,016	678,564
Philip Morris Intl Inc	Bond	N/A	9/7/2028	5.250%	300,000	308,571	304,302
Philip Morris Intl Inc	Bond	N/A	2/13/2031	5.130%	835,000	822,951	835,058
Philip Morris Intl Inc	Bond	N/A	11/1/2027	4.380%	500,000	496,315	495,850
Phillips 66 Co.	Bond	N/A	12/1/2027	4.950%	300,000	302,520	302,445
Pioneer Natural Resources Co	Bond	N/A	1/15/2026	1.130%	250,000	232,058	241,318
Plains All Amern Pipeline L P	Bond	N/A	12/15/2029	3.550%	200,000	184,134	186,022
Progressive Corp	Bond	N/A	1/15/2027	2.450%	240,000	225,094	230,052
Prologis L P	Bond	N/A	6/15/2033	4.750%	240,000	243,247	232,286
Public Service Elec & Gas	Bond	N/A	3/15/2033	4.650%	200,000	200,020	193,534
Public Svc Enterprise Group Inc	Bond	N/A	8/15/2025	0.800%	400,000	373,824	390,228
Public Svc Enterprise Group Inc	Bond	N/A	10/15/2028	5.880%	500,000	523,910	515,705
Public Svc Enterprise Group Inc	Bond	N/A	4/1/2029	5.200%	565,000	564,181	570,831
Public Storage	Bond	N/A	5/1/2028	1.850%	600,000	538,740	547,110
Rtx Corporation	Bond	N/A	3/15/2031	6.000%	350,000	372,852	367,161
Realty Income Corp	Bond	N/A	6/1/2026	4.880%	686,000	686,542	687,660
Realty Income Corp	Bond	N/A	3/15/2028	2.100%	775,000	762,328	712,264
Realty Income Corp	Bond	N/A	2/15/2029	4.750%	300,000	297,675	297,780
Regions Finl Corp	Bond	N/A	6/6/2030	0.000%	500,000	500,000	506,915
Republic	Bond	N/A	2/15/2031	1.450%	250,000	202,800	202,763
Republic	Bond	N/A	4/1/2029	4.880%	100,000	101,865	99,768
Rexford Industrial Realty L P	Bond	N/A	12/1/2030	2.130%	425,000	347,425	355,929
Roper Technologies Inc	Bond	N/A	12/15/2026	3.800%	300,000	293,382	295,308
Roper Technologies Inc	Bond	N/A	9/15/2025	1.000%	450,000	420,624	439,025
S&P Global Inc	Bond	N/A	3/1/2029	2.700%	500,000	462,320	460,285
Schwab Charles Corp	Bond	N/A	3/11/2026	0.900%	425,000	389,602	406,581
Schwab Charles Corp	Bond	N/A	3/11/2031	1.650%	415,000	334,967	339,781
Schwab Charles Corp	Bond	N/A	3/20/2028	2.000%	515,000	458,139	471,730
Schwab Charles Corp	Bond	N/A	5/13/2026	1.150%	160,000	146,630	152,768
Simon Property Group Inc	Bond	N/A	2/1/2028	1.750%	575,000	516,707	526,004
Simon Property Group Inc	Bond	N/A	3/8/2033	5.500%	350,000	361,645	355,870
Simon Property Group Inc	Bond	N/A	9/26/2034	4.750%	450,000	446,891	426,357
Jm Smucker Company-New	Bond	N/A	11/15/2028	5.900%	500,000	525,705	517,890
Southern Cal Edison	Bond	N/A	3/1/2026	5.350%	515,000	515,000	518,373
Southern Cal Edison	Bond	N/A	6/1/2029	5.150%	500,000	499,770	502,925
Southern Co Sr 2021C FI Nt23	Bond	N/A	4/30/2030	3.700%	250,000	235,528	234,803
Southern Co Sr 2021C FI Nt23	Bond	N/A	6/15/2028	4.850%	400,000	402,944	400,628
Southern Co Sr 2021C FI Nt23	Bond	N/A	3/15/2029	5.500%	575,000	598,299	586,655
Southern Power Co	Bond	N/A	1/15/2026	0.900%	80,000	73,704	76,842
Southwest	Bond	N/A	6/15/2027	5.130%	600,000	602,670	602,676
Stanley Black & Decker Inc	Bond	N/A	3/1/2026	3.400%	200,000	193,414	196,732
Starbucks Corp	Bond	N/A	2/8/2027	4.850%	750,000	749,693	753,608
State Str Corp	Bond	N/A	11/18/2027	1.680%	350,000	321,048	331,426
State Str Corp	Bond	N/A	2/6/2026	1.750%	500,000	480,455	498,370
State Str Corp	Bond	N/A	8/3/2026	5.270%	830,000	842,060	838,209
State Str Corp	Bond	N/A	11/21/2029	0.000%	600,000	620,400	616,704
Stryker Corp	Bond	N/A	9/11/2034	4.630%	700,000	696,290	667,842
Synchrony Finl	Bond	N/A	6/13/2025	4.880%	625,000	614,325	624,381
Synchrony Finl	Bond	N/A	8/2/2030	0.000%	275,000	275,000	277,525
Tjx	Bond	N/A	9/15/2026	2.250%	270,000	255,012	260,256
T-Mobile Usa Inc	Bond	N/A	7/15/2033	5.050%	300,000	302,334	293,757
T-Mobile Usa Inc	Bond	N/A	1/15/2029	4.850%	470,000	469,295	467,354
Tapestry Inc	Bond	N/A	3/11/2030	5.100%	375,000	374,535	370,868
Target Corp	Bond	N/A	4/15/2025	2.250%	100,000	96,962	99,259
Targa Res Corp	Bond	N/A	3/15/2033	6.130%	300,000	315,852	309,300
Targa Resources Corp. (Calif)	Bond	N/A	7/1/2027	5.200%	620,000	622,976	623,646
Texas Instrs Inc	Bond	N/A	5/4/2030	1.750%	650,000	560,489	556,348
Texas Instrs Inc	Bond	N/A	2/15/2028	4.600%	810,000	822,968	811,499
Texas Instrs Inc	Bond	N/A	3/14/2033	4.900%	165,000	171,329	163,862
The Williams Companies, Inc.	Bond	N/A	3/15/2029	4.900%	450,000	449,276	446,670
Thermo Fisher Scientific Inc Sr	Bond	N/A	11/21/2027	4.800%	500,000	509,350	503,765
Toyota Mtr Cr Corp Fr	Bond	N/A	8/13/2027	1.150%	200,000	178,862	183,144
Toyota Mtr Cr Corp Fr	Bond	N/A	9/11/2028	5.250%	500,000	517,730	507,010
Truist Financial Corporation	Bond	N/A	3/2/2027	1.270%	400,000	366,180	383,612

Seafarers Health and Benefits Plan

Schedule H, Line 4i – Schedule of Assets (Held at End of Year) - Continued

Plan #501 / EIN: 13-5557534

December 31, 2024

(a)	(b)	(c)				(d)	(e)
		Description of investment					
Identity of issue, borrower, lessor or similar party	Description	Collateral	Maturity date	Rate of interest	Par/maturity value or shares	Cost	Current value
Corporate obligations - continued:							
Truist Financial Corporation	Bond	N/A	6/7/2029	1.890%	400,000	345,656	360,884
Truist Financial Corporation	Bond	N/A	6/6/2028	4.120%	500,000	481,780	490,960
Truist Financial Corporation	Bond	N/A	1/26/2029	4.870%	250,000	246,293	248,693
Truist Financial Corporation	Bond	N/A	1/24/2030	0.000%	425,000	425,000	428,753
Udr Inc Medium Term Nts Book Ent	Bond	N/A	1/26/2029	4.400%	275,000	264,976	267,330
Udr Inc Medium Term Nts Book Ent	Bond	N/A	3/15/2033	1.900%	200,000	152,060	153,658
Unilever	Bond	N/A	8/12/2027	4.250%	200,000	199,466	199,832
Us Bancorp	Bond	N/A	4/27/2026	3.100%	300,000	287,484	293,568
Us Bancorp	Bond	N/A	5/12/2025	1.450%	125,000	118,964	123,570
Us Bancorp	Bond	N/A	1/27/2028	2.220%	400,000	367,584	379,252
Us Bancorp	Bond	N/A	2/1/2029	4.650%	500,000	492,125	494,935
Us Bancorp	Bond	N/A	10/26/2027	0.000%	500,000	522,035	516,915
Us Bancorp	Bond	N/A	1/23/2030	0.000%	460,000	463,800	463,800
Us Bancorp	Bond	N/A	7/23/2030	0.000%	315,000	315,000	314,613
Unitedhealth Group Inc	Bond	N/A	5/15/2026	1.150%	150,000	138,858	143,346
Unitedhealth Group Inc	Bond	N/A	5/15/2031	2.300%	645,000	558,905	548,450
Unitedhealth Group Inc	Bond	N/A	4/15/2033	4.500%	200,000	198,730	189,756
Unitedhealth Group Inc	Bond	N/A	1/15/2032	4.950%	225,000	224,489	222,462
University Notre Dame Du Lac	Bond	N/A	2/15/2030	1.640%	400,000	340,012	338,036
Valero Energy Corp	Bond	N/A	6/1/2028	4.350%	216,000	212,825	211,697
Ventas Rity Ltd Partnership	Bond	N/A	1/15/2035	5.000%	450,000	448,412	429,957
Verizon Commns Inc	Bond	N/A	1/20/2031	1.750%	375,000	308,430	309,019
Verizon Commns Inc	Bond	N/A	3/21/2031	2.550%	269,000	231,945	231,655
Verizon Commns Inc	Bond	N/A	3/15/2032	2.360%	380,000	316,073	315,134
Vici Properties Lp	Bond	N/A	11/15/2031	5.130%	825,000	820,265	804,755
Vmware Inc	Bond	N/A	8/15/2028	1.800%	350,000	306,856	314,017
Vulcan Materials	Bond	N/A	6/1/2030	3.500%	430,000	399,956	398,558
Vulcan Materials	Bond	N/A	12/1/2029	4.950%	200,000	199,776	199,360
Vulcan Materials	Bond	N/A	12/1/2034	5.350%	200,000	199,780	199,396
Wec Energy Group Inc	Bond	N/A	10/15/2027	1.380%	325,000	287,261	296,644
Wec Energy Group Inc	Bond	N/A	9/12/2026	5.600%	209,000	212,055	211,696
Waste Management Inc	Bond	N/A	6/1/2029	2.000%	350,000	311,507	310,888
Waste Management Inc	Bond	N/A	4/15/2032	4.150%	245,000	239,191	231,532
Waste Management Inc	Bond	N/A	2/15/2029	4.880%	475,000	486,110	477,280
Waste Management Inc	Bond	N/A	7/3/2031	4.950%	735,000	730,539	735,742
Wells Fargo Bk N A San Francisco	Bond	N/A	12/11/2026	5.250%	250,000	253,055	253,020
Wells Fargo & Co Sr Nt	Bond	N/A	2/11/2026	2.160%	390,000	375,344	388,811
Wells Fargo & Co Sr Nt	Bond	N/A	3/24/2028	3.530%	575,000	548,562	557,710
Williams Co	Bond	N/A	3/15/2031	2.600%	415,000	354,833	357,365
Williams Co	Bond	N/A	3/2/2026	5.400%	500,000	504,995	503,370
Xcel Energy Inc	Bond	N/A	3/15/2027	1.750%	600,000	547,146	561,852
Aercap Ireland	Foreign bond	N/A	1/19/2029	5.100%	500,000	494,095	499,335
Aercap Ireland Cap Designated Ac	Foreign bond	N/A	6/6/2028	5.750%	500,000	511,720	509,455
Astrazeneca Plc	Foreign bond	N/A	8/6/2030	1.380%	260,000	216,146	216,580
Banco Santander	Foreign bond	N/A	7/15/2031	5.440%	1,000,000	1,000,000	997,970
Barclays Plc	Foreign bond	N/A	9/13/2029	0.000%	500,000	520,585	520,045
Barclays Plc	Foreign bond	N/A	3/12/2030	0.000%	300,000	302,907	302,907
Deutsche Bank Ny	Foreign bond	N/A	11/24/2026	2.130%	500,000	468,660	487,200
Diageo	Foreign bond	N/A	10/5/2026	5.380%	300,000	306,513	303,999
Enbridge Inc	Foreign bond	N/A	10/4/2026	1.600%	135,000	123,661	127,783
Enbridge Inc	Foreign bond	N/A	3/8/2033	5.700%	520,000	540,488	525,403
Enbridge Inc	Foreign bond	N/A	4/5/2029	5.300%	400,000	399,912	404,068
IBM Intl Cap	Foreign bond	N/A	2/5/2026	4.700%	500,000	499,180	500,380
IBM Intl Cap	Foreign bond	N/A	2/5/2027	4.600%	500,000	499,210	500,230
Johnson Controls International P	Foreign bond	N/A	12/1/2032	4.900%	500,000	498,230	487,150
Pfizer Inv Enterprise Sr	Foreign bond	N/A	5/19/2026	4.450%	500,000	498,789	499,245
Pfizer Inv Enterprise Sr	Foreign bond	N/A	5/19/2033	4.750%	300,000	300,675	291,504
Rogers Communications Inc	Foreign bond	N/A	3/15/2027	3.200%	500,000	477,250	483,040
Royal Bk Cda Vr	Foreign bond	N/A	1/20/2026	0.880%	600,000	556,170	577,458
Schlumberger Invt Sa	Foreign bond	N/A	6/26/2030	2.650%	200,000	179,642	178,234
Toronto Dominion Bank Fr 1.25%	Foreign bond	N/A	6/3/2026	1.200%	615,000	564,613	585,646
Toronto Dominion Bk	Foreign bond	N/A	9/15/2031	3.630%	400,000	383,760	388,768
American Airls 2017-1 Cl Aa Pass	Asset backed security	N/A	8/15/2030	3.650%	207,594	192,036	197,572
American Airls Pass Thru 2016-2	Asset backed security	N/A	12/15/2029	3.200%	163,670	148,947	154,568
American Express Credit Union	Asset backed security	N/A	7/16/2029	4.650%	750,000	749,966	751,554
Ba Cr Card Tr	Asset backed security	N/A	5/15/2029	4.930%	1,000,000	999,944	1,009,665
Bmw	Asset backed security	N/A	10/25/2027	4.410%	400,000	399,963	396,836
Bmw	Asset backed security	N/A	2/25/2028	4.210%	250,000	249,982	247,166

Seafarers Health and Benefits Plan

Schedule H, Line 4i – Schedule of Assets (Held at End of Year) - Continued

Plan #501 / EIN: 13-5557534

December 31, 2024

(a)	(b)	(c)				(d)	(e)
		Description of investment					
Identity of issue, borrower, lessor or similar party	Description	Collateral	Maturity date	Rate of interest	Par/maturity value or shares	Cost	Current value
Corporate obligations - continued:							
Carmax Auto Owner Trust	Asset backed security	N/A	6/15/2026	0.550%	72,261	70,010	71,714
Gm Financial	Asset backed security	N/A	10/20/2027	4.210%	600,000	599,929	596,655
Gm Financial	Asset backed security	N/A	4/16/2029	5.130%	650,000	649,900	657,211
Harley-Davidson	Asset backed security	N/A	8/15/2028	5.690%	700,000	711,309	707,913
Hyundai	Asset backed security	N/A	5/15/2029	4.410%	430,000	429,969	428,216
Hyundai	Asset backed security	N/A	1/15/2031	4.440%	300,000	299,908	297,618
Mercedes-Benz Auto Lease Trust	Asset backed security	N/A	2/15/2028	4.230%	750,000	749,874	746,600
Nissan	Asset backed security	N/A	9/15/2031	4.350%	500,000	499,916	495,681
Nissan	Asset backed security	N/A	11/15/2027	4.920%	825,000	824,996	830,604
Toyota	Asset backed security	N/A	3/15/2029	4.880%	570,000	570,000	573,959
Toyota Auto	Asset backed security	N/A	6/15/2029	4.470%	150,000	149,992	149,559
Toyota Auto	Asset backed security	N/A	4/15/2030	4.470%	350,000	349,906	347,013
Union Pac Rr Co 2016-1 Pass Thru	Asset backed security	N/A	11/9/2029	2.500%	144,778	128,955	129,350
United Airls Pass Thru Tr 2016-1	Asset backed security	N/A	1/7/2030	3.100%	170,272	155,222	161,387
United Airls Pass Thru Tr 2016-2	Asset backed security	N/A	4/7/2030	2.880%	64,503	57,632	60,243
United Airls Inc	Asset backed security	N/A	7/15/2037	5.800%	532,823	540,329	543,364
Government Natl Mtg Assn Gtd Mul	Collateralized mtg obligation	Yes	8/16/2052	2.100%	9,596	9,369	9,427
Bank 2021-Bnk35	Collateralized mtg obligation	Yes	8/15/2031	0.600%	173,354	162,301	167,569
Bank 2021-Bnk36	Collateralized mtg obligation	Yes	9/15/2064	0.800%	296,914	279,196	288,891
Bank 2020-Bnk30	Collateralized mtg obligation	Yes	12/10/2053	0.450%	125,272	118,649	122,867
Benchmark Mortgage Trust	Collateralized mtg obligation	Yes	10/10/2051	4.200%	233,191	229,708	228,675
Benchmark Mortgage Trust	Collateralized mtg obligation	Yes	1/15/2052	4.150%	112,990	110,652	112,195
Citigroup Commercial Mortgage Tr	Collateralized mtg obligation	Yes	8/10/2056	2.690%	209,567	205,353	200,106
Gs Mortgage Securities Trust	Collateralized mtg obligation	Yes	12/12/2053	0.470%	43,153	41,575	42,997
Aes Corp	Private placement	N/A	1/15/2026	1.380%	500,000	462,640	481,575
Hp Inc	Private placement	N/A	6/17/2031	2.650%	200,000	170,212	171,218
Hyundai Cap Amer Medium Term Nts	Private placement	N/A	10/15/2027	2.380%	200,000	180,130	186,468
Hyundai Cap Amer Medium Term Nts	Private placement	N/A	1/10/2028	1.800%	500,000	438,385	452,910
Mileage Plus Hldings Llc	Private placement	N/A	6/20/2027	6.500%	125,000	125,223	125,788
New York Life Global Fdg	Private placement	N/A	6/9/2026	1.150%	600,000	549,648	571,682
Total corporate obligations						207,463,687	208,224,975
State and municipal obligations:							
Aledo Tex Indpt Sch Dist	Bond	N/A	2/15/2026	0.000%	100,000	90,748	95,180
Allen Tex Indpt Sch Dist	Bond	N/A	2/15/2027	0.000%	150,000	131,016	136,042
Allen Tex Indpt Sch Dist	Bond	N/A	2/15/2027	0.000%	200,000	174,236	181,812
Alvarado Tex Indpt Sch Dist	Bond	N/A	2/15/2028	0.000%	350,000	293,041	303,296
Arizona Brd Regents Ctfz Partn	Bond	N/A	6/1/2025	1.150%	530,000	501,539	522,728
Avon Oh	Bond	N/A	12/1/2026	1.230%	250,000	228,353	235,552
Bexar Cnty Tex Rev	Bond	N/A	8/15/2025	1.080%	230,000	216,228	225,338
Brazos Tex Higher Ed Auth Inc St	Bond	N/A	4/1/2025	1.980%	300,000	289,392	298,143
Brazos Tex Higher Ed Auth Inc St	Bond	N/A	4/1/2025	1.670%	250,000	240,245	248,267
California St	Bond	N/A	4/1/2026	2.650%	500,000	480,145	490,490
Carmel Ind	Bond	N/A	5/1/2026	4.920%	350,000	350,000	350,840
Carmel Ind	Bond	N/A	5/1/2030	5.090%	275,000	275,000	274,497
College William Mary Va College	Bond	N/A	2/15/2026	1.360%	100,000	93,719	96,691
College William Mary Va College	Bond	N/A	2/15/2026	1.360%	390,000	362,415	376,915
Connecticut St	Bond	N/A	6/1/2025	0.920%	250,000	237,315	246,422
Connecticut St	Bond	N/A	5/15/2028	4.510%	350,000	352,979	349,073
Connecticut St	Bond	N/A	5/15/2030	4.660%	400,000	405,464	397,880
Connecticut St Hsg Fin Auth Hsg	Bond	N/A	5/15/2027	1.450%	300,000	269,718	279,627
District Columbia Income Tax Rev	Bond	N/A	5/1/2030	5.070%	300,000	310,245	304,770
District Columbia Income Tax Rev	Bond	N/A	5/1/2031	5.150%	390,000	405,206	396,919
Eagle Mtn & Saginaw Tex Indpt Sc	Bond	N/A	8/15/2025	0.000%	250,000	231,645	243,347
East Baton Rouge La Sew Commn Re	Bond	N/A	2/1/2026	1.250%	375,000	349,808	362,760
Frisco Tex Indpt Sch Dist	Bond	N/A	2/15/2028	1.550%	500,000	449,665	458,990
Frisco Tex Indpt Sch Dist	Bond	N/A	2/15/2028	4.000%	250,000	247,733	247,158
Gerald R Ford Intl Arprt Auth Mic	Bond	N/A	1/1/2030	4.600%	400,000	407,960	399,932
Greenville Cnty S C Hospitality	Bond	N/A	4/1/2025	1.100%	285,000	271,602	282,606
Hamilton Ohio City Sch Dist	Bond	N/A	12/1/2025	0.000%	580,000	531,506	557,078
Harris Cnty Tex Cultural Ed Facs	Bond	N/A	5/15/2026	1.620%	250,000	231,883	240,415
Hartford Cnty Conn Met Dist Clea	Bond	N/A	4/1/2026	1.150%	225,000	208,539	216,641
Hays County Tx	Bond	N/A	2/15/2026	0.970%	275,000	255,252	265,251
Honolulu Hi City & Cnty Wstwtr	Bond	N/A	7/1/2028	1.270%	540,000	473,175	485,487
Houston Tex Arprt Sys Rev	Bond	N/A	7/1/2026	1.720%	200,000	186,832	191,982
Iowa	Bond	N/A	7/1/2027	4.400%	315,000	315,000	314,276
Jarrell Tex Indpt Sch Dist	Bond	N/A	8/15/2025	0.000%	115,000	106,389	111,872

Seafarers Health and Benefits Plan

Schedule H, Line 4i – Schedule of Assets (Held at End of Year) - Continued

Plan #501 / EIN: 13-5557534

December 31, 2024

(a)	(b)	(c)				(d)	(e)
		Description of investment					
Identity of issue, borrower, lessor or similar party	Description	Collateral	Maturity date	Rate of interest	Par/maturity value or shares	Cost	Current value
State and municipal obligations - continued:							
Jarrell Tex Indpt Sch Dist	Bond	N/A	8/15/2027	0.000%	115,000	97,707	101,703
Jarrell Tex Indpt Sch Dist	Bond	N/A	8/15/2028	0.000%	100,000	81,294	84,277
Jersey City N J	Bond	N/A	9/1/2025	0.930%	330,000	309,108	322,394
Judson Tex Indpt Sch Dist	Bond	N/A	2/1/2026	0.930%	235,000	218,625	226,697
Kentucky Higher Ed Student Ln	Bond	N/A	6/1/2028	5.320%	650,000	652,009	653,335
La Habra Calif Pension Oblig	Bond	N/A	8/1/2025	1.690%	750,000	712,815	738,510
La Habra Calif Pension Oblig	Bond	N/A	8/1/2026	1.890%	500,000	465,770	480,625
Lancaster Cnty Pa Convention Ctr	Bond	N/A	5/1/2027	4.780%	270,000	270,413	270,386
Lancaster Cnty Pa Convention Ctr	Bond	N/A	5/1/2028	4.940%	920,000	929,651	924,186
Laredo Tex Wtrwks Swr Sys Rev	Bond	N/A	3/1/2028	1.730%	230,000	206,600	210,466
Los Fresnos Tex Cons Indpt Sch D	Bond	N/A	8/15/2028	0.000%	250,000	203,785	211,065
Louisiana Loc Govt Environmental	Bond	N/A	12/1/2034	5.050%	240,000	245,494	239,918
Louisiana St Energy & Pwr Auth P	Bond	N/A	6/1/2025	1.230%	550,000	518,898	542,284
Louisville Jefferson Cnty Ky Met	Bond	N/A	5/15/2026	3.430%	200,000	193,534	197,278
Maryland St Cmnty Dev Admin Dept	Bond	N/A	9/1/2048	3.240%	50,000	48,544	49,479
Maryland St Cmnty Dev Admin Dept	Bond	N/A	9/1/2027	5.500%	500,000	511,235	510,810
Maryland St Health & Higher Ed	Bond	N/A	10/1/2025	2.590%	100,000	95,721	98,404
Maryland St Dept Trans Spl Tran	Bond	N/A	8/1/2025	0.810%	325,000	304,343	318,422
Massachusetts St Hsg Fin Agy	Bond	N/A	12/1/2027	4.020%	140,000	135,993	137,614
Massachusetts St Hsg Fin Agy Hsg	Bond	N/A	12/1/2026	4.910%	500,000	501,765	503,790
Miami-Dade Cnty Fl	Bond	N/A	8/1/2025	1.590%	230,000	216,941	225,773
Michigan St Hsg Dev Auth Single	Bond	N/A	12/1/2025	1.040%	250,000	232,588	242,590
Michigan St Hsg Dev Auth Single	Bond	N/A	12/1/2025	5.150%	200,000	200,000	201,360
Michigan St Strategic Fd Ltd Obl	Bond	N/A	9/1/2025	1.120%	325,000	306,017	317,899
Midland Mich Pub Schs	Bond	N/A	5/1/2025	0.950%	250,000	237,485	247,280
Minnesota St Hsg Fin Agy	Bond	N/A	7/1/2027	2.180%	235,000	215,685	222,214
Minnesota St Hsg Fin Agy	Bond	N/A	1/1/2026	4.940%	150,000	150,345	150,888
Minnesota St Hsg Fin Agy	Bond	N/A	7/1/2026	4.990%	125,000	125,600	125,954
Minnesota St Hsg Fin Agy	Bond	N/A	1/1/2028	5.220%	440,000	447,198	446,604
Montgomery Cnty Md Hsg Oppty Co	Bond	N/A	7/1/2027	1.990%	275,000	250,569	258,198
Montgomery Cnty Md Hsg Oppty Co	Bond	N/A	1/1/2028	2.170%	130,000	117,758	121,037
Montgomery Cnty Pa Higher Ed Hea	Bond	N/A	5/1/2025	1.060%	535,000	506,372	528,944
Montgomery Cnty Va Economic Dev	Bond	N/A	6/1/2025	2.340%	410,000	395,589	406,671
Morris Cnty N J Impt Auth Lease	Bond	N/A	6/15/2025	0.840%	375,000	353,490	369,041
Nevada Hsg Div Single Family Mtg	Bond	N/A	10/1/2025	5.030%	70,000	70,000	70,323
Nevada Hsg Div Single Family Mtg	Bond	N/A	4/1/2027	4.880%	150,000	150,000	151,083
New Jersey St Trans Tr Fd Auth	Bond	N/A	6/15/2026	4.610%	500,000	500,000	499,715
New Jersey St Tpk Auth Tpk Rev	Bond	N/A	1/1/2028	1.480%	530,000	471,817	484,908
New York N Y	Bond	N/A	5/1/2026	3.730%	160,000	156,838	158,670
New York N Y	Bond	N/A	10/1/2025	1.890%	360,000	342,749	353,574
New York St Dorm Auth St Pers In	Bond	N/A	3/15/2029	1.950%	810,000	714,080	728,725
North Hudson Sew Auth N J Gross	Bond	N/A	6/1/2025	2.590%	15,000	15,000	14,889
North Hudson Sew Auth N J Gross	Bond	N/A	6/1/2025	2.590%	205,000	205,000	203,208
Northern Az Univ Revs	Bond	N/A	8/1/2025	2.110%	240,000	229,766	236,762
Oregon St Dept Administrative	Bond	N/A	4/1/2030	4.170%	400,000	395,692	389,748
Oregon St	Bond	N/A	5/1/2030	4.300%	325,000	324,184	319,140
Paramount Calif Pension Oblig	Bond	N/A	6/1/2025	1.350%	350,000	331,716	345,457
Putnam Cnty W Va Brd Ed	Bond	N/A	5/1/2025	1.250%	220,000	209,851	217,765
Rhode Is Hsg & Mtg Fin Corp Rev	Bond	N/A	10/1/2026	1.790%	125,000	115,818	119,921
Rhode Island St Student Ln Auth	Bond	N/A	12/1/2040	2.350%	20,000	18,712	18,864
Rockwall Tex Indpt Sch Dist	Bond	N/A	2/15/2027	0.000%	505,000	438,936	459,111
Sales Tax Securitization Corp II	Bond	N/A	1/1/2028	4.510%	600,000	599,856	597,996
Seguin Tx Indpt Sch Dist	Bond	N/A	8/15/2028	0.000%	340,000	275,900	289,187
Socorro Tex Indpt Sch Dist	Bond	N/A	8/15/2028	5.000%	200,000	207,010	203,090
State Pub Sch Bldg Auth Pa Rev	Bond	N/A	9/15/2027	5.000%	409,000	414,284	412,775
Texas St	Bond	N/A	10/1/2029	5.530%	1,000,000	1,064,420	1,043,420
Texas St Univ Sys Fing Rev	Bond	N/A	3/15/2027	1.340%	150,000	136,137	140,058
Tobacco Settlement Auth Ia	Bond	N/A	6/1/2025	1.380%	750,000	710,925	739,928
University Minn Spl Purp Rev	Bond	N/A	8/1/2025	0.900%	430,000	405,443	421,675
University Okla Revs	Bond	N/A	7/1/2026	1.420%	185,000	171,242	177,302
University Wis Hosps & Clinics A	Bond	N/A	4/1/2025	1.470%	250,000	239,148	248,160
Virginia Polytechnic Inst & St	Bond	N/A	9/1/2026	1.030%	75,000	68,723	71,084
Virginia Polytechnic Inst & St	Bond	N/A	9/1/2028	1.400%	300,000	264,042	268,731
Virginia St Hsg Dev Auth Comwlth	Bond	N/A	10/25/2037	3.500%	74,560	68,713	69,337
Virginia St Hsg Dev Auth Comwlth	Bond	N/A	1/1/2028	5.240%	300,000	305,400	304,449
Virginia St Hsg Dev Auth	Bond	N/A	11/25/2039	3.130%	132,531	126,811	121,643
Virginia St Hsg Dev Auth	Bond	N/A	7/1/2027	4.440%	300,000	300,000	299,535
Warrensville Heights Ohio City S	Bond	N/A	12/1/2026	0.000%	175,000	152,051	159,777

Seafarers Health and Benefits Plan

Schedule H, Line 4i – Schedule of Assets (Held at End of Year) - Continued

Plan #501 / EIN: 13-5557534

December 31, 2024

(a)	(b)	(c)				(d)	(e)
		Description of investment					
Identity of issue, borrower, lessor or similar party	Description	Collateral	Maturity date	Rate of interest	Par/maturity value or shares	Cost	Current value
State and municipal obligations - continued:							
Washington St Univ	Bond	N/A	10/1/2026	1.690%	150,000	138,914	143,048
Wellman-Union Tex Cons Indpnt Sch	Bond	N/A	8/15/2025	0.000%	320,000	296,224	310,995
Wisconsin St Gen Rev	Bond	N/A	5/1/2029	4.350%	500,000	501,000	495,225
Total state and municipal obligations						31,569,336	32,163,647
Stocks:							
Adobe Sys Inc	Common stock	N/A	N/A	0.000%	4,567	2,348,158	2,030,854
Alphabet Inc	Common stock	N/A	N/A	1.000%	22,063	3,109,339	4,201,678
Apple Inc	Common stock	N/A	N/A	1.000%	16,223	3,123,414	4,062,564
Applied Matls Inc	Common stock	N/A	N/A	2.000%	14,039	2,275,301	2,283,163
Arista Networks Inc	Common stock	N/A	N/A	0.000%	23,480	1,382,444	2,595,244
Berkshire Hathaway Inc	Common stock	N/A	N/A	0.000%	4,004	1,428,067	1,814,933
Blackrock Funding	Common stock	N/A	N/A	21.000%	1,493	1,212,017	1,530,489
Check Point Software Tech ADR	Foreign stock	N/A	N/A	0.000%	9,006	1,376,027	1,681,420
Cisco Sys Inc	Common stock	N/A	N/A	2.000%	60,338	2,995,501	3,572,010
Clorox	Common stock	N/A	N/A	5.000%	8,012	1,142,431	1,301,229
Conocophillips	Common stock	N/A	N/A	3.000%	23,778	2,765,004	2,358,064
Cvs Health Corp	Common stock	N/A	N/A	3.000%	29,842	2,356,324	1,339,607
Deckers Outdoor Corp	Common stock	N/A	N/A	0.000%	9,162	1,020,693	1,860,711
Ebay Inc	Common stock	N/A	N/A	1.000%	47,636	2,077,882	2,951,050
Exxon Mobil Corporation	Common stock	N/A	N/A	4.000%	19,162	1,915,817	2,061,256
Gentex Corp	Common stock	N/A	N/A	0.000%	76,012	2,388,819	2,183,825
Goldman Sachs Group Inc	Common stock	N/A	N/A	12.000%	4,663	1,798,846	2,670,127
Graco Inc	Common stock	N/A	N/A	1.000%	20,011	1,711,455	1,686,727
Hologic Inc	Common stock	N/A	N/A	0.000%	24,024	1,738,368	1,731,890
Host Hotels & Resorts, Inc.	Real estate investment trust	N/A	N/A	1.000%	39,113	761,530	685,260
Kimberly Clark Corp	Common stock	N/A	N/A	5.000%	14,491	1,764,222	1,898,901
Masco Corp	Common stock	N/A	N/A	1.000%	20,350	1,363,043	1,476,800
Medpace Hldgs Inc	Common stock	N/A	N/A	0.000%	5,835	1,788,603	1,938,562
Moelis & Co	Common stock	N/A	N/A	3.000%	21,525	1,208,198	1,590,267
Monster Beverage Corp New	Common stock	N/A	N/A	0.000%	30,807	1,774,791	1,619,216
Newmont Mng Corp	Common stock	N/A	N/A	1.000%	64,330	2,503,722	2,394,363
Nrg Energy Inc	Common stock	N/A	N/A	2.000%	18,755	969,634	1,692,076
Paychex Inc	Common stock	N/A	N/A	4.000%	22,104	2,673,685	3,099,423
Public Storage	Real estate investment trust	N/A	N/A	12.000%	2,376	724,680	711,469
Quest Diagnostics Inc	Common stock	N/A	N/A	3.000%	11,677	1,610,025	1,761,592
Sei Investment Company	Common stock	N/A	N/A	1.000%	30,554	1,989,279	2,520,094
Smith A O Corp	Common stock	N/A	N/A	1.000%	16,368	1,349,378	1,116,461
Snap On Inc	Common stock	N/A	N/A	9.000%	11,016	3,119,848	3,739,712
Stryker Corp	Common stock	N/A	N/A	3.000%	3,668	1,098,419	1,320,663
Teradyne Inc	Common stock	N/A	N/A	0.000%	16,824	1,825,740	2,118,478
United Therapeutics Corp Del	Common stock	N/A	N/A	0.000%	8,882	2,429,892	3,133,925
Verizon Comms Inc	Common stock	N/A	N/A	3.000%	62,572	2,358,964	2,502,254
Yeti Hldgs Inc	Common stock	N/A	N/A	0.000%	97,512	4,249,801	3,755,187
Total stocks						73,729,361	82,991,544
Registered investment companies:							
Goldman Sachs Financial Square Principa	Short-term investment	N/A	N/A	4.230%	2,562,207	2,562,207	2,562,207
Ishares Tr	Closed-end mutual fund	N/A	N/A	7.960%	42,555	20,325,545	25,051,278
Total registered investment companies						22,887,752	27,613,485
Interest-bearing cash:							
Branch Banking & Trust Co.	Cert of deposit	N/A	N/A	0.008%	1,502,506	1,502,506	1,502,506
Total interest-bearing cash						1,502,506	1,502,506
Total investments						\$ 421,129,318	\$ 434,208,835

Seafarers Health and Benefits Plan
Schedule H, Line 4j – Schedule of Reportable Transactions
Plan #501 / EIN: 13-5557534
December 31, 2024

(a)	(b)	(c)	(d)	(g)	(h)	(i)
Description of asset	Purchase price	Selling price	Cost of asset	Current value of asset on transaction date	Net gain or (loss)	
Single transaction:						
Goldman Sachs Fin Sq Govt Inst	\$ 50,836,719	\$ -	\$ -	\$ 50,836,719	\$ -	
US Treasury Note 3.625% 09/30/2031	42,953,355	-	-	42,953,355	-	
US Treasury Note 4.25% 06/30/2031	-	24,587,824	23,632,453	24,587,824	955,371	
Goldman Sachs Fin Sq Govt Inst	-	42,957,633	42,957,633	42,957,633	-	
US Treasury Note 4.125% 10/31/2031	24,239,967	-	-	24,239,967	-	
Series of transactions:						
Total GOLDMAN SACHS FIN SQ GOVT INST	\$ 148,485,057	\$ 156,219,293	\$ 156,219,293	\$ 304,704,350	\$ -	
Total US TREASURY NOTE 3.625% 09/30/2031 Ser Q	43,245,328	13,919,747	14,418,442	57,165,076	(498,695)	
Total US TREASURY NOTE 00.00% 08/15/2034 Ser E	27,612,416	26,113,460	26,686,298	53,725,876	(572,838)	
Total UNITED STATES TREAS NTS 05/15/2034 Ser C	25,047,514	25,727,304	25,047,514	50,774,818	679,790	
Total US TREASURY NOTE 4.25% 06/30/2031 Ser M-	23,632,453	24,587,824	23,632,453	48,220,277	955,371	
Total US TREASURY NOTE 4.125% 07/31/2031 Ser N-	12,221,934	12,433,758	12,221,934	24,655,692	211,824	
Total US TREASURY NOTE 06/30/2029 Ser AA-2029	10,448,556	10,727,821	10,448,556	21,176,377	279,265	

The following items are not applicable:

- (a) Identity of party involved
- (e) Lease rental
- (f) Expenses incurred with transaction

Seafarers Health and Benefits Plan
Schedule H, Line 4i – Schedule of Assets (Held at End of Year)
Plan #501 / EIN: 13-5557534
December 31, 2024

(a)	(b)	(c)				(d)	(e)
		Description of investment					
Identity of issue, borrower, lessor or similar party	Description	Collateral	Maturity date	Rate of interest	Par/maturity value or shares	Cost	Current value
U.S. government and government agencies:							
United States Treas Nts	Note	N/A	10/31/2031	4.000%	24,518,000	\$ 24,239,967	\$ 23,998,464
United States Treas Nts	Note	N/A	11/15/2034	4.000%	600,000	586,172	584,364
United States Treas Nts	Note	N/A	11/15/2027	4.000%	2,245,000	2,229,696	2,235,100
United States Treas Nts	Note	N/A	11/30/2031	4.000%	2,000,000	1,996,914	1,957,300
United States Treas Nts	Note	N/A	11/30/2029	4.000%	400,000	397,750	395,456
United States Treas Nts	Note	N/A	12/15/2027	4.000%	600,000	596,250	595,386
United States Treas Nts	Note	N/A	12/31/2031	5.000%	3,740,000	3,751,395	3,743,104
Us Treasury Note	Note	N/A	8/15/2034	4.000%	941,000	920,994	889,753
Us Treasury Note	Note	N/A	9/30/2031	4.000%	28,830,000	28,825,328	27,395,996
Us Treasury Note	Note	N/A	9/30/2029	4.000%	13,905,000	13,855,458	13,379,252
Us Treasury Note	Note	N/A	10/31/2029	4.000%	5,200,000	5,173,016	5,140,095
Federal Home Ln Mtg Corp Gold	Mortgage backed security	N/A	10/1/2035	6.000%	1,539	1,588	1,560
Federal Home Ln Mtg Corp Group	Mortgage backed security	N/A	8/1/2034	5.000%	744	734	733
Federal Home Ln Mtg Corp Group	Mortgage backed security	N/A	3/1/2036	6.000%	13	14	13
Federal Home Ln Mtg Corp Group	Mortgage backed security	N/A	6/1/2035	6.000%	358	373	366
Federal Home Ln Mtg Corp Group	Mortgage backed security	N/A	9/1/2037	7.000%	877	912	904
Federal Home Ln Mtg Corp Group	Mortgage backed security	N/A	9/1/2037	6.000%	1,933	2,021	2,006
Federal Home Ln Mtg Corp Group	Mortgage backed security	N/A	7/1/2032	6.000%	1,182	1,077	1,209
Federal Natl Mtg Assn Pool	Mortgage backed security	N/A	8/1/2035	5.000%	4,152	4,219	4,117
Federal Natl Mtg Assn Pool	Mortgage backed security	N/A	1/1/2036	4.000%	94	97	98
Federal Natl Mtg Assn Pool Nbr	Mortgage backed security	N/A	7/1/2033	7.000%	830	827	830
Federal Natl Mtg Assn Pool Nbr	Mortgage backed security	N/A	9/1/2036	7.000%	3,227	3,347	3,293
Federal Natl Mtg Assn Pool Nbr	Mortgage backed security	N/A	10/1/2037	7.000%	6,258	6,519	6,446
Federal Natl Mtg Assn Pool Nbr	Mortgage backed security	N/A	12/1/2037	6.000%	1,692	1,760	1,744
Federal Natl Mtg Assn Var Pool	Mortgage backed security	N/A	9/1/2035	4.000%	135	133	135
Fnma Pool Nbr	Mortgage backed security	N/A	8/1/2027	7.000%	41	41	42
Government Natl Mtg Assn Pool	Mortgage backed security	N/A	6/20/2034	5.000%	1,170	1,172	1,137
Government Natl Mtg Assn Pool	Mortgage backed security	N/A	1/20/2035	5.000%	1,831	1,834	1,780
Government Natl Mtg Assn Pool	Mortgage backed security	N/A	3/15/2034	6.000%	6,123	6,189	6,111
Chase Issuance Trust	Note	N/A	9/15/2028	5.000%	1,350,000	1,370,879	1,365,884
Total U.S. Government and government agencies						83,976,676	81,712,678
Corporate obligations:							
Aep Tex Inc	Bond	N/A	5/15/2032	4.700%	620,000	605,473	593,197
At&T Inc	Bond	N/A	2/1/2028	1.650%	850,000	756,925	772,922
Abbott Labs	Bond	N/A	1/30/2028	1.150%	450,000	401,148	407,489
Abbvie Inc	Bond	N/A	3/15/2027	4.800%	300,000	299,577	301,719
Abbvie Inc	Bond	N/A	3/15/2031	4.950%	250,000	249,740	249,950
Abbvie Inc	Bond	N/A	3/15/2034	5.050%	350,000	348,898	345,793
Agilent Technologies Inc	Bond	N/A	9/9/2034	4.750%	1,100,000	1,096,018	1,044,461
Agree Lp	Bond	N/A	6/15/2028	2.000%	400,000	346,860	362,248
Agree Lp	Bond	N/A	6/15/2034	5.630%	475,000	469,428	476,382
Air Lease Corporation	Bond	N/A	7/1/2025	3.380%	75,000	72,593	74,417
Air Lease Corporation	Bond	N/A	8/15/2026	1.880%	450,000	413,915	428,940
Air Lease Corporation	Bond	N/A	6/25/2026	5.300%	500,000	497,895	503,190
Air Products & Chemical Inc	Bond	N/A	5/15/2030	2.050%	430,000	375,721	373,210
Allstate Corp	Bond	N/A	12/15/2026	3.280%	250,000	241,080	244,250
Allstate Corp	Bond	N/A	3/30/2033	5.250%	200,000	204,202	199,628
Allstate Corp	Bond	N/A	6/24/2029	5.050%	500,000	498,950	502,275
Ally Finl Inc	Bond	N/A	6/9/2027	4.750%	385,000	371,510	382,374
Ally Finl Inc	Bond	N/A	11/15/2027	7.100%	340,000	353,379	358,850
Alphabet Inc	Bond	N/A	8/15/2026	2.000%	260,000	245,536	250,299
Altria Group Inc	Bond	N/A	2/14/2026	4.400%	260,000	257,569	258,729
Altria Group Inc	Bond	N/A	5/6/2030	3.400%	400,000	364,872	366,976
Altria Group Inc	Bond	N/A	11/1/2028	6.200%	300,000	314,625	311,805
Amazon Com Inc	Bond	N/A	6/3/2027	1.200%	325,000	293,140	301,298
Amazon Com Inc	Bond	N/A	5/12/2028	1.650%	430,000	387,086	391,588
Amazon Com Inc	Bond	N/A	12/1/2025	4.600%	200,000	200,522	200,234
Ameren Corp	Bond	N/A	3/15/2028	1.750%	350,000	309,204	316,645
Ameren Corp	Bond	N/A	1/15/2029	5.000%	540,000	542,419	540,832
American Elec Pwr Inc	Bond	N/A	3/1/2033	5.630%	500,000	520,895	505,105
American Elec Pwr Inc	Bond	N/A	1/15/2029	5.200%	300,000	304,041	302,262
American Express Co	Bond	N/A	11/4/2026	1.650%	655,000	601,906	620,599
American Express Co	Bond	N/A	3/4/2027	2.550%	435,000	407,517	416,456
American Express Co	Bond	N/A	5/3/2029	4.050%	280,000	277,138	273,356
American Express Co	Bond	N/A	5/1/2026	0.000%	400,000	398,828	400,100
American Express Co	Bond	N/A	10/30/2026	0.000%	500,000	509,775	506,190

Seafarers Health and Benefits Plan

Schedule H, Line 4i – Schedule of Assets (Held at End of Year) - Continued

Plan #501 / EIN: 13-5557534

December 31, 2024

(a)	(b)	(c) Description of investment				(d)	(e)
Identity of issue, borrower, lessor or similar party	Description	Collateral	Maturity date	Rate of interest	Par/maturity value or shares	Cost	Current value
Corporate obligations - continued:							
American Express Co	Bond	N/A	10/30/2031	0.000%	250,000	271,118	267,220
American Honda Fin Corp Med Term	Bond	N/A	9/9/2026	1.300%	600,000	551,262	567,144
American Honda Fin Corp Med Term	Bond	N/A	4/17/2030	4.600%	125,000	124,803	122,864
American Tower	Bond	N/A	9/15/2025	1.300%	200,000	187,126	195,244
American Tower	Bond	N/A	9/15/2026	1.450%	300,000	273,324	283,614
American Tower	Bond	N/A	3/15/2033	5.650%	375,000	389,696	379,815
American Tower	Bond	N/A	7/15/2028	5.250%	395,000	401,194	397,441
American Tower	Bond	N/A	11/15/2028	5.800%	250,000	259,705	256,648
Amphenol Corp CI A	Bond	N/A	4/5/2027	5.050%	650,000	654,146	655,649
Elevance Health Inc	Bond	N/A	3/1/2028	4.100%	310,000	305,455	302,948
Aon Corporation / Aon Global Hol	Bond	N/A	5/28/2027	2.850%	685,000	647,092	654,887
Aon Corporation / Aon Global Hol	Bond	N/A	2/28/2033	5.350%	325,000	333,304	323,560
Aon North America Inc	Bond	N/A	3/1/2027	5.130%	415,000	414,191	417,843
Apple Inc	Bond	N/A	8/20/2025	0.550%	150,000	141,057	146,439
Apple Inc	Bond	N/A	5/10/2028	4.000%	425,000	424,010	418,931
Applied Matls Inc	Bond	N/A	6/1/2030	1.750%	250,000	212,625	213,688
Assured Guaranty Ltd	Bond	N/A	6/15/2031	3.150%	820,000	726,832	723,970
Astrazeneca Finance Llc	Bond	N/A	5/28/2026	1.200%	210,000	194,319	200,735
Astrazeneca Finance Llc	Bond	N/A	5/28/2028	1.750%	250,000	223,683	226,835
Astrazeneca Finance Llc	Bond	N/A	3/3/2030	4.900%	730,000	751,433	732,949
Astrazeneca Finance Llc	Bond	N/A	2/26/2027	4.800%	250,000	249,580	251,465
Atmos Energy Corp	Bond	N/A	6/15/2027	3.000%	350,000	333,456	336,998
Automatic Data Processing	Bond	N/A	9/1/2030	1.250%	200,000	166,470	166,114
Autozone Inc	Bond	N/A	2/1/2028	4.500%	450,000	446,891	445,928
Autozone Inc	Bond	N/A	2/1/2033	4.750%	450,000	442,922	431,739
Autozone Inc	Bond	N/A	11/1/2028	6.250%	350,000	371,882	366,160
Autozone Inc	Bond	N/A	7/15/2029	5.100%	400,000	399,564	402,328
Avalonbay Communities	Bond	N/A	12/1/2028	1.900%	720,000	635,897	643,320
Avalonbay Cmnty Inc Medium	Bond	N/A	5/11/2026	2.950%	200,000	191,876	195,296
Avalonbay Cmnty Inc Medium	Bond	N/A	3/1/2030	2.300%	330,000	287,767	290,377
B A T Cap Corp	Bond	N/A	2/20/2031	5.830%	240,000	240,000	245,342
B A T Cap Corp	Bond	N/A	2/20/2034	6.000%	500,000	497,185	513,695
Bk Of America Corp	Bond	N/A	7/23/2031	1.900%	500,000	409,030	420,660
Bk Of America Corp	Bond	N/A	3/11/2032	0.000%	185,000	156,201	159,479
Bk Of America Corp	Bond	N/A	6/14/2029	2.090%	200,000	176,264	181,514
Bk Of America Corp	Bond	N/A	4/2/2026	3.380%	650,000	632,164	647,485
Bk Of America Corp	Bond	N/A	4/27/2033	4.570%	530,000	505,185	503,670
Bk Of America Corp	Bond	N/A	11/10/2028	6.200%	450,000	469,413	465,890
Bk Of America Corp	Bond	N/A	8/15/2035	0.000%	500,000	500,000	486,660
Bank New York Mellon Corp Medium	Bond	N/A	4/24/2025	1.600%	430,000	412,684	425,833
Bank New York Mellon Corp Medium	Bond	N/A	1/28/2026	0.750%	210,000	193,475	201,734
Bank New York Mellon Corp Medium	Bond	N/A	7/24/2026	0.000%	370,000	366,067	369,016
Bank New York Mellon Corp Medium	Bond	N/A	7/21/2028	0.000%	500,000	500,000	502,020
Becton Dickinson & Co	Bond	N/A	2/13/2028	4.690%	175,000	175,746	174,137
Becton Dickinson & Co	Bond	N/A	6/7/2029	5.080%	400,000	400,000	402,572
Best Buy Inc	Bond	N/A	10/1/2028	4.450%	1,100,000	1,092,641	1,082,224
Blackrock Funding	Bond	N/A	1/8/2035	4.900%	250,000	248,998	244,943
Boardwalk Pipelines Lp	Bond	N/A	2/15/2031	3.400%	400,000	357,440	357,352
Boeing Co	Bond	N/A	5/1/2029	6.300%	250,000	250,000	259,143
Boeing Co	Bond	N/A	5/1/2031	6.390%	500,000	500,000	522,760
Boston Properties Inc	Bond	N/A	4/1/2032	2.550%	425,000	338,330	344,072
Boston Properties Inc	Bond	N/A	12/1/2027	6.750%	400,000	418,820	417,108
Bp Cap Markets America	Bond	N/A	2/11/2026	3.410%	395,000	385,690	390,157
Bp Cap Markets America	Bond	N/A	1/12/2032	2.720%	150,000	130,688	128,355
Bp Cap Markets America	Bond	N/A	4/10/2034	4.990%	455,000	454,900	442,528
Bp Cap Markets America	Bond	N/A	4/10/2029	4.700%	250,000	249,950	248,603
Bristol Myers Squibb Co	Bond	N/A	2/20/2026	4.950%	300,000	299,844	301,473
Bristol Myers Squibb Co	Bond	N/A	2/22/2034	5.200%	500,000	499,885	499,375
Brixmor Oper Partnership Lp	Bond	N/A	4/1/2028	2.250%	460,000	408,480	420,334
Brixmor Oper Partnership Lp	Bond	N/A	2/15/2034	5.500%	175,000	174,678	173,294
Broadcom Inc	Bond	N/A	7/12/2029	5.050%	425,000	424,443	426,615
Broadcom Inc	Bond	N/A	7/12/2027	5.050%	225,000	224,962	227,084
Broadcom Inc	Bond	N/A	2/15/2028	4.150%	465,000	464,326	457,179
Broadcom Inc	Bond	N/A	2/15/2030	4.350%	200,000	199,648	194,598
Brown Forman Corp	Bond	N/A	4/15/2033	4.750%	700,000	713,678	682,703
The Cigna Group	Bond	N/A	3/15/2033	5.400%	850,000	884,425	848,717
Cna Finl Corp	Bond	N/A	6/15/2033	5.500%	800,000	824,888	807,096
Cna Finl Corp	Bond	N/A	2/15/2034	5.130%	250,000	246,823	245,360

Seafarers Health and Benefits Plan

Schedule H, Line 4i – Schedule of Assets (Held at End of Year) - Continued

Plan #501 / EIN: 13-5557534

December 31, 2024

(a)	(b)	(c)				(d)	(e)
		Description of investment					
Identity of issue, borrower, lessor or similar party	Description	Collateral	Maturity date	Rate of interest	Par/maturity value or shares	Cost	Current value
Corporate obligations - continued:							
Cvs Health Corp	Bond	N/A	6/1/2026	2.880%	285,000	272,181	276,758
Cvs Health Corp	Bond	N/A	8/21/2027	1.300%	550,000	488,483	498,355
Cvs Health Corp	Bond	N/A	8/21/2030	1.750%	225,000	185,864	183,155
Cvs Health Corp	Bond	N/A	2/21/2030	5.130%	200,000	203,102	195,790
Camden Ppty Tr	Bond	N/A	7/1/2029	3.150%	260,000	239,520	241,498
Camden Ppty Tr	Bond	N/A	5/15/2030	2.800%	270,000	241,442	242,312
Camden Ppty Tr	Bond	N/A	11/3/2026	5.850%	325,000	334,718	331,510
The Campbells Company	Bond	N/A	3/23/2035	4.750%	900,000	896,634	848,655
Capital One Finl Corp Glbl Flt	Bond	N/A	7/28/2026	3.750%	320,000	306,451	314,051
Capital One Finl Corp Glbl Flt	Bond	N/A	11/2/2027	1.880%	450,000	404,762	425,219
Capital One Finl Corp Glbl Flt	Bond	N/A	3/3/2026	2.640%	475,000	455,140	472,981
Capital One Finl Corp Glbl Flt	Bond	N/A	5/10/2028	4.930%	400,000	393,116	398,712
Capital One Finl Corp Glbl Flt	Bond	N/A	6/8/2034	0.000%	300,000	308,760	311,484
Capital One Finl Corp Glbl Flt	Bond	N/A	10/30/2031	0.000%	500,000	549,445	552,055
Cardinal Health Inc	Bond	N/A	2/15/2029	5.130%	500,000	499,615	501,065
Cardinal Health Inc	Bond	N/A	2/15/2034	5.450%	500,000	499,660	498,110
Cardinal Health Inc	Bond	N/A	11/15/2029	5.000%	500,000	499,830	496,885
Caterpillar Finl Svcs Mtns Be Vr	Bond	N/A	9/14/2026	1.150%	600,000	550,896	567,852
Caterpillar Finl Svcs Mtns	Bond	N/A	1/8/2027	4.500%	165,000	164,822	165,340
Caterpillar Finl Svcs Mtns	Bond	N/A	2/27/2029	4.850%	670,000	669,089	673,558
Caterpillar Finl Svcs Mtns	Bond	N/A	5/14/2027	5.000%	250,000	249,725	252,545
Caterpillar Finl Svcs Mtns	Bond	N/A	10/16/2026	4.450%	500,000	499,610	500,150
Caterpillar Finl Svcs Mtns	Bond	N/A	10/15/2027	4.400%	300,000	299,850	298,824
Centerpoint Energy Inc	Bond	N/A	6/1/2026	1.450%	130,000	119,688	124,168
Centerpoint Energy Inc	Bond	N/A	6/1/2031	2.650%	440,000	375,153	378,048
Charter Comm Opt Llc/Cap	Bond	N/A	7/23/2025	4.910%	32,000	31,746	31,962
Charter Comm Opt Llc/Cap	Bond	N/A	2/1/2034	6.650%	385,000	405,975	396,281
Chevron U.S.A. Inc.	Bond	N/A	8/12/2027	1.020%	275,000	244,503	251,655
Cisco Sys Inc	Bond	N/A	2/26/2034	5.050%	700,000	699,293	697,473
Citigroup Inc	Bond	N/A	9/29/2027	4.450%	100,000	97,701	98,645
Citigroup Inc	Bond	N/A	1/12/2026	3.700%	50,000	48,793	49,501
Citigroup Inc	Bond	N/A	3/9/2026	4.600%	100,000	98,713	99,728
Citigroup Inc	Bond	N/A	5/1/2026	3.400%	175,000	168,865	171,983
Citigroup Inc	Bond	N/A	6/3/2031	2.570%	250,000	213,555	217,890
Citigroup Inc	Bond	N/A	6/9/2027	1.460%	325,000	297,421	309,446
Citibank N A	Bond	N/A	12/4/2026	5.490%	250,000	254,500	253,740
Citibank N A	Bond	N/A	4/30/2026	5.440%	250,000	250,000	252,245
Citibank N A	Bond	N/A	8/6/2029	4.840%	500,000	500,000	497,865
Citigroup Inc	Bond	N/A	1/25/2026	2.010%	250,000	240,228	249,445
Citigroup Inc	Bond	N/A	9/19/2030	0.000%	300,000	300,000	291,510
Citizens Finl Group Inc	Bond	N/A	1/23/2030	0.000%	430,000	430,000	436,334
Clorox	Bond	N/A	5/1/2029	4.400%	375,000	371,220	369,131
Coca Cola Bottling Co Cons	Bond	N/A	6/1/2029	5.250%	425,000	424,333	430,920
Coca Cola Co	Bond	N/A	6/1/2027	1.450%	600,000	548,202	560,160
Comcast Corp	Bond	N/A	1/15/2027	2.350%	150,000	140,811	143,397
Comcast Corp	Bond	N/A	2/15/2031	1.500%	350,000	286,836	284,872
Comcast Corp	Bond	N/A	2/15/2033	4.650%	375,000	377,258	362,209
Conocophillips Co	Bond	N/A	9/15/2033	5.050%	800,000	821,912	789,344
Conservation Fund / Sustainable	Bond	N/A	12/15/2029	3.470%	385,000	339,597	353,726
Constellation	Bond	N/A	11/15/2025	4.400%	235,000	232,255	234,455
Constellation	Bond	N/A	11/15/2028	4.650%	300,000	300,438	296,682
Constellation	Bond	N/A	2/2/2026	5.000%	500,000	498,185	499,410
Constellation	Bond	N/A	1/15/2029	4.800%	175,000	174,806	173,948
Consumers Energy	Bond	N/A	1/15/2030	4.700%	250,000	249,438	248,260
Costco Wholesale	Bond	N/A	6/20/2027	1.380%	325,000	294,882	302,120
Crown Castle Inc.	Bond	N/A	7/15/2026	1.050%	800,000	721,752	755,872
Cubesmart L P	Bond	N/A	2/15/2031	2.000%	300,000	244,692	248,949
Cubesmart L P	Bond	N/A	12/15/2028	2.250%	90,000	79,471	80,955
Cummins	Bond	N/A	9/1/2025	0.750%	375,000	351,566	365,561
Dte Energy Co	Bond	N/A	10/1/2026	2.850%	300,000	283,563	290,640
Dte Energy Co	Bond	N/A	6/1/2028	4.880%	350,000	353,035	348,775
Dte Energy Co	Bond	N/A	3/1/2029	5.100%	700,000	698,474	701,617
Dte Energy Co	Bond	N/A	7/1/2027	4.950%	100,000	99,881	100,375
Dte Elec Co	Bond	N/A	3/1/2032	3.000%	375,000	332,179	329,370
Dte Elec Co	Bond	N/A	12/1/2026	4.850%	400,000	399,936	403,124
Deere John Cap Corp	Bond	N/A	3/7/2029	3.450%	310,000	297,157	294,950
Deere John Cap Corp	Bond	N/A	1/15/2026	0.700%	275,000	254,887	264,523
Deere John Cap Corp	Bond	N/A	3/6/2028	1.500%	345,000	307,888	313,502

Seafarers Health and Benefits Plan

Schedule H, Line 4i – Schedule of Assets (Held at End of Year) - Continued

Plan #501 / EIN: 13-5557534

December 31, 2024

(a)	(b)	(c)				(d)	(e)
		Description of investment					
Identity of issue, borrower, lessor or similar party	Description	Collateral	Maturity date	Rate of interest	Par/maturity value or shares	Cost	Current value
Corporate obligations - continued:							
Deere John Cap Corp	Bond	N/A	10/13/2026	1.300%	500,000	459,890	473,175
Deere John Cap Corp	Bond	N/A	9/8/2025	5.300%	475,000	481,132	477,389
Deere John Cap Corp	Bond	N/A	1/16/2029	4.500%	400,000	399,248	396,380
Deere John Cap Corp	Bond	N/A	6/11/2029	4.850%	500,000	499,190	501,840
Devon Energy	Bond	N/A	9/15/2034	5.200%	515,000	514,621	488,874
Diamondback Energy Inc	Bond	N/A	4/18/2027	5.200%	800,000	799,648	807,672
Discover Finl Svcs	Bond	N/A	11/29/2032	6.700%	640,000	670,426	682,099
Discover Finl Svcs	Bond	N/A	11/2/2034	0.000%	400,000	444,992	457,144
Dollar Gen Corp	Bond	N/A	4/3/2030	3.500%	195,000	179,538	178,946
Dollar Gen Corp	Bond	N/A	11/1/2027	4.630%	660,000	655,631	655,809
Dominion Energy Inc Perp Gbl - C	Bond	N/A	8/15/2026	2.850%	375,000	353,269	364,024
Dowdupont Inc	Bond	N/A	11/15/2025	4.490%	535,000	531,057	533,663
Eidp, Inc.	Bond	N/A	7/15/2025	1.700%	200,000	189,690	196,834
Duke Energy Corp	Bond	N/A	9/15/2025	0.900%	200,000	186,618	194,584
Duke Energy Corp	Bond	N/A	12/8/2027	5.000%	250,000	252,718	251,783
Duke Energy Corp	Bond	N/A	9/15/2033	5.750%	800,000	846,256	820,200
Duke Energy Carolinas Llc	Bond	N/A	12/1/2026	2.950%	300,000	289,587	291,306
Duke Energy Ohio Inc	Bond	N/A	6/1/2030	2.130%	150,000	127,590	129,731
Duke Energy Progress Llc	Bond	N/A	9/1/2028	3.700%	250,000	242,633	240,830
Erp Oper Ltd Partnership	Bond	N/A	8/1/2027	3.250%	1,000,000	965,020	963,050
Erp Oper Ltd Partnership	Bond	N/A	7/1/2029	3.000%	330,000	303,775	304,544
Eastman Chemical	Bond	N/A	8/1/2029	5.000%	600,000	598,272	598,110
Energy Transfer Partners L P	Bond	N/A	1/15/2026	4.750%	200,000	198,692	199,718
Energy Transfer Partners L P	Bond	N/A	4/15/2027	4.200%	175,000	170,011	172,669
Energy Transfer, L.P.	Bond	N/A	2/15/2028	5.550%	690,000	703,869	700,474
Energy Transfer, L.P.	Bond	N/A	5/15/2034	5.550%	400,000	398,640	397,952
Entergy	Bond	N/A	9/15/2025	0.900%	250,000	232,465	243,120
Entergy Tex Inc	Bond	N/A	3/15/2031	1.750%	250,000	204,753	206,023
Enterprise Prods Oper Llc	Bond	N/A	1/11/2027	4.600%	210,000	209,784	210,053
Enterprise Prods Oper Llc	Bond	N/A	1/31/2034	4.850%	600,000	598,230	580,356
Essex Portfolio L P	Bond	N/A	3/1/2028	1.700%	335,000	293,105	302,904
Essex Portfolio L P	Bond	N/A	4/1/2034	5.500%	100,000	102,871	100,042
Estee Lauder Cos Inc	Bond	N/A	5/15/2028	4.380%	200,000	199,314	197,466
Eversource Energy	Bond	N/A	8/15/2025	0.800%	375,000	349,365	365,471
Eversource Energy	Bond	N/A	3/1/2027	2.900%	250,000	236,670	239,970
Eversource Energy	Bond	N/A	7/1/2027	4.600%	340,000	337,236	337,654
Eversource Energy	Bond	N/A	5/15/2026	4.750%	225,000	223,803	224,818
Exelon Corp	Bond	N/A	3/15/2027	2.750%	500,000	470,880	478,770
Exelon Corp	Bond	N/A	3/15/2028	5.150%	100,000	101,644	100,583
Extra Space Storage L P	Bond	N/A	4/1/2028	5.700%	250,000	256,223	255,215
Extra Space Storage L P	Bond	N/A	10/15/2030	2.200%	700,000	582,239	595,595
Extra Space Storage L P	Bond	N/A	10/15/2031	2.400%	500,000	412,485	415,455
Fmc Corp - New	Bond	N/A	10/1/2026	3.200%	350,000	331,093	339,563
Fmc Corp - New	Bond	N/A	5/18/2026	5.150%	500,000	499,465	500,540
F N B Corp Pa	Bond	N/A	8/25/2025	5.150%	275,000	272,902	274,417
Facebook Inc	Bond	N/A	5/15/2028	4.600%	500,000	507,295	500,640
Facebook Inc	Bond	N/A	5/15/2030	4.800%	550,000	563,123	554,576
Federal Rlty Invt Tr	Bond	N/A	6/1/2030	3.500%	500,000	452,880	458,640
Federal Rlty Invt Tr	Bond	N/A	2/15/2026	1.250%	400,000	369,168	383,980
Fifth Third Bancorp	Bond	N/A	11/1/2027	1.710%	400,000	359,872	377,676
Fifth Third Bancorp	Bond	N/A	7/28/2030	4.770%	325,000	317,405	318,412
First Md Cap I	Bond	N/A	1/15/2027	5.830%	200,000	182,000	194,824
Fiserv Inc	Bond	N/A	3/15/2031	5.350%	650,000	648,895	660,725
Florida Pwr & Lt Co Sr Gbl Fl	Bond	N/A	4/1/2033	5.100%	620,000	639,821	615,976
Florida Pwr & Lt Co Sr Gbl Fl	Bond	N/A	5/15/2026	4.450%	400,000	400,344	400,024
Florida Pwr & Lt Co Sr Gbl Fl	Bond	N/A	6/15/2029	5.150%	500,000	499,155	506,275
Ford Motor Credit Co	Bond	N/A	3/5/2027	5.800%	800,000	799,024	807,544
Ford Motor Credit Co	Bond	N/A	3/5/2031	6.050%	200,000	199,458	199,572
Gatx Corp	Bond	N/A	6/30/2030	4.000%	620,000	578,020	586,923
Gatx Corp	Bond	N/A	6/1/2031	1.900%	300,000	238,386	243,915
Haleon Us Capital Llc	Bond	N/A	3/24/2027	3.380%	500,000	481,080	485,370
Haleon Us Capital Llc	Bond	N/A	3/24/2029	3.380%	250,000	236,438	235,085
General Mills Inc	Bond	N/A	1/30/2030	4.880%	555,000	552,453	551,265
General Mills Inc	Bond	N/A	1/30/2035	5.250%	550,000	547,162	542,284
General Motors Co	Bond	N/A	10/1/2027	6.800%	600,000	636,036	626,634
General Mtrs Finl Co Inc	Bond	N/A	1/8/2026	1.250%	260,000	240,557	250,487
General Mtrs Finl Co Inc	Bond	N/A	4/10/2028	2.400%	350,000	314,013	321,573
General Mtrs Finl Co Inc	Bond	N/A	2/26/2027	2.350%	370,000	340,592	350,594

Seafarers Health and Benefits Plan

Schedule H, Line 4i – Schedule of Assets (Held at End of Year) - Continued

Plan #501 / EIN: 13-5557534

December 31, 2024

(a)	(b)	(c) Description of investment				(d)	(e)
Identity of issue, borrower, lessor or similar party	Description	Collateral	Maturity date	Rate of interest	Par/maturity value or shares	Cost	Current value
Corporate obligations - continued:							
General Mtrs Finl Co Inc	Bond	N/A	4/6/2030	5.850%	275,000	283,594	280,866
General Mtrs Finl Co Inc	Bond	N/A	2/8/2031	5.750%	420,000	418,853	425,531
Georgia Pwr Co	Bond	N/A	5/16/2028	4.650%	200,000	201,528	199,156
Georgia Pwr Co	Bond	N/A	2/23/2027	5.000%	400,000	400,000	403,076
Goldman Sachs Group Inc	Bond	N/A	2/7/2030	2.600%	250,000	219,685	221,448
Goldman Sachs Group Inc	Bond	N/A	2/12/2026	0.860%	500,000	474,100	497,535
Goldman Sachs Group Inc	Bond	N/A	3/9/2027	1.430%	350,000	322,732	336,007
Goldman Sachs Group Inc	Bond	N/A	9/10/2027	1.540%	500,000	453,510	472,785
Goldman Sachs Group Inc	Bond	N/A	6/15/2027	4.390%	250,000	246,025	248,510
Hca Inc	Bond	N/A	3/15/2029	3.380%	500,000	461,335	464,080
Hca Inc	Bond	N/A	4/1/2031	5.450%	720,000	723,932	718,553
Hp Inc	Bond	N/A	4/15/2029	4.000%	550,000	533,269	527,241
Hewlett Packard Enterprise Co	Bond	N/A	9/25/2027	4.400%	450,000	449,789	445,280
Hewlett Packard Enterprise Co	Bond	N/A	10/15/2034	5.000%	300,000	297,234	288,351
Home Depot Inc	Bond	N/A	3/15/2031	1.380%	290,000	236,930	234,848
Home Depot Inc	Bond	N/A	4/15/2029	4.900%	500,000	513,715	504,425
Honeywell	Bond	N/A	6/1/2025	1.350%	300,000	286,395	296,094
Honeywell	Bond	N/A	7/30/2027	4.650%	150,000	149,996	150,546
Hormel Foods Corp	Bond	N/A	6/3/2028	1.700%	415,000	373,351	375,928
Hubbell Inc	Bond	N/A	3/1/2026	3.350%	740,000	716,749	727,908
Humana Inc	Bond	N/A	2/3/2027	1.350%	200,000	180,374	185,944
Humana Inc	Bond	N/A	12/1/2028	5.750%	475,000	496,503	483,754
Huntington Bancshares Inc	Bond	N/A	8/21/2029	0.000%	225,000	232,004	232,288
Huntington Bancshares Inc	Bond	N/A	1/15/2031	0.000%	400,000	400,000	400,316
Ingersoll Rand Inc	Bond	N/A	6/15/2029	5.180%	1,000,000	999,930	1,009,880
Ibm Corp	Bond	N/A	2/6/2026	4.500%	500,000	498,745	499,630
Interpublic Group	Bond	N/A	6/15/2033	5.380%	700,000	710,927	693,875
Intuit Inc	Bond	N/A	7/15/2027	1.350%	440,000	396,563	405,922
Jpmorgan Chase & Co	Bond	N/A	1/29/2027	3.960%	400,000	390,732	396,892
Jpmorgan Chase & Co	Bond	N/A	11/19/2026	1.050%	375,000	347,261	362,981
Jpmorgan Chase & Co	Bond	N/A	2/4/2027	1.040%	350,000	321,671	336,259
Jpmorgan Chase & Co	Bond	N/A	4/22/2027	1.580%	210,000	193,792	201,648
Jpmorgan Chase & Co	Bond	N/A	9/22/2027	1.470%	400,000	362,404	378,384
Jpmorgan Chase & Co	Bond	N/A	11/8/2032	2.550%	100,000	83,438	84,352
Jpmorgan Chase & Co	Bond	N/A	4/26/2026	4.080%	400,000	393,492	398,960
Jpmorgan Chase & Co	Bond	N/A	1/23/2028	0.000%	500,000	500,000	501,855
Jpmorgan Chase & Co	Bond	N/A	4/22/2028	0.000%	450,000	450,000	457,646
Jpmorgan Chase & Co	Bond	N/A	7/22/2030	0.000%	500,000	500,000	497,840
Jeffries Financial Group Inc	Bond	N/A	10/15/2031	2.630%	300,000	248,496	253,107
Johns Hopkins Univ	Bond	N/A	7/1/2032	4.710%	100,000	102,134	97,744
Johnson & Johnson	Bond	N/A	6/1/2031	4.900%	750,000	749,325	754,733
Kla-Tencor Corp	Bond	N/A	7/15/2032	4.650%	400,000	408,592	391,388
Kellanova	Bond	N/A	4/1/2026	3.250%	300,000	290,751	295,071
Keurig Dr Pepper Inc	Bond	N/A	4/15/2029	3.950%	295,000	287,593	282,958
Keurig Dr Pepper Inc	Bond	N/A	3/15/2029	5.050%	715,000	713,019	717,159
Keycorp	Bond	N/A	10/29/2025	4.150%	375,000	365,636	372,690
Keycorp	Bond	N/A	3/6/2035	0.000%	285,000	284,994	296,631
Key Bank Na	Bond	N/A	11/15/2027	5.850%	500,000	499,635	512,435
Kimco	Bond	N/A	4/1/2032	3.200%	475,000	413,307	416,836
Kimco Realty Corp Sr	Bond	N/A	3/1/2035	4.850%	300,000	299,445	285,705
Kinder Morgan Inc Del	Bond	N/A	2/15/2031	2.000%	350,000	290,532	292,968
Kinder Morgan Inc Del	Bond	N/A	2/1/2033	4.800%	350,000	336,830	332,588
Kinder Morgan Inc Del	Bond	N/A	8/1/2029	5.100%	375,000	374,411	374,948
Kroger Co	Bond	N/A	5/1/2030	2.200%	415,000	355,153	359,963
Kroger Co	Bond	N/A	1/15/2031	1.700%	225,000	181,845	185,369
Legg Mason Inc	Bond	N/A	3/15/2026	4.750%	750,000	747,315	749,910
Lexington Rlty Tr	Bond	N/A	10/1/2031	2.380%	390,000	313,123	317,074
Lilly Eli & Co	Bond	N/A	2/27/2033	4.700%	825,000	845,988	808,591
Lockheed Martin	Bond	N/A	6/15/2030	1.850%	350,000	299,999	299,999
Lockheed Martin	Bond	N/A	12/15/2031	4.700%	500,000	499,700	492,105
Lowes Companies Inc	Bond	N/A	4/15/2026	2.500%	350,000	333,284	340,974
Lowes Companies Inc	Bond	N/A	4/1/2027	3.350%	250,000	240,798	242,815
Mfrs & Traders Tr Co Bk Nt Progr	Bond	N/A	11/21/2025	5.400%	750,000	744,953	752,228
Mfrs & Traders Tr Co Bk Nt Progr	Bond	N/A	1/27/2028	4.700%	500,000	485,740	495,000
Mplx Lp	Bond	N/A	3/1/2026	1.750%	400,000	374,172	386,192
Mplx Lp	Bond	N/A	6/1/2034	5.500%	670,000	661,813	660,332
Marsh & McLennan	Bond	N/A	3/15/2034	5.150%	500,000	499,235	497,495
Marsh & McLennan	Bond	N/A	3/15/2030	4.650%	400,000	399,140	395,060

Seafarers Health and Benefits Plan

Schedule H, Line 4i – Schedule of Assets (Held at End of Year) - Continued

Plan #501 / EIN: 13-5557534

December 31, 2024

(a)	(b)	(c)				(d)	(e)
		Description of investment					
Identity of issue, borrower, lessor or similar party	Description	Collateral	Maturity date	Rate of interest	Par/maturity value or shares	Cost	Current value
Corporate obligations - continued:							
Marriott Intl Inc New Cl A	Bond	N/A	9/15/2026	5.450%	150,000	152,592	151,913
Marriott Intl Inc New Cl A	Bond	N/A	10/15/2028	5.550%	500,000	515,635	510,850
Masco Corp	Bond	N/A	2/15/2031	2.000%	365,000	299,953	304,611
Mastercard Inc	Bond	N/A	6/1/2029	2.950%	100,000	94,126	93,306
Mastercard Inc	Bond	N/A	3/9/2028	4.880%	500,000	515,365	505,685
Mc Cormick & Co	Bond	N/A	2/15/2026	0.900%	250,000	230,150	239,458
Mcdonalds Corp	Bond	N/A	5/26/2025	3.380%	250,000	244,750	248,658
Mcdonalds Corp	Bond	N/A	5/17/2029	5.000%	385,000	383,552	387,641
Mckesson Corp	Bond	N/A	12/3/2025	0.900%	485,000	449,658	468,883
Merck & Co Inc	Bond	N/A	2/24/2026	0.750%	500,000	463,480	479,460
Merck & Co Inc	Bond	N/A	12/10/2028	1.900%	350,000	314,983	315,788
Merck & Co Inc	Bond	N/A	5/17/2030	4.300%	300,000	299,958	294,420
Metlife Inc	Bond	N/A	12/15/2034	5.300%	450,000	448,128	448,263
Micron Technology Inc	Bond	N/A	9/15/2033	5.880%	300,000	312,024	307,701
Micron Technology Inc	Bond	N/A	1/15/2031	5.300%	250,000	249,825	249,750
Mid-America Apts L P	Bond	N/A	2/15/2031	1.700%	250,000	202,698	205,840
Morgan Stanley Bk N A Salt Lake	Bond	N/A	1/14/2028	0.000%	250,000	250,000	250,360
Morgan Stanley Bk N A Salt Lake	Bond	N/A	7/14/2028	0.000%	500,000	500,000	501,625
Morgan Stanley	Bond	N/A	12/10/2026	0.990%	325,000	299,007	313,411
Morgan Stanley	Bond	N/A	7/22/2028	3.590%	100,000	95,464	96,430
Morgan Stanley Fr	Bond	N/A	7/20/2027	1.510%	350,000	319,694	332,623
Morgan Stanley Fr	Bond	N/A	2/18/2026	2.630%	400,000	387,128	398,828
Morgan Stanley Fr	Bond	N/A	7/17/2026	4.680%	425,000	420,920	424,545
Morgan Stanley Fr	Bond	N/A	11/1/2029	0.000%	425,000	450,411	443,921
Morgan Stanley Fr	Bond	N/A	4/18/2030	0.000%	325,000	325,000	330,837
Morgan Stanley	Bond	N/A	5/4/2027	1.590%	400,000	368,556	383,412
National Rural Utils Coop Fin Vr	Bond	N/A	6/15/2025	3.450%	270,000	264,371	268,456
National Rural Utils Coop Fin Vr	Bond	N/A	3/15/2028	4.800%	450,000	455,130	450,788
National Rural Utils Coop Fin Vr	Bond	N/A	11/13/2026	5.600%	750,000	769,620	762,375
National Rural Utils Coop Fin Vr	Bond	N/A	2/7/2029	4.850%	450,000	449,861	450,234
National Rural Utils Coop Fin Vr	Bond	N/A	2/7/2031	5.000%	430,000	428,869	432,258
Newmont Mng Corp	Bond	N/A	10/1/2030	2.250%	80,000	69,048	69,092
Nextera Energy Cap Hldgs Inc	Bond	N/A	5/1/2027	3.550%	120,000	115,561	116,942
Nextera Energy Cap Hldgs Inc	Bond	N/A	6/1/2030	2.250%	325,000	278,015	280,995
Nextera Energy Cap Hldgs Inc	Bond	N/A	6/15/2028	1.900%	425,000	377,137	384,736
Nextera Energy Cap Hldgs Inc	Bond	N/A	1/15/2027	1.880%	325,000	298,890	307,089
Nisource Inc	Bond	N/A	8/15/2025	0.950%	150,000	140,259	146,303
Nisource Inc	Bond	N/A	3/30/2028	5.250%	450,000	458,829	453,897
Norfolk Southern Corp	Bond	N/A	8/1/2025	3.650%	290,000	284,003	288,127
Norfolk Southern Corp	Bond	N/A	8/1/2030	5.050%	500,000	511,910	505,110
Northern Trust Corp	Bond	N/A	5/1/2030	1.950%	535,000	459,726	461,946
Northrop Grumman Corp	Bond	N/A	2/1/2029	4.600%	200,000	199,806	198,352
Nucor Corp	Bond	N/A	5/1/2028	3.950%	250,000	244,130	242,783
Nucor Corp	Bond	N/A	4/1/2032	3.130%	365,000	327,770	319,641
Nvidia Corp	Bond	N/A	6/15/2028	1.550%	200,000	179,078	181,616
O Reilly Automotive Inc New	Bond	N/A	6/15/2032	4.700%	350,000	346,224	338,114
O Reilly Automotive Inc New	Bond	N/A	8/19/2034	5.000%	475,000	473,965	460,660
Occidental	Bond	N/A	8/1/2029	5.200%	700,000	699,748	694,505
Oncor Elec Delivery Co Llc	Bond	N/A	11/15/2033	5.650%	500,000	499,130	512,690
Oracle Corporation	Bond	N/A	9/27/2029	4.200%	450,000	449,559	434,687
Otis Worldwide Corp	Bond	N/A	11/19/2031	5.130%	240,000	239,986	240,101
Pnc Finl Svcs Group Inc	Bond	N/A	4/23/2032	2.310%	300,000	250,917	252,243
Pnc Finl Svcs Group Inc	Bond	N/A	12/2/2028	5.350%	850,000	859,869	862,062
Pnc Finl Svcs Group Inc	Bond	N/A	1/26/2027	24.050%	500,000	496,065	499,320
Pnc Finl Svcs Group Inc	Bond	N/A	1/21/2028	5.300%	500,000	500,000	504,290
Pnc Finl Svcs Group Inc	Bond	N/A	7/23/2027	0.000%	250,000	250,000	251,208
Ppl Cap Fdg Inc	Bond	N/A	5/15/2026	3.100%	400,000	383,368	390,740
Paccar Finl Corp Medium Term Sr	Bond	N/A	3/30/2026	4.450%	450,000	449,177	449,667
Paccar Finl Corp Medium Term Sr	Bond	N/A	11/9/2026	5.200%	300,000	306,399	304,101
Paccar Finl Corp Medium Term Sr	Bond	N/A	1/31/2029	4.600%	385,000	384,372	384,045
Paccar Finl Corp Medium Term Sr	Bond	N/A	8/6/2027	4.450%	300,000	299,601	299,721
Paccar Finl Corp Medium Term Sr	Bond	N/A	9/26/2029	4.000%	250,000	249,485	241,803
Pacificorp	Bond	N/A	2/15/2031	5.300%	450,000	449,222	453,960
Paypal Hldgs Inc	Bond	N/A	6/1/2025	1.650%	370,000	353,132	365,186
Peacehealth	Bond	N/A	11/15/2025	1.380%	360,000	334,386	348,833
Pepsico Inc	Bond	N/A	11/10/2026	5.130%	500,000	510,570	506,235
Pfizer Inc	Bond	N/A	12/15/2026	3.000%	200,000	192,972	194,584
Pfizer Inc	Bond	N/A	3/15/2029	3.450%	250,000	240,878	238,315

Seafarers Health and Benefits Plan

Schedule H, Line 4i – Schedule of Assets (Held at End of Year) - Continued

Plan #501 / EIN: 13-5557534

December 31, 2024

(a)	(b)	(c)				(d)	(e)
		Description of investment					
Identity of issue, borrower, lessor or similar party	Description	Collateral	Maturity date	Rate of interest	Par/maturity value or shares	Cost	Current value
Corporate obligations - continued:							
Philip Morris Intl Inc	Bond	N/A	8/15/2029	3.380%	250,000	234,433	234,563
Philip Morris Intl Inc	Bond	N/A	5/1/2026	0.880%	500,000	458,060	475,775
Philip Morris Intl Inc	Bond	N/A	11/17/2027	5.130%	135,000	137,406	136,624
Philip Morris Intl Inc	Bond	N/A	11/17/2029	5.630%	250,000	262,153	257,505
Philip Morris Intl Inc	Bond	N/A	2/15/2030	5.130%	675,000	686,016	678,564
Philip Morris Intl Inc	Bond	N/A	9/7/2028	5.250%	300,000	308,571	304,302
Philip Morris Intl Inc	Bond	N/A	2/13/2031	5.130%	835,000	822,951	835,058
Philip Morris Intl Inc	Bond	N/A	11/1/2027	4.380%	500,000	496,315	495,850
Phillips 66 Co.	Bond	N/A	12/1/2027	4.950%	300,000	302,520	302,445
Pioneer Natural Resources Co	Bond	N/A	1/15/2026	1.130%	250,000	232,058	241,318
Plains All Amern Pipeline L P	Bond	N/A	12/15/2029	3.550%	200,000	184,134	186,022
Progressive Corp	Bond	N/A	1/15/2027	2.450%	240,000	225,094	230,052
Prologis L P	Bond	N/A	6/15/2033	4.750%	240,000	243,247	232,286
Public Service Elec & Gas	Bond	N/A	3/15/2033	4.650%	200,000	200,020	193,534
Public Svc Enterprise Group Inc	Bond	N/A	8/15/2025	0.800%	400,000	373,824	390,228
Public Svc Enterprise Group Inc	Bond	N/A	10/15/2028	5.880%	500,000	523,910	515,705
Public Svc Enterprise Group Inc	Bond	N/A	4/1/2029	5.200%	565,000	564,181	570,831
Public Storage	Bond	N/A	5/1/2028	1.850%	600,000	538,740	547,110
Rtx Corporation	Bond	N/A	3/15/2031	6.000%	350,000	372,852	367,161
Realty Income Corp	Bond	N/A	6/1/2026	4.880%	686,000	686,542	687,660
Realty Income Corp	Bond	N/A	3/15/2028	2.100%	775,000	762,328	712,264
Realty Income Corp	Bond	N/A	2/15/2029	4.750%	300,000	297,675	297,780
Regions Finl Corp	Bond	N/A	6/6/2030	0.000%	500,000	500,000	506,915
Republic	Bond	N/A	2/15/2031	1.450%	250,000	202,800	202,763
Republic	Bond	N/A	4/1/2029	4.880%	100,000	101,865	99,768
Rexford Industrial Realty L P	Bond	N/A	12/1/2030	2.130%	425,000	347,425	355,929
Roper Technologies Inc	Bond	N/A	12/15/2026	3.800%	300,000	293,382	295,308
Roper Technologies Inc	Bond	N/A	9/15/2025	1.000%	450,000	420,624	439,025
S&P Global Inc	Bond	N/A	3/1/2029	2.700%	500,000	462,320	460,285
Schwab Charles Corp	Bond	N/A	3/11/2026	0.900%	425,000	389,602	406,581
Schwab Charles Corp	Bond	N/A	3/11/2031	1.650%	415,000	334,967	339,781
Schwab Charles Corp	Bond	N/A	3/20/2028	2.000%	515,000	458,139	471,730
Schwab Charles Corp	Bond	N/A	5/13/2026	1.150%	160,000	146,630	152,768
Simon Property Group Inc	Bond	N/A	2/1/2028	1.750%	575,000	516,707	526,004
Simon Property Group Inc	Bond	N/A	3/8/2033	5.500%	350,000	361,645	355,870
Simon Property Group Inc	Bond	N/A	9/26/2034	4.750%	450,000	446,891	426,357
Jm Smucker Company-New	Bond	N/A	11/15/2028	5.900%	500,000	525,705	517,890
Southern Cal Edison	Bond	N/A	3/1/2026	5.350%	515,000	515,000	518,373
Southern Cal Edison	Bond	N/A	6/1/2029	5.150%	500,000	499,770	502,925
Southern Co Sr 2021C FI Nt23	Bond	N/A	4/30/2030	3.700%	250,000	235,528	234,803
Southern Co Sr 2021C FI Nt23	Bond	N/A	6/15/2028	4.850%	400,000	402,944	400,628
Southern Co Sr 2021C FI Nt23	Bond	N/A	3/15/2029	5.500%	575,000	598,299	586,655
Southern Power Co	Bond	N/A	1/15/2026	0.900%	80,000	73,704	76,842
Southwest	Bond	N/A	6/15/2027	5.130%	600,000	602,670	602,676
Stanley Black & Decker Inc	Bond	N/A	3/1/2026	3.400%	200,000	193,414	196,732
Starbucks Corp	Bond	N/A	2/8/2027	4.850%	750,000	749,693	753,608
State Str Corp	Bond	N/A	11/18/2027	1.680%	350,000	321,048	331,426
State Str Corp	Bond	N/A	2/6/2026	1.750%	500,000	480,455	498,370
State Str Corp	Bond	N/A	8/3/2026	5.270%	830,000	842,060	838,209
State Str Corp	Bond	N/A	11/21/2029	0.000%	600,000	620,400	616,704
Stryker Corp	Bond	N/A	9/11/2034	4.630%	700,000	696,290	667,842
Synchrony Finl	Bond	N/A	6/13/2025	4.880%	625,000	614,325	624,381
Synchrony Finl	Bond	N/A	8/2/2030	0.000%	275,000	275,000	277,525
Tjx	Bond	N/A	9/15/2026	2.250%	270,000	255,012	260,256
T-Mobile Usa Inc	Bond	N/A	7/15/2033	5.050%	300,000	302,334	293,757
T-Mobile Usa Inc	Bond	N/A	1/15/2029	4.850%	470,000	469,295	467,354
Tapestry Inc	Bond	N/A	3/11/2030	5.100%	375,000	374,535	370,868
Target Corp	Bond	N/A	4/15/2025	2.250%	100,000	96,962	99,259
Targa Res Corp	Bond	N/A	3/15/2033	6.130%	300,000	315,852	309,300
Targa Resources Corp. (Calif)	Bond	N/A	7/1/2027	5.200%	620,000	622,976	623,646
Texas Instrs Inc	Bond	N/A	5/4/2030	1.750%	650,000	560,489	556,348
Texas Instrs Inc	Bond	N/A	2/15/2028	4.600%	810,000	822,968	811,499
Texas Instrs Inc	Bond	N/A	3/14/2033	4.900%	165,000	171,329	163,862
The Williams Companies, Inc.	Bond	N/A	3/15/2029	4.900%	450,000	449,276	446,670
Thermo Fisher Scientific Inc Sr	Bond	N/A	11/21/2027	4.800%	500,000	509,350	503,765
Toyota Mtr Cr Corp Fr	Bond	N/A	8/13/2027	1.150%	200,000	178,862	183,144
Toyota Mtr Cr Corp Fr	Bond	N/A	9/11/2028	5.250%	500,000	517,730	507,010
Truist Financial Corporation	Bond	N/A	3/2/2027	1.270%	400,000	366,180	383,612

Seafarers Health and Benefits Plan

Schedule H, Line 4i – Schedule of Assets (Held at End of Year) - Continued

Plan #501 / EIN: 13-5557534

December 31, 2024

(a)	(b)	(c)				(d)	(e)
		Description of investment					
Identity of issue, borrower, lessor or similar party	Description	Collateral	Maturity date	Rate of interest	Par/maturity value or shares	Cost	Current value
Corporate obligations - continued:							
Truist Financial Corporation	Bond	N/A	6/7/2029	1.890%	400,000	345,656	360,884
Truist Financial Corporation	Bond	N/A	6/6/2028	4.120%	500,000	481,780	490,960
Truist Financial Corporation	Bond	N/A	1/26/2029	4.870%	250,000	246,293	248,693
Truist Financial Corporation	Bond	N/A	1/24/2030	0.000%	425,000	425,000	428,753
Udr Inc Medium Term Nts Book Ent	Bond	N/A	1/26/2029	4.400%	275,000	264,976	267,330
Udr Inc Medium Term Nts Book Ent	Bond	N/A	3/15/2033	1.900%	200,000	152,060	153,658
Unilever	Bond	N/A	8/12/2027	4.250%	200,000	199,466	199,832
Us Bancorp	Bond	N/A	4/27/2026	3.100%	300,000	287,484	293,568
Us Bancorp	Bond	N/A	5/12/2025	1.450%	125,000	118,964	123,570
Us Bancorp	Bond	N/A	1/27/2028	2.220%	400,000	367,584	379,252
Us Bancorp	Bond	N/A	2/1/2029	4.650%	500,000	492,125	494,935
Us Bancorp	Bond	N/A	10/26/2027	0.000%	500,000	522,035	516,915
Us Bancorp	Bond	N/A	1/23/2030	0.000%	460,000	463,800	463,800
Us Bancorp	Bond	N/A	7/23/2030	0.000%	315,000	315,000	314,613
Unitedhealth Group Inc	Bond	N/A	5/15/2026	1.150%	150,000	138,858	143,346
Unitedhealth Group Inc	Bond	N/A	5/15/2031	2.300%	645,000	558,905	548,450
Unitedhealth Group Inc	Bond	N/A	4/15/2033	4.500%	200,000	198,730	189,756
Unitedhealth Group Inc	Bond	N/A	1/15/2032	4.950%	225,000	224,489	222,462
University Notre Dame Du Lac	Bond	N/A	2/15/2030	1.640%	400,000	340,012	338,036
Valero Energy Corp	Bond	N/A	6/1/2028	4.350%	216,000	212,825	211,697
Ventas Rity Ltd Partnership	Bond	N/A	1/15/2035	5.000%	450,000	448,412	429,957
Verizon Commns Inc	Bond	N/A	1/20/2031	1.750%	375,000	308,430	309,019
Verizon Commns Inc	Bond	N/A	3/21/2031	2.550%	269,000	231,945	231,655
Verizon Commns Inc	Bond	N/A	3/15/2032	2.360%	380,000	316,073	315,134
Vici Properties Lp	Bond	N/A	11/15/2031	5.130%	825,000	820,265	804,755
Vmware Inc	Bond	N/A	8/15/2028	1.800%	350,000	306,856	314,017
Vulcan Materials	Bond	N/A	6/1/2030	3.500%	430,000	399,956	398,558
Vulcan Materials	Bond	N/A	12/1/2029	4.950%	200,000	199,776	199,360
Vulcan Materials	Bond	N/A	12/1/2034	5.350%	200,000	199,780	199,396
Wec Energy Group Inc	Bond	N/A	10/15/2027	1.380%	325,000	287,261	296,644
Wec Energy Group Inc	Bond	N/A	9/12/2026	5.600%	209,000	212,055	211,696
Waste Management Inc	Bond	N/A	6/1/2029	2.000%	350,000	311,507	310,888
Waste Management Inc	Bond	N/A	4/15/2032	4.150%	245,000	239,191	231,532
Waste Management Inc	Bond	N/A	2/15/2029	4.880%	475,000	486,110	477,280
Waste Management Inc	Bond	N/A	7/3/2031	4.950%	735,000	730,539	735,742
Wells Fargo Bk N A San Francisco	Bond	N/A	12/11/2026	5.250%	250,000	253,055	253,020
Wells Fargo & Co Sr Nt	Bond	N/A	2/11/2026	2.160%	390,000	375,344	388,811
Wells Fargo & Co Sr Nt	Bond	N/A	3/24/2028	3.530%	575,000	548,562	557,710
Williams Co	Bond	N/A	3/15/2031	2.600%	415,000	354,833	357,365
Williams Co	Bond	N/A	3/2/2026	5.400%	500,000	504,995	503,370
Xcel Energy Inc	Bond	N/A	3/15/2027	1.750%	600,000	547,146	561,852
Aercap Ireland	Foreign bond	N/A	1/19/2029	5.100%	500,000	494,095	499,335
Aercap Ireland Cap Designated Ac	Foreign bond	N/A	6/6/2028	5.750%	500,000	511,720	509,455
Astrazeneca Plc	Foreign bond	N/A	8/6/2030	1.380%	260,000	216,146	216,580
Banco Santander	Foreign bond	N/A	7/15/2031	5.440%	1,000,000	1,000,000	997,970
Barclays Plc	Foreign bond	N/A	9/13/2029	0.000%	500,000	520,585	520,045
Barclays Plc	Foreign bond	N/A	3/12/2030	0.000%	300,000	302,907	302,907
Deutsche Bank Ny	Foreign bond	N/A	11/24/2026	2.130%	500,000	468,660	487,200
Diageo	Foreign bond	N/A	10/5/2026	5.380%	300,000	306,513	303,999
Enbridge Inc	Foreign bond	N/A	10/4/2026	1.600%	135,000	123,661	127,783
Enbridge Inc	Foreign bond	N/A	3/8/2033	5.700%	520,000	540,488	525,403
Enbridge Inc	Foreign bond	N/A	4/5/2029	5.300%	400,000	399,912	404,068
IBM Intl Cap	Foreign bond	N/A	2/5/2026	4.700%	500,000	499,180	500,380
IBM Intl Cap	Foreign bond	N/A	2/5/2027	4.600%	500,000	499,210	500,230
Johnson Controls International P	Foreign bond	N/A	12/1/2032	4.900%	500,000	498,230	487,150
Pfizer Inv Enterprise Sr	Foreign bond	N/A	5/19/2026	4.450%	500,000	498,789	499,245
Pfizer Inv Enterprise Sr	Foreign bond	N/A	5/19/2033	4.750%	300,000	300,675	291,504
Rogers Communications Inc	Foreign bond	N/A	3/15/2027	3.200%	500,000	477,250	483,040
Royal Bk Cda Vr	Foreign bond	N/A	1/20/2026	0.880%	600,000	556,170	577,458
Schlumberger Invt Sa	Foreign bond	N/A	6/26/2030	2.650%	200,000	179,642	178,234
Toronto Dominion Bank Fr 1.25%	Foreign bond	N/A	6/3/2026	1.200%	615,000	564,613	585,646
Toronto Dominion Bk	Foreign bond	N/A	9/15/2031	3.630%	400,000	383,760	388,768
American Airls 2017-1 Cl Aa Pass	Asset backed security	N/A	8/15/2030	3.650%	207,594	192,036	197,572
American Airls Pass Thru 2016-2	Asset backed security	N/A	12/15/2029	3.200%	163,670	148,947	154,568
American Express Credit Union	Asset backed security	N/A	7/16/2029	4.650%	750,000	749,966	751,554
Ba Cr Card Tr	Asset backed security	N/A	5/15/2029	4.930%	1,000,000	999,944	1,009,665
Bmw	Asset backed security	N/A	10/25/2027	4.410%	400,000	399,963	396,836
Bmw	Asset backed security	N/A	2/25/2028	4.210%	250,000	249,982	247,166

Seafarers Health and Benefits Plan

Schedule H, Line 4i – Schedule of Assets (Held at End of Year) - Continued

Plan #501 / EIN: 13-5557534

December 31, 2024

(a)	(b)	(c)				(d)	(e)
		Description of investment					
Identity of issue, borrower, lessor or similar party	Description	Collateral	Maturity date	Rate of interest	Par/maturity value or shares	Cost	Current value
Corporate obligations - continued:							
Carmax Auto Owner Trust	Asset backed security	N/A	6/15/2026	0.550%	72,261	70,010	71,714
Gm Financial	Asset backed security	N/A	10/20/2027	4.210%	600,000	599,929	596,655
Gm Financial	Asset backed security	N/A	4/16/2029	5.130%	650,000	649,900	657,211
Harley-Davidson	Asset backed security	N/A	8/15/2028	5.690%	700,000	711,309	707,913
Hyundai	Asset backed security	N/A	5/15/2029	4.410%	430,000	429,969	428,216
Hyundai	Asset backed security	N/A	1/15/2031	4.440%	300,000	299,908	297,618
Mercedes-Benz Auto Lease Trust	Asset backed security	N/A	2/15/2028	4.230%	750,000	749,874	746,600
Nissan	Asset backed security	N/A	9/15/2031	4.350%	500,000	499,916	495,681
Nissan	Asset backed security	N/A	11/15/2027	4.920%	825,000	824,996	830,604
Toyota	Asset backed security	N/A	3/15/2029	4.880%	570,000	570,000	573,959
Toyota Auto	Asset backed security	N/A	6/15/2029	4.470%	150,000	149,992	149,559
Toyota Auto	Asset backed security	N/A	4/15/2030	4.470%	350,000	349,906	347,013
Union Pac Rr Co 2016-1 Pass Thru	Asset backed security	N/A	11/9/2029	2.500%	144,778	128,955	129,350
United Airls Pass Thru Tr 2016-1	Asset backed security	N/A	1/7/2030	3.100%	170,272	155,222	161,387
United Airls Pass Thru Tr 2016-2	Asset backed security	N/A	4/7/2030	2.880%	64,503	57,632	60,243
United Airls Inc	Asset backed security	N/A	7/15/2037	5.800%	532,823	540,329	543,364
Government Natl Mtg Assn Gtd Mul	Collateralized mtg obligation	Yes	8/16/2052	2.100%	9,596	9,369	9,427
Bank 2021-Bnk35	Collateralized mtg obligation	Yes	8/15/2031	0.600%	173,354	162,301	167,569
Bank 2021-Bnk36	Collateralized mtg obligation	Yes	9/15/2064	0.800%	296,914	279,196	288,891
Bank 2020-Bnk30	Collateralized mtg obligation	Yes	12/10/2053	0.450%	125,272	118,649	122,867
Benchmark Mortgage Trust	Collateralized mtg obligation	Yes	10/10/2051	4.200%	233,191	229,708	228,675
Benchmark Mortgage Trust	Collateralized mtg obligation	Yes	1/15/2052	4.150%	112,990	110,652	112,195
Citigroup Commercial Mortgage Tr	Collateralized mtg obligation	Yes	8/10/2056	2.690%	209,567	205,353	200,106
Gs Mortgage Securities Trust	Collateralized mtg obligation	Yes	12/12/2053	0.470%	43,153	41,575	42,997
Aes Corp	Private placement	N/A	1/15/2026	1.380%	500,000	462,640	481,575
Hp Inc	Private placement	N/A	6/17/2031	2.650%	200,000	170,212	171,218
Hyundai Cap Amer Medium Term Nts	Private placement	N/A	10/15/2027	2.380%	200,000	180,130	186,468
Hyundai Cap Amer Medium Term Nts	Private placement	N/A	1/10/2028	1.800%	500,000	438,385	452,910
Mileage Plus Hldings Llc	Private placement	N/A	6/20/2027	6.500%	125,000	125,223	125,788
New York Life Global Fdg	Private placement	N/A	6/9/2026	1.150%	600,000	549,648	571,682
Total corporate obligations						207,463,687	208,224,975
State and municipal obligations:							
Aledo Tex Indpt Sch Dist	Bond	N/A	2/15/2026	0.000%	100,000	90,748	95,180
Allen Tex Indpt Sch Dist	Bond	N/A	2/15/2027	0.000%	150,000	131,016	136,042
Allen Tex Indpt Sch Dist	Bond	N/A	2/15/2027	0.000%	200,000	174,236	181,812
Alvarado Tex Indpt Sch Dist	Bond	N/A	2/15/2028	0.000%	350,000	293,041	303,296
Arizona Brd Regents Ctfz Partn	Bond	N/A	6/1/2025	1.150%	530,000	501,539	522,728
Avon Oh	Bond	N/A	12/1/2026	1.230%	250,000	228,353	235,552
Bexar Cnty Tex Rev	Bond	N/A	8/15/2025	1.080%	230,000	216,228	225,338
Brazos Tex Higher Ed Auth Inc St	Bond	N/A	4/1/2025	1.980%	300,000	289,392	298,143
Brazos Tex Higher Ed Auth Inc St	Bond	N/A	4/1/2025	1.670%	250,000	240,245	248,267
California St	Bond	N/A	4/1/2026	2.650%	500,000	480,145	490,490
Carmel Ind	Bond	N/A	5/1/2026	4.920%	350,000	350,000	350,840
Carmel Ind	Bond	N/A	5/1/2030	5.090%	275,000	275,000	274,497
College William Mary Va College	Bond	N/A	2/15/2026	1.360%	100,000	93,719	96,691
College William Mary Va College	Bond	N/A	2/15/2026	1.360%	390,000	362,415	376,915
Connecticut St	Bond	N/A	6/1/2025	0.920%	250,000	237,315	246,422
Connecticut St	Bond	N/A	5/15/2028	4.510%	350,000	352,979	349,073
Connecticut St	Bond	N/A	5/15/2030	4.660%	400,000	405,464	397,880
Connecticut St Hsg Fin Auth Hsg	Bond	N/A	5/15/2027	1.450%	300,000	269,718	279,627
District Columbia Income Tax Rev	Bond	N/A	5/1/2030	5.070%	300,000	310,245	304,770
District Columbia Income Tax Rev	Bond	N/A	5/1/2031	5.150%	390,000	405,206	396,919
Eagle Mtn & Saginaw Tex Indpt Sc	Bond	N/A	8/15/2025	0.000%	250,000	231,645	243,347
East Baton Rouge La Sew Commn Re	Bond	N/A	2/1/2026	1.250%	375,000	349,808	362,760
Frisco Tex Indpt Sch Dist	Bond	N/A	2/15/2028	1.550%	500,000	449,665	458,990
Frisco Tex Indpt Sch Dist	Bond	N/A	2/15/2028	4.000%	250,000	247,733	247,158
Gerald R Ford Intl Arprt Auth Mic	Bond	N/A	1/1/2030	4.600%	400,000	407,960	399,932
Greenville Cnty S C Hospitality	Bond	N/A	4/1/2025	1.100%	285,000	271,602	282,606
Hamilton Ohio City Sch Dist	Bond	N/A	12/1/2025	0.000%	580,000	531,506	557,078
Harris Cnty Tex Cultural Ed Facs	Bond	N/A	5/15/2026	1.620%	250,000	231,883	240,415
Hartford Cnty Conn Met Dist Clea	Bond	N/A	4/1/2026	1.150%	225,000	208,539	216,641
Hays County Tx	Bond	N/A	2/15/2026	0.970%	275,000	255,252	265,251
Honolulu Hi City & Cnty Wstwtr	Bond	N/A	7/1/2028	1.270%	540,000	473,175	485,487
Houston Tex Arprt Sys Rev	Bond	N/A	7/1/2026	1.720%	200,000	186,832	191,982
Iowa	Bond	N/A	7/1/2027	4.400%	315,000	315,000	314,276
Jarrell Tex Indpt Sch Dist	Bond	N/A	8/15/2025	0.000%	115,000	106,389	111,872

Seafarers Health and Benefits Plan

Schedule H, Line 4i – Schedule of Assets (Held at End of Year) - Continued

Plan #501 / EIN: 13-5557534

December 31, 2024

(a)	(b)	(c)				(d)	(e)
		Description of investment					
Identity of issue, borrower, lessor or similar party	Description	Collateral	Maturity date	Rate of interest	Par/maturity value or shares	Cost	Current value
State and municipal obligations - continued:							
Jarrell Tex Indpt Sch Dist	Bond	N/A	8/15/2027	0.000%	115,000	97,707	101,703
Jarrell Tex Indpt Sch Dist	Bond	N/A	8/15/2028	0.000%	100,000	81,294	84,277
Jersey City N J	Bond	N/A	9/1/2025	0.930%	330,000	309,108	322,394
Judson Tex Indpt Sch Dist	Bond	N/A	2/1/2026	0.930%	235,000	218,625	226,697
Kentucky Higher Ed Student Ln	Bond	N/A	6/1/2028	5.320%	650,000	652,009	653,335
La Habra Calif Pension Oblig	Bond	N/A	8/1/2025	1.690%	750,000	712,815	738,510
La Habra Calif Pension Oblig	Bond	N/A	8/1/2026	1.890%	500,000	465,770	480,625
Lancaster Cnty Pa Convention Ctr	Bond	N/A	5/1/2027	4.780%	270,000	270,413	270,386
Lancaster Cnty Pa Convention Ctr	Bond	N/A	5/1/2028	4.940%	920,000	929,651	924,186
Laredo Tex Wtrwks Swr Sys Rev	Bond	N/A	3/1/2028	1.730%	230,000	206,600	210,466
Los Fresnos Tex Cons Indpt Sch D	Bond	N/A	8/15/2028	0.000%	250,000	203,785	211,065
Louisiana Loc Govt Environmental	Bond	N/A	12/1/2034	5.050%	240,000	245,494	239,918
Louisiana St Energy & Pwr Auth P	Bond	N/A	6/1/2025	1.230%	550,000	518,898	542,284
Louisville Jefferson Cnty Ky Met	Bond	N/A	5/15/2026	3.430%	200,000	193,534	197,278
Maryland St Cmnty Dev Admin Dept	Bond	N/A	9/1/2048	3.240%	50,000	48,544	49,479
Maryland St Cmnty Dev Admin Dept	Bond	N/A	9/1/2027	5.500%	500,000	511,235	510,810
Maryland St Health & Higher Ed	Bond	N/A	10/1/2025	2.590%	100,000	95,721	98,404
Maryland St Dept Trans Spl Tran	Bond	N/A	8/1/2025	0.810%	325,000	304,343	318,422
Massachusetts St Hsg Fin Agy	Bond	N/A	12/1/2027	4.020%	140,000	135,993	137,614
Massachusetts St Hsg Fin Agy Hsg	Bond	N/A	12/1/2026	4.910%	500,000	501,765	503,790
Miami-Dade Cnty Fl	Bond	N/A	8/1/2025	1.590%	230,000	216,941	225,773
Michigan St Hsg Dev Auth Single	Bond	N/A	12/1/2025	1.040%	250,000	232,588	242,590
Michigan St Hsg Dev Auth Single	Bond	N/A	12/1/2025	5.150%	200,000	200,000	201,360
Michigan St Strategic Fd Ltd Obl	Bond	N/A	9/1/2025	1.120%	325,000	306,017	317,899
Midland Mich Pub Schs	Bond	N/A	5/1/2025	0.950%	250,000	237,485	247,280
Minnesota St Hsg Fin Agy	Bond	N/A	7/1/2027	2.180%	235,000	215,685	222,214
Minnesota St Hsg Fin Agy	Bond	N/A	1/1/2026	4.940%	150,000	150,345	150,888
Minnesota St Hsg Fin Agy	Bond	N/A	7/1/2026	4.990%	125,000	125,600	125,954
Minnesota St Hsg Fin Agy	Bond	N/A	1/1/2028	5.220%	440,000	447,198	446,604
Montgomery Cnty Md Hsg Oppty Co	Bond	N/A	7/1/2027	1.990%	275,000	250,569	258,198
Montgomery Cnty Md Hsg Oppty Co	Bond	N/A	1/1/2028	2.170%	130,000	117,758	121,037
Montgomery Cnty Pa Higher Ed Hea	Bond	N/A	5/1/2025	1.060%	535,000	506,372	528,944
Montgomery Cnty Va Economic Dev	Bond	N/A	6/1/2025	2.340%	410,000	395,589	406,671
Morris Cnty N J Impt Auth Lease	Bond	N/A	6/15/2025	0.840%	375,000	353,490	369,041
Nevada Hsg Div Single Family Mtg	Bond	N/A	10/1/2025	5.030%	70,000	70,000	70,323
Nevada Hsg Div Single Family Mtg	Bond	N/A	4/1/2027	4.880%	150,000	150,000	151,083
New Jersey St Trans Tr Fd Auth	Bond	N/A	6/15/2026	4.610%	500,000	500,000	499,715
New Jersey St Tpk Auth Tpk Rev	Bond	N/A	1/1/2028	1.480%	530,000	471,817	484,908
New York N Y	Bond	N/A	5/1/2026	3.730%	160,000	156,838	158,670
New York N Y	Bond	N/A	10/1/2025	1.890%	360,000	342,749	353,574
New York St Dorm Auth St Pers In	Bond	N/A	3/15/2029	1.950%	810,000	714,080	728,725
North Hudson Sew Auth N J Gross	Bond	N/A	6/1/2025	2.590%	15,000	15,000	14,889
North Hudson Sew Auth N J Gross	Bond	N/A	6/1/2025	2.590%	205,000	205,000	203,208
Northern Az Univ Revs	Bond	N/A	8/1/2025	2.110%	240,000	229,766	236,762
Oregon St Dept Administrative	Bond	N/A	4/1/2030	4.170%	400,000	395,692	389,748
Oregon St	Bond	N/A	5/1/2030	4.300%	325,000	324,184	319,140
Paramount Calif Pension Oblig	Bond	N/A	6/1/2025	1.350%	350,000	331,716	345,457
Putnam Cnty W Va Brd Ed	Bond	N/A	5/1/2025	1.250%	220,000	209,851	217,765
Rhode Is Hsg & Mtg Fin Corp Rev	Bond	N/A	10/1/2026	1.790%	125,000	115,818	119,921
Rhode Island St Student Ln Auth	Bond	N/A	12/1/2040	2.350%	20,000	18,712	18,864
Rockwall Tex Indpt Sch Dist	Bond	N/A	2/15/2027	0.000%	505,000	438,936	459,111
Sales Tax Securitization Corp II	Bond	N/A	1/1/2028	4.510%	600,000	599,856	597,996
Seguin Tx Indpt Sch Dist	Bond	N/A	8/15/2028	0.000%	340,000	275,900	289,187
Socorro Tex Indpt Sch Dist	Bond	N/A	8/15/2028	5.000%	200,000	207,010	203,090
State Pub Sch Bldg Auth Pa Rev	Bond	N/A	9/15/2027	5.000%	409,000	414,284	412,775
Texas St	Bond	N/A	10/1/2029	5.530%	1,000,000	1,064,420	1,043,420
Texas St Univ Sys Fing Rev	Bond	N/A	3/15/2027	1.340%	150,000	136,137	140,058
Tobacco Settlement Auth Ia	Bond	N/A	6/1/2025	1.380%	750,000	710,925	739,928
University Minn Spl Purp Rev	Bond	N/A	8/1/2025	0.900%	430,000	405,443	421,675
University Okla Revs	Bond	N/A	7/1/2026	1.420%	185,000	171,242	177,302
University Wis Hosps & Clinics A	Bond	N/A	4/1/2025	1.470%	250,000	239,148	248,160
Virginia Polytechnic Inst & St	Bond	N/A	9/1/2026	1.030%	75,000	68,723	71,084
Virginia Polytechnic Inst & St	Bond	N/A	9/1/2028	1.400%	300,000	264,042	268,731
Virginia St Hsg Dev Auth Comwlth	Bond	N/A	10/25/2037	3.500%	74,560	68,713	69,337
Virginia St Hsg Dev Auth Comwlth	Bond	N/A	1/1/2028	5.240%	300,000	305,400	304,449
Virginia St Hsg Dev Auth	Bond	N/A	11/25/2039	3.130%	132,531	126,811	121,643
Virginia St Hsg Dev Auth	Bond	N/A	7/1/2027	4.440%	300,000	300,000	299,535
Warrensville Heights Ohio City S	Bond	N/A	12/1/2026	0.000%	175,000	152,051	159,777

Seafarers Health and Benefits Plan

Schedule H, Line 4i – Schedule of Assets (Held at End of Year) - Continued

Plan #501 / EIN: 13-5557534

December 31, 2024

(a)	(b)	(c)				(d)	(e)
		Description of investment					
Identity of issue, borrower, lessor or similar party	Description	Collateral	Maturity date	Rate of interest	Par/maturity value or shares	Cost	Current value
State and municipal obligations - continued:							
Washington St Univ	Bond	N/A	10/1/2026	1.690%	150,000	138,914	143,048
Wellman-Union Tex Cons Indpnt Sch	Bond	N/A	8/15/2025	0.000%	320,000	296,224	310,995
Wisconsin St Gen Rev	Bond	N/A	5/1/2029	4.350%	500,000	501,000	495,225
Total state and municipal obligations						31,569,336	32,163,647
Stocks:							
Adobe Sys Inc	Common stock	N/A	N/A	0.000%	4,567	2,348,158	2,030,854
Alphabet Inc	Common stock	N/A	N/A	1.000%	22,063	3,109,339	4,201,678
Apple Inc	Common stock	N/A	N/A	1.000%	16,223	3,123,414	4,062,564
Applied Matls Inc	Common stock	N/A	N/A	2.000%	14,039	2,275,301	2,283,163
Arista Networks Inc	Common stock	N/A	N/A	0.000%	23,480	1,382,444	2,595,244
Berkshire Hathaway Inc	Common stock	N/A	N/A	0.000%	4,004	1,428,067	1,814,933
Blackrock Funding	Common stock	N/A	N/A	21.000%	1,493	1,212,017	1,530,489
Check Point Software Tech ADR	Foreign stock	N/A	N/A	0.000%	9,006	1,376,027	1,681,420
Cisco Sys Inc	Common stock	N/A	N/A	2.000%	60,338	2,995,501	3,572,010
Clorox	Common stock	N/A	N/A	5.000%	8,012	1,142,431	1,301,229
Conocophillips	Common stock	N/A	N/A	3.000%	23,778	2,765,004	2,358,064
Cvs Health Corp	Common stock	N/A	N/A	3.000%	29,842	2,356,324	1,339,607
Deckers Outdoor Corp	Common stock	N/A	N/A	0.000%	9,162	1,020,693	1,860,711
Ebay Inc	Common stock	N/A	N/A	1.000%	47,636	2,077,882	2,951,050
Exxon Mobil Corporation	Common stock	N/A	N/A	4.000%	19,162	1,915,817	2,061,256
Gentex Corp	Common stock	N/A	N/A	0.000%	76,012	2,388,819	2,183,825
Goldman Sachs Group Inc	Common stock	N/A	N/A	12.000%	4,663	1,798,846	2,670,127
Graco Inc	Common stock	N/A	N/A	1.000%	20,011	1,711,455	1,686,727
Hologic Inc	Common stock	N/A	N/A	0.000%	24,024	1,738,368	1,731,890
Host Hotels & Resorts, Inc.	Real estate investment trust	N/A	N/A	1.000%	39,113	761,530	685,260
Kimberly Clark Corp	Common stock	N/A	N/A	5.000%	14,491	1,764,222	1,898,901
Masco Corp	Common stock	N/A	N/A	1.000%	20,350	1,363,043	1,476,800
Medpace Hldgs Inc	Common stock	N/A	N/A	0.000%	5,835	1,788,603	1,938,562
Moelis & Co	Common stock	N/A	N/A	3.000%	21,525	1,208,198	1,590,267
Monster Beverage Corp New	Common stock	N/A	N/A	0.000%	30,807	1,774,791	1,619,216
Newmont Mng Corp	Common stock	N/A	N/A	1.000%	64,330	2,503,722	2,394,363
Nrg Energy Inc	Common stock	N/A	N/A	2.000%	18,755	969,634	1,692,076
Paychex Inc	Common stock	N/A	N/A	4.000%	22,104	2,673,685	3,099,423
Public Storage	Real estate investment trust	N/A	N/A	12.000%	2,376	724,680	711,469
Quest Diagnostics Inc	Common stock	N/A	N/A	3.000%	11,677	1,610,025	1,761,592
Sei Investment Company	Common stock	N/A	N/A	1.000%	30,554	1,989,279	2,520,094
Smith A O Corp	Common stock	N/A	N/A	1.000%	16,368	1,349,378	1,116,461
Snap On Inc	Common stock	N/A	N/A	9.000%	11,016	3,119,848	3,739,712
Stryker Corp	Common stock	N/A	N/A	3.000%	3,668	1,098,419	1,320,663
Teradyne Inc	Common stock	N/A	N/A	0.000%	16,824	1,825,740	2,118,478
United Therapeutics Corp Del	Common stock	N/A	N/A	0.000%	8,882	2,429,892	3,133,925
Verizon Comms Inc	Common stock	N/A	N/A	3.000%	62,572	2,358,964	2,502,254
Yeti Hldgs Inc	Common stock	N/A	N/A	0.000%	97,512	4,249,801	3,755,187
Total stocks						73,729,361	82,991,544
Registered investment companies:							
Goldman Sachs Financial Square Principa	Short-term investment	N/A	N/A	4.230%	2,562,207	2,562,207	2,562,207
Ishares Tr	Closed-end mutual fund	N/A	N/A	7.960%	42,555	20,325,545	25,051,278
Total registered investment companies						22,887,752	27,613,485
Interest-bearing cash:							
Branch Banking & Trust Co.	Cert of deposit	N/A	N/A	0.008%	1,502,506	1,502,506	1,502,506
Total interest-bearing cash						1,502,506	1,502,506
Total investments						\$ 421,129,318	\$ 434,208,835

<p>Form 5500</p> <p>Department of the Treasury Internal Revenue Service</p> <p>Department of Labor Employee Benefits Security Administration</p> <p>Pension Benefit Guaranty Corporation</p>	<p>Annual Return/Report of Employee Benefit Plan</p> <p>This form is required to be filed for employee benefit plans under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA) and sections 6057(b) and 6058(a) of the Internal Revenue Code (the Code).</p> <p>▶ Complete all entries in accordance with the instructions to the Form 5500.</p>	<p>OMB Nos. 1210 - 0110 1210 - 0089</p> <p style="font-size: 24pt; font-weight: bold;">2024</p> <p>This Form is Open to Public Inspection</p>
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Part I Annual Report Identification Information

For calendar plan year 2024 or fiscal plan year beginning 01/01/2024 and ending 12/31/2024

A This return/report is for: a multiemployer plan a multiple-employer plan (Filers checking this box must provide participating employer information in accordance with the form instructions.)

B This return/report is: a single-employer plan a DFE (specify) _____
 the first return/report the final return/report
 an amended return/report a short plan year return/report (less than 12 months)

C If the plan is a collectively-bargained plan, check here

D Check box if filing under: Form 5558 automatic extension the DFVC program
 special extension (enter description) _____

E If this is a retroactively adopted plan permitted by SECURE Act section 201, check here

Part II Basic Plan Information - enter all requested information

1a Name of plan SEAFARERS HEALTH AND BENEFITS PLAN	1b Three-digit plan number (PN) ▶	501
	1c Effective date of plan	07/01/1950
2a Plan sponsor's name (employer, if for a single-employer plan) Mailing address (include room, apt., suite no. and street, or P.O. Box) City or town, state or province, country, and ZIP or foreign postal code (if foreign, see instructions) BOARD OF TRUSTEES SEAFARERS HEALTH AND BENEFITS PLA 5201 CAPITAL GATEWAY DRIVE CAMP SPRINGS MD 20746	2b Employer Identification Number (EIN)	13-5557534
	2c Plan Sponsor's telephone number	301-899-0675
	2d Business code (see instructions)	483000

Caution: A penalty for the late or incomplete filing of this return/report will be assessed unless reasonable cause is established.

Under penalties of perjury and other penalties set forth in the instructions, I declare that I have examined this return/report, including accompanying schedules, statements and attachments, as well as the electronic version of this return/report, and to the best of my knowledge and belief, it is true, correct, and complete.

SIGN HERE			THOMAS ORZECHOWSKI
	Signature of plan administrator	Date	Enter name of individual signing as plan administrator
SIGN HERE			ANTHONY NACCARATO
	Signature of employer/plan sponsor	Date	Enter name of individual signing as employer or plan sponsor
SIGN HERE	October 14, 2025 11:12 AM		
	Signature of DFE	Date	Enter name of individual signing as DFE

For Paperwork Reduction Act Notice, see the Instructions for Form 5500. Form 5500 (2024)
v. 240311

Seafarers Health and Benefits Plan
Schedule H, Line 4j – Schedule of Reportable Transactions
Plan #501 / EIN: 13-5557534
December 31, 2024

(a)	(b)	(c)	(d)	(g)	(h)	(i)
Description of asset	Purchase price	Selling price	Cost of asset	Current value of asset on transaction date	Net gain or (loss)	
Single transaction:						
Goldman Sachs Fin Sq Govt Inst	\$ 50,836,719	\$ -	\$ -	\$ 50,836,719	\$ -	
US Treasury Note 3.625% 09/30/2031	42,953,355	-	-	42,953,355	-	
US Treasury Note 4.25% 06/30/2031	-	24,587,824	23,632,453	24,587,824	955,371	
Goldman Sachs Fin Sq Govt Inst	-	42,957,633	42,957,633	42,957,633	-	
US Treasury Note 4.125% 10/31/2031	24,239,967	-	-	24,239,967	-	
Series of transactions:						
Total GOLDMAN SACHS FIN SQ GOVT INST	\$ 148,485,057	\$ 156,219,293	\$ 156,219,293	\$ 304,704,350	\$ -	
Total US TREASURY NOTE 3.625% 09/30/2031 Ser Q	43,245,328	13,919,747	14,418,442	57,165,076	(498,695)	
Total US TREASURY NOTE 00.00% 08/15/2034 Ser E	27,612,416	26,113,460	26,686,298	53,725,876	(572,838)	
Total UNITED STATES TREAS NTS 05/15/2034 Ser C	25,047,514	25,727,304	25,047,514	50,774,818	679,790	
Total US TREASURY NOTE 4.25% 06/30/2031 Ser M-	23,632,453	24,587,824	23,632,453	48,220,277	955,371	
Total US TREASURY NOTE 4.125% 07/31/2031 Ser N-	12,221,934	12,433,758	12,221,934	24,655,692	211,824	
Total US TREASURY NOTE 06/30/2029 Ser AA-2029	10,448,556	10,727,821	10,448,556	21,176,377	279,265	

The following items are not applicable:

- (a) Identity of party involved
- (e) Lease rental
- (f) Expenses incurred with transaction