Form 5500

Department of the Treasury
Internal Revenue Service

Department of Labor
Employee Benefits Security Administration

Pension Benefit Guaranty Corporation

Annual Return/Report of Employee Benefit Plan

This form is required to be filed for employee benefit plans under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA) and sections 6057(b) and 6058(a) of the Internal Revenue Code (the Code).

▶ **Complete all entries in accordance with the instructions to the Form 5500.**

OMB Nos. 1210-0110
1210-0089

2025

This Form is Open to Public Inspection

Part I Annual Report Identification Information

For calendar plan year 2025 or fiscal plan year beginning 01/01/2025 and ending 12/31/2025

A This return/report is for:
- [ ] a multiemployer plan
- [ ] a multiple-employer plan (Filers checking this box must provide participating employer information in accordance with the form instructions.)
- [X] a single-employer plan
- [ ] a DFE (specify) _____

B This return/report is:
- [ ] the first return/report
- [ ] the final return/report
- [ ] an amended return/report
- [ ] a short plan year return/report (less than 12 months)

C If the plan is a collectively-bargained plan, check here. . . . . ▶ [ ]

D Check box if filing under:
- [X] Form 5558
- [ ] automatic extension
- [ ] the DFVC program
- [ ] special extension (enter description)

E If this is a retroactively adopted plan permitted by SECURE Act section 201, check here. . . . . ▶ [ ]

Part II Basic Plan Information—enter all requested information

1a Name of plan
MARY WASHINGTON HEALTHCARE DEFINED BENEFIT RETIREMENT PLAN

1b Three-digit plan number (PN) ▶ 001

1c Effective date of plan 01/01/1965

2a Plan sponsor's name (employer, if for a single-employer plan)
Mailing address (include room, apt., suite no. and street, or P.O. Box)
City or town, state or province, country, and ZIP or foreign postal code (if foreign, see instructions)
MARY WASHINGTON HEALTHCARE

1340 CENTRAL PARK BLVD #106
FREDERICKSBURG, VA 22401

2b Employer Identification Number (EIN) 54-1240646

2c Plan Sponsor's telephone number 540-741-2500

2d Business code (see instructions) 622000

Caution: A penalty for the late or incomplete filing of this return/report will be assessed unless reasonable cause is established.

Under penalties of perjury and other penalties set forth in the instructions, I declare that I have examined this return/report, including accompanying schedules, statements and attachments, as well as the electronic version of this return/report, and to the best of my knowledge and belief, it is true, correct, and complete.

SIGN HERE	Filed with authorized/valid electronic signature.	10/15/2026	ANNE E JERNIGAN
	Signature of plan administrator	Date	Enter name of individual signing as plan administrator
SIGN HERE			
	Signature of employer/plan sponsor	Date	Enter name of individual signing as employer or plan sponsor
SIGN HERE			
	Signature of DFE	Date	Enter name of individual signing as DFE

3a Plan administrator's name and address ☐ Same as Plan Sponsor

THE RETIREMENT COMMITTEE MARY WASHINGTON HEALTHCARE

1340 CENTRAL PARK BLVD #106
FREDERICKSBURG, VA 22401

3b Administrator's EIN: 54-1334742

3c Administrator's telephone number: 540-741-2500

4 If the name and/or EIN of the plan sponsor or the plan name has changed since the last return/report filed for this plan, enter the plan sponsor's name, EIN, the plan name and the plan number from the last return/report:

a Sponsor's name

c Plan Name

4b EIN

4d PN

5	Total number of participants at the beginning of the plan year	**5**	1552
6	Number of participants as of the end of the plan year unless otherwise stated (welfare plans complete only lines **6a(1), 6a(2), 6b, 6c,** and **6d**).		
a(1)	Total number of active participants at the beginning of the plan year	**6a(1)**	294
a(2)	Total number of active participants at the end of the plan year	**6a(2)**	265
b	Retired or separated participants receiving benefits	**6b**	170
c	Other retired or separated participants entitled to future benefits	**6c**	392
d	Subtotal. Add lines **6a(2)**, **6b**, and **6c**.	**6d**	827
e	Deceased participants whose beneficiaries are receiving or are entitled to receive benefits.	**6e**	39
f	Total. Add lines **6d** and **6e**.	**6f**	866
g(1)	Number of participants with account balances as of the beginning of the plan year (only defined contribution plans complete this item)	**6g(1)**	
g(2)	Number of participants with account balances as of the end of the plan year (only defined contribution plans complete this item)	**6g(2)**	
h	Number of participants who terminated employment during the plan year with accrued benefits that were less than 100% vested.	**6h**	0
7	Enter the total number of employers obligated to contribute to the plan (only multiemployer plans complete this item)	**7**	

8a If the plan provides pension benefits, enter the applicable pension feature codes from the List of Plan Characteristic Codes in the instructions:

1A 1I

b If the plan provides welfare benefits, enter the applicable welfare feature codes from the List of Plan Characteristic Codes in the instructions:

9a Plan funding arrangement (check all that apply)

- (1) [X] Insurance
- (2) [ ] Code section 412(e)(3) insurance contracts
- (3) [X] Trust
- (4) [ ] General assets of the sponsor

9b Plan benefit arrangement (check all that apply)

- (1) [X] Insurance
- (2) [ ] Code section 412(e)(3) insurance contracts
- (3) [X] Trust
- (4) [ ] General assets of the sponsor

10 Check all applicable boxes in 10a and 10b to indicate which schedules are attached, and, where indicated, enter the number attached. (See instructions)

a Pension Schedules

- (1) [X] **R** (Retirement Plan Information)
- (2) [ ] **MB** (Multiemployer Defined Benefit Plan and Certain Money Purchase Plan Actuarial Information) - signed by the plan actuary
- (3) [X] **SB** (Single-Employer Defined Benefit Plan Actuarial Information) - signed by the plan actuary
- (4) [ ] **DCG** (Individual Plan Information) – Number Attached _____
- (5) [ ] **MEP** (Multiple-Employer Retirement Plan Information)

b General Schedules

- (1) [X] **H** (Financial Information)
- (2) [ ] **I** (Financial Information – Small Plan)
- (3) [ ] **A** (Insurance Information) – Number Attached 0
- (4) [X] **C** (Service Provider Information)
- (5) [X] **D** (DFE/Participating Plan Information)
- (6) [ ] **G** (Financial Transaction Schedules)

Part III Form M-1 Compliance Information (to be completed by welfare benefit plans)

11a If the plan provides welfare benefits, was the plan subject to the Form M-1 filing requirements during the plan year? (See instructions and 29 CFR 2520.101-2.) ..... ☐ Yes ☐ No

If "Yes" is checked, complete lines 11b and 11c.

11b Is the plan currently in compliance with the Form M-1 filing requirements? (See instructions and 29 CFR 2520.101-2.) ..... ☐ Yes ☐ No

11c Enter the Receipt Confirmation Code for the 2025 Form M-1 annual report. If the plan was not required to file the 2025 Form M-1 annual report, enter the Receipt Confirmation Code for the most recent Form M-1 that was required to be filed under the Form M-1 filing requirements. (Failure to enter a valid Receipt Confirmation Code will subject the Form 5500 filing to rejection as incomplete.)

Receipt Confirmation Code_____

SCHEDULE SB (Form 5500)

Department of the Treasury
Internal Revenue Service

Department of Labor
Employee Benefits Security Administration

Pension Benefit Guaranty Corporation

Single-Employer Defined Benefit Plan Actuarial Information

This schedule is required to be filed under section 104 of the Employee Retirement Income Security Act of 1974 (ERISA) and section 6059 of the Internal Revenue Code (the Code).

▶ **File as an attachment to Form 5500 or 5500-SF.**

OMB No. 1210-0110

2025

This Form is Open to Public Inspection

For calendar plan year 2025 or fiscal plan year beginning 01/01/2025 and ending 12/31/2025

▶ **Round off amounts to nearest dollar.**

▶ **Caution:** A penalty of $1,000 will be assessed for late filing of this report unless reasonable cause is established.

A Name of plan
MARY WASHINGTON HEALTHCARE DEFINED BENEFIT RETIREMENT PLAN

B Three-digit plan number (PN) ▶ 001

C Plan sponsor's name as shown on line 2a of Form 5500 or 5500-SF
MARY WASHINGTON HEALTHCARE

D Employer Identification Number (EIN)
54-1240646

E Type of plan: [X] Single [ ] Multiple-A [ ] Multiple-B

F Prior year plan size: [ ] 100 or fewer [ ] 101-500 [X] More than 500

Part I Basic Information

1 Enter the valuation date: Month 01 Day 01 Year 2025

2 Assets:

a Market value	**2a**	128037125
b Actuarial value	**2b**	119868306

3 Funding target/participant count breakdown

	(1) Number of participants	(2) Vested Funding Target	(3) Total Funding Target
a For retired participants and beneficiaries receiving payment	294	83030988	83030988
b For terminated vested participants	415	20783502	20783502
c For active participants	843	18486844	18486844
d Total	1552	122301334	122301334

4 If the plan is in at-risk status, check the box and complete lines (a) and (b) [ ]

a Funding target disregarding prescribed at-risk assumptions	**4a**	
b Funding target reflecting at-risk assumptions, but disregarding transition rule for plans that have been in at-risk status for fewer than five consecutive years and disregarding loading factor	**4b**	

5 Effective interest rate	**5**	5.35 %
6 Target normal cost		
a Present value of current plan year accruals	**6a**	0
b Expected plan-related expenses	**6b**	600000
c Target normal cost	**6c**	600000

Statement by Enrolled Actuary

To the best of my knowledge, the information supplied in this schedule and accompanying schedules, statements and attachments, if any, is complete and accurate. Each prescribed assumption was applied in accordance with applicable law and regulations. In my opinion, each other assumption is reasonable (taking into account the experience of the plan and reasonable expectations) and such other assumptions, in combination, offer my best estimate of anticipated experience under the plan.

SIGN HERE

Signature of actuary

07/21/2026
Date

BRIANNA ZAMBITO, F.S.A., E.A.
Type or print name of actuary

26-08617
Most recent enrollment number

FIDELITY INVESTMENTS
Firm name

212-335-5639
Telephone number (including area code)

640 FIFTH AVENUE
NEW YORK, NY 10019
Address of the firm

If the actuary has not fully reflected any regulation or ruling promulgated under the statute in completing this schedule, check the box and see instructions [ ]

Part II Beginning of Year Carryover and Prefunding Balances

		(a) Carryover balance	(b) Prefunding balance
7	Balance at beginning of prior year after applicable adjustments (line 13 from prior year)	0	7763186
8	Portion elected for use to offset prior year's funding requirement (line 35 from prior year)	0	1610698
9	Amount remaining (line 7 minus line 8)	0	6152488
10	Interest on line 9 using prior year's actual return of 11.32 %	0	696462
11	Prior year's excess contributions to be added to prefunding balance:		
	a Present value of excess contributions (line 38a from prior year)		0
	b(1) Interest on the excess, if any, of line 38a over line 38b from prior year Schedule SB, using prior year's effective interest rate of 5.09 %		0
	b(2) Interest on line 38b from prior year Schedule SB, using prior year's actual return		
	c Total available at beginning of current plan year to add to prefunding balance		0
	d Portion of (c) to be added to prefunding balance		0
12	Other reductions in balances due to elections or deemed elections	0	0
13	Balance at beginning of current year (line 9 + line 10 + line 11d – line 12)	0	6848950

Part III Funding Percentages

14	Funding target attainment percentage	14	92.41 %
15	Adjusted funding target attainment percentage	15	92.76 %
16	Prior year's funding percentage for purposes of determining whether carryover/prefunding balances may be used to reduce current year's funding requirement	16	93.48 %
17	If the current value of the assets of the plan is less than 70 percent of the funding target, enter such percentage.	17	%

Part IV Contributions and Liquidity Shortfalls

18 Contributions made to the plan for the plan year by employer(s) and employees:

(a) Date (MM-DD-YYYY)	(b) Amount paid by employer(s)	(c) Amount paid by employees	(a) Date (MM-DD-YYYY)	(b) Amount paid by employer(s)	(c) Amount paid by employees
			Totals ► 18(b)	0	18(c) 0

19	Discounted employer contributions – see instructions for small plan with a valuation date after the beginning of the year:		
	a Contributions allocated toward unpaid minimum required contributions from prior years	19a	0
	b Contributions made to avoid restrictions adjusted to valuation date.	19b	0
	c Contributions allocated toward minimum required contribution for current year adjusted to valuation date	19c	0

20 Quarterly contributions and liquidity shortfalls:

a Did the plan have a "funding shortfall" for the prior year? [X] Yes [ ] No

b If line 20a is "Yes," were required quarterly installments for the current year made in a timely manner? [X] Yes [ ] No

c If line 20a is "Yes," see instructions and complete the following table as applicable:

Liquidity shortfall as of end of quarter of this plan year

(1) 1st	(2) 2nd	(3) 3rd	(4) 4th
0	0	0	0

Part V Assumptions Used to Determine Funding Target and Target Normal Cost

21 Discount rate:

a Segment rates:	1st segment: 5.07 %	2nd segment: 5.31 %	3rd segment: 5.50 %	☐ N/A, full yield curve used

b Applicable month (enter code)	**21b**	4
22 Weighted average retirement age	**22**	60

23 Mortality table(s) (see instructions) ☐ Prescribed - combined ☒ Prescribed - separate ☐ Substitute

Part VI Miscellaneous Items

24 Has a change been made in the non-prescribed actuarial assumptions for the current plan year? If "Yes," see instructions regarding required attachment. ☒ Yes ☐ No

25 Has a method change been made for the current plan year? If "Yes," see instructions regarding required attachment. ☐ Yes ☒ No

26 Demographic and benefit information

a Is the plan required to provide a Schedule of Active Participants? If "Yes," see instructions regarding required attachment. ☒ Yes ☐ No

b Is the plan required to provide a projection of expected benefit payments? If "Yes," see instructions regarding required attachment ☒ Yes ☐ No

27 If the plan is subject to alternative funding rules, enter applicable code and see instructions regarding attachment	**27**	

Part VII Reconciliation of Unpaid Minimum Required Contributions For Prior Years

28 Unpaid minimum required contributions for all prior years	**28**	0
29 Discounted employer contributions allocated toward unpaid minimum required contributions from prior years (line 19a)	**29**	0
30 Remaining amount of unpaid minimum required contributions (line 28 minus line 29)	**30**	0

Part VIII Minimum Required Contribution For Current Year

31 Target normal cost and excess assets (see instructions):

a Target normal cost (line 6c)	**31a**	600000
b Excess assets, if applicable, but not greater than line 31a	**31b**	0

32 Amortization installments:	Outstanding Balance	Installment
a Net shortfall amortization installment	9281978	951729
b Waiver amortization installment	0	0

33 If a waiver has been approved for this plan year, enter the date of the ruling letter granting the approval (Month _____ Day _____ Year _____)_and the waived amount	**33**	
34 Total funding requirement before reflecting carryover/prefunding balances (lines 31a - 31b + 32a + 32b - 33)	**34**	1551729

	Carryover balance	Prefunding balance	Total balance
35 Balances elected for use to offset funding requirement	0	1551729	1551729

36 Additional cash requirement (line 34 minus line 35)	**36**	0
37 Contributions allocated toward minimum required contribution for current year adjusted to valuation date (line 19c)	**37**	0
38 Present value of excess contributions for current year (see instructions)		
a Total (excess, if any, of line 37 over line 36)	**38a**	0
b Portion included in line 38a attributable to use of prefunding and funding standard carryover balances	**38b**	
39 Unpaid minimum required contribution for current year (excess, if any, of line 36 over line 37)	**39**	0
40 Unpaid minimum required contributions for all years	**40**	0

Part IX Pension Funding Relief Under the American Rescue Plan Act of 2021 (See Instructions)

41 If an election was made to use the extended amortization rule for a plan year beginning on or before December 31, 2021, check the box to indicate the first plan year for which the rule applies. ☐ 2019 ☒ 2020 ☐ 2021

SCHEDULE C (Form 5500)	Service Provider Information	OMB No. 1210-0110
Department of the Treasury Internal Revenue Service Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation	This schedule is required to be filed under section 104 of the Employee Retirement Income Security Act of 1974 (ERISA). ▶ **File as an attachment to Form 5500.**	**2025** **This Form is Open to Public Inspection.**

For calendar plan year 2025 or fiscal plan year beginning 01/01/2025 and ending 12/31/2025

A Name of plan
MARY WASHINGTON HEALTHCARE DEFINED BENEFIT RETIREMENT PLAN

B Three-digit plan number (PN) ▶ 001

C Plan sponsor's name as shown on line 2a of Form 5500
MARY WASHINGTON HEALTHCARE

D Employer Identification Number (EIN)
54-1240646

Part I Service Provider Information (see instructions)

You must complete this Part, in accordance with the instructions, to report the information required for **each person** who received, directly or indirectly, $5,000 or more in total compensation (i.e., money or anything else of monetary value) in connection with services rendered to the plan or the person's position with the plan during the plan year. If a person received **only** eligible indirect compensation for which the plan received the required disclosures, you are required to answer line 1 but are not required to include that person when completing the remainder of this Part.

1 Information on Persons Receiving Only Eligible Indirect Compensation

a Check "Yes" or "No" to indicate whether you are excluding a person from the remainder of this Part because they received only eligible indirect compensation for which the plan received the required disclosures (see instructions for definitions and conditions).. . . . . [X] Yes [ ] No

b If you answered line 1a "Yes," enter the name and EIN or address of each person providing the required disclosures for the service providers who received only eligible indirect compensation. Complete as many entries as needed (see instructions).

(b) Enter name and EIN or address of person who provided you disclosures on eligible indirect compensation

PRINCIPAL BANK

42-1466678

(b) Enter name and EIN or address of person who provided you disclosures on eligible indirect compensation

(b) Enter name and EIN or address of person who provided you disclosures on eligible indirect compensation

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(b) Enter name and EIN or address of person who provided you disclosures on eligible indirect compensation

2. Information on Other Service Providers Receiving Direct or Indirect Compensation. Except for those persons for whom you answered "Yes" to line 1a above, complete as many entries as needed to list each person receiving, directly or indirectly, $5,000 or more in total compensation (i.e., money or anything else of value) in connection with services rendered to the plan or their position with the plan during the plan year. (See instructions).

(a) Enter name and EIN or address (see instructions)

FID INV INST OPS CO

04-2647786

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
50 11	ACTUARY	333316	Yes [ ] No [X]	Yes [ ] No [ ]		Yes [ ] No [ ]

(a) Enter name and EIN or address (see instructions)

ONEDIGITAL INVEST ADVISORS LLC

43-1451524

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
27 50	INV ADVISORY	242143	Yes [ ] No [X]	Yes [ ] No [ ]		Yes [ ] No [ ]

(a) Enter name and EIN or address (see instructions)

US BANCORP ASSET MANAGEMENT

31-0841368

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
27 50	INVESTMENT MANAGER	151010	Yes [ ] No [X]	Yes [ ] No [ ]		Yes [ ] No [ ]

2. Information on Other Service Providers Receiving Direct or Indirect Compensation. Except for those persons for whom you answered "Yes" to line 1a above, complete as many entries as needed to list each person receiving, directly or indirectly, $5,000 or more in total compensation (i.e., money or anything else of value) in connection with services rendered to the plan or their position with the plan during the plan year. (See instructions).

(a) Enter name and EIN or address (see instructions)

BAKER TILLY US, LLP

30-1413443

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
10 50	AUDITOR	18637	Yes ☐ No ☒	Yes ☐ No ☐		Yes ☐ No ☐

(a) Enter name and EIN or address (see instructions)

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
			Yes ☐ No ☐	Yes ☐ No ☐		Yes ☐ No ☐

(a) Enter name and EIN or address (see instructions)

(b) Service Code(s)	(c) Relationship to employer, employee organization, or person known to be a party-in-interest	(d) Enter direct compensation paid by the plan. If none, enter -0-.	(e) Did service provider receive indirect compensation? (sources other than plan or plan sponsor)	(f) Did indirect compensation include eligible indirect compensation, for which the plan received the required disclosures?	(g) Enter total indirect compensation received by service provider excluding eligible indirect compensation for which you answered "Yes" to element (f). If none, enter -0-.	(h) Did the service provider give you a formula instead of an amount or estimated amount?
			Yes ☐ No ☐	Yes ☐ No ☐		Yes ☐ No ☐

Part I Service Provider Information (continued)

3. If you reported on line 2 receipt of indirect compensation, other than eligible indirect compensation, by a service provider, and the service provider is a fiduciary or provides contract administrator, consulting, custodial, investment advisory, investment management, broker, or recordkeeping services, answer the following questions for (a) each source from whom the service provider received $1,000 or more in indirect compensation and (b) each source for whom the service provider gave you a formula used to determine the indirect compensation instead of an amount or estimated amount of the indirect compensation. Complete as many entries as needed to report the required information for each source.

(a) Enter service provider name as it appears on line 2	**(b)** Service Codes (see instructions)	**(c)** Enter amount of indirect compensation
(d) Enter name and EIN (address) of source of indirect compensation	**(e)** Describe the indirect compensation, including any formula used to determine the service provider's eligibility for or the amount of the indirect compensation.	

(a) Enter service provider name as it appears on line 2	**(b)** Service Codes (see instructions)	**(c)** Enter amount of indirect compensation
(d) Enter name and EIN (address) of source of indirect compensation	**(e)** Describe the indirect compensation, including any formula used to determine the service provider's eligibility for or the amount of the indirect compensation.	

(a) Enter service provider name as it appears on line 2	**(b)** Service Codes (see instructions)	**(c)** Enter amount of indirect compensation
(d) Enter name and EIN (address) of source of indirect compensation	**(e)** Describe the indirect compensation, including any formula used to determine the service provider's eligibility for or the amount of the indirect compensation.	

Part II Service Providers Who Fail or Refuse to Provide Information

4 Provide, to the extent possible, the following information for each service provider who failed or refused to provide the information necessary to complete this Schedule.

(a) Enter name and EIN or address of service provider (see instructions)	**(b)** Nature of Service Code(s)	**(c)** Describe the information that the service provider failed or refused to provide

(a) Enter name and EIN or address of service provider (see instructions)	**(b)** Nature of Service Code(s)	**(c)** Describe the information that the service provider failed or refused to provide

(a) Enter name and EIN or address of service provider (see instructions)	**(b)** Nature of Service Code(s)	**(c)** Describe the information that the service provider failed or refused to provide

(a) Enter name and EIN or address of service provider (see instructions)	**(b)** Nature of Service Code(s)	**(c)** Describe the information that the service provider failed or refused to provide

(a) Enter name and EIN or address of service provider (see instructions)	**(b)** Nature of Service Code(s)	**(c)** Describe the information that the service provider failed or refused to provide

(a) Enter name and EIN or address of service provider (see instructions)	**(b)** Nature of Service Code(s)	**(c)** Describe the information that the service provider failed or refused to provide

Part III Termination Information on Accountants and Enrolled Actuaries (see instructions)

(complete as many entries as needed)

a Name:

b EIN:

c Position:

d Address:

e Telephone:

Explanation:

a Name:

b EIN:

c Position:

d Address:

e Telephone:

Explanation:

a Name:

b EIN:

c Position:

d Address:

e Telephone:

Explanation:

a Name:

b EIN:

c Position:

d Address:

e Telephone:

Explanation:

a Name:

b EIN:

c Position:

d Address:

e Telephone:

Explanation:

SCHEDULE D (Form 5500)

Department of the Treasury
Internal Revenue Service

Department of Labor
Employee Benefits Security Administration

DFE/Participating Plan Information

This schedule is required to be filed under section 104 of the Employee Retirement Income Security Act of 1974 (ERISA).

▶ **File as an attachment to Form 5500.**

OMB No. 1210-0110

2025

This Form is Open to Public Inspection.

For calendar plan year 2025 or fiscal plan year beginning 01/01/2025 and ending 12/31/2025

A Name of plan
MARY WASHINGTON HEALTHCARE DEFINED BENEFIT RETIREMENT PLAN

B Three-digit plan number (PN) ▶ 001

C Plan or DFE sponsor's name as shown on line 2a of Form 5500
MARY WASHINGTON HEALTHCARE

D Employer Identification Number (EIN)
54-1240646

Part I **Information on interests in MTIAs, CCTs, PSAs, and 103-12 IEs (to be completed by plans and DFEs)**
(Complete as many entries as needed to report all interests in DFEs)

a Name of MTIA, CCT, PSA, or 103-12 IE: FIAM GROUP TRUST INTERMEDIATE COMM

b Name of sponsor of entity listed in (a): FIDELITY INSTITUTIONAL ASSET MANAGEMENT TRUST COMPANY

c EIN-PN	**d** Entity code	**e** Dollar value of interest in MTIA, CCT, PSA, or 103-12 IE at end of year (see instructions)
20-4659514-233	C	37349041

a Name of MTIA, CCT, PSA, or 103-12 IE:

b Name of sponsor of entity listed in (a):

c EIN-PN	**d** Entity code	**e** Dollar value of interest in MTIA, CCT, PSA, or 103-12 IE at end of year (see instructions)

a Name of MTIA, CCT, PSA, or 103-12 IE:

b Name of sponsor of entity listed in (a):

c EIN-PN	**d** Entity code	**e** Dollar value of interest in MTIA, CCT, PSA, or 103-12 IE at end of year (see instructions)

a Name of MTIA, CCT, PSA, or 103-12 IE:

b Name of sponsor of entity listed in (a):

c EIN-PN	**d** Entity code	**e** Dollar value of interest in MTIA, CCT, PSA, or 103-12 IE at end of year (see instructions)

a Name of MTIA, CCT, PSA, or 103-12 IE:

b Name of sponsor of entity listed in (a):

c EIN-PN	**d** Entity code	**e** Dollar value of interest in MTIA, CCT, PSA, or 103-12 IE at end of year (see instructions)

a Name of MTIA, CCT, PSA, or 103-12 IE:

b Name of sponsor of entity listed in (a):

c EIN-PN	**d** Entity code	**e** Dollar value of interest in MTIA, CCT, PSA, or 103-12 IE at end of year (see instructions)

a Name of MTIA, CCT, PSA, or 103-12 IE:

b Name of sponsor of entity listed in (a):

c EIN-PN	**d** Entity code	**e** Dollar value of interest in MTIA, CCT, PSA, or 103-12 IE at end of year (see instructions)

a Name of MTIA, CCT, PSA, or 103-12 IE:

b Name of sponsor of entity listed in (a):

c EIN-PN	**d** Entity code	**e** Dollar value of interest in MTIA, CCT, PSA, or 103-12 IE at end of year (see instructions)

a Name of MTIA, CCT, PSA, or 103-12 IE:

b Name of sponsor of entity listed in (a):

c EIN-PN	**d** Entity code	**e** Dollar value of interest in MTIA, CCT, PSA, or 103-12 IE at end of year (see instructions)

a Name of MTIA, CCT, PSA, or 103-12 IE:

b Name of sponsor of entity listed in (a):

c EIN-PN	**d** Entity code	**e** Dollar value of interest in MTIA, CCT, PSA, or 103-12 IE at end of year (see instructions)

a Name of MTIA, CCT, PSA, or 103-12 IE:

b Name of sponsor of entity listed in (a):

c EIN-PN	**d** Entity code	**e** Dollar value of interest in MTIA, CCT, PSA, or 103-12 IE at end of year (see instructions)

a Name of MTIA, CCT, PSA, or 103-12 IE:

b Name of sponsor of entity listed in (a):

c EIN-PN	**d** Entity code	**e** Dollar value of interest in MTIA, CCT, PSA, or 103-12 IE at end of year (see instructions)

a Name of MTIA, CCT, PSA, or 103-12 IE:

b Name of sponsor of entity listed in (a):

c EIN-PN	**d** Entity code	**e** Dollar value of interest in MTIA, CCT, PSA, or 103-12 IE at end of year (see instructions)

a Name of MTIA, CCT, PSA, or 103-12 IE:

b Name of sponsor of entity listed in (a):

c EIN-PN	**d** Entity code	**e** Dollar value of interest in MTIA, CCT, PSA, or 103-12 IE at end of year (see instructions)

a Name of MTIA, CCT, PSA, or 103-12 IE:

b Name of sponsor of entity listed in (a):

c EIN-PN	**d** Entity code	**e** Dollar value of interest in MTIA, CCT, PSA, or 103-12 IE at end of year (see instructions)

a Name of MTIA, CCT, PSA, or 103-12 IE:

b Name of sponsor of entity listed in (a):

c EIN-PN	**d** Entity code	**e** Dollar value of interest in MTIA, CCT, PSA, or 103-12 IE at end of year (see instructions)

a Name of MTIA, CCT, PSA, or 103-12 IE:

b Name of sponsor of entity listed in (a):

c EIN-PN	**d** Entity code	**e** Dollar value of interest in MTIA, CCT, PSA, or 103-12 IE at end of year (see instructions)

Part II **Information on Participating Plans (to be completed by DFEs, other than DCGs)**
(Complete as many entries as needed to report all participating plans. DCGs must report each participating plan using Schedule DCG.)

a Plan name

b Name of plan sponsor | **c** EIN-PN

a Plan name

b Name of plan sponsor | **c** EIN-PN

a Plan name

b Name of plan sponsor | **c** EIN-PN

a Plan name

b Name of plan sponsor | **c** EIN-PN

a Plan name

b Name of plan sponsor | **c** EIN-PN

a Plan name

b Name of plan sponsor | **c** EIN-PN

a Plan name

b Name of plan sponsor | **c** EIN-PN

a Plan name

b Name of plan sponsor | **c** EIN-PN

a Plan name

b Name of plan sponsor | **c** EIN-PN

a Plan name

b Name of plan sponsor | **c** EIN-PN

a Plan name

b Name of plan sponsor | **c** EIN-PN

a Plan name

b Name of plan sponsor | **c** EIN-PN

a Plan name

b Name of plan sponsor | **c** EIN-PN

SCHEDULE H (Form 5500)

Department of the Treasury
Internal Revenue Service

Department of Labor
Employee Benefits Security Administration

Pension Benefit Guaranty Corporation

Financial Information

This schedule is required to be filed under section 104 of the Employee Retirement Income Security Act of 1974 (ERISA), and section 6058(a) of the Internal Revenue Code (the Code).

▶ **File as an attachment to Form 5500.**

OMB No. 1210-0110

2025

This Form is Open to Public Inspection

For calendar plan year 2025 or fiscal plan year beginning 01/01/2025 and ending 12/31/2025

A Name of plan
MARY WASHINGTON HEALTHCARE DEFINED BENEFIT RETIREMENT PLAN

B Three-digit plan number (PN) ▶ 001

C Plan sponsor's name as shown on line 2a of Form 5500
MARY WASHINGTON HEALTHCARE

D Employer Identification Number (EIN)
54-1240646

Part I Asset and Liability Statement

1 Current value of plan assets and liabilities at the beginning and end of the plan year. Combine the value of plan assets held in more than one trust. Report the value of the plan's interest in a commingled fund containing the assets of more than one plan on a line-by-line basis unless the value is reportable on lines 1c(9) through 1c(14). Do not enter the value of that portion of an insurance contract which guarantees, during this plan year, to pay a specific dollar benefit at a future date. **Round off amounts to the nearest dollar.** MTIAs, CCTs, PSAs, and 103-12 IEs do not complete lines 1b(1), 1b(2), 1c(8), 1g, 1h, and 1i. CCTs, PSAs, and 103-12 IEs also do not complete lines 1d and 1e. See instructions.

Assets		(a) Beginning of Year	(b) End of Year
a Total noninterest-bearing cash	1a	453	0
b Receivables (less allowance for doubtful accounts):			
(1) Employer contributions	1b(1)		
(2) Participant contributions	1b(2)		
(3) Other	1b(3)	3844	8578
c General investments:			
(1) Interest-bearing cash (include money market accounts & certificates of deposit)	1c(1)	1413564	2493797
(2) U.S. Government securities	1c(2)		
(3) Corporate debt instruments (other than employer securities):			
(A) Preferred	1c(3)(A)		
(B) All other	1c(3)(B)		
(4) Corporate stocks (other than employer securities):			
(A) Preferred	1c(4)(A)		
(B) Common	1c(4)(B)		
(5) Partnership/joint venture interests	1c(5)		
(6) Real estate (other than employer real property)	1c(6)		
(7) Loans (other than to participants)	1c(7)		
(8) Participant loans	1c(8)		
(9) Value of interest in common/collective trusts	1c(9)	0	37349041
(10) Value of interest in pooled separate accounts	1c(10)		
(11) Value of interest in master trust investment accounts	1c(11)		
(12) Value of interest in 103-12 investment entities	1c(12)		
(13) Value of interest in registered investment companies (e.g., mutual funds)	1c(13)	126614433	45060477
(14) Value of funds held in insurance company general account (unallocated contracts)	1c(14)		
(15) Other	1c(15)	4830	602

		(a) Beginning of Year	(b) End of Year
1d Employer-related investments:			
(1) Employer securities	1d(1)		
(2) Employer real property	1d(2)		
1e Buildings and other property used in plan operation	1e		
1f Total assets (add all amounts in lines 1a through 1e)	1f	128037124	84912495
Liabilities			
1g Benefit claims payable	1g		
1h Operating payables	1h		
1i Acquisition indebtedness	1i		
1j Other liabilities	1j		
1k Total liabilities (add all amounts in lines 1g through1j)	1k	0	0
Net Assets			
1l Net assets (subtract line 1k from line 1f)	1l	128037124	84912495

Part II Income and Expense Statement

2 Plan income, expenses, and changes in net assets for the year. Include all income and expenses of the plan, including any trust(s) or separately maintained fund(s) and any payments/receipts to/from insurance carriers. Round off amounts to the nearest dollar. MTIAs, CCTs, PSAs, and 103-12 IEs do not complete lines 2a, 2b(1)(E), 2e, 2f, and 2g.

Income		(a) Amount	(b) Total
a Contributions:			
(1) Received or receivable in cash from: **(A)** Employers	2a(1)(A)		
(B) Participants	2a(1)(B)		
(C) Others (including rollovers)	2a(1)(C)	11253	
(2) Noncash contributions	2a(2)		
(3) Total contributions. Add lines **2a(1)(A), (B), (C),** and line **2a(2)**	2a(3)		11253
b Earnings on investments:			
(1) Interest:			
(A) Interest-bearing cash (including money market accounts and certificates of deposit)	2b(1)(A)	169101	
(B) U.S. Government securities	2b(1)(B)		
(C) Corporate debt instruments	2b(1)(C)		
(D) Loans (other than to participants)	2b(1)(D)		
(E) Participant loans	2b(1)(E)		
(F) Other	2b(1)(F)		
(G) Total interest. Add lines **2b(1)(A)** through **(F)**	2b(1)(G)		169101
(2) Dividends: **(A)** Preferred stock	2b(2)(A)		
(B) Common stock	2b(2)(B)		
(C) Registered investment company shares (e.g. mutual funds)	2b(2)(C)	3115831	
(D) Total dividends. Add lines **2b(2)(A)**, **(B)**, and **(C)**	2b(2)(D)		3115831
(3) Rents	2b(3)		
(4) Net gain (loss) on sale of assets: **(A)** Aggregate proceeds	2b(4)(A)	309370110	
(B) Aggregate carrying amount (see instructions)	2b(4)(B)	308879591	
(C) Subtract line **2b(4)(B)** from line **2b(4)(A)** and enter result	2b(4)(C)		490519
(5) Unrealized appreciation (depreciation) of assets: **(A)** Real estate	2b(5)(A)		
(B) Other	2b(5)(B)	886708	
(C) Total unrealized appreciation of assets. Add lines **2b(5)(A)** and **(B)**	2b(5)(C)		886708

		(a) Amount	(b) Total
(6) Net investment gain (loss) from common/collective trusts	2b(6)		
(7) Net investment gain (loss) from pooled separate accounts	2b(7)		
(8) Net investment gain (loss) from master trust investment accounts	2b(8)		
(9) Net investment gain (loss) from 103-12 investment entities	2b(9)		
(10) Net investment gain (loss) from registered investment companies (e.g., mutual funds)	2b(10)		8919332
c Other income	2c		401003
d Total income. Add all **income** amounts in column (b) and enter total	2d		13993747
Expenses			
e Benefit payment and payments to provide benefits:			
(1) Directly to participants or beneficiaries, including direct rollovers	2e(1)	7759611	
(2) To insurance carriers for the provision of benefits	2e(2)	48428598	
(3) Other	2e(3)		
(4) Total benefit payments. Add lines **2e(1)** through **(3)**	2e(4)		56188209
f Corrective distributions (see instructions)	2f		
g Certain deemed distributions of participant loans (see instructions)	2g		
h Interest expense	2h		
i Administrative expenses:			
(1) Salaries and allowances	2i(1)		
(2) Contract administrator fees	2i(2)		
(3) Recordkeeping fees	2i(3)		
(4) IQPA audit fees	2i(4)		
(5) Investment advisory and investment management fees	2i(5)	461099	
(6) Bank or trust company trustee/custodial fees	2i(6)		
(7) Actuarial fees	2i(7)	265370	
(8) Legal fees	2i(8)		
(9) Valuation/appraisal fees	2i(9)		
(10) Other trustee fees and expenses	2i(10)		
(11) Other expenses	2i(11)	203698	
(12) Total administrative expenses. Add lines **2i(1)** through **(11)**	2i(12)		930167
j Total expenses. Add all **expense** amounts in column (b) and enter total	2j		57118376
Net Income and Reconciliation			
k Net income (loss). Subtract line **2j** from line **2d**	2k		-43124629
l Transfers of assets:			
(1) To this plan	2l(1)		
(2) From this plan	2l(2)		

Part III Accountant's Opinion

3 Complete lines 3a through 3c if the opinion of an independent qualified public accountant is attached to this Form 5500. Complete line 3d if an opinion is not attached.

a The attached opinion of an independent qualified public accountant for this plan is (see instructions):

(1) [X] Unmodified **(2)** [ ] Qualified **(3)** [ ] Disclaimer **(4)** [ ] Adverse

b Check the appropriate box(es) to indicate whether the IQPA performed an ERISA section 103(a)(3)(C) audit. Check both boxes (1) and (2) if the audit was performed pursuant to both 29 CFR 2520.103-8 and 29 CFR 2520.103-12(d). Check box (3) if pursuant to neither.

(1) [X] DOL Regulation 2520.103-8 **(2)** [ ] DOL Regulation 2520.103-12(d) **(3)** [ ] neither DOL Regulation 2520.103-8 nor DOL Regulation 2520.103-12(d).

c Enter the name and EIN of the accountant (or accounting firm) below:

(1) Name: BAKER TILLY US, LLP **(2)** EIN: 30-1413443

d The opinion of an independent qualified public accountant is **not attached** as part of Schedule H because:

(1) [ ] This form is filed for a CCT, PSA, DCG or MTIA. **(2)** [ ] It will be attached to the next Form 5500 pursuant to 29 CFR 2520.104-50.

Part IV Compliance Questions

4 CCTs and PSAs do not complete Part IV. MTIAs, 103-12 IEs, and GIAs do not complete lines 4a, 4e, 4f, 4g, 4h, 4k, 4m, 4n, or 5. 103-12 IEs also do not complete lines 4j and 4l. MTIAs also do not complete line 4l. DCGs do not complete lines 4e, 4f, 4k, 4l, and 5, and DCGs generally complete the rest of Part IV collectively for all plans in the DCG, except as otherwise provided (see instructions).

During the plan year:

		Yes	No	Amount
a Was there a failure to transmit to the plan any participant contributions within the time period described in 29 CFR 2510.3-102? Continue to answer "Yes" for any prior year failures until fully corrected. (See instructions and DOL's Voluntary Fiduciary Correction Program.)	4a		X	
b Were any loans by the plan or fixed income obligations due the plan in default as of the close of the plan year or classified during the year as uncollectible? Disregard participant loans secured by participant's account balance. (Attach Schedule G (Form 5500) Part I if "Yes" is checked.)	4b		X	
c Were any leases to which the plan was a party in default or classified during the year as uncollectible? (Attach Schedule G (Form 5500) Part II if "Yes" is checked.)	4c		X	
d Were there any nonexempt transactions with any party-in-interest? (Do not include transactions reported on line 4a. Attach Schedule G (Form 5500) Part III if "Yes" is checked.)	4d		X	
e Was this plan covered by a fidelity bond?	4e	X		10000000
f Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesty?	4f		X	
g Did the plan hold any assets whose current value was neither readily determinable on an established market nor set by an independent third party appraiser?	4g		X	
h Did the plan receive any noncash contributions whose value was neither readily determinable on an established market nor set by an independent third party appraiser?	4h		X	
i Did the plan have assets held for investment? (Attach schedule(s) of assets if "Yes" is checked, and see instructions for format requirements.)	4i	X		
j Were any plan transactions or series of transactions in excess of 5% of the current value of plan assets? (Attach schedule of transactions if "Yes" is checked and see instructions for format requirements.)	4j	X		
k Were all the plan assets either distributed to participants or beneficiaries, transferred to another plan, or brought under the control of the PBGC?	4k		X	
l Has the plan failed to provide any benefit when due under the plan?	4l		X	
m If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3.)	4m			
n If 4m was answered "Yes," check the "Yes" box if you either provided the required notice or one of the exceptions to providing the notice applied under 29 CFR 2520.101-3.	4n			

5a Has a resolution to terminate the plan been adopted during the plan year or any prior plan year? [ ] Yes [X] No

If "Yes," enter the amount of any plan assets that reverted to the employer this year _____.

5b If, during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify the plan(s) to which assets or liabilities were transferred. (See instructions.)

5b(1) Name of plan(s)	**5b(2)** EIN(s)	**5b(3)** PN(s)

5c Was the plan a defined benefit plan covered under the PBGC insurance program at any time during this plan year? (See ERISA section 4021 and instructions.) ..... [X] Yes [ ] No [ ] Not determined

If "Yes" is checked, enter the My PAA confirmation number from the PBGC premium filing for this plan year 578794.

SCHEDULE R (Form 5500)

Department of the Treasury
Internal Revenue Service

Department of Labor
Employee Benefits Security Administration

Pension Benefit Guaranty Corporation

Retirement Plan Information

This schedule is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA) and section 6058(a) of the Internal Revenue Code (the Code).

▶ **File as an attachment to Form 5500.**

OMB No. 1210-0110

2025

This Form is Open to Public Inspection.

For calendar plan year 2025 or fiscal plan year beginning 01/01/2025 and ending 12/31/2025

A Name of plan
MARY WASHINGTON HEALTHCARE DEFINED BENEFIT RETIREMENT PLAN

B Three-digit plan number (PN) ▶ 001

C Plan sponsor's name as shown on line 2a of Form 5500
MARY WASHINGTON HEALTHCARE

D Employer Identification Number (EIN)
54-1240646

Part I Distributions

All references to distributions relate only to payments of benefits during the plan year.

1 Total value of distributions paid in property other than in cash or the forms of property specified in the instructions ..... 1 | 0

2 Enter the EIN(s) of payor(s) who paid benefits on behalf of the plan to participants or beneficiaries during the year (if more than two, enter EINs of the two payors who paid the greatest dollar amounts of benefits):

EIN(s): 13-3689044

Profit-sharing plans, ESOPs, and stock bonus plans, skip line 3.

3 Number of participants (living or deceased) whose benefits were distributed in a single sum, during the plan year ..... 3 | 685

Part II Funding Information (If the plan is not subject to the minimum funding requirements of section 412 of the Internal Revenue Code or ERISA section 302, skip this Part.)

4 Is the plan administrator making an election under Code section 412(d)(2) or ERISA section 302(d)(2)? ..... ☐ Yes ☐ No ☒ N/A

If the plan is a defined benefit plan, go to line 8.

5 If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instructions and enter the date of the ruling letter granting the waiver. **Date:** Month _____ Day _____ Year _____

If you completed line 5, complete lines 3, 9, and 10 of Schedule MB and do not complete the remainder of this schedule.

6 a Enter the minimum required contribution for this plan year (include any prior year accumulated funding deficiency not waived) 6a

b Enter the amount contributed by the employer to the plan for this plan year 6b

c Subtract the amount in line 6b from the amount in line 6a. Enter the result (enter a minus sign to the left of a negative amount) 6c

If you completed line 6c, skip lines 8 and 9.

7 Will the minimum funding amount reported on line 6c be met by the funding deadline? ..... ☐ Yes ☐ No ☐ N/A

8 If a change in actuarial cost method was made for this plan year pursuant to a revenue procedure or other authority providing automatic approval for the change or a class ruling letter, does the plan sponsor or plan administrator agree with the change? ..... ☐ Yes ☐ No ☒ N/A

Part III Amendments

9 If this is a defined benefit pension plan, were any amendments adopted during this plan year that increased or decreased the value of benefits? If yes, check the appropriate box. If no, check the "No" box. ..... ☐ Increase ☐ Decrease ☐ Both ☒ No

Part IV ESOPs (see instructions). If this is not a plan described under section 409(a) or 4975(e)(7) of the Internal Revenue Code, skip this Part.

10 Were unallocated employer securities or proceeds from the sale of unallocated securities used to repay any exempt loan? ..... ☐ Yes ☐ No

11 a Does the ESOP hold any preferred stock? ..... ☐ Yes ☐ No

b If the ESOP has an outstanding exempt loan with the employer as lender, is such loan part of a "back-to-back" loan? (See instructions for definition of "back-to-back" loan.) ..... ☐ Yes ☐ No

12 Does the ESOP hold any stock that is not readily tradable on an established securities market? ..... ☐ Yes ☐ No

Part V Additional Information for Multiemployer Defined Benefit Pension Plans

13 Enter the following information for each employer that (1) contributed more than 5% of total contributions to the plan during the plan year or (2) was one of the top-ten highest contributors (measured in dollars). See instructions. *Complete as many entries as needed to report all applicable employers.*

a Name of contributing employer

b EIN **c** Dollar amount contributed by employer

d Date collective bargaining agreement expires *(If employer contributes under more than one collective bargaining agreement, check box* ☐ *and see instructions regarding required attachment. Otherwise, enter the applicable date.)* Month _____ Day _____ Year _____

e Contribution rate information *(If more than one rate applies, check this box* ☐ *and see instructions regarding required attachment. Otherwise, complete lines 13e(1) and 13e(2).)*
(1) Contribution rate (in dollars and cents) _____
(2) Base unit measure: ☐ Hourly ☐ Weekly ☐ Unit of production ☐ Other (specify):

---

a Name of contributing employer

b EIN **c** Dollar amount contributed by employer

d Date collective bargaining agreement expires *(If employer contributes under more than one collective bargaining agreement, check box* ☐ *and see instructions regarding required attachment. Otherwise, enter the applicable date.)* Month _____ Day _____ Year _____

e Contribution rate information *(If more than one rate applies, check this box* ☐ *and see instructions regarding required attachment. Otherwise, complete lines 13e(1) and 13e(2).)*
(1) Contribution rate (in dollars and cents) _____
(2) Base unit measure: ☐ Hourly ☐ Weekly ☐ Unit of production ☐ Other (specify): _____

---

a Name of contributing employer

b EIN **c** Dollar amount contributed by employer

d Date collective bargaining agreement expires *(If employer contributes under more than one collective bargaining agreement, check box* ☐ *and see instructions regarding required attachment. Otherwise, enter the applicable date.)* Month _____ Day _____ Year _____

e Contribution rate information *(If more than one rate applies, check this box* ☐ *and see instructions regarding required attachment. Otherwise, complete lines 13e(1) and 13e(2).)*
(1) Contribution rate (in dollars and cents) _____
(2) Base unit measure: ☐ Hourly ☐ Weekly ☐ Unit of production ☐ Other (specify): _____

---

a Name of contributing employer

b EIN **c** Dollar amount contributed by employer

d Date collective bargaining agreement expires *(If employer contributes under more than one collective bargaining agreement, check box* ☐ *and see instructions regarding required attachment. Otherwise, enter the applicable date.)* Month _____ Day _____ Year _____

e Contribution rate information *(If more than one rate applies, check this box* ☐ *and see instructions regarding required attachment. Otherwise, complete lines 13e(1) and 13e(2).)*
(1) Contribution rate (in dollars and cents) _____
(2) Base unit measure: ☐ Hourly ☐ Weekly ☐ Unit of production ☐ Other (specify): _____

---

a Name of contributing employer

b EIN **c** Dollar amount contributed by employer

d Date collective bargaining agreement expires *(If employer contributes under more than one collective bargaining agreement, check box* ☐ *and see instructions regarding required attachment. Otherwise, enter the applicable date.)* Month _____ Day _____ Year _____

e Contribution rate information *(If more than one rate applies, check this box* ☐ *and see instructions regarding required attachment. Otherwise, complete lines 13e(1) and 13e(2).)*
(1) Contribution rate (in dollars and cents) _____
(2) Base unit measure: ☐ Hourly ☐ Weekly ☐ Unit of production ☐ Other (specify): _____

---

a Name of contributing employer

b EIN **c** Dollar amount contributed by employer

d Date collective bargaining agreement expires *(If employer contributes under more than one collective bargaining agreement, check box* ☐ *and see instructions regarding required attachment. Otherwise, enter the applicable date.)* Month _____ Day _____ Year _____

e Contribution rate information *(If more than one rate applies, check this box* ☐ *and see instructions regarding required attachment. Otherwise, complete lines 13e(1) and 13e(2).)*
(1) Contribution rate (in dollars and cents) _____
(2) Base unit measure: ☐ Hourly ☐ Weekly ☐ Unit of production ☐ Other (specify): _____

14 Enter the number of deferred vested and retired participants (inactive participants), as of the beginning of the plan year, whose contributing employer is no longer making contributions to the plan for:

a The current plan year. Check the box to indicate the counting method used to determine the number of inactive participants: ☐ last contributing employer ☐ alternative ☐ reasonable approximation (see instructions for required attachment)	**14a**	
b The plan year immediately preceding the current plan year. ☐ Check the box if the number reported is a change from what was previously reported (see instructions for required attachment)	**14b**	
c The second preceding plan year. ☐ Check the box if the number reported is a change from what was previously reported (see instructions for required attachment)	**14c**	

15 Enter the ratio of the number of participants under the plan on whose behalf no employer had an obligation to make an employer contribution during the current plan year to:

a The corresponding number for the plan year immediately preceding the current plan year	**15a**	
b The corresponding number for the second preceding plan year	**15b**	

16 Information with respect to any employers who withdrew from the plan during the preceding plan year:

a Enter the number of employers who withdrew during the preceding plan year	**16a**	
b If line 16a is greater than 0, enter the aggregate amount of withdrawal liability assessed or estimated to be assessed against such withdrawn employers	**16b**	

17 If assets and liabilities from another plan have been transferred to or merged with this plan during the plan year, check box and see instructions regarding supplemental information to be included as an attachment ☐

Part VI Additional Information for Single-Employer and Multiemployer Defined Benefit Pension Plans

18 If any liabilities to participants or their beneficiaries under the plan as of the end of the plan year consist (in whole or in part) of liabilities to such participants and beneficiaries under two or more pension plans as of immediately before such plan year, check box and see instructions regarding supplemental information to be included as an attachment ☐

19 If the total number of participants is 1,000 or more, complete lines (a) and (b):

a Enter the percentage of plan assets held as:
Public Equity: 65.0 % Private Equity: _____% Investment-Grade Debt and Interest Rate Hedging Assets: 22.0 %
High-Yield Debt: 12.0 % Real Assets: _____% Cash or Cash Equivalents: _____% Other: 1.0 %

b Provide the average duration of the Investment-Grade Debt and Interest Rate Hedging Assets:
☒ 0-5 years ☐ 5-10 years ☐ 10-15 years ☐ 15 years or more

20 **PBGC missed contribution reporting requirements.** If this is a multiemployer plan or a single-employer plan that is not covered by PBGC, skip line 20.

a Is the amount of unpaid minimum required contributions for all years from Schedule SB (Form 5500) line 40 greater than zero? ☐ Yes ☒ No

b If line 20a is "Yes," has PBGC been notified as required by ERISA sections 4043(c)(5) and/or 303(k)(4)? Check the applicable box:

☐ Yes.

☐ No. Reporting was waived under 29 CFR 4043.25(c)(2) because contributions equal to or exceeding the unpaid minimum required contribution were made by the 30th day after the due date.

☐ No. The 30-day period referenced in 29 CFR 4043.25(c)(2) has not yet ended, and the sponsor intends to make a contribution equal to or exceeding the unpaid minimum required contribution by the 30th day after the due date.

☐ No. Other. Provide explanation._____

Part VII IRS Compliance Questions

21a Does the plan satisfy the coverage and nondiscrimination tests of Code sections 410(b) and 401(a)(4) by combining this plan with any other plans under the permissive aggregation rules? ☐ Yes ☒ No

21b If this is a Code section 401(k) plan, check all boxes that apply to indicate how the plan is intended to satisfy the nondiscrimination requirements for employee deferrals and employer matching contributions (as applicable) under Code sections 401(k)(3) and 401(m)(2).

☐ Design-based safe harbor method

☐ "Prior year" ADP test

☐ "Current year" ADP test

☒ N/A

22 If the plan sponsor is an adopter of a pre-approved plan that received a favorable IRS Opinion Letter, enter the date of the Opinion Letter ___/___/_____ (MM/DD/YYYY) and the Opinion Letter serial number_____.

Structured Attachment	Schedule SB, line 26b	2025
Department of the Treasury Internal Revenue Service Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation	**Schedule of Projection of Expected Benefit Payments**	This Form is Open to Public Inspection

Name of Plan	MARY WASHINGTON HEALTHCARE DEFINED BENEFIT RETIREMENT PLAN						
Plan Year Begin Date	01/01/2025	Plan Year End Date	12/31/2025	EIN	54-1240646	PN	001

Plan Year	Active Participants	Terminated Vested Participants	Retired Participants and Beneficiaries Receiving Payments	Total
2025	133949	795790	8362334	9292073
2026	367049	886166	8133611	9386826
2027	578174	1000010	7846567	9424751
2028	747223	1103507	7567451	9418181
2029	900463	1142978	7324970	9368411
2030	1039179	1240733	7090209	9370121
2031	1153737	1302031	6836716	9292484
2032	1247260	1370380	6578194	9195834
2033	1325050	1478088	6315697	9118835
2034	1389996	1521899	6020716	8932611
2035	1438274	1578048	5731740	8748062
2036	1481018	1620061	5438748	8539827
2037	1511025	1632174	5137062	8280261
2038	1543458	1638471	4828057	8009986
2039	1558693	1627385	4513304	7699382
2040	1566725	1614694	4194595	7376014
2041	1571673	1583256	3873969	7028898
2042	1565886	1558946	3553690	6678522
2043	1549855	1537954	3236241	6324050
2044	1533401	1498260	2924257	5955918
2045	1512248	1456292	2620466	5589006
2046	1477223	1406168	2327616	5211007
2047	1439424	1352166	2048350	4839940
2048	1398804	1291129	1785087	4475020
2049	1352754	1228397	1539917	4121068

Name of Plan	MARY WASHINGTON HEALTHCARE DEFINED BENEFIT RETIREMENT PLAN						
Plan Year Begin Date	01/01/2025	Plan Year End Date	12/31/2025	EIN	54-1240646	PN	001

Plan Year	Active Participants	Terminated Vested Participants	Retired Participants and Beneficiaries Receiving Payments	Total
2050	1300983	1164256	1314514	3779753
2051	1245870	1099034	1110032	3454936
2052	1187772	1033091	927061	3147924
2053	1126859	966808	765634	2859301
2054	1063360	900592	625255	2589207
2055	997647	834867	504966	2337480
2056	930209	770049	403417	2103675
2057	861596	706536	318969	1887101
2058	792437	644703	249793	1686933
2059	723427	584903	193974	1502304
2060	655297	527456	149596	1332349
2061	588794	472664	114820	1176278
2062	524621	420789	87940	1033350
2063	463414	372049	67424	902887
2064	405726	326632	51938	784296
2065	352008	284668	40350	677026
2066	302584	246233	31728	580545
2067	257661	211349	25325	494335
2068	217311	179966	20556	417833
2069	181490	151984	16977	350451
2070	150064	127261	14251	291576
2071	122816	105617	12135	240568
2072	99463	86849	10453	196765
2073	79682	70730	9080	159492
2074	63125	57025	7931	128081

Mary Washington Healthcare
Defined Benefit Plan

Financial Statements and
Supplementary Information

December 31, 2025 and 2024

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Independent Auditors' Report

To the Plan Participants and Plan Administrator of the
Mary Washington Healthcare Defined Benefit Plan

Scope and Nature of the ERISA Section 103(a)(3)(C) Audit

We have performed audits of the financial statements of the Mary Washington Healthcare Defined Benefit Plan (the Plan), an employee benefit plan subject to the Employee Retirement Income Security Act of 1974 (ERISA), as permitted by ERISA Section 103(a)(3)(C) (ERISA Section 103(a)(3)(C) audit). The financial statements comprise the statements of net assets available for benefits as of December 31, 2025 and 2024, and the related statements of changes in net assets available for benefits for the years then ended and the statement of accumulated plan benefits as of December 31, 2024, and the related statement of changes in accumulated plan benefits for the year then ended, and the related notes to the financial statements.

Management, having determined it is permissible in the circumstances, has elected to have the audits of the Plan's financial statements performed in accordance with ERISA Section 103(a)(3)(C) pursuant to 29 CFR 2520.103-8 of the Department of Labor's (DOL) Rules and Regulations for Reporting and Disclosure under ERISA. As permitted by ERISA Section 103(a)(3)(C), our audits need not extend to any statements or information related to assets held for investment of the Plan (investment information) by a bank or similar institution or insurance carrier that is regulated, supervised and subject to periodic examination by a state or federal agency, provided that the statements or information regarding assets so held are prepared and certified to by the bank or similar institution or insurance carrier in accordance with 29 CFR 2520.103-5 of the DOL's Rules and Regulations for Reporting and Disclosure under ERISA (qualified institution).

Management has obtained certifications from a qualified institution as of December 31, 2025 and 2024, and for the years then ended December 31, 2025 and 2024, stating that the certified investment information, as described in Note 6 to the financial statements, is complete and accurate.

Opinion

In our opinion, based on our audits and on the procedures performed as described in the Auditors' Responsibilities for the Audit of the Financial Statements section:

- The amounts and disclosures in the accompanying financial statements, other than those agreed to or derived from the certified investment information, are presented fairly, in all material respects, in accordance with accounting principles generally accepted in the United States of America.
- The information in the accompanying financial statements related to assets held by and certified to by a qualified institution agrees to, or is derived from, in all material respects, the information prepared and certified by an institution that management determined meets the requirements of ERISA Section 103(a)(3)(C).

Baker Tilly Advisory Group, LP and Baker Tilly US, LLP, trading as Baker Tilly, are members of the global network of Baker Tilly International Ltd., the members of which are separate and independent legal entities. Baker Tilly US, LLP is a licensed CPA firm that provides assurance services to its clients. Baker Tilly Advisory Group, LP and its subsidiary entities provide tax and consulting services to their clients and are not licensed CPA firms.

Basis for Opinion

We conducted our audits in accordance with auditing standards generally accepted in the United States of America (GAAS). Our responsibilities under those standards are further described in the Auditors' Responsibilities for the Audit of the Financial Statements section of our report. We are required to be independent of the Plan and to meet our other ethical responsibilities, in accordance with the relevant ethical requirements relating to our audits. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our ERISA Section 103(a)(3)(C) audit opinion.

Substantial Doubt About the Plan's Ability to Continue as a Going Concern

The accompanying financial statements have been prepared assuming that the Plan will continue as a going concern. As discussed in Notes 2 and 8 to the financial statements, the Board of Directors of the Plan's sponsor decided on May 12, 2026, to terminate the Plan effective July 31, 2026, which indicates that the Plan is not a going concern. The financial statements do not include any adjustments that might be necessary upon termination. Our opinion is not modified with respect to that matter.

Responsibilities of Management for the Financial Statements

Management is responsible for the preparation and fair presentation of the financial statements in accordance with accounting principles generally accepted in the United States of America, and for the design, implementation and maintenance of internal control relevant to the preparation and fair presentation of financial statements that are free from material misstatement, whether due to fraud or error. Management's election of the ERISA Section 103(a)(3)(C) audit does not affect management's responsibility for the financial statements.

In preparing the financial statements, management is required to evaluate whether there are conditions or events, considered in the aggregate, that raise substantial doubt about the Plan's ability to continue as a going concern for at least one year following the date that the financial statements are available to be issued.

Management is also responsible for maintaining a current plan instrument, including all plan amendments, administering the Plan, and determining that the Plan's transactions that are presented and disclosed in the financial statements are in conformity with the Plan's provisions, including maintaining sufficient records with respect to each of the participants, to determine the benefits due or which may become due to such participants.

Auditors' Responsibilities for the Audit of the Financial Statements

Except as described in the Scope and Nature of the ERISA Section 103(a)(3)(C) Audit section of our report, our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditors' report that includes our opinion. Reasonable assurance is a high level of assurance but is not absolute assurance and therefore is not a guarantee that an audit conducted in accordance with GAAS will always detect a material misstatement when it exists. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations or the override of internal control. Misstatements are considered material if there is a substantial likelihood that, individually or in the aggregate, they would influence the judgment made by a reasonable user based on the financial statements.

In performing an audit in accordance with GAAS, we:

- Exercise professional judgment and maintain professional skepticism throughout the audit.
- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, and design and perform audit procedures responsive to those risks. Such procedures include examining, on a test basis, evidence regarding the amounts and disclosures in the financial statements.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Plan's internal control. Accordingly, no such opinion is expressed.
- Evaluate the appropriateness of accounting policies used and the reasonableness of significant accounting estimates made by management, as well as evaluate the overall presentation of the financial statements.
- Conclude whether, in our judgment, there are conditions or events, considered in the aggregate, that raise substantial doubt about the Plan's ability to continue as a going concern for a reasonable period of time.

Our audits did not extend to the certified investment information, except for obtaining and reading the certification, comparing the certified investment information with the related information presented and disclosed in the financial statements, and reading the disclosures relating to the certified investment information to assess whether they are in accordance with the presentation and disclosure requirements of accounting principles generally accepted in the United States of America.

Accordingly, the objective of an ERISA Section 103(a)(3)(C) audit is not to express an opinion about whether the financial statements as a whole are presented fairly, in all material respects, in accordance with accounting principles generally accepted in the United States of America.

We are required to communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit, significant audit findings and certain internal control-related matters that we identified during the audit.

Other Matter - Supplemental Schedules Required by ERISA

The supplemental schedules, Schedule H, Line 4(i) - Schedule of Assets (Held at End of Year), and Schedule H, Line 4(j) - Schedule of Reportable Transactions as of or for the year ended December 31, 2025 are presented for purposes of additional analysis and are not a required part of the financial statements but are supplementary information required by the DOL's Rules and Regulations for Reporting and Disclosure under ERISA. Such information is the responsibility of management and was derived from and relates directly to the underlying accounting and other records used to prepare the financial statements. The information included in the supplemental schedules, other than that agreed to or derived from the certified investment information, has been subjected to auditing procedures applied in the audits of the financial statements and certain additional procedures, including comparing and reconciling such information directly to the underlying accounting and other records used to prepare the financial statements or to the financial statements themselves, and other additional procedures in accordance with GAAS. For information included in the supplemental schedules that agreed to or is derived from the certified investment information, we compared such information to the related certified investment information.

In forming our opinion on the supplemental schedules, we evaluated whether the supplemental schedules, other than the information agreed to or derived from the certified investment information, including their form and content, are presented in conformity with the DOL's Rules and Regulations for Reporting and Disclosure under ERISA.

In our opinion:

- The form and content of the supplemental schedules, other than the information in the supplemental schedules that agreed to or is derived from the certified investment information, are presented, in all material respects, in conformity with the DOL's Rules and Regulations for Reporting and Disclosure under ERISA.

- The information in the supplemental schedules related to assets held by and certified to by a qualified institution agrees to, or is derived from, in all material respects, the information prepared and certified by an institution that management determined meets the requirements of ERISA Section 103(a)(3)(C).



Pittsburgh, Pennsylvania
October 15, 2026

Mary Washington Healthcare Defined Benefit Plan

Statements of Net Assets Available for Benefits

December 31, 2025 and 2024

	2025	2024
Assets		
Cash and cash equivalents	$ -	$ 453
Investments		
Investments at fair value		
Money market funds	2,493,797	1,413,564
Mutual funds	45,060,477	126,614,433
Investments valued at NAV	37,349,041	-
Limited partnerships	602	4,830
Total Investments at fair value	84,903,917	128,032,827
Total investments	84,903,917	128,032,827
Receivables		
Other receivables	8,578	3,844
Total assets	84,912,495	128,037,124
Net assets available for benefits	$ 84,912,495	$ 128,037,124

See notes to financial statements

Mary Washington Healthcare Defined Benefit Plan

Statements of Changes in Net Assets Available for Benefits

Years Ended December 31, 2025 and 2024

	2025	2024
Additions		
Investment income		
Interest and dividends	$ 3,284,932	$ 3,876,994
Net appreciation in fair value of investments	10,697,562	9,800,333
Total investment income	13,982,494	13,677,327
Contributions		
Employer contributions	-	94,592
Other revenue	11,253	6,529
Total additions	13,993,747	13,778,448
Deductions		
Benefits paid to participants	56,188,209	8,702,052
Administrative expenses	930,167	949,440
Total deductions	57,118,376	9,651,492
Net (decrease) increase	(43,124,629)	4,126,956
Net assets available for benefits		
Beginning of year	128,037,124	123,910,168
End of year	$ 84,912,495	$ 128,037,124

See notes to financial statements

Mary Washington Healthcare Defined Benefit Plan

Statement of Accumulated Plan Benefits

December 31, 2024

Actuarial present value of accumulated plan benefits	
Vested benefits	
Participants currently receiving payments	$ 71,728,443
Participants entitled to deferred benefits	16,522,743
Other participants	14,105,588
Total vested benefits	102,356,774
Total actuarial present value of accumulated plan benefits	$ 102,356,774

See notes to financial statements

Mary Washington Healthcare Defined Benefit Plan

Statement of Changes in Accumulated Plan Benefits

Year Ended December 31, 2024

Actuarial present value of accumulated plan benefits at beginning of year	$ 104,499,088
Increase (decrease) during the year attributable to:	
Actuarial experience gain	(683,763)
Change in amortization discount period	7,520,487
Assumption changes	(276,986)
Benefits paid	(8,702,052)
Net decrease	(2,142,314)
Actuarial present value of accumulated plan benefits at end of year	$ 102,356,774

See notes to financial statements

1. Description of Plan

The following description of the Mary Washington Healthcare Defined Benefit Plan (the Plan) provides only general information. Participants should refer to the plan agreement for a more complete description of the Plan's provisions.

General

The Plan is a noncontributory defined benefit plan established effective January 1, 1965, as restated January 1, 2025. Prior to the plan freeze, the Plan covered all employees of Mary Washington Healthcare (the Organization), excluding all employees except existing employees of record, effective December 31, 2003. No additional employees were added to the Plan on or after January 1, 2005. Existing participants continued to be eligible for plan benefits as outlined in the plan document. The Plan is subject to the provisions of the Employee Retirement Income Security Act of 1974, as amended (ERISA). The Board of Directors is responsible for oversight of the Plan. The Plan's investment committee determines the appropriateness of the Plan's investment offerings, and monitors investment performance.

On February 9, 2010, the plan sponsor elected to fully freeze the Plan effective May 22, 2010. All benefits earned as of that date will continue to be paid through the Plan, but no future benefits will be accrued.

The Plan was amended on August 16, 2023 to provide an optional window benefit program in an effort to derisk the Plan by allowing certain eligible plan participants to opt for lump sum payments.

Funding Policy

The Plan's funding policy is for the Organization to contribute an amount which will meet or exceed the annual ERISA minimum funding requirement. The minimum funding requirements of ERISA were met or exceeded in 2025 and 2024. Although it has not expressed any intent to do so, the Organization has the right under the Plan to discontinue its contributions at any time and to terminate the Plan subject to the provisions of ERISA.

Pension Benefits

Plan participants are entitled to their plan benefits after terminating employment with vested rights. Participants become vested in the Plan upon completion of at least five years or service or attainment of the normal retirement age (65), although the Plan does allow for early retirement at the age of 55. Upon becoming vested, participants are entitled to benefits, which are based upon credited years of service and a fixed percentage of a participant's average earnings over the highest paid five consecutive years, are paid when an employee reaches retirement age (normally age 65 or as early as age 55). Benefits are normally paid monthly for life in the form of a joint-survivor annuity; however, an election may be made by a retiree to receive payments in the form of a sum certain annuity in addition to other options. Upon termination of employment, pension payments are normally paid in the form of a monthly annuity payable for their lifetime or, if married, in the form of a qualified joint or survivor annuity.

Death and Disability Benefits

If an active employee dies at age 55 or older, a death benefit equal to the value of the employee's accumulated pension benefit is paid to the employee's beneficiary. Active employees who become totally disabled receive annual disability benefits that are equal to the equivalent normal retirement benefit they have accumulated as of the time they become disabled. Disability benefits are paid until normal retirement age, at which time disabled participants will receive the normal retirement benefit computed as though they had been employed to normal retirement age, with their annual compensation remaining the same as at the time they became disabled.

2. Summary of Accounting Policies

Basis of Accounting

The financial statements of the Plan are prepared on the accrual basis of accounting.

Use of Estimates

The preparation of financial statements in accordance with accounting principles generally accepted in the United States of America requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities and changes therein; disclosure of contingent assets and liabilities; and the actuarial present value of accumulated plan benefits at the date of the financial statements, and changes therein. Actual results could differ from those estimates.

Investment Valuation and Income Recognition

Investments are reported at fair value. Fair value is the price that would be received to sell an asset or paid to transfer a liability in an orderly transaction between market participants at the measurement date. The Plan's investment committee determines the Plan's valuation policies utilizing information provided by the investment advisers, and trustee, as applicable. See Note 4 for discussion of fair value measurements.

Purchases and sales of securities are recorded on a trade-date basis. Interest income is recorded on the accrual basis. Dividends are recorded on the ex-dividend date. Net appreciation includes the Plan's gains and losses on investments bought and sold as well as held during the year.

Payment of Benefits

Benefits payments to participants are recorded upon distribution.

Administrative Expenses

The Plan's expenses are paid either by the Plan or the Organization, as provided by the plan document. Expenses that are paid directly by the Organization are excluded from these financial statements. Certain expenses incurred in connection with the general administration of the Plan that are paid by the Plan are recorded as deductions in the Statements of Changes in Net Assets Available for Benefits. In addition, certain investment related expenses are included in net appreciation in fair value of investments in the Statements of Changes in Net Assets Available for Benefits.

Reclassifications

Certain amounts in the prior period financial statements have been reclassified to conform to the current period presentation. These reclassifications had no effect on changes in net assets available for benefits.

Recent Regulatory Update

The Setting Every Community up for Retirement Enhancement Act (SECURE 2.0) was signed into law on December 29, 2022. This legislation includes a vast array of provisional changes to retirement plans, becoming effective in 2023 and beyond. Plan management adopted mandatory provisions effective for the year ended December 31, 2025, and continues to evaluate the impact of the adoption and implementation of this legislation on the Plan. The application of SECURE 2.0 did not have a material effect on the Plan's financial statements.

Subsequent Events

Subsequent events were evaluated through October 15, 2026, the date the financial statements were available to be issued.

On May 12, 2026, the plan sponsor made the decision to terminate the Plan. Upon termination, all assets remaining in the Plan will be distributed to the participants subject to the applicable requirements of ERISA and in accordance with the provisions of the plan participant.

3. Actuarial Present Value of Accumulated Plan Benefits

Accumulated plan benefits are those future periodic payments, including lump-sum distributions, that are attributable under the Plan's provisions to the service employees have rendered. Accumulated plan benefits include benefits expected to be paid to (a) retired or terminated employees or their beneficiaries, (b) beneficiaries of employees who have died and (c) present employees or their beneficiaries. Benefits under the Plan are based on employees' compensation during each year of credited service. The accumulated plan benefits for active employees will equal the accumulation, with interest, of the annual benefit accruals as of the benefit information date. Benefits payable under all circumstances, such as retirement, death, disability and termination of employment, are included, to the extent they are attributable to employee service rendered to the valuation date. Benefits to be provided via annuity contracts excluded from plan assets are excluded from accumulated plan benefits.

The actuarial present value of accumulated plan benefits is determined by the Plan's independent actuary and is that amount that results from applying actuarial assumptions to adjust the accumulated plan benefits to reflect the time value of money (through discounts for interest) and the probability of payment (by means of decrements such as for death, disability, withdrawal or retirement) between the valuation date and the expected date of payment.

The computations of the actuarial present value of accumulated plan benefits were made as of January 1, 2025. Had the valuations been performed as of December 31, 2024, there would be no material differences. The significant actuarial assumptions used in the valuations were:

1. Discount rate: 5.75%

2. Mortality: Pri-2012 Mortality with MP-2021

3. Retirement age: Normal retirement age ranges from 55 to 70 or age on the valuation date, if greater

The change in actuarial assumptions was an increase in the discount rate for benefit obligations from 5.25% to 5.75%. The assumed rate of interest used to value the present value of accumulated plan benefits changed from 5.25% to 5.75% resulting in a decrease of $276,986 in actuarial present value of accumulated benefits for the year ended December 31, 2024.

The foregoing actuarial assumptions are based on the presumption that the Plan will continue. As discussed in Note 2, on May 12, 2026, the plan sponsor made the decision to terminate the Plan and anticipates that they will liquidate the Plan during the December 31, 2026 Plan year. When a Plan terminates, different actuarial assumptions and other factors might be applicable in determining the actuarial present value of accumulated plan benefits. The impact on the actuarial present value of accumulated plan benefits, taking into consideration the impact of the termination decision, have not been determined at this time.

4. Fair Value Measurements

The framework for measuring fair value provides a fair value hierarchy that prioritizes the inputs to valuation techniques used to measure fair value. The hierarchy gives the highest priority to unadjusted quoted prices in active markets for identical assets or liabilities (Level 1) and the lowest priority to unobservable inputs (Level 3). The three levels of the fair value hierarchy under authoritative guidance are described as follows:

Level 1 - Inputs to the valuation methodology are unadjusted quoted prices for identical assets or liabilities in active markets that the Plan has the ability to access.

Level 2 - Inputs other than quoted prices included within Level 1 that are observable for the asset or liability, either directly or indirectly, such as:

- quoted prices for similar assets or liabilities in active markets;
- quoted prices for identical or similar assets or liabilities in inactive markets;
- inputs other than quoted prices that are observable for the asset or liability;
- inputs that are derived principally from or corroborated by observable market data by correlation or other means.

If the asset or liability has a specified (contractual) term, the Level 2 input must be observable for substantially the full term of the asset or liability.

Level 3 - Inputs to the valuation methodology are unobservable and significant to the fair value measurement.

The asset or liability's fair value measurement level within the fair value hierarchy is based on the lowest level of any input that is significant to the fair value measurement. Valuation techniques maximize the use of relevant observable inputs and minimize the use of unobservable inputs.

Following is a description of the valuation techniques used for assets measured at fair value. There have been no changes in the techniques used at December 31, 2025 and 2024.

Money market fund: Valued at the quoted net asset value (NAV) of shares held by the Plan at year-end.

Mutual funds: Valued at the daily closing price as reported by the fund. Mutual funds held by the Plan are open-end mutual funds that are registered with the U.S. Securities and Exchange Commission. These funds are required to publish their daily NAV and to transact at that price. The mutual funds held by the Plan are deemed to be actively traded.

Exchange traded funds: Valued at the closing price reported on the active markets on which the individual securities are traded.

Investments measured at net asset value: Consisting of one common-collective trust, valued at the NAV of units of a bank collective trust. The NAV, as provided by the trustee, is used as a practical expedient to estimate fair value. The NAV is based on the fair value of the underlying investments held by the fund less its liabilities. This practical expedient is not used when it is determined to be probable that the fund will sell the investment for an amount different than the reported NAV. Participant transactions (purchases and sales) may occur daily. Were the Plan to initiate a full redemption of the common-collective trust, the investment adviser reserves the right to temporarily delay withdrawal from the trust in order to ensure that securities liquidations will be carried out in an orderly business manner.

Limited partnerships: A limited partnership is an investment that is not traded on a national exchange or over-the-counter markets. In the absence of any independent quotations, securities will be valued by the fund managers on the basis of data obtained from the best available sources. Although the various fund managers use their professional judgment at estimating the fair value of the alternative investments, there are inherent limitations in any valuation technique. Therefore, the value determined by fund managers is not necessarily indicative of the amount that could be realized in a current transaction. Future events will also affect the estimates of fair value, and the effect of such events on the estimates of the fair value could be material. Disclosure of unobservable inputs to fair value measurement has not been included for the limited partnership because quantitative unobservable inputs are not developed by the Plan when measuring fair value and have not been made available to the Plan by the fund managers.

The following table sets forth by level, within the fair value hierarchy, the Plan's assets at fair value as of December 31, 2025 and 2024:

Assets at Fair Value as of December 31, 2025	**Level 1**	**Level 2**	**Level 3**	**Total**
Money market fund	$ 2,493,797	$ -	$ -	$ 2,493,797
Mutual funds	45,060,477	-	-	45,060,477
Limited partnership	-	-	602	602
Investments valued at NAV (a)	-	-	-	37,349,041
Total assets in the fair value hierarchy	$ 47,554,274	$ -	$ 602	$ 84,903,917

Assets at Fair Value as of December 31, 2024	Level 1	Level 2	Level 3	Total
Money market fund	$ 1,413,564	$ -	$ -	$ 1,413,564
Mutual funds	88,284,397	-	-	88,284,397
Exchange traded funds	38,330,036	-	-	38,330,036
Limited partnership	-	-	4,830	4,830
Total assets in the fair value hierarchy	$ 128,027,997	$ -	$ 4,830	$ 128,032,827

(a) Certain investments that were measured at NAV per share (or its equivalent) have not been classified in the fair value hierarchy. The fair value amounts presented in this table are intended to permit reconciliation of the fair value hierarchy to the line items presented in the Statements of Net Assets Available for Benefits.

Changes in Fair Value of Level 3 Assets

There were no purchases or sales of the Level 3 investment during the years ended December 31, 2025 and 2024. Dispositions of Level 3 investment during the years ended December 31, 2025 and 2024 totaled $4,228 and $0, respectively. There were no transfers into or out of the Level 3 investment category during the years ended December 31, 2025 and 2024.

Quantitative Information About Significant Unobservable Inputs Used in Level 3 Fair Value Measurements

The following table presents the Plan's Level 3 financial instruments, the valuation techniques used to measure the fair value of those financial instruments as of December 31, 2025 and 2024, the significant unobservable inputs and the quantitative information about those inputs.

Instrument	Fair Value December 31, 2025	Fair Value December 31, 2024	Principal Valuation Technique	Significant Unobservable Inputs	Quantitative Information About Significant Unobservable Inputs
Farallon Capital Management LLC	$ 602	$ 4,830	Discounted cash flows	Discount rate	N/A

Fair Value of Investments That Calculate NAV

The following table summarizes investments measured at fair value based on NAV per share as of December 31, 2025. There are no participant redemption restrictions for these investments; the redemption notice period is applicable only to the Plan.

December 31, 2025	Fair Value	Unfunded Commitments	Redemption Frequency (if currently eligible)	Redemption Notice Period
Fidelity Institutional Asset Management Trust Company	$ 37,349,041	$ -	Daily	30 Days

5. Concentrations

A concentration is defined as an investment representing 10% or more of the net assets available for benefits value as of December 31, 2025 and 2024. As of December 31, 2025, and 2024, the Plan had investments of $82,409,518 and $86,774,716, respectively, that were concentrated in three funds.

6. Information Certified by Trustee

The plan administrator has elected to have an audit performed pursuant to 29 CFR 2520.103-8 of the Department of Labor's Rules and Regulations for Reporting and Disclosure under ERISA for 2025 and 2024. Accordingly, certain information in the Plan's financial statements and supplemental schedules was agreed to or derived from information certified as complete and accurate by Principal Bank, the Plan's Trustee and a qualified institution. The certified information includes the Plan's investments reported in the accompanying Statements of Net Assets Available for Benefits as of December 31, 2025 and 2024, and the accompanying supplemental Schedule H, Line 4(i) - Schedule of Assets (Held at End of Year) as of December 31, 2025, and the related investment activity (including net appreciation/depreciation, interest, and dividends) reported in the accompanying Statements of Changes in Net Assets Available for Benefits and the information reported in the accompanying supplemental Schedule H, Line 4(j) - Schedule of Reportable Transactions for the year ended December 31, 2025.

7. Related-Party and Party in Interest Transactions

The Plan's investments are administered under a contract with Principal Bank, the Trustee of the Plan. Contributions are held and managed by Principal Bank who invests cash received, interest and dividend income and makes distributions to participants. These transactions are party in interest transactions under ERISA.

As described in Note 2, the Plan paid certain expenses related to plan operations and investment activity to various service providers. Additionally, certain administrative functions of the Plan are performed by officers or employees of the Organization. No such officer or employee receives compensation from the Plan. These transactions are party in interest transactions under ERISA.

8. Plan Termination and Going Concern

In the event the Plan terminates, the net assets of the Plan will be allocated, as prescribed by ERISA and its related regulations, generally to provide the following benefits in the order indicated:

1. Annuity benefits that former employees or their beneficiaries have been receiving for at least three years, or that employees eligible to retire for that three-year period would have been receiving if they had retired with benefits in the normal form of annuity under the Plan. The priority amount is limited to the lowest benefit that was payable (or would have been payable) during those three years. The amount is further limited to the lowest benefit that would be payable under Plan provisions in effect at any time during the five years preceding Plan termination.
2. Other vested benefits insured by the Pension Benefit Guaranty Corporation (PBGC) (a U.S. government agency) up to the applicable limitations.
3. All other vested benefits (that is, vested benefits not insured by the PBGC).
4. All nonvested benefits.

Certain benefits under the Plan are insured by the PBGC if the Plan terminates. Generally, the PBGC guarantees most vested normal age retirement benefits , early retirement benefits, and certain disability and survivor's pensions. However, the PBGC does not guarantee all benefits under the Plan, and the amount of benefit protection is subject to certain limitations. Vested benefits under the Plan are guaranteed at the level in effect on the date of the Plan's termination.

Whether all participants receive their benefits should the Plan terminate at some future time will depend on the sufficiency, at that time, of the Plan's net assets to provide for accumulated benefit obligations and may also depend on the financial condition of the plan sponsor and the level of benefits guaranteed by the PBGC.

The Organization has the right under the Plan to terminate the Plan subject to provisions of ERISA. As disclosed in Note 2, on May 12, 2026, the plan sponsor made the decision to terminate the Plan. These circumstances indicate the Plan is not a going concern. The financial statements do not include any adjustments that might be necessary upon termination.

9. Tax Status

The Plan adopted a volume submitter plan offered by Document Agility, Inc. The volume submitter plan received an Internal Revenue Service (IRS) Opinion Letter dated March 30, 2018, that the Plan and related trust are designed in accordance with the applicable sections of the Internal Revenue Code (IRC). Although the Plan has been amended since the date of the IRS Opinion Letter, the plan administrator believes that the Plan is designed, and is currently being operated, in compliance with the applicable requirements of the IRC.

Accounting principles generally accepted in the United States of America require plan management to evaluate tax positions taken by the Plan and recognize a tax liability if the Plan has taken an uncertain position that more likely than not would not be sustained upon examination by the IRS. The Plan is subject to routine audits by taxing jurisdictions; however, there are currently no audits for any tax periods in progress.

10. Risks and Uncertainties

The Plan invests in various investment securities. Investment securities are exposed to various risks, such as interest rate, market and credit risks. Due to the level of risk associated with certain investment securities, it is at least reasonably possible that changes in the values of investment securities will occur in the near term and that such changes could materially affect the amounts reported in the Statements of Net Assets Available for Benefits.

Plan contributions are made, and the actuarial present value of accumulated plan benefits are reported based on certain assumptions pertaining to interest rates, inflation rates and employee demographics, all of which are subject to change. Due to uncertainties inherent in the estimations and assumptions process, it is at least reasonably possible that changes in these estimates and assumptions in the near term would be material to the financial statements.

Mary Washington Healthcare Defined Benefit Plan

Schedule H, Line 4(i) - Schedule of Assets (Held at End of Year)

EIN: 54-1240646 Plan Number: 001

December 31, 2025

(a)	(b) Identity of Issue, Borrower, Lessor or Similar Party	(c) Description of Investment Including Maturity Date, Rate of Interest, Collateral, Par or Maturity Value	(d) Cost	(e) Current Value
	Common Collective Trust	Fidelity Institutional Asset Management Trust Company	$ 36,458,104	$ 37,349,041
	Mutual Fund	Pimco Long Duration Total Return Institutional Fund	28,441,568	28,870,205
	Mutual Fund	Pimco Long-term Credit Bond Fund	16,198,348	16,190,272
	Money Market Fund	Allspring Government Money Market Fund	2,493,797	2,493,797
	Limited Partnership	Farallon Capital Management, LLC	602	602
		Total	$ 83,592,419	$ 84,903,917

Mary Washington Healthcare Defined Benefit Plan

Schedule H, Line 4(j) - Schedule of Reportable Transactions

EIN: 54-1240646 Plan Number: 001

Year Ended December 31, 2025

(a) Identity of Party	(b) Description of Asset	(c) Purchase Price	(d) Selling Price	(e) Lease Rental	(f) Expenses	(g) Cost	(h) Current Value	(i) Net Gain/ (Loss)
Single Transactions								
See Attachment		$ -	$ -	$ -	$ -	$ -	$ -	$ -
Series Transactions								
See Attachment		$ -	$ -	$ -	$ -	$ -	$ -	$ -

*A party in interest as defined by ERISA.

Mary Washington Healthcare Defined Benefit Retirement Plan

Schedule H. Line 4(j) - Schedule of Reportable Transactions

EIN: 54-1240646 Plan Number: 001

Year Ended December 31, 2025

DATE BOUGHT/SOLD	SHARES/ PAR VALUE	UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS
	BEGINNING MARKET VALUE		128,037,125.07			
	COMPARATIVE VALUE (5%)		6,401,856.25			
	ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751					
08/06/25 B	132,729,710	1.000	0	132,729,710-*	132,729,710	
	ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751					
08/11/25 S	133,166,126	1.000	0	133,166,126 *	133,166,126	0
	ISSUE: 057071870 - BAIRD CORE BOND FUND - CL I #71					
08/05/25 S	1,410,073	10.250	0	14,453,252 *	15,008,783	-555,531
	ISSUE: 315911693 - FIDELITY TOTAL MKT IDX-FAI #2361					
08/05/25 S	300,211	173.170	0	51,987,590 *	43,694,779	8,292,811
	ISSUE: 464287226 - ISHARES CORE U.S. AGGREGATE ETF					
08/05/25 S	143,549	99.280	1,435	14,250,109 *	13,955,241	294,868
	ISSUE: 46432F834 - ISHARES CORE INTL STOCK ETF					
08/05/25 S	360,411	77.400	7,208	27,888,639 *	24,829,351	3,059,288
	ISSUE: 74440B884 - PGIM TOTAL RETURN BOND-R6 #1062					
08/05/25 S	842,171	12.090	0	10,181,848 *	10,996,474	-814,626
	ISSUE: 87244W607 - NUVEEN CORE BOND FUND-R6					
08/05/25 S	959,895	9.200	0	8,831,037 *	8,779,565	51,472
	GRAND TOTAL		8,643	393,488,311	383,160,029	10,328,282

F O O T N O T E S

* = SINGLE TRANSACTION IS 5% REPORTABLE
B = BUY TRANSACTION
S = SELL TRANSACTION
R = REINVESTMENT TRANSACTION

SERIES / BY BROKER

DATE BOUGHT/SOLD	SHARES/ PAR VALUE	UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS
	BEGINNING MARKET VALUE		128,037,125.07			
	COMPARATIVE VALUE (5%)		6,401,856.25			
	BROKER: MERRILL LYNCH, PIERCE, FENNER					
	ISSUE: 922908553 - VANGUARD REAL ESTATE ETF					
03/06/25 S	27,933	92.491	351	2,583,186	2,687,426	-104,240
	ISSUE: 46432F834 - ISHARES CORE INTL STOCK ETF					
03/06/25 B	28,936	71.420	289	2,066,898-	2,066,898	
	ISSUE: 464288638 - ISHARES 5-10Y INV GRADE CORP ETF					
04/01/25 S	48,029	52.480	550	2,520,012	2,580,492	-60,481
	ISSUE: 464287226 - ISHARES CORE U.S. AGGREGATE ETF					
04/16/25 B	21,994	97.830	220	2,151,893-	2,151,893	
	ISSUE: 464287226 - ISHARES CORE U.S. AGGREGATE ETF					
05/06/25 B	30,681	97.760	307	2,999,678-	2,999,678	
	ISSUE: 46432F834 - ISHARES CORE INTL STOCK ETF					
05/06/25 S	26,259	73.540	316	1,930,771	1,793,752	137,018
	ISSUE: 46432F834 - ISHARES CORE INTL STOCK ETF					
07/15/25 B	14,223	77.200	142	1,098,158-	1,098,158	
	ISSUE: 464287226 - ISHARES CORE U.S. AGGREGATE ETF					
08/05/25 S	143,549	99.280	1,435	14,250,109 *	13,955,241	294,868
	SUB-TOTAL		3,610	29,600,705	29,333,538	267,166
	BROKER: BARCLAYS CAPITAL INC./LE					
	ISSUE: 46432F834 - ISHARES CORE INTL STOCK ETF					
02/18/25 S	4,621	71.140	102	328,636	315,661	12,976
	ISSUE: 46432F834 - ISHARES CORE INTL STOCK ETF					
03/18/25 S	6,927	71.820	152	497,345	473,183	24,161
	ISSUE: 46432F834 - ISHARES CORE INTL STOCK ETF					
08/05/25 S	360,411	77.400	7,208	27,888,639 *	24,829,351	3,059,288
	SUB-TOTAL		7,462	28,714,620	25,618,195	3,096,426
	GRAND TOTAL		11,072	58,315,325	54,951,733	3,363,591

SERIES / BY BROKER

DATE BOUGHT/SOLD	SHARES/ PAR VALUE	UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS

F O O T N O T E S

* = SINGLE TRANSACTION IS 5% REPORTABLE
B = BUY TRANSACTION
S = SELL TRANSACTION
R = REINVESTMENT TRANSACTION

SERIES / BY ISSUE

DATE BOUGHT/SOLD		SHARES/ PAR VALUE	UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS
	BEGINNING MARKET VALUE			128,037,125.07			
	COMPARATIVE VALUE (5%)			6,401,856.25			
ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751							
01/02/25	B	4,297	1.000	0	4,297-	4,297	
01/03/25	B	1,373	1.000	0	1,373-	1,373	
01/10/25	B	226	1.000	0	226-	226	
01/21/25	B	3,364	1.000	0	3,364-	3,364	
02/03/25	B	4,278	1.000	0	4,278-	4,278	
02/03/25	B	598	1.000	0	598-	598	
02/06/25	B	42,387	1.000	0	42,387-	42,387	
02/11/25	B	636	1.000	0	636-	636	
02/19/25	B	328,636	1.000	0	328,636-	328,636	
03/03/25	B	1,875	1.000	0	1,875-	1,875	
03/03/25	B	508	1.000	0	508-	508	
03/06/25	B	40,543	1.000	0	40,543-	40,543	
03/07/25	B	116,288	1.000	0	116,288-	116,288	
03/12/25	B	2,970	1.000	0	2,970-	2,970	
03/19/25	B	697,268	1.000	0	697,268-	697,268	
04/01/25	B	1,863	1.000	0	1,863-	1,863	
04/01/25	B	469	1.000	0	469-	469	
04/02/25	B	208	1.000	0	208-	208	
04/04/25	B	42,137	1.000	0	42,137-	42,137	
04/17/25	B	307,554	1.000	0	307,554-	307,554	
04/30/25	B	1,584	1.000	0	1,584-	1,584	
05/01/25	B	1,315	1.000	0	1,315-	1,315	
05/01/25	B	618	1.000	0	618-	618	
05/06/25	B	39,533	1.000	0	39,533-	39,533	
05/07/25	B	329,092	1.000	0	329,092-	329,092	
05/19/25	B	700,000	1.000	0	700,000-	700,000	
05/28/25	B	395	1.000	0	395-	395	
06/02/25	B	1,100	1.000	0	1,100-	1,100	
06/02/25	B	827	1.000	0	827-	827	
06/05/25	B	49,656	1.000	0	49,656-	49,656	
06/18/25	B	700,000	1.000	0	700,000-	700,000	
06/20/25	B	405,294	1.000	0	405,294-	405,294	
07/01/25	B	1,872	1.000	0	1,872-	1,872	
07/01/25	B	330	1.000	0	330-	330	
07/03/25	B	1,324	1.000	0	1,324-	1,324	

Mary Washington Healthcare Defined Benefit Retirement Plan

Schedule H. Line 4(j) - Schedule of Reportable Transactions

EIN: 54-1240646 Plan Number: 001

Year Ended December 31, 2025

SERIES / BY ISSUE

DATE BOUGHT/SOLD	SHARES/ PAR VALUE		UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS
07/07/25 B	49,117		1.000	0	49,117-	49,117	
07/18/25 B	699,149		1.000	0	699,149-	699,149	
07/31/25 B	577		1.000	0	577-	577	
08/01/25 B	2,571		1.000	0	2,571-	2,571	
08/06/25 B	132,729,710		1.000	0	132,729,710-*	132,729,710	
08/13/25 B	1,608		1.000	0	1,608-	1,608	
08/18/25 B	8,033		1.000	0	8,033-	8,033	
08/20/25 B	2,157		1.000	0	2,157-	2,157	
08/28/25 B	3,765		1.000	0	3,765-	3,765	
09/02/25 B	76,351		1.000	0	76,351-	76,351	
09/02/25 B	324		1.000	0	324-	324	
09/03/25 B	14,698		1.000	0	14,698-	14,698	
09/04/25 B	266		1.000	0	266-	266	
10/01/25 B	309		1.000	0	309-	309	
10/01/25 B	431		1.000	0	431-	431	
10/02/25 B	597		1.000	0	597-	597	
10/15/25 B	1,536		1.000	0	1,536-	1,536	
11/03/25 B	83		1.000	0	83-	83	
11/03/25 B	519		1.000	0	519-	519	
11/04/25 B	96		1.000	0	96-	96	
11/14/25 B	1,783		1.000	0	1,783-	1,783	
12/01/25 B	356		1.000	0	356-	356	
12/09/25 B	832		1.000	0	832-	832	
SUB-TOTAL OF BUYS		# 58		0	137,425,286	137,425,286	
01/10/25 S	36,060		1.000	0	36,060	36,060	0
01/17/25 S	15,075		1.000	0	15,075	15,075	0
01/21/25 S	3,729		1.000	0	3,729	3,729	0
01/23/25 S	701,913		1.000	0	701,913	701,913	0
02/12/25 S	13,634		1.000	0	13,634	13,634	0
02/18/25 S	15,288		1.000	0	15,288	15,288	0
02/20/25 S	707,202		1.000	0	707,202	707,202	0
02/21/25 S	15,454		1.000	0	15,454	15,454	0
03/12/25 S	4,727		1.000	0	4,727	4,727	0
03/18/25 S	15,470		1.000	0	15,470	15,470	0
03/24/25 S	710,224		1.000	0	710,224	710,224	0
04/02/25 S	25,923		1.000	0	25,923	25,923	0
04/09/25 S	548		1.000	0	548	548	0
04/17/25 S	13,956		1.000	0	13,956	13,956	0
04/21/25 S	3,683		1.000	0	3,683	3,683	0
04/23/25 S	712,083		1.000	0	712,083	712,083	0
05/02/25 S	15,572		1.000	0	15,572	15,572	0
05/06/25 S	29,827		1.000	0	29,827	29,827	0

SERIES / BY ISSUE

DATE BOUGHT/SOLD		SHARES/ PAR VALUE	UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS
05/19/25	S	15,133	1.000	0	15,133	15,133	0
05/21/25	S	716,188	1.000	0	716,188	716,188	0
06/20/25	S	714,586	1.000	0	714,586	714,586	0
07/03/25	S	7,000	1.000	0	7,000	7,000	0
07/03/25	S	37,754	1.000	0	37,754	37,754	0
07/09/25	S	607	1.000	0	607	607	0
07/16/25	S	228,767	1.000	0	228,767	228,767	0
07/16/25	S	15,357	1.000	0	15,357	15,357	0
07/21/25	S	3,911	1.000	0	3,911	3,911	0
07/21/25	S	24,502	1.000	0	24,502	24,502	0
07/23/25	S	717,848	1.000	0	717,848	717,848	0
08/05/25	S	14,605	1.000	0	14,605	14,605	0
08/06/25	S	7,215	1.000	0	7,215	7,215	0
08/08/25	S	15,138	1.000	0	15,138	15,138	0
08/11/25	S	133,166,126	1.000	0	133,166,126 *	133,166,126	0
08/22/25	S	8,033	1.000	0	8,033	8,033	0
08/25/25	S	3,765	1.000	0	3,765	3,765	0
09/12/25	S	313	1.000	0	313	313	0
10/03/25	S	61,509	1.000	0	61,509	61,509	0
10/15/25	S	15,593	1.000	0	15,593	15,593	0
10/21/25	S	18,769	1.000	0	18,769	18,769	0
12/09/25	S	4,931	1.000	0	4,931	4,931	0
	SUB-TOTAL OF SALES # 40			0	138,838,018	138,838,018	0
	SUB-TOTAL			0	276,263,304	276,263,304	0
ISSUE: 057071870 - BAIRD CORE BOND FUND - CL I #71							
01/28/25	R	4,232	10.040	0	42,493-	42,493	
02/26/25	R	4,390	10.190	0	44,731-	44,731	
03/27/25	R	4,712	10.100	0	47,587-	47,587	
04/25/25	R	4,815	10.120	0	48,723-	48,723	
05/27/25	R	4,992	10.050	0	50,174-	50,174	
06/24/25	R	5,153	10.160	0	52,356-	52,356	
07/28/25	R	5,239	10.130	0	53,074-	53,074	
	SUB-TOTAL OF REINVS # 7			0	339,138	339,138	
04/01/25	B	119,118	10.200	0	1,215,000-	1,215,000	
	SUB-TOTAL OF BUYS # 1			0	1,215,000	1,215,000	

SERIES / BY ISSUE

DATE BOUGHT/SOLD	SHARES/ PAR VALUE	UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS
03/06/25 S	34,415	10.170	0	350,000	412,291	-62,291
07/15/25 S	74,184	10.110	0	750,000	888,724	-138,724
08/05/25 S	1,410,073	10.250	0	14,453,252 *	15,008,783	-555,531
SUB-TOTAL OF SALES # 3			0	15,553,252	16,309,798	-756,546
SUB-TOTAL			0	17,107,390	17,863,936	-756,546
ISSUE: 315911693 - FIDELITY TOTAL MKT IDX-FAI #2361						
04/11/25 R	232	146.140	0	33,916-	33,916	
SUB-TOTAL OF REINVS # 1			0	33,916	33,916	
03/06/25 B	6,374	156.880	0	1,000,000-	1,000,000	
07/15/25 B	6,414	171.490	0	1,100,000-	1,100,000	
SUB-TOTAL OF BUYS # 2			0	2,100,000	2,100,000	
05/06/25 S	11,926	153.440	0	1,830,000	1,723,616	106,384
05/16/25 S	4,283	163.420	0	700,000	619,043	80,957
06/17/25 S	4,265	164.120	0	700,000	616,403	83,597
08/05/25 S	300,211	173.170	0	51,987,590 *	43,694,779	8,292,811
SUB-TOTAL OF SALES # 4			0	55,217,590	46,653,841	8,563,750
SUB-TOTAL			0	57,351,506	48,787,757	8,563,750
ISSUE: 464287226 - ISHARES CORE U.S. AGGREGATE ETF						
04/01/25 B	1,102	99.030	11	109,142-	109,142	
04/16/25 B	21,994	97.830	220	2,151,893-	2,151,893	
05/06/25 B	30,681	97.760	307	2,999,678-	2,999,678	
SUB-TOTAL OF BUYS # 3			538	5,260,713	5,260,713	
03/18/25 S	2,032	98.400	26	199,923	199,176	746
07/15/25 S	3,060	97.850	31	299,390	299,941	-550
07/17/25 S	7,140	97.930	71	699,149	699,862	-713
08/05/25 S	143,549	99.280	1,435	14,250,109 *	13,955,241	294,868

SERIES / BY ISSUE

DATE BOUGHT/SOLD	SHARES/ PAR VALUE		UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS
	SUB-TOTAL OF SALES	# 4		1,563	15,448,571	15,154,220	294,350
	SUB-TOTAL			2,101	20,709,284	20,414,933	294,350
ISSUE: 46432F834 - ISHARES CORE INTL STOCK ETF							
03/06/25 B	28,936		71.420	289	2,066,898-	2,066,898	
07/15/25 B	14,223		77.200	142	1,098,158-	1,098,158	
	SUB-TOTAL OF BUYS	# 2		431	3,165,056	3,165,056	
02/18/25 S	4,621		71.140	102	328,636	315,661	12,976
03/18/25 S	6,927		71.820	152	497,345	473,183	24,161
05/06/25 S	26,259		73.540	316	1,930,771	1,793,752	137,018
08/05/25 S	360,411		77.400	7,208	27,888,639 *	24,829,351	3,059,288
	SUB-TOTAL OF SALES	# 4		7,778	30,645,391	27,411,947	3,233,444
	SUB-TOTAL			8,209	33,810,447	30,577,003	3,233,444
ISSUE: 74440B884 - PGIM TOTAL RETURN BOND-R6 #1062							
01/31/25 R	3,836		11.870	0	45,536-	45,536	
02/28/25 R	3,442		12.090	0	41,617-	41,617	
03/31/25 R	3,666		12.030	0	44,100-	44,100	
04/30/25 R	3,724		12.000	0	44,689-	44,689	
05/31/25 R	3,602		11.890	0	42,830-	42,830	
06/30/25 R	3,483		12.040	0	41,941-	41,941	
07/31/25 R	3,453		11.980	0	41,369-	41,369	
	SUB-TOTAL OF REINVS	# 7		0	302,082	302,082	
04/01/25 B	7,539		12.070	0	91,000-	91,000	
	SUB-TOTAL OF BUYS	# 1		0	91,000	91,000	
03/06/25 S	20,781		12.030	0	250,000	311,305	-61,305
05/06/25 S	87,490		11.910	0	1,042,000	1,291,624	-249,624
07/15/25 S	31,960		11.890	0	380,000	475,240	-95,240
08/05/25 S	842,171		12.090	0	10,181,848 *	10,996,474	-814,626

SERIES / BY ISSUE

DATE BOUGHT/SOLD	SHARES/ PAR VALUE	UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS
	SUB-TOTAL OF SALES # 4		0	11,853,848	13,074,643	-1,220,795
	SUB-TOTAL		0	12,246,930	13,467,725	-1,220,795
ISSUE: 87244W607 - NUVEEN CORE BOND FUND-R6						
04/30/25 R	2,504	9.140	0	22,888-	22,888	
05/31/25 R	3,465	9.060	0	31,395-	31,395	
06/30/25 R	3,606	9.170	0	33,068-	33,068	
07/31/25 R	3,593	9.130	0	32,805-	32,805	
	SUB-TOTAL OF REINVS # 4		0	120,156	120,156	
04/01/25 B	626,768	9.190	0	5,760,000-	5,760,000	
04/16/25 B	192,944	9.070	0	1,750,000-	1,750,000	
05/06/25 B	162,335	9.080	0	1,474,000-	1,474,000	
	SUB-TOTAL OF BUYS # 3		0	8,984,000	8,984,000	
07/15/25 S	35,320	9.060	0	320,000	324,592	-4,592
08/05/25 S	959,895	9.200	0	8,831,037 *	8,779,565	51,472
	SUB-TOTAL OF SALES # 2		0	9,151,037	9,104,157	46,881
	SUB-TOTAL		0	18,255,193	18,208,313	46,881
ISSUE: 92913L569 - VOYA INTERMEDIATE BOND-R6 #4249						
01/31/25 R	2,675	8.640	0	23,115-	23,115	
02/28/25 R	2,404	8.800	0	21,154-	21,154	
03/31/25 R	2,689	8.760	0	23,555-	23,555	
04/30/25 R	2,175	8.760	0	19,050-	19,050	
05/31/25 R	2,393	8.670	0	20,746-	20,746	
06/30/25 R	2,273	8.790	0	19,978-	19,978	
07/31/25 R	2,353	8.730	0	20,541-	20,541	
	SUB-TOTAL OF REINVS # 7		0	148,139	148,139	
04/01/25 S	124,118	8.790	0	1,091,000	1,342,960	-251,960
07/15/25 S	25,346	8.680	0	220,000	274,240	-54,240
08/05/25 S	577,079	8.820	0	5,089,833	5,615,507	-525,674

SERIES / BY ISSUE

DATE BOUGHT/SOLD	SHARES/ PAR VALUE	UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS
	SUB-TOTAL OF SALES # 3		0	6,400,833	7,232,707	-831,874
	SUB-TOTAL		0	6,548,972	7,380,846	-831,874
	GRAND TOTAL		10,310	442,293,026	432,963,817	9,329,210

F O O T N O T E S

* = SINGLE TRANSACTION IS 5% REPORTABLE
B = BUY TRANSACTION
S = SELL TRANSACTION
R = REINVESTMENT TRANSACTION

Mary Washington Healthcare Defined Benefit Retirement Plan

Schedule H. Line 4(j) - Schedule of Reportable Transactions

EIN: 54-1240646 Plan Number: 001

Year Ended December 31, 2025

SINGLE / BY BROKER

DATE BOUGHT/SOLD	SHARES/ PAR VALUE	UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS
	BEGINNING MARKET VALUE		128,037,125.07			
	COMPARATIVE VALUE (5%)		6,401,856.25			
	BROKER: MERRILL LYNCH, PIERCE, FENNER					
	ISSUE: 922908553 - VANGUARD REAL ESTATE ETF					
03/06/25 S	27,933	92.491	351	2,583,186	2,687,426	-104,240
	ISSUE: 46432F834 - ISHARES CORE INTL STOCK ETF					
03/06/25 B	28,936	71.420	289	2,066,898-	2,066,898	
	ISSUE: 464288638 - ISHARES 5-10Y INV GRADE CORP ETF					
04/01/25 S	48,029	52.480	550	2,520,012	2,580,492	-60,481
	ISSUE: 464287226 - ISHARES CORE U.S. AGGREGATE ETF					
04/16/25 B	21,994	97.830	220	2,151,893-	2,151,893	
	ISSUE: 464287226 - ISHARES CORE U.S. AGGREGATE ETF					
05/06/25 B	30,681	97.760	307	2,999,678-	2,999,678	
	ISSUE: 46432F834 - ISHARES CORE INTL STOCK ETF					
05/06/25 S	26,259	73.540	316	1,930,771	1,793,752	137,018
	ISSUE: 46432F834 - ISHARES CORE INTL STOCK ETF					
07/15/25 B	14,223	77.200	142	1,098,158-	1,098,158	
	ISSUE: 464287226 - ISHARES CORE U.S. AGGREGATE ETF					
08/05/25 S	143,549	99.280	1,435	14,250,109 *	13,955,241	294,868
	SUB-TOTAL		3,610	29,600,705	29,333,538	267,166
	BROKER: BARCLAYS CAPITAL INC./LE					
	ISSUE: 46432F834 - ISHARES CORE INTL STOCK ETF					
02/18/25 S	4,621	71.140	102	328,636	315,661	12,976
	ISSUE: 46432F834 - ISHARES CORE INTL STOCK ETF					
03/18/25 S	6,927	71.820	152	497,345	473,183	24,161
	ISSUE: 46432F834 - ISHARES CORE INTL STOCK ETF					
08/05/25 S	360,411	77.400	7,208	27,888,639 *	24,829,351	3,059,288
	SUB-TOTAL		7,462	28,714,620	25,618,195	3,096,426
	GRAND TOTAL		11,072	58,315,325	54,951,733	3,363,591

Mary Washington Healthcare Defined Benefit Retirement Plan

Schedule H. Line 4(j) - Schedule of Reportable Transactions

EIN: 54-1240646 Plan Number: 001

Year Ended December 31, 2025

SINGLE / BY BROKER

DATE BOUGHT/SOLD	SHARES/ PAR VALUE	UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS

F O O T N O T E S

* = SINGLE TRANSACTION IS 5% REPORTABLE
B = BUY TRANSACTION
S = SELL TRANSACTION
R = REINVESTMENT TRANSACTION

DATE BOUGHT/SOLD	SHARES/ PAR VALUE	UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS
	BEGINNING MARKET VALUE		0.00			
	COMPARATIVE VALUE (5%)		0.00			
	ISSUE: HN0031189 - FIDELITY INSTI ASSET MGT TRUST CO					
08/31/25 B	5,069,679	15.550	$78833514	78,833,514-*	78,833,514	
	ISSUE: HN0031189 - FIDELITY INSTI ASSET MGT TRUST CO					
09/30/25 S	2,725,107	15.730	0	42,865,930 *	42,375,411	490,519
	ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751					
08/06/25 B	1	1.000	0	1-*	1	
	ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751					
08/07/25 S	1	1.000	0	1 *	1	0
	ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751					
08/11/25 B	133,166,126	1.000	0	133,166,126-*	133,166,126	
	ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751					
08/12/25 S	133,166,126	1.000	0	133,166,126 *	133,166,126	0
	ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751					
08/18/25 B	78,443,765	1.000	0	78,443,765-*	78,443,765	
	ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751					
08/18/25 S	78,443,765	1.000	0	78,443,765 *	78,443,765	0
	ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751					
08/26/25 B	720,000	1.000	0	720,000-*	720,000	
	ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751					
08/28/25 S	717,832	1.000	0	717,832 *	717,832	0
	ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751					
09/02/25 B	15,383	1.000	0	15,383-*	15,383	
	ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751					
09/08/25 B	5,993,271	1.000	0	5,993,271-*	5,993,271	
	ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751					
09/12/25 S	164,512	1.000	0	164,512 *	164,512	0
	ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751					
09/22/25 S	714,869	1.000	0	714,869 *	714,869	0
	ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751					
09/23/25 B	4,543,482	1.000	0	4,543,482-*	4,543,482	
	ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751					
09/26/25 B	42,865,930	1.000	0	42,865,930-*	42,865,930	
	ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751					
09/29/25 S	48,670,741	1.000	0	48,670,741 *	48,670,741	0
	ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751					
10/01/25 B	31,299	1.000	0	31,299-*	31,299	
	ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751					
10/02/25 B	4,821	1.000	0	4,821-*	4,821	

Mary Washington Healthcare Defined Benefit Retirement Plan

Schedule H. Line 4(j) - Schedule of Reportable Transactions

EIN: 54-1240646 Plan Number: 001

Year Ended December 31, 2025

DATE BOUGHT/SOLD	SHARES/ PAR VALUE	UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS
ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751						
10/08/25 S	4,176	1.000	0	4,176 *	4,176	0
ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751						
10/20/25 S	3,948	1.000	0	3,948 *	3,948	0
ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751						
10/23/25 S	724,731	1.000	0	724,731 *	724,731	0
ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751						
11/03/25 B	12,552	1.000	0	12,552-*	12,552	
ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751						
11/10/25 S	3,185,930	1.000	0	3,185,930 *	3,185,930	0
ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751						
11/10/25 B	3,185,930	1.000	0	3,185,930-*	3,185,930	
ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751						
11/12/25 S	682	1.000	0	682 *	682	0
ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751						
11/17/25 S	18,638	1.000	0	18,638 *	18,638	0
ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751						
11/19/25 S	301,627	1.000	0	301,627 *	301,627	0
ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751						
12/01/25 B	9,654	1.000	0	9,654-*	9,654	
ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751						
12/04/25 S	15,621	1.000	0	15,621 *	15,621	0
ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751						
12/09/25 B	4,931	1.000	0	4,931-*	4,931	
ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751						
12/10/25 S	5,752	1.000	0	5,752 *	5,752	0
ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751						
12/15/25 S	24,726	1.000	0	24,726 *	24,726	0
ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751						
12/16/25 S	36,219	1.000	0	36,219 *	36,219	0
ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751						
12/23/25 S	304,285	1.000	0	304,285 *	304,285	0
ISSUE: 72201F623 - PIMCO LONG DURATION TOT R-IS FD 1889						
08/11/25 B	5,670,463	7.140	0	40,487,104-*	40,487,104	
ISSUE: 72201F623 - PIMCO LONG DURATION TOT R-IS FD 1889						
08/25/25 S	85,157	7.120	0	606,316 *	608,019	-1,703
ISSUE: 72201F623 - PIMCO LONG DURATION TOT R-IS FD 1889						
08/27/25 B	85,277	7.110	0	606,316-*	606,316	
ISSUE: 72201F623 - PIMCO LONG DURATION TOT R-IS FD 1889						
08/31/25 R	14,722	7.100	0	104,523-*	104,523	
ISSUE: 72201F623 - PIMCO LONG DURATION TOT R-IS FD 1889						
09/22/25 S	1,767,319	7.270	0	12,848,407 *	12,618,656	229,751
ISSUE: 72201F623 - PIMCO LONG DURATION TOT R-IS FD 1889						
09/30/25 R	18,556	7.300	0	135,460-*	135,460	
ISSUE: 72201F623 - PIMCO LONG DURATION TOT R-IS FD 1889						
10/31/25 R	15,747	7.370	0	116,056-*	116,056	

DATE BOUGHT/SOLD	SHARES/ PAR VALUE	UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS
ISSUE: 72201F623 - PIMCO LONG DURATION TOT R-IS FD 1889						
11/30/25 R	13,715	7.380	0	101,218-*	101,218	
ISSUE: 72201F623 - PIMCO LONG DURATION TOT R-IS FD 1889						
12/31/25 R	16,094	7.250	0	116,678-*	116,678	
ISSUE: 72201P647 - PIMCO LNG-TRM CRDT BND-INS #1945						
08/11/25 B	861,672	8.810	0	7,591,332-*	7,591,332	
ISSUE: 72201P647 - PIMCO LNG-TRM CRDT BND-INS #1945						
08/25/25 S	12,904	8.810	0	113,684 *	113,684	0
ISSUE: 72201P647 - PIMCO LNG-TRM CRDT BND-INS #1945						
08/27/25 B	12,933	8.790	0	113,684-*	113,684	
ISSUE: 72201P647 - PIMCO LNG-TRM CRDT BND-INS #1945						
08/31/25 R	2,784	8.770	0	24,415-*	24,415	
ISSUE: 72201P647 - PIMCO LNG-TRM CRDT BND-INS #1945						
09/22/25 B	923,796	8.990	0	8,304,925-*	8,304,925	
ISSUE: 72201P647 - PIMCO LNG-TRM CRDT BND-INS #1945						
09/30/25 R	5,079	9.000	0	45,711-*	45,711	
ISSUE: 72201P647 - PIMCO LNG-TRM CRDT BND-INS #1945						
10/31/25 R	9,008	9.050	0	81,525-*	81,525	
ISSUE: 72201P647 - PIMCO LNG-TRM CRDT BND-INS #1945						
11/30/25 R	7,804	9.060	0	70,708-*	70,708	
ISSUE: 72201P647 - PIMCO LNG-TRM CRDT BND-INS #1945						
12/31/25 R	8,959	8.900	0	79,732-*	79,732	
ISSUE: 922906300 - VANGUARD FEDERAL MONEY MARKET FD #33						
08/11/25 B	85,087,690	1.000	0	85,087,690-*	85,087,690	
ISSUE: 922906300 - VANGUARD FEDERAL MONEY MARKET FD #33						
08/15/25 S	78,443,765	1.000	0	78,443,765 *	78,443,765	0
ISSUE: 922906300 - VANGUARD FEDERAL MONEY MARKET FD #33						
08/27/25 S	720,000	1.000	0	720,000 *	720,000	0
ISSUE: 922906300 - VANGUARD FEDERAL MONEY MARKET FD #33						
08/31/25 R	69,346	1.000	0	69,346-*	69,346	
ISSUE: 922906300 - VANGUARD FEDERAL MONEY MARKET FD #33						
09/05/25 S	5,993,271	1.000	0	5,993,271 *	5,993,271	0
GRAND TOTAL			$78833514	899,062,636	898,344,069	718,567

F O O T N O T E S

* = SINGLE TRANSACTION IS 5% REPORTABLE
B = BUY TRANSACTION
S = SELL TRANSACTION
R = REINVESTMENT TRANSACTION

SERIES / BY BROKER

DATE BOUGHT/SOLD	SHARES/ PAR VALUE	UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS
	BEGINNING MARKET VALUE		0.00			
	COMPARATIVE VALUE (5%)		0.00			
	BROKER: MISCELLANEOUS					
	ISSUE: HN0031189 - FIDELITY INSTI ASSET MGT TRUST CO					
08/31/25 B	5,069,679	15.550	$78833514	78,833,514-*	78,833,514	
	ISSUE: HN0031189 - FIDELITY INSTI ASSET MGT TRUST CO					
09/30/25 S	2,725,107	15.730	0	42,865,930 *	42,375,411	490,519
	SUB-TOTAL		$78833514	121,699,444	121,208,925	490,519
	GRAND TOTAL		$78833514	121,699,444	121,208,925	490,519

F O O T N O T E S

* = SINGLE TRANSACTION IS 5% REPORTABLE
B = BUY TRANSACTION
S = SELL TRANSACTION
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SERIES / BY ISSUE

DATE BOUGHT/SOLD	SHARES/ PAR VALUE	UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS
	BEGINNING MARKET VALUE		0.00			
	COMPARATIVE VALUE (5%)		0.00			
ISSUE: HN0031189 - FIDELITY INSTI ASSET MGT TRUST CO						
08/31/25 B	5,069,679	15.550	$78833514	78,833,514-*	78,833,514	
	SUB-TOTAL OF BUYS # 1		$78833514	78,833,514	78,833,514	
09/30/25 S	2,725,107	15.730	0	42,865,930 *	42,375,411	490,519
	SUB-TOTAL OF SALES # 1		0	42,865,930	42,375,411	490,519
	SUB-TOTAL		$78833514	121,699,444	121,208,925	490,519
ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751						
08/06/25 B	1	1.000	0	1-*	1	
08/11/25 B	133,166,126	1.000	0	133,166,126-*	133,166,126	
08/18/25 B	78,443,765	1.000	0	78,443,765-*	78,443,765	
08/26/25 B	720,000	1.000	0	720,000-*	720,000	
09/02/25 B	15,383	1.000	0	15,383-*	15,383	
09/08/25 B	5,993,271	1.000	0	5,993,271-*	5,993,271	
09/23/25 B	4,543,482	1.000	0	4,543,482-*	4,543,482	
09/26/25 B	42,865,930	1.000	0	42,865,930-*	42,865,930	
10/01/25 B	31,299	1.000	0	31,299-*	31,299	
10/02/25 B	4,821	1.000	0	4,821-*	4,821	
11/03/25 B	12,552	1.000	0	12,552-*	12,552	
11/10/25 B	3,185,930	1.000	0	3,185,930-*	3,185,930	
12/01/25 B	9,654	1.000	0	9,654-*	9,654	
12/09/25 B	4,931	1.000	0	4,931-*	4,931	
	SUB-TOTAL OF BUYS # 14		0	268,997,145	268,997,145	
08/07/25 S	1	1.000	0	1 *	1	0
08/12/25 S	133,166,126	1.000	0	133,166,126 *	133,166,126	0
08/18/25 S	78,443,765	1.000	0	78,443,765 *	78,443,765	0
08/28/25 S	717,832	1.000	0	717,832 *	717,832	0
09/12/25 S	164,512	1.000	0	164,512 *	164,512	0

SERIES / BY ISSUE

DATE BOUGHT/SOLD		SHARES/ PAR VALUE	UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS
09/22/25	S	714,869	1.000	0	714,869 *	714,869	0
09/29/25	S	48,670,741	1.000	0	48,670,741 *	48,670,741	0
10/08/25	S	4,176	1.000	0	4,176 *	4,176	0
10/20/25	S	3,948	1.000	0	3,948 *	3,948	0
10/23/25	S	724,731	1.000	0	724,731 *	724,731	0
11/10/25	S	3,185,930	1.000	0	3,185,930 *	3,185,930	0
11/12/25	S	682	1.000	0	682 *	682	0
11/17/25	S	18,638	1.000	0	18,638 *	18,638	0
11/19/25	S	301,627	1.000	0	301,627 *	301,627	0
12/04/25	S	15,621	1.000	0	15,621 *	15,621	0
12/10/25	S	5,752	1.000	0	5,752 *	5,752	0
12/15/25	S	24,726	1.000	0	24,726 *	24,726	0
12/16/25	S	36,219	1.000	0	36,219 *	36,219	0
12/23/25	S	304,285	1.000	0	304,285 *	304,285	0
	SUB-TOTAL OF SALES # 19			0	266,504,181	266,504,181	0
	SUB-TOTAL			0	535,501,326	535,501,326	0
ISSUE: 72201F623 - PIMCO LONG DURATION TOT R-IS FD 1889							
08/31/25	R	14,722	7.100	0	104,523-*	104,523	
09/30/25	R	18,556	7.300	0	135,460-*	135,460	
10/31/25	R	15,747	7.370	0	116,056-*	116,056	
11/30/25	R	13,715	7.380	0	101,218-*	101,218	
12/31/25	R	16,094	7.250	0	116,678-*	116,678	
	SUB-TOTAL OF REINVS # 5			0	573,935	573,935	
08/11/25	B	5,670,463	7.140	0	40,487,104-*	40,487,104	
08/27/25	B	85,277	7.110	0	606,316-*	606,316	
	SUB-TOTAL OF BUYS # 2			0	41,093,420	41,093,420	
08/25/25	S	85,157	7.120	0	606,316 *	608,019	-1,703
09/22/25	S	1,767,319	7.270	0	12,848,407 *	12,618,656	229,751
	SUB-TOTAL OF SALES # 2			0	13,454,723	13,226,675	228,048
	SUB-TOTAL			0	55,122,078	54,894,030	228,048

Mary Washington Healthcare Defined Benefit Retirement Plan

Schedule H. Line 4(j) - Schedule of Reportable Transactions

EIN: 54-1240646 Plan Number: 001

Year Ended December 31, 2025

SERIES / BY ISSUE

DATE BOUGHT/SOLD	SHARES/ PAR VALUE	UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS
ISSUE: 72201P647 - PIMCO LNG-TRM CRDT BND-INS #1945						
08/31/25 R	2,784	8.770	0	24,415-*	24,415	
09/30/25 R	5,079	9.000	0	45,711-*	45,711	
10/31/25 R	9,008	9.050	0	81,525-*	81,525	
11/30/25 R	7,804	9.060	0	70,708-*	70,708	
12/31/25 R	8,959	8.900	0	79,732-*	79,732	
SUB-TOTAL OF REINVS # 5			0	302,091	302,091	
08/11/25 B	861,672	8.810	0	7,591,332-*	7,591,332	
08/27/25 B	12,933	8.790	0	113,684-*	113,684	
09/22/25 B	923,796	8.990	0	8,304,925-*	8,304,925	
SUB-TOTAL OF BUYS # 3			0	16,009,941	16,009,941	
08/25/25 S	12,904	8.810	0	113,684 *	113,684	0
SUB-TOTAL OF SALES # 1			0	113,684	113,684	0
SUB-TOTAL			0	16,425,716	16,425,716	0
ISSUE: 922906300 - VANGUARD FEDERAL MONEY MARKET FD #33						
08/31/25 R	69,346	1.000	0	69,346-*	69,346	
SUB-TOTAL OF REINVS # 1			0	69,346	69,346	
08/11/25 B	85,087,690	1.000	0	85,087,690-*	85,087,690	
SUB-TOTAL OF BUYS # 1			0	85,087,690	85,087,690	
08/15/25 S	78,443,765	1.000	0	78,443,765 *	78,443,765	0
08/27/25 S	720,000	1.000	0	720,000 *	720,000	0
09/05/25 S	5,993,271	1.000	0	5,993,271 *	5,993,271	0
SUB-TOTAL OF SALES # 3			0	85,157,036	85,157,036	0
SUB-TOTAL			0	170,314,072	170,314,072	0
GRAND TOTAL			$78833514	899,062,636	898,344,069	718,567

Mary Washington Healthcare Defined Benefit Retirement Plan

Schedule H. Line 4(j) - Schedule of Reportable Transactions

EIN: 54-1240646 Plan Number: 001

Year Ended December 31, 2025

SERIES / BY ISSUE

DATE BOUGHT/SOLD	SHARES/ PAR VALUE	UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS

F O O T N O T E S

* = SINGLE TRANSACTION IS 5% REPORTABLE
B = BUY TRANSACTION
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R = REINVESTMENT TRANSACTION

Mary Washington Healthcare Defined Benefit Retirement Plan

Schedule H. Line 4(j) - Schedule of Reportable Transactions

EIN: 54-1240646 Plan Number: 001

Year Ended December 31, 2025

SINGLE / BY BROKER

DATE BOUGHT/SOLD	SHARES/ PAR VALUE	UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS
	BEGINNING MARKET VALUE		0.00			
	COMPARATIVE VALUE (5%)		0.00			
	BROKER: MISCELLANEOUS					
	ISSUE: HN0031189 - FIDELITY INSTI ASSET MGT TRUST CO					
08/31/25 B	5,069,679	15.550	$78833514	78,833,514-*	78,833,514	
	ISSUE: HN0031189 - FIDELITY INSTI ASSET MGT TRUST CO					
09/30/25 S	2,725,107	15.730	0	42,865,930 *	42,375,411	490,519
	SUB-TOTAL		$78833514	121,699,444	121,208,925	490,519
	GRAND TOTAL		$78833514	121,699,444	121,208,925	490,519

F O O T N O T E S

* = SINGLE TRANSACTION IS 5% REPORTABLE
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2025 Form 5500 Schedule SB Attachments
Schedule SB, Line 26a – Schedule of Active Participant Data
Mary Washington Healthcare Defined Benefit Retirement Plan
EIN 54-1240646 / PN 001

Age and Service Distribution of Active Members

	Completed Years of Credited Service on January 1, 2025										
Attained Age	**<1**	**1-4**	**5-9**	**10-14**	**15-19**	**20-24**	**25-29**	**30-34**	**35-39**	**40+**	**Total**
Under 25	0	0	0	0	0	0	0	0	0	0	**0**
25-29	0	0	0	0	0	0	0	0	0	0	**0**
30-34	0	0	0	0	0	0	0	0	0	0	**0**
35-39	0	0	0	0	0	0	0	0	0	0	**0**
40-44	0	1	11	0	0	0	0	0	0	0	**12**
45-49	0	4	28	13	0	0	0	0	0	0	**45**
50-54	0	4	37	30	16	0	0	0	0	0	**87**
55-59	0	5	30	17	17	16	2	0	0	0	**87**
60-64	0	5	12	13	8	8	3	0	0	0	**49**
65-69	0	0	4	3	4	1	0	1	0	0	**13**
Over 69	0	0	0	1	0	0	0	0	0	0	**1**
Total	**0**	**19**	**122**	**77**	**45**	**25**	**5**	**1**	**0**	**0**	**294**

2025 Form 5500 Schedule SB Attachments
Schedule SB, Part V – Statement of Actuarial Assumptions/Methods
Mary Washington Healthcare Defined Benefit Retirement Plan
EIN 54-1240646 / PN 001

Actuarial Assumptions and Methods

Interest Rates for PPA funding liability and normal cost for the minimum required contribution: Segment rates provided by ARPA: 5.07% for the first 5 years, 5.31% for the next 15 years, and 5.50% thereafter. (Previously, 4.75% for the first 5 years, 4.87% for the next 15 years and 5.59% thereafter).

Salary Scale: N/A.

Increase in Consumer Price Index (CPI): 2.50%. This is based on long-term historical inflation rates of about 3.00%, adjusted lower by 0.50% to reflect the current long term forward-looking inflation forecasts.

Increase in Social Security Taxable Wage Base: 3.00%. This is based on the CPI assumption, increased 0.50% based on the historical difference between the CPI and TWB of 0.50% - 1.00%.

Administrative Expenses:

$600,000. Estimated based on the average of the non-investment related administrative expenses paid from the Trust (net of PBGC premium payments from Trust) in the prior three years plus estimated PBGC premiums for the current year.

Mortality:

ERISA: IRS 2024 Generational Mortality Table as prescribed by IRC Section 430 for plans with more than 500 participants.

Actuarial Assumptions and Methods (continued)

Retirement Rates (Actives): Rates varying by age. This assumption was updated based on an experience study conducted in 2024 which better reflects anticipated experience. Rates are listed below:

Age	Rates
55-56	10.00%
57-59	15.00%
60-61	20.00%
62-64	30.00%
65-66	50.00%
67-69	40.00%
70+	100.00%

Retirement Rates (Future Terminated Vesteds): 65

Retirement Rates (Current Terminated Vesteds): Deferred participants are assumed to retire at age 63 (previously, age 62). This assumption was updated based on an experience study conducted in 2024 which better reflects anticipated experience.

Termination: : Rates varying by age. This assumption was updated based on an experience study conducted in 2024 which better reflects anticipated experience. Rates are listed below:

Age	Rates
40-42	9.00%
43-45	7.00%
46-48	4.00%
49-51	5.00%
52-54	6.00%
55+	0.00%

2025 Form 5500 Schedule SB Attachments
Schedule SB, Part V – Statement of Actuarial Assumptions/Methods
Mary Washington Healthcare Defined Benefit Retirement Plan
EIN 54-1240646 / PN 001

Actuarial Assumptions and Methods (continued)

Marital Status: 75% of males and females are assumed married, with females two years younger than males (previously, 80% of males and 70% of females were assumed to be married, with females 3 years younger than males). This assumption was updated based on an experience study conducted in 2024 which better reflects anticipated experience.

Maximum Benefit: $280,000 for 2025.

Maximum Salary: N/A

Form of Payment: It has been assumed that 50% will elect a Single Life Annuity and 50% will elect a 50% Joint and Survivor Annuity form of payment (Previously it was assumed that 100% would elect a Single Life Annuity). This assumption was updated based on an experience study conducted in 2024 which better reflects anticipated experience. To the extent optional forms of payment are elected and conversions are determined under an actuarial basis, which differs from the basis funded in the valuation, gains or losses will occur. These gains or losses will be recognized through the routine application of the actuarial cost method.

Actuarial Assumptions and Methods (continued)

Actuarial Value of Plan Assets for Funding Purposes: The actuarial value of assets is equal to:

a) the market value of assets, including discounted receivables, on the valuation date, less

b) the following percentages of prior years' investment gains (losses):

   i) 67% of the prior year, and
   ii) 33% of the second prior year,

   Investment gains and losses are defined as the excess or deficiency of the expected return on the market value (not to exceed the third segment rate for that year) over the actual return on the market value of assets, including discounted receivables, for any given year.

c) The actuarial value of assets can be neither less than 90% nor greater than 110% of the market value of assets, including discounted receivables.

2025 Form 5500 Schedule SB Attachments
Schedule SB, Part V – Statement of Actuarial Assumptions/Methods
Mary Washington Healthcare Defined Benefit Retirement Plan
EIN 54-1240646 / PN 001

Actuarial Assumptions and Methods (continued)

Shortfall Amortization Charge for ERISA Funding Purposes: Per IRC Section 430(c), the shortfall amortization charge for any plan year is the aggregate total (not less than zero) of the shortfall amortization installments for such plan year with respect to any shortfall amortization base which has not been fully amortized. The shortfall amortization installments are the amounts necessary to amortize the shortfall amortization base of the plan for any plan year in level annual installments over the 15-year period beginning with such plan year.

Actuarial Cost Method: The unit credit cost method is used for ERISA funding target (FT) purposes. Under this method, accrued pension benefits are determined for all eligible active participants. These benefits reflect service, salary and negotiated benefit increases to date. The liability is then equal to the present value of all benefits (PVAB) for inactive participants plus the PVAB for active participants.

The normal cost is determined on an individual basis for all active participants who have not attained the assumed retirement age and is equal to the present value of the difference between the current accrued benefit and the anticipated accrued benefit one year later, with the accrued benefit based upon earnings, or negotiated benefit increases, to date in both cases. The total normal cost is based upon the sum of the individual normal costs. The target normal cost for funding is equal to the total normal cost plus assumed administrative expenses expected to be paid from the trust.

REPORTABLE TRANSACTIONS - SINGLE / BY ISSUE **MARY WASHINGTON HEALTHCARE DB PLAN**
FOR THE PERIOD JANUARY 1, 2025 THROUGH DECEMBER 31, 2025 **ACCOUNT NUMBER 26001500**

DATE BOUGHT/SOLD	SHARES/ PAR VALUE	UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS
	BEGINNING MARKET VALUE		128,037,125.07			
	COMPARATIVE VALUE (5%)		6,401,856.25			
	ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751					
08/06/25 B	132,729,710	1.000	0	132,729,710-*	132,729,710	
	ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751					
08/11/25 S	133,166,126	1.000	0	133,166,126 *	133,166,126	0
	ISSUE: 057071870 - BAIRD CORE BOND FUND - CL I #71					
08/05/25 S	1,410,073	10.250	0	14,453,252 *	15,008,783	-555,531
	ISSUE: 315911693 - FIDELITY TOTAL MKT IDX-FAI #2361					
08/05/25 S	300,211	173.170	0	51,987,590 *	43,694,779	8,292,811
	ISSUE: 464287226 - ISHARES CORE U.S. AGGREGATE ETF					
08/05/25 S	143,549	99.280	1,435	14,250,109 *	13,955,241	294,868
	ISSUE: 46432F834 - ISHARES CORE INTL STOCK ETF					
08/05/25 S	360,411	77.400	7,208	27,888,639 *	24,829,351	3,059,288
	ISSUE: 74440B884 - PGIM TOTAL RETURN BOND-R6 #1062					
08/05/25 S	842,171	12.090	0	10,181,848 *	10,996,474	-814,626
	ISSUE: 87244W607 - NUVEEN CORE BOND FUND-R6					
08/05/25 S	959,895	9.200	0	8,831,037 *	8,779,565	51,472
	GRAND TOTAL		8,643	393,488,311	383,160,029	10,328,282

F O O T N O T E S

* = SINGLE TRANSACTION IS 5% REPORTABLE
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R = REINVESTMENT TRANSACTION

REPORTABLE TRANSACTIONS - SERIES / BY BROKER **MARY WASHINGTON HEALTHCARE DB PLAN**
FOR THE PERIOD JANUARY 1, 2025 THROUGH DECEMBER 31, 2025 **ACCOUNT NUMBER 26001500**

SERIES / BY BROKER

DATE BOUGHT/SOLD	SHARES/ PAR VALUE	UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS
	BEGINNING MARKET VALUE		128,037,125.07			
	COMPARATIVE VALUE (5%)		6,401,856.25			
	BROKER: MERRILL LYNCH, PIERCE, FENNER					
	ISSUE: 922908553 - VANGUARD REAL ESTATE ETF					
03/06/25 S	27,933	92.491	351	2,583,186	2,687,426	-104,240
	ISSUE: 46432F834 - ISHARES CORE INTL STOCK ETF					
03/06/25 B	28,936	71.420	289	2,066,898-	2,066,898	
	ISSUE: 464288638 - ISHARES 5-10Y INV GRADE CORP ETF					
04/01/25 S	48,029	52.480	550	2,520,012	2,580,492	-60,481
	ISSUE: 464287226 - ISHARES CORE U.S. AGGREGATE ETF					
04/16/25 B	21,994	97.830	220	2,151,893-	2,151,893	
	ISSUE: 464287226 - ISHARES CORE U.S. AGGREGATE ETF					
05/06/25 B	30,681	97.760	307	2,999,678-	2,999,678	
	ISSUE: 46432F834 - ISHARES CORE INTL STOCK ETF					
05/06/25 S	26,259	73.540	316	1,930,771	1,793,752	137,018
	ISSUE: 46432F834 - ISHARES CORE INTL STOCK ETF					
07/15/25 B	14,223	77.200	142	1,098,158-	1,098,158	
	ISSUE: 464287226 - ISHARES CORE U.S. AGGREGATE ETF					
08/05/25 S	143,549	99.280	1,435	14,250,109 *	13,955,241	294,868
	SUB-TOTAL		3,610	29,600,705	29,333,538	267,166
	BROKER: BARCLAYS CAPITAL INC./LE					
	ISSUE: 46432F834 - ISHARES CORE INTL STOCK ETF					
02/18/25 S	4,621	71.140	102	328,636	315,661	12,976
	ISSUE: 46432F834 - ISHARES CORE INTL STOCK ETF					
03/18/25 S	6,927	71.820	152	497,345	473,183	24,161
	ISSUE: 46432F834 - ISHARES CORE INTL STOCK ETF					
08/05/25 S	360,411	77.400	7,208	27,888,639 *	24,829,351	3,059,288
	SUB-TOTAL		7,462	28,714,620	25,618,195	3,096,426
	GRAND TOTAL		11,072	58,315,325	54,951,733	3,363,591

REPORTABLE TRANSACTIONS - SERIES / BY BROKER **MARY WASHINGTON HEALTHCARE DB PLAN**
FOR THE PERIOD JANUARY 1, 2025 THROUGH DECEMBER 31, 2025 **ACCOUNT NUMBER 26001500**

SERIES / BY BROKER

DATE BOUGHT/SOLD	SHARES/ PAR VALUE	UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS

F O O T N O T E S

* = SINGLE TRANSACTION IS 5% REPORTABLE
B = BUY TRANSACTION
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R = REINVESTMENT TRANSACTION

REPORTABLE TRANSACTIONS - SERIES / BY ISSUE **MARY WASHINGTON HEALTHCARE DB PLAN**
FOR THE PERIOD JANUARY 1, 2025 THROUGH DECEMBER 31, 2025 **ACCOUNT NUMBER 26001500**

SERIES / BY ISSUE

DATE BOUGHT/SOLD	SHARES/ PAR VALUE	UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS
	BEGINNING MARKET VALUE		128,037,125.07			
	COMPARATIVE VALUE (5%)		6,401,856.25			
ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751						
01/02/25 B	4,297	1.000	0	4,297-	4,297	
01/03/25 B	1,373	1.000	0	1,373-	1,373	
01/10/25 B	226	1.000	0	226-	226	
01/21/25 B	3,364	1.000	0	3,364-	3,364	
02/03/25 B	4,278	1.000	0	4,278-	4,278	
02/03/25 B	598	1.000	0	598-	598	
02/06/25 B	42,387	1.000	0	42,387-	42,387	
02/11/25 B	636	1.000	0	636-	636	
02/19/25 B	328,636	1.000	0	328,636-	328,636	
03/03/25 B	1,875	1.000	0	1,875-	1,875	
03/03/25 B	508	1.000	0	508-	508	
03/06/25 B	40,543	1.000	0	40,543-	40,543	
03/07/25 B	116,288	1.000	0	116,288-	116,288	
03/12/25 B	2,970	1.000	0	2,970-	2,970	
03/19/25 B	697,268	1.000	0	697,268-	697,268	
04/01/25 B	1,863	1.000	0	1,863-	1,863	
04/01/25 B	469	1.000	0	469-	469	
04/02/25 B	208	1.000	0	208-	208	
04/04/25 B	42,137	1.000	0	42,137-	42,137	
04/17/25 B	307,554	1.000	0	307,554-	307,554	
04/30/25 B	1,584	1.000	0	1,584-	1,584	
05/01/25 B	1,315	1.000	0	1,315-	1,315	
05/01/25 B	618	1.000	0	618-	618	
05/06/25 B	39,533	1.000	0	39,533-	39,533	
05/07/25 B	329,092	1.000	0	329,092-	329,092	
05/19/25 B	700,000	1.000	0	700,000-	700,000	
05/28/25 B	395	1.000	0	395-	395	
06/02/25 B	1,100	1.000	0	1,100-	1,100	
06/02/25 B	827	1.000	0	827-	827	
06/05/25 B	49,656	1.000	0	49,656-	49,656	
06/18/25 B	700,000	1.000	0	700,000-	700,000	
06/20/25 B	405,294	1.000	0	405,294-	405,294	
07/01/25 B	1,872	1.000	0	1,872-	1,872	
07/01/25 B	330	1.000	0	330-	330	
07/03/25 B	1,324	1.000	0	1,324-	1,324	

REPORTABLE TRANSACTIONS - SERIES / BY ISSUE
FOR THE PERIOD JANUARY 1, 2025 THROUGH DECEMBER 31, 2025

MARY WASHINGTON HEALTHCARE DB PLAN
ACCOUNT NUMBER 26001500

SERIES / BY ISSUE

DATE BOUGHT/SOLD		SHARES/ PAR VALUE		UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS
07/07/25	B	49,117		1.000	0	49,117-	49,117	
07/18/25	B	699,149		1.000	0	699,149-	699,149	
07/31/25	B	577		1.000	0	577-	577	
08/01/25	B	2,571		1.000	0	2,571-	2,571	
08/06/25	B	132,729,710		1.000	0	132,729,710-*	132,729,710	
08/13/25	B	1,608		1.000	0	1,608-	1,608	
08/18/25	B	8,033		1.000	0	8,033-	8,033	
08/20/25	B	2,157		1.000	0	2,157-	2,157	
08/28/25	B	3,765		1.000	0	3,765-	3,765	
09/02/25	B	76,351		1.000	0	76,351-	76,351	
09/02/25	B	324		1.000	0	324-	324	
09/03/25	B	14,698		1.000	0	14,698-	14,698	
09/04/25	B	266		1.000	0	266-	266	
10/01/25	B	309		1.000	0	309-	309	
10/01/25	B	431		1.000	0	431-	431	
10/02/25	B	597		1.000	0	597-	597	
10/15/25	B	1,536		1.000	0	1,536-	1,536	
11/03/25	B	83		1.000	0	83-	83	
11/03/25	B	519		1.000	0	519-	519	
11/04/25	B	96		1.000	0	96-	96	
11/14/25	B	1,783		1.000	0	1,783-	1,783	
12/01/25	B	356		1.000	0	356-	356	
12/09/25	B	832		1.000	0	832-	832	
	SUB-TOTAL OF BUYS		# 58		0	137,425,286	137,425,286	
01/10/25	S	36,060		1.000	0	36,060	36,060	0
01/17/25	S	15,075		1.000	0	15,075	15,075	0
01/21/25	S	3,729		1.000	0	3,729	3,729	0
01/23/25	S	701,913		1.000	0	701,913	701,913	0
02/12/25	S	13,634		1.000	0	13,634	13,634	0
02/18/25	S	15,288		1.000	0	15,288	15,288	0
02/20/25	S	707,202		1.000	0	707,202	707,202	0
02/21/25	S	15,454		1.000	0	15,454	15,454	0
03/12/25	S	4,727		1.000	0	4,727	4,727	0
03/18/25	S	15,470		1.000	0	15,470	15,470	0
03/24/25	S	710,224		1.000	0	710,224	710,224	0
04/02/25	S	25,923		1.000	0	25,923	25,923	0
04/09/25	S	548		1.000	0	548	548	0
04/17/25	S	13,956		1.000	0	13,956	13,956	0
04/21/25	S	3,683		1.000	0	3,683	3,683	0
04/23/25	S	712,083		1.000	0	712,083	712,083	0
05/02/25	S	15,572		1.000	0	15,572	15,572	0
05/06/25	S	29,827		1.000	0	29,827	29,827	0

REPORTABLE TRANSACTIONS - SERIES / BY ISSUE **MARY WASHINGTON HEALTHCARE DB PLAN**
FOR THE PERIOD JANUARY 1, 2025 THROUGH DECEMBER 31, 2025 **ACCOUNT NUMBER 26001500**

SERIES / BY ISSUE

DATE BOUGHT/SOLD	SHARES/ PAR VALUE	UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS
05/19/25 S	15,133	1.000	0	15,133	15,133	0
05/21/25 S	716,188	1.000	0	716,188	716,188	0
06/20/25 S	714,586	1.000	0	714,586	714,586	0
07/03/25 S	7,000	1.000	0	7,000	7,000	0
07/03/25 S	37,754	1.000	0	37,754	37,754	0
07/09/25 S	607	1.000	0	607	607	0
07/16/25 S	228,767	1.000	0	228,767	228,767	0
07/16/25 S	15,357	1.000	0	15,357	15,357	0
07/21/25 S	3,911	1.000	0	3,911	3,911	0
07/21/25 S	24,502	1.000	0	24,502	24,502	0
07/23/25 S	717,848	1.000	0	717,848	717,848	0
08/05/25 S	14,605	1.000	0	14,605	14,605	0
08/06/25 S	7,215	1.000	0	7,215	7,215	0
08/08/25 S	15,138	1.000	0	15,138	15,138	0
08/11/25 S	133,166,126	1.000	0	133,166,126 *	133,166,126	0
08/22/25 S	8,033	1.000	0	8,033	8,033	0
08/25/25 S	3,765	1.000	0	3,765	3,765	0
09/12/25 S	313	1.000	0	313	313	0
10/03/25 S	61,509	1.000	0	61,509	61,509	0
10/15/25 S	15,593	1.000	0	15,593	15,593	0
10/21/25 S	18,769	1.000	0	18,769	18,769	0
12/09/25 S	4,931	1.000	0	4,931	4,931	0
SUB-TOTAL OF SALES # 40			0	138,838,018	138,838,018	0
SUB-TOTAL			0	276,263,304	276,263,304	0
ISSUE: 057071870 - BAIRD CORE BOND FUND - CL I #71						
01/28/25 R	4,232	10.040	0	42,493-	42,493	
02/26/25 R	4,390	10.190	0	44,731-	44,731	
03/27/25 R	4,712	10.100	0	47,587-	47,587	
04/25/25 R	4,815	10.120	0	48,723-	48,723	
05/27/25 R	4,992	10.050	0	50,174-	50,174	
06/24/25 R	5,153	10.160	0	52,356-	52,356	
07/28/25 R	5,239	10.130	0	53,074-	53,074	
SUB-TOTAL OF REINVS # 7			0	339,138	339,138	
04/01/25 B	119,118	10.200	0	1,215,000-	1,215,000	
SUB-TOTAL OF BUYS # 1			0	1,215,000	1,215,000	

REPORTABLE TRANSACTIONS - SERIES / BY ISSUE **MARY WASHINGTON HEALTHCARE DB PLAN**
FOR THE PERIOD JANUARY 1, 2025 THROUGH DECEMBER 31, 2025 **ACCOUNT NUMBER 26001500**

SERIES / BY ISSUE

DATE BOUGHT/SOLD	SHARES/ PAR VALUE	UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS
03/06/25 S	34,415	10.170	0	350,000	412,291	-62,291
07/15/25 S	74,184	10.110	0	750,000	888,724	-138,724
08/05/25 S	1,410,073	10.250	0	14,453,252 *	15,008,783	-555,531
SUB-TOTAL OF SALES # 3			0	15,553,252	16,309,798	-756,546
SUB-TOTAL			0	17,107,390	17,863,936	-756,546
ISSUE: 315911693 - FIDELITY TOTAL MKT IDX-FAI #2361						
04/11/25 R	232	146.140	0	33,916-	33,916	
SUB-TOTAL OF REINVS # 1			0	33,916	33,916	
03/06/25 B	6,374	156.880	0	1,000,000-	1,000,000	
07/15/25 B	6,414	171.490	0	1,100,000-	1,100,000	
SUB-TOTAL OF BUYS # 2			0	2,100,000	2,100,000	
05/06/25 S	11,926	153.440	0	1,830,000	1,723,616	106,384
05/16/25 S	4,283	163.420	0	700,000	619,043	80,957
06/17/25 S	4,265	164.120	0	700,000	616,403	83,597
08/05/25 S	300,211	173.170	0	51,987,590 *	43,694,779	8,292,811
SUB-TOTAL OF SALES # 4			0	55,217,590	46,653,841	8,563,750
SUB-TOTAL			0	57,351,506	48,787,757	8,563,750
ISSUE: 464287226 - ISHARES CORE U.S. AGGREGATE ETF						
04/01/25 B	1,102	99.030	11	109,142-	109,142	
04/16/25 B	21,994	97.830	220	2,151,893-	2,151,893	
05/06/25 B	30,681	97.760	307	2,999,678-	2,999,678	
SUB-TOTAL OF BUYS # 3			538	5,260,713	5,260,713	
03/18/25 S	2,032	98.400	26	199,923	199,176	746
07/15/25 S	3,060	97.850	31	299,390	299,941	-550
07/17/25 S	7,140	97.930	71	699,149	699,862	-713
08/05/25 S	143,549	99.280	1,435	14,250,109 *	13,955,241	294,868

REPORTABLE TRANSACTIONS - SERIES / BY ISSUE **MARY WASHINGTON HEALTHCARE DB PLAN**
FOR THE PERIOD JANUARY 1, 2025 THROUGH DECEMBER 31, 2025 **ACCOUNT NUMBER 26001500**

SERIES / BY ISSUE

DATE BOUGHT/SOLD	SHARES/ PAR VALUE	UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS
	SUB-TOTAL OF SALES # 4		1,563	15,448,571	15,154,220	294,350
	SUB-TOTAL		2,101	20,709,284	20,414,933	294,350
ISSUE: 46432F834 - ISHARES CORE INTL STOCK ETF						
03/06/25 B	28,936	71.420	289	2,066,898-	2,066,898	
07/15/25 B	14,223	77.200	142	1,098,158-	1,098,158	
	SUB-TOTAL OF BUYS # 2		431	3,165,056	3,165,056	
02/18/25 S	4,621	71.140	102	328,636	315,661	12,976
03/18/25 S	6,927	71.820	152	497,345	473,183	24,161
05/06/25 S	26,259	73.540	316	1,930,771	1,793,752	137,018
08/05/25 S	360,411	77.400	7,208	27,888,639 *	24,829,351	3,059,288
	SUB-TOTAL OF SALES # 4		7,778	30,645,391	27,411,947	3,233,444
	SUB-TOTAL		8,209	33,810,447	30,577,003	3,233,444
ISSUE: 74440B884 - PGIM TOTAL RETURN BOND-R6 #1062						
01/31/25 R	3,836	11.870	0	45,536-	45,536	
02/28/25 R	3,442	12.090	0	41,617-	41,617	
03/31/25 R	3,666	12.030	0	44,100-	44,100	
04/30/25 R	3,724	12.000	0	44,689-	44,689	
05/31/25 R	3,602	11.890	0	42,830-	42,830	
06/30/25 R	3,483	12.040	0	41,941-	41,941	
07/31/25 R	3,453	11.980	0	41,369-	41,369	
	SUB-TOTAL OF REINVS # 7		0	302,082	302,082	
04/01/25 B	7,539	12.070	0	91,000-	91,000	
	SUB-TOTAL OF BUYS # 1		0	91,000	91,000	
03/06/25 S	20,781	12.030	0	250,000	311,305	-61,305
05/06/25 S	87,490	11.910	0	1,042,000	1,291,624	-249,624
07/15/25 S	31,960	11.890	0	380,000	475,240	-95,240
08/05/25 S	842,171	12.090	0	10,181,848 *	10,996,474	-814,626

REPORTABLE TRANSACTIONS - SERIES / BY ISSUE **MARY WASHINGTON HEALTHCARE DB PLAN**
FOR THE PERIOD JANUARY 1, 2025 THROUGH DECEMBER 31, 2025 **ACCOUNT NUMBER 26001500**

SERIES / BY ISSUE

DATE BOUGHT/SOLD	SHARES/ PAR VALUE	UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS
	SUB-TOTAL OF SALES # 4		0	11,853,848	13,074,643	-1,220,795
	SUB-TOTAL		0	12,246,930	13,467,725	-1,220,795
ISSUE: 87244W607 - NUVEEN CORE BOND FUND-R6						
04/30/25 R	2,504	9.140	0	22,888-	22,888	
05/31/25 R	3,465	9.060	0	31,395-	31,395	
06/30/25 R	3,606	9.170	0	33,068-	33,068	
07/31/25 R	3,593	9.130	0	32,805-	32,805	
	SUB-TOTAL OF REINVS # 4		0	120,156	120,156	
04/01/25 B	626,768	9.190	0	5,760,000-	5,760,000	
04/16/25 B	192,944	9.070	0	1,750,000-	1,750,000	
05/06/25 B	162,335	9.080	0	1,474,000-	1,474,000	
	SUB-TOTAL OF BUYS # 3		0	8,984,000	8,984,000	
07/15/25 S	35,320	9.060	0	320,000	324,592	-4,592
08/05/25 S	959,895	9.200	0	8,831,037 *	8,779,565	51,472
	SUB-TOTAL OF SALES # 2		0	9,151,037	9,104,157	46,881
	SUB-TOTAL		0	18,255,193	18,208,313	46,881
ISSUE: 92913L569 - VOYA INTERMEDIATE BOND-R6 #4249						
01/31/25 R	2,675	8.640	0	23,115-	23,115	
02/28/25 R	2,404	8.800	0	21,154-	21,154	
03/31/25 R	2,689	8.760	0	23,555-	23,555	
04/30/25 R	2,175	8.760	0	19,050-	19,050	
05/31/25 R	2,393	8.670	0	20,746-	20,746	
06/30/25 R	2,273	8.790	0	19,978-	19,978	
07/31/25 R	2,353	8.730	0	20,541-	20,541	
	SUB-TOTAL OF REINVS # 7		0	148,139	148,139	
04/01/25 S	124,118	8.790	0	1,091,000	1,342,960	-251,960
07/15/25 S	25,346	8.680	0	220,000	274,240	-54,240
08/05/25 S	577,079	8.820	0	5,089,833	5,615,507	-525,674

REPORTABLE TRANSACTIONS - SERIES / BY ISSUE **MARY WASHINGTON HEALTHCARE DB PLAN**
FOR THE PERIOD JANUARY 1, 2025 THROUGH DECEMBER 31, 2025 **ACCOUNT NUMBER 26001500**

SERIES / BY ISSUE

DATE BOUGHT/SOLD	SHARES/ PAR VALUE	UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS
	SUB-TOTAL OF SALES # 3		0	6,400,833	7,232,707	-831,874
	SUB-TOTAL		0	6,548,972	7,380,846	-831,874
	GRAND TOTAL		10,310	442,293,026	432,963,817	9,329,210

F O O T N O T E S

* = SINGLE TRANSACTION IS 5% REPORTABLE
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REPORTABLE TRANSACTIONS - SINGLE / BY BROKER **MARY WASHINGTON HEALTHCARE DB PLAN**
FOR THE PERIOD JANUARY 1, 2025 THROUGH DECEMBER 31, 2025 **ACCOUNT NUMBER 26001500**

SINGLE / BY BROKER

DATE BOUGHT/SOLD	SHARES/ PAR VALUE	UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS
	BEGINNING MARKET VALUE		128,037,125.07			
	COMPARATIVE VALUE (5%)		6,401,856.25			
	BROKER: MERRILL LYNCH, PIERCE, FENNER					
	ISSUE: 922908553 - VANGUARD REAL ESTATE ETF					
03/06/25 S	27,933	92.491	351	2,583,186	2,687,426	-104,240
	ISSUE: 46432F834 - ISHARES CORE INTL STOCK ETF					
03/06/25 B	28,936	71.420	289	2,066,898-	2,066,898	
	ISSUE: 464288638 - ISHARES 5-10Y INV GRADE CORP ETF					
04/01/25 S	48,029	52.480	550	2,520,012	2,580,492	-60,481
	ISSUE: 464287226 - ISHARES CORE U.S. AGGREGATE ETF					
04/16/25 B	21,994	97.830	220	2,151,893-	2,151,893	
	ISSUE: 464287226 - ISHARES CORE U.S. AGGREGATE ETF					
05/06/25 B	30,681	97.760	307	2,999,678-	2,999,678	
	ISSUE: 46432F834 - ISHARES CORE INTL STOCK ETF					
05/06/25 S	26,259	73.540	316	1,930,771	1,793,752	137,018
	ISSUE: 46432F834 - ISHARES CORE INTL STOCK ETF					
07/15/25 B	14,223	77.200	142	1,098,158-	1,098,158	
	ISSUE: 464287226 - ISHARES CORE U.S. AGGREGATE ETF					
08/05/25 S	143,549	99.280	1,435	14,250,109 *	13,955,241	294,868
	SUB-TOTAL		3,610	29,600,705	29,333,538	267,166
	BROKER: BARCLAYS CAPITAL INC./LE					
	ISSUE: 46432F834 - ISHARES CORE INTL STOCK ETF					
02/18/25 S	4,621	71.140	102	328,636	315,661	12,976
	ISSUE: 46432F834 - ISHARES CORE INTL STOCK ETF					
03/18/25 S	6,927	71.820	152	497,345	473,183	24,161
	ISSUE: 46432F834 - ISHARES CORE INTL STOCK ETF					
08/05/25 S	360,411	77.400	7,208	27,888,639 *	24,829,351	3,059,288
	SUB-TOTAL		7,462	28,714,620	25,618,195	3,096,426
	GRAND TOTAL		11,072	58,315,325	54,951,733	3,363,591

REPORTABLE TRANSACTIONS - SINGLE / BY BROKER **MARY WASHINGTON HEALTHCARE DB PLAN**
FOR THE PERIOD JANUARY 1, 2025 THROUGH DECEMBER 31, 2025 **ACCOUNT NUMBER 26001500**

SINGLE / BY BROKER

DATE BOUGHT/SOLD	SHARES/ PAR VALUE	UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS

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Mary Washington Healthcare Defined Benefit Plan

Schedule H, Line 4(j) - Schedule of Reportable Transactions

EIN: 54-1240646 Plan Number: 001

Year Ended December 31, 2025

(a) Identity of Party	(b) Description of Asset	(c) Purchase Price	(d) Selling Price	(e) Lease Rental	(f) Expenses	(g) Cost	(h) Current Value	(i) Net Gain/ (Loss)
Single Transactions								
See Attachment		$ -	$ -	$ -	$ -	$ -	$ -	$ -
Series Transactions								
See Attachment		$ -	$ -	$ -	$ -	$ -	$ -	$ -

*A party in interest as defined by ERISA.

Mary Washington Healthcare Defined Benefit Retirement Plan

Schedule H. Line 4(j) - Schedule of Reportable Transactions

EIN: 54-1240646 Plan Number: 001

Year Ended December 31, 2025

DATE BOUGHT/SOLD	SHARES/ PAR VALUE	UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS
	BEGINNING MARKET VALUE		128,037,125.07			
	COMPARATIVE VALUE (5%)		6,401,856.25			
	ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751					
08/06/25 B	132,729,710	1.000	0	132,729,710-*	132,729,710	
	ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751					
08/11/25 S	133,166,126	1.000	0	133,166,126 *	133,166,126	0
	ISSUE: 057071870 - BAIRD CORE BOND FUND - CL I #71					
08/05/25 S	1,410,073	10.250	0	14,453,252 *	15,008,783	-555,531
	ISSUE: 315911693 - FIDELITY TOTAL MKT IDX-FAI #2361					
08/05/25 S	300,211	173.170	0	51,987,590 *	43,694,779	8,292,811
	ISSUE: 464287226 - ISHARES CORE U.S. AGGREGATE ETF					
08/05/25 S	143,549	99.280	1,435	14,250,109 *	13,955,241	294,868
	ISSUE: 46432F834 - ISHARES CORE INTL STOCK ETF					
08/05/25 S	360,411	77.400	7,208	27,888,639 *	24,829,351	3,059,288
	ISSUE: 74440B884 - PGIM TOTAL RETURN BOND-R6 #1062					
08/05/25 S	842,171	12.090	0	10,181,848 *	10,996,474	-814,626
	ISSUE: 87244W607 - NUVEEN CORE BOND FUND-R6					
08/05/25 S	959,895	9.200	0	8,831,037 *	8,779,565	51,472
	GRAND TOTAL		8,643	393,488,311	383,160,029	10,328,282

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Mary Washington Healthcare Defined Benefit Retirement Plan

Schedule H. Line 4(j) - Schedule of Reportable Transactions

EIN: 54-1240646 Plan Number: 001

Year Ended December 31, 2025

SERIES / BY BROKER

DATE BOUGHT/SOLD	SHARES/ PAR VALUE	UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS
	BEGINNING MARKET VALUE		128,037,125.07			
	COMPARATIVE VALUE (5%)		6,401,856.25			
	BROKER: MERRILL LYNCH, PIERCE, FENNER					
	ISSUE: 922908553 - VANGUARD REAL ESTATE ETF					
03/06/25 S	27,933	92.491	351	2,583,186	2,687,426	-104,240
	ISSUE: 46432F834 - ISHARES CORE INTL STOCK ETF					
03/06/25 B	28,936	71.420	289	2,066,898-	2,066,898	
	ISSUE: 464288638 - ISHARES 5-10Y INV GRADE CORP ETF					
04/01/25 S	48,029	52.480	550	2,520,012	2,580,492	-60,481
	ISSUE: 464287226 - ISHARES CORE U.S. AGGREGATE ETF					
04/16/25 B	21,994	97.830	220	2,151,893-	2,151,893	
	ISSUE: 464287226 - ISHARES CORE U.S. AGGREGATE ETF					
05/06/25 B	30,681	97.760	307	2,999,678-	2,999,678	
	ISSUE: 46432F834 - ISHARES CORE INTL STOCK ETF					
05/06/25 S	26,259	73.540	316	1,930,771	1,793,752	137,018
	ISSUE: 46432F834 - ISHARES CORE INTL STOCK ETF					
07/15/25 B	14,223	77.200	142	1,098,158-	1,098,158	
	ISSUE: 464287226 - ISHARES CORE U.S. AGGREGATE ETF					
08/05/25 S	143,549	99.280	1,435	14,250,109 *	13,955,241	294,868
	SUB-TOTAL		3,610	29,600,705	29,333,538	267,166
	BROKER: BARCLAYS CAPITAL INC./LE					
	ISSUE: 46432F834 - ISHARES CORE INTL STOCK ETF					
02/18/25 S	4,621	71.140	102	328,636	315,661	12,976
	ISSUE: 46432F834 - ISHARES CORE INTL STOCK ETF					
03/18/25 S	6,927	71.820	152	497,345	473,183	24,161
	ISSUE: 46432F834 - ISHARES CORE INTL STOCK ETF					
08/05/25 S	360,411	77.400	7,208	27,888,639 *	24,829,351	3,059,288
	SUB-TOTAL		7,462	28,714,620	25,618,195	3,096,426
	GRAND TOTAL		11,072	58,315,325	54,951,733	3,363,591

Mary Washington Healthcare Defined Benefit Retirement Plan

Schedule H. Line 4(j) - Schedule of Reportable Transactions

EIN: 54-1240646 Plan Number: 001

Year Ended December 31, 2025

SERIES / BY BROKER

DATE BOUGHT/SOLD	SHARES/ PAR VALUE	UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS

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Mary Washington Healthcare Defined Benefit Retirement Plan

Schedule H. Line 4(j) - Schedule of Reportable Transactions

EIN: 54-1240646 Plan Number: 001

Year Ended December 31, 2025

SERIES / BY ISSUE

DATE BOUGHT/SOLD		SHARES/ PAR VALUE	UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS
	BEGINNING MARKET VALUE			128,037,125.07			
	COMPARATIVE VALUE (5%)			6,401,856.25			
ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751							
01/02/25	B	4,297	1.000	0	4,297-	4,297	
01/03/25	B	1,373	1.000	0	1,373-	1,373	
01/10/25	B	226	1.000	0	226-	226	
01/21/25	B	3,364	1.000	0	3,364-	3,364	
02/03/25	B	4,278	1.000	0	4,278-	4,278	
02/03/25	B	598	1.000	0	598-	598	
02/06/25	B	42,387	1.000	0	42,387-	42,387	
02/11/25	B	636	1.000	0	636-	636	
02/19/25	B	328,636	1.000	0	328,636-	328,636	
03/03/25	B	1,875	1.000	0	1,875-	1,875	
03/03/25	B	508	1.000	0	508-	508	
03/06/25	B	40,543	1.000	0	40,543-	40,543	
03/07/25	B	116,288	1.000	0	116,288-	116,288	
03/12/25	B	2,970	1.000	0	2,970-	2,970	
03/19/25	B	697,268	1.000	0	697,268-	697,268	
04/01/25	B	1,863	1.000	0	1,863-	1,863	
04/01/25	B	469	1.000	0	469-	469	
04/02/25	B	208	1.000	0	208-	208	
04/04/25	B	42,137	1.000	0	42,137-	42,137	
04/17/25	B	307,554	1.000	0	307,554-	307,554	
04/30/25	B	1,584	1.000	0	1,584-	1,584	
05/01/25	B	1,315	1.000	0	1,315-	1,315	
05/01/25	B	618	1.000	0	618-	618	
05/06/25	B	39,533	1.000	0	39,533-	39,533	
05/07/25	B	329,092	1.000	0	329,092-	329,092	
05/19/25	B	700,000	1.000	0	700,000-	700,000	
05/28/25	B	395	1.000	0	395-	395	
06/02/25	B	1,100	1.000	0	1,100-	1,100	
06/02/25	B	827	1.000	0	827-	827	
06/05/25	B	49,656	1.000	0	49,656-	49,656	
06/18/25	B	700,000	1.000	0	700,000-	700,000	
06/20/25	B	405,294	1.000	0	405,294-	405,294	
07/01/25	B	1,872	1.000	0	1,872-	1,872	
07/01/25	B	330	1.000	0	330-	330	
07/03/25	B	1,324	1.000	0	1,324-	1,324	

Mary Washington Healthcare Defined Benefit Retirement Plan

Schedule H. Line 4(j) - Schedule of Reportable Transactions

EIN: 54-1240646 Plan Number: 001

Year Ended December 31, 2025

SERIES / BY ISSUE

DATE BOUGHT/SOLD	SHARES/ PAR VALUE		UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS
07/07/25 B	49,117		1.000	0	49,117-	49,117	
07/18/25 B	699,149		1.000	0	699,149-	699,149	
07/31/25 B	577		1.000	0	577-	577	
08/01/25 B	2,571		1.000	0	2,571-	2,571	
08/06/25 B	132,729,710		1.000	0	132,729,710-*	132,729,710	
08/13/25 B	1,608		1.000	0	1,608-	1,608	
08/18/25 B	8,033		1.000	0	8,033-	8,033	
08/20/25 B	2,157		1.000	0	2,157-	2,157	
08/28/25 B	3,765		1.000	0	3,765-	3,765	
09/02/25 B	76,351		1.000	0	76,351-	76,351	
09/02/25 B	324		1.000	0	324-	324	
09/03/25 B	14,698		1.000	0	14,698-	14,698	
09/04/25 B	266		1.000	0	266-	266	
10/01/25 B	309		1.000	0	309-	309	
10/01/25 B	431		1.000	0	431-	431	
10/02/25 B	597		1.000	0	597-	597	
10/15/25 B	1,536		1.000	0	1,536-	1,536	
11/03/25 B	83		1.000	0	83-	83	
11/03/25 B	519		1.000	0	519-	519	
11/04/25 B	96		1.000	0	96-	96	
11/14/25 B	1,783		1.000	0	1,783-	1,783	
12/01/25 B	356		1.000	0	356-	356	
12/09/25 B	832		1.000	0	832-	832	
SUB-TOTAL OF BUYS		# 58		0	137,425,286	137,425,286	
01/10/25 S	36,060		1.000	0	36,060	36,060	0
01/17/25 S	15,075		1.000	0	15,075	15,075	0
01/21/25 S	3,729		1.000	0	3,729	3,729	0
01/23/25 S	701,913		1.000	0	701,913	701,913	0
02/12/25 S	13,634		1.000	0	13,634	13,634	0
02/18/25 S	15,288		1.000	0	15,288	15,288	0
02/20/25 S	707,202		1.000	0	707,202	707,202	0
02/21/25 S	15,454		1.000	0	15,454	15,454	0
03/12/25 S	4,727		1.000	0	4,727	4,727	0
03/18/25 S	15,470		1.000	0	15,470	15,470	0
03/24/25 S	710,224		1.000	0	710,224	710,224	0
04/02/25 S	25,923		1.000	0	25,923	25,923	0
04/09/25 S	548		1.000	0	548	548	0
04/17/25 S	13,956		1.000	0	13,956	13,956	0
04/21/25 S	3,683		1.000	0	3,683	3,683	0
04/23/25 S	712,083		1.000	0	712,083	712,083	0
05/02/25 S	15,572		1.000	0	15,572	15,572	0
05/06/25 S	29,827		1.000	0	29,827	29,827	0

SERIES / BY ISSUE

DATE BOUGHT/SOLD	SHARES/ PAR VALUE	UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS
05/19/25 S	15,133	1.000	0	15,133	15,133	0
05/21/25 S	716,188	1.000	0	716,188	716,188	0
06/20/25 S	714,586	1.000	0	714,586	714,586	0
07/03/25 S	7,000	1.000	0	7,000	7,000	0
07/03/25 S	37,754	1.000	0	37,754	37,754	0
07/09/25 S	607	1.000	0	607	607	0
07/16/25 S	228,767	1.000	0	228,767	228,767	0
07/16/25 S	15,357	1.000	0	15,357	15,357	0
07/21/25 S	3,911	1.000	0	3,911	3,911	0
07/21/25 S	24,502	1.000	0	24,502	24,502	0
07/23/25 S	717,848	1.000	0	717,848	717,848	0
08/05/25 S	14,605	1.000	0	14,605	14,605	0
08/06/25 S	7,215	1.000	0	7,215	7,215	0
08/08/25 S	15,138	1.000	0	15,138	15,138	0
08/11/25 S	133,166,126	1.000	0	133,166,126 *	133,166,126	0
08/22/25 S	8,033	1.000	0	8,033	8,033	0
08/25/25 S	3,765	1.000	0	3,765	3,765	0
09/12/25 S	313	1.000	0	313	313	0
10/03/25 S	61,509	1.000	0	61,509	61,509	0
10/15/25 S	15,593	1.000	0	15,593	15,593	0
10/21/25 S	18,769	1.000	0	18,769	18,769	0
12/09/25 S	4,931	1.000	0	4,931	4,931	0
SUB-TOTAL OF SALES # 40			0	138,838,018	138,838,018	0
SUB-TOTAL			0	276,263,304	276,263,304	0
ISSUE: 057071870 - BAIRD CORE BOND FUND - CL I #71						
01/28/25 R	4,232	10.040	0	42,493-	42,493	
02/26/25 R	4,390	10.190	0	44,731-	44,731	
03/27/25 R	4,712	10.100	0	47,587-	47,587	
04/25/25 R	4,815	10.120	0	48,723-	48,723	
05/27/25 R	4,992	10.050	0	50,174-	50,174	
06/24/25 R	5,153	10.160	0	52,356-	52,356	
07/28/25 R	5,239	10.130	0	53,074-	53,074	
SUB-TOTAL OF REINVS # 7			0	339,138	339,138	
04/01/25 B	119,118	10.200	0	1,215,000-	1,215,000	
SUB-TOTAL OF BUYS # 1			0	1,215,000	1,215,000	

SERIES / BY ISSUE

DATE BOUGHT/SOLD	SHARES/ PAR VALUE	UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS
03/06/25 S	34,415	10.170	0	350,000	412,291	-62,291
07/15/25 S	74,184	10.110	0	750,000	888,724	-138,724
08/05/25 S	1,410,073	10.250	0	14,453,252 *	15,008,783	-555,531
SUB-TOTAL OF SALES # 3			0	15,553,252	16,309,798	-756,546
SUB-TOTAL			0	17,107,390	17,863,936	-756,546
ISSUE: 315911693 - FIDELITY TOTAL MKT IDX-FAI #2361						
04/11/25 R	232	146.140	0	33,916-	33,916	
SUB-TOTAL OF REINVS # 1			0	33,916	33,916	
03/06/25 B	6,374	156.880	0	1,000,000-	1,000,000	
07/15/25 B	6,414	171.490	0	1,100,000-	1,100,000	
SUB-TOTAL OF BUYS # 2			0	2,100,000	2,100,000	
05/06/25 S	11,926	153.440	0	1,830,000	1,723,616	106,384
05/16/25 S	4,283	163.420	0	700,000	619,043	80,957
06/17/25 S	4,265	164.120	0	700,000	616,403	83,597
08/05/25 S	300,211	173.170	0	51,987,590 *	43,694,779	8,292,811
SUB-TOTAL OF SALES # 4			0	55,217,590	46,653,841	8,563,750
SUB-TOTAL			0	57,351,506	48,787,757	8,563,750
ISSUE: 464287226 - ISHARES CORE U.S. AGGREGATE ETF						
04/01/25 B	1,102	99.030	11	109,142-	109,142	
04/16/25 B	21,994	97.830	220	2,151,893-	2,151,893	
05/06/25 B	30,681	97.760	307	2,999,678-	2,999,678	
SUB-TOTAL OF BUYS # 3			538	5,260,713	5,260,713	
03/18/25 S	2,032	98.400	26	199,923	199,176	746
07/15/25 S	3,060	97.850	31	299,390	299,941	-550
07/17/25 S	7,140	97.930	71	699,149	699,862	-713
08/05/25 S	143,549	99.280	1,435	14,250,109 *	13,955,241	294,868

SERIES / BY ISSUE

DATE BOUGHT/SOLD	SHARES/ PAR VALUE	UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS
	SUB-TOTAL OF SALES # 4		1,563	15,448,571	15,154,220	294,350
	SUB-TOTAL		2,101	20,709,284	20,414,933	294,350
ISSUE: 46432F834 - ISHARES CORE INTL STOCK ETF						
03/06/25 B	28,936	71.420	289	2,066,898-	2,066,898	
07/15/25 B	14,223	77.200	142	1,098,158-	1,098,158	
	SUB-TOTAL OF BUYS # 2		431	3,165,056	3,165,056	
02/18/25 S	4,621	71.140	102	328,636	315,661	12,976
03/18/25 S	6,927	71.820	152	497,345	473,183	24,161
05/06/25 S	26,259	73.540	316	1,930,771	1,793,752	137,018
08/05/25 S	360,411	77.400	7,208	27,888,639 *	24,829,351	3,059,288
	SUB-TOTAL OF SALES # 4		7,778	30,645,391	27,411,947	3,233,444
	SUB-TOTAL		8,209	33,810,447	30,577,003	3,233,444
ISSUE: 74440B884 - PGIM TOTAL RETURN BOND-R6 #1062						
01/31/25 R	3,836	11.870	0	45,536-	45,536	
02/28/25 R	3,442	12.090	0	41,617-	41,617	
03/31/25 R	3,666	12.030	0	44,100-	44,100	
04/30/25 R	3,724	12.000	0	44,689-	44,689	
05/31/25 R	3,602	11.890	0	42,830-	42,830	
06/30/25 R	3,483	12.040	0	41,941-	41,941	
07/31/25 R	3,453	11.980	0	41,369-	41,369	
	SUB-TOTAL OF REINVS # 7		0	302,082	302,082	
04/01/25 B	7,539	12.070	0	91,000-	91,000	
	SUB-TOTAL OF BUYS # 1		0	91,000	91,000	
03/06/25 S	20,781	12.030	0	250,000	311,305	-61,305
05/06/25 S	87,490	11.910	0	1,042,000	1,291,624	-249,624
07/15/25 S	31,960	11.890	0	380,000	475,240	-95,240
08/05/25 S	842,171	12.090	0	10,181,848 *	10,996,474	-814,626

SERIES / BY ISSUE

DATE BOUGHT/SOLD	SHARES/ PAR VALUE	UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS
	SUB-TOTAL OF SALES # 4		0	11,853,848	13,074,643	-1,220,795
	SUB-TOTAL		0	12,246,930	13,467,725	-1,220,795
ISSUE: 87244W607 - NUVEEN CORE BOND FUND-R6						
04/30/25 R	2,504	9.140	0	22,888-	22,888	
05/31/25 R	3,465	9.060	0	31,395-	31,395	
06/30/25 R	3,606	9.170	0	33,068-	33,068	
07/31/25 R	3,593	9.130	0	32,805-	32,805	
	SUB-TOTAL OF REINVS # 4		0	120,156	120,156	
04/01/25 B	626,768	9.190	0	5,760,000-	5,760,000	
04/16/25 B	192,944	9.070	0	1,750,000-	1,750,000	
05/06/25 B	162,335	9.080	0	1,474,000-	1,474,000	
	SUB-TOTAL OF BUYS # 3		0	8,984,000	8,984,000	
07/15/25 S	35,320	9.060	0	320,000	324,592	-4,592
08/05/25 S	959,895	9.200	0	8,831,037 *	8,779,565	51,472
	SUB-TOTAL OF SALES # 2		0	9,151,037	9,104,157	46,881
	SUB-TOTAL		0	18,255,193	18,208,313	46,881
ISSUE: 92913L569 - VOYA INTERMEDIATE BOND-R6 #4249						
01/31/25 R	2,675	8.640	0	23,115-	23,115	
02/28/25 R	2,404	8.800	0	21,154-	21,154	
03/31/25 R	2,689	8.760	0	23,555-	23,555	
04/30/25 R	2,175	8.760	0	19,050-	19,050	
05/31/25 R	2,393	8.670	0	20,746-	20,746	
06/30/25 R	2,273	8.790	0	19,978-	19,978	
07/31/25 R	2,353	8.730	0	20,541-	20,541	
	SUB-TOTAL OF REINVS # 7		0	148,139	148,139	
04/01/25 S	124,118	8.790	0	1,091,000	1,342,960	-251,960
07/15/25 S	25,346	8.680	0	220,000	274,240	-54,240
08/05/25 S	577,079	8.820	0	5,089,833	5,615,507	-525,674

SERIES / BY ISSUE

DATE BOUGHT/SOLD	SHARES/ PAR VALUE	UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS
	SUB-TOTAL OF SALES # 3		0	6,400,833	7,232,707	-831,874
	SUB-TOTAL		0	6,548,972	7,380,846	-831,874
	GRAND TOTAL		10,310	442,293,026	432,963,817	9,329,210

F O O T N O T E S

* = SINGLE TRANSACTION IS 5% REPORTABLE
B = BUY TRANSACTION
S = SELL TRANSACTION
R = REINVESTMENT TRANSACTION

Mary Washington Healthcare Defined Benefit Retirement Plan

Schedule H. Line 4(j) - Schedule of Reportable Transactions

EIN: 54-1240646 Plan Number: 001

Year Ended December 31, 2025

SINGLE / BY BROKER

DATE BOUGHT/SOLD	SHARES/ PAR VALUE	UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS
	BEGINNING MARKET VALUE		128,037,125.07			
	COMPARATIVE VALUE (5%)		6,401,856.25			
	BROKER: MERRILL LYNCH, PIERCE, FENNER					
	ISSUE: 922908553 - VANGUARD REAL ESTATE ETF					
03/06/25 S	27,933	92.491	351	2,583,186	2,687,426	-104,240
	ISSUE: 46432F834 - ISHARES CORE INTL STOCK ETF					
03/06/25 B	28,936	71.420	289	2,066,898-	2,066,898	
	ISSUE: 464288638 - ISHARES 5-10Y INV GRADE CORP ETF					
04/01/25 S	48,029	52.480	550	2,520,012	2,580,492	-60,481
	ISSUE: 464287226 - ISHARES CORE U.S. AGGREGATE ETF					
04/16/25 B	21,994	97.830	220	2,151,893-	2,151,893	
	ISSUE: 464287226 - ISHARES CORE U.S. AGGREGATE ETF					
05/06/25 B	30,681	97.760	307	2,999,678-	2,999,678	
	ISSUE: 46432F834 - ISHARES CORE INTL STOCK ETF					
05/06/25 S	26,259	73.540	316	1,930,771	1,793,752	137,018
	ISSUE: 46432F834 - ISHARES CORE INTL STOCK ETF					
07/15/25 B	14,223	77.200	142	1,098,158-	1,098,158	
	ISSUE: 464287226 - ISHARES CORE U.S. AGGREGATE ETF					
08/05/25 S	143,549	99.280	1,435	14,250,109 *	13,955,241	294,868
	SUB-TOTAL		3,610	29,600,705	29,333,538	267,166
	BROKER: BARCLAYS CAPITAL INC./LE					
	ISSUE: 46432F834 - ISHARES CORE INTL STOCK ETF					
02/18/25 S	4,621	71.140	102	328,636	315,661	12,976
	ISSUE: 46432F834 - ISHARES CORE INTL STOCK ETF					
03/18/25 S	6,927	71.820	152	497,345	473,183	24,161
	ISSUE: 46432F834 - ISHARES CORE INTL STOCK ETF					
08/05/25 S	360,411	77.400	7,208	27,888,639 *	24,829,351	3,059,288
	SUB-TOTAL		7,462	28,714,620	25,618,195	3,096,426
	GRAND TOTAL		11,072	58,315,325	54,951,733	3,363,591

Mary Washington Healthcare Defined Benefit Retirement Plan

Schedule H. Line 4(j) - Schedule of Reportable Transactions

EIN: 54-1240646 Plan Number: 001

Year Ended December 31, 2025

SINGLE / BY BROKER

DATE BOUGHT/SOLD	SHARES/ PAR VALUE	UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS

F O O T N O T E S

* = SINGLE TRANSACTION IS 5% REPORTABLE
B = BUY TRANSACTION
S = SELL TRANSACTION
R = REINVESTMENT TRANSACTION

DATE BOUGHT/SOLD	SHARES/ PAR VALUE	UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS
	BEGINNING MARKET VALUE		0.00			
	COMPARATIVE VALUE (5%)		0.00			
	ISSUE: HN0031189 - FIDELITY INSTI ASSET MGT TRUST CO					
08/31/25 B	5,069,679	15.550	$78833514	78,833,514-*	78,833,514	
	ISSUE: HN0031189 - FIDELITY INSTI ASSET MGT TRUST CO					
09/30/25 S	2,725,107	15.730	0	42,865,930 *	42,375,411	490,519
	ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751					
08/06/25 B	1	1.000	0	1-*	1	
	ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751					
08/07/25 S	1	1.000	0	1 *	1	0
	ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751					
08/11/25 B	133,166,126	1.000	0	133,166,126-*	133,166,126	
	ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751					
08/12/25 S	133,166,126	1.000	0	133,166,126 *	133,166,126	0
	ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751					
08/18/25 B	78,443,765	1.000	0	78,443,765-*	78,443,765	
	ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751					
08/18/25 S	78,443,765	1.000	0	78,443,765 *	78,443,765	0
	ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751					
08/26/25 B	720,000	1.000	0	720,000-*	720,000	
	ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751					
08/28/25 S	717,832	1.000	0	717,832 *	717,832	0
	ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751					
09/02/25 B	15,383	1.000	0	15,383-*	15,383	
	ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751					
09/08/25 B	5,993,271	1.000	0	5,993,271-*	5,993,271	
	ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751					
09/12/25 S	164,512	1.000	0	164,512 *	164,512	0
	ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751					
09/22/25 S	714,869	1.000	0	714,869 *	714,869	0
	ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751					
09/23/25 B	4,543,482	1.000	0	4,543,482-*	4,543,482	
	ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751					
09/26/25 B	42,865,930	1.000	0	42,865,930-*	42,865,930	
	ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751					
09/29/25 S	48,670,741	1.000	0	48,670,741 *	48,670,741	0
	ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751					
10/01/25 B	31,299	1.000	0	31,299-*	31,299	
	ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751					
10/02/25 B	4,821	1.000	0	4,821-*	4,821	

DATE BOUGHT/SOLD	SHARES/ PAR VALUE	UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS
ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751						
10/08/25 S	4,176	1.000	0	4,176 *	4,176	0
ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751						
10/20/25 S	3,948	1.000	0	3,948 *	3,948	0
ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751						
10/23/25 S	724,731	1.000	0	724,731 *	724,731	0
ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751						
11/03/25 B	12,552	1.000	0	12,552-*	12,552	
ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751						
11/10/25 S	3,185,930	1.000	0	3,185,930 *	3,185,930	0
ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751						
11/10/25 B	3,185,930	1.000	0	3,185,930-*	3,185,930	
ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751						
11/12/25 S	682	1.000	0	682 *	682	0
ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751						
11/17/25 S	18,638	1.000	0	18,638 *	18,638	0
ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751						
11/19/25 S	301,627	1.000	0	301,627 *	301,627	0
ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751						
12/01/25 B	9,654	1.000	0	9,654-*	9,654	
ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751						
12/04/25 S	15,621	1.000	0	15,621 *	15,621	0
ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751						
12/09/25 B	4,931	1.000	0	4,931-*	4,931	
ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751						
12/10/25 S	5,752	1.000	0	5,752 *	5,752	0
ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751						
12/15/25 S	24,726	1.000	0	24,726 *	24,726	0
ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751						
12/16/25 S	36,219	1.000	0	36,219 *	36,219	0
ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751						
12/23/25 S	304,285	1.000	0	304,285 *	304,285	0
ISSUE: 72201F623 - PIMCO LONG DURATION TOT R-IS FD 1889						
08/11/25 B	5,670,463	7.140	0	40,487,104-*	40,487,104	
ISSUE: 72201F623 - PIMCO LONG DURATION TOT R-IS FD 1889						
08/25/25 S	85,157	7.120	0	606,316 *	608,019	-1,703
ISSUE: 72201F623 - PIMCO LONG DURATION TOT R-IS FD 1889						
08/27/25 B	85,277	7.110	0	606,316-*	606,316	
ISSUE: 72201F623 - PIMCO LONG DURATION TOT R-IS FD 1889						
08/31/25 R	14,722	7.100	0	104,523-*	104,523	
ISSUE: 72201F623 - PIMCO LONG DURATION TOT R-IS FD 1889						
09/22/25 S	1,767,319	7.270	0	12,848,407 *	12,618,656	229,751
ISSUE: 72201F623 - PIMCO LONG DURATION TOT R-IS FD 1889						
09/30/25 R	18,556	7.300	0	135,460-*	135,460	
ISSUE: 72201F623 - PIMCO LONG DURATION TOT R-IS FD 1889						
10/31/25 R	15,747	7.370	0	116,056-*	116,056	

DATE BOUGHT/SOLD	SHARES/ PAR VALUE	UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS
ISSUE: 72201F623 - PIMCO LONG DURATION TOT R-IS FD 1889						
11/30/25 R	13,715	7.380	0	101,218-*	101,218	
ISSUE: 72201F623 - PIMCO LONG DURATION TOT R-IS FD 1889						
12/31/25 R	16,094	7.250	0	116,678-*	116,678	
ISSUE: 72201P647 - PIMCO LNG-TRM CRDT BND-INS #1945						
08/11/25 B	861,672	8.810	0	7,591,332-*	7,591,332	
ISSUE: 72201P647 - PIMCO LNG-TRM CRDT BND-INS #1945						
08/25/25 S	12,904	8.810	0	113,684 *	113,684	0
ISSUE: 72201P647 - PIMCO LNG-TRM CRDT BND-INS #1945						
08/27/25 B	12,933	8.790	0	113,684-*	113,684	
ISSUE: 72201P647 - PIMCO LNG-TRM CRDT BND-INS #1945						
08/31/25 R	2,784	8.770	0	24,415-*	24,415	
ISSUE: 72201P647 - PIMCO LNG-TRM CRDT BND-INS #1945						
09/22/25 B	923,796	8.990	0	8,304,925-*	8,304,925	
ISSUE: 72201P647 - PIMCO LNG-TRM CRDT BND-INS #1945						
09/30/25 R	5,079	9.000	0	45,711-*	45,711	
ISSUE: 72201P647 - PIMCO LNG-TRM CRDT BND-INS #1945						
10/31/25 R	9,008	9.050	0	81,525-*	81,525	
ISSUE: 72201P647 - PIMCO LNG-TRM CRDT BND-INS #1945						
11/30/25 R	7,804	9.060	0	70,708-*	70,708	
ISSUE: 72201P647 - PIMCO LNG-TRM CRDT BND-INS #1945						
12/31/25 R	8,959	8.900	0	79,732-*	79,732	
ISSUE: 922906300 - VANGUARD FEDERAL MONEY MARKET FD #33						
08/11/25 B	85,087,690	1.000	0	85,087,690-*	85,087,690	
ISSUE: 922906300 - VANGUARD FEDERAL MONEY MARKET FD #33						
08/15/25 S	78,443,765	1.000	0	78,443,765 *	78,443,765	0
ISSUE: 922906300 - VANGUARD FEDERAL MONEY MARKET FD #33						
08/27/25 S	720,000	1.000	0	720,000 *	720,000	0
ISSUE: 922906300 - VANGUARD FEDERAL MONEY MARKET FD #33						
08/31/25 R	69,346	1.000	0	69,346-*	69,346	
ISSUE: 922906300 - VANGUARD FEDERAL MONEY MARKET FD #33						
09/05/25 S	5,993,271	1.000	0	5,993,271 *	5,993,271	0
GRAND TOTAL			$78833514	899,062,636	898,344,069	718,567

F O O T N O T E S

* = SINGLE TRANSACTION IS 5% REPORTABLE
B = BUY TRANSACTION
S = SELL TRANSACTION
R = REINVESTMENT TRANSACTION

SERIES / BY BROKER

DATE BOUGHT/SOLD	SHARES/ PAR VALUE	UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS
	BEGINNING MARKET VALUE		0.00			
	COMPARATIVE VALUE (5%)		0.00			
	BROKER: MISCELLANEOUS					
	ISSUE: HN0031189 - FIDELITY INSTI ASSET MGT TRUST CO					
08/31/25 B	5,069,679	15.550	$78833514	78,833,514-*	78,833,514	
	ISSUE: HN0031189 - FIDELITY INSTI ASSET MGT TRUST CO					
09/30/25 S	2,725,107	15.730	0	42,865,930 *	42,375,411	490,519
	SUB-TOTAL		$78833514	121,699,444	121,208,925	490,519
	GRAND TOTAL		$78833514	121,699,444	121,208,925	490,519

F O O T N O T E S

* = SINGLE TRANSACTION IS 5% REPORTABLE
B = BUY TRANSACTION
S = SELL TRANSACTION
R = REINVESTMENT TRANSACTION

Mary Washington Healthcare Defined Benefit Retirement Plan

Schedule H. Line 4(j) - Schedule of Reportable Transactions

EIN: 54-1240646 Plan Number: 001

Year Ended December 31, 2025

SERIES / BY ISSUE

DATE BOUGHT/SOLD	SHARES/ PAR VALUE	UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS
	BEGINNING MARKET VALUE		0.00			
	COMPARATIVE VALUE (5%)		0.00			
ISSUE: HN0031189 - FIDELITY INSTI ASSET MGT TRUST CO						
08/31/25 B	5,069,679	15.550	$78833514	78,833,514-*	78,833,514	
	SUB-TOTAL OF BUYS # 1		$78833514	78,833,514	78,833,514	
09/30/25 S	2,725,107	15.730	0	42,865,930 *	42,375,411	490,519
	SUB-TOTAL OF SALES # 1		0	42,865,930	42,375,411	490,519
	SUB-TOTAL		$78833514	121,699,444	121,208,925	490,519
ISSUE: VP4560000 - ALLSPRING GOVT MM FD-INSTL #1751						
08/06/25 B	1	1.000	0	1-*	1	
08/11/25 B	133,166,126	1.000	0	133,166,126-*	133,166,126	
08/18/25 B	78,443,765	1.000	0	78,443,765-*	78,443,765	
08/26/25 B	720,000	1.000	0	720,000-*	720,000	
09/02/25 B	15,383	1.000	0	15,383-*	15,383	
09/08/25 B	5,993,271	1.000	0	5,993,271-*	5,993,271	
09/23/25 B	4,543,482	1.000	0	4,543,482-*	4,543,482	
09/26/25 B	42,865,930	1.000	0	42,865,930-*	42,865,930	
10/01/25 B	31,299	1.000	0	31,299-*	31,299	
10/02/25 B	4,821	1.000	0	4,821-*	4,821	
11/03/25 B	12,552	1.000	0	12,552-*	12,552	
11/10/25 B	3,185,930	1.000	0	3,185,930-*	3,185,930	
12/01/25 B	9,654	1.000	0	9,654-*	9,654	
12/09/25 B	4,931	1.000	0	4,931-*	4,931	
	SUB-TOTAL OF BUYS # 14		0	268,997,145	268,997,145	
08/07/25 S	1	1.000	0	1 *	1	0
08/12/25 S	133,166,126	1.000	0	133,166,126 *	133,166,126	0
08/18/25 S	78,443,765	1.000	0	78,443,765 *	78,443,765	0
08/28/25 S	717,832	1.000	0	717,832 *	717,832	0
09/12/25 S	164,512	1.000	0	164,512 *	164,512	0

SERIES / BY ISSUE

DATE BOUGHT/SOLD		SHARES/ PAR VALUE	UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS
09/22/25	S	714,869	1.000	0	714,869 *	714,869	0
09/29/25	S	48,670,741	1.000	0	48,670,741 *	48,670,741	0
10/08/25	S	4,176	1.000	0	4,176 *	4,176	0
10/20/25	S	3,948	1.000	0	3,948 *	3,948	0
10/23/25	S	724,731	1.000	0	724,731 *	724,731	0
11/10/25	S	3,185,930	1.000	0	3,185,930 *	3,185,930	0
11/12/25	S	682	1.000	0	682 *	682	0
11/17/25	S	18,638	1.000	0	18,638 *	18,638	0
11/19/25	S	301,627	1.000	0	301,627 *	301,627	0
12/04/25	S	15,621	1.000	0	15,621 *	15,621	0
12/10/25	S	5,752	1.000	0	5,752 *	5,752	0
12/15/25	S	24,726	1.000	0	24,726 *	24,726	0
12/16/25	S	36,219	1.000	0	36,219 *	36,219	0
12/23/25	S	304,285	1.000	0	304,285 *	304,285	0
	SUB-TOTAL OF SALES # 19			0	266,504,181	266,504,181	0
	SUB-TOTAL			0	535,501,326	535,501,326	0
ISSUE: 72201F623 - PIMCO LONG DURATION TOT R-IS FD 1889							
08/31/25	R	14,722	7.100	0	104,523-*	104,523	
09/30/25	R	18,556	7.300	0	135,460-*	135,460	
10/31/25	R	15,747	7.370	0	116,056-*	116,056	
11/30/25	R	13,715	7.380	0	101,218-*	101,218	
12/31/25	R	16,094	7.250	0	116,678-*	116,678	
	SUB-TOTAL OF REINVS # 5			0	573,935	573,935	
08/11/25	B	5,670,463	7.140	0	40,487,104-*	40,487,104	
08/27/25	B	85,277	7.110	0	606,316-*	606,316	
	SUB-TOTAL OF BUYS # 2			0	41,093,420	41,093,420	
08/25/25	S	85,157	7.120	0	606,316 *	608,019	-1,703
09/22/25	S	1,767,319	7.270	0	12,848,407 *	12,618,656	229,751
	SUB-TOTAL OF SALES # 2			0	13,454,723	13,226,675	228,048
	SUB-TOTAL			0	55,122,078	54,894,030	228,048

SERIES / BY ISSUE

DATE BOUGHT/SOLD	SHARES/ PAR VALUE	UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS
ISSUE: 72201P647 - PIMCO LNG-TRM CRDT BND-INS #1945						
08/31/25 R	2,784	8.770	0	24,415-*	24,415	
09/30/25 R	5,079	9.000	0	45,711-*	45,711	
10/31/25 R	9,008	9.050	0	81,525-*	81,525	
11/30/25 R	7,804	9.060	0	70,708-*	70,708	
12/31/25 R	8,959	8.900	0	79,732-*	79,732	
SUB-TOTAL OF REINVS # 5			0	302,091	302,091	
08/11/25 B	861,672	8.810	0	7,591,332-*	7,591,332	
08/27/25 B	12,933	8.790	0	113,684-*	113,684	
09/22/25 B	923,796	8.990	0	8,304,925-*	8,304,925	
SUB-TOTAL OF BUYS # 3			0	16,009,941	16,009,941	
08/25/25 S	12,904	8.810	0	113,684 *	113,684	0
SUB-TOTAL OF SALES # 1			0	113,684	113,684	0
SUB-TOTAL			0	16,425,716	16,425,716	0
ISSUE: 922906300 - VANGUARD FEDERAL MONEY MARKET FD #33						
08/31/25 R	69,346	1.000	0	69,346-*	69,346	
SUB-TOTAL OF REINVS # 1			0	69,346	69,346	
08/11/25 B	85,087,690	1.000	0	85,087,690-*	85,087,690	
SUB-TOTAL OF BUYS # 1			0	85,087,690	85,087,690	
08/15/25 S	78,443,765	1.000	0	78,443,765 *	78,443,765	0
08/27/25 S	720,000	1.000	0	720,000 *	720,000	0
09/05/25 S	5,993,271	1.000	0	5,993,271 *	5,993,271	0
SUB-TOTAL OF SALES # 3			0	85,157,036	85,157,036	0
SUB-TOTAL			0	170,314,072	170,314,072	0
GRAND TOTAL			$78833514	899,062,636	898,344,069	718,567

Mary Washington Healthcare Defined Benefit Retirement Plan

Schedule H. Line 4(j) - Schedule of Reportable Transactions

EIN: 54-1240646 Plan Number: 001

Year Ended December 31, 2025

SERIES / BY ISSUE

DATE BOUGHT/SOLD	SHARES/ PAR VALUE	UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS

F O O T N O T E S

* = SINGLE TRANSACTION IS 5% REPORTABLE
B = BUY TRANSACTION
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R = REINVESTMENT TRANSACTION

Mary Washington Healthcare Defined Benefit Retirement Plan

Schedule H. Line 4(j) - Schedule of Reportable Transactions

EIN: 54-1240646 Plan Number: 001

Year Ended December 31, 2025

SINGLE / BY BROKER

DATE BOUGHT/SOLD	SHARES/ PAR VALUE	UNIT PRICE	EXPENSE INCURRED	PRINCIPAL CASH	TRANSACTION COST	REALIZED GAIN/LOSS
	BEGINNING MARKET VALUE		0.00			
	COMPARATIVE VALUE (5%)		0.00			
	BROKER: MISCELLANEOUS					
	ISSUE: HN0031189 - FIDELITY INSTI ASSET MGT TRUST CO					
08/31/25 B	5,069,679	15.550	$78833514	78,833,514-*	78,833,514	
	ISSUE: HN0031189 - FIDELITY INSTI ASSET MGT TRUST CO					
09/30/25 S	2,725,107	15.730	0	42,865,930 *	42,375,411	490,519
	SUB-TOTAL		$78833514	121,699,444	121,208,925	490,519
	GRAND TOTAL		$78833514	121,699,444	121,208,925	490,519

F O O T N O T E S

* = SINGLE TRANSACTION IS 5% REPORTABLE
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R = REINVESTMENT TRANSACTION

SCHEDULE SB (Form 5500)

Department of the Treasury
Internal Revenue Service

Department of Labor
Employee Benefits Security Administration

Pension Benefit Guaranty Corporation

Single-Employer Defined Benefit Plan Actuarial Information

This schedule is required to be filed under section 104 of the Employee Retirement Income Security Act of 1974 (ERISA) and section 6059 of the Internal Revenue Code (the Code).

▶ **File as an attachment to Form 5500 or 5500-SF.**

OMB No. 1210-0110

2025

This Form is Open to Public Inspection

For calendar plan year 2025 or fiscal plan year beginning 01/01/2025 and ending 12/31/2025

▶ **Round off amounts to nearest dollar.**

▶ **Caution:** A penalty of $1,000 will be assessed for late filing of this report unless reasonable cause is established.

A Name of plan
MARY WASHINGTON HEALTHCARE DEFINED BENEFIT RETIREMENT PLAN

B Three-digit plan number (PN) ▶ 001

C Plan sponsor's name as shown on line 2a of Form 5500 or 5500-SF
MARY WASHINGTON HEALTHCARE

D Employer Identification Number (EIN)
54-1240646

E Type of plan: [X] Single [ ] Multiple-A [ ] Multiple-B

F Prior year plan size: [ ] 100 or fewer [ ] 101-500 [X] More than 500

Part I Basic Information

1 Enter the valuation date: Month 01 Day 01 Year 2025

2 Assets:

a Market value	**2a**	128,037,125
b Actuarial value	**2b**	119,868,306

3 Funding target/participant count breakdown

	(1) Number of participants	(2) Vested Funding Target	(3) Total Funding Target
a For retired participants and beneficiaries receiving payment	294	83,030,988	83,030,988
b For terminated vested participants	415	20,783,502	20,783,502
c For active participants	843	18,486,844	18,486,844
d Total	1,552	122,301,334	122,301,334

4 If the plan is in at-risk status, check the box and complete lines (a) and (b) [ ]

a Funding target disregarding prescribed at-risk assumptions	**4a**	
b Funding target reflecting at-risk assumptions, but disregarding transition rule for plans that have been in at-risk status for fewer than five consecutive years and disregarding loading factor	**4b**	
5 Effective interest rate	**5**	5.35%
6 Target normal cost		
a Present value of current plan year accruals	**6a**	0
b Expected plan-related expenses	**6b**	600,000
c Target normal cost	**6c**	600,000

Statement by Enrolled Actuary

To the best of my knowledge, the information supplied in this schedule and accompanying schedules, statements and attachments, if any, is complete and accurate. Each prescribed assumption was applied in accordance with applicable law and regulations. In my opinion, each other assumption is reasonable (taking into account the experience of the plan and reasonable expectations) and such other assumptions, in combination, offer my best estimate of anticipated experience under the plan.

SIGN HERE



Signature of actuary

07/21/2026
Date

BRIANNA ZAMBITO, F.S.A., E.A.
Type or print name of actuary

2608617
Most recent enrollment number

FIDELITY INVESTMENTS
Firm name

212-335-5639
Telephone number (including area code)

640 FIFTH AVENUE

NEW YORK NY 10019
Address of the firm

If the actuary has not fully reflected any regulation or ruling promulgated under the statute in completing this schedule, check the box and see instructions [ ]

Part II Beginning of Year Carryover and Prefunding Balances

		(a) Carryover balance	(b) Prefunding balance
7	Balance at beginning of prior year after applicable adjustments (line 13 from prior year)	0	7,763,186
8	Portion elected for use to offset prior year's funding requirement (line 35 from prior year)	0	1,610,698
9	Amount remaining (line 7 minus line 8)	0	6,152,488
10	Interest on line 9 using prior year's actual return of 11.32 %	0	696,462
11	Prior year's excess contributions to be added to prefunding balance:		
	a Present value of excess contributions (line 38a from prior year)		0
	b(1) Interest on the excess, if any, of line 38a over line 38b from prior year Schedule SB, using prior year's effective interest rate of 5.09 %		0
	b(2) Interest on line 38b from prior year Schedule SB, using prior year's actual return		
	c Total available at beginning of current plan year to add to prefunding balance		0
	d Portion of (c) to be added to prefunding balance		0
12	Other reductions in balances due to elections or deemed elections	0	0
13	Balance at beginning of current year (line 9 + line 10 + line 11d – line 12)	0	6,848,950

Part III Funding Percentages

14	Funding target attainment percentage	14	92.41 %
15	Adjusted funding target attainment percentage	15	92.76 %
16	Prior year's funding percentage for purposes of determining whether carryover/prefunding balances may be used to reduce current year's funding requirement	16	93.48 %
17	If the current value of the assets of the plan is less than 70 percent of the funding target, enter such percentage	17	%

Part IV Contributions and Liquidity Shortfalls

18 Contributions made to the plan for the plan year by employer(s) and employees:

(a) Date (MM-DD-YYYY)	(b) Amount paid by employer(s)	(c) Amount paid by employees	(a) Date (MM-DD-YYYY)	(b) Amount paid by employer(s)	(c) Amount paid by employees
			Totals ► 18(b)	0	18(c) 0

19	Discounted employer contributions – see instructions for small plan with a valuation date after the beginning of the year:		
	a Contributions allocated toward unpaid minimum required contributions from prior years.	19a	0
	b Contributions made to avoid restrictions adjusted to valuation date	19b	0
	c Contributions allocated toward minimum required contribution for current year adjusted to valuation date.	19c	0

20 Quarterly contributions and liquidity shortfalls:

a Did the plan have a "funding shortfall" for the prior year? [X] Yes [ ] No

b If line 20a is "Yes," were required quarterly installments for the current year made in a timely manner? [X] Yes [ ] No

c If line 20a is "Yes," see instructions and complete the following table as applicable:

Liquidity shortfall as of end of quarter of this plan year

(1) 1st	(2) 2nd	(3) 3rd	(4) 4th
0	0	0	0

Part V Assumptions Used to Determine Funding Target and Target Normal Cost

21 Discount rate:

a Segment rates:

1st segment:	2nd segment:	3rd segment:	☐ N/A, full yield curve used
5.07 %	5.31 %	5.50%	

b Applicable month (enter code)	**21b**	4
22 Weighted average retirement age	**22**	60

23 Mortality table(s) (see instructions) ☐ Prescribed - combined ☒ Prescribed - separate ☐ Substitute

Part VI Miscellaneous Items

24 Has a change been made in the non-prescribed actuarial assumptions for the current plan year? If "Yes," see instructions regarding required attachment. ☒ Yes ☐ No

25 Has a method change been made for the current plan year? If "Yes," see instructions regarding required attachment. ☐ Yes ☒ No

26 Demographic and benefit information

a Is the plan required to provide a Schedule of Active Participants? If "Yes," see instructions regarding required attachment. ☒ Yes ☐ No

b Is the plan required to provide a projection of expected benefit payments? If "Yes," see instructions regarding required attachment ☒ Yes ☐ No

27 If the plan is subject to alternative funding rules, enter applicable code and see instructions regarding attachment	**27**	

Part VII Reconciliation of Unpaid Minimum Required Contributions For Prior Years

28 Unpaid minimum required contributions for all prior years	**28**	0
29 Discounted employer contributions allocated toward unpaid minimum required contributions from prior years (line 19a)	**29**	0
30 Remaining amount of unpaid minimum required contributions (line 28 minus line 29)	**30**	0

Part VIII Minimum Required Contribution For Current Year

31 Target normal cost and excess assets (see instructions):

a Target normal cost (line 6c)	**31a**	600,000
b Excess assets, if applicable, but not greater than line 31a	**31b**	0

32 Amortization installments:

	Outstanding Balance	Installment
a Net shortfall amortization installment	9,281,978	951,729
b Waiver amortization installment	0	0

33 If a waiver has been approved for this plan year, enter the date of the ruling letter granting the approval (Month _____ Day _____ Year _____) and the waived amount	**33**	
34 Total funding requirement before reflecting carryover/prefunding balances (lines 31a - 31b + 32a + 32b - 33)	**34**	1,551,729

	Carryover balance	Prefunding balance	Total balance
35 Balances elected for use to offset funding requirement	0	1,551,729	1,551,729

36 Additional cash requirement (line 34 minus line 35)	**36**	0
37 Contributions allocated toward minimum required contribution for current year adjusted to valuation date (line 19c)	**37**	0

38 Present value of excess contributions for current year (see instructions)

a Total (excess, if any, of line 37 over line 36)	**38a**	0
b Portion included in line 38a attributable to use of prefunding and funding standard carryover balances	**38b**	
39 Unpaid minimum required contribution for current year (excess, if any, of line 36 over line 37)	**39**	0
40 Unpaid minimum required contributions for all years	**40**	0

Part IX Pension Funding Relief Under the American Rescue Plan Act of 2021 (See Instructions)

41 If an election was made to use the extended amortization rule for a plan year beginning on or before December 31, 2021, check the box to indicate the first plan year for which the rule applies. ☐ 2019 ☒ 2020 ☐ 2021

2025 Form 5500 Schedule SB Attachments
Schedule SB, Line 22 – Description of Weighted Average Retirement Age
Mary Washington Healthcare Defined Benefit Retirement Plan
EIN 54-1240646 / PN 001

(1)	(2)	(3)	(4)	(5)
	Total	Retirement	Retirements	
Age	Exposure	Percent	(2) * (3)	(1)*(4)
55	1,000,000	10.00%	100,000	5,500,000
56	900,000	10.00%	90,000	5,040,000
57	810,000	15.00%	121,500	6,925,500
58	688,500	15.00%	103,275	5,989,950
59	585,225	15.00%	87,784	5,179,256
60	497,441	20.00%	99,488	5,969,280
61	397,953	20.00%	79,591	4,855,051
62	318,362	30.00%	95,509	5,921,558
63	222,853	30.00%	66,856	4,211,928
64	155,997	30.00%	46,799	2,995,136
65	109,198	50.00%	54,599	3,548,935
66	54,599	50.00%	27,300	1,801,800
67	27,299	40.00%	10,920	731,640
68	16,379	40.00%	6,552	445,536
69	9,827	40.00%	3,931	271,239
70	5,896	100.00%	5,896	412,720
			1,000,000	59,799,529

Total of (5) Divided by Age 55 Exposure (Rounded to the Nearest Whole Year) 59,799,529 / 1,000,000 = **60**

2025 Form 5500 Schedule SB Attachments
Schedule SB, Part V – Summary of Plan Provisions
Mary Washington Healthcare Defined Benefit Retirement Plan
EIN 54-1240646 / PN 001

Plan Provisions

Name of Plan: The Mary Washington Healthcare Defined Benefit Retirement Plan.

Employer Identification Number / Plan Number: 54-1240646/001.

Effective Date: January 1, 1965. Most recently amended December 1, 2023.

Covered Employees: All members as of December 31, 1988 with at least one year of qualifying service and over age twenty-one.

Participation Date: Date of becoming a covered employee. Those hired on or after January 1, 2005 will not enter the Plan.

Definitions:

Vesting service: The greater of years and months of credited service as calculated under any Affiliated Employer or one year of vesting service for each year during which 1,000 or more hours were completed. Any Participant who was an eligible employee on May 22, 2010 shall be fully vested.

Benefit service: One year of benefit service is credited if 2,000 or more hours of service are completed. If under 2,000 hours, then a partial year is credited equal to the ratio of hours worked over 2,000. No further service is credited under the Plan after May 22, 2010.

Pensionable pay: Total wages as defined in Code Section 3401(a).

Average monthly compensation: The average of the highest five consecutive calendar years of pensionable pay.

Normal retirement date (NRD): The later of the participant's 65th birthday and the fifth anniversary of participation.

Plan Provisions (continued)

Monthly accrued benefit: Amount based on Average Monthly Compensation, as follows:

i. For participants both vested and at least age 60 as of December 31, 1997, the greater of:
    a. The Pre 98 Accrued Benefit Formula, or
    b. The Post 97 Accrued Benefit Formula of 1% of average compensation multiplied by credited service post January 1, 1997.
ii. For vested participants under age 60 as of December 31, 1997, the greater of:
    a. The Pre 98 Accrued Benefit Formula plus the Post 97 Accrued Benefit Formula of 1% of average compensation multiplied by credited service post January 1, 1997, or
    b. The Post 97 Accrued Benefit Formula of 1% of average compensation multiplied by credited service post January 1, 1997.

All benefit accruals were frozen effective May 22, 2010.

Monthly pre-retirement spouse death benefit: The spouse of an active married participant will receive the actuarial present value of the survivor portion of the 100% joint and survivor annuity that the deceased participant would have been entitled to had they terminated employment on the day before their death, survived to their early retirement date, and elected to retire immediately. The spouse of a terminated vested married participant will receive the actuarial present value of the survivor portion of the 50% joint and survivor annuity that the deceased participant would have been entitled to had they survived to their early retirement date and elected to retire immediately.

The pre-retirement spouse death benefit is paid in the form of a single life annuity, payable monthly, for the life of the surviving spouse. The commencement date shall be payable on or after the first of the month following the date of the participant's death.

Plan Provisions (continued)

Eligibility for Benefits:

Normal Retirement: Retirement on NRD.

Early retirement: Age 55 and five years of Vesting Service

Postponed retirement: Retirement after NRD.

Deferred vested: Terminations for reasons other than death, disability, or retirement. All employed participants are 100% vested at May 22, 2010.

Pre-retirement spouse benefit: Death while eligible for Normal, Early, Postponed, or Deferred Vested Retirement benefits, with a surviving spouse.

Disability: N/A.

Monthly Benefits Paid Upon the Following Events:

Normal retirement: Monthly Accrued Benefit determined as of NRD.

Early retirement: The Monthly Accrued Benefit payable at age 65 reduced 1/20 per year benefit commencement precedes age 65.

Postponed retirement: Greater of (a) the participant's Monthly Accrued Benefit determined as of actual retirement date and (b) Monthly Accrued Benefit on NRD actuarially increased to late retirement date.

Termination with deferred vested benefit: Monthly Accrued Benefit determined as of termination date payable at NRD.

Death with pre-retirement spouse benefit: Monthly pre-retirement spouse benefit is payable. If the participant was eligible for early retirement, the benefit is payable immediately. Otherwise, the benefit is payable when the participant would have been eligible for early retirement.

Disability: N/A.

2025 Form 5500 Schedule SB Attachments
Schedule SB, Part V – Summary of Plan Provisions
Mary Washington Healthcare Defined Benefit Retirement Plan
EIN 54-1240646 / PN 001

Plan Provisions (continued)

Forms of Payment:

Normal form (single participants): Single life annuity.

Normal form (married participants): Actuarially reduced 50% joint and survivor annuity with spouse as beneficiary.

Optional forms: Participants who retire under the plan may elect a ten-year certain and continuous annuity, life annuity, social security level income option, joint and survivor annuity (50%, 75% or 100%), or, if the present value of their benefit is $5,000 or less, a lump sum distribution.

Description of optional form conversion factors: 7.00% Interest, the mortality tables set forth in Code Section 417(e)(3).

Maximum on Benefits and Pay: All benefits and pay for any calendar year may not exceed the maximum limitations for that year as defined in the Internal Revenue Code. The plan provides for increasing the dollar limits automatically as such changes become effective.

Future Plan Changes: No future plan changes were recognized in determining pension cost or in determining minimum and maximum contributions.

Mary Washington Healthcare Defined Benefit Plan

Schedule H, Line 4(i) - Schedule of Assets (Held at End of Year)

EIN: 54-1240646 Plan Number: 001

December 31, 2025

(a)	(b) Identity of Issue, Borrower, Lessor or Similar Party	(c) Description of Investment Including Maturity Date, Rate of Interest, Collateral, Par or Maturity Value	(d) Cost	(e) Current Value
	Common Collective Trust	Fidelity Institutional Asset Management Trust Company	$ 36,458,104	$ 37,349,041
	Mutual Fund	Pimco Long Duration Total Return Institutional Fund	28,441,568	28,870,205
	Mutual Fund	Pimco Long-term Credit Bond Fund	16,198,348	16,190,272
	Money Market Fund	Allspring Government Money Market Fund	2,493,797	2,493,797
	Limited Partnership	Farallon Capital Management, LLC	602	602
		Total	$ 83,592,419	$ 84,903,917

2025 Form 5500 Schedule SB Attachments
Schedule SB, Line 32 – Schedule of Amotization Bases
Mary Washington Healthcare Defined Benefit Retirement Plan
EIN 54-1240646 / PN 001

Schedule of Shortfall Amortization Bases

Valuation Date	Years Remaining	Present Value of Any Remaining Installments	Amortization Installment
January 1, 2025	15	$1,512,551	$141,031
January 1, 2024	14	$(2,379,757)	$ (232,391)
January 1, 2023	13	$10,149,184	$1,043,089
		$9,281,978	$951,729

2025 Form 5500 Schedule SB Attachments
Schedule SB, line 24 – Change in Actuarial Assumptions
Mary Washington Healthcare Defined Benefit Retirement Plan
EIN 54-1240646 / PN 001

Retirement rates were updated based on the results of an experience study performed in the 2024 plan year.

Age	New Rates	Prior Rates
55	10.00%	5.00%
56	10.00%	5.00%
57	15.00%	5.00%
58	15.00%	5.00%
59	15.00%	10.00%
60	20.00%	10.00%
61	20.00%	10.00%
62	30.00%	15.00%
63	30.00%	15.00%
64	30.00%	15.00%
65	50.00%	40.00%
66	50.00%	35.00%
67	40.00%	35.00%
68	40.00%	35.00%
69	40.00%	35.00%
70+	100.00%	100.00%

Retirement Rates (from Terminated Vested Status): Deferred participants are assumed to retire at age 63 (previously, age 62). This assumption was updated based on an experience study conducted in 2024 which better reflects anticipated experience.

Termination rates were updated based on the results of an experience study performed in the 2024 plan year.

Age	New Rates
40-42	9.00%
43-45	7.00%
46-48	4.00%
49-51	5.00%
52-54	6.00%
55+	0.00%

2025 Form 5500 Schedule SB Attachments
Schedule SB, line 24 – Change in Actuarial Assumptions
Mary Washington Healthcare Defined Benefit Retirement Plan
EIN 54-1240646 / PN 001

Age	Prior Rates
25	13.750%
30	9.125%
35	8.000%
40	6.875%
45+	5.375%

Marital Status: 75% of males and females are assumed married, with females two years younger than males (previously, 80% of males and 70% of females were assumed to be married, with females 3 years younger than males). This assumption was updated based on an experience study conducted in 2024 which better reflects anticipated experience.

Form of Payment: It has been assumed that 50% will elect a Single Life Annuity and 50% will elect a 50% Joint and Survivor Annuity form of payment (Previously it was assumed that 100% would elect a Single Life Annuity). This assumption was updated based on an experience study conducted in 2024 which better reflects anticipated experience. To the extent optional forms of payment are elected and conversions are determined under an actuarial basis, which differs from the basis funded in the valuation, gains or losses will occur. These gains or losses will be recognized through the routine application of the actuarial cost method.