Form 5500

Department of the Treasury
Internal Revenue Service

Department of Labor
Employee Benefits Security Administration

Pension Benefit Guaranty Corporation

Annual Return/Report of Employee Benefit Plan

This form is required to be filed for employee benefit plans under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA) and sections 6057(b) and 6058(a) of the Internal Revenue Code (the Code).

▶ **Complete all entries in accordance with the instructions to the Form 5500.**

OMB Nos. 1210-0110
1210-0089

2025

This Form is Open to Public Inspection

Part I Annual Report Identification Information

For calendar plan year 2025 or fiscal plan year beginning 01/01/2025 and ending 12/31/2025

A This return/report is for:
- [ ] a multiemployer plan
- [ ] a multiple-employer plan (Filers checking this box must provide participating employer information in accordance with the form instructions.)
- [X] a single-employer plan
- [ ] a DFE (specify) _____

B This return/report is:
- [ ] the first return/report
- [ ] the final return/report
- [ ] an amended return/report
- [ ] a short plan year return/report (less than 12 months)

C If the plan is a collectively-bargained plan, check here. . . . . ▶ [X]

D Check box if filing under:
- [X] Form 5558
- [ ] automatic extension
- [ ] the DFVC program
- [ ] special extension (enter description)

E If this is a retroactively adopted plan permitted by SECURE Act section 201, check here. . . . . ▶ [ ]

Part II Basic Plan Information—enter all requested information

1a Name of plan
MFA 401(K) PLAN

1b Three-digit plan number (PN) ▶ 001

1c Effective date of plan 01/01/1995

2a Plan sponsor's name (employer, if for a single-employer plan)
Mailing address (include room, apt., suite no. and street, or P.O. Box)
City or town, state or province, country, and ZIP or foreign postal code (if foreign, see instructions)
MFA BENEFITS LLC

400 BOULEVARD OF THE AMERICAS
SUITE 401
LAKEWOOD, NJ 08701

2b Employer Identification Number (EIN)
54-1278483

2c Plan Sponsor's telephone number
540-989-3618

2d Business code (see instructions)
623000

Caution: A penalty for the late or incomplete filing of this return/report will be assessed unless reasonable cause is established.

Under penalties of perjury and other penalties set forth in the instructions, I declare that I have examined this return/report, including accompanying schedules, statements and attachments, as well as the electronic version of this return/report, and to the best of my knowledge and belief, it is true, correct, and complete.

SIGN HERE	Filed with authorized/valid electronic signature.	10/07/2026	MARINDA WILSON-RILEY
	Signature of plan administrator	Date	Enter name of individual signing as plan administrator
SIGN HERE			
	Signature of employer/plan sponsor	Date	Enter name of individual signing as employer or plan sponsor
SIGN HERE			
	Signature of DFE	Date	Enter name of individual signing as DFE

3a Plan administrator's name and address [X] Same as Plan Sponsor

3b Administrator's EIN

3c Administrator's telephone number

4 If the name and/or EIN of the plan sponsor or the plan name has changed since the last return/report filed for this plan, enter the plan sponsor's name, EIN, the plan name and the plan number from the last return/report:

a Sponsor's name

4b EIN

c Plan Name

4d PN

5	Total number of participants at the beginning of the plan year	**5**	14985
6	Number of participants as of the end of the plan year unless otherwise stated (welfare plans complete only lines **6a(1), 6a(2), 6b, 6c,** and **6d**).		
a(1)	Total number of active participants at the beginning of the plan year	**6a(1)**	13826
a(2)	Total number of active participants at the end of the plan year	**6a(2)**	9745
b	Retired or separated participants receiving benefits	**6b**	21
c	Other retired or separated participants entitled to future benefits	**6c**	1198
d	Subtotal. Add lines **6a(2)**, **6b**, and **6c**.	**6d**	10964
e	Deceased participants whose beneficiaries are receiving or are entitled to receive benefits.	**6e**	1
f	Total. Add lines **6d** and **6e**.	**6f**	10965
g(1)	Number of participants with account balances as of the beginning of the plan year (only defined contribution plans complete this item)	**6g(1)**	3408
g(2)	Number of participants with account balances as of the end of the plan year (only defined contribution plans complete this item)	**6g(2)**	3423
h	Number of participants who terminated employment during the plan year with accrued benefits that were less than 100% vested.	**6h**	258
7	Enter the total number of employers obligated to contribute to the plan (only multiemployer plans complete this item)	**7**	

8a If the plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Characteristic Codes in the instructions:

2E 2F 2G 2J 2K 2T 3B 3D

b If the plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Characteristic Codes in the instructions:

9a Plan funding arrangement (check all that apply)

- **(1)** [ ] Insurance
- **(2)** [ ] Code section 412(e)(3) insurance contracts
- **(3)** [X] Trust
- **(4)** [ ] General assets of the sponsor

9b Plan benefit arrangement (check all that apply)

- **(1)** [ ] Insurance
- **(2)** [ ] Code section 412(e)(3) insurance contracts
- **(3)** [X] Trust
- **(4)** [ ] General assets of the sponsor

10 Check all applicable boxes in 10a and 10b to indicate which schedules are attached, and, where indicated, enter the number attached. (See instructions)

a Pension Schedules

- **(1)** [X] **R** (Retirement Plan Information)
- **(2)** [ ] **MB** (Multiemployer Defined Benefit Plan and Certain Money Purchase Plan Actuarial Information) - signed by the plan actuary
- **(3)** [ ] **SB** (Single-Employer Defined Benefit Plan Actuarial Information) - signed by the plan actuary
- **(4)** [ ] **DCG** (Individual Plan Information) – Number Attached _____
- **(5)** [ ] **MEP** (Multiple-Employer Retirement Plan Information)

b General Schedules

- **(1)** [X] **H** (Financial Information)
- **(2)** [ ] **I** (Financial Information – Small Plan)
- **(3)** [ ] **A** (Insurance Information) – Number Attached 0
- **(4)** [X] **C** (Service Provider Information)
- **(5)** [ ] **D** (DFE/Participating Plan Information)
- **(6)** [ ] **G** (Financial Transaction Schedules)

Part III Form M-1 Compliance Information (to be completed by welfare benefit plans)

11a If the plan provides welfare benefits, was the plan subject to the Form M-1 filing requirements during the plan year? (See instructions and 29 CFR 2520.101-2.) ..... ☐ Yes ☐ No

If "Yes" is checked, complete lines 11b and 11c.

11b Is the plan currently in compliance with the Form M-1 filing requirements? (See instructions and 29 CFR 2520.101-2.) ..... ☐ Yes ☐ No

11c Enter the Receipt Confirmation Code for the 2025 Form M-1 annual report. If the plan was not required to file the 2025 Form M-1 annual report, enter the Receipt Confirmation Code for the most recent Form M-1 that was required to be filed under the Form M-1 filing requirements. (Failure to enter a valid Receipt Confirmation Code will subject the Form 5500 filing to rejection as incomplete.)

Receipt Confirmation Code_____

SCHEDULE C (Form 5500)	Service Provider Information	OMB No. 1210-0110
Department of the Treasury Internal Revenue Service Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation	This schedule is required to be filed under section 104 of the Employee Retirement Income Security Act of 1974 (ERISA). ▶ **File as an attachment to Form 5500.**	**2025** **This Form is Open to Public Inspection.**

For calendar plan year 2025 or fiscal plan year beginning 01/01/2025 and ending 12/31/2025

A Name of plan
MFA 401(K) PLAN

B Three-digit plan number (PN) ▶ 001

C Plan sponsor's name as shown on line 2a of Form 5500
MFA BENEFITS LLC

D Employer Identification Number (EIN)
54-1278483

Part I Service Provider Information (see instructions)

You must complete this Part, in accordance with the instructions, to report the information required for **each person** who received, directly or indirectly, $5,000 or more in total compensation (i.e., money or anything else of monetary value) in connection with services rendered to the plan or the person's position with the plan during the plan year. If a person received **only** eligible indirect compensation for which the plan received the required disclosures, you are required to answer line 1 but are not required to include that person when completing the remainder of this Part.

1 Information on Persons Receiving Only Eligible Indirect Compensation

a Check "Yes" or "No" to indicate whether you are excluding a person from the remainder of this Part because they received only eligible indirect compensation for which the plan received the required disclosures (see instructions for definitions and conditions).. . . . . [X] Yes [ ] No

b If you answered line 1a "Yes," enter the name and EIN or address of each person providing the required disclosures for the service providers who received only eligible indirect compensation. Complete as many entries as needed (see instructions).

(b) Enter name and EIN or address of person who provided you disclosures on eligible indirect compensation

FIDELITY WORKPLACE SERVICES LLC

04-3532603

(b) Enter name and EIN or address of person who provided you disclosures on eligible indirect compensation

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2. Information on Other Service Providers Receiving Direct or Indirect Compensation. Except for those persons for whom you answered "Yes" to line 1a above, complete as many entries as needed to list each person receiving, directly or indirectly, $5,000 or more in total compensation (i.e., money or anything else of value) in connection with services rendered to the plan or their position with the plan during the plan year. (See instructions).

(a) Enter name and EIN or address (see instructions)

FIDELITY WORKPLACE SERVICES, LLC

04-3532603

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
14 24 37 64 65	PLAN ADMINISTRATOR	158276	Yes [X] No [ ]	Yes [X] No [ ]	0	Yes [X] No [ ]

(a) Enter name and EIN or address (see instructions)

CAMBRIDGE INVESTMENT RESEARCH

42-1445429

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
27	ADVISOR	103005	Yes [ ] No [X]	Yes [ ] No [ ]		Yes [ ] No [ ]

(a) Enter name and EIN or address (see instructions)

ABLE WEALTH MANAGEMENT LLC

83-1095109

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
16	OTHER SERVICES	102526	Yes [ ] No [X]	Yes [ ] No [ ]		Yes [ ] No [ ]

2. Information on Other Service Providers Receiving Direct or Indirect Compensation. Except for those persons for whom you answered "Yes" to line 1a above, complete as many entries as needed to list each person receiving, directly or indirectly, $5,000 or more in total compensation (i.e., money or anything else of value) in connection with services rendered to the plan or their position with the plan during the plan year. (See instructions).

(a) Enter name and EIN or address (see instructions)

ABLE WEALTH MANAGEMENT

83-1092109

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
16	CONSULTANT	26830	Yes [ ] No [X]	Yes [ ] No [ ]		Yes [ ] No [ ]

(a) Enter name and EIN or address (see instructions)

GGM ASSOCIATES INC

84-4230150

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
10	ACCOUNTANT/AUDITOR	20000	Yes [ ] No [X]	Yes [ ] No [ ]		Yes [ ] No [ ]

(a) Enter name and EIN or address (see instructions)

STRATEGIC ADVISERS LLC

04-2654524

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
27	ADVISOR	12405	Yes [ ] No [X]	Yes [ ] No [ ]		Yes [ ] No [ ]

Part I Service Provider Information (continued)

3. If you reported on line 2 receipt of indirect compensation, other than eligible indirect compensation, by a service provider, and the service provider is a fiduciary or provides contract administrator, consulting, custodial, investment advisory, investment management, broker, or recordkeeping services, answer the following questions for (a) each source from whom the service provider received $1,000 or more in indirect compensation and (b) each source for whom the service provider gave you a formula used to determine the indirect compensation instead of an amount or estimated amount of the indirect compensation. Complete as many entries as needed to report the required information for each source.

(a) Enter service provider name as it appears on line 2	**(b)** Service Codes (see instructions)	**(c)** Enter amount of indirect compensation
(d) Enter name and EIN (address) of source of indirect compensation	**(e)** Describe the indirect compensation, including any formula used to determine the service provider's eligibility for or the amount of the indirect compensation.	

(a) Enter service provider name as it appears on line 2	**(b)** Service Codes (see instructions)	**(c)** Enter amount of indirect compensation
(d) Enter name and EIN (address) of source of indirect compensation	**(e)** Describe the indirect compensation, including any formula used to determine the service provider's eligibility for or the amount of the indirect compensation.	

(a) Enter service provider name as it appears on line 2	**(b)** Service Codes (see instructions)	**(c)** Enter amount of indirect compensation
(d) Enter name and EIN (address) of source of indirect compensation	**(e)** Describe the indirect compensation, including any formula used to determine the service provider's eligibility for or the amount of the indirect compensation.	

Part II Service Providers Who Fail or Refuse to Provide Information

4 Provide, to the extent possible, the following information for each service provider who failed or refused to provide the information necessary to complete this Schedule.

(a) Enter name and EIN or address of service provider (see instructions)	**(b)** Nature of Service Code(s)	**(c)** Describe the information that the service provider failed or refused to provide

(a) Enter name and EIN or address of service provider (see instructions)	**(b)** Nature of Service Code(s)	**(c)** Describe the information that the service provider failed or refused to provide

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(a) Enter name and EIN or address of service provider (see instructions)	**(b)** Nature of Service Code(s)	**(c)** Describe the information that the service provider failed or refused to provide

Part III Termination Information on Accountants and Enrolled Actuaries (see instructions)

(complete as many entries as needed)

a Name:

b EIN:

c Position:

d Address:

e Telephone:

Explanation:

a Name:

b EIN:

c Position:

d Address:

e Telephone:

Explanation:

a Name:

b EIN:

c Position:

d Address:

e Telephone:

Explanation:

a Name:

b EIN:

c Position:

d Address:

e Telephone:

Explanation:

a Name:

b EIN:

c Position:

d Address:

e Telephone:

Explanation:

SCHEDULE H (Form 5500)

Department of the Treasury
Internal Revenue Service

Department of Labor
Employee Benefits Security Administration

Pension Benefit Guaranty Corporation

Financial Information

This schedule is required to be filed under section 104 of the Employee Retirement Income Security Act of 1974 (ERISA), and section 6058(a) of the Internal Revenue Code (the Code).

▶ **File as an attachment to Form 5500.**

OMB No. 1210-0110

2025

This Form is Open to Public Inspection

For calendar plan year 2025 or fiscal plan year beginning 01/01/2025 and ending 12/31/2025

A Name of plan
MFA 401(K) PLAN

B Three-digit plan number (PN) ▶ 001

C Plan sponsor's name as shown on line 2a of Form 5500
MFA BENEFITS LLC

D Employer Identification Number (EIN)
54-1278483

Part I Asset and Liability Statement

1 Current value of plan assets and liabilities at the beginning and end of the plan year. Combine the value of plan assets held in more than one trust. Report the value of the plan's interest in a commingled fund containing the assets of more than one plan on a line-by-line basis unless the value is reportable on lines 1c(9) through 1c(14). Do not enter the value of that portion of an insurance contract which guarantees, during this plan year, to pay a specific dollar benefit at a future date. **Round off amounts to the nearest dollar.** MTIAs, CCTs, PSAs, and 103-12 IEs do not complete lines 1b(1), 1b(2), 1c(8), 1g, 1h, and 1i. CCTs, PSAs, and 103-12 IEs also do not complete lines 1d and 1e. See instructions.

Assets		(a) Beginning of Year	(b) End of Year
a Total noninterest-bearing cash	1a	0	0
b Receivables (less allowance for doubtful accounts):			
(1) Employer contributions	1b(1)	0	0
(2) Participant contributions	1b(2)	0	0
(3) Other	1b(3)	0	0
c General investments:			
(1) Interest-bearing cash (include money market accounts & certificates of deposit)	1c(1)	2665396	2809799
(2) U.S. Government securities	1c(2)	0	0
(3) Corporate debt instruments (other than employer securities):			
(A) Preferred	1c(3)(A)	0	0
(B) All other	1c(3)(B)	0	0
(4) Corporate stocks (other than employer securities):			
(A) Preferred	1c(4)(A)	0	0
(B) Common	1c(4)(B)	0	0
(5) Partnership/joint venture interests	1c(5)	0	0
(6) Real estate (other than employer real property)	1c(6)	0	0
(7) Loans (other than to participants)	1c(7)	0	0
(8) Participant loans	1c(8)	1512759	1591979
(9) Value of interest in common/collective trusts	1c(9)	0	0
(10) Value of interest in pooled separate accounts	1c(10)	0	0
(11) Value of interest in master trust investment accounts	1c(11)	0	0
(12) Value of interest in 103-12 investment entities	1c(12)	0	0
(13) Value of interest in registered investment companies (e.g., mutual funds)	1c(13)	96370089	113730869
(14) Value of funds held in insurance company general account (unallocated contracts)	1c(14)	0	0
(15) Other	1c(15)	0	0

		(a) Beginning of Year	(b) End of Year
1d Employer-related investments:			
(1) Employer securities	1d(1)	0	0
(2) Employer real property	1d(2)	0	0
1e Buildings and other property used in plan operation	1e	0	0
1f Total assets (add all amounts in lines 1a through 1e)	1f	100548244	118132647
Liabilities			
1g Benefit claims payable	1g	0	0
1h Operating payables	1h	0	0
1i Acquisition indebtedness	1i	0	0
1j Other liabilities	1j	0	0
1k Total liabilities (add all amounts in lines 1g through1j)	1k	0	0
Net Assets			
1l Net assets (subtract line 1k from line 1f)	1l	100548244	118132647

Part II Income and Expense Statement

2 Plan income, expenses, and changes in net assets for the year. Include all income and expenses of the plan, including any trust(s) or separately maintained fund(s) and any payments/receipts to/from insurance carriers. Round off amounts to the nearest dollar. MTIAs, CCTs, PSAs, and 103-12 IEs do not complete lines 2a, 2b(1)(E), 2e, 2f, and 2g.

Income		(a) Amount	(b) Total
a Contributions:			
(1) Received or receivable in cash from: **(A)** Employers	2a(1)(A)	1052182	
(B) Participants	2a(1)(B)	9198348	
(C) Others (including rollovers)	2a(1)(C)	1682634	
(2) Noncash contributions	2a(2)	0	
(3) Total contributions. Add lines **2a(1)(A), (B), (C),** and line **2a(2)**	2a(3)		11933164
b Earnings on investments:			
(1) Interest:			
(A) Interest-bearing cash (including money market accounts and certificates of deposit)	2b(1)(A)	114017	
(B) U.S. Government securities	2b(1)(B)	0	
(C) Corporate debt instruments	2b(1)(C)	0	
(D) Loans (other than to participants)	2b(1)(D)	0	
(E) Participant loans	2b(1)(E)	131864	
(F) Other	2b(1)(F)	0	
(G) Total interest. Add lines **2b(1)(A)** through **(F)**	2b(1)(G)		245881
(2) Dividends: **(A)** Preferred stock	2b(2)(A)	0	
(B) Common stock	2b(2)(B)	0	
(C) Registered investment company shares (e.g. mutual funds)	2b(2)(C)	5453985	
(D) Total dividends. Add lines **2b(2)(A)**, **(B)**, and **(C)**	2b(2)(D)		5453985
(3) Rents	2b(3)		0
(4) Net gain (loss) on sale of assets: **(A)** Aggregate proceeds	2b(4)(A)	0	
(B) Aggregate carrying amount (see instructions)	2b(4)(B)	0	
(C) Subtract line **2b(4)(B)** from line **2b(4)(A)** and enter result	2b(4)(C)		0
(5) Unrealized appreciation (depreciation) of assets: **(A)** Real estate	2b(5)(A)	0	
(B) Other	2b(5)(B)	0	
(C) Total unrealized appreciation of assets. Add lines **2b(5)(A)** and **(B)**	2b(5)(C)		0

		(a) Amount	(b) Total
(6) Net investment gain (loss) from common/collective trusts	2b(6)		0
(7) Net investment gain (loss) from pooled separate accounts	2b(7)		0
(8) Net investment gain (loss) from master trust investment accounts	2b(8)		0
(9) Net investment gain (loss) from 103-12 investment entities	2b(9)		0
(10) Net investment gain (loss) from registered investment companies (e.g., mutual funds)	2b(10)		13831824
c Other income	2c		0
d Total income. Add all **income** amounts in column (b) and enter total	2d		31464854
Expenses			
e Benefit payment and payments to provide benefits:			
(1) Directly to participants or beneficiaries, including direct rollovers	2e(1)	13286122	
(2) To insurance carriers for the provision of benefits	2e(2)	0	
(3) Other	2e(3)	0	
(4) Total benefit payments. Add lines **2e(1)** through **(3)**	2e(4)		13286122
f Corrective distributions (see instructions)	2f		36483
g Certain deemed distributions of participant loans (see instructions)	2g		134803
h Interest expense	2h		0
i Administrative expenses:			
(1) Salaries and allowances	2i(1)	0	
(2) Contract administrator fees	2i(2)	27475	
(3) Recordkeeping fees	2i(3)	155434	
(4) IQPA audit fees	2i(4)	20000	
(5) Investment advisory and investment management fees	2i(5)	115411	
(6) Bank or trust company trustee/custodial fees	2i(6)	0	
(7) Actuarial fees	2i(7)	0	
(8) Legal fees	2i(8)	0	
(9) Valuation/appraisal fees	2i(9)	0	
(10) Other trustee fees and expenses	2i(10)	0	
(11) Other expenses	2i(11)	104723	
(12) Total administrative expenses. Add lines **2i(1)** through **(11)**	2i(12)		423043
j Total expenses. Add all **expense** amounts in column (b) and enter total	2j		13880451
Net Income and Reconciliation			
k Net income (loss). Subtract line **2j** from line **2d**	2k		17584403
l Transfers of assets:			
(1) To this plan	2l(1)		0
(2) From this plan	2l(2)		0

Part III Accountant's Opinion

3 Complete lines 3a through 3c if the opinion of an independent qualified public accountant is attached to this Form 5500. Complete line 3d if an opinion is not attached.

a The attached opinion of an independent qualified public accountant for this plan is (see instructions):

(1) [X] Unmodified **(2)** [ ] Qualified **(3)** [ ] Disclaimer **(4)** [ ] Adverse

b Check the appropriate box(es) to indicate whether the IQPA performed an ERISA section 103(a)(3)(C) audit. Check both boxes (1) and (2) if the audit was performed pursuant to both 29 CFR 2520.103-8 and 29 CFR 2520.103-12(d). Check box (3) if pursuant to neither.

(1) [X] DOL Regulation 2520.103-8 **(2)** [ ] DOL Regulation 2520.103-12(d) **(3)** [ ] neither DOL Regulation 2520.103-8 nor DOL Regulation 2520.103-12(d).

c Enter the name and EIN of the accountant (or accounting firm) below:

(1) Name: GGM ASSOCIATES INC **(2)** EIN: 84-4230150

d The opinion of an independent qualified public accountant is **not attached** as part of Schedule H because:

(1) [ ] This form is filed for a CCT, PSA, DCG or MTIA. **(2)** [ ] It will be attached to the next Form 5500 pursuant to 29 CFR 2520.104-50.

Part IV Compliance Questions

4 CCTs and PSAs do not complete Part IV. MTIAs, 103-12 IEs, and GIAs do not complete lines 4a, 4e, 4f, 4g, 4h, 4k, 4m, 4n, or 5. 103-12 IEs also do not complete lines 4j and 4l. MTIAs also do not complete line 4l. DCGs do not complete lines 4e, 4f, 4k, 4l, and 5, and DCGs generally complete the rest of Part IV collectively for all plans in the DCG, except as otherwise provided (see instructions).

During the plan year:

		Yes	No	Amount
a Was there a failure to transmit to the plan any participant contributions within the time period described in 29 CFR 2510.3-102? Continue to answer "Yes" for any prior year failures until fully corrected. (See instructions and DOL's Voluntary Fiduciary Correction Program.)	**4a**		X	
b Were any loans by the plan or fixed income obligations due the plan in default as of the close of the plan year or classified during the year as uncollectible? Disregard participant loans secured by participant's account balance. (Attach Schedule G (Form 5500) Part I if "Yes" is checked.)	**4b**		X	
c Were any leases to which the plan was a party in default or classified during the year as uncollectible? (Attach Schedule G (Form 5500) Part II if "Yes" is checked.)	**4c**		X	
d Were there any nonexempt transactions with any party-in-interest? (Do not include transactions reported on line 4a. Attach Schedule G (Form 5500) Part III if "Yes" is checked.)	**4d**		X	
e Was this plan covered by a fidelity bond?	**4e**	X		1500000
f Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesty?	**4f**		X	
g Did the plan hold any assets whose current value was neither readily determinable on an established market nor set by an independent third party appraiser?	**4g**		X	
h Did the plan receive any noncash contributions whose value was neither readily determinable on an established market nor set by an independent third party appraiser?	**4h**		X	
i Did the plan have assets held for investment? (Attach schedule(s) of assets if "Yes" is checked, and see instructions for format requirements.)	**4i**	X		
j Were any plan transactions or series of transactions in excess of 5% of the current value of plan assets? (Attach schedule of transactions if "Yes" is checked and see instructions for format requirements.)	**4j**		X	
k Were all the plan assets either distributed to participants or beneficiaries, transferred to another plan, or brought under the control of the PBGC?	**4k**		X	
l Has the plan failed to provide any benefit when due under the plan?	**4l**		X	
m If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3.)	**4m**		X	
n If 4m was answered "Yes," check the "Yes" box if you either provided the required notice or one of the exceptions to providing the notice applied under 29 CFR 2520.101-3.	**4n**			

5a Has a resolution to terminate the plan been adopted during the plan year or any prior plan year? [ ] Yes [X] No

If "Yes," enter the amount of any plan assets that reverted to the employer this year _____.

5b If, during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify the plan(s) to which assets or liabilities were transferred. (See instructions.)

5b(1) Name of plan(s)	**5b(2)** EIN(s)	**5b(3)** PN(s)

5c Was the plan a defined benefit plan covered under the PBGC insurance program at any time during this plan year? (See ERISA section 4021 and instructions.) ..... ☐ Yes ☐ No ☐ Not determined

If "Yes" is checked, enter the My PAA confirmation number from the PBGC premium filing for this plan year _____.

SCHEDULE R (Form 5500)

Department of the Treasury
Internal Revenue Service

Department of Labor
Employee Benefits Security Administration

Pension Benefit Guaranty Corporation

Retirement Plan Information

This schedule is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA) and section 6058(a) of the Internal Revenue Code (the Code).

▶ **File as an attachment to Form 5500.**

OMB No. 1210-0110

2025

This Form is Open to Public Inspection.

For calendar plan year 2025 or fiscal plan year beginning 01/01/2025 and ending 12/31/2025

A Name of plan
MFA 401(K) PLAN

B Three-digit plan number (PN) ▶ 001

C Plan sponsor's name as shown on line 2a of Form 5500
MFA BENEFITS LLC

D Employer Identification Number (EIN)
54-1278483

Part I Distributions

All references to distributions relate only to payments of benefits during the plan year.

1 Total value of distributions paid in property other than in cash or the forms of property specified in the instructions **1**

2 Enter the EIN(s) of payor(s) who paid benefits on behalf of the plan to participants or beneficiaries during the year (if more than two, enter EINs of the two payors who paid the greatest dollar amounts of benefits):

EIN(s): 04-6568107

Profit-sharing plans, ESOPs, and stock bonus plans, skip line 3.

3 Number of participants (living or deceased) whose benefits were distributed in a single sum, during the plan year **3**

Part II Funding Information (If the plan is not subject to the minimum funding requirements of section 412 of the Internal Revenue Code or ERISA section 302, skip this Part.)

4 Is the plan administrator making an election under Code section 412(d)(2) or ERISA section 302(d)(2)? ..... ☐ **Yes** ☐ **No** ☐ **N/A**

If the plan is a defined benefit plan, go to line 8.

5 If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instructions and enter the date of the ruling letter granting the waiver. **Date:** Month _____ Day _____ Year _____

If you completed line 5, complete lines 3, 9, and 10 of Schedule MB and do not complete the remainder of this schedule.

6 a Enter the minimum required contribution for this plan year (include any prior year accumulated funding deficiency not waived) **6a**

b Enter the amount contributed by the employer to the plan for this plan year **6b**

c Subtract the amount in line 6b from the amount in line 6a. Enter the result (enter a minus sign to the left of a negative amount) **6c**

If you completed line 6c, skip lines 8 and 9.

7 Will the minimum funding amount reported on line 6c be met by the funding deadline? ..... ☐ **Yes** ☐ **No** ☐ **N/A**

8 If a change in actuarial cost method was made for this plan year pursuant to a revenue procedure or other authority providing automatic approval for the change or a class ruling letter, does the plan sponsor or plan administrator agree with the change? ..... ☐ **Yes** ☐ **No** ☐ **N/A**

Part III Amendments

9 If this is a defined benefit pension plan, were any amendments adopted during this plan year that increased or decreased the value of benefits? If yes, check the appropriate box. If no, check the "No" box. ..... ☐ **Increase** ☐ **Decrease** ☐ **Both** ☐ **No**

Part IV ESOPs (see instructions). If this is not a plan described under section 409(a) or 4975(e)(7) of the Internal Revenue Code, skip this Part.

10 Were unallocated employer securities or proceeds from the sale of unallocated securities used to repay any exempt loan? ..... ☐ **Yes** ☐ **No**

11 a Does the ESOP hold any preferred stock? ..... ☐ **Yes** ☐ **No**

b If the ESOP has an outstanding exempt loan with the employer as lender, is such loan part of a "back-to-back" loan? (See instructions for definition of "back-to-back" loan.) ..... ☐ **Yes** ☐ **No**

12 Does the ESOP hold any stock that is not readily tradable on an established securities market? ..... ☐ **Yes** ☐ **No**

Part V Additional Information for Multiemployer Defined Benefit Pension Plans

13 Enter the following information for each employer that (1) contributed more than 5% of total contributions to the plan during the plan year or (2) was one of the top-ten highest contributors (measured in dollars). See instructions. *Complete as many entries as needed to report all applicable employers.*

a Name of contributing employer

b EIN **c** Dollar amount contributed by employer

d Date collective bargaining agreement expires *(If employer contributes under more than one collective bargaining agreement, check box* ☐ *and see instructions regarding required attachment. Otherwise, enter the applicable date.)* Month _____ Day _____ Year _____

e Contribution rate information *(If more than one rate applies, check this box* ☐ *and see instructions regarding required attachment. Otherwise, complete lines 13e(1) and 13e(2).)*
(1) Contribution rate (in dollars and cents) _____
(2) Base unit measure: ☐ Hourly ☐ Weekly ☐ Unit of production ☐ Other (specify):

---

a Name of contributing employer

b EIN **c** Dollar amount contributed by employer

d Date collective bargaining agreement expires *(If employer contributes under more than one collective bargaining agreement, check box* ☐ *and see instructions regarding required attachment. Otherwise, enter the applicable date.)* Month _____ Day _____ Year _____

e Contribution rate information *(If more than one rate applies, check this box* ☐ *and see instructions regarding required attachment. Otherwise, complete lines 13e(1) and 13e(2).)*
(1) Contribution rate (in dollars and cents) _____
(2) Base unit measure: ☐ Hourly ☐ Weekly ☐ Unit of production ☐ Other (specify): _____

---

a Name of contributing employer

b EIN **c** Dollar amount contributed by employer

d Date collective bargaining agreement expires *(If employer contributes under more than one collective bargaining agreement, check box* ☐ *and see instructions regarding required attachment. Otherwise, enter the applicable date.)* Month _____ Day _____ Year _____

e Contribution rate information *(If more than one rate applies, check this box* ☐ *and see instructions regarding required attachment. Otherwise, complete lines 13e(1) and 13e(2).)*
(1) Contribution rate (in dollars and cents) _____
(2) Base unit measure: ☐ Hourly ☐ Weekly ☐ Unit of production ☐ Other (specify): _____

---

a Name of contributing employer

b EIN **c** Dollar amount contributed by employer

d Date collective bargaining agreement expires *(If employer contributes under more than one collective bargaining agreement, check box* ☐ *and see instructions regarding required attachment. Otherwise, enter the applicable date.)* Month _____ Day _____ Year _____

e Contribution rate information *(If more than one rate applies, check this box* ☐ *and see instructions regarding required attachment. Otherwise, complete lines 13e(1) and 13e(2).)*
(1) Contribution rate (in dollars and cents) _____
(2) Base unit measure: ☐ Hourly ☐ Weekly ☐ Unit of production ☐ Other (specify): _____

---

a Name of contributing employer

b EIN **c** Dollar amount contributed by employer

d Date collective bargaining agreement expires *(If employer contributes under more than one collective bargaining agreement, check box* ☐ *and see instructions regarding required attachment. Otherwise, enter the applicable date.)* Month _____ Day _____ Year _____

e Contribution rate information *(If more than one rate applies, check this box* ☐ *and see instructions regarding required attachment. Otherwise, complete lines 13e(1) and 13e(2).)*
(1) Contribution rate (in dollars and cents) _____
(2) Base unit measure: ☐ Hourly ☐ Weekly ☐ Unit of production ☐ Other (specify): _____

---

a Name of contributing employer

b EIN **c** Dollar amount contributed by employer

d Date collective bargaining agreement expires *(If employer contributes under more than one collective bargaining agreement, check box* ☐ *and see instructions regarding required attachment. Otherwise, enter the applicable date.)* Month _____ Day _____ Year _____

e Contribution rate information *(If more than one rate applies, check this box* ☐ *and see instructions regarding required attachment. Otherwise, complete lines 13e(1) and 13e(2).)*
(1) Contribution rate (in dollars and cents) _____
(2) Base unit measure: ☐ Hourly ☐ Weekly ☐ Unit of production ☐ Other (specify): _____

14 Enter the number of deferred vested and retired participants (inactive participants), as of the beginning of the plan year, whose contributing employer is no longer making contributions to the plan for:

a The current plan year. Check the box to indicate the counting method used to determine the number of inactive participants: ☐ last contributing employer ☐ alternative ☐ reasonable approximation (see instructions for required attachment)	**14a**	
b The plan year immediately preceding the current plan year. ☐ Check the box if the number reported is a change from what was previously reported (see instructions for required attachment)	**14b**	
c The second preceding plan year. ☐ Check the box if the number reported is a change from what was previously reported (see instructions for required attachment)	**14c**	

15 Enter the ratio of the number of participants under the plan on whose behalf no employer had an obligation to make an employer contribution during the current plan year to:

a The corresponding number for the plan year immediately preceding the current plan year	**15a**	
b The corresponding number for the second preceding plan year	**15b**	

16 Information with respect to any employers who withdrew from the plan during the preceding plan year:

a Enter the number of employers who withdrew during the preceding plan year	**16a**	
b If line 16a is greater than 0, enter the aggregate amount of withdrawal liability assessed or estimated to be assessed against such withdrawn employers	**16b**	

17 If assets and liabilities from another plan have been transferred to or merged with this plan during the plan year, check box and see instructions regarding supplemental information to be included as an attachment ☐

Part VI Additional Information for Single-Employer and Multiemployer Defined Benefit Pension Plans

18 If any liabilities to participants or their beneficiaries under the plan as of the end of the plan year consist (in whole or in part) of liabilities to such participants and beneficiaries under two or more pension plans as of immediately before such plan year, check box and see instructions regarding supplemental information to be included as an attachment ☐

19 If the total number of participants is 1,000 or more, complete lines (a) and (b):

a Enter the percentage of plan assets held as:
Public Equity: _____% Private Equity: _____% Investment-Grade Debt and Interest Rate Hedging Assets: _____%
High-Yield Debt: _____% Real Assets: _____% Cash or Cash Equivalents: _____% Other: _____%

b Provide the average duration of the Investment-Grade Debt and Interest Rate Hedging Assets:
☐ 0-5 years ☐ 5-10 years ☐ 10-15 years ☐ 15 years or more

20 **PBGC missed contribution reporting requirements.** If this is a multiemployer plan or a single-employer plan that is not covered by PBGC, skip line 20.

a Is the amount of unpaid minimum required contributions for all years from Schedule SB (Form 5500) line 40 greater than zero? ☐ Yes ☐ No

b If line 20a is "Yes," has PBGC been notified as required by ERISA sections 4043(c)(5) and/or 303(k)(4)? Check the applicable box:

☐ Yes.

☐ No. Reporting was waived under 29 CFR 4043.25(c)(2) because contributions equal to or exceeding the unpaid minimum required contribution were made by the 30th day after the due date.

☐ No. The 30-day period referenced in 29 CFR 4043.25(c)(2) has not yet ended, and the sponsor intends to make a contribution equal to or exceeding the unpaid minimum required contribution by the 30th day after the due date.

☐ No. Other. Provide explanation._____

Part VII IRS Compliance Questions

21a Does the plan satisfy the coverage and nondiscrimination tests of Code sections 410(b) and 401(a)(4) by combining this plan with any other plans under the permissive aggregation rules? ☐ Yes ☒ No

21b If this is a Code section 401(k) plan, check all boxes that apply to indicate how the plan is intended to satisfy the nondiscrimination requirements for employee deferrals and employer matching contributions (as applicable) under Code sections 401(k)(3) and 401(m)(2).

☐ Design-based safe harbor method

☐ "Prior year" ADP test

☒ "Current year" ADP test

☐ N/A

22 If the plan sponsor is an adopter of a pre-approved plan that received a favorable IRS Opinion Letter, enter the date of the Opinion Letter 06 / 30 / 2020 (MM/DD/YYYY) and the Opinion Letter serial number Q702438A .

MFA 401(k) Plan

THE FINANCIAL STATEMENTS AND
SUPPLEMENTARY INFORMATION

FOR THE YEAR ENDED DECEMBER 31, 2025 and 2024



TABLE OF CONTENTS

Independent auditor's report	1 - 3
Financial Statements:	
Statement of Net Assets Available for Benefits	4
Statement of Changes in Net Assets Available for Benefits	5
Notes to the Financial Statements	6 - 12
Required Supplementary Schedules by the Department of Labor:	
Schedule H, Part IV, Line 4(i) - Schedule of assets	14

GGM Associates, Inc.
3420 Main Street
Skokie, IL 60076
(773) 747-4506

INDEPENDENT AUDITOR'S REPORT

To the Administrative Committee of the
MFA 401(k) Plan

Scope and Nature of the ERISA Section 103(a)(3)(C) Audit

We have performed audits of the accompanying financial statements of MFA 401(k) Plan (the "Plan"), an employee benefit plan subject to the Employee Retirement Income Security Act of 1974 (ERISA), as permitted by ERISA Section 103(a)(3)(C) [ERISA Section 103(a)(3)(C) audit]. The financial statements comprise the statements of net assets available for benefits as of December 31, 2025 and 2024, and the related statement of changes in net assets available for benefits for the year ended December 31, 2025, and the related notes to the financial statements.

Management, having determined it is permissible in the circumstances, has elected to have the audits of MFA 401(k) Plan's financial statements performed in accordance with ERISA Section 103(a)(3)(C) pursuant to 29 CFR 2520.103-8 of the Department of Labor's Rules and Regulations for Reporting and Disclosure under ERISA. As permitted by ERISA Section 103(a)(3)(C), our audits need not extend to any statements or information related to assets held for investment of the plan (investment information) by a bank or similar institution or insurance carrier that is regulated, supervised, and subject to periodic examination by a state or federal agency, provided that the statements or information regarding assets so held are prepared and certified to by the bank or similar institution or insurance carrier in accordance with 29 CFR 2520.103-5 of the Department of Labor's Rules and Regulations for Reporting and Disclosure under ERISA (qualified institution).

Management has obtained certifications from a qualified institution as of December 31, 2025 and 2024, and for the year ended December 31, 2025, stating that the certified investment information, as described in Note 5 to the financial statements, is complete and accurate.

Opinion

In our opinion, based on our audits and on the procedures performed as described in the Auditor's Responsibilities for the Audit of the Financial Statements section—

- the amounts and disclosures in the financial statements referred to above, other than those agreed to or derived from the certified investment information, are presented fairly, in all material respects, in accordance with accounting principles generally accepted in the United States of America.
- the information in the financial statements referred to above related to assets held by and certified to by a qualified institution agrees to, or is derived from, in all material respects, the information prepared and certified by an institution that management determined meets the requirements of ERISA Section 103(a)(3)(C).

Basis for Opinion

We conducted our audits in accordance with auditing standards generally accepted in the United States of America. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Statements section of our report. We are required to be independent of MFA 401(k) Plan and to meet our other ethical responsibilities in accordance with the relevant ethical requirements relating to our audits. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our ERISA Section 103(a)(3)(C) audit opinion.

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Responsibilities of Management for the Financial Statements

Management is responsible for the preparation and fair presentation of the financial statements in accordance with accounting principles generally accepted in the United States of America, and for the design, implementation, and maintenance of internal control relevant to the preparation and fair presentation of financial statements that are free from material misstatement, whether due to fraud or error. Management's election of the ERISA Section 103(a)(3)(C) audit does not affect management's responsibility for the financial statements.

In preparing the financial statements, management is required to evaluate whether there are conditions or events, considered in the aggregate, that raise substantial doubt about MFA 401(k) Plan's ability to continue as a going concern for one year after the date the financial statements are available to be issued.

Management is also responsible for maintaining a current plan instrument, including all plan amendments; administering the plan; and determining that the plan's transactions that are presented and disclosed in the financial statements are in conformity with the plan's provisions, including maintaining sufficient records with respect to each of the participants, to determine the benefits due or which may become due to such participants.

Auditor's Responsibilities for the Audit of the Financial Statements

Except as described in the Scope and Nature of the ERISA Section 103(a)(3)(C) Audit section of our report, our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not absolute assurance and therefore is not a guarantee that an audit conducted in accordance with generally accepted auditing standards will always detect a material misstatement when it exists. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control. Misstatements are considered material if there is a substantial likelihood that, individually or in the aggregate, they would influence the judgment made by a reasonable user based on the financial statements.

In performing an audit in accordance with generally accepted auditing standards, we:

- Exercise professional judgment and maintain professional skepticism throughout the audit.
- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, and design and perform audit procedures responsive to those risks. Such procedures include examining, on a test basis, evidence regarding the amounts and disclosures in the financial statements.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of MFA 401(k) Plan's internal control. Accordingly, no such opinion is expressed.
- Evaluate the appropriateness of accounting policies used and the reasonableness of significant accounting estimates made by management, as well as evaluate the overall presentation of the financial statements.
- Conclude whether, in our judgment, there are conditions or events, considered in the aggregate, that raise substantial doubt about MFA 401(k) Plan's ability to continue as a going concern for a reasonable period of time.

Our audits did not extend to the certified investment information, except for obtaining and reading the certification, comparing the certified investment information with the related information presented and disclosed in the financial statements, and reading the disclosures relating to the certified investment information to assess whether

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they are in accordance with the presentation and disclosure requirements of accounting principles generally accepted in the United States of America.

Accordingly, the objective of an ERISA Section 103(a)(3)(C) audit is not to express an opinion about whether the financial statements as a whole are presented fairly, in all material respects, in accordance with accounting principles generally accepted in the United States of America.

We are required to communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit, significant audit findings, and certain internal control-related matters that we identified during the audit.

Supplemental Schedules Required by ERISA

The supplemental schedules of Form 5500, Schedule H, Line 4i, Schedule of Assets (Held at End of Year) are presented for purposes of additional analysis and are not a required part of the financial statements but are supplementary information required by the Department of Labor's Rules and Regulations for Reporting and Disclosure under ERISA. Such information is the responsibility of management and was derived from and relates directly to the underlying accounting and other records used to prepare the financial statements. The information included in the supplemental schedules, other than that agreed to or derived from the certified investment information, has been subjected to auditing procedures applied in the audits of the financial statements and certain additional procedures, including comparing and reconciling such information directly to the underlying accounting and other records used to prepare the financial statements or to the financial statements themselves, and other additional procedures in accordance with generally accepted auditing standards. For information included in the supplemental schedules that agreed to or is derived from the certified investment information, we compared such information to the related certified investment information.

In forming our opinion on the supplemental schedules, we evaluated whether the supplemental schedules, other than the information agreed to or derived from the certified investment information, including their form and content, are presented in conformity with the Department of Labor's Rules and Regulations for Reporting and Disclosure under ERISA.

In our opinion—

- the form and content of the supplemental schedules, other than the information in the supplemental schedules that agreed to or is derived from the certified investment information, are presented, in all material respects, in conformity with the Department of Labor's Rules and Regulations for Reporting and Disclosure under ERISA.
- the information in the supplemental schedules related to assets held by and certified to by a qualified institution agrees to, or is derived from, in all material respects, the information prepared and certified by an institution that management determined meets the requirements of ERISA Section 103(a)(3)(C).

GGM Associates Inc

Chicago, IL

October 6, 2026

MFA 401(k) Plan

Statement of Net Assets Available for Benefits

December 31, 2025 and 2024

	2025	2024
ASSETS		
Cash	$ -	$ -
Investments, at fair value:		
Money Market funds	2,809,799	2,665,396
Mutual funds	113,730,868	96,370,089
Total investments	116,540,667	99,035,485
Receivables:		
Notes receivable from participants	1,591,979	1,512,759
Total receivables	1,591,979	1,512,759
Total assets	118,132,646	100,548,244
Liabilities		
Excess contribution payable	23,821	-
Total liabilities	23,821	-
NET ASSETS AVAILABLE FOR BENEFITS	$ 118,108,825	$ 100,548,244

MFA 401(k) Plan

Statement of Changes in Net Assets Available for Benefits

For the year ended December 31, 2025

ADDITIONS TO NET ASSETS		
Contributions:		
Employer	**$**	1,052,182
Participant		9,174,527
Other (including rollovers)		1,682,634
Total contributions		11,909,343
Investment income		
Net realized and unrealized gains on investments		13,831,822
Interest and dividends		5,699,867
Interest from note receivables		-
Total investment income		19,531,689
Total additions to net assets		31,441,032
DEDUCTIONS FROM NET ASSETS		
Benefits paid to participants		13,286,122
Excess contributions		36,483
Deemed distributions on participant loans		134,803
Administrative expenses		
Contract administrator fees		27,475
Recordkeeping fees		155,434
Professional fees		20,000
Investment advisory and investment management fees		115,411
Miscellaneous expenses		104,723
Total administrative expenses		423,043
Total expenses		13,880,451
Net increase		17,560,581
NET ASSETS AVAILABLE FOR BENEFITS - BEGINNING OF YEAR		**100,548,244**
NET ASSETS AVAILABLE FOR BENEFITS - END OF YEAR	**$**	**118,108,825**

NOTE 1 – DESCRIPTION OF THE PLAN

The following description of the MFA 401(k) Plan (formerly known as MFA Benefits 401(k) Plan) (the Plan) provides only general information. Participants should refer to the Plan agreement for a more complete description of the Plan's provisions.

General:

The Plan is a defined contribution plan covering all eligible employees of MFA Benefits LLC. On October 2, 2022, the Plan merged with two separate plans: the Corp Healthcare Group 401K Plan (Plan Sponsor: Vita Healthcare Group LLC) and the Luther Woods SNF, LLC Employees' 401K Plan (Plan Sponsor: Luther Woods SNF, LLC), to form the MFA 401(k) Plan. As a result, all investments from the merging plans were transferred into the MFA 401(k) Plan as of October 2, 2022. The Plan Sponsor is MFA Benefits LLC.

The Plan continues to cover all employees of MFA Benefits LLC who meet the eligibility requirements, with certain exclusions as specified in the plan document (such as employees covered by a collective bargaining agreement, leased employees, residents of Puerto Rico, and nonresident aliens without U.S. source income).

The following participating companies under the Plan are as follows:

Adelphi Nursing and Rehabilitation Center LLC
Alamance Operator LLC
Albermarle Care Center LLC
Appomattox Care Center LLC
Bayside SNF LLC
Beaufont Care Center LLC
Belaire Operator LLC
Berkshire Operations LLC
Bowling Green SNF LLC
Brightwood SNF Operator LLC
Burke SNF LLC
Carolina Burke Operator LLC
Carolina Cumberland Operator LLC
Charlotte Operator LLC
Charlottesville Care Center LLC
Chesapeake SNF LLC
Colonial Heights Operator LLC
Crescent Cities SNF LLC
Culpeper Care Center LLC
Elkton SNF LLC
Fairfax Operator LLC
Franklin Facility LLC
Glenburnie Operator LLC
Green House Residence Care And Rehabilitation Center LLC
Gretna Operations LLC
Guilford Operator LLC
Hanover Care Center LLC
Harrisonburg Operations LLC
Henrico Care Center LLC
Heritage Consulting Services LLC
Hopewell Operator LLC
Huntersville Operator LLC
Hyattsville Nursing and Rehabilitation Center LLC
Lake Manassas SNF LLC
Largo Nursing and Rehabilitation Center LLC
Layhill SNF LLC
Lexington Operator LLC
Louisa Care Center LLC
Luther Woods SNF LLC
Lynchburg Care Center LLC
Medical Facilities of America Administrative Consulting Services LLC
Medical Facilities of America XI (11) Limited Partnership
MFA Clinical Consulting LLC
MFA Heritage Consulting LLC
Norfolk SNF LLC
Parham Care Center LLC
Pike Creek SNF Operator LLC
Piney Forest SNF LLC
Potomac Lane SNF Operator LLC
Potomac Valley Operator LLC
Princess Anne SNF LLC
Pulaski Operations LLC
Raleigh Court Operations LLC
Regency SNF LLC
Riverside SNF LLC
Rossville SNF Operator LLC
Salem Facility LLC
Shady Grove SNF LLC
Springtree Operations LLC
Stanleytown Operations LLC
Towson SNF Operator LLC
Valley Operator LLC
Virginia Beach SNF LLC
Westport Operator LLC
Wilmington SNF Operator LLC

NOTE 1 – DESCRIPTION OF THE PLAN (CONTINUED)

Contributions:

Each year, participants may contribute the maximum amount allowed by the Internal Revenue Service, plus Roth IRA contributions. Participants who have attained age 50 before the end of the Plan year are eligible to make catch-up contributions. Participants may also contribute amounts representing distributions from other qualified defined benefit or defined contribution plans (rollover). Participants direct the investment of their contributions into various investment options offered by the Plan.

The Plan Sponsor may elect to make a discretionary matching contribution. The discretionary matching and profit-sharing contributions are invested in the same investment options and allocation percentages as the participant-directed contributions. The total amount contributed to the Plan was in the amount $1,052,182 and $1,110,716 for the plan year ending December 31, 2025, and 2024 respectively.

Participant accounts:

Each participant's account is credited with the participant's contributions and Sponsor matching contributions, as well as allocations of the Sponsor's profit-sharing contribution and Plan earnings. Participant accounts are charged with an allocation of administrative expenses that are paid by the Plan. Allocations are based on participant earnings, account balances, or specific participant transactions, as defined. The benefit to which a participant is entitled is based on the participant's vested account.

Vesting:

Participants are fully vested immediately in their contributions plus actual earnings thereon. Vesting in the Sponsor's contribution portion of their accounts is based on years of continuous service. For matching contributions, a participant is vested 20% after their first year of service, and an additional 20% each year thereafter. After five full years of credited service, a participant is fully vested. Profit-sharing contributions are vested 20% after two years of service and an additional 20% each year thereafter, with participants fully vested after six years of service. Employees impacted by a prior acquisition as of May 28, 2021 are fully vested in matching contributions. All participants were fully vested during the change in sponsorship.

Investment options:

Participants direct the investment of their account balance into various investment options offered by the Plan. The Plan currently offers a variety of registered mutual funds as investment options for participants.

Loans to participants:

Participants may borrow from their fund accounts a minimum of $1,000 up to a maximum equal to the lesser of $50,000 (reduced by the highest outstanding loan balance during the prior twelve months) or 50% of their vested account balance. The loans are secured by the balance in the participant's account and bear interest at a reasonable rate, as determined by the Plan Administrator, based on prevailing commercial rates. Principal and interest are paid ratably through payroll deductions.

Payment of benefits:

Upon termination of service due to death, disability, retirement, or other reasons, a participant or the participant's estate or beneficiary will receive a lump-sum amount equal to the value of the participant's vested interest in the participant's account. Hardship withdrawals are permitted by the Plan. Participants' benefits are charged to participants' equity during the period when participants are entitled to receive payment, which generally is the period during which the benefits are paid.

Disposition of forfeitures:

As of December 31, 2025, and 2024, forfeited non-vested account balances totaled $460,548 and $522,839, respectively.

NOTE 1 – DESCRIPTION OF THE PLAN (CONTINUED)

Subsequent events:

In the preparation of the financial statements, the Plan was reviewed and evaluated by management and determined there were no subsequent events or transactions for disclosure through October 6, 2026, the date the financial statements were available to be issued.

NOTE 2 – SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

Basis of Accounting:

The accompanying financial statements are prepared on the accrual basis in accordance with accounting principles generally accepted in the United States of America, except for benefit payments, which are recorded when paid.

Valuation of investments and income recognition:

Investments are reported at fair value. Fair value is the price that would be received to sell an asset or paid to transfer a liability in an orderly transaction between market participants at the measurement date. The plan administrator determines the Plan's valuation policies utilizing information provided by the investment advisors, custodians and insurance company. See Note 6 for discussion of fair value measurements.

Purchases and sales of securities are recorded on a trade-date basis. Interest income is recorded on the accrual basis. Dividends are recorded on the ex-dividend date. Net appreciation includes the Plan's gains and losses on investments bought and sold as well as held during the year.

Notes Receivable from Participants:

Notes receivable from participants are measured at their unpaid principal balance plus any accrued but unpaid interest. Interest income is recorded on an accrual basis. Related fees are recorded as administrative expenses and are expensed when they are incurred. No allowance for credit losses has been recorded as of December 31, 2025, and 2024.

Payment of benefits:

Benefits are recorded when paid.

Administrative expenses:

Certain expenses of maintaining the Plan are paid by the Plan, unless otherwise paid by the Sponsor. Expenses that are paid by the Sponsor are excluded from these financial statements. Fees related to the administration of notes receivable and benefits paid to participants are charged directly to the participants' accounts and are included in administrative expenses. Investment-related expenses are included in net appreciation in fair value of investments.

Use of estimates:

The preparation of financial statements in conformity with accounting principles generally accepted in the United States of America requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities and changes therein, disclosure of contingent assets and liabilities at the date of the financial statements and the reported amounts of Plan income and expenses during the reporting period. Actual results could differ from those estimates.

Reclassifications:

Reclassifications were added to the prior year's financial statements for comparative purposes to conform with the presentation of the current financial statements.

NOTE 3 – TAX STATUS

The Internal Revenue Service issued a non-standardized pre-approved profit-sharing opinion letter to Principal Life Insurance Company dated June 30, 2020, stating that its prototype plan document was designed in accordance with applicable Internal Revenue Code requirements as of that date. Although the Sponsor has not applied for a determination letter for the Plan and although the Plan has been amended since receiving the determination letter, the plan administrator believes that the Plan is currently designed and is being operated in compliance with the applicable requirements of the Internal Revenue Code. Therefore, the plan administrator believes that the Plan was qualified, and the related trust is tax-exempt.

Accounting principles generally accepted in the United States of America require plan management to evaluate tax positions taken by the Plan and recognize a tax liability if the Plan has taken an uncertain position that more likely than not would not be sustained upon examination by the Internal Revenue Service. The Plan is subject to routine audits by taxing jurisdictions; however, there are currently no audits for any tax periods in progress.

NOTE 4 – PLAN TERMINATION

Although it has not expressed any intent to do so, the Sponsor has the right under the Plan to discontinue its contributions at any time and to terminate the Plan subject to the provisions of ERISA. In the event of Plan termination, participants will become fully vested in their allocation of Sponsor contributions.

NOTE 5 – CERTIFICATION OF CONTRACT HELD BY TRUSTEE

Certain information related to investments and notes receivable from participants disclosed in the accompanying financial statements and supplemental schedule, including investments and notes receivable from participants held at December 31, 2025, and 2024, and net appreciation in fair value of investments, interest and dividends for the year ended December 31, 2025, was obtained or derived from information supplied to the plan administrator and certified as complete and accurate by Fidelity Management Trust Company (the trustee of the Plan).

NOTE 6 – FAIR VALUE MEASUREMENTS

The framework for measuring fair value provides a fair value hierarchy that prioritizes the inputs to valuation techniques used to measure fair value. The hierarchy gives the highest priority to unadjusted quoted market prices in active markets for identical assets or liabilities (level 1) and the lowest priority to unobservable inputs (level 3). The three levels of the fair value hierarchy under FASB ASC 820 are as follows:

Level 1 Inputs to the valuation methodology are unadjusted quoted prices for identical assets or liabilities in active markets that the Plan has the ability to access.

Level 2 Inputs to the valuation methodology include:

- Quoted prices for similar assets or liabilities in active markets:
- Quoted prices for identical or similar assets or liabilities in inactive markets:
- Inputs other than quoted prices that are observable for the asset or liability:
- Inputs that are derived principally from or corroborated by observable market data by correlation or other means.

If the asset or liability has a specified (contractual) term, the Level 2 input must be observable for substantially the full term of the asset or liability.

NOTE 6 – FAIR VALUE MEASUREMENTS (CONTINUED)

Level 3 Inputs to the valuation methodology are unobservable and significant to the fair value measurement.

The asset or liability's fair value measurement level within the fair value hierarchy is based on the lowest level of any input that is significant to the fair value measurement. Valuation techniques maximize the use of relevant observable inputs and minimize the use of unobservable inputs.

The following is a description of the valuation methodologies used for assets measured at fair value. There have been no changes in the methodologies used at December 31, 2025.

> *Mutual funds*: Valued at the daily closing price as reported by the fund. Mutual funds held by the Plan are open-ended mutual funds that are registered with the Securities and Exchange Commission. These funds are required to publish their daily net asset value (NAV) and to transact at that price. The mutual funds held by the Plan are deemed to be actively traded.

The preceding methods described may produce a fair value calculation that may not be indicative of net realizable value or reflective of future fair values. Furthermore, although the Plan believes its valuation methods are appropriate and consistent with other market participants, the use of different methodologies or assumptions to determine the fair value of certain financial instruments could result in a different fair value measurement at the reporting date.

The following table sets forth by level, within the fair value hierarchy, the Plan's assets at fair value as of December 31, 2025:

Assets at Fair Value as of December 31, 2025

	Level 1	Level 2	Level 3	Total
Money Market	$ 2,809,799	$ -	$	$ 2,809,799
Mutual Funds	113,730,868	-	-	113,730,868
Total investments in hierarchy	116,540,667	-	-	116,540,667
Investments measured at NAV				-
Total Investments at fair value	$ 116,540,667	$ -	$ -	$ 116,540,667

NOTE 6 – FAIR VALUE MEASUREMENTS (CONTINUED)

The following table sets forth by level, within the fair value hierarchy, the Plan's assets at fair value as of December 31, 2024:

Assets at Fair Value as of December 31, 2024				
	Level 1	Level 2	Level 3	Total
Money Market	$ 2,665,396	$ -	$ -	$ 2,665,396
Mutual Funds	96,370,089	-	-	96,370,089
Total investments in hierarchy	99,035,485	-	-	99,035,485
Investments measured at NAV				-
Total Investments at fair value	$ 99,035,485	$ -	$ -	$ 99,035,485

NOTE 7 – RISKS AND UNCERTAINTIES

The Plan invests in various investment securities. Investment securities are exposed to various risks such as interest rate, market and credit risks. Due to the level of risk associated with certain investment securities, it is at least reasonably possible that changes in the values of investment securities will occur in the near term and that such changes could materially affect participants' account balances, and the amounts reported in the statements of net assets available for benefits.

NOTE 8 – PARTY-IN-INTEREST TRANSACTIONS

Fidelity Management Trust Company (FMTC) serves as trustee of the Plan, and Fidelity Workplace Services, LLC, an affiliate of FMTC, serves as recordkeeper. Certain Plan investments are shares of mutual funds managed by Fidelity Management and Research Company, an affiliate of the trustee. At December 31, 2025 and 2024, the Plan held investments in Fidelity-managed mutual funds of $111,825,057 and $94,965,257, respectively. These transactions qualify as exempt party-in-interest transactions.

Recordkeeping and other administrative fees are paid from Plan assets and charged to participant accounts. For the year ended December 31, 2025, fees paid by the Plan to Fidelity Workplace Services, LLC totaled $158,276. These transactions qualify as exempt party-in-interest transactions.

Cambridge Investment Research and Strategic Advisers LLC provide investment advisory services to the Plan, and Able Wealth Management provides consulting and other services to the Plan. For the year ended December 31, 2025, fees paid from Plan assets to Cambridge Investment Research and Strategic Advisers LLC totaled $103,005 and $12,405, respectively, and fees paid to Able Wealth Management totaled $26,830 for consulting services and $102,526 for other services. These transactions qualify as exempt party-in-interest transactions.

Audit fees of $20,000 were paid from Plan assets to GGM Associates Inc., the Plan's independent auditor, during the year ended December 31, 2025.

The Plan issues loans to participants, which are secured by the participant's vested account balance. Notes receivable from participants were $1,591,979 and $1,512,759 at December 31, 2025 and 2024, respectively, and bear interest at rates ranging from 4.25% to 9.50%. These transactions qualify as exempt party-in-interest transactions.

MFA Benefits LLC (the Plan Sponsor) and its participating companies are parties in interest. Certain other administrative expenses of the Plan are paid by the Plan Sponsor.

NOTE 9 – RECONCILIATION OF THE FINANCIAL STATEMENTS TO FORM 5500

The following is a reconciliation of net assets available for benefits as of December 31, 2025, and 2024, per the accompanying financial statements to the Form 5500:

	2025	2024
Net assets available for benefits per the financial statements	$ 118,108,825	$ 100,548,244
Excess contribution payable	23,821	-
Rounding	1	-
Net assets available for benefitsper the Form 5500	$ 118,132,647	$ 100,548,244

Year ending December 31,	2025	2024
Total contributions for the year ended per the financial statements	$ 11,909,343	$ 10,782,306
Add: CY excess contribution	23,821	-
Total contributions per Form 5500	$ 11,933,164	$ 10,782,306

Total contributions per the Form 5500 include excess contributions payable, which are reported as a liability and excluded from total contributions per the financial statements.

SUPPLEMENTARY SCHEDULES

Form 5500, Schedule H, Line 4i

For the year ended December 31, 2025

PLAN NAME: MFA 401(K) PLAN
EMPLOYER IDENTIFICATION NUMBER: 54-1278483
PLAN NUMBER: 001

(a)	(b) Identity of issuer, borrower, lessor	(c) Description of investment	(d) Cost	(e) Current
	Money Market			
	Vanguard	Vanguard Treasury Money Market Fund	**	$ 2,809,799
		Total Money Market		$ 2,809,799
	Mutual Funds			
	American Funds	American Funds American Mutual Fund Class R-6	**	431,470
	American Century	American Century Large Cap Equity R6	**	218,187
	Allspring	Allspring Special Mid Cap Value Fund - Class R6	**	35,007
	Allspring	Allspring Special Small Cap Value Fund - Class R6	**	8,806
	Avantis	Avantis Emerging Markets Equity Institutional Class Fund	**	228,377
	iShares	iShares MSCI EAFE International Index Fund Class K	**	561,223
*	Fidelity	Fidelity 500 Index Fund	**	4,626,194
*	Fidelity	Fidelity Blue Chip Growth K6 Fund	**	1,777,634
*	Fidelity	Fidelity Freedom 2010 Fund Class K6	**	492,915
*	Fidelity	Fidelity Freedom 2015 Fund Class K6	**	1,917,199
*	Fidelity	Fidelity Freedom 2020 Fund Class K6	**	3,447,453
*	Fidelity	Fidelity Freedom 2025 Fund Class K6	**	9,857,191
*	Fidelity	Fidelity Freedom 2030 Fund Class K6	**	14,526,375
*	Fidelity	Fidelity Freedom 2035 Fund Class K6	**	17,652,004
*	Fidelity	Fidelity Freedom 2040 Fund Class K6	**	16,785,231
*	Fidelity	Fidelity Freedom 2045 Fund Class K6	**	13,378,081
*	Fidelity	Fidelity Freedom 2050 Fund Class K6	**	9,967,576
*	Fidelity	Fidelity Freedom 2055 Fund Class K6	**	9,284,237
*	Fidelity	Fidelity Freedom 2060 Fund Class K6	**	3,540,742
*	Fidelity	Fidelity Freedom 2065 Fund Class K6	**	1,137,535
*	Fidelity	Fidelity Global Ex U.S. Index Fund	**	441,333
*	Fidelity	Fidelity Inflation-Protected Bond Index Fund	**	78,337
*	Fidelity	Fidelity International Capital Appreciation K6 Fund	**	124,922
*	Fidelity	Fidelity Mid Cap Growth Index Fund	**	511,391
*	Fidelity	Fidelity Mid Cap Index Fund	**	608,755
*	Fidelity	Fidelity Real Estate Index Fund	**	65,927
*	Fidelity	Fidelity Small Cap Index Fund	**	166,025
*	Fidelity	Fidelity Small Cap Growth K6 Fund	**	87,489
*	Fidelity	Fidelity Small Cap Growth Index Fund	**	25,757
*	Fidelity	Fidelity Total Bond K6 Fund	**	524,431
*	Fidelity	Fidelity U.S. Bond Index Fund	**	482,056
*	Fidelity	Fidelity Freedom Retir K6	**	298,041
*	Fidelity	Fidelity Freedom 2070 Fund Class K6	**	20,226
	JP Morgan Chase	JP Morgan Government Bond Fund Class R6	**	422,741
		Total Mutual Funds		$ 113,730,868
*	Notes receivable from participants	Interest rates vary between 4.25% - 9.50%		$ 1,591,979
		Total investments per Form 5500		$ **118,132,646**

*Represents party-in-interest.

**Cost information is not required for participant directed investments.

MFA 401(k) Plan

THE FINANCIAL STATEMENTS AND
SUPPLEMENTARY INFORMATION

FOR THE YEAR ENDED DECEMBER 31, 2025 and 2024



TABLE OF CONTENTS

Independent auditor's report	1 - 3
Financial Statements:	
Statement of Net Assets Available for Benefits	4
Statement of Changes in Net Assets Available for Benefits	5
Notes to the Financial Statements	6 - 12
Required Supplementary Schedules by the Department of Labor:	
Schedule H, Part IV, Line 4(i) - Schedule of assets	14

GGM Associates, Inc.
3420 Main Street
Skokie, IL 60076
(773) 747-4506

INDEPENDENT AUDITOR'S REPORT

To the Administrative Committee of the
MFA 401(k) Plan

Scope and Nature of the ERISA Section 103(a)(3)(C) Audit

We have performed audits of the accompanying financial statements of MFA 401(k) Plan (the "Plan"), an employee benefit plan subject to the Employee Retirement Income Security Act of 1974 (ERISA), as permitted by ERISA Section 103(a)(3)(C) [ERISA Section 103(a)(3)(C) audit]. The financial statements comprise the statements of net assets available for benefits as of December 31, 2025 and 2024, and the related statement of changes in net assets available for benefits for the year ended December 31, 2025, and the related notes to the financial statements.

Management, having determined it is permissible in the circumstances, has elected to have the audits of MFA 401(k) Plan's financial statements performed in accordance with ERISA Section 103(a)(3)(C) pursuant to 29 CFR 2520.103-8 of the Department of Labor's Rules and Regulations for Reporting and Disclosure under ERISA. As permitted by ERISA Section 103(a)(3)(C), our audits need not extend to any statements or information related to assets held for investment of the plan (investment information) by a bank or similar institution or insurance carrier that is regulated, supervised, and subject to periodic examination by a state or federal agency, provided that the statements or information regarding assets so held are prepared and certified to by the bank or similar institution or insurance carrier in accordance with 29 CFR 2520.103-5 of the Department of Labor's Rules and Regulations for Reporting and Disclosure under ERISA (qualified institution).

Management has obtained certifications from a qualified institution as of December 31, 2025 and 2024, and for the year ended December 31, 2025, stating that the certified investment information, as described in Note 5 to the financial statements, is complete and accurate.

Opinion

In our opinion, based on our audits and on the procedures performed as described in the Auditor's Responsibilities for the Audit of the Financial Statements section—

- the amounts and disclosures in the financial statements referred to above, other than those agreed to or derived from the certified investment information, are presented fairly, in all material respects, in accordance with accounting principles generally accepted in the United States of America.
- the information in the financial statements referred to above related to assets held by and certified to by a qualified institution agrees to, or is derived from, in all material respects, the information prepared and certified by an institution that management determined meets the requirements of ERISA Section 103(a)(3)(C).

Basis for Opinion

We conducted our audits in accordance with auditing standards generally accepted in the United States of America. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Statements section of our report. We are required to be independent of MFA 401(k) Plan and to meet our other ethical responsibilities in accordance with the relevant ethical requirements relating to our audits. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our ERISA Section 103(a)(3)(C) audit opinion.

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Responsibilities of Management for the Financial Statements

Management is responsible for the preparation and fair presentation of the financial statements in accordance with accounting principles generally accepted in the United States of America, and for the design, implementation, and maintenance of internal control relevant to the preparation and fair presentation of financial statements that are free from material misstatement, whether due to fraud or error. Management's election of the ERISA Section 103(a)(3)(C) audit does not affect management's responsibility for the financial statements.

In preparing the financial statements, management is required to evaluate whether there are conditions or events, considered in the aggregate, that raise substantial doubt about MFA 401(k) Plan's ability to continue as a going concern for one year after the date the financial statements are available to be issued.

Management is also responsible for maintaining a current plan instrument, including all plan amendments; administering the plan; and determining that the plan's transactions that are presented and disclosed in the financial statements are in conformity with the plan's provisions, including maintaining sufficient records with respect to each of the participants, to determine the benefits due or which may become due to such participants.

Auditor's Responsibilities for the Audit of the Financial Statements

Except as described in the Scope and Nature of the ERISA Section 103(a)(3)(C) Audit section of our report, our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not absolute assurance and therefore is not a guarantee that an audit conducted in accordance with generally accepted auditing standards will always detect a material misstatement when it exists. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control. Misstatements are considered material if there is a substantial likelihood that, individually or in the aggregate, they would influence the judgment made by a reasonable user based on the financial statements.

In performing an audit in accordance with generally accepted auditing standards, we:

- Exercise professional judgment and maintain professional skepticism throughout the audit.
- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, and design and perform audit procedures responsive to those risks. Such procedures include examining, on a test basis, evidence regarding the amounts and disclosures in the financial statements.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of MFA 401(k) Plan's internal control. Accordingly, no such opinion is expressed.
- Evaluate the appropriateness of accounting policies used and the reasonableness of significant accounting estimates made by management, as well as evaluate the overall presentation of the financial statements.
- Conclude whether, in our judgment, there are conditions or events, considered in the aggregate, that raise substantial doubt about MFA 401(k) Plan's ability to continue as a going concern for a reasonable period of time.

Our audits did not extend to the certified investment information, except for obtaining and reading the certification, comparing the certified investment information with the related information presented and disclosed in the financial statements, and reading the disclosures relating to the certified investment information to assess whether

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they are in accordance with the presentation and disclosure requirements of accounting principles generally accepted in the United States of America.

Accordingly, the objective of an ERISA Section 103(a)(3)(C) audit is not to express an opinion about whether the financial statements as a whole are presented fairly, in all material respects, in accordance with accounting principles generally accepted in the United States of America.

We are required to communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit, significant audit findings, and certain internal control-related matters that we identified during the audit.

Supplemental Schedules Required by ERISA

The supplemental schedules of Form 5500, Schedule H, Line 4i, Schedule of Assets (Held at End of Year) are presented for purposes of additional analysis and are not a required part of the financial statements but are supplementary information required by the Department of Labor's Rules and Regulations for Reporting and Disclosure under ERISA. Such information is the responsibility of management and was derived from and relates directly to the underlying accounting and other records used to prepare the financial statements. The information included in the supplemental schedules, other than that agreed to or derived from the certified investment information, has been subjected to auditing procedures applied in the audits of the financial statements and certain additional procedures, including comparing and reconciling such information directly to the underlying accounting and other records used to prepare the financial statements or to the financial statements themselves, and other additional procedures in accordance with generally accepted auditing standards. For information included in the supplemental schedules that agreed to or is derived from the certified investment information, we compared such information to the related certified investment information.

In forming our opinion on the supplemental schedules, we evaluated whether the supplemental schedules, other than the information agreed to or derived from the certified investment information, including their form and content, are presented in conformity with the Department of Labor's Rules and Regulations for Reporting and Disclosure under ERISA.

In our opinion—

- the form and content of the supplemental schedules, other than the information in the supplemental schedules that agreed to or is derived from the certified investment information, are presented, in all material respects, in conformity with the Department of Labor's Rules and Regulations for Reporting and Disclosure under ERISA.
- the information in the supplemental schedules related to assets held by and certified to by a qualified institution agrees to, or is derived from, in all material respects, the information prepared and certified by an institution that management determined meets the requirements of ERISA Section 103(a)(3)(C).

GGM Associates Inc

Chicago, IL

October 6, 2026

MFA 401(k) Plan

Statement of Net Assets Available for Benefits

December 31, 2025 and 2024

	2025	2024
ASSETS		
Cash	$ -	$ -
Investments, at fair value:		
Money Market funds	2,809,799	2,665,396
Mutual funds	113,730,868	96,370,089
Total investments	116,540,667	99,035,485
Receivables:		
Notes receivable from participants	1,591,979	1,512,759
Total receivables	1,591,979	1,512,759
Total assets	118,132,646	100,548,244
Liabilities		
Excess contribution payable	23,821	-
Total liabilities	23,821	-
NET ASSETS AVAILABLE FOR BENEFITS	$ 118,108,825	$ 100,548,244

MFA 401(k) Plan

Statement of Changes in Net Assets Available for Benefits

For the year ended December 31, 2025

ADDITIONS TO NET ASSETS		
Contributions:		
Employer	**$**	1,052,182
Participant		9,174,527
Other (including rollovers)		1,682,634
Total contributions		11,909,343
Investment income		
Net realized and unrealized gains on investments		13,831,822
Interest and dividends		5,699,867
Interest from note receivables		-
Total investment income		19,531,689
Total additions to net assets		31,441,032
DEDUCTIONS FROM NET ASSETS		
Benefits paid to participants		13,286,122
Excess contributions		36,483
Deemed distributions on participant loans		134,803
Administrative expenses		
Contract administrator fees		27,475
Recordkeeping fees		155,434
Professional fees		20,000
Investment advisory and investment management fees		115,411
Miscellaneous expenses		104,723
Total administrative expenses		423,043
Total expenses		13,880,451
Net increase		17,560,581
NET ASSETS AVAILABLE FOR BENEFITS - BEGINNING OF YEAR		**100,548,244**
NET ASSETS AVAILABLE FOR BENEFITS - END OF YEAR	**$**	**118,108,825**

NOTE 1 – DESCRIPTION OF THE PLAN

The following description of the MFA 401(k) Plan (formerly known as MFA Benefits 401(k) Plan) (the Plan) provides only general information. Participants should refer to the Plan agreement for a more complete description of the Plan's provisions.

General:

The Plan is a defined contribution plan covering all eligible employees of MFA Benefits LLC. On October 2, 2022, the Plan merged with two separate plans: the Corp Healthcare Group 401K Plan (Plan Sponsor: Vita Healthcare Group LLC) and the Luther Woods SNF, LLC Employees' 401K Plan (Plan Sponsor: Luther Woods SNF, LLC), to form the MFA 401(k) Plan. As a result, all investments from the merging plans were transferred into the MFA 401(k) Plan as of October 2, 2022. The Plan Sponsor is MFA Benefits LLC.

The Plan continues to cover all employees of MFA Benefits LLC who meet the eligibility requirements, with certain exclusions as specified in the plan document (such as employees covered by a collective bargaining agreement, leased employees, residents of Puerto Rico, and nonresident aliens without U.S. source income).

The following participating companies under the Plan are as follows:

Adelphi Nursing and Rehabilitation Center LLC
Alamance Operator LLC
Albermarle Care Center LLC
Appomattox Care Center LLC
Bayside SNF LLC
Beaufont Care Center LLC
Belaire Operator LLC
Berkshire Operations LLC
Bowling Green SNF LLC
Brightwood SNF Operator LLC
Burke SNF LLC
Carolina Burke Operator LLC
Carolina Cumberland Operator LLC
Charlotte Operator LLC
Charlottesville Care Center LLC
Chesapeake SNF LLC
Colonial Heights Operator LLC
Crescent Cities SNF LLC
Culpeper Care Center LLC
Elkton SNF LLC
Fairfax Operator LLC
Franklin Facility LLC
Glenburnie Operator LLC
Green House Residence Care And Rehabilitation Center LLC
Gretna Operations LLC
Guilford Operator LLC
Hanover Care Center LLC
Harrisonburg Operations LLC
Henrico Care Center LLC
Heritage Consulting Services LLC
Hopewell Operator LLC
Huntersville Operator LLC
Hyattsville Nursing and Rehabilitation Center LLC
Lake Manassas SNF LLC
Largo Nursing and Rehabilitation Center LLC
Layhill SNF LLC
Lexington Operator LLC
Louisa Care Center LLC
Luther Woods SNF LLC
Lynchburg Care Center LLC
Medical Facilities of America Administrative Consulting Services LLC
Medical Facilities of America XI (11) Limited Partnership
MFA Clinical Consulting LLC
MFA Heritage Consulting LLC
Norfolk SNF LLC
Parham Care Center LLC
Pike Creek SNF Operator LLC
Piney Forest SNF LLC
Potomac Lane SNF Operator LLC
Potomac Valley Operator LLC
Princess Anne SNF LLC
Pulaski Operations LLC
Raleigh Court Operations LLC
Regency SNF LLC
Riverside SNF LLC
Rossville SNF Operator LLC
Salem Facility LLC
Shady Grove SNF LLC
Springtree Operations LLC
Stanleytown Operations LLC
Towson SNF Operator LLC
Valley Operator LLC
Virginia Beach SNF LLC
Westport Operator LLC
Wilmington SNF Operator LLC

NOTE 1 – DESCRIPTION OF THE PLAN (CONTINUED)

Contributions:

Each year, participants may contribute the maximum amount allowed by the Internal Revenue Service, plus Roth IRA contributions. Participants who have attained age 50 before the end of the Plan year are eligible to make catch-up contributions. Participants may also contribute amounts representing distributions from other qualified defined benefit or defined contribution plans (rollover). Participants direct the investment of their contributions into various investment options offered by the Plan.

The Plan Sponsor may elect to make a discretionary matching contribution. The discretionary matching and profit-sharing contributions are invested in the same investment options and allocation percentages as the participant-directed contributions. The total amount contributed to the Plan was in the amount $1,052,182 and $1,110,716 for the plan year ending December 31, 2025, and 2024 respectively.

Participant accounts:

Each participant's account is credited with the participant's contributions and Sponsor matching contributions, as well as allocations of the Sponsor's profit-sharing contribution and Plan earnings. Participant accounts are charged with an allocation of administrative expenses that are paid by the Plan. Allocations are based on participant earnings, account balances, or specific participant transactions, as defined. The benefit to which a participant is entitled is based on the participant's vested account.

Vesting:

Participants are fully vested immediately in their contributions plus actual earnings thereon. Vesting in the Sponsor's contribution portion of their accounts is based on years of continuous service. For matching contributions, a participant is vested 20% after their first year of service, and an additional 20% each year thereafter. After five full years of credited service, a participant is fully vested. Profit-sharing contributions are vested 20% after two years of service and an additional 20% each year thereafter, with participants fully vested after six years of service. Employees impacted by a prior acquisition as of May 28, 2021 are fully vested in matching contributions. All participants were fully vested during the change in sponsorship.

Investment options:

Participants direct the investment of their account balance into various investment options offered by the Plan. The Plan currently offers a variety of registered mutual funds as investment options for participants.

Loans to participants:

Participants may borrow from their fund accounts a minimum of $1,000 up to a maximum equal to the lesser of $50,000 (reduced by the highest outstanding loan balance during the prior twelve months) or 50% of their vested account balance. The loans are secured by the balance in the participant's account and bear interest at a reasonable rate, as determined by the Plan Administrator, based on prevailing commercial rates. Principal and interest are paid ratably through payroll deductions.

Payment of benefits:

Upon termination of service due to death, disability, retirement, or other reasons, a participant or the participant's estate or beneficiary will receive a lump-sum amount equal to the value of the participant's vested interest in the participant's account. Hardship withdrawals are permitted by the Plan. Participants' benefits are charged to participants' equity during the period when participants are entitled to receive payment, which generally is the period during which the benefits are paid.

Disposition of forfeitures:

As of December 31, 2025, and 2024, forfeited non-vested account balances totaled $460,548 and $522,839, respectively.

NOTE 1 – DESCRIPTION OF THE PLAN (CONTINUED)

Subsequent events:

In the preparation of the financial statements, the Plan was reviewed and evaluated by management and determined there were no subsequent events or transactions for disclosure through October 6, 2026, the date the financial statements were available to be issued.

NOTE 2 – SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

Basis of Accounting:

The accompanying financial statements are prepared on the accrual basis in accordance with accounting principles generally accepted in the United States of America, except for benefit payments, which are recorded when paid.

Valuation of investments and income recognition:

Investments are reported at fair value. Fair value is the price that would be received to sell an asset or paid to transfer a liability in an orderly transaction between market participants at the measurement date. The plan administrator determines the Plan's valuation policies utilizing information provided by the investment advisors, custodians and insurance company. See Note 6 for discussion of fair value measurements.

Purchases and sales of securities are recorded on a trade-date basis. Interest income is recorded on the accrual basis. Dividends are recorded on the ex-dividend date. Net appreciation includes the Plan's gains and losses on investments bought and sold as well as held during the year.

Notes Receivable from Participants:

Notes receivable from participants are measured at their unpaid principal balance plus any accrued but unpaid interest. Interest income is recorded on an accrual basis. Related fees are recorded as administrative expenses and are expensed when they are incurred. No allowance for credit losses has been recorded as of December 31, 2025, and 2024.

Payment of benefits:

Benefits are recorded when paid.

Administrative expenses:

Certain expenses of maintaining the Plan are paid by the Plan, unless otherwise paid by the Sponsor. Expenses that are paid by the Sponsor are excluded from these financial statements. Fees related to the administration of notes receivable and benefits paid to participants are charged directly to the participants' accounts and are included in administrative expenses. Investment-related expenses are included in net appreciation in fair value of investments.

Use of estimates:

The preparation of financial statements in conformity with accounting principles generally accepted in the United States of America requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities and changes therein, disclosure of contingent assets and liabilities at the date of the financial statements and the reported amounts of Plan income and expenses during the reporting period. Actual results could differ from those estimates.

Reclassifications:

Reclassifications were added to the prior year's financial statements for comparative purposes to conform with the presentation of the current financial statements.

NOTE 3 – TAX STATUS

The Internal Revenue Service issued a non-standardized pre-approved profit-sharing opinion letter to Principal Life Insurance Company dated June 30, 2020, stating that its prototype plan document was designed in accordance with applicable Internal Revenue Code requirements as of that date. Although the Sponsor has not applied for a determination letter for the Plan and although the Plan has been amended since receiving the determination letter, the plan administrator believes that the Plan is currently designed and is being operated in compliance with the applicable requirements of the Internal Revenue Code. Therefore, the plan administrator believes that the Plan was qualified, and the related trust is tax-exempt.

Accounting principles generally accepted in the United States of America require plan management to evaluate tax positions taken by the Plan and recognize a tax liability if the Plan has taken an uncertain position that more likely than not would not be sustained upon examination by the Internal Revenue Service. The Plan is subject to routine audits by taxing jurisdictions; however, there are currently no audits for any tax periods in progress.

NOTE 4 – PLAN TERMINATION

Although it has not expressed any intent to do so, the Sponsor has the right under the Plan to discontinue its contributions at any time and to terminate the Plan subject to the provisions of ERISA. In the event of Plan termination, participants will become fully vested in their allocation of Sponsor contributions.

NOTE 5 – CERTIFICATION OF CONTRACT HELD BY TRUSTEE

Certain information related to investments and notes receivable from participants disclosed in the accompanying financial statements and supplemental schedule, including investments and notes receivable from participants held at December 31, 2025, and 2024, and net appreciation in fair value of investments, interest and dividends for the year ended December 31, 2025, was obtained or derived from information supplied to the plan administrator and certified as complete and accurate by Fidelity Management Trust Company (the trustee of the Plan).

NOTE 6 – FAIR VALUE MEASUREMENTS

The framework for measuring fair value provides a fair value hierarchy that prioritizes the inputs to valuation techniques used to measure fair value. The hierarchy gives the highest priority to unadjusted quoted market prices in active markets for identical assets or liabilities (level 1) and the lowest priority to unobservable inputs (level 3). The three levels of the fair value hierarchy under FASB ASC 820 are as follows:

Level 1 Inputs to the valuation methodology are unadjusted quoted prices for identical assets or liabilities in active markets that the Plan has the ability to access.

Level 2 Inputs to the valuation methodology include:

- Quoted prices for similar assets or liabilities in active markets:
- Quoted prices for identical or similar assets or liabilities in inactive markets:
- Inputs other than quoted prices that are observable for the asset or liability:
- Inputs that are derived principally from or corroborated by observable market data by correlation or other means.

If the asset or liability has a specified (contractual) term, the Level 2 input must be observable for substantially the full term of the asset or liability.

NOTE 6 – FAIR VALUE MEASUREMENTS (CONTINUED)

Level 3 Inputs to the valuation methodology are unobservable and significant to the fair value measurement.

The asset or liability's fair value measurement level within the fair value hierarchy is based on the lowest level of any input that is significant to the fair value measurement. Valuation techniques maximize the use of relevant observable inputs and minimize the use of unobservable inputs.

The following is a description of the valuation methodologies used for assets measured at fair value. There have been no changes in the methodologies used at December 31, 2025.

> *Mutual funds*: Valued at the daily closing price as reported by the fund. Mutual funds held by the Plan are open-ended mutual funds that are registered with the Securities and Exchange Commission. These funds are required to publish their daily net asset value (NAV) and to transact at that price. The mutual funds held by the Plan are deemed to be actively traded.

The preceding methods described may produce a fair value calculation that may not be indicative of net realizable value or reflective of future fair values. Furthermore, although the Plan believes its valuation methods are appropriate and consistent with other market participants, the use of different methodologies or assumptions to determine the fair value of certain financial instruments could result in a different fair value measurement at the reporting date.

The following table sets forth by level, within the fair value hierarchy, the Plan's assets at fair value as of December 31, 2025:

Assets at Fair Value as of December 31, 2025

	Level 1	Level 2	Level 3	Total
Money Market	$ 2,809,799	$ -	$	$ 2,809,799
Mutual Funds	113,730,868	-	-	113,730,868
Total investments in hierarchy	116,540,667	-	-	116,540,667
Investments measured at NAV				-
Total Investments at fair value	$ 116,540,667	$ -	$ -	$ 116,540,667

NOTE 6 – FAIR VALUE MEASUREMENTS (CONTINUED)

The following table sets forth by level, within the fair value hierarchy, the Plan's assets at fair value as of December 31, 2024:

Assets at Fair Value as of December 31, 2024				
	Level 1	Level 2	Level 3	Total
Money Market	$ 2,665,396	$ -	$ -	$ 2,665,396
Mutual Funds	96,370,089	-	-	96,370,089
Total investments in hierarchy	99,035,485	-	-	99,035,485
Investments measured at NAV				-
Total Investments at fair value	$ 99,035,485	$ -	$ -	$ 99,035,485

NOTE 7 – RISKS AND UNCERTAINTIES

The Plan invests in various investment securities. Investment securities are exposed to various risks such as interest rate, market and credit risks. Due to the level of risk associated with certain investment securities, it is at least reasonably possible that changes in the values of investment securities will occur in the near term and that such changes could materially affect participants' account balances, and the amounts reported in the statements of net assets available for benefits.

NOTE 8 – PARTY-IN-INTEREST TRANSACTIONS

Fidelity Management Trust Company (FMTC) serves as trustee of the Plan, and Fidelity Workplace Services, LLC, an affiliate of FMTC, serves as recordkeeper. Certain Plan investments are shares of mutual funds managed by Fidelity Management and Research Company, an affiliate of the trustee. At December 31, 2025 and 2024, the Plan held investments in Fidelity-managed mutual funds of $111,825,057 and $94,965,257, respectively. These transactions qualify as exempt party-in-interest transactions.

Recordkeeping and other administrative fees are paid from Plan assets and charged to participant accounts. For the year ended December 31, 2025, fees paid by the Plan to Fidelity Workplace Services, LLC totaled $158,276. These transactions qualify as exempt party-in-interest transactions.

Cambridge Investment Research and Strategic Advisers LLC provide investment advisory services to the Plan, and Able Wealth Management provides consulting and other services to the Plan. For the year ended December 31, 2025, fees paid from Plan assets to Cambridge Investment Research and Strategic Advisers LLC totaled $103,005 and $12,405, respectively, and fees paid to Able Wealth Management totaled $26,830 for consulting services and $102,526 for other services. These transactions qualify as exempt party-in-interest transactions.

Audit fees of $20,000 were paid from Plan assets to GGM Associates Inc., the Plan's independent auditor, during the year ended December 31, 2025.

The Plan issues loans to participants, which are secured by the participant's vested account balance. Notes receivable from participants were $1,591,979 and $1,512,759 at December 31, 2025 and 2024, respectively, and bear interest at rates ranging from 4.25% to 9.50%. These transactions qualify as exempt party-in-interest transactions.

MFA Benefits LLC (the Plan Sponsor) and its participating companies are parties in interest. Certain other administrative expenses of the Plan are paid by the Plan Sponsor.

NOTE 9 – RECONCILIATION OF THE FINANCIAL STATEMENTS TO FORM 5500

The following is a reconciliation of net assets available for benefits as of December 31, 2025, and 2024, per the accompanying financial statements to the Form 5500:

	2025	2024
Net assets available for benefits per the financial statements	$ 118,108,825	$ 100,548,244
Excess contribution payable	23,821	-
Rounding	1	-
Net assets available for benefitsper the Form 5500	$ 118,132,647	$ 100,548,244

Year ending December 31,	2025	2024
Total contributions for the year ended per the financial statements	$ 11,909,343	$ 10,782,306
Add: CY excess contribution	23,821	-
Total contributions per Form 5500	$ 11,933,164	$ 10,782,306

Total contributions per the Form 5500 include excess contributions payable, which are reported as a liability and excluded from total contributions per the financial statements.

SUPPLEMENTARY SCHEDULES

Form 5500, Schedule H, Line 4i

For the year ended December 31, 2025

PLAN NAME: MFA 401(K) PLAN
EMPLOYER IDENTIFICATION NUMBER: 54-1278483
PLAN NUMBER: 001

(a)	(b) Identity of issuer, borrower, lessor	(c) Description of investment	(d) Cost	(e) Current
	Money Market			
	Vanguard	Vanguard Treasury Money Market Fund	**	$ 2,809,799
		Total Money Market		$ 2,809,799
	Mutual Funds			
	American Funds	American Funds American Mutual Fund Class R-6	**	431,470
	American Century	American Century Large Cap Equity R6	**	218,187
	Allspring	Allspring Special Mid Cap Value Fund - Class R6	**	35,007
	Allspring	Allspring Special Small Cap Value Fund - Class R6	**	8,806
	Avantis	Avantis Emerging Markets Equity Institutional Class Fund	**	228,377
	iShares	iShares MSCI EAFE International Index Fund Class K	**	561,223
*	Fidelity	Fidelity 500 Index Fund	**	4,626,194
*	Fidelity	Fidelity Blue Chip Growth K6 Fund	**	1,777,634
*	Fidelity	Fidelity Freedom 2010 Fund Class K6	**	492,915
*	Fidelity	Fidelity Freedom 2015 Fund Class K6	**	1,917,199
*	Fidelity	Fidelity Freedom 2020 Fund Class K6	**	3,447,453
*	Fidelity	Fidelity Freedom 2025 Fund Class K6	**	9,857,191
*	Fidelity	Fidelity Freedom 2030 Fund Class K6	**	14,526,375
*	Fidelity	Fidelity Freedom 2035 Fund Class K6	**	17,652,004
*	Fidelity	Fidelity Freedom 2040 Fund Class K6	**	16,785,231
*	Fidelity	Fidelity Freedom 2045 Fund Class K6	**	13,378,081
*	Fidelity	Fidelity Freedom 2050 Fund Class K6	**	9,967,576
*	Fidelity	Fidelity Freedom 2055 Fund Class K6	**	9,284,237
*	Fidelity	Fidelity Freedom 2060 Fund Class K6	**	3,540,742
*	Fidelity	Fidelity Freedom 2065 Fund Class K6	**	1,137,535
*	Fidelity	Fidelity Global Ex U.S. Index Fund	**	441,333
*	Fidelity	Fidelity Inflation-Protected Bond Index Fund	**	78,337
*	Fidelity	Fidelity International Capital Appreciation K6 Fund	**	124,922
*	Fidelity	Fidelity Mid Cap Growth Index Fund	**	511,391
*	Fidelity	Fidelity Mid Cap Index Fund	**	608,755
*	Fidelity	Fidelity Real Estate Index Fund	**	65,927
*	Fidelity	Fidelity Small Cap Index Fund	**	166,025
*	Fidelity	Fidelity Small Cap Growth K6 Fund	**	87,489
*	Fidelity	Fidelity Small Cap Growth Index Fund	**	25,757
*	Fidelity	Fidelity Total Bond K6 Fund	**	524,431
*	Fidelity	Fidelity U.S. Bond Index Fund	**	482,056
*	Fidelity	Fidelity Freedom Retir K6	**	298,041
*	Fidelity	Fidelity Freedom 2070 Fund Class K6	**	20,226
	JP Morgan Chase	JP Morgan Government Bond Fund Class R6	**	422,741
		Total Mutual Funds		$ 113,730,868
*	Notes receivable from participants	Interest rates vary between 4.25% - 9.50%		$ 1,591,979
		Total investments per Form 5500		$ **118,132,646**

*Represents party-in-interest.

**Cost information is not required for participant directed investments.

MFA 401(k) Plan

THE FINANCIAL STATEMENTS AND
SUPPLEMENTARY INFORMATION

FOR THE YEAR ENDED DECEMBER 31, 2025 and 2024



TABLE OF CONTENTS

Independent auditor's report	1 - 3
Financial Statements:	
Statement of Net Assets Available for Benefits	4
Statement of Changes in Net Assets Available for Benefits	5
Notes to the Financial Statements	6 - 12
Required Supplementary Schedules by the Department of Labor:	
Schedule H, Part IV, Line 4(i) - Schedule of assets	14

GGM Associates, Inc.
3420 Main Street
Skokie, IL 60076
(773) 747-4506

INDEPENDENT AUDITOR'S REPORT

To the Administrative Committee of the
MFA 401(k) Plan

Scope and Nature of the ERISA Section 103(a)(3)(C) Audit

We have performed audits of the accompanying financial statements of MFA 401(k) Plan (the "Plan"), an employee benefit plan subject to the Employee Retirement Income Security Act of 1974 (ERISA), as permitted by ERISA Section 103(a)(3)(C) [ERISA Section 103(a)(3)(C) audit]. The financial statements comprise the statements of net assets available for benefits as of December 31, 2025 and 2024, and the related statement of changes in net assets available for benefits for the year ended December 31, 2025, and the related notes to the financial statements.

Management, having determined it is permissible in the circumstances, has elected to have the audits of MFA 401(k) Plan's financial statements performed in accordance with ERISA Section 103(a)(3)(C) pursuant to 29 CFR 2520.103-8 of the Department of Labor's Rules and Regulations for Reporting and Disclosure under ERISA. As permitted by ERISA Section 103(a)(3)(C), our audits need not extend to any statements or information related to assets held for investment of the plan (investment information) by a bank or similar institution or insurance carrier that is regulated, supervised, and subject to periodic examination by a state or federal agency, provided that the statements or information regarding assets so held are prepared and certified to by the bank or similar institution or insurance carrier in accordance with 29 CFR 2520.103-5 of the Department of Labor's Rules and Regulations for Reporting and Disclosure under ERISA (qualified institution).

Management has obtained certifications from a qualified institution as of December 31, 2025 and 2024, and for the year ended December 31, 2025, stating that the certified investment information, as described in Note 5 to the financial statements, is complete and accurate.

Opinion

In our opinion, based on our audits and on the procedures performed as described in the Auditor's Responsibilities for the Audit of the Financial Statements section—

- the amounts and disclosures in the financial statements referred to above, other than those agreed to or derived from the certified investment information, are presented fairly, in all material respects, in accordance with accounting principles generally accepted in the United States of America.
- the information in the financial statements referred to above related to assets held by and certified to by a qualified institution agrees to, or is derived from, in all material respects, the information prepared and certified by an institution that management determined meets the requirements of ERISA Section 103(a)(3)(C).

Basis for Opinion

We conducted our audits in accordance with auditing standards generally accepted in the United States of America. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Statements section of our report. We are required to be independent of MFA 401(k) Plan and to meet our other ethical responsibilities in accordance with the relevant ethical requirements relating to our audits. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our ERISA Section 103(a)(3)(C) audit opinion.

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Responsibilities of Management for the Financial Statements

Management is responsible for the preparation and fair presentation of the financial statements in accordance with accounting principles generally accepted in the United States of America, and for the design, implementation, and maintenance of internal control relevant to the preparation and fair presentation of financial statements that are free from material misstatement, whether due to fraud or error. Management's election of the ERISA Section 103(a)(3)(C) audit does not affect management's responsibility for the financial statements.

In preparing the financial statements, management is required to evaluate whether there are conditions or events, considered in the aggregate, that raise substantial doubt about MFA 401(k) Plan's ability to continue as a going concern for one year after the date the financial statements are available to be issued.

Management is also responsible for maintaining a current plan instrument, including all plan amendments; administering the plan; and determining that the plan's transactions that are presented and disclosed in the financial statements are in conformity with the plan's provisions, including maintaining sufficient records with respect to each of the participants, to determine the benefits due or which may become due to such participants.

Auditor's Responsibilities for the Audit of the Financial Statements

Except as described in the Scope and Nature of the ERISA Section 103(a)(3)(C) Audit section of our report, our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not absolute assurance and therefore is not a guarantee that an audit conducted in accordance with generally accepted auditing standards will always detect a material misstatement when it exists. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control. Misstatements are considered material if there is a substantial likelihood that, individually or in the aggregate, they would influence the judgment made by a reasonable user based on the financial statements.

In performing an audit in accordance with generally accepted auditing standards, we:

- Exercise professional judgment and maintain professional skepticism throughout the audit.
- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, and design and perform audit procedures responsive to those risks. Such procedures include examining, on a test basis, evidence regarding the amounts and disclosures in the financial statements.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of MFA 401(k) Plan's internal control. Accordingly, no such opinion is expressed.
- Evaluate the appropriateness of accounting policies used and the reasonableness of significant accounting estimates made by management, as well as evaluate the overall presentation of the financial statements.
- Conclude whether, in our judgment, there are conditions or events, considered in the aggregate, that raise substantial doubt about MFA 401(k) Plan's ability to continue as a going concern for a reasonable period of time.

Our audits did not extend to the certified investment information, except for obtaining and reading the certification, comparing the certified investment information with the related information presented and disclosed in the financial statements, and reading the disclosures relating to the certified investment information to assess whether

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they are in accordance with the presentation and disclosure requirements of accounting principles generally accepted in the United States of America.

Accordingly, the objective of an ERISA Section 103(a)(3)(C) audit is not to express an opinion about whether the financial statements as a whole are presented fairly, in all material respects, in accordance with accounting principles generally accepted in the United States of America.

We are required to communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit, significant audit findings, and certain internal control-related matters that we identified during the audit.

Supplemental Schedules Required by ERISA

The supplemental schedules of Form 5500, Schedule H, Line 4i, Schedule of Assets (Held at End of Year) are presented for purposes of additional analysis and are not a required part of the financial statements but are supplementary information required by the Department of Labor's Rules and Regulations for Reporting and Disclosure under ERISA. Such information is the responsibility of management and was derived from and relates directly to the underlying accounting and other records used to prepare the financial statements. The information included in the supplemental schedules, other than that agreed to or derived from the certified investment information, has been subjected to auditing procedures applied in the audits of the financial statements and certain additional procedures, including comparing and reconciling such information directly to the underlying accounting and other records used to prepare the financial statements or to the financial statements themselves, and other additional procedures in accordance with generally accepted auditing standards. For information included in the supplemental schedules that agreed to or is derived from the certified investment information, we compared such information to the related certified investment information.

In forming our opinion on the supplemental schedules, we evaluated whether the supplemental schedules, other than the information agreed to or derived from the certified investment information, including their form and content, are presented in conformity with the Department of Labor's Rules and Regulations for Reporting and Disclosure under ERISA.

In our opinion—

- the form and content of the supplemental schedules, other than the information in the supplemental schedules that agreed to or is derived from the certified investment information, are presented, in all material respects, in conformity with the Department of Labor's Rules and Regulations for Reporting and Disclosure under ERISA.
- the information in the supplemental schedules related to assets held by and certified to by a qualified institution agrees to, or is derived from, in all material respects, the information prepared and certified by an institution that management determined meets the requirements of ERISA Section 103(a)(3)(C).

GGM Associates Inc

Chicago, IL

October 6, 2026

MFA 401(k) Plan

Statement of Net Assets Available for Benefits

December 31, 2025 and 2024

	2025	2024
ASSETS		
Cash	$ -	$ -
Investments, at fair value:		
Money Market funds	2,809,799	2,665,396
Mutual funds	113,730,868	96,370,089
Total investments	116,540,667	99,035,485
Receivables:		
Notes receivable from participants	1,591,979	1,512,759
Total receivables	1,591,979	1,512,759
Total assets	118,132,646	100,548,244
Liabilities		
Excess contribution payable	23,821	-
Total liabilities	23,821	-
NET ASSETS AVAILABLE FOR BENEFITS	$ 118,108,825	$ 100,548,244

MFA 401(k) Plan

Statement of Changes in Net Assets Available for Benefits

For the year ended December 31, 2025

ADDITIONS TO NET ASSETS		
Contributions:		
Employer	**$**	1,052,182
Participant		9,174,527
Other (including rollovers)		1,682,634
Total contributions		11,909,343
Investment income		
Net realized and unrealized gains on investments		13,831,822
Interest and dividends		5,699,867
Interest from note receivables		-
Total investment income		19,531,689
Total additions to net assets		31,441,032
DEDUCTIONS FROM NET ASSETS		
Benefits paid to participants		13,286,122
Excess contributions		36,483
Deemed distributions on participant loans		134,803
Administrative expenses		
Contract administrator fees		27,475
Recordkeeping fees		155,434
Professional fees		20,000
Investment advisory and investment management fees		115,411
Miscellaneous expenses		104,723
Total administrative expenses		423,043
Total expenses		13,880,451
Net increase		17,560,581
NET ASSETS AVAILABLE FOR BENEFITS - BEGINNING OF YEAR		**100,548,244**
NET ASSETS AVAILABLE FOR BENEFITS - END OF YEAR	**$**	**118,108,825**

NOTE 1 – DESCRIPTION OF THE PLAN

The following description of the MFA 401(k) Plan (formerly known as MFA Benefits 401(k) Plan) (the Plan) provides only general information. Participants should refer to the Plan agreement for a more complete description of the Plan's provisions.

General:

The Plan is a defined contribution plan covering all eligible employees of MFA Benefits LLC. On October 2, 2022, the Plan merged with two separate plans: the Corp Healthcare Group 401K Plan (Plan Sponsor: Vita Healthcare Group LLC) and the Luther Woods SNF, LLC Employees' 401K Plan (Plan Sponsor: Luther Woods SNF, LLC), to form the MFA 401(k) Plan. As a result, all investments from the merging plans were transferred into the MFA 401(k) Plan as of October 2, 2022. The Plan Sponsor is MFA Benefits LLC.

The Plan continues to cover all employees of MFA Benefits LLC who meet the eligibility requirements, with certain exclusions as specified in the plan document (such as employees covered by a collective bargaining agreement, leased employees, residents of Puerto Rico, and nonresident aliens without U.S. source income).

The following participating companies under the Plan are as follows:

Adelphi Nursing and Rehabilitation Center LLC
Alamance Operator LLC
Albermarle Care Center LLC
Appomattox Care Center LLC
Bayside SNF LLC
Beaufont Care Center LLC
Belaire Operator LLC
Berkshire Operations LLC
Bowling Green SNF LLC
Brightwood SNF Operator LLC
Burke SNF LLC
Carolina Burke Operator LLC
Carolina Cumberland Operator LLC
Charlotte Operator LLC
Charlottesville Care Center LLC
Chesapeake SNF LLC
Colonial Heights Operator LLC
Crescent Cities SNF LLC
Culpeper Care Center LLC
Elkton SNF LLC
Fairfax Operator LLC
Franklin Facility LLC
Glenburnie Operator LLC
Green House Residence Care And Rehabilitation Center LLC
Gretna Operations LLC
Guilford Operator LLC
Hanover Care Center LLC
Harrisonburg Operations LLC
Henrico Care Center LLC
Heritage Consulting Services LLC
Hopewell Operator LLC
Huntersville Operator LLC
Hyattsville Nursing and Rehabilitation Center LLC
Lake Manassas SNF LLC
Largo Nursing and Rehabilitation Center LLC
Layhill SNF LLC
Lexington Operator LLC
Louisa Care Center LLC
Luther Woods SNF LLC
Lynchburg Care Center LLC
Medical Facilities of America Administrative Consulting Services LLC
Medical Facilities of America XI (11) Limited Partnership
MFA Clinical Consulting LLC
MFA Heritage Consulting LLC
Norfolk SNF LLC
Parham Care Center LLC
Pike Creek SNF Operator LLC
Piney Forest SNF LLC
Potomac Lane SNF Operator LLC
Potomac Valley Operator LLC
Princess Anne SNF LLC
Pulaski Operations LLC
Raleigh Court Operations LLC
Regency SNF LLC
Riverside SNF LLC
Rossville SNF Operator LLC
Salem Facility LLC
Shady Grove SNF LLC
Springtree Operations LLC
Stanleytown Operations LLC
Towson SNF Operator LLC
Valley Operator LLC
Virginia Beach SNF LLC
Westport Operator LLC
Wilmington SNF Operator LLC

NOTE 1 – DESCRIPTION OF THE PLAN (CONTINUED)

Contributions:

Each year, participants may contribute the maximum amount allowed by the Internal Revenue Service, plus Roth IRA contributions. Participants who have attained age 50 before the end of the Plan year are eligible to make catch-up contributions. Participants may also contribute amounts representing distributions from other qualified defined benefit or defined contribution plans (rollover). Participants direct the investment of their contributions into various investment options offered by the Plan.

The Plan Sponsor may elect to make a discretionary matching contribution. The discretionary matching and profit-sharing contributions are invested in the same investment options and allocation percentages as the participant-directed contributions. The total amount contributed to the Plan was in the amount $1,052,182 and $1,110,716 for the plan year ending December 31, 2025, and 2024 respectively.

Participant accounts:

Each participant's account is credited with the participant's contributions and Sponsor matching contributions, as well as allocations of the Sponsor's profit-sharing contribution and Plan earnings. Participant accounts are charged with an allocation of administrative expenses that are paid by the Plan. Allocations are based on participant earnings, account balances, or specific participant transactions, as defined. The benefit to which a participant is entitled is based on the participant's vested account.

Vesting:

Participants are fully vested immediately in their contributions plus actual earnings thereon. Vesting in the Sponsor's contribution portion of their accounts is based on years of continuous service. For matching contributions, a participant is vested 20% after their first year of service, and an additional 20% each year thereafter. After five full years of credited service, a participant is fully vested. Profit-sharing contributions are vested 20% after two years of service and an additional 20% each year thereafter, with participants fully vested after six years of service. Employees impacted by a prior acquisition as of May 28, 2021 are fully vested in matching contributions. All participants were fully vested during the change in sponsorship.

Investment options:

Participants direct the investment of their account balance into various investment options offered by the Plan. The Plan currently offers a variety of registered mutual funds as investment options for participants.

Loans to participants:

Participants may borrow from their fund accounts a minimum of $1,000 up to a maximum equal to the lesser of $50,000 (reduced by the highest outstanding loan balance during the prior twelve months) or 50% of their vested account balance. The loans are secured by the balance in the participant's account and bear interest at a reasonable rate, as determined by the Plan Administrator, based on prevailing commercial rates. Principal and interest are paid ratably through payroll deductions.

Payment of benefits:

Upon termination of service due to death, disability, retirement, or other reasons, a participant or the participant's estate or beneficiary will receive a lump-sum amount equal to the value of the participant's vested interest in the participant's account. Hardship withdrawals are permitted by the Plan. Participants' benefits are charged to participants' equity during the period when participants are entitled to receive payment, which generally is the period during which the benefits are paid.

Disposition of forfeitures:

As of December 31, 2025, and 2024, forfeited non-vested account balances totaled $460,548 and $522,839, respectively.

NOTE 1 – DESCRIPTION OF THE PLAN (CONTINUED)

Subsequent events:

In the preparation of the financial statements, the Plan was reviewed and evaluated by management and determined there were no subsequent events or transactions for disclosure through October 6, 2026, the date the financial statements were available to be issued.

NOTE 2 – SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

Basis of Accounting:

The accompanying financial statements are prepared on the accrual basis in accordance with accounting principles generally accepted in the United States of America, except for benefit payments, which are recorded when paid.

Valuation of investments and income recognition:

Investments are reported at fair value. Fair value is the price that would be received to sell an asset or paid to transfer a liability in an orderly transaction between market participants at the measurement date. The plan administrator determines the Plan's valuation policies utilizing information provided by the investment advisors, custodians and insurance company. See Note 6 for discussion of fair value measurements.

Purchases and sales of securities are recorded on a trade-date basis. Interest income is recorded on the accrual basis. Dividends are recorded on the ex-dividend date. Net appreciation includes the Plan's gains and losses on investments bought and sold as well as held during the year.

Notes Receivable from Participants:

Notes receivable from participants are measured at their unpaid principal balance plus any accrued but unpaid interest. Interest income is recorded on an accrual basis. Related fees are recorded as administrative expenses and are expensed when they are incurred. No allowance for credit losses has been recorded as of December 31, 2025, and 2024.

Payment of benefits:

Benefits are recorded when paid.

Administrative expenses:

Certain expenses of maintaining the Plan are paid by the Plan, unless otherwise paid by the Sponsor. Expenses that are paid by the Sponsor are excluded from these financial statements. Fees related to the administration of notes receivable and benefits paid to participants are charged directly to the participants' accounts and are included in administrative expenses. Investment-related expenses are included in net appreciation in fair value of investments.

Use of estimates:

The preparation of financial statements in conformity with accounting principles generally accepted in the United States of America requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities and changes therein, disclosure of contingent assets and liabilities at the date of the financial statements and the reported amounts of Plan income and expenses during the reporting period. Actual results could differ from those estimates.

Reclassifications:

Reclassifications were added to the prior year's financial statements for comparative purposes to conform with the presentation of the current financial statements.

NOTE 3 – TAX STATUS

The Internal Revenue Service issued a non-standardized pre-approved profit-sharing opinion letter to Principal Life Insurance Company dated June 30, 2020, stating that its prototype plan document was designed in accordance with applicable Internal Revenue Code requirements as of that date. Although the Sponsor has not applied for a determination letter for the Plan and although the Plan has been amended since receiving the determination letter, the plan administrator believes that the Plan is currently designed and is being operated in compliance with the applicable requirements of the Internal Revenue Code. Therefore, the plan administrator believes that the Plan was qualified, and the related trust is tax-exempt.

Accounting principles generally accepted in the United States of America require plan management to evaluate tax positions taken by the Plan and recognize a tax liability if the Plan has taken an uncertain position that more likely than not would not be sustained upon examination by the Internal Revenue Service. The Plan is subject to routine audits by taxing jurisdictions; however, there are currently no audits for any tax periods in progress.

NOTE 4 – PLAN TERMINATION

Although it has not expressed any intent to do so, the Sponsor has the right under the Plan to discontinue its contributions at any time and to terminate the Plan subject to the provisions of ERISA. In the event of Plan termination, participants will become fully vested in their allocation of Sponsor contributions.

NOTE 5 – CERTIFICATION OF CONTRACT HELD BY TRUSTEE

Certain information related to investments and notes receivable from participants disclosed in the accompanying financial statements and supplemental schedule, including investments and notes receivable from participants held at December 31, 2025, and 2024, and net appreciation in fair value of investments, interest and dividends for the year ended December 31, 2025, was obtained or derived from information supplied to the plan administrator and certified as complete and accurate by Fidelity Management Trust Company (the trustee of the Plan).

NOTE 6 – FAIR VALUE MEASUREMENTS

The framework for measuring fair value provides a fair value hierarchy that prioritizes the inputs to valuation techniques used to measure fair value. The hierarchy gives the highest priority to unadjusted quoted market prices in active markets for identical assets or liabilities (level 1) and the lowest priority to unobservable inputs (level 3). The three levels of the fair value hierarchy under FASB ASC 820 are as follows:

Level 1 Inputs to the valuation methodology are unadjusted quoted prices for identical assets or liabilities in active markets that the Plan has the ability to access.

Level 2 Inputs to the valuation methodology include:

- Quoted prices for similar assets or liabilities in active markets:
- Quoted prices for identical or similar assets or liabilities in inactive markets:
- Inputs other than quoted prices that are observable for the asset or liability:
- Inputs that are derived principally from or corroborated by observable market data by correlation or other means.

If the asset or liability has a specified (contractual) term, the Level 2 input must be observable for substantially the full term of the asset or liability.

NOTE 6 – FAIR VALUE MEASUREMENTS (CONTINUED)

Level 3 Inputs to the valuation methodology are unobservable and significant to the fair value measurement.

The asset or liability's fair value measurement level within the fair value hierarchy is based on the lowest level of any input that is significant to the fair value measurement. Valuation techniques maximize the use of relevant observable inputs and minimize the use of unobservable inputs.

The following is a description of the valuation methodologies used for assets measured at fair value. There have been no changes in the methodologies used at December 31, 2025.

> *Mutual funds*: Valued at the daily closing price as reported by the fund. Mutual funds held by the Plan are open-ended mutual funds that are registered with the Securities and Exchange Commission. These funds are required to publish their daily net asset value (NAV) and to transact at that price. The mutual funds held by the Plan are deemed to be actively traded.

The preceding methods described may produce a fair value calculation that may not be indicative of net realizable value or reflective of future fair values. Furthermore, although the Plan believes its valuation methods are appropriate and consistent with other market participants, the use of different methodologies or assumptions to determine the fair value of certain financial instruments could result in a different fair value measurement at the reporting date.

The following table sets forth by level, within the fair value hierarchy, the Plan's assets at fair value as of December 31, 2025:

Assets at Fair Value as of December 31, 2025

	Level 1	Level 2	Level 3	Total
Money Market	$ 2,809,799	$ -	$	$ 2,809,799
Mutual Funds	113,730,868	-	-	113,730,868
Total investments in hierarchy	116,540,667	-	-	116,540,667
Investments measured at NAV				-
Total Investments at fair value	$ 116,540,667	$ -	$ -	$ 116,540,667

NOTE 6 – FAIR VALUE MEASUREMENTS (CONTINUED)

The following table sets forth by level, within the fair value hierarchy, the Plan's assets at fair value as of December 31, 2024:

Assets at Fair Value as of December 31, 2024				
	Level 1	Level 2	Level 3	Total
Money Market	$ 2,665,396	$ -	$ -	$ 2,665,396
Mutual Funds	96,370,089	-	-	96,370,089
Total investments in hierarchy	99,035,485	-	-	99,035,485
Investments measured at NAV				-
Total Investments at fair value	$ 99,035,485	$ -	$ -	$ 99,035,485

NOTE 7 – RISKS AND UNCERTAINTIES

The Plan invests in various investment securities. Investment securities are exposed to various risks such as interest rate, market and credit risks. Due to the level of risk associated with certain investment securities, it is at least reasonably possible that changes in the values of investment securities will occur in the near term and that such changes could materially affect participants' account balances, and the amounts reported in the statements of net assets available for benefits.

NOTE 8 – PARTY-IN-INTEREST TRANSACTIONS

Fidelity Management Trust Company (FMTC) serves as trustee of the Plan, and Fidelity Workplace Services, LLC, an affiliate of FMTC, serves as recordkeeper. Certain Plan investments are shares of mutual funds managed by Fidelity Management and Research Company, an affiliate of the trustee. At December 31, 2025 and 2024, the Plan held investments in Fidelity-managed mutual funds of $111,825,057 and $94,965,257, respectively. These transactions qualify as exempt party-in-interest transactions.

Recordkeeping and other administrative fees are paid from Plan assets and charged to participant accounts. For the year ended December 31, 2025, fees paid by the Plan to Fidelity Workplace Services, LLC totaled $158,276. These transactions qualify as exempt party-in-interest transactions.

Cambridge Investment Research and Strategic Advisers LLC provide investment advisory services to the Plan, and Able Wealth Management provides consulting and other services to the Plan. For the year ended December 31, 2025, fees paid from Plan assets to Cambridge Investment Research and Strategic Advisers LLC totaled $103,005 and $12,405, respectively, and fees paid to Able Wealth Management totaled $26,830 for consulting services and $102,526 for other services. These transactions qualify as exempt party-in-interest transactions.

Audit fees of $20,000 were paid from Plan assets to GGM Associates Inc., the Plan's independent auditor, during the year ended December 31, 2025.

The Plan issues loans to participants, which are secured by the participant's vested account balance. Notes receivable from participants were $1,591,979 and $1,512,759 at December 31, 2025 and 2024, respectively, and bear interest at rates ranging from 4.25% to 9.50%. These transactions qualify as exempt party-in-interest transactions.

MFA Benefits LLC (the Plan Sponsor) and its participating companies are parties in interest. Certain other administrative expenses of the Plan are paid by the Plan Sponsor.

NOTE 9 – RECONCILIATION OF THE FINANCIAL STATEMENTS TO FORM 5500

The following is a reconciliation of net assets available for benefits as of December 31, 2025, and 2024, per the accompanying financial statements to the Form 5500:

	2025	2024
Net assets available for benefits per the financial statements	$ 118,108,825	$ 100,548,244
Excess contribution payable	23,821	-
Rounding	1	-
Net assets available for benefitsper the Form 5500	$ 118,132,647	$ 100,548,244

Year ending December 31,	2025	2024
Total contributions for the year ended per the financial statements	$ 11,909,343	$ 10,782,306
Add: CY excess contribution	23,821	-
Total contributions per Form 5500	$ 11,933,164	$ 10,782,306

Total contributions per the Form 5500 include excess contributions payable, which are reported as a liability and excluded from total contributions per the financial statements.

SUPPLEMENTARY SCHEDULES

Form 5500, Schedule H, Line 4i

For the year ended December 31, 2025

PLAN NAME: MFA 401(K) PLAN
EMPLOYER IDENTIFICATION NUMBER: 54-1278483
PLAN NUMBER: 001

(a)	(b) Identity of issuer, borrower, lessor	(c) Description of investment	(d) Cost	(e) Current
	Money Market			
	Vanguard	Vanguard Treasury Money Market Fund	**	$ 2,809,799
		Total Money Market		$ 2,809,799
	Mutual Funds			
	American Funds	American Funds American Mutual Fund Class R-6	**	431,470
	American Century	American Century Large Cap Equity R6	**	218,187
	Allspring	Allspring Special Mid Cap Value Fund - Class R6	**	35,007
	Allspring	Allspring Special Small Cap Value Fund - Class R6	**	8,806
	Avantis	Avantis Emerging Markets Equity Institutional Class Fund	**	228,377
	iShares	iShares MSCI EAFE International Index Fund Class K	**	561,223
*	Fidelity	Fidelity 500 Index Fund	**	4,626,194
*	Fidelity	Fidelity Blue Chip Growth K6 Fund	**	1,777,634
*	Fidelity	Fidelity Freedom 2010 Fund Class K6	**	492,915
*	Fidelity	Fidelity Freedom 2015 Fund Class K6	**	1,917,199
*	Fidelity	Fidelity Freedom 2020 Fund Class K6	**	3,447,453
*	Fidelity	Fidelity Freedom 2025 Fund Class K6	**	9,857,191
*	Fidelity	Fidelity Freedom 2030 Fund Class K6	**	14,526,375
*	Fidelity	Fidelity Freedom 2035 Fund Class K6	**	17,652,004
*	Fidelity	Fidelity Freedom 2040 Fund Class K6	**	16,785,231
*	Fidelity	Fidelity Freedom 2045 Fund Class K6	**	13,378,081
*	Fidelity	Fidelity Freedom 2050 Fund Class K6	**	9,967,576
*	Fidelity	Fidelity Freedom 2055 Fund Class K6	**	9,284,237
*	Fidelity	Fidelity Freedom 2060 Fund Class K6	**	3,540,742
*	Fidelity	Fidelity Freedom 2065 Fund Class K6	**	1,137,535
*	Fidelity	Fidelity Global Ex U.S. Index Fund	**	441,333
*	Fidelity	Fidelity Inflation-Protected Bond Index Fund	**	78,337
*	Fidelity	Fidelity International Capital Appreciation K6 Fund	**	124,922
*	Fidelity	Fidelity Mid Cap Growth Index Fund	**	511,391
*	Fidelity	Fidelity Mid Cap Index Fund	**	608,755
*	Fidelity	Fidelity Real Estate Index Fund	**	65,927
*	Fidelity	Fidelity Small Cap Index Fund	**	166,025
*	Fidelity	Fidelity Small Cap Growth K6 Fund	**	87,489
*	Fidelity	Fidelity Small Cap Growth Index Fund	**	25,757
*	Fidelity	Fidelity Total Bond K6 Fund	**	524,431
*	Fidelity	Fidelity U.S. Bond Index Fund	**	482,056
*	Fidelity	Fidelity Freedom Retir K6	**	298,041
*	Fidelity	Fidelity Freedom 2070 Fund Class K6	**	20,226
	JP Morgan Chase	JP Morgan Government Bond Fund Class R6	**	422,741
		Total Mutual Funds		$ 113,730,868
*	Notes receivable from participants	Interest rates vary between 4.25% - 9.50%		$ 1,591,979
		Total investments per Form 5500		$ **118,132,646**

*Represents party-in-interest.

**Cost information is not required for participant directed investments.